

# INTERROBANG



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**Mission Statement:** The Interrobang is a student-funded, student-run newspaper at Fanshawe College published by the Fanshawe College Student Union. It serves the student readership by reporting news involving the Fanshawe campus community, surrounding areas and student activities across Canada. The Interrobang strives to be impartial in its reporting and believes in the public's right to know.

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## FROM THE EDITOR

**MELISSA NOVACASKA**

Welcome back Fanshawe students, staff, faculty and community members to another week and issue of the Interrobang.

To start off, my reporters spent a good amount of time working hard to have fresh and relatable content for you to read through and stay up to date with Fanshawe and London news. This issue happens to be our Diversity issue, which features a number of articles and features on all things cultural and unique.

From ethnic restaurants in London to understanding the different terms under the LGBTQ+ acronym and looking at the *Herstory* of drag, this issue is packed with diverse inspiration.

Moving along to our news section, this issue has some key stories to share with the Fanshawe community.

One big story includes the news of the student bus pass continuing to be an "essential" item for students to have, based on the changes the Ford Government is trying to make with fees, the Ontario Student Assistance Program (OSAP) and more.

When more updates are available about Ford's student plans in general, Interrobang will keep the Fanshawe community updated as much as possible, both online and in the following issues.

Another interesting story includes the London Health Sciences Centre offering a course to citizens on how to help stop major bleeding. This is an important piece and not one you want to miss.

One more piece includes looking a head at the Fanshawe Student Union's (FSU) drag show which is happening on campus on Feb. 14.

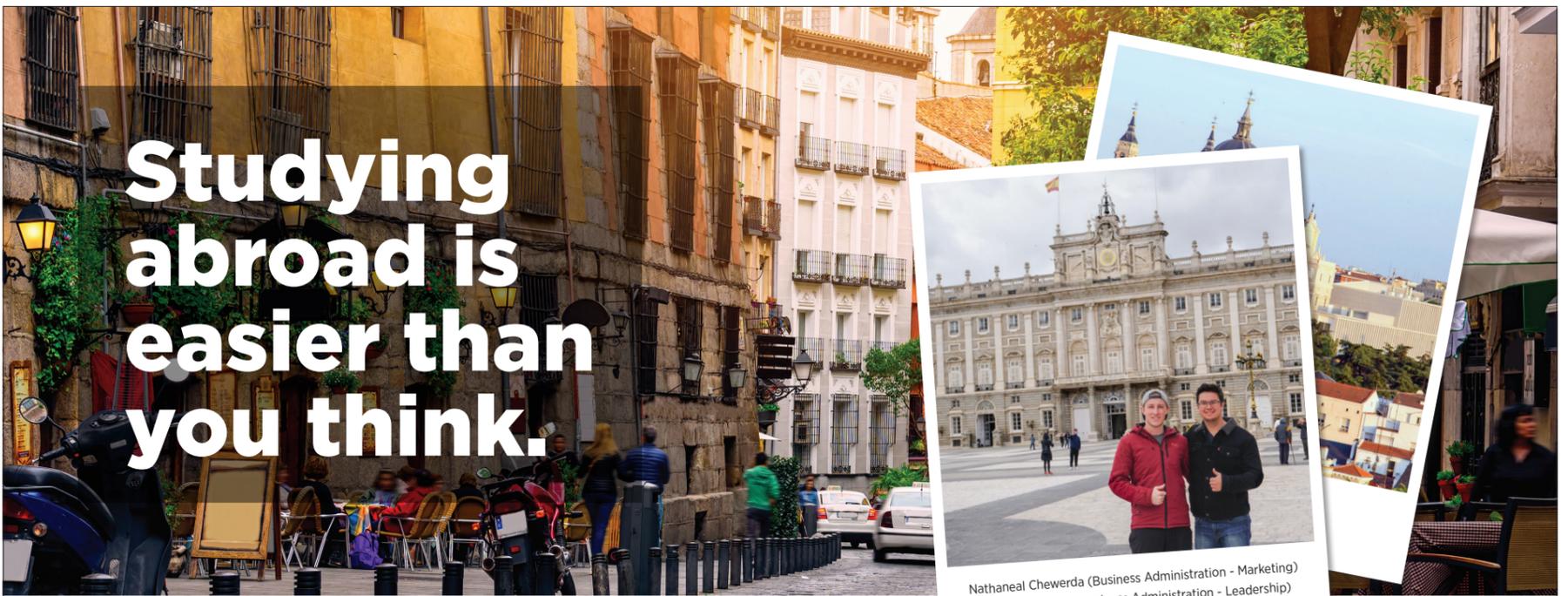
Our opinion section has a few thought provoking pieces, including one on the idea of learning a new language, and another on joining a church choir. Our lifestyles section includes a horror film review, a fitness article, a Fanshawe Music Industry Arts (MIA) alumnus being nominated for a Juno Award and a number of diversity and cultural related articles. There's also a one-on-one interview with Canadian country-rock singer/songwriter Aaron Pritchett, who makes a stop at the London Music Hall on Feb. 13, on his Out on the Town Tour.

Last, but not least, our sports section includes some neat pieces including a car review and a look at Fanshawe's sports stats.

That's it for this issue, but be sure to check back again next week, when our next issue hits newsstands on Feb. 22.

Happy reading!

*Melissa Novacaska*



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# Get swabbed, save lives at stem cell drive

ANGELA MCINNES  
INTERROBANG

Fanshawe's corporate communications and public relations (CCPR) students are asking the College to participate at an upcoming stem cell drive, held in honour of 21-year-old Western University student, Jocelyn McGlynn.

McGlynn was diagnosed with Acute Myeloid Leukemia on Nov. 30, shortly after she wrote her Medical College Admission Test (MCAT) in the hopes of entering medical school. The blood disease can be treated with stem cell transplantation, but neither of her brothers are eligible donors. McGlynn and her family are now searching for a match.

"She could likely be one of our Fanshawe students," Fanshawe's CCPR program co-ordinator, Jackie Westelaken, said. "The story really resonated with me, and I thought that we should do something to recognize the struggle she's going through."

Westelaken's CCPR students are creating an awareness campaign

for McGlynn's desperate need of a donor, along with over a thousand other Canadians. Finding a donor is difficult, as it requires six matching markers from a cheek swab, and four more from a blood test, leading to a 10 out of 10 match.

Donors match with others from the same ethnic background. Registrants must be between 17 to 35 years old, in good general health, and have valid provincial health-care coverage.

"It's likely we won't find someone who will be a direct match at Fanshawe, but there are 1400 people across Canada who are looking for a stem cell match right now, and it's possible that one of those could find their match here," Westelaken said.

Participants will fill out required information, then have their cheeks swabbed. Their cells will be added to an international registry and cross-referenced with those in need of transplants. International students cannot participate as their private insurance will not pay for the donation, but they are able to sign up in their home country's registry.

According to Chris van Doorn of Canadian Blood Services, participants who do match with a patient are probably the only one in the world to do so.

"It's great when we get a group from [Fanshawe] to help us out," van Doorn said. "Without that support we wouldn't be able to run drives. The public relations students can be great because we need to educate people when we come by, and I'm sure they won't be shy at talking."

Van Doorn said he has set a target of adding at least 50 people to the registry.

"It's a good opportunity for students to get involved and to maybe save somebody's life one day," he said.

The CCPR students are also working to dispel any myths about stem cell donation. Westelaken said the process is relatively painless, there is no volume blood loss, and that even donating blood can help people who are going through cancer treatment.

"We're about students and we're about community," she said. "[McGlynn] is somebody who's in the



CREDIT: PROVIDED BY CHRIS VAN DOORN

Twenty-one-year-old Jocelyn McGlynn desperately needs a matching stem cell donor to help treat leukemia.

fight for her life, and somebody, maybe somebody here has that ability to help her."

The stem cell drive takes place

on Feb. 25 in F hallway, between 10 a.m. and 2 p.m. To learn more about stem cell donation, go to [blood.ca](http://blood.ca).

## Bus passes "essential" under Student Choice Initiative

ANGELA MCINNES  
INTERROBANG

Public transit passes appear to be safe from the Ontario government's Student Choice Initiative.

Merrilee Fullerton, minister of training, colleges and universities, announced in two separate Feb. 1 tweets that fees for existing transit passes are to remain mandatory for the province's post-secondary students.

"After hearing from stakeholders, it is clear that transit passes need to be considered mandatory under our Student Choice Initiative. Ontario students need to have access to campus, work, and home," Fullerton said at first, with a following tweet giving further confirmation.

"I believe all students should have ready access to college and university campuses. Existing mandatory transit passes will remain so under our Student Choice Initiative. Safety of Ontario students is paramount," she said in the tweet.

The Ford government's Student Choice Initiative gives college and university students the chance to opt-out of non-essential ancillary fees.

Kelly Paleczny, general manager of the London Transit Commission (LTC), said she was pleased that transit passes are now deemed essential.

"On behalf of London, and on behalf of the entire transit industry in Ontario, it's something that we've been working with government to try and get them to change their mind on," Paleczny said. "We

believe that the existence of tuition pass programs are win-win."

According to the FSU's website, full-time students pay a bus pass fee of \$121.04 per semester. A daily bus pass would otherwise cost a total of \$324 per semester.

Paleczny explained that the discounted rate is possible through cross-subsidization. If bus passes did become optional under the Student Choice Initiative, the LTC would either raise the cost of the fee, or sell passes to students on a monthly basis.

The Student Choice Initiative is part of a new Ontario Student Assistance Program (OSAP) framework announced in January, which also includes the elimination of free tuition for students from low-income families, and of a six-month repayment grace period.

Student groups reacted to the framework with opposition. Over 75 student unions nation-wide, including the Fanshawe Student Union (FSU), signed and sent a letter to Ford's government on Jan. 29. The letter urged for more consultation with Ontario student associations before going forward with the changes.

FSU president, Jahmoyia Smith, said that Fullerton's statements on transit passes have given her hope for how the Student Choice Initiative will eventually roll out, although she is still awaiting detailed guidelines from the government.

"I'm just holding my breath and being very optimistic about the process," Smith said. "The fact that we put out a letter that was sent by 75-plus student unions really helped push the agenda for the bus pass. If we need to write 20 more letters to



CREDIT: ANGELA MCINNES

Bus passes are officially safe from the Ontario government's new Student Choice Initiative, while the future of other "non-essential" services remains to be seen.

get our services deemed as essential, we will do that."

According to a Jan. 17 press release from the Ministry of Training, Colleges and Universities, essential campus initiatives include walksafes

programs, health and counselling, athletics and recreation and academic support.

Thousands of students have protested the new OSAP framework across Ontario, including a protest

organized by Fanshawe students in Victoria Park on Jan. 25. Attendees criticized the plan, saying it jeopardizes services such as food banks, LGBTQ+ centres and campus media.

# London Police use naloxone almost a hundred times in seven months

ANGELA MCINNES  
INTERROBANG

The London Police Service (LPS) saved the lives of 57 individuals with naloxone in 2018, according to a recent media release.

Between June and Dec. 31, a total of 59 people experiencing opioid overdoses were assisted by the LPS. Two did not survive.

"Fentanyl and other opioids continue to be a significant issue in London," Deputy Chief Steve Williams said in a Jan. 28 statement. "We are going to these types of calls too often but, fortunately, we have been able to help a significant number of people."

Naloxone temporarily reverses the effects of an opioid overdose.

The LPS issued naloxone to sworn members, including cadets and special constables, on June 4. The Middlesex-London Health Unit (MLHU) provided them with online training for administering the life-saving medication.

"Due to concerns about an in-

crease in the fentanyl-related overdoses that London Police officers are responding to, members began carrying naloxone kits to ensure they are able to provide immediate assistance if exposed to fentanyl or to provide immediate assistance to someone who has overdosed," Williams said.

The LPS administered the medication a total of 96 times over the span of seven months. In some cases, multiple doses were administered to the same individual.

Data provided by the LPS indicated that the highest number of overdoses occurred in August, when 19 individuals were given a total of 30 naloxone doses. One individual passed away that month, and another in December.

According to the MLHU website, an overdose occurs accidentally when someone takes more of an opioid dose than their body can handle.

Naloxone temporarily blocks opioids from binding to the receptors in the brain and body, allowing for continued breathing

and preventing brain damage and death. A second dose is necessary within three to five minutes if the overdose is not reversed in that timeframe.

The website said it is important to perform basic life support and call 911 after naloxone is administered, as its effects wear off in about 30 to 90 minutes and overdose symptoms may return.

A December report published by the Canadian Institute for Health Information (CIHI) found that in 2017, London ranked sixth in the country for the highest rate of hospitalization for opioid use.

With St. Catharines-Niagara ranked as fourth, and Brantford as second, the report suggested that Southwestern Ontario is particularly troubled by opioid use.

The report also found that opioid poisoning hospitalization rates increased by 27 per cent across Canada over the previous five years.

The LPS is urging anyone who is at risk of an overdose, and their friends or family, to ensure they are



CREDIT: JEFF ANDERSON AT FLICKR.COM

Carrying and administering naloxone can save lives from opioid overdoses.

prepared to deal with a potential overdose by obtaining a free naloxone kit available through pharmacies and community groups.

To receive training on administering naloxone, call the Regional HIV/AIDS Connection at 519-434-1601 and ask to speak with someone about the naloxone pro-

gram.

To find a pharmacy that provides a naloxone kit, go to [Ontario.ca/page/where-get-free-naloxone-kit](http://Ontario.ca/page/where-get-free-naloxone-kit) and enter your city in the search bar.

For more information, go to the MLHU site at [healthunit.com/naloxone](http://healthunit.com/naloxone).

# Tentative deal made for part-time college support staff

ANGELA MCINNES  
INTERROBANG

The College Employer Council (CEC) and the Ontario Public Service Employees Union (OPSEU) have reached a first-ever tentative deal for part-time support staff employees in Ontario's 24 colleges.

The agreement came after nine months of collective bargaining, and over a year after the Ontario Labour Relations Board confirmed OPSEU's right to represent 20,000 part-time workers.

"This is an historic first contract," Janice Hagan, chair of OPSEU's full-time college support division, said in an email. "The part-time college support bargaining team is very excited to get job security, job competition language, a decent raise, and not having to apply for your job each semester. We have a way to go before part-time employees have parity in wages and benefits with their full-time colleagues, but this is a giant step forward."

Specific details of the agreement will be released after OPSEU members have had a chance to ratify it. A Jan. 30 press release from OPSEU said that the bargaining team is recommending acceptance of the deal.

OPSEU first vice-president treasurer Eduardo (Eddy) Almeida said in a statement that the deal marked a significant victory for part-time support staff.

"I predict this deal will have a ripple effect that will eventually benefit all precarious workers in Ontario. It raises the bar for how those in precarious work are treated. The pressure will now be on all



CREDIT: JORDAN CROW

The Ontario Public Service Employees Union (OPSEU) have been advocating for part-time staff since the five-week province-wide college strike in 2017.

employers to step up and to treat workers fairly," Almeida said.

OPSEU president Warren (Smokey) Thomas said the deal is a sign of changing times.

"While I commend the employer on arriving at a negotiated settlement, I say in the strongest terms that it's time to drop your legal challenges to the part-time academic organizing drive currently before the labour board," Thomas said. "It's 2019. All college front line workers should have a collective voice in the workplace. Stop spending precious tax and tuition dollars fighting the inevitable."

An Ontario college faculty strike in fall 2017 pointed towards increasing frustrations of part-time support staff. Contract faculty said they were paid less than full-time staff and had no health or pension benefits. They were unable to rely on their jobs for security, as they had to reapply every semester.

