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# INTERROBANG

**BLACK  
HISTORY  
MONTH  
ISSUE**







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**FROM THE EDITOR**

Hannah Theodore (she/her)

Dear readers,  
Welcome to the third annual Black History Month issue of Interrobang. A large portion of this issue is made up of submissions made by students at Fanshawe College, including artwork, poetry, articles, short stories, and more.

The page design for our Black History Month section was designed by work study student, Briana Brissett. Briana is a talented graphic designer who worked tirelessly to create the layouts for all of our submissions, even submitting her own artwork, in the form of a series of animated characters.

I am eternally grateful to everyone who graciously gave their time and effort to submit their work to this issue. As we look back at the history of Black folks in Canada and across the world, we find a tapestry of rich cultural heritage combined with generations of turmoil as a result of colonization and its many ripple effects. Even today, as we mourn the loss of Tyre Nichols, yet another Black man whose life was violently stolen by police, we see how these ripple effects are still

being felt.

As we grapple with those impacts, this issue puts the spotlight on Black creators, giving them space to tell their own stories and share their own passions with the world.

I hope you find everyone's submissions compelling, and that you explore the many ways you can recognize Black History Month, as outlined in an article by Troy Townsend, Fanshawe's Anti-Racism and Inclusion Specialist.

Sincerely,

**Letters to the Editor:** fsuleters@fanshawec.ca

**INTERROBANG**  
PRESENTS



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# Share the Land looking forward to huge show



**Johan George (he/him)**  
INTERROBANG

Students in the second year of Fanshawe College’s music industry arts (MIA) program are working hard to put on a big show for the 2023 Share the Land concert. The concert is scheduled for Feb. 25 at the London Music Hall with doors opening at 6 p.m. and the show starting at 7 p.m.

This year’s concert features over 26 talented artists from MIA, playing covers of classic and modern Canadian hits. The show is practically planned from the beginning of each school year.

“The event is part of the artists development class for second year students and that is evolved from the first-year artists development class,” explained Erica Charles, one of the general managers for Share the Land 2023.

“Our entire Monday afternoons, as part of the course, are dedicated to rehearsing for Share the Land. When the first term of second year comes around we start to find artists that are interested in performing and we start to hone and develop their talents throughout the year. Then if they do have an interest in performing at Share the Land, we make sure that a Canadian song is part of the repertoire”

The biggest difference this year is that first-year students are more involved than in the past two years, leading to more collaboration between students in different years of the program.

“The previous year I believe that the whole program, or almost the whole program, was online, so we



CREDIT: HANNAH THEODORE

Students from the MIA program are hard at work promoting the annual Share the Land concert, set to take place Feb. 25.

didn’t get in touch with them at all. It was super hard to get in touch with them,” said Andre Brienza, a marketing director for Share the Land 2023.

Share the Land is a uniquely London event, run almost entirely by students in the MIA and audio post-production (APP) programs at Fanshawe College. The idea for the concert came about from MIA Professor Mike Roth’s artist development classes when deliberating how to get student performance experience.

“How could we get in front of a bigger audience?” Roth asked his students in a lecture. A student in the class suggested a charity show. “Well, if MIA wanted to put on a charity show, what could we do the charity for? And what could be our, you know, vision for the show?”

Then another student named Adam Barnes put his hand up and suggested having the show pay tribute and honour the late Jack Richardson, a Canadian record producer and former MIA professor who had

died the year prior. Jack Richardson had an enormous influence on the Canadian music industry, according to Roth.

“The producer who started the Canadian music industry with *Guess Who* and the biggest [music] studio in Canada. It’s been said that he was the big bang of Canadian music. He started it. And he was a professor here for many years too.”

The concert has been an amazing success story for Fanshawe and the MIA program.

“[I’m] very proud,” Roth said. “Obviously it’s been a real challenge, but every year, the students really come up big and deliver on the night of the show the best performance they’ve ever done, and that’s very gratifying. It’s been a cornerstone of our program every year because students come back and they want to see how it’s going...but also, it encompasses all the elements of the music industry in a practical exercise.”

Tickets can be purchased online at [ticketweb.ca](https://ticketweb.ca) and cost just under \$30.

# Ford announces expansion to Learn and Stay grant for local EMS services



**Ben Harrietha (they/them)**  
INTERROBANG

Ontario Premier Doug Ford was in London on Jan. 20 to announce that the province is working with Middlesex-London on multiple fronts to combat the city’s health-care crisis.

Ford was joined by Minister of Colleges and Universities Jill Dunlop and Deputy Premier and Minister of Health Sylvia Jones. Part of what was announced was an expansion to the Learn and Stay grant program to include paramedics and medical lab technicians. Previously, the program was only available to those studying nursing.

The grant, introduced in March 2022, provides upfront funding to cover tuition, books, and educational costs for students in certain programs in priority communities. As part of the grant, students must commit to working in the region

post-graduation for a minimum of six months for every year of study funded by grant.

“Students can apply for full upfront funding at select colleges and universities, if they commit to staying in their region,” Premier Ford said during the press conference. “We’ll pay for your tuition, your books, and other direct educational costs for a practical nursing program in London, for a paramedic program in Sudbury, or for a medical laboratory program in Windsor.”

The program started with a capacity of 1,500 students, but has recently been expanded to 2,500. Programs at Fanshawe that are eligible for this grant are the Bachelor of Nursing and Practical Nursing programs. Applications for the program will be available online this spring for programs beginning in the fall.

“We’re providing students with opportunities for a great education and a rewarding career and we’re increasing the number of health care workers in underserved

communities so that Ontarians in every corner of the province get the quality of care they need closer to home.”

In addition to the expansion of the grant, the province is working with local officials to help ease the recently announced budget increase for paramedic services. An increase of 18 per cent, around \$9.3 million dollars, will hit taxpayers in order to help mitigate an increase in calls and offload times.

Middlesex County warden Cathy Burghardt-Jesson stressed that while the county may be the service provider for paramedic services, it’s more of a partnership between the city of London and the county.

“We are having discussions with the province to try and get these innovative and out of the box programs into the Middlesex-London region, such as the treat and refer to alternative destinations,” she explained. “These are key to making sure that the bottlenecks that we’re seeing in emergency services can be addressed.”



CREDIT: DOUG FORD VIA TWITTER

Part of what was announced was an expansion to the Learn and Stay grant program to include paramedics and medical lab technicians.

Neal Roberts, the chief of the Middlesex-London Emergency Medical Services Authority, added that having more community-based care will take pressure off the emergency services.

“If you can’t get in to your primary care physician, you’re getting more preventative care in the community to avoid unnecessary visits to the emergency department,” Roberts explained. “This is part of a comprehensive plan that we have been working on with the province on both a city and county level.”



# Fanshawe students test their skills in 48-hour film challenge



**Kate Otterbein**  
(she/her)  
INTERROBANG

Fanshawe students from various programs came together to participate in a 48-hour film challenge to kick off the winter semester. Eighty students from advanced filmmaking, acting for screen and stage, visual effects and editing, and audio post-production worked together to produce a short film that was written, edited, and finished all within a 48-hour time frame.

“48-hour film challenges or film festivals happen all over the world,” said Romy Goulem, advanced filmmaking professor and coordinator of acting for screen and stage. “We’ve been doing it at Fanshawe for 14 years. For our version of it, we give them three criteria that each group has to have in their film.”

Each group gets the exact same criteria, which is up to interpretation with how they incorporate it into their film. This includes a line of dialogue, a tagline, and a prop. This year’s criteria was a small wrapped gift box as a prop, “they have a plan, but not a clue” for a tagline, and the dialogue that had to be included was “intuitions are not to be ignored.” The only other rule was to stay within a five-minute time limit.

“The theme kind of lent itself to be a spy thing or a heist thing,” said the Interrobang videographer, Brandon



Eighty students from four different Fanshawe programs gather for the 48-hour film challenge.

CREDIT: FANSHAWE COLLEGE

Grubb. Grubb is an advanced filmmaking student. “But what we ended up doing was sitcom style. Old style sitcom delivery lines with ‘50s style characters being super happy and going through this nasty argument

and breakup and then at the end the one guy just gets murdered.”

Grubb’s group broke the fourth wall through their film, having one character look directly into the camera.

“We pulled out and we showed everything behind the scenes,” said Grubb. “We made it kind of unnerving. But it really was up to what you wanted to make within those few parameters.”

In his group, Grubb took a leadership role, having training in all the areas of production. His job was to keep everything grounded, trying to keep the ideas possible within the timeframe given.

“It taught me a lot about how to be more of a leader and how to collaborate with other people that have different ways of working and just hearing them out. Then, seeing what could work and how I could help improve that.”

The overall goal of this 48-hour challenge is to jump head first into a new semester and get all the students acquainted with one another so they have those connections through the semester. Even though the final result isn’t what matters in the long run, all of the films impressed faculty at Fanshawe.

“I’m always excited to see the films to see what they do in such a short time and I’m never disappointed,” said Goulem. “Someone from the office came and she just couldn’t get over how good and entertaining the films were. She couldn’t imagine that

these were really made in 48 hours by people who just met.”

Goulem added that although the 48-hour films can’t compare to the year-end festival featuring films that took an entire semester to complete, there is always a 48-hour film included in the lineup because they turn out that well.

For students that are going to take on this challenge next year, Grubb has some advice.

“Take it easy,” said Grubb. “It’s a long process that actually goes really fast. If you’re able to make a masterpiece, go for it. But don’t try to make a masterpiece because it’s not necessarily about the end product. It’s about networking, building connections, and trying to develop your communication skills with other people.”

He added that this is great practice for the future when you will be working with various people coming from varying backgrounds, with different ideas.

“Go in with a very open mind and just have fun with everyone else. At the end of the day, if you’re not having a great time, then the whole experience isn’t worth it. So much of the time is just collaborating and having fun and if you make it a miserable time, it’s going to reflect in the end product.”

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# Indigenous artist to be featured in Siskinds Gallery



CREDIT: CHIEF LADY BIRD

The exhibit featuring Chief Lady Bird's art will run from Feb. 13-17 in Siskinds Gallery, located in room H1015.



**Ben Harrietha (they/them)**  
INTERROBANG

From Feb. 13-17, Siskinds Gallery, located in Fanshawe's H building, will feature the work of Chief Lady Bird, a Chippewa and Potawatomi artist from Rama First Nation and Moosedeer Point First Nation. The exhibit will feature 12 different pieces of her work, with the theme of celebrating all bodies and sexualities.

Chris Hannah, Fanshawe's Indigenous strategic learning guide, explained that the theme could be simply explained as "no shame in my bundle," a term coined by Sage Petahtegoose, who is Ojibwe-Podewadmi from Atikameksheng Anishnawbek.

"In Indigenous ways, your bundle is all of your gifts and your skills," Hannah explained. "If we're talking about this idea that there's no shame in my bundle, that includes our bodies, that includes our sexuality, and that includes our entire selves."

Hannah, who is Métis from

Drummond Island and Penetan-guishene, collaborated with Leah Marshall, Fanshawe's sexual violence prevention advisor, in order to put this exhibit together. Marshall described the idea as a celebration of all bodies and sexuality, while pushing back against standard beauty standards.

"We saw it as a good opportunity to...talk about the implications of colonization on how people's bodies are viewed, especially female identified folks, non-binary folks, and Two-spirit folks."

Chief Lady Bird was the first artist the two decided on, seeing her artwork as perfect for the idea they wanted to convey with the gallery.

"We wanted to host something around Valentine's Day to promote some of the messages that we put forward in the work that we do to empower students," Marshall explained. "The artwork in itself is incredibly beautiful, and representative of the message, but it's also her words, and the context of why she creates the art that really spoke to us in terms of the messages that we wanted to be available on campus to students."

