

Alcohol now available at Ont. convenience stores

Please, just move to the back of the bus

2023 was the hottest year on record. What's next?

Fanshawe to host baseball invitational for second year

INTERROBANG



HOW FANSHAWE IS SUPPORTING THE UN'S SUSTAINABLE DEVELOPMENT GOALS PAGE 10



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Mission Statement: The Interrobang is a student-funded, student-run newspaper at Fanshawe College published by the Fanshawe College Student Union. It serves the student readership by reporting news involving the Fanshawe campus community, surrounding areas and student activities across Canada. The Interrobang strives to be impartial in its reporting and believes in the public's right to know.

Land Acknowledgment: Interrobang acknowledges that our office is situated on the shared traditional lands of the Anishinaabeg, Haudenosaune, Lenapeewak, and Attawandaron peoples. The First Nations communities of our local area include Chippewas of the Thames First Nation, Oneida Nation of the Thames, and Munsee Delaware Nation. We affirm the importance of our relationship with Indigenous peoples and students at Fanshawe College.

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Letters to the editor are welcome. All letters are subject to editing and should be emailed. All letters must be accompanied by contact information. Letters can also be submitted online at theinterrobang.ca by following the Interrobang links.

Proud Member Of: Canadian University Press (CUP), Ontario Community Newspapers Association (OCNA).



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FROM THE EDITOR

Hannah Theodore (she/her)

Dear readers,
Welcome to Interrobang's first ever Sustainability Issue. Climate change is the most dire threat facing humanity today, and the effects of global warming are already being felt the world over. We're well past the time for raising awareness and pretending like individual choice is enough to stop the changing tides. The United Nations' Sustainable Development Goals (SDGs) have made it clear that in order to enact true climate justice, a global paradigm shift in the way we think about education, gender inequality, poverty, and labour is the only way forward.

Our centre spread, contributed by Fanshawe's Sustainability department, highlights the ways in which the college is working to implement the UN's SDGs across its campuses, and what still needs to be done.

Other featured content in this issue explores changing food production in an era of unpredictable weather patterns, the complicated question of who is to blame for global warming, and how Fanshawe manages plastic waste on campus.

The need for climate action has never been stronger. The Doomsday Clock, initially featured as part of the *Bulletin of Atomic Scientists* in 1945, is now set at just 90 seconds to midnight ("doomsday"), with climate change now considered a major factor in the list of threats to humanity.

Our hope with our Sustainability Issue is to ensure that the issue of climate change stays top of mind as head into another year. We aim to keep you informed and engaged, in the hopes that you will continue to make the necessary noise needed to make sure our world leaders take this issue as seriously as we do.

Sincerely,

Letters to the Editor: fsuleters@fanshawec.ca



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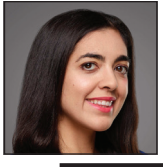
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Fanshawe announces partnership with Norfolk General Hospital



Gracia Espinosa (she/her)
INTERROBANG

Norfolk General Hospital (NGH), Norfolk Hospital Nursing Home (NHNH), and Fanshawe College's Simcoe Campus have joined forces to address the community's healthcare worker shortage. The new partnership aims to provide practical nursing and personal support workers with more educational opportunities, enabling them to complete their studies and seek employment.

Through the new partnership, students can gain work experience in their chosen fields before graduation, guided by a registered nurse, registered practical nurse (RPN), or personal support worker (PSW). This opportunity provides promising job prospects, with over 40 student placements available yearly at NGH and NHNH. Both facilities are looking forward to strengthening their healthcare workforce and developing the next generation of healthcare professionals.

According to the Canadian Union of Public Employees (CUPE), the union largest in Canada, representing almost 300,000 health, emergency services and education workers in Ontario, has called for the addition of 343 beds and 3,094 staff in London hospitals over the next four years to increase the capacity of healthcare facilities.

"We have had a long relationship with Norfolk General Hospital and



CREDIT: NORFOLK GENERAL HOSPITAL VIA FACEBOOK

Norfolk General Hospital, Norfolk Hospital Nursing Home, and Fanshawe College's Simcoe Campus are collaborating to address the healthcare worker shortage.

Norfolk Hospital Nursing Home, and the hospital's CEO [Todd Stepaniuk] is now also responsible for the West Haldimand Hospital. That's why we've been talking briefly about our shared interest in meeting the healthcare needs of the labour market, which are particularly challenging in rural communities," said Donna Gates, Associate Dean for Fanshawe's Simcoe/Norfolk Regional Campus.

From July 2022 to June 2023, there were over 200 unplanned temporary closures of emergency departments in 23 hospitals across Ontario.

"Hopefully, permanent employment means [students] will want to learn, study, work, and be part of Norfolk's rural communities. They will be well established in their communities and stay to work and raise families; they are good places to be. And if people can come and experience that for about two years

while they study, they'll probably love it here and won't want to leave," Gates said.

The partnership with Fanshawe College also offers an opportunity for aspiring healthcare professionals to expand their knowledge and skills. Provincial funding has enabled the healthcare labs on campus to receive updated equipment and learning resources this year.

"It's just a beautiful space, too. So, to allow us to deliver a quality

nursing program here on campus. We're excited about that," Gates said.

The college is thrilled about the job placements that it hopes will provide students with an opportunity to make a difference even before they graduate. Fanshawe's Personal Support Worker program, located in Simcoe, accepts new students in January, May, and September. The Registered Practical Nurse program will admit its inaugural nursing class in September.

Hard Rock Hotel set to open in December



Gracia Espinosa (she/her)
INTERROBANG

Hard Rock Hotels is returning to Canada with the opening of two new locations in Ontario. The first location, which will also have a casino, will open in Ottawa in 2025. The second location, in London, will open in late 2024 at 100 Kellogg Lane.

Peter Morton and Isaac Tigrett opened a Hard Rock Cafe in London, UK back in 1971. Now, Hard Rock International is one of the most widely recognized companies worldwide, with locations in over 74 countries.

The Hard Rock Hotel in London will be at 100 Kellogg Lane. This location is Canada's most expansive entertainment complex, covering one million square feet. Visitors of all ages can enjoy several restaurants like Powerhouse Brewery, Paradigm Spirits, and The Club House, as well as different attractions, including the Canadian Medical Hall of Fame and soon, the Children's Museum of London.

Additionally, the complex features exciting activities such as the highest indoor ropes course in North America, zip lines, a 75-foot free fall, and a trampoline park of more than 20,000 square feet.



CREDIT: 100 KELLOGG LANE VIA FACEBOOK

The Hard Rock Hotel in London will open at 100 Kellogg Lane in December.

Hard Rock's 353-room future hotel, which will transform the historic site of the former Kellogg's factory, will be completed in two phases: the first phase will open in December with an initial opening of 163 rooms. The second phase will add another 189 rooms, but the timing for this phase remains uncertain.

The hotel's design will retain the original charm and atmosphere of the historic site, incorporating industrial and luxury elements. Additionally, guests can also enjoy Hard Rock's signature amenities.

According to the 100 Kellogg Lane website, one of its unique offerings is The Sound of Your Stay program. This program consists of three parts to get guests in the groove during their stay:

1. Guests receive an in-room Crosley vinyl player delivered to their door.

2. They are provided a heritage guitar delivery with an amp and headphones for jam sessions.
3. Guests can choose from various carefully curated playlists to stream or download.

In addition to The Sound of Your Stay program, the Hard Rock Hotel also offers other signature amenities on-site. These include Body Rock Fitness, which provides a cutting-edge workout with innovative training systems steps away from all the rooms.

Guests can also take advantage of The Rock Spa, which offers a space for rest, relaxation, and rejuvenation.

Construction on the property is well underway, and you can follow updates on the 100 Kellogg Lane Facebook page. You'll find London's new Hard Rock Hotel at 100 Kellogg Lane in late 2024.

Career Closet helping students dress for success



Konstantinos Drossos (he/him)
INTERROBANG

Students have a lot on their minds, and the last thing they need to be stressing about is affording a professional outfit for a job interview. That's why Fanshawe is helping students dress for their interviews so they can impress future employers while looking professional and confident.

Career Closet, run by Fanshawe's Career Services, lends professional clothing of all sizes to students and saves them the stress of shopping. The service aims to help students by offering them an opportunity to choose from a wide selection of interview-ready attire. Brigitte MacKinnon, Relations Representative for Fanshawe Career Services, detailed the origin of where the idea for this service sprouted from.

"Not everyone has access to professional clothing for a job interview, especially if it's not something that you wear on a regular basis, and we also know that expenses can be tight when you're in school," said MacKinnon "Students have a lot to pay for so we wanted to be able to provide that service free of charge

to all Fanshawe students so that they have access to professional clothing and they don't have to have that kind of stress or worry on their plate when they're looking for work or going to a job fair."

The closet has dress shoes, button-up shirts, dresses, and offers options that are trans-affirming as well. Accessories like earrings and scarves are available as well for students to choose from.

The attire is made up completely from donated clothes from the Fanshawe community.

"It's usually donations from the college community. So a lot of the employees and sometimes students or like friends family of employees" said MacKinnon.

The Career Closet also has a website for students to browse, that shows what options are available and alternative ways students can combine the articles of clothing to create a unique look. There are also style guidelines that give tips to students on what's best to wear to the interview and what should not be done.

The website also offers additional guidelines for those who wish to donate clothing to the service. The Career Closet is located in D Building on Fanshawe's Oxford St. Campus and available to the needs of students all year round.

Londoners can now get low-alcohol drinks from convenience stores



Justin Koehler
(he/him)
INTERROBANG

The Ontario government announced late in December of 2023 that Ontarians will soon be able to purchase beer, cider, wine, and other low-alcohol drinks from convenience stores across the province.

According to the government, upwards of 8,500 new stores will be affected by the change, now being able to sell the given products.

Other higher-alcohol drinks such as vodka, gin, and whiskey will continue to be sold at LCBOs.

"We made a promise to the people of Ontario to deliver more choice and convenience," said Ontario Premier Doug Ford in a statement. "There's no reason why Ontario consumers shouldn't enjoy the same convenient shopping experience as Canadians in every other province when buying some wine for their holiday party or a case of beer or seltzers on their way to the cottage."

On top of the general announcement, the government has also said that they will be putting various other measures in place along with the move. They added that they will introduce competitive pricing to all private retailers to promote competition and a better deal for consumers. "We know that competition in the marketplace will ensure that products are still priced fairly," said Gary Sands, the Senior Vice President with the Canadian Federation of Independent Grocers.



Happy Days Mini Mart in North-West London, might be seeing low-alcohol drinks on its shelves soon.

CREDIT: JUSTIN KOEHLER

"This will mean more stores will decide to sell these products and therefore provide more choice and convenience for consumers."

The province is also removing restrictions and exclusivities on pack sizes. Consumers will now be able to purchase any pack size, including 12-packs, 24-packs or even 30-packs, similar to what is popular in Quebec.

One of the main focuses of these moves is to bring more access and availability to local breweries and companies, now able to distribute their products to further shelves.

"This will put consumers first

and make it easier for Ontarians to find and purchase local craft beer," said Scott Simmons, President of Ontario Craft Brewers.

"We are particularly pleased the government is building the system to support Ontario-made producers, for example, by maintaining dedicated shelf space for craft beer and continuing to prevent stocking fees so consumer choice determines what is on the shelves."

This extends also to wine growers in Ontario, to whom the government is immediately enhancing the Vintners Quality Alliance (VQA) Wine

Support Program beginning in 2024-25 for up to five years to 2028-29. They say this is to support the growth and sale of Ontario-grown VQA wines.

"The decision to extend the VQA support program for five years is a game-changer," said Debbie Zimmerman, CEO with the Grape Growers of Ontario.