The striking teachers asked for longer contracts for contract workers, an equal ratio of part-time to full-time workers, and more job stability.

The five-week strike ended after the then Liberal provincial government passed a back-to-work legislation.

In a statement released on Jan. 30, Pascal Bessette, chair of the CEC's college bargaining team, said that the two-year agreement will benefit everyone involved.

"This first collective agreement for part-time support staff in the 24 Ontario colleges is an important step in employee relations for our post-secondary education sector. We have an agreement that meets the needs of Ontario's colleges, employees, students and the communities they serve," Bessette said. The part-time college support bargaining team will tour Ontario campuses to share information about the tentative agreement and ratification vote.

They will be visiting Fanshawe College on Feb. 19 from 12 p.m. to 1 p.m. in D1060.

The ratification vote will be held on Feb. 21. OPSEU local 109 will be assisting, and sending out information as soon as they have planned their routes.



CREDIT: JACOB BEER

Bands made up of mostly Fanshawe students duked it out during the Fanshawe Student Union's (FSU) Battle of the Bands competition.



CREDIT: AMY SCOTT

London Health Sciences Centre's (LHSC) trauma program co-ordinator, Alison Armstrong, demonstrates on a mannequin how to use a tourniquet.

# London Health Sciences Centre teaching civilians how to "Stop the Bleed"

AMY SCOTT  
INTERROBANG

London Health Sciences Centre is now offering "Stop the Bleed", a comprehensive program teaching civilians the basic "Bleeding Control" principles to aid those who are involved in mass casualty situations or other trauma resulting in high levels of bleeding.

The program, which was created by the American College of Surgeons Committee on Trauma, hopes to increase survival rates between the time an incident occurs to when medical help arrives by teaching participants how to stop the bleeding. The program teaches two techniques to help stop the bleeding: the use of a tourniquet and wound-packing.

The "Stop the Bleed" course has been taught in the United States since 2015, but is now being introduced as a monthly program at LHSC.

Alison Armstrong, the trauma program co-ordinator at LHSC, said she is excited to introduce the program to the community.

The program was created in response to the Sandy Hook Massacre which occurred in 2012, as well as multiple other tragedies which involved mass casualties. After the massacre, in collaboration with

leaders from law enforcement, the federal government, and the medical community, the Joint Committee to Create a National Policy to Enhance Survivability from Intentional Mass Casualty and Active Shooter Events was created to improve the survivor rate in the midst of a mass casualty.

After meeting twice in 2013, the deliberations that the committee came to are now known as the Hartford Consensus, a collection of documents that detail strategies to enhance survivability in active shooter and intentional mass casualty events.

While this program was introduced to the United States as a response to the number of intentional mass casualties and active shooter situations in the country, Armstrong said she believes that it is important to have resources like this in Canada too.

"This program is not only for active shooter situations, but can be useful in farmer emergencies, workplace emergencies, and motor vehicle crashes. It's still applicable," Armstrong said.

Armstrong said that the most preventable death in trauma is blood loss, but that often bystanders do not have the required knowledge to help a victim.

"If there is someone at the scene of the crash who has the knowledge

to stop the bleeding, then we could increase the survivability," Armstrong said.

The average "Stop the Bleed" program is an hour and a half long and includes traditional lecture-style teaching, and practice breakout sessions where participants can practice bleeding control techniques with simulated limbs and mannequins. The program is free and offered at LHSC or can be booked for on-site visits.

The program is taught by trauma nurses, emergency nurses, critical care nurses, trauma surgeons, and injury prevention specialists.

Armstrong said she hopes participants come out of the program with the knowledge required to stop a bleed, but also with a feeling of empowerment.

"I hope [participants] feel empowered to react to an emergency if they were to see one and help out," Armstrong said. "I think in general we all want to help when there's an emergency, so hopefully this gives some people the knowledge to."

"If we are able to save one person, the course will be worth it."

The next Stop the Bleeding training session will take place on March 7 at 6 p.m. at LHSC. Those who wish to find out more or enrol in a session can call 519-667-6795 or email [trauma@lhsc.on.ca](mailto:trauma@lhsc.on.ca).

# Fanshawe's Sharing Shop kicks off Share-O-Gram

JULIAN BOUDREAU  
INTERROBANG

Amy Romao, the Fanshawe Student Union's (FSU) administrative support services and the co-ordinator of the Sharing Shop, has begun the Sharing Shop's 5th annual Share-O-Gram.

The campaign takes place each year during the winter semester.

According to Romao, this year the Share-O-Gram will be from Feb. 1 to 15 at Oasis and Kettles and Curry Bowls located on the first floor of the Student Centre.

Students and staff can donate \$1 at either location and receive a card, which they can put their name on to post on the wall and show-off their contribution. Two Hershey's Kisses will also be available with the \$1 purchase of a gram.

The Sharing Shop is Fanshawe's student run campus food bank. Hours of operation are 10 a.m. to 4 p.m. and is located in SUB1015.

According to Romao, The Sharing Shop relies heavily on the generosity of donations and student volunteers.

Each month showcases a featured, but not limited to, requested item – The Sharing shop is asking for donations of pastas and rice for the month of February.

All requests can be viewed in the portal request for the Sharing Shop on [fsu.ca](http://fsu.ca).

The Share-O-Gram is a campaign functioning as an extension of the Sharing Shop, where they are able to provide additional support to students in financial need.

In addition to the small financial donation, students and staff can donate a variety of items including non-perishables and toiletries.

"They can even donate perishable items, because we have two fridges in there [Sharing Shop]," Romao said.

According to Romao, top items in high demand include pastas and sauces, proteins such as tuna, nuts or nut butters, cereals, oatmeal, toiletries, cleaning supplies, cooking oils, Saran plastic wrap, Zip-lock bags, tin foil, wax paper, and frozen foods – among others.

Waad Abbas, a Fanshawe general business student said she believes the Sharing Shop is working toward a good cause.

"I would contribute – I didn't know about it until now, but it is beneficial to students who need the help," Abbas said.

Jad Chablis, a general arts and science student also had positive insight to share.

"The donations will benefit students because if they don't have to spend much or spend anything on food, they can use that money they saved to pay bills or take care of other important needs in their everyday lives," Chablis said.

The Sharing Shop drop-offs are located at The Sharing Shop (SUB1015), Student Centre (SC2001), Campus Store (F1002), Counselling and Accessibility Services (F2010) and the Library and Media Services (L1003).

Students looking for volunteer opportunities can sign up on the volunteer portal under The Sharing Shop's page on [fsu.ca](http://fsu.ca).

For more information on The Sharing Shop or The Sharing Shop's Share-O-Gram, please visit [fsu.ca/the-sharing-shop](http://fsu.ca/the-sharing-shop) or contact Amy Romao at the FSU office, SC1000. Tel 519.452.4109 ext. 6302 or [aromao@fanshawec.ca](mailto:aromao@fanshawec.ca).

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# FSU holds annual Valentine's Day drag show

EMMA FAIRGRIEVE  
INTERROBANG

Got plans this Valentine's Day? If not, Fanshawe has a night planned for dancing performances, comedy and all around night of fun.

The Fanshawe Student Union (FSU) will be hosting ProjectBE's "What a Drag" event on Valentine's Day (Feb. 14) for the fifth year in a row. The show will feature many local drag queens.

ProjectBE Event Productions is an organization that promotes creativity and individuality within the LGBTQ+ community across southwestern Ontario.

The show will include performances by queen Miss Drew and the Instagram queen Kyne (@On-

lineKyne). The show will include other local talents.

Kevin Masterson, the FSU's events and activities manager, said that they FSU wanted to plan a night for everyone to have a good time.

"We figured Valentine's Day we could do a pub where people try to meet people, or we could just say we're just going to have fun instead. And that's what we did," Masterson said.

According to Masterson, this annual event has been a great success.

"We've found it very popular with the students. They bring dates or they just go and hangout, you know just watch the show and have a fun time," Masterson said.

Masterson added that the FSU plans events like this to help with

LGBTQ+ representation on campus.

"I know that our programing model here at the student union is we like to do a little bit of everything for everybody. So, we try to program things for basically all our students," Masterson said. "We try to get everybody represented. This is just another segment of the Fanshawe community."

The show will be held in The Out Back shack on Valentine's Day. The event is an all age event with Fanshawe ID, otherwise 19+ if you don't have your student ID.

Tickets are currently on sale and can be bought for \$5 at The Biz booth and The Hub (downtown campus). Tickets will be \$10 at the door. Doors will open at 8:00 PM.

For more information, visit fsu.ca/events



CREDIT: PROJECTBE EVENT PRODUCTIONS

Get ready Fanshawe students for an entertaining and flashy fun night with the Fanshawe Student Union (FSU) and ProjectBE's "What A Drag" night on Feb. 14.



CREDIT: LAM LE

Feel the love this Valentine's Day by treating yourself at the Fanshawe Student Union's (FSU) "All You Need Is Love" event.

## Feel the love at Fanshawe this Valentine's Day

SAMANTHA KACZALA  
INTERROBANG

Fanshawe Student Union (FSU) will be hosting a special event this year's Valentine's Day. The second year running, the "All You Need Is Love" event welcomes any student, single or taken, to join for the "day of love" festivities.

The idea started last year's by the then FSU student life co-ordinator, Kate Morris, while this year it's being run by the FSU's advocacy and communications co-ordinator, Christine Belanger, who said the event is held to bring joy to students on Valentine's Day.

"We [FSU] hold this event to give students an opportunity to de-stress, have a snack and enjoy Val-

entine's Day with their friends," Belanger said.

The event will consist of a bunch of goodies for students to enjoy including, a hot chocolate bar, cookie decorating, a photo booth area and more.

Flowers will also be available to purchase, to treat yourself or another in your life, with all proceeds going to this year's FSU charity of choice, Mothers Against Drunk Driving (MADD) London chapter.

So come out to Fanshawe's Forwell Hall and treat yourself and your significant other or friends to a delightful treat this Feb. 14 at 10 a.m. to 2 p.m.

It's time for anyone to feel all sweet and warm on the "day of love".

## Happy Chinese New Year: The Year of the Pig



CREDIT: LY86

Chinese peoples around the world are celebrating the New Year this February, marking the Year of the Pig.

EMMA FAIRGRIEVE  
INTERROBANG

Chinese New Year is celebrated across China and around the world. The Chinese calendar (Lunar calendar) follows the Chinese zodiac and each year represents one of the 12 zodiac symbols: Rat, Ox, Tiger, Rabbit, Dragon, Snake, Horse, Goat, Monkey, Rooster, Dog and the Pig.

This year (2019) is the Year of the Pig, the idea being that those born in the Year of the Pig will have a year of good fortune.

Many Chinese and other Asian communities will have gathered around the city to celebrate. This year is supposed to represent abundance, diligence and generosity.

Jessie Shi, the international student life co-ordinator at Fanshawe, says that Chinese New Year is basically their Christmas. There are many traditional activities during the celebrations such as the Chi-

nese New Year lion dance and exchanging red envelopes filled with money, a gesture of love and good fortune.

Many families gather for family reunions on New Year's Eve to celebrate the New Year. This includes many traditions with food. One of the biggest traditions include having fish as a meal on New Year's Eve.

"Because, the pronunciation of fish (in Mandarin) is the same pronunciation of surplus, in China it's like good wishes," Shi said.

"Eat a dish of fish on your table and you leave it for the next day until the New Year. That means you will have a surplus in the next year," Shi added.

Shi went on to explain that there are also other traditions with food including having sticky rice balls and dumplings.

"The shape of dumplings is originated from the currency. So that's what started the idea of the tradition," Shi said.

The tradition includes making

dumplings and one having a coin inside. Whoever gets the dumpling with the coin is supposed to have a lot of luck in the New Year.

The celebrations continue as the New Year begins.

"On New Year's Day, people go out to greet other friends and families. They bring a red pocket with cash to give to young children. We don't give physical gifts like you would at Christmas," Shi said.

Shi said she thinks it is important to continue with these traditions regardless of being in a different country like Canada.

"It's very important for anybody to remember their traditions," she said.

"We are in Canada which is an immigrant country. So we get to see celebrations of different traditions. That's the amazing charm of Canada," Shi added.

Chinese New Year is a 15 day long celebration. On the 15th day, it is known as the Lantern Festival. This year it will land on Feb. 15.

# Lady Gaga, the church choir and a portal to an enduring world

MICHAEL VEENEMA  
INTERROBANG

My parents immigrated to Canada before I was born. They were among the waves of Dutch folks who boarded ships and planes from Holland in the mid to later 20th century.

It was important to them to worship God in the way they had been brought up. So they did what very many immigrants to Canada have been doing. Those immigrants either joined an existing church community or they started one. My parents helped start one.

You might already know this, but much the same as Muslim immigrants to Canada do today in establishing Islamic places of worship, Christian immigrants have had a long history of bringing their religious traditions along with them and planting them in the soil of this country. Wherever the British went, they brought the Church of England. Germans brought their Lutheran Churches. The Scottish brought Presbyterian ways. People from France and Italy brought the Catholic Church. Families from Lebanon carried with them the Maronite Church.

It's not that those churches remained available only to those people of the countries from which they came. They rapidly evolved to serve the people of their new environment. You can pick this up by visiting the websites of any of the afore-mentioned churches. This is a bit of an insider comment, but Presbyterian church leaders today like to note that the last name Lee has become more popular in the Presbyterian Church in Canada than the name MacDonald.

Anyway, part of what these churches brought with them is the church choir. This is the main thing I want to talk about here.

A church choir is typically a group of amateur singers led by a director. The director may be paid or may be a volunteer. He or she is often a musician, usually a pianist or organist. That is important.

It's important because the director will teach the choir members their singing parts. This is where terms like soprano, tenor, alto, and bass come in. Those terms identify whether you will be singing the main melody or some other supportive series of music notes. If you are a "bass", for example, your notes will be in the low range. Each singer receives a part that matches (if all goes well) their vocal range.

As for the music pieces themselves, they are drawn from the collections of music that the whole church uses. These are called hymns and they are gathered and published in what are called hymnbooks. The music style itself is something that sounds "classical" to most ears. Frequently today the hymns are projected on screens for the whole church to sing.



CREDIT: EXXORIAN

Joining a church choir is an experience worth trying in one's life.

The lyrics of these hymns are centred on the praise of God, and many of them speak about some aspect of the life of Jesus Christ, or they turn one's attention to living as a Christian in today's world. With respect to this last item, they encourage the singer and listener to turn from sin and to embrace a new agenda for life which was most clearly taught and modelled by Christ.

Now, growing up, I did not like choirs. I wrote them off as boring. I wasn't alone and no doubt would not be today. Compared to the carefully finessed productions of Drake, the pounding music of AC/DC and the pornographic video by Lady Gaga, "Poker Face", choir music is boring.

Or is it?

Roger Scruton, in a short video talk called, "The Tyranny of Pop Music" (available on YouTube), laments the influence of much of popular music – most of it consisting of banal lyrics and factory produced segments edited and repackaged for the consumer.

Last summer I went on a short road trip

with my wife. We spent one night in a small hotel in Yarmouth, N.S. In the morning we went to the dining area for breakfast. I am not by any stretch knowledgeable about opera. But I do know enough to realize that the music coming from the speaker in a corner of the room was Italian opera.

It caught me off guard and seemed a refreshing change from the dance pop music and sugary love songs that are typically on offer as "background for your dining pleasure." Ok, my wife did not particularly like it, but the rest of the patrons in the restaurant seemed to be no worse for the experience.