Marshall added that the message

of self-love and self-care is important to hear in the middle of winter, and encourages students to come to the gallery. Hannah also saw Chief Lady Bird's art and the exhibit as a way to change the narrative around Indigenous women.

"I think a lot of what goes on with missing murdered Indigenous women is a fetishization of Indigenous women and girls. And so if we can reclaim that and take our own power back, and use it in a way that is beneficial for us. It's really powerful to be reclaiming without focusing on the violence all of the time."

In that same vein, she said that with the tragedies that have happened to Indigenous peoples, such as the mass graves of children found at residential schools, people tend to look at Indigenous people with pity. But she believes exhibits such as this one can show that there's more they can offer.

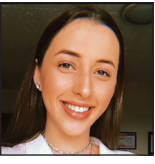
"We're not just our trauma, we're not just the bad things that have happened to us, we bring a lot to the table. And there's a lot to celebrate, including our sexuality in a way that is done for us and by us. I think that could be a really good learning experience for students."



CREDIT: EMMA BUTLER

This winter has been very different from other years which has opened the eyes of environment activists everywhere.

## Climate change is no joke: What this winter weather is telling us



**Emma Butler (she/her)**  
INTERROBANG

This winter has been different from many other years which may leave some wondering, why? Warm spells, snow storms, and now a sudden drop in temperature are just some of the varying examples of weird winter weather this year. Climate change has been a topic of conversation for a while, and according to one expert, this winter should spark the conversation to grow even more.

Brendon Samuels is a PhD candidate at Western University who also does volunteer work with London's environmental sector. Samuels is an environmental activist who has noticed climate change and the issues it can bring to society.

"I think a lot about climate change, almost every day," Samuels said. "Climate change is extremely alarming, complex and is laying bare a lot of the fault lines in our society that contribute to overlapping environmental and social crises."

Samuels explained that this winter, the London region has seen some anomalous weather patterns that he said are linked to changes happening on a global scale.

"For instance, in late December we had a really cold spell and a big dump of snow that extended across most of North America. A lot of people look at that kind of weather and wonder how the atmosphere can be warming if we still have intense winters. Actually, below-freezing polar vortex bomb cyclones happen and shift around because of global warming, as hot North Pacific water pushes the Arctic Circle air down onto Southern Canada and the United States."

In response to these changes, Samuels suggested ways that people can help out with climate issues and be more green for the environment. On an individual level, Samuels recommended driving less (using transit or active transportation), making homes more energy efficient, diverting organic waste to reduce methane emissions, and adjusting our diets over time to consume less animals.

"Adjusting our diet to consume less materials derived from animals means less energy, and water and land are needed to grow those animals, and in the case of cows, less methane will be emitted into the atmosphere," said Samuels.

But Samuels also stressed that collectively, there is a need to address the urgency of climate change.

"The decisions made by governments today and in the coming years to mitigate the causes and adapt for the impacts of climate change, will determine how extreme things are going to get under climate change in a few decades. We need to also recognize that climate change will disproportionately harm some parts of the world, especially equatorial countries, and the most vulnerable people in our society, such as people living with low income or disabilities."

This winter's weather patterns are an example of how climate change is happening every day. Samuels suggested that the younger population needs to think about who they vote for and see what they will do for the environment as it plays a big part in the future.

"The only way we can meet the climate crisis is if we also address the biodiversity loss crisis. We need to rethink not just our greenhouse gas emissions, but our approach to using precious natural resources like land and water for human purposes. We have taken more from the planet than it can afford to give us, and it's time for us to give some back," Samuels stated.

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# Interrobang Rewind: *What's Going On* — Marvin Gaye



**Ben Harrietha  
(they/them)**  
INTERROBANG

Usually when I write these reviews, I tend to stick to albums I've listened to a lot, or at the very least a genre I know a lot about. This time, it's neither. This album, and the soul genre on the whole, are both very new to me. But even with my limited knowledge of the genre, I can say this; *What's Going On* is a masterpiece and Marvin Gaye is one of the finest musicians to ever grace this earth.

*What's Going On*, released on May 21, 1971, is the 11th studio album from American soul singer Marvin Gaye. The album is a concept album, sung from the point of view of a Vietnam war veteran returning to America to see that it's full of hate and suffering. It explores themes of drug abuse, poverty, and the Vietnam War, which was at the time, really starting to lose favour with the general public.

The entire album is a cycle, with each song leading into the next seamlessly. This is one of those albums that is meant to be listened from front to back, as the songs on their own tend to not amaze. But when they all come together, they paint this beautiful soundscape that is both simultaneously beautiful and haunting. Gaye left behind the Motown sound that had made him famous, for more of a jazz influence.

In tandem with the new instrumental direction came a change to Gaye's vocal style. He went from the loud singing voice filled with bombast that had made him up to that point,

to the one that most people know him by. A softer, more airy voice that perfectly complements the somewhat resigned nature of an album like *What's Going On*.

The album has been labelled as a political album, which is entirely fair. Many of the songs are calls for peace, like the title track, or "What's Happening Brother," where Gaye sings from the perspective of a war veteran. The veteran comes home to find that things are very different, people are divided, there's no work to be found, and the simple joys he remembers before his time overseas are gone.

Even with songs like the first two tracks, the album isn't just expressing Gaye's disappointment with society, but with his own personal life too. I won't get too far into it, but at this point in his life, Gaye was at a low point, and that shows. As I mentioned, the album is sort of resigned to its fate, with songs like "Save the Children" having lyrics like "Who's willing to try to save a world/ That's destined to die."

It's a sense of melancholy that really permeates throughout the album and has made it age wonderfully, as a lot of the themes of dealing with the inevitable are still relevant to this day. Now, that doesn't mean the album is a depressing half hour-or-so listen, far from it.

What prevents the album from wallowing in the misery that its lyrics touch on is the music. It's beautiful, to be frank. The percussion keeps the tempo upbeat, the strings give the songs this almost heavenly texture, and the backing vocals, my god, the backing vocals. They add an almost floaty feeling to the songs, making it feel like you're flying above all the problems of life.

There's a reason this album is considered



CREDIT: MOTOWN RECORDS/UMG

Marvin Gaye's 11th studio album is a timeless classic that seamlessly blends the protest music of the 60s and classic American soul.

a timeless classic. Its themes of poverty and dissatisfaction with the system are just as topical today as they were 50 years ago. With

this album, Gaye points out the little joys in life, despite all the bad. And you can't take the good without the bad.

## Is free education the answer to the nursing shortage?



**Dee-Dee Samuels  
(she/her)**  
INTERROBANG

Premier Doug Ford recently announced an expansion to Ontario's Learn and Stay Grant. Starting in Sept. 2023, the Ontario government will be offering to pay for tuition and books for nursing, paramedic students, and medical lab technicians who agree to work for six months for every year they studied in the city of their educational institution. Ontario has been facing a nursing and healthcare profession shortage for years. We can't simply blame the pandemic.

The nursing shortage was predicted in Ontario way back in 2009 according to the Canadian Nursing Association, which said Canada could see a shortage of 60,000 full-time nurses by 2022, due to situations like retirement projections. The projection did not take the pandemic into consideration, which added a tremendous upheaval to the already stressed healthcare system. Free education is a great idea, but the logistics of it somehow don't add up. Ford almost takes a flippant approach by offering free education; does he think professors are kept in a cupboard, and when needed are pulled out, dusted off and you then just press the push to start button, and they're good to go? Fanshawe College currently has more students than it ever has. This is most likely due to government initiatives like free education to train as a personal support worker and the retraining of workers due to injuries acquired on the job, which is a requirement when claiming workers compensation.

In Sept. 2023, not only will the number of students increase due to students entering the nursing program, but so will the need for teachers to educate these students, the number of course advisors to support these students, as well as the tutors to assist students.

In an article by the CBC, "Canada is facing



CREDIT: FG TRADE

The nursing shortage was predicted in Ontario way back in 2009.

a nursing shortage. Here's why it's hard to fill the gap," the lack of highly important clinical placements for students was highlighted. This is just another way that an increase of students could actually lead to less opportunities overall. Chaotic is the word that comes to mind when I hear the words "free tuition."

Radical solutions such as throwing free education at a problem is simplistic at best. It sounds to me that the college's and hospital's books

have no chance of balancing; there will be deficits in one way or another. You can't increase the student population without increasing the number of educators and facilitators. It's time to get a government who doesn't stick its head in the sand and pretend all its problems will go away with mismanaged grand gestures that are more delusions of grandeur than leadership.

The next challenge that needs addressing is once the nurses are trained, you also must keep

them in the industry. Historically, after a few years of overwork and underpay, nurses exit the profession. For the nursing and healthcare aide shortages not to perpetuate the pay, working conditions and the mental burden of these new employees of the profession will need to be tackled. If not, we will be facing the possibility perhaps of a USA style private health care system. If that happens, I pray you can all afford to become ill, because it will be very costly.



# Black history and Black royalty in the Bible?



**Michael Veenema**  
RELIGION

The first two thirds of the Christian Bible tells the story of the Israelites or Jewish people up to the time of Jesus Christ. The last third tells about his activities and the beginnings of the Jewish, Gentile-inclusive movement called Christianity (non-Jewish people are called Gentiles in the Bible).

The Bible writers identify many different groups living in the Middle East and surrounding regions from very roughly 2,000 BC (BCE) to about 100 AD (CE). One noteworthy listing is found early – in the first two thirds. It lists 70 “nations” or people groups (Genesis 10). Many commentators refer to this list as “mythological.” Often they do this without defining “myth.” They don’t show the differences between biblical “myth,” Greek myth, far Eastern sacred stories, or stories from Canada’s First Nations. They also don’t seem to notice that the list of the 70 grounds the various people groups in geographic locations. Part of the list reads this way:

Canaan was the father of Sidon his firstborn, and of the Hittites, the Jebusites, Amorites, Girgashites, Hivites, Arkites, Sinites, Arvadites, Zemarites and Hamathites. Later the Canaanite clans scattered and the borders of Canaan reached from Sidon toward Gerar as far as Gaza, and then toward Sodom, Gomorrah, Admah and Zeboyim, as far as Lasha.

Some of these groups, such as the Hittites, are also known from non-biblical sources, and some of the locations named exist up to our own time.

Much further along and later – in the last third of the biblical records – another list appears (Acts 2). This list reveals where many Jewish communities had been established and where faith in the Jewish Jesus Christ was taking root.

...Parthians, Medes and Elamites; residents of Mesopotamia, Judea and Capadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya near Cyrene; visitors from Rome (both Jews and converts to Judaism); Cretans and Arabs...



CREDIT: TINNAKORN JORRUANG

Absolutely, Black people appear in the Bible. Some of them are royalty.

These groups were located in or near the Middle East. However, we notice that Libya is named, which brings us to North Africa, and presumably to people who were darker skinned than the Israelite-Jewish authors of these texts.

The search for Black people in the Bible doesn’t end here. It is possible that the wife of the famous Moses in the Bible was Black since she is identified as a Cushite, and scholars note that Cush is the ancient name for a region of Africa, likely Ethiopia or Sudan. Some other possibilities include the Queen of Sheba (1 Kings 10:1), Simon of Cyrene

(Matthew 27:32), and “Simeon called Niger” (Acts 13:1; “niger” or “nigreos” is Latin for black). Sheba is possibly another name for Ethiopia.

In Acts chapter 8, an Ethiopian “court official” appears and joins the Christian movement. He was a “eunuch” which means that he had been castrated so he could be left in charge of women in the royal court. He served “Candace, queen of the Ethiopians,” which brings us directly into the royal house of his people.