"It not only provides stability for both farmers and wineries, but it will also fuel growth. The elimination of the 6.1 per cent Winery Retail Tax will invigorate Ontario wineries and make it possible for them to reinvest

in their businesses and drive innovation. Together, we toast to a thriving grape and wine landscape in Ontario."

In the months ahead, the government said they will continue to meet and consult with industry partners, local beverage alcohol producers and other stakeholders on additional areas of the future marketplace.

They added that the province will also conduct a broader review of taxes and fees on beer, wine and alcoholic beverages with the aim of promoting a more competitive marketplace for Ontario-based producers and consumers.

Free sexual health workshop offers support to 2SLGBTQIA+ international students



Mauricio Prado
(he/him)
INTERROBANG

On Feb. 6, from 5 p.m. to 6:30 p.m., the Ontario HIV Treatment Network (OHTN) will host a free hybrid sexual health workshop for all 2SLGBTQIA+ international students in Ontario. The in-person workshop will be hosted in Toronto, but students from across Ontario can register online to attend virtually.

"This workshop plans to help 2SLGBTQIA+ international students who are often under-supported in academic environments," said Maria Sunil, OHTN's policy and systems initiatives lead.

The idea of this initiative came through the participation of a broad range of community representatives, organizations, and networks dedicated to the sexual and mental health needs of international students. This event is a collaboration with the Centre for International Experience of the University of Toronto, the Sexual and Gender Diversity Office, the Sexual Education Centre, and Health and Wellness.

"Nowadays, HIV is just an afterthought. A lot of us do not think about the fact that a lot of people do live with HIV, and there is still a lot of stigma that surrounds HIV and being HIV positive," Sunil said.

She added that with the proper knowledge and medication, someone living with HIV will have an undetectable viral load, making them unable to transmit the disease to others.

Sunil said they wanted to ensure a space where 2SLGBTQIA+ international students could feel comfortable sharing their questions and concerns, and find a place to connect with other students.

"This is to show these international students know that they are not alone," Sunil said. "Other students are potentially facing similar challenges."

Sunil said that they are trying to reduce the stigma around some sexual health topics.

"For a lot of international students, it might have been difficult to speak about topics such as sexual health or even gender identity in their countries," Sunil said. "This workshop is to learn to be able to dispel the stigma and talk more openly about how we can have safer sex, healthy boundaries and others."

After researching with an organization in Toronto, the OHTN focused this initiative on 2SLGBTQIA+



CREDIT: MAURICIO PRADO

Students are welcome to attend a free hybrid sexual health workshop, catered to the needs of 2SLGBTQIA+ international students.

international students. Through their research, they found that 2SLGBTQIA+ international students specifically were more likely to experience increased rates of mental health challenges, substance use, and difficulty connecting with the community.

"We wanted to target this population because there are not as many resources for them, and there is not as much specific information towards them," Sunil said.

Sunil added that this workshop is open to 2SLGBTQIA+ and non-2SLGBTQIA+ students interested in these topics who want to learn more.

"In person, we do have a capacity of 50 students. This is one of our

first in-person events. Since the pandemic, we are just trying to see how it goes regarding registration," Sunil said. "With the post-Zoom burnout, many students are maybe a little more hesitant to attend."

Sunil said they want to ensure that as many interested students as possible can attend and learn more at the workshop. She hopes that everybody attending can openly talk about this and not be ashamed about having a sexually transmitted infection or HIV.

"Undetectable equals un-transmittable. Knowing and understanding that premise is a massive step in moving forward," Sunil said. "You do belong here. That is the critical message we want to get across."

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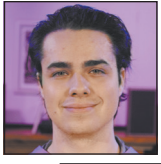
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Please, just move to the back



**Finch Neves
(he/him)**
INTERROBANG

The new year has come and brought a new college term with it. Every morning, we bundle ourselves up in thick jackets and scarves to enter the frigid landscape that is London in January. Winter in London is a battle against the elements. The trudge through knee-deep snow to the bus stop is a challenge that rewards its victors with a title: Student. But the challenges don't stop upon reaching your destination.

Buses in London have a reputation for being chaotic and deeply frustrating. Dozens of sleep-deprived students aimlessly wander down the aisle trying to decide if today is the day that their exhaustion triumphs over their social anxiety and they sit next to someone. The answer: almost surely not.

Regardless of our shared struggle, there is a complete lack of empathy for those around us and an infuriating absence of basic etiquette principles at play. Fear no longer, for I bring to you some basic instructions to not be the absolute worst person on a city bus. We all have to be there, so let's at least make it bearable.

For starters, when the driver turns on the speaker and yells out, "Please, move to the back," they are, in fact, talking to you, random bus goer who looks around in astonishment before returning to their phone. While it may seem impossible, even you can climb three stairs and allow for more people to enter the bus. I believe in you.

You may even note that the bus is growing increasingly full and choose of your own volition to move to the back unprompted. While you will receive no vocal praise, know that I will be silently crying tears of joy.

Does the ascent sound too challenging? Consider the blistering winds of the Canadian winter robbing your classmates of proper circulation. If you don't move back, the bus will be labeled full and the driver will not stop for anyone, no matter how blue their hands are turning.

The next task is simple but challenging for many. Sitting with your bag beside you is comfortable and is not a problem, until the bus begins to fill up. At this point, I am afraid you must put your bag on your lap. The pain is immeasurable, I'm sure, but sacrifices must be made if we all wish to survive the winter.

To those standing, your bag is just as important, if not more. You see, while you may be tucked near the wall, your bag protrudes much further, blocking any access



CREDIT: DEMARCUS MILLER-DUNCAN

Please, consider basic bus etiquette when on the city bus.

to the rest of the bus, including the exit. If you simply orient yourself to be facing the front of the bus, movement becomes easy for others and escape routes are opened in case one of us snaps and resorts to cannibalism after a four-hour lecture without snacks.

The final step in this guide may shock you, but no one, and I repeat: no one wants to listen to you hold a phone conversation on speaker or play your TikToks. If you

frequently do this, I can only assume that you believe we all find it entertaining, a flicker of meaning given to our hollow lives, but I assure you that your fellow bus-goers are only smiling at the thought of terrible misfortune befalling you, potentially at their hands.

Wear your headphones if you want to listen to something, don't allow your bag to be a hazard and please, oh god please, move to back of the bus.

Grief & Eugenics: An Ableist Horror Story, Part Ten



**Adam D. Kearney
(he/they)**
CONTRIBUTION

This article is Part Ten in a series of excerpts from Fanshawe grad Adam D. Kearney's essay, *Grief & Eugenics: An Ableist Horror Story*.

Before things got bad with the separation and while we were still going to couples therapy, we had started to attend a grief group specifically for infant and pregnancy loss. It was put on by the local group Bereaved Families of Ontario-Southwest Region. There were two other couples and a couple of folks who came on their own, all of whom coming from different situations. Some just weeks out from their loss, some were years out. However, we all came together because of our shared tragic experience.

Unfortunately I was rather lost in things breaking down with Jolene and I found myself distracted at times by that. She had asked that I not bring it up during these group sessions and I respected that until the last one. When it was my time to share I broke down bawling (which is not out of the norm for groups like these) and explained that I was grieving the losses of our children while also trying to grieve the loss of our relationship. When the session was done I just got up and left, without getting anyone's number or contact information. Shortly after losing Jonas a counselor had recommended the "Grief Recovery Handbook" to me, which I had at home, so naturally I thought I was good. What transpired over the next couple of years was not pretty.

WAKE UP

How the fuck did I get to this point? I was a hot mess. Whenever anyone asked how I was doing my answer was always "I am doing ok," but we both knew that was a lie. It took me getting sober in 2020 to really start to piece a lot of this story together. Slowly connecting the dots, making the connections I hadn't been able to see before.

My relationship with alcohol was never a healthy one. My family has always enjoyed sharing countless beverages when we came together and so it was always around. There had been a few family members who had struggled with their drinking but I only found that out much later. The biggest eureka moment came when I put a few key moments in my life together, and realized how they lined up to set me on the path that led me here.

First was the shift from being a camper to becoming a counselor. Yes, it allowed me a lot of independence and the ability to be of service to an organization that had given me a lot during my youth. This transition however removed me from my peer group who helped me add context and understanding to life with disability. Sure, I was still in their company, but being staff at camp led me to make stronger bonds with non disabled folks and, at times, made me feel like I needed to prove why I was different from the campers. There was a lot of negativity surrounding my identity with disability and, more specifically, a lot of grief. Not only grief brought on by friends losing their lives due to complications brought on by disability, but the grief of being excluded from aspects of social life because of my disability. This fractured the perception of who I was and pushed me to disassociate from the community and my identity. If my new non disabled peer group could see me as "less disabled" then I was able to move further away from having to deal with this grief.

Second, with Osteogenesis Imperfecta something strange happens as you reach adolescence — your rates of fracturing drop off as you stop growing. Not only was I not breaking bones all the time, but I was also not having to get my rods replaced which meant no more surgeries. What transpired was a 20 year stretch without any major breaks or surgeries, allowing me to live a social life without any major disability flare ups.

Third, booze. With trying to be seen as less disabled came a tremendous amount of social anxiety. Drinking turned out to help out in a couple of different ways. It helped me feel like I was blending in when I would go drinking

with my friends. Being 4'2" and going drink for drink with my friends who were much bigger than me never ended well. Puking, blacking out, and passing out were a common occurrence. Not only did drinking act as a way to fit in, but it also took the edge off of the social anxiety of trying to do so as well. This would come around to get me in the end.

During my drinking days I adopted a lot of ableist views and I started to gather a tremendous amount of internalized ableism. I really would try to distance myself from other people with disabilities in hopes of not having to deal with my own. By the time Jolene came into my life I didn't see any value in a life with disability and because I compartmentalized my identity, I hated the part of me that I saw as being disabled. This was where I was coming from when I was making decisions about the viability of embryos. By the time I started to realize the gravity of my situation I didn't have anyone around me to talk to about it. So I turned to a bottle. I didn't want to live but at the same time I was far too afraid of dying.

In the end I drank to numb all of these feelings. I drank so much that when I didn't have alcohol in my system the anxiety and depression crashed over me in a horribly overwhelming way. I still remember days where I would pour myself a shot of whiskey because the thought of drying out was just too scary. I would cry while I filled a shot glass, not wanting to continue drinking, but also not wanting to feel what I felt. I knew I had a problem. I would try quitting multiple times, but it would never stick. I would get a week in and convince myself I had it under control then just find myself back in the same situation. Luckily enough I had a couple of close friends who would talk to me about their sobriety and their experiences with the secret society known as Alcoholics Anonymous. Being active in AA has helped me stay stopped.

The biggest problem I found once I got sober and didn't have my crutch alcohol any more was that I had to find ways to actually work on my problems. I had hoped for too long that time would just magically heal all



CREDIT: ADAM D. KEARNEY

This installment chronicles Adam's life in the years after his separation from Jolene.

my wounds and solve all my problems. Turns out nothing happens if you don't put the work into it yourself. The rooms of AA were a big help — I found a particular secular group (none of the God/Higher Power talk) I still go to today and chair the Tuesday night meeting for. If you are looking for a meeting, get in touch with me and I will give you the details. One thing that folks say a lot in that meeting is "the opposite of addiction is connection." I slowly began to understand how talking to another person with a shared life experience can provide insight and context to your own thoughts, feelings and emotions.

To be continued...

This memoir essay was published as a zine in Jan. 2023. If you enjoy it and feel you would like to support the author, you can find a pay what you can PDF or purchase a physical copy at handcutcompany.com.