I wonder if it is pop music that isn't, in the end, the really boring stuff. That would explain why we can't get enough of it, devouring one pop artist one year and another the next.

And I wonder if what might be helpful for many is an openness to spend a bit of time with the more classical forms of music. We may discover that they contain much that is surprising, enduring, and worthwhile.

So, I would say, join a church choir. They usually take anyone willing to learn their part. If you do join one you may discover that making music is far more exciting than consuming it via your smart phone. You might be surprised to find that singing in a choir is a terrific way to experience community.

Likely you will find yourself thinking about God, and being open to his presence as you learn some of the hymns that were written so that you would have exactly that experience. Almost for sure you will have new experiences of musical harmony and tempo that will awaken awe or wonder.

I've learned to sing, and to play on guitar, many songs both in and out of church. All of that has been great. But maybe, growing up, I should not have condemned choir music in the process.

For those with ears to hear and a willing voice to sing, the choir can be a doorway – a portal into a world of beauty, God, faith and community we should not live without.

# Editorial: The writing was on the wall

JACOB DUBÉ  
THE EYEOPENER

Toronto (CUP) — On May 1, 2018, the current executive and board of the Ryerson Students' Union (RSU) came into power. The executives campaigned on a platform of being more transparent toward students, as well as their own board, and to quell infighting.

The same day, they fired their general manager (GM) and terminated the position. One of the GM's responsibilities is overseeing the RSU's financial decisions.

The same month, at a secluded meeting away from the public (and our reporters),

the RSU's board of directors voted to give their executive team an \$11,000 raise.

All the while, RSU president Ram Ganesh and VP operations Savreen Gosal split a \$20,000 credit card—designed only to be used by the GM—in two, and gave it to themselves.

Last week, *The Eye* reported that thousands of dollars were being spent from Ganesh's RSU credit card on booze, clubs and at a sporting goods store, among many, many others. He said at a meeting that several people had access to, and used, the card.

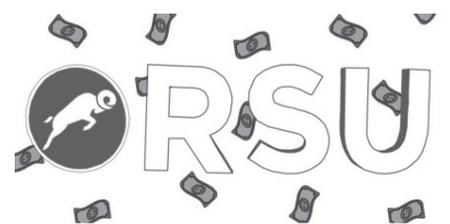
In hindsight, what the f\*\*\* did we expect was going to happen? If the line from A to B was any straighter, it'd be wearing cargo

shorts in a snowstorm.

You have every right to get royally pissed when the RSU fail to do right by you. Now is the right time to get angry. But so was when they fired their GM, or gave themselves raises, or failed to provide financial reports.

People in positions of power will always try and abuse it if they think nobody's watching. We always are, but nothing sets a fire under a student politician's ass more than 33,000 voters rapping on their office door.

Show up to this week's RSU board meeting on Feb. 1, vote in droves, bring forward your own motions at the upcoming AGM.



CREDIT: ALANNA RIZZA

Ryerson Students' Union (RSU) is in the deep end with financial issues.

If you want to make sure dumpster fires like this don't happen again, you're going to have to do something about it.

# Why you should learn a new language

**LAUREN DIETRICH**  
INTERROBANG

With the number of translation apps that are accessible now it is becoming easier and easier to only speak one language. However, there are multiple benefits to being bilingual and the process that comes from learning a new language.

One important benefit of learning a new language is how it looks on your resume. Regardless if bilingualism is a requirement for a job or not, knowing multiple languages is a skill that many employers respect.

It will allow you to broaden your job search and give you a better chance to gain professional international experience. When you are in a job interview, being bilingual is an opportunity for you to provide proof of skills such as communication and problem solving.

Another thing that you can gain from learning a new language is self-confidence. Many people are intimidated by learning another language so if you actually go and do it you will feel confident and proud of yourself.

According to the Daily Mail, people need to start learning a language before the age of 10 if they want to speak like a fluent native. Considering that idea, being able to learn a language as an adult would be even more rewarding and contribute to your confidence that much more.

Learning a new language is like a mental exercise. It allows you to put your brain to work which can develop a variety of skills that go beyond bilingualism.

When you are learning a new language your brain is forced to recognize, negotiate

meaning and communicate in a different way.

Practicing these techniques allows you to increase the functions of your brain which can lead to better memory, problem solving skills and ability to multitask. Once you gain these skills from learning one language it will make it easier to learn additional languages.

If you learn how to analyze the different linguistic structures of another language it will be easier to recognize those structures in other languages.

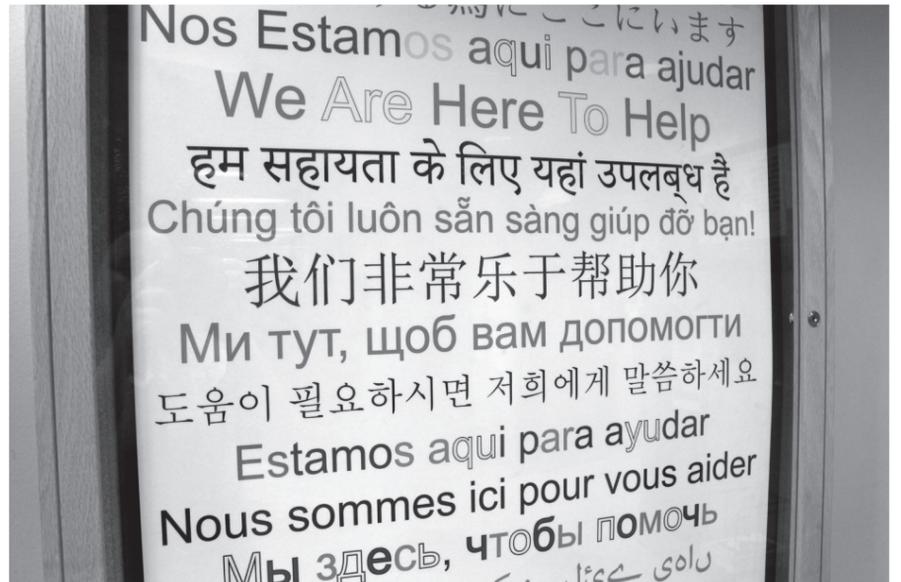
There are a variety of languages that have similar traits so if you have the ability to learn them in one you will find it easier to learn another. Travelling as an English speaker is relatively easy because many countries you visit will have English speakers.

A common theme you will find in a number of countries, especially tourist areas, is the prevalence of English. Whether it be an English version of their menu or workers being bilingual, it is pretty easy to go through a vacation without ever having to use a translator.

However, being able to speak their language will make it easier to travel and may allow you to get the local price opposed to the tourist price when you buy something. Even if you are not very strong at speaking the language people will appreciate the effort and respect you more.

Travelling to another country, especially alone, can be intimidating and knowing the local language will make things go more smoothly.

Even if you are just travelling throughout Canada you will find that English is not the first language of some people. People in areas east of Ontario including Quebec and some of New Brunswick speak French and many



CREDIT: LAUREN DIETRICH

Although there are a number of technologies to translate for you, there are several benefits to learning a new language such as more job opportunities and easier travelling.

of them are unable to speak any English.

In addition, Toronto is the most multicultural country in the world so there are a number of different languages spoken throughout the city and the greater Toronto area.

If you learn another language you will be able to connect with other Canadians that may not understand English and find it easier to see more of our country and communicate with everyone.

If you are interested in learning another language, then there are a number of routes you can take to achieve it. There is an opportunity at Fanshawe to learn a number of

languages including a one level French language program, a course in conversational Spanish and more. You can also use a language learning application that will help you learn a language at your own pace on your own time.

Some popular language apps include Duolingo and Memrise where you can choose from more than 25 languages with specific learning goals.

There are a lot of opportunities for you to learn a new language and there are so many benefits to being bilingual so take the leap and start learning one today.

# Why Article 13 will be negative for creative content

**SAMANTHA KACZALA**  
INTERROBANG

For the past year, there has been a lot of news focused on policy changes happening on online platforms. I mean, I for sure was probably not the only one who noticed a huge influx of emails from websites like Facebook, Discord, Google that happened in the summer of this year. That was due to updates by these websites made to accommodate for changes happening in web policies.

Due to the most restrictive laws being taken into consideration by websites, everywhere internationally gets affected. In my opinion, this is a correct course of action for websites to take. Of course companies, like YouTube, Google, Facebook and Twitter, want to make sure that copyrighted content is not posted and shared on their sites, so they do work to ensure copyright material stays off their sites by using programs and other methods to weed out those who are doing scrupulous things.

But that won't cut it if Article 13 gets passed.

What's Article 13 you ask, and why does it affect you?

The official name is the European Union Directive on Copyright in the Digital Single Market, a copyright law that is designated to limit how copyrighted content is shared on online platforms, a.k.a. the Net. If passed, states under the EU would be expected to take on the legislation as well. This would mean a big part of the Net would need to abide by the legislation.

However, it is not the entirety that we net users should be worried about, it is Article 13, one of the many in the legislation, that has a bunch of platforms up in arms protesting the passing of the directive.

It is this part in Article 13 that states, as found in the directive posted by the EU Parliament that explains more.

"...Online content sharing service providers and right holders shall cooperate in good faith in order to ensure that unauthorized protected works or other subject matter are not available on their services."

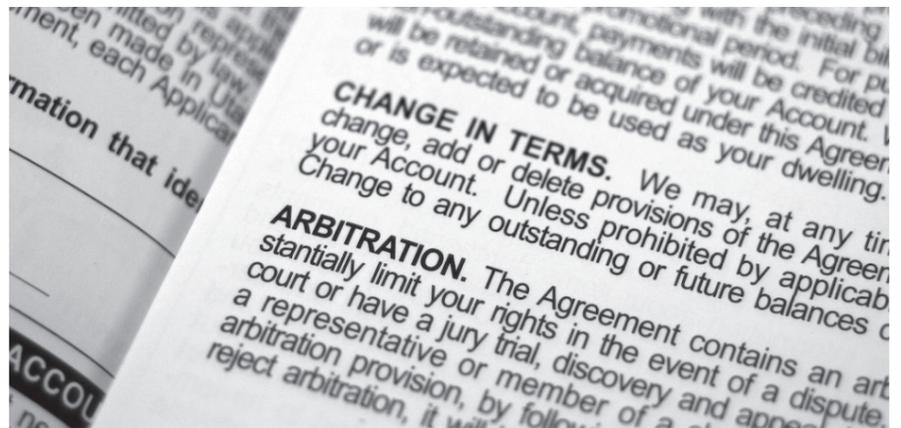
It's not obviously immediate, but there is a glaring factor with the proposed law. And that is in its wording.

How far do you need to go before you hit 'copyright'? What exactly does "in good faith" mean? How does the legislation even want the platforms to deal with copyright issues?

It is because the wording is so loose that it is causing many to be nervous about the passing of such a law.

As it is worded now, there is no way for websites such as YouTube or Twitter to be able to allow users to post content in the EU with anything they cannot claim as their own, this includes visuals and music. This is especially detrimental to content creators, who make their livelihood by making content on the things they love.

Being an avid fan of many Youtubers such as Game Theorists, CinemaSins, Watch Mojo and more, I can say that I would hate it if this law was implemented as it is. These creators I love to watch will be hit the most negatively by this law because we don't know if they will



CREDIT: CHANGE IN TERMS TAKEN BY MICHAEL SIMMONS (FLIC.KR/P/GV85D)

Article 13 looks like it will affect the Internet negatively on an international level.

fall into the realm of copyright or not, so YouTube would be forced to block their content. And like mentioned before, it is not just YouTube creators who will be hit. Fans who post images on Instagram, Reddit, Facebook and other places will most likely have their posts banned. Because unlike before, it will be the platform's responsibility to, "in good faith", flag these posts and content as copyright infringement.

Article 13 is even being named as the 'meme ban' because memes are created content that is using another work, therefore falling under copyright. At the same time, some say it might fall under the parody law instead and be in the clear. We don't know for sure.

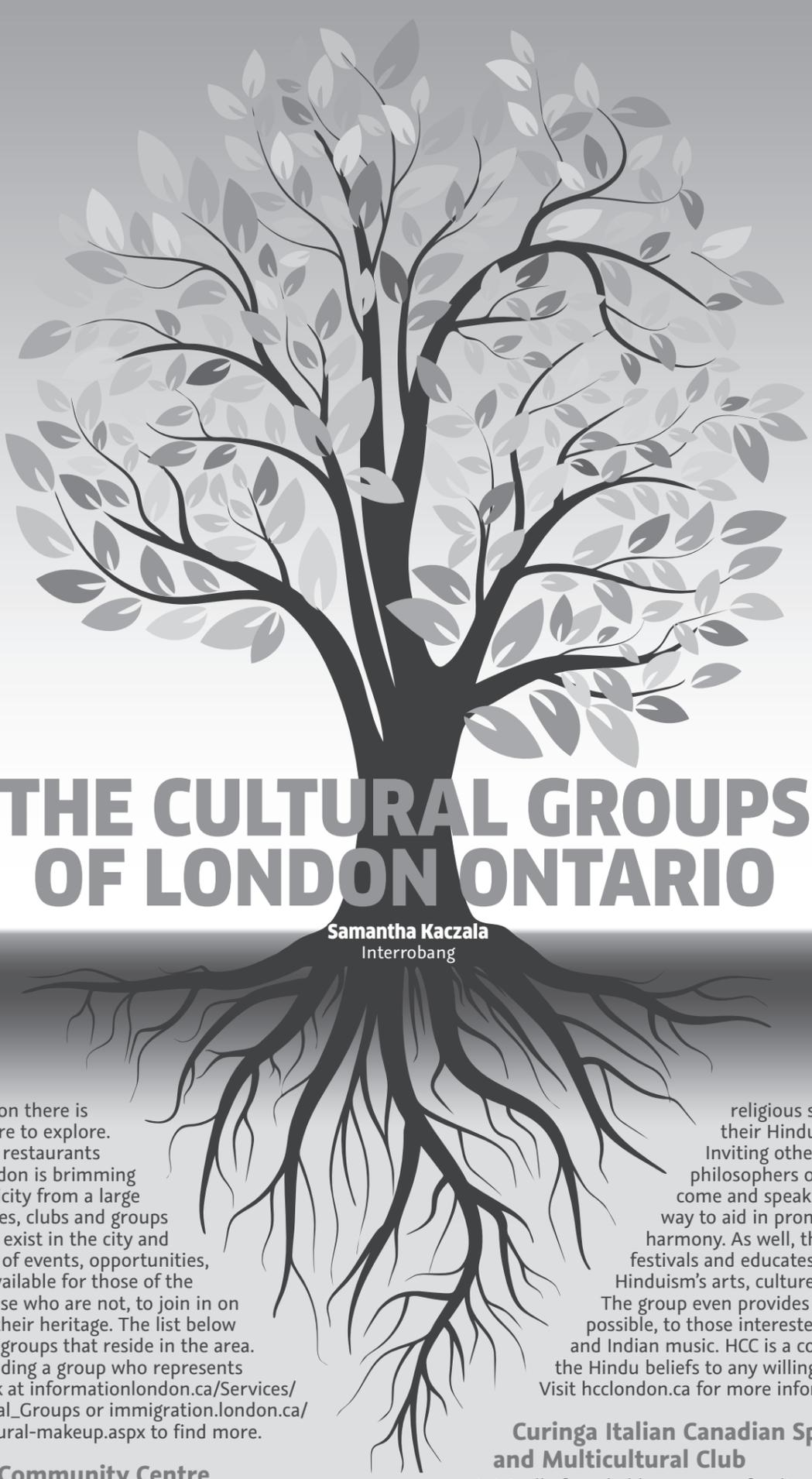
These platforms are fighting the fight, by letting the Internet know what Article 13 is

and how it will effect the content creators you love to watch and I admire them for doing so and hope they succeed in making Article 13 fairer for everyone.