So, absolutely, Black people appear in the Bible. Some of them are royalty.

It is interesting to notice that while Black converts to the Jewish and Christian faith appear in the Bible, there is no mention of people from Asia, or the Americas (to use modern names). Greeks and Romans are mentioned in the parts of the Bible written post-Jesus. But White Central and Northern Europeans are completely absent.

In modern times, biblical faith includes people from virtually every nation and race. But looking beyond the Middle East, you could say that after the Jews, Black people were the first in.



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WITH A  
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## BLACK HISTORY MONTH



# FANSHAWE



## A NOTE FROM FANSHAWE COLLEGE'S ANTI-RACISM AND INCLUSION SPECIALIST

**TROY TOWNSEND**

**B**lack History Month is a celebration of Black culture, Black excellence, and Black Pride on several intersecting planes. The Black diaspora which contributes to Fanshawe's total community population, represents natural-born Canadians, international students on study permits; Caribbean and African refugees, asylum seekers, migrants, and new Canadians who now live and work and attend school in London.

This year's theme for Black History Month is: resilience. As I reflect on this theme, I cannot help but wonder at how appropriate that is. In the face of so much adversity, oppression, and repression, Canada's Black people and Black communities have flourished and thrived in a country steeped in hundreds of years of colonial attitudes. Historically, Canada has not provided the most inclusive environment for all its citizens, yet Black Canadians maintained their resiliency and persevered; living the full Black experience in a country not yet ready to embrace them in entirety. Here we are, almost 400 years after the first Black resident came to Canada, still fighting some of the same oppressive power dynamics that continue to

present barriers, yet Black folk have not faltered, nor quavered in their resilient efforts to make daily contributions to the many platforms of Canadian life: its economies, education, arts, politics, and social structure. It is this resiliency and their enriching contributions which we now celebrate.

There is so much valuable Black history to be found around London and surrounding area that can be taken in and celebrated this month and every month. Celebrate the Meeting Tree; a 700-year old White Oak tree in London's Westminster Ponds, which became a beacon of hope and a stop on the Underground Railroad. Celebrate towns like Lucan, Ont.; the once former colony of Wilberforce, a community of freed slaves migrating north from the northern USA, named for abolitionist, William Wilberforce. Celebrate Dresden, Ont.; one of the final stops on the Underground Railroad and the home of Josiah Henson, who harboured many fugitive slaves and was affectionately known as Uncle Tom. Celebrate the restoration of the Fugitive Slave Chapel in its new, permanent home at Fanshawe Pioneer village where it will be fully restored and granted purpose as an historic site.

Celebrate Fanshawe's own like music industry arts (MIA) alumna Haviah Mighty; winner of the Polaris music prize and 2022 Juno award for Rap album of the year. Celebrate Fanshawe alumnus Damian Warner; 2020 Olympic Gold medal winner of the Decathlon, and a London resident. The London Black History Coordinating Committee will be organizing several events at venues around London during the month of February to recognize and celebrate the contributions of other local Londoners in person for the first time since 2019.

Fanshawe's Equity, Diversity and Inclusion team is also quite excited to be partnering with the Fanshawe Student Union (FSU) and other areas around the college to offer a month of in-person and remote activities and events as part of Black History Month celebrations for the first time. We invite you to join us as we recognize and celebrate Black contributions to the London and Fanshawe community through music, art, literature and food. All are welcome to attend and participate as we celebrate Black culture, whether during cold February days or every day!





## BLACK HISTORY MONTH

# HOW YOU CAN PARTICIPATE IN BLACK HISTORY MONTH

TROY TOWNSEND

What a difference a year has made. We came out of locked-down services and remote learning in 2022 to be present for face to face service and in-person learning in 2023. Yet as remote as we were, I still remember the excitement buzzing across the virtual landscape when Fanshawe signed the Scarborough Charter on Anti-Black Racism and Black Inclusion in Higher Education one year ago this month. By signing the charter, Fanshawe made a visible commitment toward fighting racism and promoting inclusion on our campuses and thus began a year of change. One of those changes was creating the position of Anti-Racism and Inclusion Specialist, which I very humbly and gratefully accepted in July 2022. Since then, it has been a busy six months of planning, creating, initiating, researching, developing and implementing. It has been an honour to work every day towards developing anti-racism programming, training and awareness pieces to offer our Fanshawe community, engage with students on various outreach projects and events, and get to know so many of you on a personal level. It is with extreme pleasure, that the EDI team is in a position this year to offer a number of in-person events and activities to commemorate Black History Month at Fanshawe College for the first time and nudge our anti-racism efforts a little bit further.

Being anti-racist means *more than* just not being racist. Being anti-racist in itself is a call to action.

To educate, to inform, to share posts, to call people out, to speak up and engage in difficult conversations. Our country, our city, and our community has sat too long in a comfortable space with racist ideals and attitudes, and now it's time to step out of that comfort zone and actively engage in anti-racism strategies.

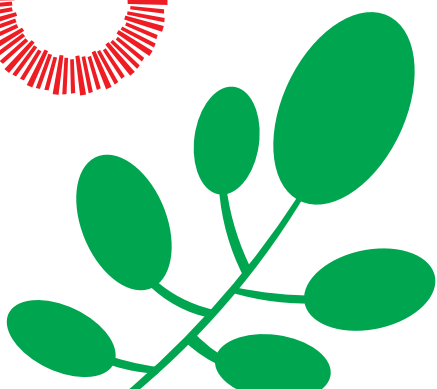
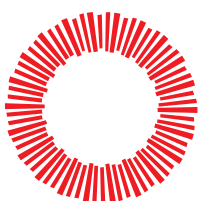
I follow the daily blog posts of Indigenous healer Sandi Boucher ([sandiboucher.com](http://sandiboucher.com)), who says that Allyship is a verb, not a noun. You are an ally when you are in action.

In keeping with that sentiment, we are presenting **Four Calls to Action** during Black History Month; one for each week of the month. Follow the FSU and Fanshawe's official social media platforms to remain up to date on what's happening and we will announce a new call to action every Wednesday beginning Feb. 1. Each of the Four Calls to Action will feature a partnership with a different area at Fanshawe. We would like to acknowledge and thank our college partners for their participation in this initiative.

If you have a chance to visit the Library Learning Commons between Feb. 10-24, you will be able to engage with their Black History Month interactive display and sign up for the Reading Week challenge. The librarians have selected a Black Canadian author to feature and there will be prizes and giveaways for students who enter the challenge. This year's book is *Shut Up You're Pretty* by Tea Mutonji; a gritty, visceral account of a teenager's arrival from the Congo with her family to Scarborough, Ont.

The EDI team is quite excited to join with the FSU to present a Black History month Guest Speaker event on Feb. 16 in the Oasis from 11 a.m. to 1 p.m. We promise a couple of engaging speakers with an entertainer or two. Watch for some advertized food specials to be offered in the Oasis during this event.

You can also check out the many Black History Month activities and events that will be taking place in and around London during the month of February. The organizing committee has been working diligently with the London Public Library and Museum London to bring some quality showcase events to the community.







# "I AM PREPARED TO DIE"

AKINOLU AYENI

*"During my lifetime I have dedicated myself to this struggle of the African people. I have fought against white domination, and I have fought against black domination. I have cherished the ideal of a democratic and free society in which all persons live together in harmony and with equal opportunities. It is an ideal that I hope to live for and to achieve. But if needs be, it is an ideal for which I am prepared to die."*

— Nelson Mandela

"I Am Prepared to Die" is the name given to the three-hour speech given by Nelson Mandela on April 20, 1964, from the dock of the defendant at the Rivonia Trial. The speech is so titled because it ends with the words "it is an ideal for which I am prepared to die." The speech is considered one of the great speeches of the 20th century, and a key moment in the history of South African democracy.



ARTWORK SUBMITTED BY GRV ARTWORKS



# CHARACTER DESIGN

BRI ARTX

## Walter

One of my favourite characters I've created to this day is Walter. This design was inspired by my interest in skateboarding. This character also included a custom outfit to show off his Bri Artx style.



## Bri X Shroomboi

Back in February 2021, I worked with another artist named ShroomBoi for this epic collab. The main idea was to create a dancer in our art styles and combine them together into one scene.



## Franklin

Meet Franklin! A unique character inspired by Gawx Art. For this design, I began with a sketch on my iPad and used some super cool outfits as a reference. Once I had that completed, I worked on the inking in Procreate and blasted some colour to give him that Bri Artx style.



## Chance The Rapper

Inspired by one of my favourite music artists, Chance the Rapper. This custom character is showing off his Grammy outfit on the Red Carpet. Completed with his signature "3" hat, this fan art art has made it to the official collection.





**BLACK  
HISTORY  
MONTH**

**ATOMIC  
OPPOSITION**



Atomic Opposition is a city run by an AI government, and to have continuous power, the opposition party, AI Dexter, guards itself against enemies.

This art piece steams for an atomic era around the world during the 1950s to 1960s, as well as the art style Atompunk which gained popularity in the 1950s/1960s.



**GALACTIC  
BEE**



Galactic Bee is a human space colony. The year is 6180, and human beings achieved type-three civilizations, where they control and harvest all the energy in their galaxy. To achieve type-three civilization, they work together like a bee hive. They use AI and other advanced technology to terraform and live on planets and harvest energy from stars.







# ROUGE EXPLORER

Zen Starling is a planetary geologist. After an explosion in the space laboratory, Zen evacuates on a small pod that launches him to the nearest Planet Orbus-P-90.

Planet Orbus-P-90 has clouds shaped like bubbles and sand dunes reaching the sky. Zen hopes to become the first person to explore this new planet and all it has to offer.



# TELEPATHIC

Originally patented by the government, tech company Medoffs have developed a revolutionary nanochip. The nanochip is an advanced AI system that helps humans communicate in the virtual world. When a human wants to communicate with another human, they use the nanochip implanted in the brain instead of using words and sounds.