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FANSHAWE'S STUDENT VOICE

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Fanshawe's management with PLASTIC WASTE

Alex Allan (he/him) | Interrobang

Over the course of 2022, Fanshawe College collected nearly 1,200 Metric Tonnes (MT) of plastic waste. That's about the weight of 504 hippos. The majority of the plastic waste is estimated to be recycled plastic. There is a small portion estimated to be non-recyclable plastics according to Waste Diversion Coordinator Liam Bauman.

According to Bauman, there are still some gaps within Fanshawe's plastic waste management system.

"We do not have data for our recycling bins and how well those are separated," Bauman said.

He said that they have the data for London's landfill bins, which estimates that 38 per cent of plastic thrown in the landfill could be recycled.

"Fanshawe staff and students are doing well, but there is room for improvement," he said.

Bauman and his team found a small portion of plastic waste collected from Fanshawe that did not make it to the proper recycle bins.

"The plastic that does not get recycled will end up in landfills and will last for thousands of years in those landfills," he said.

More landfills will need to be created since plastic waste doesn't decompose.

"Which can lead to loss of biodiversity in the surrounding areas due to the loss of land," Bauman said. However, he said modern landfills are working to create solutions to these problems.

There are some factors to look at when it comes to plastic waste in our landfills. In 2020, the first field study about how the presence of microplastics can affect soil fauna took place and was published in the Proceedings of the Royal Society. According to The United Nations Environment Programme (UNEP), there is a decrease of species that live below the surface. These species play a crucial role because they help maintain the

fertility of the land. UNEP said when plastic particles are trying to decompose, other new chemical properties come into play and will have a toxic effect on organisms.

The amount of plastic waste that Fanshawe collects does fluctuate over the school year.

"Plastic waste does increase when the fall semester starts," Bauman said.

This is due to there being more students and staff, as well as more services open on campus in the fall semester. Bauman said that in Sept. 2022, they collected around 2.5 MT of recycling at Fanshawe's Oxford Campus alone.

"This increase was in total recycling, but the increase of plastic would be similar as well," he said.

Fanshawe has a few ways to help reduce the amount of plastic waste.

"Fanshawe is encouraging staff and students to purchase and use reusable containers," Bauman said. They are also working with the food services at Fanshawe to move away from disposable plastic packaging to help reduce plastic waste.

"Unfortunately there isn't really a sustainable threshold for plastic waste. The less plastic waste that is produced, the more sustainable it is," Bauman said.

In an ideal scenario, he said that plastic waste would be eliminated entirely but that's not an easy task to do.

"What we have to try and do is to keep reducing plastic waste and to divert the plastic waste that is created towards recycling," he said.

Fanshawe has been able to divert about 98 per cent of plastic waste from landfills and send it to recycling facilities. Bauman hopes this is where the plastic waste can be reused in plastic products as a replacement instead of new plastic being made.

Our planet is on fire.

Who is responsible for putting it out?

Dee-Dee Samuels (she/her) | Interrobang

Global warming is now at a boiling point. Last summer saw some of the hottest temperatures on record, with forest fires raging across Canada. The United Nations Climate Action research said that fossil fuels are the largest contributing factor to global climate change accounting for over 75 per cent of global greenhouse gas emissions.

Gillian Barker, a former assistant professor of philosophy specializing in scientific knowledge at Western University said there are several questions we need to ask as a society when it comes to climate change.

“First, gathering the information... understanding what is happening on the planet, what all the cause-and-effect relationships involved are between scientists and government, and how we can most effectively respond to the situation.”

From there, Barker said it’s important to then look at what is likely to happen in the future and under what circumstances, how severe the effects of climate change will be and who they are most likely to affect.

Barker explained that the experts who are best equipped to answer these kinds of value-related questions are not the same experts who are best equipped to answer questions about what is going to happen to the jet stream, the Atlantic meridional overturning circulation ocean currents, food production, or human health.

“We need a huge range of different kinds of experts, and we need them working together in an integrated way to make sure that they incorporate each other’s understandings effectively in their various kinds of work.”

According to Barker, specialized experts don’t have mastery of each other’s fields. All the large amounts of money spent on these teams of scientists doesn’t do anything if we don’t act on their suggestions.

“There are a bunch of agents that have roles to play... businesses play roles in developing technologies that can contribute to solutions or contribute to worse problems. And they play powerful roles in lobbying governments and funding election campaigns.”

Basically, governments and a few very wealthy institutions can enable research to happen. The choices made by those funders are very consequential, said Barker. Government policy decides what kinds of projects public money

will directly support. It determines what kinds of actions by corporations and individuals are going to be limited by regulation or encouraged by financial subsidies.

Dr. Andrew Clark, a professor at Fanshawe College and owner of Healthy Way Consulting, studies how building natural environments influences health outcomes for society. Most of his work focuses on climate crisis from a transportation perspective.

“Transportation is the number one cause of greenhouse gas emissions in the world,” Clark said.

According to Clark it is going to take a lot of work from governments around the world to intentionally fund sustainable modes of travel.

“Moving from gas engines to hybrid or electric engines is just not enough, as the amount of fossil fuels that goes into production of these vehicles is no better than those of gas cars,” he said. “Not to mention the environmental impact of mining for the materials to make batteries and so on.”

Based on Clark’s research, the answer to this problem is to fund sustainable modes of travel, including public transit and safe active transportation infrastructure at the same level as we fund roads. He also suggested increasing housing density by creating dense 15-minute neighbourhoods, ensuring every resident in the city has an opportunity to travel to places they require by accessibly walking within 15 minutes.

Fighting climate change must be a joint effort between legislators and scientists. As we move forward, it will be essential for governments to fund the necessary research to understand climate change, while also investing in the infrastructure needed to put those findings to use and make a real difference.



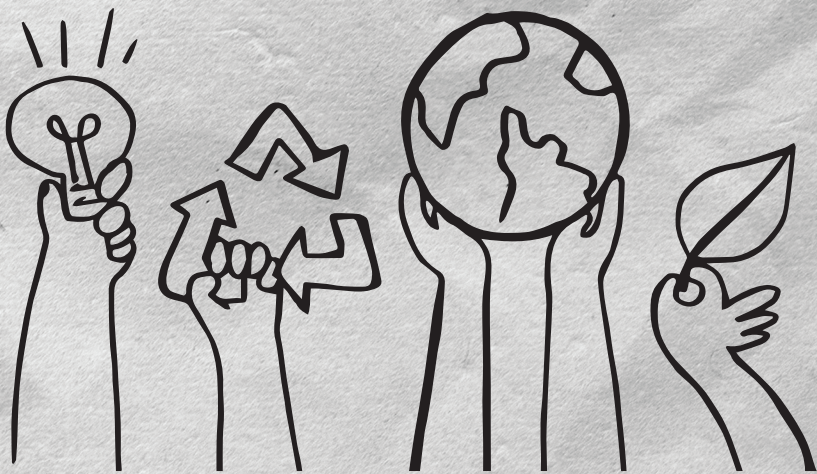


Little ways to incorporate **SUSTAINABILITY** into your daily life

Zoë Alexandra King (she/her) | Interrobang

It's common to hear the words, "living a sustainable lifestyle," but what does that really mean? Furthermore, our minds have been sculpted to understand that recycling saves the environment, but do we ever really stop to think about how and what we need to be doing to accomplish this? Recycling on a broad spectrum isn't the issue, the issue is how can we make a conscious effort to replicate these practices in our homes.

Sustainability Consultant at Fanshawe College, Christine Wardle, said that in order to truly live sustainably, you have to really integrate sustainability into your life and that it's more than just "not using plastic bags and plastic straws."



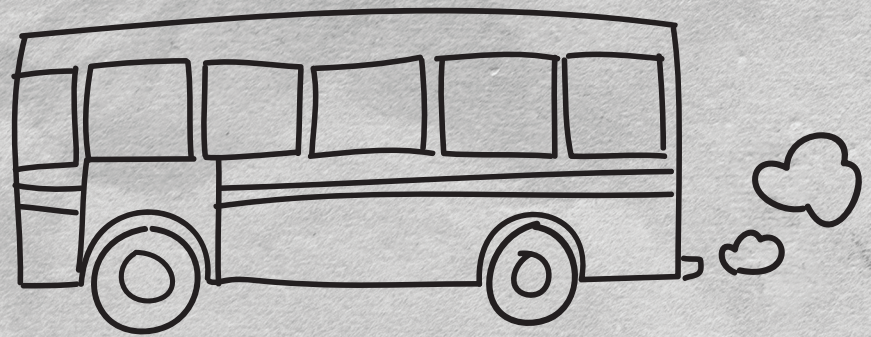
One of the tips that Wardle mentioned was to simply be more conscious in your daily life.

"Using less plastic overall is a really great thing," Wardle said. "But then, also doing things like buying more sustainable products, choosing to ride your bike or walk instead of driving your car, if that's feasible."

A typical example of how students can be more mindful of their daily practices when it comes to sustainability, is when they're doing a supermarket shop. Purchasing a product in a glass container or a reusable container can help cut down on costs in the long run, and as an added bonus, this will reduce the amount of waste you are accumulating. Yes, the cost might be slightly more in the supermarket for a glass product as opposed to plastic but think about all the other ways you will be able to use that container after the product inside is finished.

"You're not having to rebuy something that you already have, or you are extending it for so long that the waste isn't going to go to the landfill," Wardle said.

Additionally, if students are using a bus system as their main form of transportation, they are actually reducing the amount of pollution caused by carbon emissions, as well as contributing to improved air quality. Walking, biking, carpooling, and using a bus system, are all forms of transportation that can help the environment and enhance your choice of living a sustainable lifestyle.



Another factor that Wardle stressed was composting. Compost is a nutrient-rich mixture of decayed organic matter that farmers and gardeners use as a natural fertilizer. As of 2024, London now has its own city-wide compost program, making it easier than ever to make composting part of your daily life. Wardle also explained that recycling the food back into the ground is good for carbon emissions and waste in general.



When people hear the words, "living a sustainable lifestyle," it can seem daunting or like an unnecessary task throughout our daily life. This article has broken down ways that you might already be doing or could easily incorporate into your routines to strengthen your life of sustainability.

The reality of **changing** food production with **rising climate**



Konstantinos Drossos (he/him) | Interrobang

According to NASA, in 2022, global temperatures were 0.89 degrees Celsius above the average. The past six years have been the warmest years to date in the history of modern recordkeeping.

Rising temperatures are affecting industries across the country, like agriculture, horticulture, and livestock, which all depend on moderate climate conditions to prosper. According to leading climate scientists, the wildfires that torched forests Canada-wide last summer were caused by severe droughts damaging land in many provinces.

The economies of prairie provinces, like Saskatchewan and Alberta, heavily depend on the agriculture industry as they account for over 82 per cent of Canadian farming land, according to Statistics Canada. Drought has dried up the soil, making it ineffective for farmers to use for crops.

Mary Hooydonk, a local practicing horticulturist, explained how farming methods will change to accommodate the rising dry climate and how farmers and environmental scientists will have to improve their farming techniques to be more productive and efficient under the constant change.

“Currently the effects that climate science has on crops and crop development would be environmental,” Hooydonk said. “What we’re finding is the winters are not as snowy in Canada as they used to be. Winter wheat is adjusting to less cover crop, where the snow acts as a blanket. So

what we have to do as agriculturist and horticulturist, is develop plant material that can adjust to an ever-changing environment regarding snow load, high tremendous wind, tremendous amounts of water and then the opposite of that, is serious drought.”

Additionally, the overall cost of maintaining greenhouses is increasing making it hard to keep running from as it’s becoming too costly for the resources.

“When it’s 35 to 40 degrees outside, in a greenhouse 45 to 50 and that’s not sustainable for plant material. Now they have to purchase screens, then they have to purchase cooling equipment, then they have to have staff that can only work in four hours blocks of time because you cannot have staff working six to eight hours in that kind of green climate,” said Hooydonk.