Check out these links for a more information on Article 13:

[youtube.com/saveyourinternet/](https://youtube.com/saveyourinternet/)  
[youtube.com/watch?v=GbXHrj8k7dg](https://youtube.com/watch?v=GbXHrj8k7dg)  
[theverge.com/2018/9/13/17854158/eu-copyright-directive-article-13-11-internet-censorship-google](https://theverge.com/2018/9/13/17854158/eu-copyright-directive-article-13-11-internet-censorship-google)  
[wired.co.uk/article/what-is-article-13-article-11-european-directive-on-copyright-explained-meme-ban](https://wired.co.uk/article/what-is-article-13-article-11-european-directive-on-copyright-explained-meme-ban)  
[europarl.europa.eu/sides/getDoc.do?pubRef=-//EP//NONSGML+TA+P8-TA-2018-0337+0+DOC+PDF+V0//EN](https://europarl.europa.eu/sides/getDoc.do?pubRef=-//EP//NONSGML+TA+P8-TA-2018-0337+0+DOC+PDF+V0//EN)

**HAVE AN OPINION? SUBMIT YOUR STORY!**  
**LETTERS TO THE EDITOR: FSULETTERS@FANSHAWEC.CA**



# THE CULTURAL GROUPS OF LONDON ONTARIO

Samantha Kaczala  
Interrobang

In a large city like London there is a vast diversity of culture to explore. From different types of restaurants to specialty stores, London is brimming with a network of ethnicity from a large range of people. Societies, clubs and groups of varying backgrounds exist in the city and they have a whole slew of events, opportunities, and social gatherings available for those of the same ethnicity, and those who are not, to join in on celebrating the joys of their heritage. The list below is only a portion of the groups that reside in the area. If you are interested finding a group who represents your culture take a look at [informationlondon.ca/Services/List/10895/Ethnocultural\\_Groups](http://informationlondon.ca/Services/List/10895/Ethnocultural_Groups) or [immigration.london.ca/Living/Pages/ethnocultural-makeup.aspx](http://immigration.london.ca/Living/Pages/ethnocultural-makeup.aspx) to find more.

## **Al-Mahdi Islamic Community Centre**

A charitable non-profit organization, the Al Mahdi Islamic Community Centre serves as a place for Muslims, especially children, to embrace their culture and learn more about it. The centre serves as a place of worship and holds social gatherings at its hall at 91 Meg Dr. The goal of the association is to help foster awareness and educate those of the descent and non-Muslims in the morals, practices and teachings of the culture. The official website also features information on Islam to help cultivate knowledge and understanding of Islamic culture to those outside the community. Visit [almahdicentre.org](http://almahdicentre.org) for more information.

## **Chinese Canadian National Council – London Chapter**

As a branch of the Chinese Canadian National Council, the London Chapter works to embrace Chinese traditions while also “building bridges across communities”, to others. The London Chapter holds heritage events, such as Dragon Boat races. As well, the Council celebrates Chinese culture through festivals, social gatherings and Chinese calligraphy contests. Both Chinese Canadians and non-Chinese Canadians are able to actively learn more of the traditional Chinese culture by attending the programs the London Chapter runs, which includes learning Mandarin, Tai Chi lessons and so much more. Visit [londonccnc.com](http://londonccnc.com) for more information.

## **The Hindu Cultural Centre (HCC)**

HCC’s mission is to preserve and promote the Hindu way of life and cultural heritage while striving for “inter-religious harmony and understanding, and universal brotherhood among Canadians of other ethnic groups and persuasions”. The centre holds regular

religious services to upkeep their Hindu spiritual beliefs. Inviting other religious theologians, philosophers of different faiths to come and speak at the Centre is a way to aid in promoting inter-religious harmony. As well, the Centre celebrates festivals and educates their members on Hinduism’s arts, culture, music and more. The group even provides lessons, whenever possible, to those interested in learning Hindu and Indian music. HCC is a community promoting the Hindu beliefs to any willing to listen and learn. Visit [hcclondon.ca](http://hcclondon.ca) for more information.

## **Curinga Italian Canadian Sport and Multicultural Club**

Originally founded by a group of Italian immigrants from the town of Curinga in 1979, the members share their Italian heritage with other Italians and people of various ethnicities. The Club holds various events throughout the year for others to attend, which include festivals, religious celebrations and holidays celebrated in their culture. The group owns a hall at 17 Clarke Rd., that can be rented out for weddings, baptisms and social activities. An activity the Club holds in special regard is soccer and they have their own league that can be joined as well as their very own soccer field to play on. The Curinga Italian Canadian Sport and Multicultural Club is a place that openly invites others to celebrate their Italian culture. Visit [curingacluboflondon.ca](http://curingacluboflondon.ca) for more information.

## **London Multicultural Community Association (LMCA)**

LMCA was created in 2010 in response to the Haiti earthquake disaster when multiple ethnic group leaders from different communities came together to raise funds to help the crisis. From there, the association has grown as an umbrella organization whose mission is to promote multiculturalism in London. By bringing together various societies of people in the area, the not-for-profit organization wants to aid London’s economy by supporting immigrants who are integral for the upkeep of the economy. LMCA holds a wide range of events to demonstrate multiculturalism and inclusiveness in the community and encourages those of different ethnicities to come together to appreciate the wonderful heritage of others and themselves as a joined community. Visit [londonmulticultural.com](http://londonmulticultural.com) for more information.

# Religions

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Liam Buckley - Interrobang

## Judaism

Judaism was founded in the Middle East by a prophet named Moses, although Jewish history goes back as far as a religious man named Abraham. It is believed that there is only one God who has formed a covenant with his people, doing good and looking after them in exchange for keeping to his laws.

These rules and religious stories are laid out in the Jewish holy book which is called the Torah. The place of worship that the Jewish people attend regularly is known as a Synagogue.

## Islam

Those who practice Islam are called Muslim and believe in one God known as Allah. Although it is understood that Islam has been around forever, the religion is usually dated to the time of Muhammad. Muhammad was a primary founder of Islam, chosen by God to present teachings and confirm those delivered by previous prophets.

The laws and lifestyle that Muslims live by is based off of their holy books, the Quran and the Sunnah. Prayer is an extremely important part of Islam and one of the places it is practiced is a place of worship called a mosque. According to the BBC, those who practice Islam "believe the Sunnah is the practical example of Prophet Muhammad and that there are five basic Pillars of Islam... These pillars are the declaration of faith, praying five times a day, giving money to charity, fasting and a pilgrimage to Mecca [Islam's founding city]".

## Christianity

This is the most popular religion worldwide, with over two billion followers across the globe. Some stories found in the Jewish culture are also in the Christian holy book. This book, known as the Bible, consists of two sections, the Old Testament and the New Testament. Like many other religions, Christians believe in only one God as well.

A major piece that sets Christianity apart from other Abrahamic religions is the belief that a man known as Jesus was born on earth as the son of God and the Messiah which was promised in the Old Testament. Jesus lived his life, spreading God's word and doing miraculous works such as healing the sick. A central part of the Christian faith is Jesus' death on the cross and his resurrection from the dead three days later.

There are many denominations of Christians all around the world but almost all of them meet on Sundays in a church, their place of worship to praise God and listen to lessons from the leader services called a priest or minister.

## Hinduism

This religion is most prevalent across the regions of India and Nepal. According to the BBC "in some ways Hinduism is the oldest living religion in the world, or at least elements within it stretch back many thousands of years". Unlike other popular religions, Hinduism has no specific founder.

Because Hinduism is known to combine various religious themes it is often referred to as a "Dharma" or a "way of life". Those who practice Hinduism believe in a single deity known as "Brahman," but may still worship and reflect on the teachings of other gods and goddesses which represent various sects within Hinduism.

A primary concept is that of reincarnation. This is a cycle of birth, death and rebirth in which a person's soul passes through a number of lives, dependent on the person's behaviour in their previous life. Some believe in a liberation from this life-rebirth cycle, known as moksha or nirvana. This is achieved through a number of behaviours including the realization of a union with God, mental peace and a detachment from worldly desires.

## Buddhism

Like Hinduism, many people who practice Buddhism, prefer to think of it as a "way of life", with a focus on spiritual development and a deep insight into the nature of life. The religion was formed by Siddhartha Gautama, also known as "the Buddha," which means enlightened one.

Although the Buddha is considered a prominent teacher and significant figure, he is not a god. According to History.com, "followers of Buddhism don't acknowledge a supreme god or deity. They instead focus on achieving enlightenment [or nirvana]—a state of inner peace and wisdom".

There are several sects and subsect of Buddhism so those who practice it worship at home or in temples and believe in karma and its effects on reincarnation. Meditation is also a huge part of Buddhism and allows followers to reflect on their lives and the teachings of The Buddha.

## Sikhism

This religion was founded in the Punjab district, now known as India and Pakistan by Guru Nanak. His teachings and those of the nine Sikh gurus who followed him, form the basis of this religion.

Sikhs believe in only one God and believe it is important to do good in one's life, rather than simply carry out rituals. According to the BBC, "Sikhs believe that the way to lead a good life is to keep God in heart and mind at all times, live honestly and work hard, treat everyone equally, be generous to the less fortunate, [and] serve others".

A central part of their place of worship, known as a Gurdwara and their scripture followed is the Guru Granth Sahib, which is believed to be a living Guru in itself.

## Indigenous

There are many more unique smaller religions practiced around the world, particularly in the Indigenous communities. While the spectrum is far too vast to cover in its entirety, it's important to note some of the religious beliefs practiced by indigenous communities in Canada.

According to TheCanadianEncyclopedia.ca "First Nation, Métis and Inuit religions in Canada vary widely and consist of complex social and cultural customs for addressing the sacred and the supernatural... However, there are commonalities among Indigenous spiritual traditions".

Some of the commonalities mentioned include the importance of a creation story, presence of supernatural beings in folklore, which can be both a hero or troublemaker and prominent sacred organizations. Furthermore, daily activities which are traditional ways of life may have deeper spirituality saturated within it.



Indigenous peoples, also known as Aboriginal peoples, are the original peoples of North America. The Canadian Constitution recognizes three groups of Indigenous peoples in Canada including the First Nations, Métis and Inuit. According to the Government of Canada website, in 2016 there were 1.67 million people who identified as an Indigenous person and this group has the fastest growing and youngest population in Canada. The Government of Canada website also states that the Indigenous population grew by 42.5 per cent between 2006 and 2016 and 44 per cent are under the age of 25. Indigenous peoples are an integral part of Canada and it is important that people understand their cultures and the differences between First Nations, Métis and Inuit.

# INDIGENOUS PEOPLES *in Canada*

## FIRST NATIONS

According to the Government of Canada website, there are more than 617 First Nation communities in Canada and 133 of those communities are located in Ontario. Some of the First Nations communities in Ontario include Saugeen, Mohawk, Algonquin and Chippewa. While several First Nations people live within these small communities, Indigenous Canada found that 65 percent of the 220,000 First Nations people in Ontario live in urban areas. Each Nation has a unique culture, beliefs and traditions and there are a number of different languages spoken across the First Nations groups.

## MÉTIS

According to [firstpeoplesofcanada.com](http://firstpeoplesofcanada.com), there are approximately 400,000 Métis peoples in Canada. The first Métis communities in Canada were located in the Red River area of Manitoba and then moved into Saskatchewan and Alberta. They are now also located in Ontario, British Columbia, Quebec and the Northwest Territories. The Métis nation was formed with aspects of French-Canadian and Native Canadian cultures and comprised of people born to First Nations women and European men during the fur trade.

## INUIT

Inuit peoples are Aboriginal peoples who mainly inhabit Northern Canada. According to the Canadian Encyclopedia website, 73 per cent of Inuit people in 2011 were located in in the homeland called Inuit Nunangat. Inuit Nunangat mainly includes Nunavut, northern Quebec, northern Labrador, Northwest Territories and Yukon. The Indigenous Canada website states that a number of Inuit people migrate to southern Ontario to gain education and employment and there are currently more than 3000 Inuit peoples located in the major urban regions of Ontario. Statistics Canada found that approximately 4.2 percent of Aboriginal people are Inuit and make up a population of 59,440 people in Canada. There are eight main Inuit groups and five variations of the Inuit language.

## INDIAN STATUS

People in Canada who are status Indians can register for Indian status under the Indian Act. This is a legal status where registered Indians can be eligible for a number of benefits and rights from the federal, provincial and territorial governments. In general you can be eligible for Indian status if one or both of your parents are registered. To find out more visit the Government of Canada website at [canada.ca](http://canada.ca) or the Government of Ontario website at [ontario.ca](http://ontario.ca).

## FIRST NATIONS CENTRE AT FANSHAWE

The First Nations Centre at Fanshawe supports First Nations, Métis and Inuit students with their academics, social life, culture and activities on campus. There are a number of scholarships, bursaries and awards that Indigenous students are eligible to apply for including the Aboriginal Postsecondary Education and Training Bursary, First Nations Centre Student of the Year Award, Métis Nation of Ontario Bursary (OSOTF) and more. Fanshawe also offers an Indigenous Women course as a general elective and a one year certificate or two year diploma in First Nations studies. The First Nations Centre is located in room A1047 and you can contact them by phone at 519-452-4430 x4619.





# The **HER**story of Drag

Emma Fairgrieve - Interrobang

**Drag has been pushed more and more into the entertainment world. Shows like the Emmy award winning *Ru Paul's Drag Race* gained over a million viewers for the premier of it's tenth season. There is no question that drag is fascinating to many whether for the fashion, comedy, or any other reason. But what is the history, or as Ru Paul calls it, the *Herstory* of drag?**

Men and women have been cross dressing since the beginning so there is no way to really say when drag started. What a lot of people don't know is that drag has a place in some ancient ceremonies. Aztecs, Incas, Japanese, ancient Greek and Egyptian cultures would use drag for many different type of ceremonies. That being said there isn't much information as to why they would cross-dress. Some theories include confusing evil spirits and a way of thanks giving to Goddesses. As time went on, drag eventually became less spiritual and more performance based.

We can pin point where the term "drag" came from a bit better. Drag came from the theatre world back when women weren't allowed to perform and men would have to dress as women for female roles. It was seen as offensive and sacrilegious for women to perform during this time. It's speculated that the word "drag" came from the dragging of long gowns across the stage and floors. Drag evolved into being seen in vaudeville shows throughout the early nineteenth century. Both drag queens and drag kings were referred to as female or male impersonators respectively.

Once homosexuality was illegal, many drag queens and kings decided to go behind closed doors for their safety. When prohibition was in place and speakeasies and other underground communities were established, many queens and kings would gather and perform there. This way they were out of the vision of police and could live as a man by day and woman by night. These secret gay bars continued to grow until the 1950s where law enforcement began to crack down on the LGBTQ+ community. Small communities where drag queens would gather

was called a "haus", a term that is still used today when referring to a drag family. These houses would be used for drag queens who were kicked out of their homes and shunned by the rest of society. Police brutality towards members of the LGBTQ+ community came to a peak at the Stonewall riots. Many argue Stonewall was the push for modern LGBTQ+ activism.