# CHANGE

DEVIKA SAJEESH

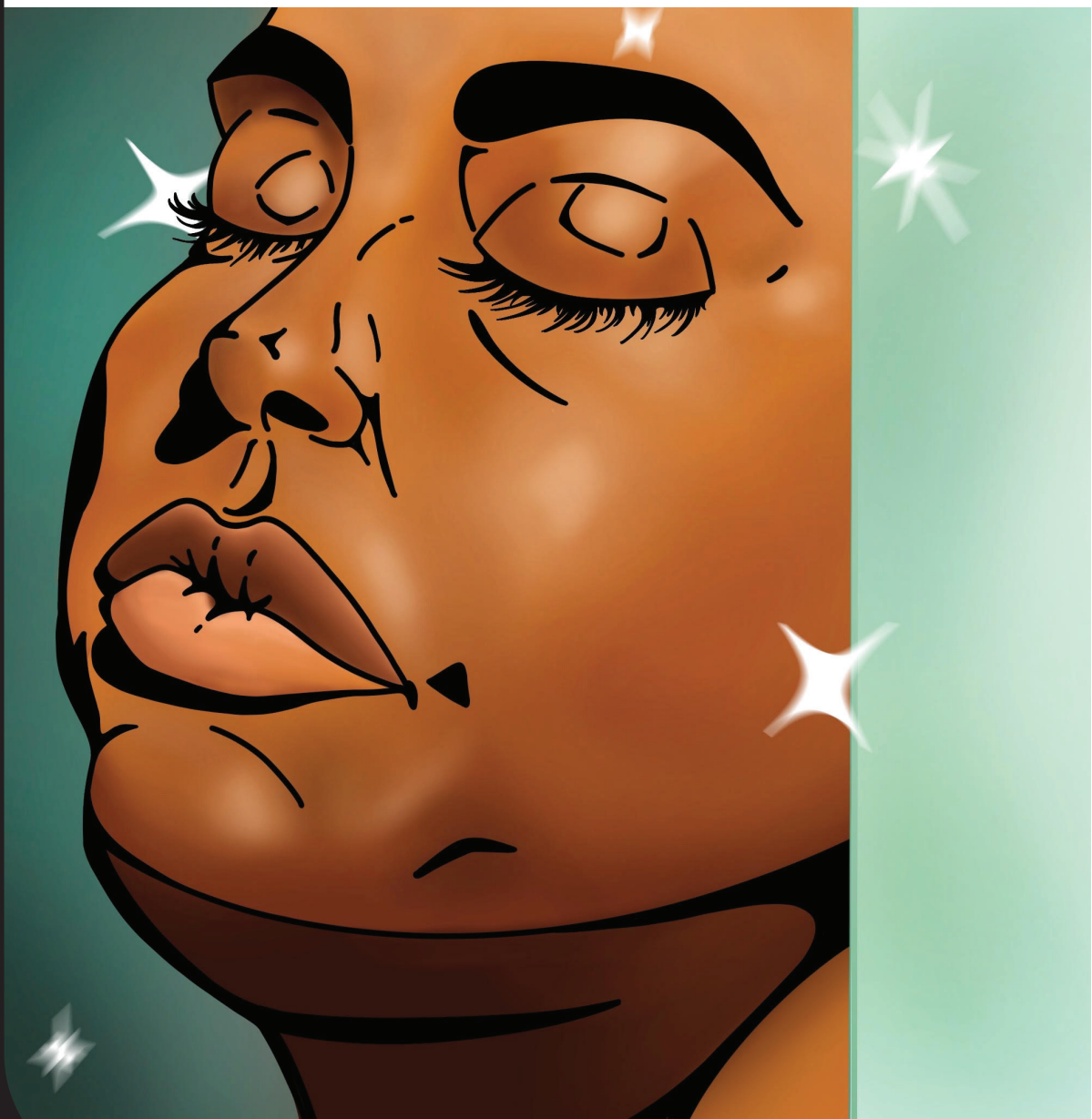
She stood in her shadows,  
as it consumed her whole,  
Looking to being seen  
waiting to be heard  
Her screams hidden in agony  
Within the depths of her colour.  
Like the stars on a snowy night,  
Or the moon on the winter solstice.

The riot of generational suppression  
finally found a way out  
She rose above from the ground,  
Light found a way into the darkness,  
When the sun shares its light with the moon  
yet why can't you?

# BLOOMING LOVE

RIYA CATHERINE GEORGE

She shouted  
She cried  
She felt blue  
And mind it she's bloomed.  
The anger touches peak often  
Owww she is red  
It's the sign of danger  
Make her laugh, bring her food  
Serve her hot chocolates  
These can do wonders  
Take her in to grant....  
She bleeds for seven days straight,  
Without dying, and after it says  
"See you next month"



I enjoy creating works that remind me of my dreams, literally and metaphorically. I have recently been experimenting with colour in my digital works, so I can depict different skin tones accurately. This work was a colour study where I aimed to blend the skin tones in a way that gives off a sense of radiance. The glow this person feels, is my representation of confidence in your inner and outer beauty. It is a reminder to search for the intrinsic peace we have when we don't allow our thoughts to weigh us down completely. I aim to make art that spreads hope to others and reminds them of the simpler pleasures in life.

ARTWORK SUBMITTED  
BY MNCEDISI NCUBE





# "WE SHALL OVERCOME THEY SAY"

SHADÉ DIAS

What have we done to deserve such harmful treatment

We shall overcome they say

Weren't we created the same way as everyone?

We shall overcome they say

It takes two to create a baby

Giving birth is painful

Motherhood is a journey

Genetically makeup, blood is exhibited

We shall overcome they say

Taken from our homes into foreign lands

Working and toiling without pay

Train tracks, whiplash, and the master's call

Hoping and praying it's never me

We shall overcome they say

Brunt, Beaten, Bruised

Was the daily abuse

But as a people being away from our biological makeup

We formed bonds to stay strong and protect our people

Rosa, Marcus, Malcolm X

The X factor was created

Believed in the statement we shall overcome they say

They say we shall overcome; they say we will be a people

They say we will be a nation

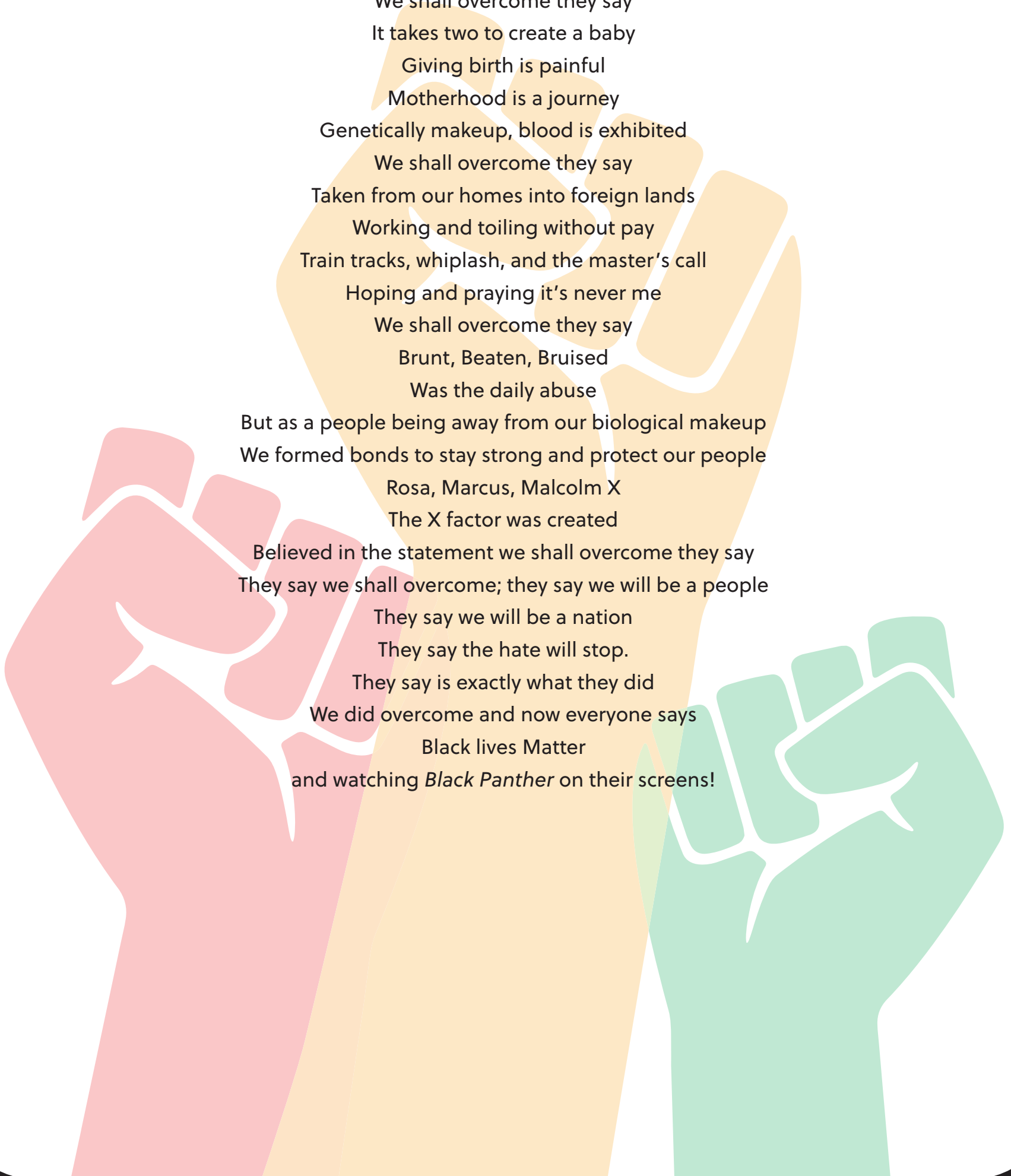
They say the hate will stop.

They say is exactly what they did

We did overcome and now everyone says

Black lives Matter

and watching *Black Panther* on their screens!





# Controlled Damage tells the story of Viola Desmond



**Zoë Alexandra King**  
(she/her)  
INTERROBANG

Have you ever heard of the Canadian civil rights activist Viola Desmond? If you haven't, next time you have a \$10 bill, you will notice that her face is printed on it. But, who is she really and how did she make history?

After venturing to The Grand Theatre on Jan. 28 for the production of *Controlled Damage*, I left with a strong understanding of what Desmond's story was. This play, written by Andrea Scott, gave the audience a feel of history and a visual of what life looked like from a race aspect during that time.

Firstly, the experience of sitting in a live theatre to picture and understand Desmond's life and perspective as a mixed-race woman, was one that I will never forget. Not only was the play extremely touching, but the atmosphere of simply being there reminded me of how special live theatre can really be.

The cast and production members really brought this story to life, making me feel as though I had been transported back in time to take a look into a life that I am unfamiliar with. Cast member Beck Lloyd played the role of Desmond and demonstrated her life as a teacher, a wife, a hairdresser, and most importantly, a mixed-race woman who was standing up for her rights.

Desmond lived in a time where wives didn't need to work because their husbands would bring home the income and they were expected to take care of the household upkeep. However, Desmond wanted to do both and so she did. She found her passion as a hairdresser and later started creating products specializing in Black hair types. She had gained so much success that some



CREDIT: THE GRAND THEATRE (DAHLIA KATZ) VIA TWITTER

Cast member Beck Lloyd played the role of Desmond and demonstrated her life as a teacher, a wife, a hairdresser, and most importantly, a mixed-race woman who was standing up for her rights.

days she would do road trips to deliver her products to customers. One day during her product delivery, she found herself in another city and decided to spend her night at the theatre. This moment was the highlight of the play and of course the highlight of Desmond's history. The play started with this scene, showing the audience an inside look of what was coming later on. When the scene was performed for the second time, during the correct timeline, I was taken aback. Yes, I was expecting

this scene to occur, but what I wasn't expecting was the cast making it feel so real and displaying how different life really was. It made me put myself in Desmond's shoes to imagine how it would have felt to be in such an uncomfortable position.

Desmond was judged for the colour of her skin and reprimanded for sitting in a "white's only" section, which I should add had no signage indicating this. "Luckily" for her, she made a high income and was able to make bail after being arrested.

Not only was this compelling story performed brilliantly, but I also couldn't stop talking about the amazing voices of those who sang during the play. The acting throughout the play was inspiring and the work that went into creating this didn't go unnoticed.

This was my first time visiting the Grand and I can confidently say that it will not be my last time. As technology has evolved and film has all turned digital, it is not often that you hear people going to

the cinema, let alone a live theatre. I'm here to tell you that being back in a live theatre made me appreciate the production and work that goes into it.

I was lucky to catch this historical play the night before it closed. With that, I still encourage you to look into the Grand when you are looking for a way to spend your spare time. Take a break from school and grab a friend to visit the theatre. I promise you won't regret it!

## Turning those new year's resolutions into real hobbies



**Justin Koehler**  
(he/him)  
INTERROBANG

The new year is in full swing with 2023 well under way. As it happens at the start of every year, people everywhere have set plenty of resolutions to try and improve themselves or change a part of their lives.

Many end up trying to cut alcohol, exercise more, learn a new language, or other various goals with varying degrees of difficulty.

With that difficulty though comes a lot of failed resolutions.

According to a recent study conducted by Time2Play, nearly 70 per cent of Canadians fail to achieve the new year's resolutions they set.