Within the next 40 to 50 years, the way we see farm fields is going to change due to current methods that are being deemed unreliable for the environment. But the question now is how different things will look and will it offer similar benefits to what we see now?

“There’s going to be more wall gardening, in which the environment can be more sustained that way in a controlled way. There’s going to be walls of cucumbers, of radishes, of every kind of vegetable you could possibly think of and it’s going to become less soil dependent, where heavier crops and the more soil dependency are going to be used more for bean crop,” said Hooydonk

The everyday lives of many Canadians may have to change as well, as the way we eat depends on agriculture and the way things are made. Livestock

growth and its relationship with the environment is an ongoing discussion as it accounts for 10 per cent of Canada’s greenhouse gas emissions, according to Environment Canada.

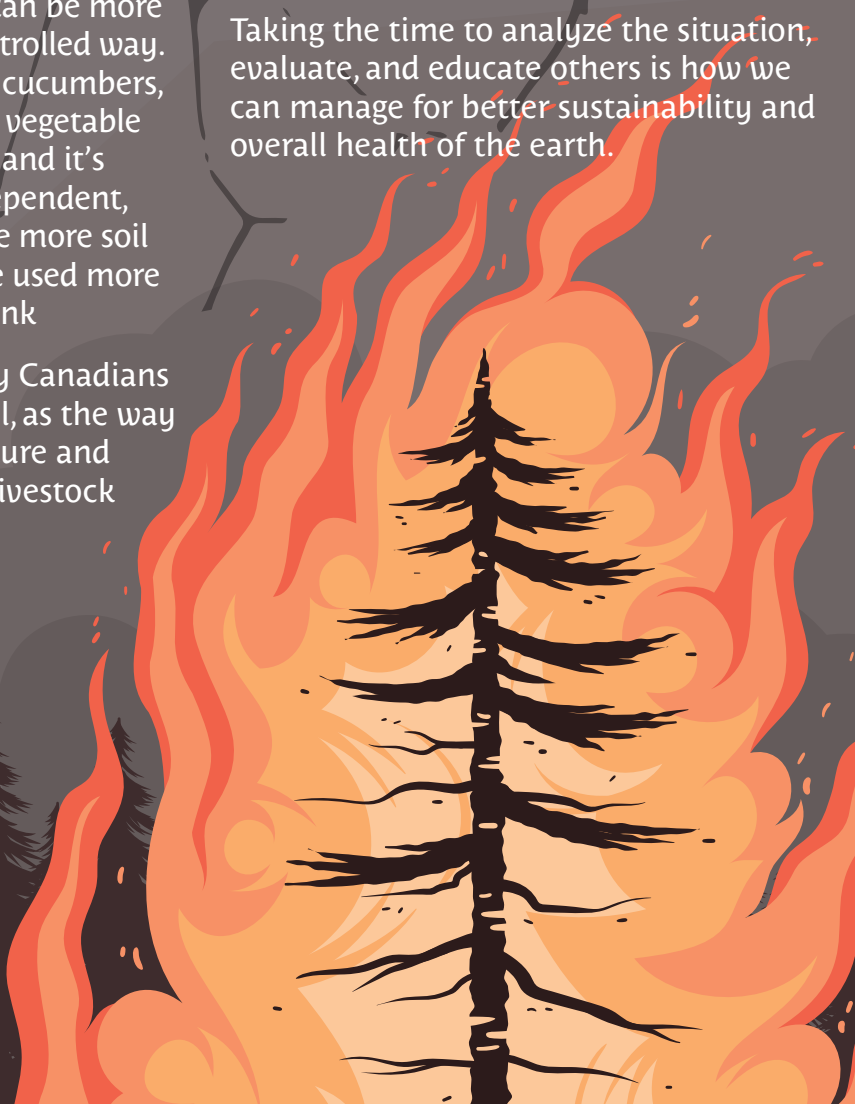
“How we’re doing it now is unsustainable,” said Hooydonk. “We can’t go on. We have to get away from heavy animal production, which is a part of agriculture, so our protein is going to come from different sources.”

In turn, scientists have been hard at work trying to figure out other efficient ways for humans to obtain protein, looking to plant and insect-based products as an alternative option.

“I think what and how we’re eating is going to look very different in the future. I think we’re going to be eating a tremendous amount of insects that are pulverized into a flower and you won’t even know you’re eating them. They’re highly sustainable,” said Hooydonk.

As the environment around us changes, humans are going to need to change, but how can we prepare ourselves for the oncoming change of times? What do we need to do now to ensure the future of humanity?

Taking the time to analyze the situation, evaluate, and educate others is how we can manage for better sustainability and overall health of the earth.



HOW FANSHAWE IS IMPLEMENTING THE UN'S SUSTAINABLE DEVELOPMENT GOALS

Christine Wardle (she/her) | Fanshawe Sustainability

1 NO POVERTY



Aims to end poverty in all its forms everywhere. This means making sure that everyone, all over the world, is able to meet their everyday needs with ease and comfort.

What does Fanshawe do?

In order to reduce poverty in and around the Fanshawe community, the College partners with the United Way to fundraise for local agencies that help people overcome homelessness, poverty, and barriers to education.

2 ZERO HUNGER



Aims to end hunger, achieve food security and improved nutrition, and promote sustainable agriculture. It helps us move towards a world where no one is hungry, and people are able to access healthy food at all times.

What does Fanshawe do?

For any student that is facing food insecurity, The Sharing Shop is available. Food and other items are donated and redistributed to those in need.

3 GOOD HEALTH AND WELL-BEING



Is important because it ensures healthy lives and promotes wellbeing for all people at all ages. We must work towards keeping all people healthy in order to have a society that is healthy and able to keep moving forward.

What does Fanshawe do?

To promote good health and wellbeing, Fanshawe provides mental health services for students and staff and has a variety of physical and recreational activities that people can choose from.

4 QUALITY EDUCATION



Was created to ensure inclusive and equitable quality education and promote lifelong learning opportunities for all. This is important because when people are more educated, they are more likely to be happier, healthier, and make better choices for their lives and communities.

What does Fanshawe do?

To ensure the College is always delivering quality education, there are regular program reviews to ensure the curriculum is relevant and up to date with current teachings.

5 GENDER EQUALITY



Is all about achieving gender equality and empowering all women and girls throughout the world. Child marriage, discriminatory laws, the wage gap, and lack of power over sexual and reproductive decisions are still major issues that women and girls face today.

What does Fanshawe do?

Fanshawe is taking action to achieve gender equality by having gender-neutral washrooms as well as a Sexual Violence Prevention Advisor.

6 CLEAN WATER AND SANITATION



Aims to ensure availability and sustainable management of water and sanitation for all. Canadians are very lucky to have an abundance of clean, fresh water available to them, but this does not mean we should take that for granted.

What does Fanshawe do?

Fanshawe has installed low flow plumbing fixtures throughout its buildings to reduce overall water usage.

7 AFFORDABLE AND CLEAN ENERGY



Was created in order to ensure access to affordable, reliable, sustainable and modern energy for people all over the world. There are many forms of energy that can be harvested from renewable sources such as solar, wind, and even water!

What does Fanshawe do?

To create affordable and clean energy, Fanshawe has installed multiple forms of solar power panels. Classic solar roof panels, solar benches, and solar canopies are all installed to bring clean energy to the College.

8 DECENT WORK AND ECONOMIC GROWTH



Is all about promoting sustained, inclusive and sustainable economic growth, full and productive employment and decent work for all.

What does Fanshawe do?

In order to have a healthy workplace, Fanshawe has implemented mandatory Health and Safety Training for all employees. Fanshawe also employs hundreds of people within London's community which means they're able to help keep the local economy going.

9 INDUSTRY, INNOVATION AND INFRASTRUCTURE



Aims to build resilient infrastructure, promote inclusive and sustainable industrialization and foster innovation.

What does Fanshawe do?

To encourage innovation within students that will translate into the industry and infrastructure of the future, Fanshawe has the Fanshawe Innovation Research Scholarship & Teaching. This is digital warehouse for content produced by our diverse campus community. It is a permanent, open access showcase of Fanshawe's innovation, research, scholarship and teaching activities.

10 REDUCED INEQUALITIES



Was created to reduce inequality within and among all countries.

What does Fanshawe do?

Fanshawe has many programs available to help people from all walks of life. The College is an equal opportunity employer and recently hired a Director of Equity, Diversity and Inclusion and launched the EDI Strategic Framework.

11 SUSTAINABLE CITIES AND COMMUNITIES



Is helping to make cities and human settlements inclusive, safe, resilient and sustainable.

What does Fanshawe do?

Located throughout our campuses, Fanshawe has electric vehicle charging stations. This helps us to encourage the use of electric vehicles (EVs) and reduce carbon emissions related to staff and students travelling to school and work.

12 RESPONSIBLE CONSUMPTION AND PRODUCTION



Was created to ensure sustainable consumption and production patterns in countries across the globe.

What does Fanshawe do?

When moving in and out of a new place many people throw away the things they don't want or cannot take with them—this is especially true for students. Fanshawe Residence buildings, though, have a Move Out Donation Program where unwanted or left-behind items are donated to Goodwill Industries or the Unbound fashion program.

13 CLIMATE ACTION

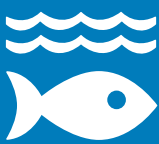


Aims to take urgent action to combat climate change and its impacts that can be felt everywhere.

What does Fanshawe do?

To support continued efforts of conservation and sustainability at Fanshawe, the College created the Greenhouse Gas Reduction Roadmap and Action Plan. The goal of this action plan is to reduce the College's emissions by 30 per cent below 2013 levels by 2030 and 80 per cent by 2050.

14 LIFE BELOW WATER



Is helping to conserve and sustainably use the oceans, seas and marine resources for sustainable development.

What does Fanshawe do?

Helping the oceans starts much closer to home and how we choose to use water and what we put on the ground. Fanshawe helps keep groundwater clean by managing 30 per cent of campus grounds with Integrated Pest Management to reduce chemical run-off that negatively effects marine ecosystems.

15 LIFE ON LAND



Aims to protect, restore and promote sustainable use of terrestrial ecosystems, sustainably manage forests, combat desertification, and halt and reverse land degradation and halt biodiversity loss.

What is Fanshawe doing?

Dedicated to keeping plant life thriving, Fanshawe is a designated international botanical garden.

16 PEACE, JUSTICE AND STRONG INSTITUTIONS



Was created to promote peaceful and inclusive societies for sustainable development, provide access to justice for all and build effective, accountable and inclusive institutions at all levels.

What does Fanshawe do?

In order to get a variety of opinions and diversity of backgrounds, Fanshawe's Board of Governors has representatives from all areas of the College.

17 PARTNERSHIPS FOR THE GOALS



Aims to strengthen the means of implementation and revitalize the Global Partnership for Sustainable Development.

What does Fanshawe do?

To create a better future for Fanshawe staff, students, and the community, the College is a member of the Ontario College and University Professionals (OCUSP), the Association for the Advancement of Sustainability in Higher Education (AASHE), and Colleges and Institutes Canada (CICan).

2023 was the hottest year on record. What will 2024 bring?



Mauricio Prado
(he/him)
INTERROBANG

Last year shattered climate records with unprecedented heat waves and severe weather, including floods and wildfires. According to the World Meteorological Organization (WMO), 2023 was the hottest year on record.

"We never thought it would be as extreme as it was," said Western University geography professor and researcher Gordon McBean.

McBean said there are some projections that 2024 could be even more severe and warm. The effect of El Niño, an alteration of the ocean-atmosphere system in the tropical Pacific, has also contributed to the extreme heat and drastic weather around the planet.

"It amplifies the warming happening already through the emissions into the atmosphere," McBean said. "Carbon emissions trap solar energy in the atmosphere, global temperatures rise."