One of the most iconic drag queens came about in the 1970s when John Waters produced and directed the movie *Pink Flamingos* starring the drag queen known as Divine. Although this movie is seen as counter culture, it grew a cult following. This lead to Divine landing the role as Tracy's mom in the musical *Hairspray*. Divine set the tradition that the character would be played by a man in drag. Another movie that gained a cult following was *The Rocky Horror Picture Show*, starring Tim Curry as Dr. Frank-N-Furter a transvestite scientist.

Once the '90s rolled around, Ru Paul the most well known drag queen, released his single "Cover Girl". Ru's fame continued to grow. He hosted his own talk show on VH1 called *The Ru Paul Show*. Eventually, the first season of *Ru Paul's Drag Race* aired on Logo TV in 2009. The show is still going strong and has helped normalize, popularize and validate drag performers across the world. The show even lightly touches on the different types of drag such as: Fish/Fishy (when a queen can pass as a biological woman), Club Kids (more artistic with flamboyant behaviour and outrageous costumes), and Androgyny (not being able to tell what gender the individual is) and many more. Drag is constantly growing and changing and we live in a time where we can really see it flourish.

# What LGBTQ+ stands for

Lauren Dietrich - Interrobang

The LGBTQ+ community is often known to many people solely by the acronym. Some people do not know what each of these letters mean and are unsure as to what is included in the "+". Here is a list of definitions of what each of the letters mean and the spectrum of the LGBTQ+ community.

## Lesbian

A homosexual female who is attracted sexually and/or romantically to another female.

## Gay

A homosexual person that is attracted to the same gender. Often used to describe a homosexual male, but homosexual females are often referred to as gay as well.

## Transgender

A term for individuals who identify as a different gender than the sex that is assigned to them when they are born.

## Queer

This is a term that some believe to be derogatory towards people in the LGBTQ+ community. However, in the late 1980s activists reclaimed the word so it is now an accepted term for people who are a sexual or gender minority. Queer is an umbrella term for people that do not identify as heterosexual or cisgender.

## Bisexual

A romantic, emotional and/or sexual attraction to both males and females. It can vary depending on the amount of attraction one feels towards each gender and is not always 50/50.

## Asexual

The lack of sexual or romantic attraction to anyone with a low or absent interest in sexual activity.

## Bigender

Bigender is term that is often confused with gender fluid. However, instead of not identifying as any gender a bigender individual identifies as two genders.

## Pansexual

Also known as omnisexuality, pansexual means the individual is attracted to people regardless of their gender. Pansexual people are gender blind and think that gender is insignificant in their attraction to people.

## Transsexual

Individuals who believe they emotionally and physically involve to the opposite sex.

## Questioning

This is a social label for people who are still in the process of determining their sexual or gender identity.

## Two-Spirit

A term that is often used by Indigenous communities to identify people who have both male and female spirits.

## Transvestite

A transvestite is often confused with transgender. Transvestite is used to describe people who dress in clothes that are typically associated with the opposite gender.

## Gender Fluid

Gender Fluid is a person who does not identify as any gender and can shift.

## Intersex

A variation in sex characteristics such as chromosomes and/or genitals that lead to someone not being able to identify as male or female.

## Drag Queen/King

Drag Queens and Kings are similar to transvestites in that they dress up in the other gender's clothes. In this case, drags tend to do it for the purpose of entertainment and performances.

## Pangender

Pangender individuals are people who feel they identify as all individuals.

## Gender Variant

This is a term for individuals who do not gender identity and expression do not fit the socially defined male or female norms.

## Ally

An ally is an integral member of the LGBTQ+ community. It is a person who considers themselves a support and a friend of people that identify as LGBTQ+.

The Spectrum group at Fanshawe is a social group that works to advocate to members of the LGBTQ+ community. They host regular events with guest speakers, discussions and college/community events.

To learn more about this group email [spectrumfanshawe@gmail.com](mailto:spectrumfanshawe@gmail.com) or visit the Facebook page [@spectrumfanshawe](https://www.facebook.com/spectrumfanshawe).



# FIVE DISABILITIES TO LEARN MORE ABOUT

Lauren Dietrich | Interrobang

The World Health Organization defines disability as, “an umbrella term, covering impairments, activity limitations and participation restrictions”. According to Statistics Canada, 13.7 per cent of Canadians are living with a disability. There are several different classifications of disabilities and each individual is unique in their symptoms and traits. It is important that we as Canadians understand what disabilities are and how to support people that are living with a disability in our family, social, academic and professional lives. Here is an outline of five of the many disabilities that occur in individuals across the world.



## Autism Spectrum Disorder

According to autismspeaks.com, one in 66 children are diagnosed with Autism Spectrum Disorder (ASD) each year. Characteristics of people with severe autism can include cognitive disability,

sensory problems and extreme repetitive and unusual behaviour. People with mild autism have characteristics less severe such as having difficulties forming relationships and personality differences. Asperger syndrome is generally considered a high functioning form of Autism and do not show difficulties in language or cognitive development. Individuals with Autism have a variety of strengths including reading skills, drawing skills, visual spatial abilities and a strong memory. According to autismcanada.org, ASD can sometimes be detected at 18 months or younger and by age two a diagnosis is very reliable.



## Attention Deficit Hyperactivity Disorder (ADHD)

Attention Deficit Hyperactivity Disorder (ADHD) is a medical condition where

an individual has differences in brain development and activity. These differences can lead to a person with ADHD to be inattentive, hyperactive and impulsive. Statistics Canada reported findings from The Ontario Child Health Study which stated an ADHD prevalence of 6.1 per cent in Ontario. According to kidshealth.org, ADHD symptoms can improve upon treatment, healthy diet, sleep, exercise and supports.



## Down Syndrome

According to the National Down Syndrome Society, Down syndrome happens when someone has a full or partial extra copy of chromosome 21. Maternal age is the only factor that

has been proven to be linked with Down syndrome, but the additional copy of the chromosome can come from the father or the mother. Diagnosis of Down syndrome can occur prenatally through tests or at birth by identifying the physical traits. The extra chromosome impacts the development of an individual and results in the common physical traits including low muscle

tone, small structure and a slant to the eyes. Common behavioural issues that can occur in individuals with Down syndrome include wandering off, oppositional behaviour, attention problems, obsessive or compulsive behaviours and Autism Spectrum Disorder. According to the Government of Canada website, one in 750 babies in Canada has down syndrome.



## Cerebral Palsy (CP)

According to Kids Health, there are three types of Cerebral Palsy including spastic, dyskinetic and ataxic. Spastic causes stiffness and difficulties moving, dyskinetic leads to movements that are

involuntary or uncontrolled and ataxic leads to problems with balancing and depth perception. Common problems that can occur in individuals with CP include seizures, difficulties speaking and communicating and intellectual disabilities. There is no cure for CP as of yet but there are treatments that can help improve the quality of life such as therapy, medicine, surgery and braces. CP is generally caused by brain damage occurring during birth or within the first three to five years of an individual's life. According to the Ontario Federation for Cerebral Palsy, there are currently 60,000 people with CP in Canada and approximately one in 500 babies are affected.



## Cystic Fibrosis

According to Cystic Fibrosis Canada, Cystic Fibrosis (CF) is the most common fatal genetic disease in Canada with one in every 3,600 child being born with CF. CF is genetic and occurs when

two defective copies of the gene responsible for CF is passed on to the child from each parent. Some of the symptoms of CF include coughing, wheezing, chest infections, bowel disturbances and weight loss. Children are diagnosed with CF by a sweat test that checks to see the level of salt the child produces in their sweat. There is currently no cure for CF but there are treatments to help with symptoms. One important treatment is airway clearance to prevent chest infections and mucus build up in the lungs and improve lung function. A research report performed by Annals of Internal Medicine found that the life expectancy for individuals with CF is 10 years higher in Canada (50.9 years) compared to the United States (40.6 years).

Ever want to experience the cultures of the world, but don't have the money to travel? We've got you covered, with some of the best places to taste cuisine from around the globe, without having to leave London.

## So Inviting

According to the So Inviting Facebook page this is "a traditional Chinese bakery right in the heart of Old East Village, specializing in dumplings and pot stickers". It's cute, cozy and according to London Fuse, is "the first of its kind in London". The staff are very friendly, the environment is well maintained and the food is one of a kind, so it's definitely worth checking out. For more info, go to [facebook.com/soinvitinginoev](https://facebook.com/soinvitinginoev).

## Aroma of India

The name of this place says it all, but in case you need more convincing, their website reads, "with an emphasis on cultured and creative Indian cuisine, our menu incorporates both traditional and original delectable cuisines in enormous flavors". This restaurant consistently expands its menu with new and delicious meals every season, giving its customers a reason to keep coming back. They create a relaxing atmosphere and according to their website, make it their goal to "give you a glimpse of India and its rich cultures". With vegetarian options and the dedication to acquire for various dietary restrictions, there's something for everyone. More info can be found at [aromaofindia.ca](https://aromaofindia.ca).

## Cameli's

Cameli's is a Romanian owned and operated café that recently opened in the downtown core. This quaint and cute café offers delicious coffee and tasty traditional European baked goods, made fresh every day. The staff have even been known to chat with their customers in Romanian, so it's worth a shot if you speak the language and want the true experience. Go to [camelis.ca](https://camelis.ca) for more information.

## Tony's Famous Italian

Sure it's easy to find spaghetti or pizza anywhere you look in London, but very few places have the history and culture that Tony's does. This family business was started in 1961 by owner and operator Tony Ianni who immigrated from Italy to Canada with the dream of starting an affordable, high quality Italian restaurant for the whole family to enjoy. The business has since grown and now has several locations and a banquet centre in London. Details on the locations and other information can be found at [tonyspizza.ca](https://tonyspizza.ca).

## TG's Addis Ababa Restaurant

According to the website for Addis Ababa Restaurant, it "is a unique dining place offering special dishes from Ethiopia". The restaurant sets a unique atmosphere with Ethiopian décor and offers a variety authentic Ethiopian items, including vegetarian options. More information on this spot can be found at [addisababarestaurant.com](https://addisababarestaurant.com).

## Under The Volcano

This is one of London's most popular restaurants for Mexican food and it's no surprise why. According to the Under The Volcano website, "Our Chefs pride themselves in making meals from scratch daily. Our basic recipes are mildly spiced, but "erupting" with flavour!" Not only is the food high quality but the atmosphere and décor is full of Mexican culture and sets the mood of a constant Fiesta. Check out the menu and other details at [underthevolcano.ca](https://underthevolcano.ca).

## Casa Blanca

According to their Facebook page "Casa Blanca is proud to introduce to you the taste of the wonderful cultures of Latin America". It offers many traditionally made items from various areas of Central and South America. So, your taste buds can take a journey from Venezuela to Columbia without leaving your table. Further information is available at [casablancarestaurant.ca](https://casablancarestaurant.ca).

 BOARDING PASS	INTERROBANG
Travelling the World Through Food <b>Liam Buckley   Interrobang</b>	 1234567890

# Five budget-friendly things to do during reading week

LAUREN DIETRICH  
INTERROBANG

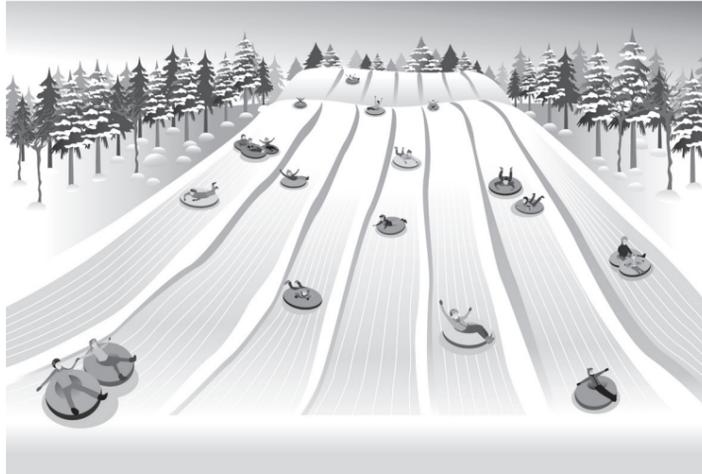
Reading week is fast approaching which means students will have a well-deserved break from school. Our Instagram feeds may be filled with pictures of people visiting tropical countries and getting away from this torturous cold weather that we have been experiencing. However, going away to a five star resort is not realistic for many student budgets. Here are five budget friendly activities you could do to have fun on your reading week.

## Tubing

Sometimes the best way to beat the winter blues is to embrace the cold. Activities such as tubing or skiing make the most of the snow and are cheaper alternatives to spending the week away. Although this is only a day trip, it is something to look forward to. River Valley offers a winter tube slide that is fun for all ages. They are open Wednesday to Sunday and offer evening specials on Wednesday and Thursday nights where you can tube from 6 p.m. to 10 p.m. for only \$16. Visit [rivervalleygolfandtube.com](http://rivervalleygolfandtube.com) for more details.

## Skating

Similar to tubing, skating gives you a chance to take advantage of the winter weather. There are a number of outdoor skating rinks in the area. You can use it as a fun night out with friends or a perfect date night. Victoria Park and Covent Garden Market both offer



CREDIT: ARTISTICCO

Not everyone can afford to spend their reading week at a five star resort in the Bahamas. Here are some cheap activities to do to make the most of your reading week.

free outdoor public skating every day and Storybook Gardens has a 250-metre long skate trail. Visit [london.ca](http://london.ca) for more details.

## Escape rooms

One of the biggest trends in London right now are escape rooms. They are popping up all over the city and are a great way to spend a night out with friends. Escape rooms let you keep your mind sharp in a fun atmosphere. In downtown London you can find Exodus London Escape Rooms, Mystery Escape Rooms and Trapdoor London Escape Rooms.

## Axe throwing

One of the best ways to take out your frustration is axe throwing. Feeling a little frustrated that all of your friends are soaking up the

sun in Mexico right now? Why not throw an axe. Head over to Backyard Axe Throwing League (BATL) to practice your aim, release some energy and fun while doing so. BATL offers walk in hours Friday, Saturday and Sunday. Visit [london-tourism.ca](http://london-tourism.ca) for more details.

## Catch up on schoolwork

Although this option is not as fun, it is a chance to be productive if you cannot afford going on a trip. Everyone has assignments and readings they are not able to get done during the school week so reading week is the perfect chance to catch up. This will help you feel more refreshed and prepared for going back to school while some of your peers probably did not even open a textbook the entire break.

# Five fun things to do if you're single on Valentine's Day

ANDREA KRIZSAN  
INTERROBANG

Valentine's Day is right around the corner and if you are single, let me tell you that is ok. There are many fun things you can still do on Valentine's Day when you are single. Love day isn't only for couples, it is also for yourself. Here are some fun things you can do on Valentine's Day for all you single folks out there.

## Hangout with friends

Make plans with some of your friends/family. Get together with all your friends, order some food, rent movies at Jumbo Video, pop some popcorn and have chocolate with drinks. Your friends or family can play board games because spending time with those who are close to you such as friends and family can really make you feel loved and appreciated. Another activity you could do with your friends and family is a dinner where you share how thankful you all are to be friends, also you can go around the table telling funny stories about your personal lives of previous heartbreaks and get it all out of your system.

## Treat yourself

Go ahead and get those shoes you want, get those games you wanted because Valentine's Day is all about you if you want it to



CREDIT: MARGARETV

Being single on Valentine's Day isn't terrible, because there are plenty of things you can do on that day just as you are.

be. You do not need someone else getting you gifts when you can get them yourself. Show yourself some love and treat yourself.