Many different reasons come into play for those who can't complete what they set out to do. The same study showed that the primary reasons people weren't able to complete what they set out to do were a lack of motivation, losing track of

progress, or even forgetting about their resolutions altogether.

"Every year I try to give myself a couple goals to work on throughout the year, but like a lot of us, I often don't follow through with them, especially towards the end of the year," Western University psychology program graduate Emily Passfield said in her blog post titled *My New Year's Resolutions and How I Plan to Keep Them*.

With there being many different types of resolutions, changing difficulties for each, and other different variables that come into play, it's difficult to ever have a one-size-fits-all solution. That being said, one thing that makes it easier to achieve your goals is to turn your resolutions into real hobbies.

That almost sounds like a given, to turn resolutions into hobbies, but it's incredibly easy to overlook. It's important to understand that to realistically complete your resolutions, you need to picture it all as a marathon more than a sprint.

Setting realistic and long-term goals is a great way to make sure you have a good plan in place.

"Last year I started doing monthly check-ins for my goals to help to ensure I stayed on track, and for once I successfully completed most of my resolutions," Passfield said.

A good little hack for this as well is to set those goals a bit under what you want them to be in order to make sure those goals are realistic and achievable. Plus, it can often give you a little emotive boost when you accomplish them.

Another way that I personally have found is a good way to complete resolutions is to start the year with a few different ones, knowing most of them will fail.

As you try to complete each, you'll start to notice how you begin to devote more attention to a particular one. In wanting to give yourself free time, save money, or just relax, you'll start cutting off certain resolutions and just focusing on the one that is most important to you.

The year is moving along quickly and those who set resolutions are already starting to see whether their resolutions will succeed or fail. With 70 per cent of Canadians falling out of their resolutions, it's



CREDIT: FANSHAWE ATHLETICS

With new year's resolutions being tough to complete, turning it into a hobby should be the goal to achieve it.

important to know that if your resolutions are part of that number, it's completely normal.

That same number should also hopefully be good motivation. If you're able to put in the work and

really grind through the lows of starting a new hobby, you can be part of the small number of people around you who can say they've actually completed one of their new year's resolutions.



SUSTAINABILITY TODAY

Mohamed Ahmed Shariff (he/him)

Uproot the prejudice of colour

“...We hold these truths to be self-evident, that all men are created equal.”

These are the famous words of Martin Luther King Jr. that caught my attention when I was reading his speech “I have a dream.” It left me teary eyed and the fact that it resonates decades later is something to be taken seriously.

In all honesty, the author writing this article is in no way an expert to highlight the ordeals that people of colour experience. But we can start by being allies and vouching for fair and equal treatment for all.

The Black Lives Matter movement was sparked by the murder of George Floyd; it shows there is much more to be done to shed prejudices in society. This prejudice is not just a reflection of attitudes, it is systemic and goes beyond affecting

other spheres of people’s lives. In 2019, the Centre for Disease Control and Prevention noted that Black women in the US are two to three times more likely to die from pregnancy related causes than White women. A government report states that “in 2020, approximately 63 per cent of Canada’s Black population reported experiencing discrimination five years prior to the beginning of the pandemic or during the pandemic.” And according to a PEW Research Centre report, white households in America are 13 times as wealthy as Black households.

Sustainable Development Goal 10 (Reduce Inequalities) addresses this issue, but unless we shed our biases and mindsets, changes at the ground-level won’t come into existence. This Black History Month, you can start by staying

open minded, listening and learning from others, and respecting their lived experience. Most importantly, recognize and contemplate on the privileges you may have because of your skin colour and question those embedded beliefs.

Supporting leaders who work to reduce inequality and stand up for everyone’s rights is an important step to take. And as former secretary-general of the United Nations Kofi Annan said, “...racism can, will, and must be defeated.”

Days to look forward to:

- Feb. 4: International Day of Human Fraternity
- Feb. 6: International Day of Zero Tolerance to Female Genital Mutilation
- Feb. 6-17: Residence Energy Conservation Challenge



CREDIT: FANSHAWE SUSTAINABILITY

- Feb. 10: Semester for Sustainability Booth (Theme: SDG 8 and 9 - Decent work and Industry innovation)
  - Feb. 11: International Day of Women and Girls in Science
  - Feb. 19: World Whale Day
  - Feb. 17: Semester for Sustainability Booth (Theme: SDG 10 – Reduced Inequalities)
  - Feb. 20: World Day of Social Justice
  - Feb. 21: International Mother Language Day
- Booth location and time: B Building, London Campus; 11 a.m. to 3 p.m.

Contributed by Fanshawe Sustainability



CREDIT: STEPHIN SATHYA

Students attend Fanshawe’s Lunar New Year celebrations on Jan. 21, 2023.



# Being BIPOC: “How is it OK for us to cry?”



CREDIT: COURTESY OF AKIL MCKENZIE

“You look out your window and people are dying around you and then you’re supposed to find time to focus on yourself and grow as a person.”

## Jessica Gould (she/they) INTERROBANG

While mental health can impact a large amount of people, cultural barriers often make it harder for BIPOC members to ask for help.

Where many BIPOC people stay silent about their personal struggles in order to fight big picture injustices, Akil McKenzie is learning to open the conversation of being vulnerable as a Black man.

“How is it OK for us to cry, when at the same time, we need to be standing in a march for people that are dying?” said McKenzie. “Whether it’s our Black brothers and sisters, or Indigenous lives that are being lost and not searched for, there’s all of these different things that we stand strong for. So when it

comes to something like ‘Hey, you feel a little sad today, you should do something to make yourself happy,’ we don’t have time to do that.”

McKenzie noted personal mental health issues in comparison to the bigger issue of the BIPOC community, feel small.

“But then that leads us kind of like, falling through the cracks while shooting for that bigger picture. If I’m to bring it up to my parents, or if we’re talking in a group of other Black friends...this was growing up, it’s getting better now, but we’re like, ‘Hey, there’s this thing that’s kind of upsetting me a little,’ and if you want to cry about it, nah man. That’s white people s\*\*t.”

However, suicide rates are higher for BIPOC and low income neighbourhoods.

“We would think that was a white

people thing to kill yourself. Meanwhile, you’ll actually see that there’s quite a few Black people that are killing themselves. So while growing up, I’ve known quite a few that have killed themselves. I was wondering where’s the disconnect? Because it felt so foreign.”

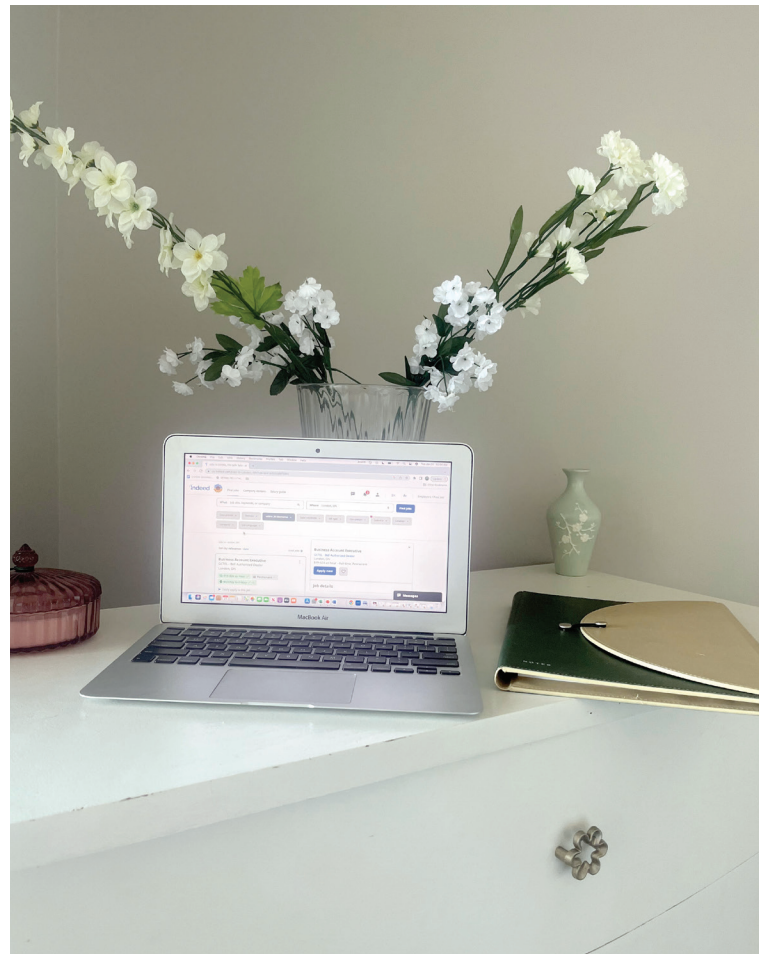
Men who face multi-layer obstacles with intersectional racial, social, and cultural aspects intertwined with masculinity are faced with larger factors against accessing help for mental health.

“It’s difficult making the transition into the new world of how we’re expected to be able to just take on this new idea of changing your emotions as a BIPOC man, because we’ve grown up and been given expectations our entire life. Now within the span of two years: ‘Why aren’t you different?’ and that’s a hard change to make. That’s all we’ve known. We’re actually being asked for so much where, ‘Hey, it’s OK to be *whatever* now’ and it’s never been OK, now you just expect us to just transition smoothly? I’ve had 24 years prior of not being allowed to do this, and one year of it being OK to cry.”

In the wake of the pandemic, mental health has been put in a new light, with many opening up for the first time.

“Especially when you’ve had things bottled up for so long, and then there’s also so much going on. That is hard to take time to just build yourself. There’s things going on with work and it’s already harder to get a job as a Black man. Then you look out your window and people are dying around you and then you’re supposed to find time to focus on yourself and grow as a person.”

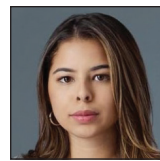
In the struggle for seeking the big picture of equality and justice for BIPOC issues, McKenzie noted the importance of taking some time to find what needs attention and healing within yourself.



CREDIT: ZOË ALEXANDRA KING

Completing your co-op internationally can mean immersing yourself in a new culture and paving a fresh start for your career.

## Conduct your co-op abroad



**Zoë  
Alexandra  
King  
(she/her)**  
INTERROBANG

Students might be opening their eyes to co-op programs depending on when their work terms take place. That said, it is reminded that a co-op position doesn’t need to take place in Canada. Conducting your co-op abroad can be beneficial in a number of ways, according to Co-operative Education Consultant, Lisa Holman.

Conducting your co-op work term abroad can potentially lead to future opportunities for post-graduation. Not to mention, the experience of working for an international company, in which you will be able to carry with you to careers in the future. Completing your co-op internationally could also mean immersing yourself in a new culture and paving a fresh start for your career.

“It’s definitely an excellent opportunity to experience a different culture and have that international experience,” Holman said.

Here are tips and requirements from Holman that students should consider when looking into a co-op abroad:

1. It is the student’s responsibility to secure their co-op position
2. The requirements for a co-op don’t change as far as the co-op must be paid, program related, and must be a minimum of 12 or 14 weeks (420 hours)
3. To obtain approval, the student must provide their co-op consultant with a link to the company website to confirm that everything meets the requirements for their co-op
4. Once approval has been received, students can go through the international office to guide them through practical predeparture preparation

5. It’s important for students to consider any travel advisories the country may have in place. The co-op may not be approved if there are travel advisories for the country

Holman also mentioned that students can work for an international company remotely if that was more suitable to them.

Manager of international student engagement, Emily Low explained that there are resources that the international office can provide students with to make the transition from one place to another a smooth one.