McBean said that the growing season for food crops has shifted,

weather patterns and water sources are changing, and coastal towns are endangered due to rising sea levels.

He said the consequences of climate change have slowly gotten out of control since the Industrial Revolution as it "significantly and dangerously increased" the amount of carbon dioxide (CO₂) being put into the atmosphere by human activities.

"That the amount of CO₂ in the atmosphere is still going up despite international agreements to reduce the emissions," McBean said. "Humans need to develop, but that development comes at a price, especially with the overpopulation some countries are getting."

McBean said that some positive things can happen in certain areas. Where winters are milder and shorter, a warming climate may lead to extending the growing season and prospects for agriculture. This might lead to higher output

and enable the use of novel, possibly more lucrative crops. He added that restaurants can take advantage of the warmer weather and use their patios and lounges.

"But the negative side is much larger and more impactful than the benefits," McBean said.

According to McBean, there is a negative effect on human health overall.

"It changes how we are presently structured and do things we have grown accustomed to," McBean said. "That includes our natural species like trees, birds, and other wild animals. They have grown accustomed to the climate that they are in now. As that changes, they are put under more work stress impacts and possibly extinction."

McBean said the global average warming rate has been 1.5 degrees Celsius, but last year was the exception.

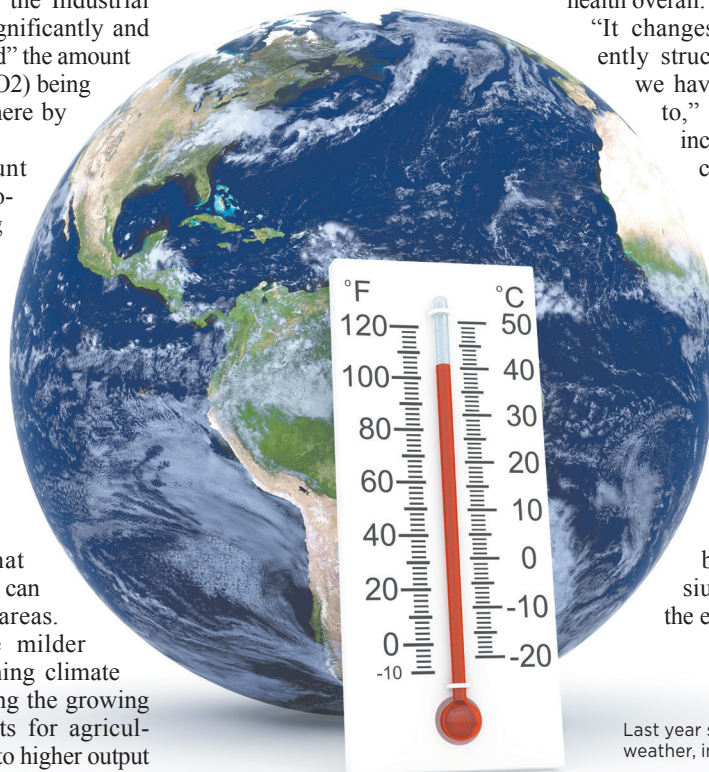
"Most of Canada warmed up twice as fast as that. The Canadian Arctic warmed about three to four times as fast as that, so the higher latitude regions over land warmed much faster than the low latitude areas," McBean said.

McBean added that as the weather gets warmer and hotter, forests are more susceptible to ignition events like lightning.

"There may be more lightning because there will be more aggressive storms and severe forecasts," McBean said.

McBean said that rather than just protesting against the failures of the older generation, everyone's goal should be to sufficiently explain the story to the coming generation and increase their awareness of their power and impact.

"That is for the future generations to take control of their future within this decade," McBean said. "We need to focus on the fact that the climate overall is changing in a continual sense."



CREDIT: ALXPIN
Last year shattered climate records with unprecedented heat waves and severe weather, including floods and wildfires.

INTERROBANG PRESENTS

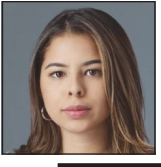


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Unique new musical at the Grand combines history and film noir



Zoë Alexandra King
(she/her)
INTERROBANG

As of Jan. 16, the Grand Theatre has been presenting a new musical by Catalyst Theatre. *The Invisible - Agents of Ungentlemanly Warfare* is a two hour and 30-minute musical that showcases an intelligent group of women on one of their most dangerous missions. Written, composed, and directed by Jonathan Christenson, this performance is scheduled to take place on the Sprit Stage until Feb. 3.

For a better sense of what to expect, the Grand's artistic director, Rachel Peake, pointed to this quote from *The Globe & Mail*, which she said really summed up this production in a nutshell:

"This show takes a dash of Captain America, a dollop of Agent Carter, and a fistful of Wonder Woman, and adds the sensibility of Bob Fosse."

Sarah Nairne, who plays the role of Madeline Barré, explained that her character is a French cabaret singer performer who grew up in France with her immigrant parents. Living in France, Barré builds a life for herself from what her parents have taught her, which has all contributed to her being a "chameleon," according to Nairne. Recognizing this as a part of her skillset, Barré takes advantage of it wherever she can.

Nairne said she sees similarities between herself and her character as they are both very artistic. Nairne also pointed to one of her favourite scenes in this production.

"Maybe just the last 15 minutes of Act One, is my favourite moment of the show!"



CREDIT: EMILY COOPER

Students can purchase discounted tickets to see this all-female production at the Grand Theatre from Jan. 16 to Feb. 3.

Without giving away too many spoilers, Nairne shared that this is the moment where everything comes together after a very "episodic" beginning.

Amanda Trapp, who plays the role of Betty Anderson, described her character as "the explosives expert on the team." Some

of Anderson's responsibilities included figuring out how much explosives were needed for each mission which called for some engineering, math, and a bit of chemistry skills.

Trapp shared that all the characters have their own sense of humour and heart which she felt like she

could relate to. She said she also felt connected to the characters' drive to be seen and recognized. She was inspired by the way the women in the show, "[gave] up so much of their lives to a greater cause."

Most of the cast members in this musical have already performed in this production at least once

before and have been rehearsing for around two weeks.

There is a student rush which includes special pricing for students who can provide a valid student ID. Instructions on how to book a student ticket at the Grand can be found online under the Ways to Save subheading.

Mocktails to keep Dry January going all year long



Mia Rosa-Wayne
(she/her)
INTERROBANG

In a world that constantly seeks balance and well-being, the way we approach socializing and enjoying beverages is evolving. As awareness of health and safety concerns grows, so does the desire for safer drinking habits. One trend gaining momentum is the incorporation of mocktails into social settings, offering a delightful alternative to traditional cocktails while promoting a healthier and safer lifestyle. Here are five easy mocktail recipes to try this year to keep Dry January going all year round.

Virgin mojito

The virgin mojito is a tasty non-alcoholic beverage with a twist on the classic cocktail. This version skips the usual use of rum to create a refreshing booze-free blend that's ideal for a hot summer day. Mojitos are most popular in restaurants. If you prefer your mojito a bit sweeter, you can try swapping out the soda water with lemonade.

Gin-free gin and tonic

Being the designated driver doesn't mean you can't enjoy your tippie. Infuse your G&T with things like cardamom, mint, cloves and rosemary to create a botanical flavour. You can try

garnishing it with a few mint leaves and pomegranate seeds for a slight colourful and eye-catching flourish.

Virgin passion fruit martini

If you are looking for something fruity, look no further than the virgin passion fruit martini. Just use an alcohol-free spirit to add some spice and complex flavours to pair with its sharpness and sweetness of the fruit. Go ahead and give your mixture a good shake to create the characteristic frothy foam topping.

Spiced piña colada mocktail

If you like piña coladas and getting caught in the rain...here's a mocktail for you and all your grown-up friends. The spiced piña colada uses ingenious mock rum syrup, pineapple juice and coconut milk to create a drink with plenty of tropical flavours. To make it even more special, try garnishing it with pineapple leaves and a tinned cherry for an extra kitsch value.

Negroni mocktail

Capture the classic bitter, citrusy flavours of a negroni in this spectacular mocktail. Use grapefruit, orange and aromatic spices to create a simple syrup base, then mix with white grape juice and water for a slow sipping negroni drink. This delicious drink tastes just as good as the real thing.

For a slight bonus for all-year-round summer sippers who can't get enough of a tropical taste, here's a final option to add to the mix:



CREDIT: ZORANM

Practice safer drinking habits by cutting out alcohol when you can.

Summer cup mocktail

All you need for this drink is a cucumber, mint and a mix of summer berries to create a flavourful base to your mocktail, then top

it off with sparkling lemonade and garnish with your favourite fruits. If you're thinking of experimenting with more fruity recipes, you can also try a zingy black lemonade

and for a frozen treat to cool you down the raspberry lemonade slushy is also perfect. All you need are frozen raspberries, lemonade and ice to blend.

Art competition a chance for London artists to win prizes, break boundaries



Last year's winners (pictured) went up against artists from all over the world.

CREDIT: EMILY BARNES



Mauricio Prado (he/him)
INTERROBANG

Art Comp is back and offering a major opportunity to aspiring artists. 100 Kellogg Lane Special Events Coordinator Emily Barnes said the purpose of this event is to inspire the community and generate conversations through global art.

"We just want to challenge creators to think and explore outside their comfort zone and inside their everyday life," Barnes said.

Fanshawe College Fine Art and Fine Art Foundations program coordinator Marla Botterill said this is an excellent opportunity to raise excitement about art in the community. It is a fantastic chance for people to win some prizes and network.

"It is a thrilling thing for London, Ont. to host. The location is a real hub in our city," Botterill said. "I was fortunate enough to be part of the competition last year; it was a lot of fun. They also program other events around the competition to allow you to mix and mingle."

Art Comp invites artists to surpass conventional artistic boundaries, prompting an expansive global discourse. It is open to all local, national and international artists, both professional and amateur.

Barnes said that 100 artists will be chosen to display their art throughout the property at 100 Kellogg Lane from May to Sept. 2024.

"Our goal is to get people to see real art in real life," Barnes said. "We just really want to make art accessible for everybody. People who do not normally go to art galleries can see the art in our restaurant and clubhouse."

Barnes said they expect more submissions this year than ever because people have more time to submit their art. The submission deadline is Feb. 12 at midnight.

All summer long, the public can vote through an online voting platform. They have their panel of judges as well. There will be one panel's choice winner who wins \$100,000 and three People's Choice winners. First place is \$50,000, second place is \$30,000, and third place is \$20,000.

"If you have won a prize, you cannot win again. That is one of

the rules just to keep it fair and give everyone a chance to win those big prizes," Barnes said.

Barnes said that since it is a global competition, they have noticed the places that people are submitting from are expanding.