## Go on an adventure

Get out of the house and go see part of the city you have not seen before. Grab some friends or even go alone and plan a camping trip or some kind of adventure that will get your mind off the whole Valentines Day couple thing. It is great to go somewhere new with the people that you care most about.

## Pamper yourself

Maybe you do not want to leave your house and see all those pink and red hearts everywhere. Staying in and having a "you do you" day is the best way to avoid Valentine's Day. You can do a spy day

with face masks and eat chocolate-covered strawberries or just regular chocolate or whatever you like because it's your time. Maybe do your nails, cook your favourite meals, just have a relaxing day for yourself.

## Party

Now when most of us think of some kind of holiday we usually think of partying. Get together with friends and have a singles day party or even go to the bar and meet some new people.

Just remember Valentine's Day is not only for couples, it is also for self-love and chocolate but also to appreciate those who love and care about you like your friends and family. Stay safe and have a wonderful Valentine's Day.

## Health & Fitness

BY KAREN NIXON-CARROLL



## All about core training

When you hear 'core exercises', most likely the first thing that comes to mind is ab exercises and you would be correct... almost.

Your 'core' includes everything from your shoulders to your knees, with a strong focus on your abdominals, lower back and glutes (butt).

When you neglect to train your core, it's like forgetting to build a house with support beams: there is decent framework there but it crumples and falls apart when we use it for its intended purpose.

Core training is more than just ab crunches. Think about it: what helps hold your body upright? It's your spine! Training all the muscles from the top to the base of your spine is just as important, if not more important that isolated abdominal focus. Plus, if your main go-to core exercise is crunches, then you are basically training yourself to get better at crunches, not to have great abs. If it's six-pack, show-off abs you want, then those are made in the kitchen, my friend, with very carefully planned eating.

The best core exercises you can do are the ones that force you to move your limbs in a variety of directions while holding your torso in neutral spine position (or think, tall, elongated posture).

There are also many core exercises that have your rotating through your waistline that are great practice for the things we do in everyday life, sport and jobs that are physical.

First, let's talk about core stability. Think back to that house with no beams. If you lack stability, then you will put more stress on your frame and cause hunching or arching of the back and abdominals and set yourself up for injury.

Performing various plank positions is a great way to train core stability (hand plank, elbow plank, one-legged plank, side-plank).

The proper way to execute a plank, no matter what variation, is to pretend you have a wooded dowel stuck from top of your head to tailbone and you can't bend or bow away from that. Use mirrors or ask a trainer to watch your form. Don't make yourself hold plank for a really long time just for the sake of time. If you can only do it properly for three seconds, start with that. Next time go for four, then five and so on. Doing any exercise sloppy because you were told a certain time or reps is just plain silly. Quality over Quantity.

Some other core stability exercises include reverse plank (looks like plank, but you are facing up with hands on the floor behind you), tree or star pose (standing on one leg with other foot pressed to your leg or leg lifted to side, arms overhead or out to sides at shoulder level) and warrior III pose. (Tips at the hips on one leg and extend other leg until body and leg are parallel to the floor, with or without a weight.)

Really, any exercise that makes you hold on in one place for an ex-

tended period is going to strengthen your core stabilizers and help improve your posture. For all of these exercises, make sure chin is up, chest is proud and open, abdominals are strong pulled tight (not too tight that you can't breathe), glutes and low back are bracing the position.

The next focus is on core functionality. This is all the dynamic exercises that allow you to have range of motion, mobility and flexibility so that you can prevent or recover easily from injury and be able to do many movements while maintaining strong posture. We don't want you to be a wet noodle, but we don't want a dry, stiff one either. Your limbs can move freely and your trunk can bend without breaking or tearing and return to its strong shape when not under stress: a solid but flexible tree.

Some great core mobility exercises include kettlebell swings, or low squat front raise overhead (hold weight low with body upright and then extend legs at the same time as raising arms out front and all the way overhead, with or without weight), around the world (start in low squat with arms hanging but body and shoulder upright, then bring the arms in a big circle to the side and overhead and back around again, repeat in the other direction), squat to overhead raise with a lunge (keep arms straight as you raise them overhead), hip to shoulder rotation with crouch / lunge (crouch or lunge back with weight beside front hip, shoulders rotated to face hip, lunge lack leg forward as you bring weight to the opposite shoulder, repeat for more reps and the repeat other side).

Abdominal curls have their place still and the best position for this is on a stability ball where you can hyperextend your back a bit and then squeeze your abdominals as your raise your shoulders to come to neutral spine or a little higher with the chest.

You can do full sit-ups, but the intention should be to practice getting up (off the floor, out of bed, off the couch). In fact, take your crunches to the next level by performing get-ups (pictured; curl up as you reach back and then lift your hips to tabletop position, with or without holding a weight overhead).

For the most part, keep your exercises slow and controlled. Quick power has its place, but only add this when you have mastered the basic skills or when you are working with a trainer for very specific goals. Cranking out 100 crunches in a minute or so is doing more damage than good.

As with any exercise, make sure to stretch and relax your core muscles. We use them all day long and it's important that we treat them well with a nice long stretch at the end of a workout.

Sign up for an orientation in the Student Wellness Centre or attend six-pack and Backpack or Yoga classes offered daily to have guided direction in training your core.

Karen Nixon-Carroll is the Program Manager at Fanshawe's Fitness Centre.

# Aaron Pritchett: Back in London and ready for a good time

MELISSA NOVACASKA  
INTERROBANG

It's only the second month of 2019 and Canadian country-rock singer/songwriter Aaron Pritchett is already off to a busy start.

The B.C. native is currently out on the road for his *Out on the Town* Tour, which started on Jan. 11 in Sidney B.C., wraps up the first leg on Feb. 23 in Pictou, N.S., and makes a stop in London on Feb. 13.

The nation-wide tour is in support of Pritchett's latest EP, *Out on the Town*, (released Jan 11, 2019) which so far has had two successful songs "Better When I Do" and "Worth A Shot", the latter charted in the Top 10 on country radio for four weeks straight.

Pritchett, a Juno Award nominee and multiple Canadian Country Music Association (CCMA) Award winner spoke to Interrobang and had positives to share about life on the road so far.

"It's pretty awesome. It's really cool to be able to do a tour like this that's such a long tour, an extensive tour, that goes right across the country," Pritchett said in a phone interview from Edmonton, the tour's latest stop at the time.

With 35 shows in 40 days and a number of them sold out, Pritchett said this tour is the longest one he's been a part of during his 20 plus years in the music industry.

"This is double the size of any other tour I've done. The last [one] that I did was in 2015 and it was 18 shows in 21 days and this one is literally double that and we're hitting many markets that we didn't get to hit last time," Pritchett said.

According to Pritchett, since this leg of the tour is going well, his team is trying to make a second leg that would start in September, and would see him reach even more markets and perhaps repeat some markets that were successful the first time around.

"It's crazy. It's pretty awesome because it's a two hour show almost, really, it's pushing two hours and it's non-stop in your face and kind of hopefully leaving you wanting more," Pritchett said. "It's kind of a dream come true this tour."

Also on the road with Pritchett is Ottawa's own Kira Isabella as well as Winnipeg native David James. Both musicians were an "easy pick" for Pritchett to choose from and it helped that everything "lined up perfectly", for the three of them to go on tour together.

While both musicians have a few of years in the music industry un-

der their belts, Pritchett said he is "fortunate to have them [all] on the [same] bill".

According to Pritchett, this tour would not only give Isabella and James new experiences (some that he's already gone through himself), but also allow Pritchett to mentor the musicians to "some degree" and "help them avoid some pitfalls and some speed bumps along the way, that they might have been going through already".

While being away from home, travelling and living on a bus for roughly six and a half weeks, Pritchett said tour life is fun.

With Isabelle and one of her managers also staying on the bus (a first for Isabella), there are 11 people total travelling across the country in the vehicle's tight quarters.

"We all get along great. That's the thing is that we're like a family and you have to live together for six and a half weeks and you got to be able to get a long," Pritchett said. "So for us to be travelling together and we get along extremely well and just every night and every day has been a total pleasure being around all these guys."

Pritchett also said that since the team is in such a small space a lot of the time, it can feel like they're "stuck in a tube" and therefore can easily get sick. Taking care of both their physical and mental health is essential, which then helps put everything else into place.

"Your chance of getting sick is pretty high so we've managed to make it work so far and I think it's just a matter of surrounding yourself with good people that avoid you from getting those sicknesses and those frustrations so it's amazing," Pritchett said.

Dubbed as "one big happy family", Pritchett said one of the best things about touring is getting to hang out with the crew on the bus.

"We sit around and we throw ideas around about what we could do better about the show, what we could do better about [the] social media aspect of things and just sit around and talk about each other's lives. I think that's one of the coolest things," Pritchett said.

However, for Pritchett, the fans' interaction is another big aspect of the tour and career equation.

"Ultimately when it comes down to it, it's seeing those crowds and seeing them sing along to all these songs and having these sold out shows is just mind blowing," Pritchett said.

"My fans are the reason that I do what I do. I love my fans and I appreciate them and I'm glad that



CREDIT: KAROLINA TUREK

Canadian country-rock singer/songwriter Aaron Pritchett, is on a high note with a new EP and a nation-wide tour. He plays the London Music Hall on Feb. 13.

they're still growing [in] numbers and what I love to see too is that they're so loyal."

No stranger to London, Pritchett said he "loves London", and joked about how he should consider buying a house in the Forest City, considering he's been here a number of times, including this past September's Western Fair, last June's Country Music Association of Ontario (CMAO) Awards and 2017's Trackside Music Festival, among other times.

This time, along with Isabella and James, Pritchett will hit the London Music Hall come mid-February.

"I've been [to the London Music Hall] several times, [and] it's such a great venue and the fans have always been incredible in London," Pritchett said. "It's like this super awesome country town that most people wouldn't imagine it to be, but it always is. Every time we come there, it's awesome crowds and people [are] singing along to all the songs so it's great."

Fans are sure to be in for a good time and may hear tunes from *Out on the Town*, such as the EP's title track, his two favourites from the album, "Ain't Stressin'" and "Top Shelf" and many more of his hits such as his Top 10 Gold-certified song "Hold My Beer", his 2008

hit "Let's Get Rowdy", "Dirt Road in 'Em", "When a Momma's Boy Meets a Daddy's Girl" and much more.

Fans may notice that the songs from his latest EP are quite diverse and the only thing that is a constant is the voice heard on each song, an intentional touch for Pritchett.

"Everything is so different from each other, no two songs sound alike on that album and I love that aspect of it," Pritchett said. "I think there is going to be something for everybody and I've tried to say that before on albums, but this one I mean that more than ever, that there's kind of a rock sort of flavour song, there's that pop flavour song there's sort of semi-traditional country, it's got everything."

With all his songs and shows, Pritchett is on a mission.

"I just want people to enjoy my music, to feel better, to help them escape from maybe their daily lives for 90 minutes when they come to show and whether they're feeling down I hope it brings them up ultimately and not just with the show, but the songs," Pritchett said. "I hope it puts a smile on their face and I hope it makes them feel good and makes them want to come back and see more."

Pritchett also said he tries to in-

clude some humour into his show and music.

"At the end of the day, that's my job as an entertainer. I've never said I'm the greatest singer in the world, greatest musician or songwriter or anything like that, but when it comes to entraining, I take a lot of pride in that I feel that that's my strongest suit and if I can entertain and make people still feel awesome, then my job's done," Pritchett said.

Describing his live shows as "country-rock" "flashy" and "Nickelback meets country", Pritchett said even by just listening to his music once the show starts, he said he hopes people can sense that there is country in his sound, but that it gets your adrenaline going.

Without giving away too many spoilers, Pritchett had positives to share about what fans can expect on this tour.

"We start with a bang and end with a bigger bang," Pritchett said. The ending is something you actually have to see to believe and when you do, you'll be pleasantly surprised that's for sure and we're going to get you singing along, I can guarantee it."

For more information on Pritchett, his tour and tickets, visit [aaron-pritchett.com](http://aaron-pritchett.com) and [londonmusic-hall.com](http://londonmusic-hall.com).



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Monday to Friday 6:00 a.m. - 10:00 p.m.  
Saturday and Sunday 8:00 a.m. - 7:00 p.m.

Student Wellness Centre 519-452-4477 [www.studentwellnesscentre.ca](http://www.studentwellnesscentre.ca)



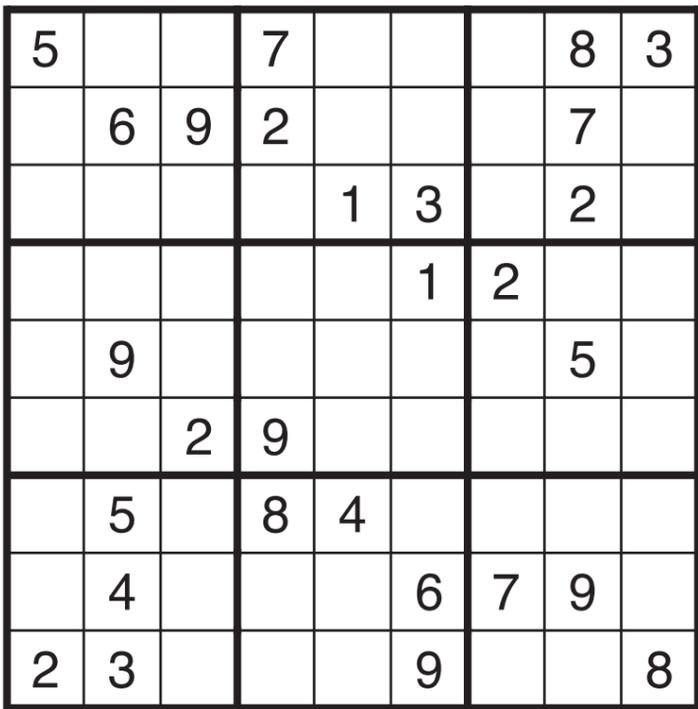
**ACROSS**

- 1. Java neighbor
- 5. Saudi neighbor
- 10. Condition for some distracted kids, for short
- 14. Clickable image
- 15. Having three dimensions
- 16. Lecherous look
- 17. Marquesas, Society Islands, etc.
- 20. Month (Abbr.)
- 21. Wild, edible mushrooms
- 22. Blatant

- 23. Bog
- 24. Block
- 26. Protest
- 30. Demolitionist's charge
- 33. Working undercover, for short
- 34. Coarse fiber
- 35. Articulate
- 36. Ado
- 37. Recipe direction
- 39. Arrange, as hair
- 40. Yen fraction
- 41. Aquatic worm
- 42. Wavelike design
- 43. Bookstore section
- 44. "We have the same problem!"
- 47. Giving the go-ahead
- 49. Joins
- 50. 1980's-90's ring champ
- 52. Moore of "G.I. Jane"
- 53. Triumphant cry
- 56. Out of public view
- 60. Egyptian solar deity
- 61. One of South Africa's eleven official languages
- 62. D-Day beach

- 63. Acclivity
  - 64. Arcade coin
  - 65. Put trust in
- DOWN**
- 1. "Back to the Future" villain
  - 2. "God's Little \_\_\_\_"
  - 3. Israeli seaport
  - 4. Setting for TV's "Newhart"
  - 5. Yellow shade
  - 6. Kermit or Fozzie
  - 7. Native Australians
  - 8. It's love, in tennis
  - 9. Far from friendly
  - 10. Advil alternative
  - 11. Not exactly the best to grow roses in
  - 12. One with will power?
  - 13. "Dang!"
  - 18. Sharing mail with, in a way
  - 19. Jotted down
  - 23. Anchor
  - 24. Baby's first word, maybe
  - 25. Flight data, briefly
  - 26. Brawl, in Bologna

- 27. Stage direction
- 28. Types of apples
- 29. Synthetic fabric
- 31. Pacific nation once known as Pleasant Island
- 32. Blood bank category
- 37. Unskilled worker
- 38. Math course, for short
- 39. Clinic workers, for short
- 41. Islamic folklore figure
- 42. "M\*A\*S\*H" extra
- 45. Pluck
- 46. Forms a barricade around
- 48. Greek dialect
- 50. Alpine transport
- 51. Abominable Snowman
- 52. Asian tree
- 53. Pot starter
- 54. Recover
- 55. Far from ruddy
- 57. It ends in Oct.
- 58. "Terrible" age
- 59. Second smallest continent, by size (Abbr.)