“When a student does find an opportunity abroad, we do encourage them to go back and speak with their co-op consultant to make sure it checks all the boxes and then from there we can help point them to different resources,” Low said.

She explained that they can assist students with documents that are needed for the specific country in question and can point students in the direction of obtaining all the necessary requirements.

“When students are going abroad it can be more complex and every country is so unique especially when they are asking for requirements when it comes to work,” Low said.

She also reminded students to do their research early if completing their co-op abroad is something they are interested in doing. Low also acknowledged that this would be a great way to improve your resume and to learn different ways of doing business.

Both Holman and Low explained that there are resources at Fanshawe to help students achieve this. Should students be interested in completing their co-op abroad, they should research companies early and speak with their co-op consultant to make sure it aligns with their studies. It’s also important to remember that the Fanshawe International office is there to support you in this process when it comes to country and job requirements.

# INTERROBANG

FANSHAWE'S STUDENT VOICE

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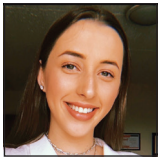
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# Nameless Friends aim for “world domination” in 2023



Emma Butler  
(she/her)  
INTERROBANG

Nameless Friends is a modern glam rock band that started in 2016. Lydia Wilton is the main vocalist and she met their guitarist and other band members when they were at Western University. From there, the group made it on tour after they graduated in 2017. Shortly afterwards, the band dissolved as everyone went their separate ways with their post-grad options. They decided to take a year off and when 2018 came around they found their drummer. Since then, this version of the band has existed and are the musicians that have written and played all of their recordings.

The band is very unique compared to other artists due to their names.

“Because we’re nameless, we don’t have names! The three permanent members of Nameless Friends are Number One, who plays lead vocals and rhythm guitar. Number Three is our lead guitar, and Number Four is our drums. We are a small group of extremely talented musicians that rotate who perform as Number Two, bass; and we’ve had up to Number Five, backing vocals; Number Six, keyboards; and Number Seven, a second drummer that joins us in live concert performances,” Wilton stated.

Nameless Friends can be seen wearing black uniforms, criticizing the government and going through a lot of glitter during performances. The band has been described as modern glam, prog-punk and metal-adjacent. They have slowly changed what category they would fit into in the traditional genres of music.

“We’ve picked up a little steam



CREDIT: NAMELESS FRIENDS

Nameless Friends can be seen wearing black uniforms, criticizing the government and going through a lot of glitter during performances.

in the past few years! We’re grateful for solid support in London as our hometown. We’ve seen a bit of growing buzz around Ontario. We have an awesome fanbase in Serbia (our drummer immigrated from Serbia eight years or so ago). The Serbian media keeps up with our releases and published a glowing review of our first EP,” Wilton said

Fanshawe TV and Film Broadcasting student Gibson Szafran recently landed a job with Nameless Friends as part of their marketing team, videographer, and more.

“I wear many hats when it comes to what my job entails for them. Whatever they need, I am it,”

Szafran stated. He is a dedicated film student and made connections with Wilton on a set a couple years ago and has been with them for over six months now. Since then, they have become good friends.

Wilton explained how the band came together and chose their type or music.

“All three of us grew up as huge music fans, religiously listening to bands we liked, and I was captivated by the idea that I could write my own songs to tell stories that I didn’t hear being told on the records I was listening to. We all dabbled in bands of varying seriousness and success (our drummer’s old band Equinox

wins, they’re great) before we found each other in London, and it was a combination of chemistry and shared vision that brought us together as Nameless Friends. We have a grand time playing together, and we’re all interested in trying to tell the same kind of stories and make the same kind of connections with listeners that were so important to us growing up.”

Nameless Friends definitely have high hopes for the new year. They will be releasing their debut original album and some singles and music videos to go with them.

“We’re releasing our debut original album in the new year, and this

is our first record where we’re actually choosing (or at least trying) not to have expectations... We’re really proud of all the new tunes, we hope everyone is as moved by them as we are. This album is very personal: a lot of the lyrics grapple with how our personal identities have become politicized, even targeted, and we’ve pushed ourselves instrumentally to compose music that reflects the intensity of those experiences. Wilton explained.

But overall, Wilton had this goal for 2023:

“Become even closer friends than ever. Make new friends. World domination.”



CREDIT: ARNOLDO MILLA RAFFOUL

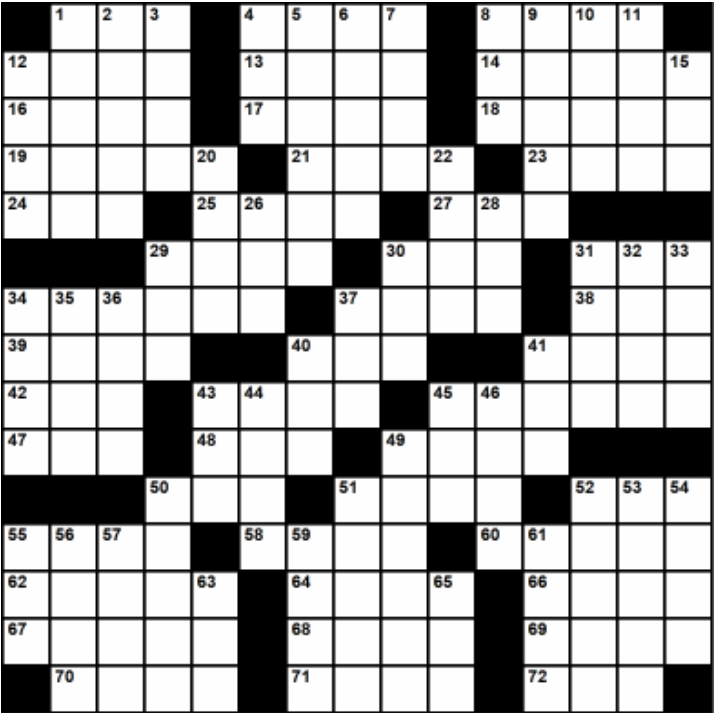
Students perform at an open mic night in the Out Back Shack, Jan. 29, 2023.



CROSSWORD

ACROSS

1. Oil-can letters
4. "I'm \_\_\_": "Dragnet" line
8. Wing-shaped
12. Type of bag
13. Amount subtracted from gross weight
14. It's atomic number is 54
16. Evaluate
17. "Drive thy business, \_\_\_ will drive thee" (Franklin)
18. Iced \_\_\_
19. Life-or-death matter (Abbr.)
21. Employer
23. Prefix with angle
24. Yang's counterpart
25. It's atomic number is 26
27. Start of MGM's motto
29. It's atomic number is 10
30. You, in Germany
31. Naval officer (Abbr.)
34. It's atomic number is 53
37. It's atomic number is 79
38. \_\_\_ Maria liqueur
39. Beech or birch
40. Also
41. Region
42. 100 percent
43. Opera singer Pinza
45. It's atomic number is 88
47. "The Crying Game" star
48. Car title info
49. "Do the Right Thing" pizzeria
50. Blackout
51. Jack's love in "Titanic"
52. "Just a minute," in texts
55. Prefix with phobia
58. Covered
60. Harpoon
62. Engine sounds
64. Arabic for "commander"
66. Hawthorne's scarlet letter
67. It's atomic number is 18
68. Be contiguous
69. At another time
70. \_\_\_ Ration (bygone dog food brand)



71. Capitol feature
72. Appetite
- DOWN
1. "Me, too!"
2. Memo directive
3. Extra-wide shoe size
4. From \_\_\_ Z
5. It's atomic number is 6
6. Hunter in the night sky
7. Household animals
8. Rock singer Rose
9. Some corporate jets
10. Pay to play
11. Cadet's course, for short
12. Deuce topper
15. Fishing gear
20. Nothing, in Paris
22. Go wherever the wind blows?
26. Caviar
28. Crimson
29. Never, in Bonn
30. Canals between Huron and Superior
31. Abruzzi town in a Longfellow poem
32. God, in Paris

33. Sir's counterpart
34. It was added to a news agency's name in 1992
35. Heraldic border
36. Poet Walter \_\_\_ Mare
37. Sticky stuff
40. It's atomic number is 50
41. Product pitches
43. "Die Meistersinger" heroine
44. It's atomic number is 30
45. \_\_\_ al-Khaimah (one of the United Arab Emirates)
46. Pub orders
49. It's atomic number is 11
50. It's atomic number is 5
51. Four-time Stallone role
52. Dress designer Geoffrey
53. It's atomic number is 86
54. Kellogg's All-\_\_\_
55. Neighbor of Scorpius
56. Bulletin board material
57. Anger
59. It's atomic number is 82
61. supplicate
63. NBC show since 1975
65. GPS suggestion (Abbr.)

WORD SEARCH

E	N	N	O	I	T	A	G	E	R	G	E	S	U
T	V	S	O	L	E	A	D	E	R	S	L	L	N
U	H	N	K	T	N	C	D	P	T	E	R	V	D
R	I	R	A	C	I	S	M	L	G	R	I	L	E
W	S	N	I	T	R	A	M	A	R	L	T	T	R
H	T	C	P	K	J	G	R	N	S	O	K	N	G
E	O	E	I	A	R	U	G	T	D	P	W	R	R
A	R	P	C	V	O	V	U	A	A	R	T	E	O
U	Y	K	E	C	I	O	G	T	O	O	S	S	U
U	I	P	K	C	A	L	B	I	R	T	E	P	N
E	C	V	O	T	I	N	G	O	L	E	N	E	D
C	R	I	G	H	T	S	L	N	I	S	E	C	S
T	S	L	A	V	E	R	Y	R	A	T	E	T	K
E	A	H	T	U	O	S	R	U	R	P	M	A	E

BLACK HISTORY MONTH

Jackie	Hope	Racism	Rights
Railroad	Slavery	Civil	Protest
Underground	Respect	South	Voting
Black	Martin	Plantation	History
World	Leaders	Segregation	Courage

SUDOKU

	1		9					
	4	5		2		9		3
9	7				5			
					8			6
8		4				2		1
7			4					
			6				5	7
4		7		3		1	8	
					9		4	

Puzzle rating: Very Hard

Fill in the grid so that every row, every column and every 3x3 grid contains the digits 1 through 9. That means no number is repeated in any column, row or box.