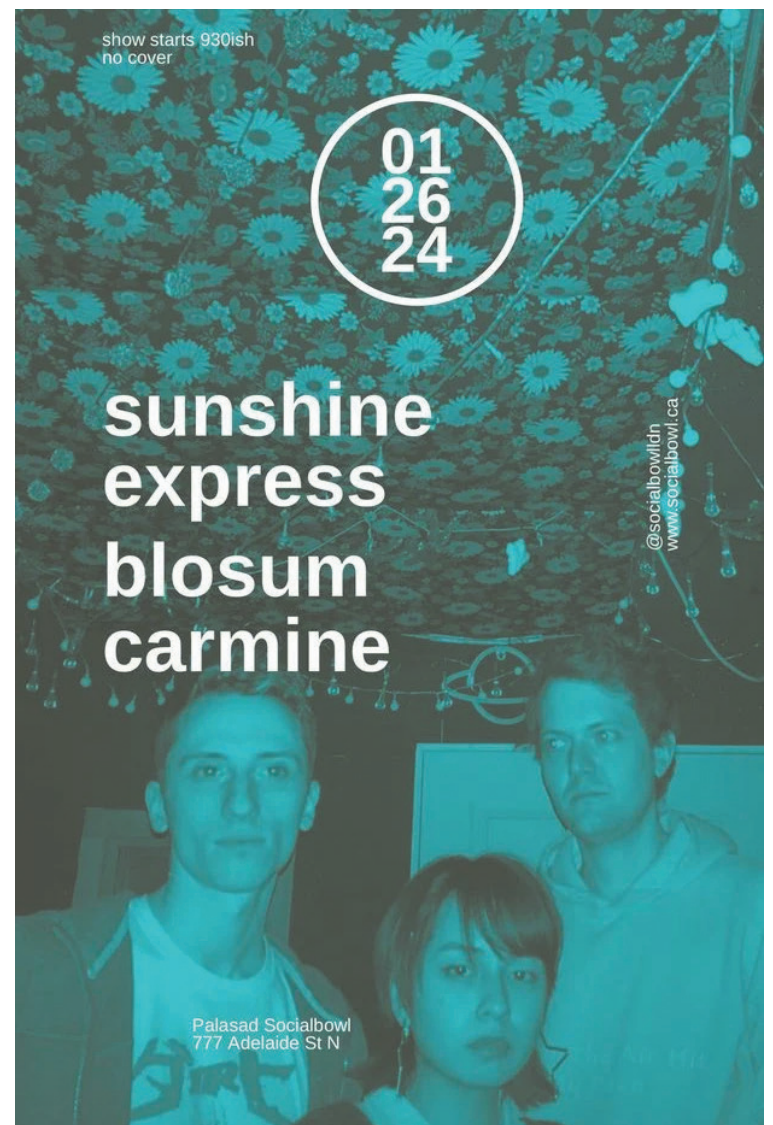
"Last year, we had some submissions from South Africa, California and the United Kingdom. It is exciting to bring art from around the world to London," Barnes said.

Barnes said there were around 1,000 submissions last year and the previous year, which was their first year, around 800.

"It will make that process of narrowing it down just that much trickier because every piece that comes in is amazing," Barnes said. "It is tough to narrow down to those 100 pieces."

Botterill said it is an inclusive competition. She added that people are not required to be professionals to apply, so it is an excellent opportunity for students.

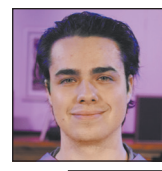
"The jurors are not necessarily artists that would make up the juries in traditional art competitions, meaning anyone can have a shot at some life-changing prizes," Botterill said.



CREDIT: SOCIALBOWL VIA FACEBOOK

Sunshine Express, Blosum, and Carmine take the stage on Jan. 26 for a free show at Palasad SocialBowl.

Sunshine Express, Blosum, Carmine take the stage



Finch Neves (he/him)
INTERROBANG

The common Latin term *Omne Trium Perfectum* roughly means good things come in threes and that is exactly what is happening Friday evening on Jan. 26. Three powerhouse bands are coming together to deliver a concert so good that you will not believe it is free and two of them have them have Fanshawe music industry arts (MIA) students as members, with the third containing graduates of Fanshawe.

Sunshine Express, Blosum, and Carmine have put together a show that they are calling the epitome of sonic landscape tone. With big soundscapes and bigger personalities, all three acts are bringing a unique sound and unconventional approach to music.

Sunshine Express uses an excitingly disorienting fusion of traditional rock instrumentation with electronic elements to keep listeners enthralled.

"We've seen a rebirth of our music scene in Niagara," said vocalist and guitarist Matt Jaekel. "New bands, new venues, and a new wave of alternative styles have really taken off. We're excited to be bringing our experimental take on Niagara's music culture to London."

Their use of samples and audience participation are highlights of their act that is bursting with energy that can only be described as infectious. Expect live lights, trippy vocals, and guitar riffs that leave you wondering when rock got this wonderfully weird.

Blosum is a mystery. Their songs range from somewhat psychedelic pieces with haunting vocals and clean guitars, like their song Dreams, to grittier rock riffs reminiscent of softer Alice in Chains songs, like their song "Heart of Mold." What is their style? Who are their inspirations? Why does every song rock so hard? Despite all of the questions, one thing is sure: they are unbelievably technically skilled.

Carmine drummer Iain Toms said fellow MIA student and Blosum member Sam Moro is "one of those drummers that just makes you want to play."

"I first met him when I was playing with my roommates on our lawn the day, we all moved in. We are jamming and this random dude with long hair walks up and asks if he can join in and then just blows us all away."

But Toms is no slouch himself, as he played a set that left the crowd awestruck at Carmine's very first show last month. The boys turned Richmond Tavern into a mosh pit, as their three-guitar wall of pure distortion tore through the space. With so many guitars, a bass, and a drummer, Carmine surrounds you with their sound.

When asked how they would describe their style in a word, Carmine answered "monumental. So big that there is no centre stage. We just crush you with our sound all together" and it is hard to disagree. With Carmine, there is no lead anything. They are all the stars of every performance, as their intricate layering of complex instrumentation paints an intoxicating melody that is a delight to the ears.

Hear all three bands on one stage Jan. 26 at 9:30 p.m. for free at Palasad SocialBowl.

Breaking the curse: The success of video game adaptations



Konstantinos Drossos
(he/him)
INTERROBANG

Video games and movies are two beloved entertainment mediums, not just things we see on a screen but a massive part of our childhood and daily lives. Some big-name franchises like *Star Wars* and *Super Mario* come to mind, just two examples of titles with strong dedicated fan bases.

In the past decade or so, movie and game studios have taken it upon themselves to get their hands on various projects to create their own spin on them. There were some adaptations like the *Pokémon* series that were successful for both films and games while others, like *Prince of Persia: The Sands of Time* completely bombed. It became so common for these types of games and movies to do badly that pop culture deemed many of these adaptations as a curse.

The phenomenon of the curse first came to light when a studio announced that they would be filming a live action movie based off of the characters and story from *Super Mario* in 1993. The movie was so universally hated by critics and fans alike, that many gamers lost hope in Hollywood's ability to bring their favourite characters to the big screen.

In the hope of breaking the curse, studios began releasing titles under some of the more respected and renowned franchises in gaming history. Most notable releases were theatrical versions of *Assassin's Creed* and *Warcraft*. Studios believed that through the power of Computer Generated Imagery (CGI), they had the power to wow their audiences, in addition to an original story, but unfortunately that didn't cut it for the fans.



CREDIT: MAURICIO FRANCO

HBO's hit series *The Last of Us* has proven that video game adaptations can hold their own in the television industry.

Video game theory professor, Robert Muhlbock, said there is more behind the motive of studios making these adaptations, as they never keep the interest of the fans in mind.

"I feel most video game movies don't do well because studios want to have it both ways," said Muhlbock. "They want to court the video game fans, but they also want to court a mainstream audience and they can't have it both ways. And when they do that, they often make compromises that piss off gamers as they are your primary audience."

But the landscape has changed in

the past couple of years. In 2022 and 2023, production companies HBO and Amazon released TV adaptations of the video game titles *The Last of Us* and *Halo*. To the shock of many, both series were well received amongst their fan bases and critics gave great reviews, especially to HBO's *The Last of Us*.

The show was praised for its characters, story, score and visual effects. It was also nominated for multiple awards, including the Golden Globes and the Emmys.

As for the viewers, Muhlbock shared why he thinks both the

general audience and fans of the video game loved the series.

"*The Last of Us*...broke the curse," he said. "It was [partially] written by Neil Druckmann, who's the creator of the bloody game, involved good actors, as well as respected the source material. So it was a prestige drama and then it showed that not only did gamers love it, but mainstream audiences too."

Outside the world of television, things are also changing in the film world, as video game adaptations of popular movie franchises continue to thrive.

After a number of years and cancellations, the *Star Wars: Jedi* series was the first series to put *Star Wars* back on the forefront of single player AAA games. James Cameron's *Avatar* universe was reintroduced to the gaming front with *Avatar: Frontiers of Pandora*, which also garnered positive reviews from critics.

Clearly, a lot has changed in 25 years. In the end, to say what adaptations from both mediums are good and bad is the audience's opinion. And at least in recent years, audiences are getting on board.

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CROSSWORD

"Oz Introduction" by Mark McClain

ACROSS

- 1. Former home of the Mets
- 5. Little spat
- 9. Nickname for Ivan Rodriguez
- 14. Cured products
- 15. Hearty companion
- 16. Burger topper
- 17. Short bill dispensers
- 18. Composer Stravinsky
- 19. Puts up for sale
- 20. Beginning of a line spoken to Glinda in "The Wizard of Oz"
- 23. Wrangler's rope
- 24. Opening for a quarter
- 25. Refrain syllables
- 28. Employs a loom
- 33. Hi-speed Internet svc.
- 36. Texas Revolution site
- 38. ___ Raton, Florida
- 39. Part 2 of the line
- 41. Part 3 of the line
- 44. Investor's tax-free option, familiarly
- 45. "Ciao, Henri!"
- 47. Dawn goddess
- 48. Win the favor of
- 51. "For Me ___ Gal," (1942 film starring the actor who spoke the line in this puzzle)
- 53. Uncool sort
- 55. Famous Memphis street
- 59. End of the line
- 64. :
- 65. Fits to ___
- 66. Silly points
- 67. Concerning
- 68. Rendered into boards
- 69. Falco of "The Sopranos"
- 70. Tries to drop a few pounds
- 71. Petrol station sign
- 72. Critters' quarters

1	2	3	4	5	6	7	8	9	10	11	12	13
14				15				16				
17				18				19				
20				21				22				
23						24						
25				26	27		28	29	30	31	32	
33	34	35		36			37		38			
39			40				41	42	43			
44						45	46				47	
48				49	50		51				52	
53				54				55		56	57	58
59	60	61					62	63				
64						65				66		
67						68				69		
70						71				72		

DOWN

- 1. Shoulder cover
- 2. Type of yoga
- 3. Awards for tube success
- 4. Hockey or hoops stat
- 5. Not chubby
- 6. "Othello" villain
- 7. Floating debris
- 8. Like hogs in the wild
- 9. Well-mannered
- 10. Window ___ (A/C type)
- 11. Old floppy thing
- 12. Dark-clad faddist
- 13. Cunning trio?
- 21. Upstanding
- 22. "Amazing!"
- 26. MacGraw of "Love Story"
- 27. Tibetan priest
- 29. Blood type letters
- 30. Election Day privilege
- 31. Come back
- 32. Articulates
- 33. Title for Maggie Smith
- 34. "Star Trek" phaser setting
- 35. Hit the runway
- 37. Norse deity
- 40. Tell a whopper
- 42. Multi-volume reference, initially
- 43. Rhythmic Cuban dance
- 46. States north of Nebraska
- 49. State Farm reps
- 50. Hockey or hoops official
- 52. Had a hankering
- 54. Wipe out
- 56. Line whispered to the audience
- 57. Source of "E pluribus unum"
- 58. Tricky curves
- 59. Asian desert
- 60. ___ vera
- 61. Clumsy ignoramus
- 62. Cries from a litter
- 63. Vegas numbers game
- 64. Unprincipled dude

CRYPTOGRAM

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
1																				10					

“ _____ , _____
 14 15 11 12 2 23 4 5 18 15 23 16 8 15

 23 12 24 16 23 12 2 12 10 3 4 5 2 11 24

 5 24 12 10 3 6 9 5 2 15 23 1 10 3 2 24 ”

WORD SEARCH

N	I	I	W	E	L	B	A	R	U	D	C	A	R
C	I	E	I	P	O	W	T	O	X	I	C	N	R
E	H	L	N	T	O	E	L	B	A	S	U	E	R
E	M	B	C	T	P	L	A	C	I	H	T	E	N
L	E	A	I	I	O	S	V	A	N	E	L	E	O
B	T	W	N	O	I	E	S	A	V	E	R	E	I
A	H	E	E	E	S	E	A	W	I	G	F	R	T
N	A	N	R	N	O	G	L	A	E	A	U	E	U
I	N	E	A	E	N	A	U	S	P	R	E	S	L
A	E	R	T	R	O	W	E	T	L	B	L	E	L
T	E	E	I	G	U	E	O	A	E	A	S	R	O
S	S	E	O	Y	S	S	A	G	S	G	R	V	P
U	R	E	N	D	A	N	G	E	R	E	D	E	C
S	L	N	E	V	R	E	S	N	O	C	E	V	E

ENVIRONMENTAL AWARENESS

- | | | | |
|--------------|-------------|------------|---------|
| Garbage | Reusable | Energy | Toxic |
| Poisonous | Conserve | Reserve | Ethical |
| Methane | Sustainable | Durable | Wastage |
| Sewage | Save | Pollution | Fuel |
| Incineration | Renewable | Endangered | |

SUDOKU

			1		9	6	3	
					6			
		6		8			7	9
6	3	1						8
	7	4	8		2	9	1	
8						3	4	5
4	5			1		8		
			3					
	9	8	6		4			

Puzzle rating: Easy

Fill in the grid so that every row, every column and every 3x3 grid contains the digits 1 through 9. That means no number is repeated in any column, row or box.