Puzzle rating: Medium

Fill in the grid so that every row, every column and every 3x3 grid contains the digits 1 through 9. That means no number is repeated in any column, row or box.



**FARM ANIMALS**

- Bees
- Bison
- Buffalo
- Chicken
- Cow
- Dog
- Duck
- Fish
- Goat
- Goose
- Horse
- Llama
- Rooster
- Sheep
- Turkey



A \_ \_ \_ \_ H \_ \_ \_ A \_ \_  
 7 6 1 10 25 3 7 6 21 20 14 2 14 7 2 14

\_ \_ \_ \_ \_ H \_ \_ \_ \_ \_ \_ \_  
 21 14 6 21 6 21 20 14 2 14 17 19 1 1 15 14

\_ \_ \_ A \_ \_ \_ \_ \_ U \_ \_ \_ \_ H \_ \_ \_ \_  
 24 2 7 16 14 2 19 25 24 26 15 1 19 9 6 9 20 10 10 1 6

**Solutions**

*"As long as there are tests, there will be prayer in public schools."*



## INTERROBANG COVER CONTEST

WINNER TAKES HOME:  
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 Friday, March 22nd 2019

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Email your submission to Melissa Novacaska, Interrobang - Editor - [mnovacaska@fanshawec.ca](mailto:mnovacaska@fanshawec.ca)

Butt sweat n Tears

by Andres Silva



Freshman Fifteen



By Alan Dungo

NOT NEUROTYPICAL

Boomers have been giving Millenials and Generation Z a really hard time for taking adulting classes - Skills we didn't get taught.

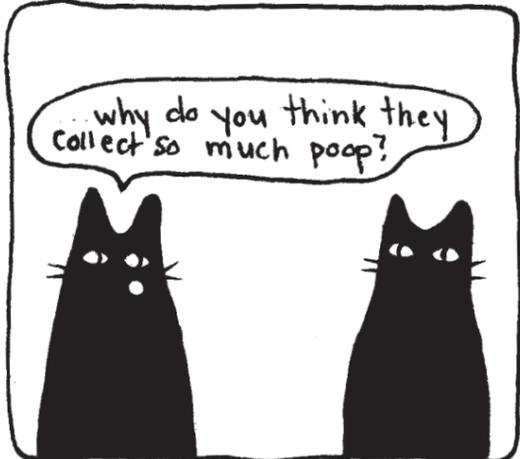
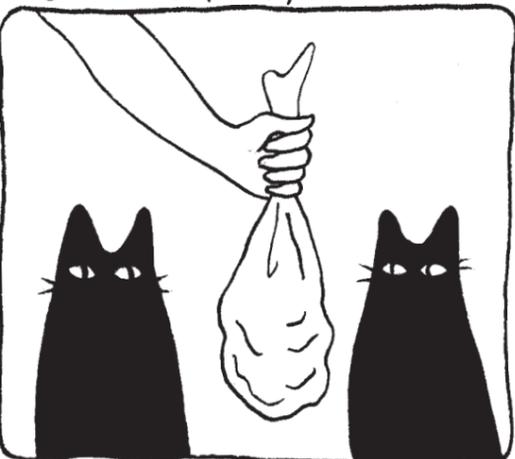
I think it's better to take a class than rely on your kid to fix your computer or set the clock on your VCR!

Uh. Aunt Pwert? What's a VCR?

Generation Gap



... ONE CAT'S POOP, ANOTHER MAN'S TREASURE "



dumb Kitties

L.GUMB

zodiac stargazer HOROSCOPE

ARIES

Blowing off steam and keeping busy will help you avoid trouble this week. Keep moving and don't stop until you are satisfied with what you've accomplished. Ask for help and you will get the answers you need to make a decision or move regarding your future. Listen carefully to instructions to help avoid making a mistake or being criticized by someone who likes things done in a specific way. Pay close attention to detail and you'll be given an opportunity to advance.

TAURUS

Not everyone will be happy with the choices you make. But you'll come to a conclusion that will help you make an important decision. Look at all angles and make your move. Expect opposition, but don't back down. Be prepared to offer answers to get others to see and do things your way. Before you decide to pitch in and help, make sure it's reasonable and fits into your busy schedule. Focus on your projects, not someone else's. Keep your thoughts to yourself late this week.

GEMINI

Don't waste your time on pie-in-the-sky ideas. Be discriminant when it comes to the decisions you make. Greater opportunities are within reach. Set up meetings, look over your options and do what's best for you, not what someone else wants you to do. Go directly to the source if someone wants you to pitch in and help. Know what's expected of you before you say yes. Emotional blackmail is apparent. Give yourself a critical going-over and make adjustments that will lead to a healthier lifestyle.

CANCER

Try doing something different this week. A new hobby or exercising your right to make your life better. If someone offers help find out what he or she wants in return before you accept. Aim to keep things fair. Show your feelings. It's important to let people know where you stand on issues if you want them to consider your way of thinking. Listen to suggestions but be sure to follow your heart. Be careful how you react on the 14th. Not everyone will agree with you.

LEO

Say what's on your mind and keep moving forward. You can achieve plenty if nothing is standing in your way. Personal change will turn out well. Think about what makes you happy and extend the same to the ones you love. If you want positive change, it's up to you to make it happen. Don't leave yourself in a vulnerable position due to poor influences. Set new goals and follow through until you are satisfied. Be and do your best; good things will come your way. Romance is in the cards this week.

VIRGO

Discipline will help you get into shape. Set up a routine that you feel you can stick to until you achieve your goal. A change can throw you off-guard if it upsets your productivity. Be willing to work with someone who is unpredictable, and it will make your life easier and prepare you for bigger challenges. Emotions will surface when dealing with matters that affect an important relationship. Walk away from indulgent behaviour. Don't be too willing to pay for others.

LIBRA

Don't get worked up over nothing on the 14th. Rationalize how best to deal with someone who is demanding without getting upset or involved in a dispute. An opportunity should not be ignored just because someone doesn't want you to take part. You need a diversion that will bring you joy and ease your stress. Keep your life simple. Moderation will help you stay out of trouble. Someone is likely to break a promise. Have a backup plan in place. Don't give in to someone who is being selfish.

SCORPIO

You need a break this weekend. A couple of days away will spark your imagination. Emotions will be elevated on the 14th. Do your best to get along with everyone and avoid an awkward situation. Get back to basics. A unique experience will change the way you see life. Learn from what you see, and you'll discover a lifestyle that will help you engage more in nature and less in materialism. A sibling's remark will take you by surprise and give you something to think about.

SAGITTARIUS

Start putting more thought into what you want to do with the rest of your life and come up with a plan. An idea someone suggests will prompt you to research or study something that will add to your skills. Beware of someone using emotional tactics in order to get you to do something you should probably not consider. Put more time and effort into self-improvement. Choose a healthy routine and friends who encourage you to be and do your best.

CAPRICORN

Think about the best way to deal with people who are unpredictable. Those old emotions will be erratic along with anger and regret this week. Think before you respond. Personal change should be your goal. You can't change others, but you can strive to be compassionate, understanding and loving. Make a point to do things differently. Changing things up a bit will show how versatile you can be, and that will prompt others to be open to doing things your way as well.

AQUARIUS

It will be easy to lose sight of what you are trying to accomplish if someone doesn't give you all the information you require to make a good decision. Don't hesitate to ask questions. An opportunity should not be put off because someone is making a fuss. It's you who has to be happy with the outcome, not someone else. An emotional plea someone makes should not leave you feeling obligated to do something you don't want to do. Look for alternatives rather than put yourself in a precarious position.

PISCES

Offer help but don't let anyone take advantage of you. Set the standard instead of letting someone else make the rules. Let your experience help you navigate a situation that is unhealthy. Share your feelings with someone you care about on the 14th. The time taken to explain what you want and what you are willing to give back will help you open the door to a better life and relationships. Take better care of your health and well-being. Moderation should be your goal.

# Beauty standards around the world

JOCELYN WONG  
INTERROBANG

Journalist Esther Honig released a series of photos in 2015, showing off different standards of beauty around the world. The task was to take a photo she provided and get graphic artists from around the world to manipulate it to become the standard of beauty in their respective countries.

## South-East Asia

Pale skin is a sign of affluence and a marker for beauty in this part of the world. In that region, it is not unusual to find women carrying umbrellas or parasols on sunny days to avoid getting tanned. It is more difficult to find a beauty product there that doesn't have some bleaching properties.

V-shaped faces are another ideal that South-East Asian strive for. Some have gone to lengths to undergo surgery to file down their

jaws and readjust the chin position for an ideal face shape. The surgery is often paired with Botox injections to tighten up the skin in that area for a more dramatic look. Other methods to achieve the v-shaped face shape is through facial exercises and investing in a plethora of masks and firming cream.

Thinness is something that many strive for in different cultures, but not to the extent of the Chinese. In 2016, one of the biggest Chinese Internet crazes was holding up a piece of A4 printer paper vertically against their bodies as a scale to show off their waif physique (then using the #A4Waist hashtag). In order to participate, the subject's waist must be completely hidden by the sheet of paper.

## Latin America

Having a thin stomach with large breasts and buttocks is strived for in Latin America. Some girls go through surgery at a young age to cut out part of their intestines in or-

der to disrupt the digestion system. Other young women are injected with hormones at the early age of eight or nine in order to promote growth. A 2003 study conducted by the Inter-Development Bank yielded results saying that children and adolescents in Medellin, Colombia had the highest rate of eating disorders (more so than anywhere in the world).

## Mauritania

Full-figured ladies are desirable because overweight women represent wealth: the more stretch marks, the higher the prestige. Mauritania is one of the few countries in Africa where male children will receive less food in their childhood. In fact, it was commonplace to send daughters to "fat farms" to fatten up and force-feed children 10,000 calories a day starting at the age of five and have limited physical activities. Other ways women achieve this standard is to use bloating products, which can result in health compli-



CREDIT: JULIANNA NAZAREVSKA

Standards of beauty across the world is not the same for each country, but what makes us different is something quite beautiful.

cations.

## America

America once boasted the title of the sunbed capital of the world. The ideal of "glowing" skin and a "sun-kissed" tan is heavily engrained into their ideals of beauty. This is because tans were considered

"healthy looking" and slimming. The tan also implies an active and fun lifestyle.

Americans prefer a "healthy" looking physique as opposed to a rail-thin body. Americans prefer some muscle mass and a healthy look.

## Ed the (politically incorrect) Sock coming to London

ANGELA MCINNES  
INTERROBANG

Brace yourselves, Londoners.

Ed the Sock is coming to Rum Runners on Feb. 16. The venue is the first stop on his War on Stupid Ontario tour.

"The War on Stupid is if you look around. It doesn't take a genius to see that right now we are surrounded in the media, and in our cultural forces, by stupidity," Ed said over Skype, in full character. "Alternative news, alternative facts, SJWs [social justice warriors], snowflakes, alt-right, trolls...all over the place, there's people acting like morons. 'Stupid', for the purpose of the War on Stupid, is not someone's intellectual capacity. It's people who are happily operating beneath their intellectual capacity, and our job is to kick them into high gear, left or right, doesn't matter. We're going to spill your Kool-Aid with some weaponized intelligence."

The gray, green-haired, cigar-chomping sock puppet was a prominent Canadian television personality throughout the '90s to early 2000's. Manned by Steven Krezner, Ed the Sock rose to fame by critiquing horrible music videos during the golden age of Much Music. With his wife and business partner, Liana (Red), Ed also hosted Canada's longest-running late night talk show, *Ed & Red's Night Party* until 2008.

His follow-up projects include the movie-riffing show *This Movie Sucks!*, an advice column in *Faze Magazine*, and helming his own YouTube channel, the *FU Network* (FUN). Liana has established a following as cosplayer and pop-culture essayist on her own channel, *Liana K*.

Ed is a household name among Canadians who grew up in the '90s thanks to his foul mouth and brutal honesty; traits from which he said no one on the political spectrum has ever been safe.



CREDIT: PROVIDED BY KSTAR MARKETING AND PR

Ed the Sock, and his partner, Red, say they are waging an all out war on stupidity. They're performing in London on Feb. 16 at Rum Runners.

He said that the War on Stupid highlights how extreme political correctness challenges him as a comedian and satirist.

"We're going to use comedy to let people see the absurdity of some of the things they believe. I'm going to tell some jokes that I'm not allowed to tell anymore and explain why I can't tell them anymore," said Ed.

"We're going to show some clips of stuff from our TV shows from a decade ago which were fine to air during the day, but now, you don't even put on the Internet because you'll get dogpiled; just to show how much the world has changed. We're going to edify and enlighten but mostly we're going to enter-

tain."

Ed said that while he may say a few things people might not like, the point is to speak what he believes.

"I am there to speak out, to form the words that you're not able to necessarily enunciate, and to be there to stand up for the wide middle of people who are reasonable, intelligent and want to laugh," he said. "There's nothing funny about punching down on victims, but once you find yourself incapable of finding laughter in any situation, that's when you realize you've gone off the deep end."

You can purchase tickets for the War on Stupid at [edthesock.com](http://edthesock.com).

## Suspiria: A test of patience

JOSHUA R. WALLER  
INTERROBANG

After a limited release in Canada, *Suspiria* (a remake of the iconic original in 1977), has finally been released nation-wide. With much skepticism around this remake, *Suspiria* ended up being a masterful work of art and kept some of the essence of the original alive. However, with over an hour extra tacked on to this new version (for a total of 152 grueling minutes), *Suspiria* is definitely not a film for everyone.

*Suspiria* takes place in 1970s Berlin where a young American dancer auditions for a spot in a world-renowned dance company.

As she quickly vaults for the lead dancer, the girl she replaces has a mental breakdown and begins to accuse the dance company's directors of witchcraft.

As the story unfolds, the dance company is not all what it seems to be.

The major downfall to this version of *Suspiria* is the length of the film. The plot is so drawn out and the film has so much filler in it, that it becomes quite difficult to follow along (some scenes are as interesting as watching paint dry).

While there are a few exciting scenes that eventually lead to the grotesque ending, the rest of the film is quite slow and boring.

Since the story line of the movie is fairly complex, it's a film that you have to give your full attention to or else you will become extremely lost (as well as miss some of the film's artistic nuances).

What saves this film is how visually stunning it is. From the costumes to the set décor, *Suspiria* doesn't miss a single, visual detail.

On top of that, the dance routines were choreographed so perfectly that every performance left you with this overwhelming sadness. Without this precise attention to detail, the film would have been a



CREDIT: AMAZON STUDIOS

Though *Suspiria* is a well-crafted film with great makeup artistry and choreography, it is too drawn out and devoid of quick thrills.

complete flop.