CRYPTOGRAM

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
	8						1					17													

“  
2 6 25 3 10 3 22 9 25 1 7 2 26 25 1 4 25  
7 5 18 4 24 3 15 24 4 2 8 3  
24 1 4 2 26 3 15 8 20 25 2 6 25 1 7 2 26  
24 4 2 8 3 24 1 4 2 26 3 15 20 2 25 7 13  
”  
7 25 7 5 18 4 24 3 15

PUZZLE SOLUTIONS

2	4	6	6	7	1	3	8	5	N	E	N	K
9	8	1	2	8	5	7	4	6	N	O	O	A
7	5	3	4	8	9	1	2	9	R	E	A	R
8	3	5	1	6	4	9	4	6	A	C	R	O
1	9	2	3	7	6	7	4	5	S	P	E	A
6	7	4	8	5	2	9	3	1	B	A	N	B
9	4	7	8	5	2	9	3	1	R	A	I	N
4	6	4	5	1	3	2	7	6	E	Z	I	A
3	6	7	2	8	5	4	9	1	A	R	E	A
5	2	7	6	4	9	1	3	8	O	I	N	E
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									I	R		
									B	O	R	
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									L	A	T	
									X	E	R	
									A	L		

“Not everything that is faced can be changed, but nothing can be changed until it is faced.” — James Baldwin

FREE

INTERROBANG

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Bi-Weekly

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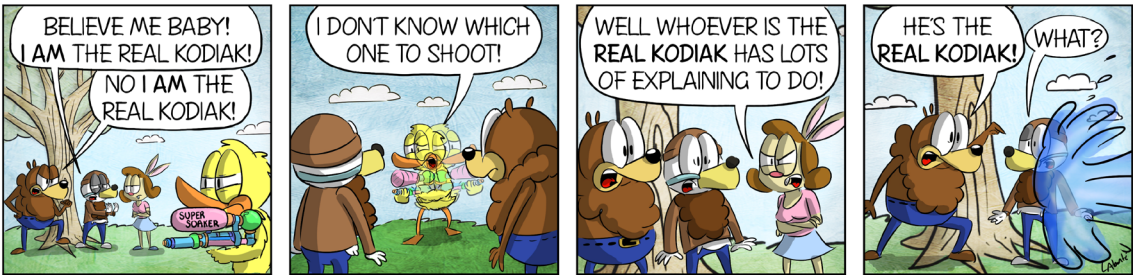
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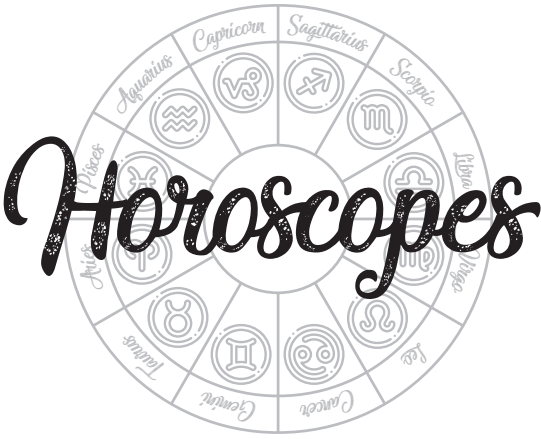
By Christopher Miszczak © 2023



Freshman Fifteen



By Alan Dungo



Aries

Take a hard look at the big picture this week and find a responsible way to make a difference. How you help others will reflect how they treat you in return. The tedious paperwork of school assignments will unfold better if you remain calm. You'll have the energy to push for what you want this coming weekend but preparation will play a role in success. Slow down, do things right the first time and look out for those who can't fend for themselves. What others do will affect you emotionally. Look out for your best interests and protect your reputation.

Taurus

This might be a good time to offer up your help, but don't let anyone take advantage of you. Set ground rules so you don't end up doing all the work yourself. A change in how others treat you will depend on how accepting you are. Don't let stubbornness or a lack of compassion cost you. Put more thought into stretching your money to fit your budget this week. You'll attract attention this weekend from a special someone. Speak from the heart, and you'll engage in a wonderful new journey.

Gemini

It's time to step up and prove yourself. Trust your gut feelings, and you'll make progress. Review your situation and consider adjustments that will help even out the playing field. Emotional disputes will unfold this week if you promise more than you can deliver or expect more from someone than they are willing to give. A heart-to-heart talk will help bridge the gap between what you want and what you receive. Share your vision and your feelings and find out where you stand. Protect yourself this weekend. Someone will try to make you look bad.

Cancer

Change begins with you. Don't wait for things to happen. Do some research and develop a relationship with someone who may want to share the costs. Your intuition won't let you down. Listen to your inner voice and take a path that offers something unique. An unexpected change will turn out better than anticipated. Don't be afraid to try something new. Take a step back and observe. Agree to take on what you know you can handle. You'll come up with a brilliant idea that will bring you closer to someone special. Romance is in the stars.

Leo

Put your money in a safe place. Avoid shared expenses and point-of-purchase sales this week. You don't have to spend money to impress others. Make kindness a priority. An emotional situation can hurt your reputation. Get along with your friends and you'll avoid a scene that makes you uncomfortable. Put a strategy in place and explore the possibilities. Honest communication will pay off. Keep your emotions in check this weekend. Someone manipulative will interfere with your plans. Know when to say no.

Virgo

Keep the positive momentum going and you'll make an impression on someone special. Do what makes you happy and stop worrying about what others do or think. You owe it to yourself to make the most of whatever comes your way. Address your tight budget before you commit to buying something out of the ordinary. Don't take on debt or pay for others. Keep your money separate and your finances a secret. You'll have a clear vision regarding friends and relatives. You'll be offered something interesting in return.

Libra

Prepare to spread your wings. An energetic approach to life will prompt you to travel in the coming weeks. A chance to get to know someone better will give insight into what's possible. Discuss what you want to do before the weekend hits. Don't exaggerate or you're likely to spark negativity or reluctance to participate. Getting the go-ahead will put your mind at ease. Pay attention to what's happening around. Nurture meaningful relationships. Tidy up at home this week. Don't be paying for someone else's mistake.

Scorpio

It's time to take your special relationship to the next level. Be a good listener and open up about your own fears. Change what isn't working for you, but leave what seems to be working alone. Make a point to connect with people who inspire you this week. Don't attend an event that puts you at risk. Put a budget in place before you book that winter getaway. It may be a good idea to fix up your space, entertain or take time to update your image. Presenting a fresh look will boost your confidence and energy.

Sagittarius

Surround yourself with people who bring out the best in you. Don't forget to share your feelings with someone you love. Someone will skirt the truth or mislead you on purpose. Be direct, say what's on your mind and don't ignore the facts. Use your space to grow and you'll build momentum emotionally, physically and financially. Refuse to let anyone slow you down or cause self-doubt. Trust and believe in yourself. Emotions will surface if you overspend or feel obligated to take on a responsibility that doesn't belong to you.

Capricorn

Clear your head and think twice before you take on too much this week. Make changes at home that will make your life easier and less stressful. You'll come up with an idea that will help you turn something you enjoy doing into an opportunity to bond with someone special. Don't just think about the possibilities; take charge and turn your dream into a reality. Whatever you decide to do, you'll attract attention and criticism and have to explain your actions. It's in your best interest to keep your thoughts to yourself. Embrace change and control the outcome.

Aquarius

Refuse to let someone's uncertainty deter you from moving forward with your plans. Put your energy to work for you, you'll be happy with the outcome. It's OK to be secretive while you work through the small essential details that will make your plans successful. Pick up the pace and don't stop until you have everything in place and are ready to present what you offer. Put your money where your mouth. It's time for a new-and-improved you. Raise the bar and hone your skills. Be a good listener and refuse to let anyone take you for granted.

Pisces

Don't rock the boat this week. You are better off working alone if it helps deter discord and interference. Get involved in a project you believe and the people you meet and the difference you make will raise your awareness and encourage you to do more for your community, friends and family. Take a breather. Step back from a project and you'll see that you have more options than you thought. Don't share your next move until you have everything in place. Leave no room for error. Try something new if it will encourage you to embrace new beginnings.



# FUEL 2023 semester kickoff



Alex Allan  
FUEL

Teams have started to get in order and games are underway for the 2023 semester for FUEL.

The FUEL *Rocket League* teams are starting to spring into action with some new changes in this season. They will only have two teams this semester coming from three teams in the Fall semester. The *Rocket League* manager, Shadow8P said that even though they have less players trying out this year, both teams are looking to be strong this season.

“This is the closest both teams have been for tryouts in skill level,” he said.

The teams recently had some pre-season matches in the National Esports Collegiate Conference (NECC) but the league matches started up Feb. 1 for the Eastern College Athletics Conference (ECAC). National Association of Collegiate Esports (NACE) FUEL started Jan 30., Fuel Academy will start Feb 6., and for NECC, both teams will be starting on Feb 10.

*Call of Duty* (CoD) is getting a lot of hype this year, with 14 people coming to tryout this semester. This has been the most players FUEL has seen to come out for tryouts. The big turnout also came with some new talent that is coming to the teams. Bonk, the captain of the FUEL team, was in charge of putting both teams in order from the tryouts.

“We feel that we can develop on the academy roster very quickly and make lots of noise in the league,” Bonk said. In College CoD League, qualifiers action, the FUEL team started off hot with a 3-0 win against Army West Point in a best of five match. Unfortunately, within their next game, they lost 3-0 against Farmingdale State College. In their latest match, they fought well but were not able to walk away with the win against York University and lost 3-1.

The *Rainbow 6 Siege* team is looking to be strong this semester. Purzaa, the Captain and manager for R6 said that the team is introducing a couple new players this semester; Jack Tremblay (MAYKIT) and Jaden Bigos (KENNISIS). With one championship under their belt, they are looking to keep that momentum going.

“We are not letting any team to try and take the championship away from us!” Purzaa said.

With other great successes, they were able to make an Academy team this year for R6. The roster includes: Jaden Bigos (KENNISIS) as their captain, Hayden Johnson (DALRD),



CREDIT: FUEL CONTENT TEAM

FUEL's *Valorant* team has brought on Gurinder Mahey (Sworns) who recently represented Canada at the Red Bull Campus Clutch in Brazil.

Rachel Billion (ANGLEGRIME), Ashton Caston-Box (MAI), Thor McKenzie (UGNAKNYAK) and Zachary Eugenio (SIMPLY). The R6 main team recently won their pre-season match against Lancer Gaming.

Tryouts were a great success this semester for *League of Legends*. Sutekh, the captain for FUEL mentioned that they almost had double the amount of players trying out this semester. There will be two teams this semester for *League of Legends* and with a new amount of players coming onto the roster, both teams are already getting started with scrimmages before their first league games. “The main roster is looking to improve on more advanced things such as forcing dives in side lanes and translating those leads into mid or late game objectives,” Sutekh said. The first game for the College *League of Legends* began Jan. 30. The Fuel Academy team will be played on Feb 1.

The FUEL *Valorant* team has already started off a few matches already with a 2-0 win from a best of three match against Western Kentucky in College *Valorant* (CVAL) action. The Fuel Academy team played strong and fought well but were not able to take the win and lost 1-0 against Florida Poly Purple in NECC Action. Boyc3 from the FUEL *Valorant* team said that most of the players from the Fuel Academy team played together from Fuel Rising.

“They all have good chemistry and I am excited to see what they do,” Boyc3 said. The FUEL *Valorant* team was unsuccessful in NECC, losing to the Nova Nighthawks 1-0.

**FUEL Valorant team welcomes strong newcomer**

The 2022 Fall semester for Fanshawe's Ultimate Esports League (FUEL) came with some great victories. The teams are hoping to carry this

out for the 2023 winter semester. The FUEL *Valorant* team has brought on a strong newcomer Gurinder Mahey or also known as his gamer tag Sworns. He represented Canada at the Red Bull Campus Clutch in Brazil.

“It's such a big achievement that I've accomplished, knowing that out of hundreds of teams competing for a spot I was one of them to make it,” Sworns said.

They faced over 50 other countries at the Campus Clutch in Brazil. He mentioned that their team didn't make it as far as they did but it was still an amazing experience.

Gurinder Mahey took a gap year after high school to focus on work and saving money. He recently moved to the London area and started to consider coming back to school.

“I was doing my research and I found Fanshawe is one of the best colleges and I applied,” he said. Sworns is currently enrolled in the Police Foundations program.

Sworns played on multiple teams in the tier 2 *Valorant* scene.

“I can tell when players want to win and the team this semester is giving me those vibes,” he said. The roster for the FUEL *Valorant* team this semester has Adam Boyce (Boyc3), Gurinder Mahey (Sworns), Fernando Shamoan (Alqo), Alec Marcovici (Mvicii), and Ethan Jutila (Akimbo). The team played their first game in CVAL and just won 2-0 in a best of three series match against Western Kentucky.

“Honestly, I have a strong feeling we will go far in CVAL,” Sworns said.

Boyce (Boyc3) mentioned that he is feeling very confident with the new addition to the FUEL *Valorant* starting roster. Boyce also brought up the fact that Toasty will be a backup player to the FUEL *Valorant* team. Boyce didn't play on the FUEL *Valorant* team last semester but took on the coaching role for all of the Fanshawe's teams.