PUZZLE SOLUTIONS

7	8	5	1	4	9	6	3	2
9	4	3	2	7	6	5	8	1
2	1	6	5	8	3	4	7	9
6	3	1	4	9	5	7	2	8
5	7	4	8	3	2	9	1	6
8	2	9	7	6	1	3	4	5
3	4	5	2	9	1	7	8	6
4	5	2	9	1	7	8	6	3
1	6	7	3	5	8	2	9	4
3	9	8	6	2	4	1	5	7

— Alexandria Ocasio-Cortez
 "We don't have time to sit on our hands as our planet burns."

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Bi-Weekly

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New Kid on the Block



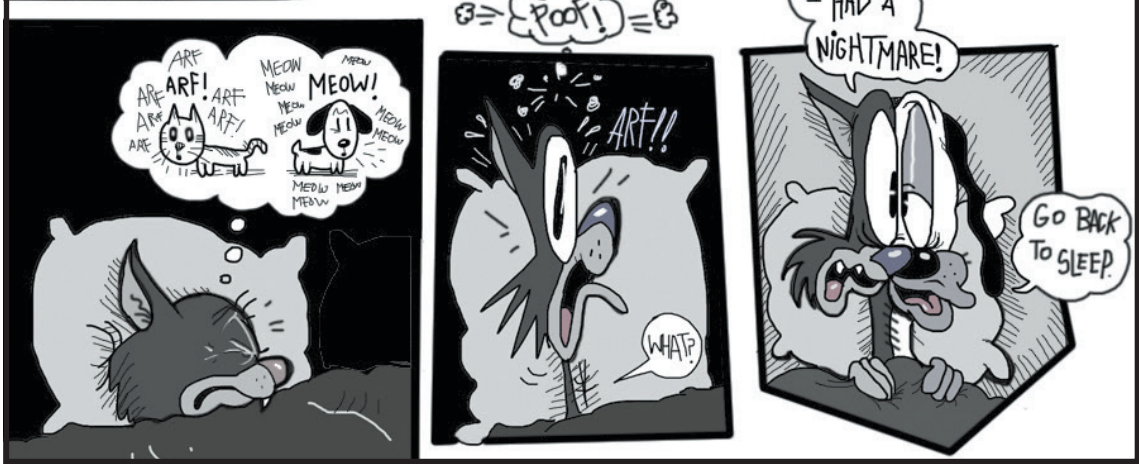
Created by Briana Brissett

Freshman Fifteen



By Alan Dungo

Butt sweat n Tears by Andres Silva



By Christopher Mischczak © 2024



Editorial Cartoon by Mauricio Franco

Horoscopes

Aries

Keep your opinions and plans to yourself this week. What you say will be taken out of context and used against you. Pay attention to the image you portray. Appropriate attire will make a difference in how people treat you. Choose to observe before you participate. Know what and who you are dealing with and prepare accordingly. Play to win or choose not to engage. Self-improvement projects and romance are favoured. Your quick wit and flexibility will help you through any challenges. Honesty, discipline, and a steady pace, along with a decisive attitude and leaving nothing to chance, will lead to victory.

Taurus

Undercover adjustments will ward off criticism interference and save you precious time. Have a plan ready and embark on what you want to achieve swiftly and with a valid plan to finish before anyone notices. Take precautions to protect your position, reputation, and worthwhile connections from someone challenging how you handle matters. A quick response handled with finesse will give you the edge to keep things moving smoothly. Take advantage of situations that allow you to rub elbows and network with the movers and shakers. Your forward thinking will bring about positive change and a chance to excel.

Gemini

Emotional issues will surface if you voice your opinion or make misleading gestures. Stick to a script to avoid giving anyone a false impression of your intentions or feelings. A meaningful relationship will require your undivided attention. Be a good listener, offer compassion and support, but don't jeopardize your reputation. Romance is in the stars, but first clear up unfinished business before you proceed. Look at your legal obligations and secure anything that may be unstable or cost you financially. Get your facts straight and deal with institutions and paperwork before moving. Immaculate timing will be important if you want to avoid loss.

Cancer

Use your imagination and you'll discover something you enjoy. Pick up the skills and information necessary to ensure your success. An exciting and unexpected offer will lead to a worthwhile friendship. Control your emotions and you will eliminate a costly mistake. Don't mix business with pleasure. Keep your money and emotions separate and your eye on your objective. Don't hesitate to act. You will make substantial gains if you are forward-thinking and fast to implement a venture. Share your plans, and you'll get support to make your dream a reality.

Leo

Someone will question you if you aren't authentic. Stick to facts, don't promise anything you can't deliver, and avoid mixing business with pleasure. Mixed messages leave you vulnerable; avoid uncertainty, controversy, and accumulating debt. Take the initiative, network, and charm your way into people's hearts, but don't suggest you can do the impossible. A complimentary approach will help you discover what others have to offer and how they can help you succeed. Concentrate on finishing what you start. Allow extra time and money to cover unexpected challenges. How you handle stressful situations will be subject to criticism if you aren't efficient.

Virgo

Get out and mingle, network, and connect with people who want to make a difference or improve their lives. Attend a seminar or community meeting that offers a platform to view your thoughts and suggestions. Make positive changes and raise your profile. Take the time to organize your space. Move things around and sign up for an online class that offers instructions on how to look, do, and be your best. You'll avoid a misunderstanding if you make your feelings clear. Get in high gear and pursue your goals. Gather information and contact experts and those who share your concerns and interests. It's up to you to make things happen.

Libra

Do prep work to avoid falling behind. Don't let anyone railroad you into a debate, waste your time, or leave you at odds regarding what to do next. Use your imagination and discipline to address whatever challenges you encounter. Emotions will surface when dealing with relationships or domestic issues. Listen carefully and look for alternatives that incentivize those hesitant to move. Understanding and compassion will encourage trust and unity. Take care of financial, medical, and contractual matters. Update documents coming up for renewal and go through your subscriptions to ensure you aren't paying for something you don't use. Home improvements that encourage more leisure time are favoured.

Scorpio

Don't sit back when the time is right to shake things up. Communicate, participate, and form relationships with people with something to contribute to your plans. Travel and educational pursuits will raise your awareness and encourage you to let your passion lead the way. You'll hit a roadblock. Keep the peace, listen to complaints, and avoid letting your emotions interfere with doing what's right. Don't take on someone else's battles. An opportunity you encounter will be better than anticipated. Clear your timetable and put everything you've got into pursuing your dreams. A partnership will enhance your life and improve your chance to succeed.

Sagittarius

Choose your words and gestures carefully. Someone will wait for you to make a mistake and quickly respond with criticism. Take your time; it's better to be safe than sorry. Take a step back and rethink your strategy. Consider domestic changes that will lower your overhead and free up cash to invest in your future. A makeover or adding skills, experience, or qualifications to your resume will help you head in a new direction. Pay attention to what's trending and you'll find a way to make your money stretch and your prospects profitable. An industrious approach to interviews will help you gain momentum.

Capricorn

Think big but live within your means. You have plenty to gain if you put your energy and expertise to good use. It's time to bring about the changes that put a smile on your face. An opportunity will lead to financial gain. Lay low. It's best not to offer too much information or get involved in someone else's business. Look inward and focus on self-improvement, not trying to change others. Rethink your financial plan. Making your space more efficient or changing your location or lifestyle will free up cash and encourage you to spend more time with the people you love doing things that make you happy.

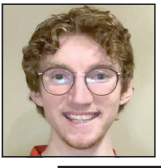
Aquarius

Be secretive until you have all the details and can smoothly transition from one place or thing to another. Follow your intuition regardless of the pressure someone puts on you to implement a change that entails sensitive issues. Pay attention to what others do and say. Know who is on your team and who will likely throw you under the bus. Invest your time and money in self-improvement instead of paying to help someone else to excel. You'll have mixed emotions regarding a friend, relative, or colleague. Ask questions, find out the truth, and you'll avoid ending up in a compromising position.

Pisces

Don't let an emotional conflict stand in your way. Be direct, sort through your differences, and choose what's best for you. Opportunity is apparent, and it's up to you to pursue your dreams. Someone will emotionally manipulate you if you let them shame you into thinking you don't do or contribute enough to the relationship. Re-evaluate your personal relationships and clear the path to a better future. It's time to take care of yourself first. Take your ideas and turn them into something tangible. Recognize what you have to offer and be bold in presenting what you want to do next. Financial gains are within reach if you focus on what you do best.

Fanning the flames: Fuelling up for victory in winter semester



**Alex Allan
(he/him)**
INTERROBANG

Fanshawe Fuel teams have been holding try-outs in the first few weeks of January. There is a lot of hope and passion moving into the 2024 winter semester. Many teams are looking to have some changes in their starting squads. Most rosters have not been finalized yet, but here is the latest scoop on where all the teams are at so far.

Valorant

Nicholas "Slipri" Florczyk said they have already held closed try-outs for the Valorant Varsity team.

"There was a lot of returning students that were all around the same skill level, so I tried to find the best option," Florczyk said. The team already had a set of four with Slipri, Mink, Jakie and Boyc3. Boyc3 played for the Academy team last semester and is returning to the Varsity team this semester.

"Boyc3 showed up one day to practice and we noticed that his in-game leadership is what seemed to be the missing piece to our squad," he said. The team was looking for a fifth member to join as Sistane decided to only play Rocket League this semester. Florczyk mentioned they added Thor to the squad as they see a lot of potential with them with the other four members they have.

There are a few leagues the team is looking to join this semester. The team recently had a show match on Jan. 13 against the Ontario Tech Student Union (OTSU). Fuel lost 2-0 in the best-out-of-three matchup but Florczyk mentioned that the show match was a good warm-up for them before they get into stronger matches this semester.

"I'd rather lose the show match so that now we know that this is what worked, this is what needs fixing and fix it so we can come back better for the regular season matches," Florczyk said.

Rocket League

Try-outs for Rocket League took place and Ralph "Leopard" Constantin said they had fewer players try out this semester.

"The returning players are Nxzy, Sistane, Wiseyslides, Wagon, Greely, Perc and Mai but no new players so far," Constantin said.

He did mention potentially two newcomers in their last try-out and is excited to see if they will be a good fit for any of the current teams they have.