The makeup artistry in this film is also masterfully done. Not only did it allow Tilda Swinton to play three characters (without being able to tell it was her), the wounds and gore were so realistic looking, it helped keep the sense of realism alive in the film.

However, even though the film was well crafted, there wasn't enough suspense or fear created to keep the momentum of the movie going.

Since they added over an hour to this film, they should have added way more "scary scenes" to keep the audience on their toes. For a horror movie, I found it quite dull and the furthest thing from scary.

Overall, *Suspiria* is definitely not a movie for everyone. It is long, it is completely drawn out and it definitely will test your patience.

If you are looking for a horror movie with some quick thrills, this is not the movie for you.

If you enjoy dance, appreciate artistic nuances and are open to a challenge, I would definitely give *Suspiria* a watch at least once (I commend you if you can sit through it more than one time).

# Five ways to understand and celebrate the diversity around you



CREDIT: ELENABS

There are many ways to understand and celebrate the cultural diversity around you. Here are five simple ways to help you become more culturally aware.

## BREANN GLASIER INTERROBANG

Observing and understanding cultural differences is a great way to become more connected in the Fanshawe and London communities. At Fanshawe, we are very fortunate to celebrate students of many cultural backgrounds.

There are many ways to understand and celebrate the cultural diversity around you. Here are five simple ways to help you become more culturally aware:

### Check out local festivals and cultural events

Fanshawe offers many cultural events throughout the term, including several run by the Fanshawe Student Union. These events can be a great way to connect with students of differing cultural backgrounds, and to learn more about the diversity that exists within our own walls. On a larger scale, movie nights, dances, galas, festivals, and events abound in London every year. Pride London and the International Food & Craft

Beer Festival are major annual events that take place every summer. Many Black History Month events are taking place in the coming weeks and can be found on the London Tourism website.

### Research & educate yourself

A little bit of research can go a long way. Educate yourself about cultural norms, communications, and beliefs using easy-to-access resources. Check out an alternative press source online to read up on different traditions and beliefs. Podcasts are a great way to learn more and are easy to listen to while on the go. A great one to start with is the TEDTalks Society & Culture podcast. Netflix is home to many cultural documentaries, and a ton can be found for free on YouTube.

### Scope out a new restaurant

Trying new foods London is home to an astounding number of locally owned restaurants serving international cuisine. From Japanese to Greek, and Thai to Mexican, there are endless options to try. Check out TripAdvisor to see price ranges, reviews, and locations of the top choices in London.

### Join friends of different backgrounds in some of their own traditions

This is a very easy, social, and fun way to become more aware of other cultures and traditions. Plan to celebrate cultural holidays with friends of different backgrounds than that of your own. Make plans to learn how to cook cultural foods, or arrange a potluck to share different plates from around the world.

### Attend cultural and educational institutions

Observation can be one of the best ways to become more culturally aware. Many religious institutions offer 'open doors' – that is, everyone is welcome regardless of religious background. London is home to a Hindu Cultural Centre, Buddhist Temples, a Mosque, Synagogues, Churches, and many other religious institutions. Many of these institutions offer social events to encourage a sense of community and understanding. Museum London offers an array of educational events centred around cultural awareness and inclusivity.



CREDIT: JUNOAWARDS.CA

Ben Kaplan, who graduated from Fanshawe's Music Industry Arts (MIA) program in 1998, will be receiving some well-deserved recognition at the 2019 Juno Awards in London ON.

## MIA alumnus Ben Kaplan receives his third Juno nomination

### LLIAM BUCKLEY INTERROBANG

It's an exciting time of year for the local music industry with the annual Juno Awards coming to London, Ont.

This excitement was amplified with the announcement that Fanshawe Music Industry Arts (MIA) alum Ben Kaplan has been nominated for a Juno in the Engineering category for his work with Mother Mother on their single "Get Up" and "It's Alright" on their *Dance and Cry* Album. Interrobang spoke with Steve Malison who is the Fanshawe Audio Post Production (APP) co-ordinator and a professor of MIA.

Malison shared fond memories of what made Kaplan unique and expressed his joy that the student has been so successful in the industry since graduating MIA in 1998.

"He was great. Really, really on it and wide, the guy could do anything...[A] totally reliable guy," Malison said, recalling Kaplan's time as a student in MIA.

Malison went on to share how after graduating MIA, Kaplan decided to apply to Digital Applications a few weeks into the first semester of the program, which required him to work double time to get up to speed.

"He goes 'Oh no problem I'll catch up,' and he did but he kept on going," Malison said. "He ended up doing extremely well."

This dedicated work ethic made Kaplan stand out from other students, so when renowned producer/engineer Garth Richardson came to Malison looking for a couple assistants to work with him on the debut album for the heavy metal group Kittie, Kaplan was the first student Malison recommended.

Kaplan carried his professional attitude into the studio, which continued to impress those he worked with.

"He was great with everybody. You could just tell that he was so relaxed...It takes awhile to develop your client base but maybe that's how it starts for people like him. It's both sides, it's both the tech side and the personal relationship," Malison said.

Richardson took note of this positive work ethic and soon had enough faith to leave the assistant alone on sessions when he needed

to leave the studio for a period of time.

"To leave a [audio post-production] diploma student alone in the studio with the group of players and trust him, that says a lot," Malison said.

This relationship with Richardson proved to be extremely fruitful as Kaplan soon moved to Vancouver where the two worked together on a number of projects, eventually joining forces with other notable engineers to form Fader Mountain Sound Recording Studios.

Here Kaplan continued to amass a number of notable clients including Biffy Clyro, Five Alarm Funk, Bootsy Collins, Snoop Dogg, Shakira and Rise Against.

"A lot of people trusted him. He was that good," Malison said. "He always had, I think, that burning desire and the confidence to get in there and do really, really great work"

"You don't get a Juno necessarily six months after you graduate. That was 21 years ago that he graduated, maybe it's time," Malison said, noting that this is actually Kaplan's third Juno nomination in recent years. "Let's hope Ben wins this time around," he said.

Whatever happens, Malison said he acknowledged that the music industry along with many other industries continues to be saturated in Fanshawe graduates, recognized for their work in a number of ways whether it be the Junos, Grammys, and more.

"It's always been about getting in great people who can do great work and who are not afraid to spread their wings a bit and get out of their comfort zone every now and then. I think that Ben has really done a great job at that," Malison said.

It's no doubt that Fanshawe continues to serve as a strong base for students in all industries, but Malison who believes that greatness cannot be taught, shares that it is up to the each individual student to use the knowledge they learn at Fanshawe, combined with proper work ethic and passion to propel them forward.

"I just think people who earn awards like that earn them on their own. They've had a good start, this place is a great place to start off anybody in any field," Malison said. "You can build on that and learn how these people got to where they [are now]"

## You are what you wear?

### JOCELYN WONG INTERROBANG

Halloween started out as a pagan day to remember lost loved ones, but in modern years has become a day of dressing up in costumes and sauntering around the block for treats; jack-o'-lanterns were placed in front of houses to ward off evil spirits.

Costume festivities were first introduced in various parts of Europe: the first instance of children dressed in a disguise and going door-to-door for treats was in Scotland and Ireland in the late 1800s. This tradition made its way to Kingston, Ontario in the early 1900s.

This practice has been popularized to include fictional characters, celebrities, and other fantasy characters. Some mass-produced costumes are pop culture references that represent ethnic cultures.

Guy Williams, manager of Fanshawe's First Nations Centre said these representations are "inappropriate" and that he would "like to think that we're moving past that".

Williams said he believes that the reason why people dress up in culturally charged clothing stems from "not knowing". He defines the act itself as "ignorant, but not in a negative way".

Instead of believing in malicious intent, he said believes that some people "don't see it from the perspective that they are making a mockery of the culture. They don't see it as dehumanizing a culture".

"I don't think that people are thinking that. In their minds, it's fun and games. Sometimes people don't think of the deeper issues [that are rooted in committing certain act]," Williams said.

While some people harp on some who choose wear headdresses as part of a costume, Williams said that this perpetuates "a lack of understanding", in how Indigenous (and other ethnic) people dress. "Actually, only a few nations would have a full headdress. Not all chiefs wear that," Williams said.

These characterizations of ethnic cultures lead to an unrealistic representation of minority groups and a bastardization of cultural nuances.

Williams urges people who are curious about other cultures to "go learn; largely speaking Canadian people don't have a large understanding of the history of Indigenous people: our language and our experiences". This applies to other cultures as well.

"There's nothing wrong to want to learn a little bit more," Williams said.

In fact, he said he believes that starting a conversation will open up people's eyes. In one instance, he was asked to talk about residential schools casually. Though it was a very traumatic experiences, he understood that the person only "wanted to know more" and commends them for "trying to understand the other side of the colonial conversation".

Part of the "Indigenous belief is that [we] respect all nations," Williams said.

Instead of letting differences pull each other apart, he said he believes that "there's nothing wrong with differences", as long as there is a sense of mutual respect.

Williams said that people should "talk to people and get to know them", because everyone comes from diverse backgrounds.

Even within the realm of Indigenous populations, there are 53 different languages and no two cultures are exactly the same. They each share some things in common, but also celebrate each other's differences.

By choosing to slap on a mass-produced ethnic Halloween costume, people choose to ignore the complexity of cultures and are not well-informed about the implications of the outfits they wear.



CREDIT: NAUMAN FAROOQ

The 2019 MINI Cooper is definitely a vehicle to check out and test drive this year.

# Automotive Affairs: The 2019 MINI Cooper



NAUMAN FAROOQ  
MOTORING

The current generation of the MINI Cooper has been with us for a number of years, but for 2019 it has received a few updates.

However, these updates are not easy to spot, so let's look at the car in detail to examine them properly.

**Exterior & Interior:** You will be hard-pressed to find any styling differences between the 2019 MINI Cooper versus the previous years model. There is a new, two-dimensional logo, and new optional LED headlights, which would also then give you tail lights that resemble the British flag, not that my tester had this option. Apart from that, there is not much else new about the 2019 model, so if you've liked the look of the Cooper in recent years, you'll like the update, too.

Same story when you open the door, the interior is largely the same as it was in previous years, but now has some cool options, such as available 3D printed parts which are customizable to suit the cars owner – not that my tester was fitted with any of it. If you have the base model (as tested) than you get a 6.5-inch infotainment screen, however, a new 8.8-inch touch-screen navigation system screen is also available.

However, my tester was very

skinny on options, only offering the panoramic sunroof, heated front seats, fog lights, and 16-inch Victory Spoke wheels.

**Powertrain:** For the Canadian and American market, the powertrain has not changed at all. While other markets are offering the Cooper with a seven-speed dual-clutch transmission, we still get the old six-speed manual (as tested) or six-speed automatic transmission, which is mated to an old, familiar engine. Under the hood lies a turbocharged 1.5 litre three cylinder engine, which produces 134 horsepower and 162 pounds per foot of torque. Launch it correctly and it'll sprint from 0 to 100 kilometres per hour in a respectable 7.9 seconds, and top out at 210 kilometres per hour so, fast enough to get you in serious trouble.

**Driving Dynamics:** Numbers are one thing, but how a car makes you feel on the road is very different. I've always enjoyed my time behind the wheel of a MINI Cooper, regardless of the engine it came with, but this time, I kept wishing for more.

Having recently tested a MINI Clubman model with the same engine, but paired to its optional eight-speed automatic gearbox, I thought the smallest (3,837 millimetres long) and lightest (1,191 kilograms) MINI model with the manual gearbox would feel very lively, but it just never did. I think part of the fault is that a few years ago, MINI had taken the "Drive Mode Selector" switch out of the three-door, five-door and convertible Cooper models; while that is still offered in the Clubman and Countryman model with the base engine. Being able to select a mode for the driving you were in the mood for made a lot of difference. The default mode in my three door tester had just felt dull, I really did not enjoy driving this MINI.

Thankfully, it still handled just

like a MINI should, which means a good, well sorted chassis and excellent steering; mind you, the ride quality of the three-door, due to its short wheelbase (2,495 millimetres) was never going to be smooth.

You'd put up with the bouncy ride, if the motor would plant a smile on your face every time you stepped on the throttle, and while that might still be true with the Cooper S (189 horsepower) and Cooper JCW (228 horsepower) models, the base Cooper (134 horsepower) left me feeling a bit shortchanged.

**Fuel Economy:** If you're looking for an economical car, you'll be happy with the MINI Cooper. In my test cycle (170 kilometres of highway driving + 130 kilometres of city driving), I averaged 7.7 l/100 kilometres, that's not bad at all, considering this test took place in winter. However, just keep in mind, that MINIs prefer mid-grade or premium fuel (nothing less than 89 octane will do) and that means you will be spending a bit more at the pumps than you'd like.

**Pricing:** The 2019 MINI Cooper starts from \$23,090, options can take it much further up from there. Personally, I think MINI needs to be far more aggressive with their pricing, because when you look at what the competition gives you for similar money, the MINI certainly isn't a bargain.

**Verdict:** The updates to the 2019 MINI Cooper are far too minimal to stand out, and while it has plenty of good qualities, the competition has only grown stronger in recent years, and the Cooper hasn't been fully reworked since 2014, and its age is beginning to show. Let's hope an all-new Cooper is not too far away.

For additional car related content, please look up: Automotive Affairs on YouTube - <http://www.youtube.com/c/AutomotiveAffairs> and on Instagram at @automotive\_affairs.



## Men's Basketball OCAA West Division Standings

Team	GP	W	L	PTS
x - Humber	16	16	0	32
x - Sheridan	16	13	3	26
x - Fanshawe	16	12	4	24
x - Niagara	16	12	4	24
Redeemer	16	10	6	20
Lambton	18	9	9	18
St. Clair	17	7	10	14
Mohawk	15	5	10	10
UTM	17	4	13	8
Conestoga	15	1	15	0
Sault	15	0	15	0

## Women's Basketball OCAA West Division Standings

Team	GP	W	L	PTS
x - Fanshawe	16	15	1	30
x - Humber	16	14	2	28
x - Sheridan	16	13	3	26
x - Lambton	18	11	7	22
x - St. Clair	17	10	7	20
x - Niagara	16	9	7	18
Conestoga	16	5	11	10
UTM	17	5	12	10
Mohawk	16	4	12	8
Redeemer	16	4	12	8
Sault	16	0	16	0

## Men's Volleyball OCAA West Division Standings

Team	GP	W	L	PTS
y - Fanshawe	16	16	0	32
x - Humber	16	14	2	28
x - Niagara	16	11	5	22
x - Redeemer	16	10	6	20
x - Conestoga	16	9	7	18
x - Mohawk	16	8	8	16
x - Sheridan	16	7	9	14
St. Clair	16	3	13	6
Boreal	16	1	15	2
Cambrian	16	1	15	2

y - clinched division, x - clinched playoff spot

## Women's Volleyball OCAA West Division Standing

Team	GP	W	L	PTS
y - Fanshawe	16	16	0	32
x - St. Clair	16	13	3	26
x - Humber	16	12	4	24
x - Mohawk	16	12	4	24
x - Niagara	16	9	7	18
x - Sheridan	16	7	9	14
x - Redeemer	16	5	11	10
x - Cambrian	16	4	12	8
Conestoga	16	2	14	4
Boreal	16	0	16	0

y - clinched division, x - clinched playoff spot



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24    8:00 PM    FEB 13th

69

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