“I think that my time I've spent as a coach will help me get this team performing to the best of their ability,” he said.

There will be three teams competing in *Valorant* for Fanshawe this 2023 semester. Boyce said that the FUEL academy team has a lot of potential for growth with the main core team from the rising roster that won the Emergents division last semester.

“They all have good chemistry and I am excited to see how they will do,” he said.

As of right now, the FUEL rising roster is still in the process of setting their starting five. More updates are soon to come on other teams for Fanshawe FUEL.

BI-WEEKLY STANDINGS



**Women's Volleyball**

OCAA West Division Standings

Team	GP	W	L	PTS
HUMBER	14	14	0	28
CONESTOGA	14	11	3	22
ST. CLAIR	14	11	3	22
NIAGARA	14	9	5	18
MOHAWK	15	8	7	16
REDEEMER	15	7	8	14
CAMBRIAN	14	5	9	10
FANSHAWE	14	4	10	8
SHERIDAN	14	2	12	4
BOREAL	14	0	14	0

**Men's Volleyball**

OCAA West Division Standings

Team	GP	W	L	PTS
FANSHAWE	14	12	2	24
CAMBRIAN	14	11	3	22
HUMBER	14	9	5	18
NIAGARA	14	8	6	16
REDEEMER	15	8	7	16
MOHAWK	15	8	7	16
SHERIDAN	14	6	8	12
ST. CLAIR	14	6	8	12
CONESTOGA	14	3	11	6
BOREAL	14	0	14	0

**Women's Basketball**

OCAA West Division Standings

Team	GP	W	L	PTS
HUMBER	12	12	0	24
LAMBTON	11	9	2	18
FANSHAWE	12	7	5	14
ST. CLAIR	11	6	5	12
NIAGARA	11	6	5	12
CONESTOGA	12	6	6	12
REDEEMER	11	4	7	8
MOHAWK	12	2	10	4
SHERIDAN	12	0	12	0

**Men's Basketball**

OCAA West Division Standings

Team	GP	W	L	PTS
MOHAWK	13	11	2	22
ST. CLAIR	13	10	3	20
SHERIDAN	14	9	5	18
CONESTOGA	13	8	5	16
HUMBER	13	8	5	16
NIAGARA	13	7	6	14
LAMBTON	13	7	6	14
FANSHAWE	13	3	10	6
REDEEMER	13	3	10	6
CANADORE	14	0	14	0

Printed standings are reflective of February 1, 2023.

Visit [www.ocaa.com](http://www.ocaa.com) to keep up-to-date on all OCAA stats.



Have any questions  
or comments about  
Fanshawe's Mission, Vision,  
Values or board policies?

Tel: 519.452.4458  
[BOG.student@Fanshawec.ca](mailto:BOG.student@Fanshawec.ca)

**Samrat Raj**

Student Representative to  
The Board of Governors



# Fanshawe Falcons to host upcoming baseball showcase



**Justin Koehler (he/him)**  
INTERROBANG

The Fanshawe Falcons will be playing host in the upcoming weeks for a varsity baseball showcase.

The showcase will be held locally at Centrefield Sports, located at 25 Midpark Cres. here in London from 12 p.m. to 3 p.m. on March 5. It will cost \$60 to attend. The showcase is to give up-and-coming athletes the chance to show their potential to various coaches and their staff.

The Fanshawe Falcons, headed up by their head coach Brian Harvey, are coming off of a successful season of their own, where the men captured the bronze medal at the OCAA championships. With various players graduating and leaving the team, it's always important for the coaching staff to get a first look at potential prospects.

"I've attended quite a few in the past nine or 10 years," Harvey said. "It's a great opportunity for kids to show their skills and traits in terms of baseball, what types of things they can offer as a skillset to coaches."

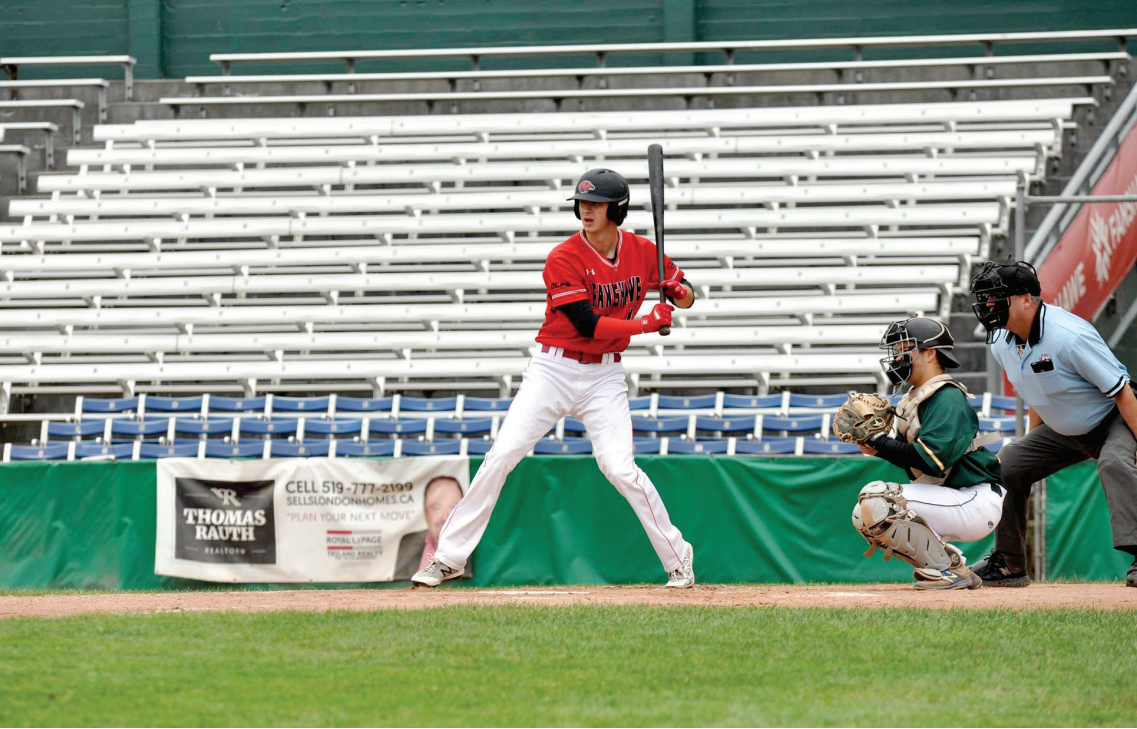
Harvey said he'll be looking specifically at how players conduct themselves off the field.

"Seeing how they carry themselves in terms of their attitude, the way they carry themselves as an athlete," Harvey said. "I wouldn't say ego or confidence, I'd say it's like in anything in sports; if things don't go well or if a player throws a bullpen and doesn't like necessarily how they did. How they respond to that, what kind of resiliency they have, what kind of self-awareness they possess."

The showcase holds some significance to the college and the coaching staff alike, with this being the first time Fanshawe has had the privilege of hosting the event. This gives the coaching staff a better opportunity to structure the event as well as the chance to offer tips and feedback to the aspiring athletes.

"Normally, when we go to a showcase, we're just an observer in watching the athletes. Here we're running the events that are going to be happening. The bullpens, the infield work, outfield work, catchers work, hitting, ground balls. So, we're actually doing the running of it."

Ultimately, Harvey said the event will be a great opportunity to get to



CREDIT: FANSHAWE ATHLETICS

The Fanshawe Falcons baseball team looks to the future, hosting an upcoming showcase for aspiring athletes.

know the next generation of baseball players.

"We just want to try and see what other talent is out there, especially local talent. Let people know and be aware that Fanshawe is a great place

to come play baseball and let them know a little bit more about what our program is all about."

Athletes will need to be sure to bring their own equipment and shoes for the event. Coach

Harvey and the rest of the coaching staff will be available for a Q&A following the workout. For further information, be sure to reach out to Coach Harvey at [bharvey@fanshawec.ca](mailto:bharvey@fanshawec.ca).

## RECREATION CORNER

Fanshawe College Athletics and Recreation

### Decade of cricket helps students find a fit on campus

In 1867, Canada's first prime minister, Sir John A. MacDonald, declared cricket to be the nation's official sport. Although it may have lost a lot of public recognition in Canada since those days, the sport has taken root throughout the world, particularly in the United Kingdom and commonwealth countries.

Cricket was invented more than 300 years ago by shepherds in England's countryside. It is a team sport played with a bat and ball, in which two sides with eleven players each compete on an oval grass field. One team 'bowls' while the other 'bats' and each side works to prevent the other from scoring 'runs' by hitting the ball against solid target structures called 'wickets.'

At Fanshawe, the game has become a staple among Campus Recreation offerings since it was introduced in 2013.

"Prior to 2013, cricket had never been a popular sport at Fanshawe and not many knew what this game is all about," explained alumnus Jignesh Rawal (project management, '14; logistics and supply chain management, '15), who has played cricket since childhood and appreciates how the sport can help

connect people. "Coming from India, cricket is such a part of our culture in most parts of the country. It is almost an emotion of its own for us and feels organically inherited into us."

Due to its popularity around the world – including countries like India, Bangladesh and Pakistan, as well as Australia, New Zealand and many southern African countries – cricket tends to attract a lot of international students and new Canadians. These newcomers may face challenges related to culture shock, such as social isolation, financial hardship and anxiety. Rawal and others, like athletics officer Jackie Corby, saw an opportunity to help ease that homesickness and provide students a way to cope with their struggles in an unfamiliar environment. Together, they set up the College's first extramural cricket team for students.

"I was very fortunate during my time that I got an opportunity from Jackie to lead the first-ever Men's Cricket team as head coach," Rawal said. "That's one of my proudest achievements to date, to be a part of that first story, that root of cricket within Fanshawe where international students could come and directly feel that this school is



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Like any team sport, cricket reinforces concepts like co-operation, respect, self-discipline and camaraderie, which are all crucial for successful teamwork. It also provides opportunities to hone leadership skills. However, its main value at Fanshawe is the exposure it provides to new experiences for students seeking a low-pressure way to meet others and feel more at home outside the classroom.

"Fanshawe's Campus Recreation is one of the best programs in the school, which I could recommend to any student who wants to enjoy their time apart from studies," Rawal noted. "It is a really great way for students to get involved in so many activities, enhance their skills and build self confidence while learning for their future endeavors."

Jomon Augustian, a graduate of the developmental services worker program (2019) who played cricket at Fanshawe from 2017 to 2019, agrees with that sentiment.

"The Fanshawe college cricket program has contributed a lot to my personal life. It helped me to make a great connection with lots of wonderful people," he said. "I met my best friends in my life through playing cricket at Fanshawe. I am so happy that I am in connection with all of them, and still we play together or against each other even now."

Augustian progressed from team member to captain, and then to assistant coach after completing his program, the year Fanshawe won its first extramural cricket tournament victory.

"Being the captain of the cricket team and then serving as an assistant coach for the team after my

graduation are my proudest memories from my time with Fanshawe Campus Recreation," he said.

"I think I spent more time at the gym playing cricket than spending time in class," he joked. "It helped me to improve my skills, and a few clubs noticed my talent so I got many opportunities outside of college."

Augustian is currently the captain of the London Sports Club's cricket programming, and encouraged others to get involved and see where it may lead them.

"Don't miss the opportunities provided for you there," he said. "College life is not just about studies. Go out and explore all you've got at Fanshawe, especially the recreation programming. It will teach you a lot of values, plus you could enjoy some of the best moments or meet the best people of your life!"



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