Constantin said that Nero, who helped the Varsity squad last year to victory, will be stepping down from Rocket League this semester. OfficialPaper1 will also be another member who will not be returning and same with Constantin himself.

"I'm proud to be a manager and coach for Fanshawe Fuel Rocket League this winter semester," Constantin said. "I'm hoping to keep this role for several semesters."

Rainbow Six Siege (R6)

James "Purzaa" Perez said R6 try-outs went great this semester. They are looking to put a whole new Academy team together with the addition of Portertheprodigy, Beter, Natewalks, and John.

"This team is looking better than ever, and I believe they are a championship contender team!" Perez said.

For the Varsity team, Brendo will be returning this winter semester and they also recruited Mai to the main R6 squad.

"We think Mai can definitely add some more fuel to the team," Perez said. "We are also looking to improve on our main team this semester a lot and picked up a coach this semester as well."

Perez is most excited to see how their teams will do in the leagues they are competing in this semester. Most importantly, he wants to see how well the main team will do in the Queen City Clash Tournament.

Counter-Strike 2 (CS2)

Jayvee "Nylander" Macapugay said they had six new players come to try-out for the CS2 squad. The returning players are Ryan (Cheap), TylerS, and Nylander himself. The



CREDIT: JACOB "CHEAPUS" WHITE

Big name players are returning, a whole new Rainbow Six Siege Academy team is coming and a special invitation comes to the Fanshawe Fuel Apex squad in the 2024 winter semester.

team is looking for two well-rounded players for the starting rosters and Macapugay is hoping to get a couple subs too. Orochimaru was another returning player who tried out in the 2023 fall semester. The newcomers who attended try-outs are Jak0b, Miko, Kiredorf and VerteX.

"Overall, I was quite impressed on the level of skill from all six players and how they were all willing to try one of the newer maps in rotation that they may have not played much of," Macapugay said.

The team will be returning to the National Association of Collegiate Esports (NACE) Varsity Plus league again. Macapugay is hoping to have an improvement in their regular season record compared to last semester.

"We are also hoping to have the opportunity this semester to play the St. Clair Saints in a LAN event if we end up in the same division," Macapugay said. Both teams had plans to do it the previous semester but schedules fell through. Macapugay also mentioned they hope to grow the Canadian Collegiate CS2 Discord server. This is in hopes of bringing Canadian CS2

players together. The server is run by Conestoga Condors CS2 head coach Blupsy and features players from 10 different schools already.

Overwatch

Jacob "Cheapus" White helped put the try-outs together for Overwatch this semester. He said that everyone who came to try out performed really well and that it was great to see who was all interested in playing on the team.

"I tested their teamwork out in this try-out, by manually picking out teams for every map they played," White said. He added that he took notes from how the teams were playing and the chemistry of communication from each rotation. "I think it's very important to have players who mesh well together."

They had several returning players for this winter semester, including a new main "hitscan" Damage Per Second (DPS) player Gatotamalero and Support substitute LittleSpark.

"Their performance in try-outs really stood out to me and I'm happy they are taking positions on this team," White said.

White has set up a few scrimmages over the next few weeks for

the Overwatch squad and is hoping to keep practicing as much as possible together.

"I want them to not only feel like a team who plays video games together, I want them to feel that they are a part of a bigger picture," White said.

Try-outs are still ongoing for the Apex Legends teams. There will be a few new names coming to the Varsity and Academy rosters. Russell "RustyG" Gubesch that Fuel has been given a premier invitation for the Octane Collegiate League. This is something that is only given to the top playoff teams from the previous stage of the competition.

"I'm most excited to make another playoff push this semester and hopefully outdo our performance from Fall," Gubesch said.

No information has been provided yet for the League of Legends squad or Call of Duty too. Jake "Bonk" Deneau has started try-outs and has said that they hope to bring a winning team in this winter semester. Make sure to join the Fanshawe Fuel Discord server or follow their socials for the latest announcements and events.

Fanshawe prepares for second baseball showcase



**Justin Koehler
(he/him)**
INTERROBANG

For the second year in a row, Fanshawe College will be hosting a baseball showcase.

The event is set to take place on March 17 at Centrefield Sports here in London from 3 p.m. to 6 p.m.

"The experience that you get and the general help that you can embrace by just showing up is huge," said Duson Karich, a pitcher with last year's men's baseball team.

"You never know what you'll learn and figure out, something might just click that you've never thought of. By showing up, you're already willing to learn and willing to improve, so might as well jump at any opportunity."

The showcases are meant as a way for both initial meetings between upcoming players and

coaches as well as a way for players to get an introduction to how the college handles their practices.

"It's a win-win situation for both players and Fanshawe in general because these showcases help young players develop, but also at the same time, Fanshawe gets a chance to scout some players that they may develop over the next two or three years. It puts the college on the radar for some kids and it helps expand the actual word of the college as well."

The showcase is open to all potential varsity athletes in grades 10, 11, 12 or college/university transfers and, with the event being during the off-season, it's a great opportunity for these young players to develop their skill set.

"Now is the time to make these changes and adapt your knowledge, seek help," said Karich.

"When you get into the regular season, you've already baked the cake. You can't really change what you wanted to work on significantly. These showcases during

the off-season can get you started on experimenting and changing things up."

He went on to say that, for athletes looking to attend, it's important to take in as much information as possible.

"Number one thing is, yes, of course it's fun to make friends and we all want to have fun at these sorts of things, but try to be focused on what the coaches are saying. Sometimes when they're talking to other players, try to even listen to that because you might pick up something that you needed."

With this being the second year in a row for the college to host such a showcase, there are athletes who played on the team last season who already have experience with what can be learned.

"My whole changeup delivery has been changed because of the showcase," said Karich.

"It opened up a new perspective on how I should throw it and the way for me to be successful with it. It was three or four little tips that



CREDIT: CENTREFIELD SPORTS

Centrefield Sports will be the destination of another baseball showcase hosted by Fanshawe College.

I was given that snowballed and opened up the possibilities for me."

The cost for the event is \$70 and players are responsible for their own equipment, with running shoes being a requirement.

For those who are still on the

fence of attending, Karich had one final piece of advice.

"Don't be shy to ask for help. Sometimes, I've seen players who are a bit too shy, but you have nothing to lose when being at one of these showcases."

BI-WEEKLY STANDINGS



Women's Volleyball
OCAA West Division Standings

Team	GP	W	L	PTS
HUMBER	13	13	0	26
ST. CLAIR	12	10	2	20
CONESTOGA	12	8	4	16
MOHAWK	13	8	5	16
NIAGARA	13	7	6	14
REDEEMER	13	7	6	14
CAMBRIAN	13	5	8	10
FANSHAWE	12	2	10	4
SHERIDAN	12	2	10	4
BOREAL	13	1	12	2

Men's Volleyball
OCAA West Division Standings

Team	GP	W	L	PTS
FANSHAWE	12	9	3	18
ST. CLAIR	12	9	3	18
CONESTOGA	11	8	3	16
NIAGARA	13	8	5	16
CAMBRIAN	13	8	5	16
HUMBER	13	8	5	16
MOHAWK	13	6	7	12
REDEEMER	13	4	9	8
SHERIDAN	11	1	10	2
BOREAL	13	1	12	2

Women's Basketball
OCAA West Division Standings

Team	GP	W	L	PTS
MOHAWK	10	9	1	18
LAMBTON	11	9	2	18
ST. CLAIR	10	8	2	16
NIAGARA	10	7	3	14
HUMBER	9	6	3	12
FANSHAWE	11	3	8	6
REDEEMER	10	2	8	4
CONESTOGA	10	2	8	4
SHERIDAN	11	0	11	0

Men's Basketball
OCAA West Division Standings

Team	GP	W	L	PTS
ST. CLAIR	11	9	2	18
MOHAWK	11	8	3	16
NIAGARA	11	7	4	14
HUMBER	11	7	4	14
SHERIDAN	12	7	5	14
FANSHAWE	12	6	6	12
LAMBTON	12	5	7	10
CONESTOGA	11	4	7	8
CANADORE	11	2	9	4
REDEEMER	12	2	10	4

Printed standings are reflective of January 17, 2024.

Visit www.ocaa.com to keep up-to-date on all OCAA stats.

fsu
FANSHAWE
STUDENT
UNION
www.fsu.ca

JOIN OUR TEAM

PRESIDENT

DIRECTORS

Nominations
January 29
to February 9

Visit
fsu.ca/elections
for your nomination package.

Visit **SC1000** for more information.

ON AIR

INTERROBANG
PRESENTS

THE RED COUCH PODCAST

NOW ON 106.9 THE X
SUNDAYS AT 8PM

1069thex.com **iHeartRADIO** **Radioplayer CANADA**

EA SPORTS
FUEL

GAME NIGHT

Monday, January 22nd
Alumni Lounge

6pm Friendlies | 7pm Tournament Start

FREE EVENT
Connect with us @fsu.ca/discord

TOP 3 PRIZING

fsu FANSHAWE STUDENT UNION www.fsu.ca

[f @ FANSHAWESU]

STUDENT LEADERSHIP INFORMATION

JANUARY 23RD
12pm to 3pm | Student Centre

Stop by the FSU table to say hello to the FSU President, the FSU Coordinators, and the Student Administrative Council (SAC) Board Directors. Find out about their roles, ask them questions, and learn how you can be involved and become a student leader!

SNACKS PROVIDED!

fsu FANSHAWE STUDENT UNION www.fsu.ca

COMEDY SHOW

THURSDAY JANUARY 25TH
The Out Back Shack
STARTS 8 PM | DOORS OPEN 7 PM
FREE EVENT

Headliner: **MARTHA CHAVES**
With: **MC Dom Paré**
Featuring: **Pat Tim**

fsu FANSHAWE STUDENT UNION www.fsu.ca

[f @ FANSHAWESU]

FORWELL HALL

GRAND Opening

10am - 3pm
Friday, January 26
Student Union Building

GIVEAWAYS | FOOD | FUN

fsu FANSHAWE STUDENT UNION www.fsu.ca

FANSHAWE AT THE KNIGHTS

\$20 STUDENTS
\$22 GUESTS

LONDON KNIGHTS VS PETERBOROUGH PETES

FRIDAY, JANUARY 26TH
7:00 PM BUDWEISER GARDENS, DOWNTOWN LONDON

Tickets available at the Biz Booth

fsu FANSHAWE STUDENT UNION www.fsu.ca

FUEL

SUPER SMASH BROS.™

GAME NIGHT

Monday, January 29th
Alumni Lounge

6pm Friendlies | 7pm Tournament Start

FREE EVENT
Connect with us @fsu.ca/discord

TOP 3 PRIZING

[f @ FANSHAWESU]

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FORWELL LIVE MUSIC HALL

STEVEN LEE OLSEN

GRAMMY NOMINATED, CANADIAN COUNTRY MUSIC ARTIST/SONGWRITER

Tuesday, January 30th
7PM | FORWELL HALL
FREE EVENT

AFTER PARTY WITH **BRAYDEN KING**

[f @ FANSHAWESU]

19+/ALL AGES WITH FANSHAWE ID

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FANSHAWE Residence Services

Visit fsu.ca/events for more details.

[f @ FANSHAWESU]

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CONDOM CASINO

WEDNESDAY, JAN. 31ST
Oasis | 7pm | 6:30pm doors

CASINO GAMES | PRIZES | FREE CONDOMS
First 150 people get a FREE treat!

FREE EVENT

Semi-formal/black tie optional. Visit fsu.ca/events for more details.

To contribute contact:
Hannah Theodore, Editor
519.452.4109 x16323
h_theodore@fanshawec.ca

FANSHAWE'S STUDENT VOICE

SAY IT WITH A BANG?

HAVE AN OPINION? SUBMIT YOUR STORY!

theinterrobang.ca/submit-letter

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