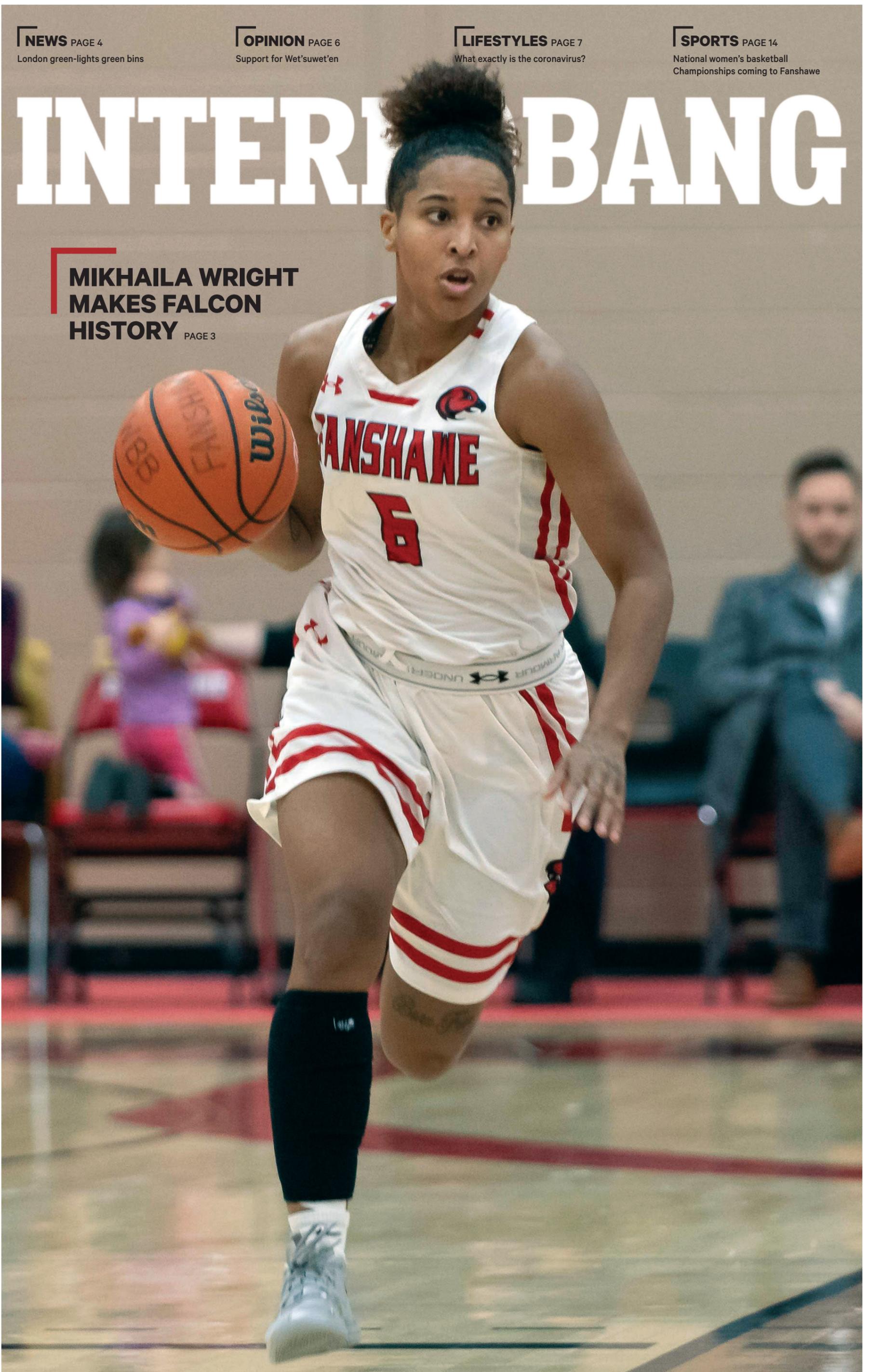


INTERROBANG

**MIKHAILA WRIGHT
MAKES FALCON
HISTORY** PAGE 3





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FROM THE EDITOR Angela McInnes

Greetings, readers from the Fanshawe community and beyond. Welcome back from reading week and to another edition of Interrobang.

Gracing our cover is Mikhaila Wright, fifth-year shooting guard for the Fanshawe Falcons' women's basketball team. Earlier this term, Wright made Falcon history by becoming the College's first female athlete to score 1,000 league points for the Ontario Colleges Athletic Association (OCAA).

As Wright told Interrobang during a video interview, discovering she had achieved the accomplishment was a welcome surprise during the Falcons' 101-98 overtime victory with the Humber Hawks on Jan. 25. You can view the entire video online at theinterrobang.ca.

The night before this issue is out for distribution, Wright will have played alongside the team in its final home game of the season. We wish the women's basketball team, and all Fanshawe Falcons, the best of luck as they hone in on provincial and national championships.

This issue also includes coverage on Fanshawe's upcoming

conference on human trafficking, details on London's new green bin program, and the latest to come from College president Peter Devlin.

In opinion, our writers explore what it means to support the Wet'suwet'en people, how *Parasite* could — or could not — change the Oscars for the better, and how we can embrace obstacles as opportunities, especially as the term comes to a close.

In lifestyles you'll find articles on radical honesty, what you should know about the coronavirus, and more. In sports, we have coverage on the 2021 National women's basketball Championships coming to Fanshawe, as well as the 2020 Ontario Summer Games.

As you can tell, there's plenty of news to catch up on, so happy reading! You can keep tabs on us throughout the week on our Facebook, Instagram and Twitter pages.

And so it goes,

Letters to the Editor: fsuleters@fanshawec.ca



Photo Credit: Haylie Richardson, Ecuador

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Mikhaila Wright scores career milestone

Emily Stewart
INTERROBANG

Fifth-year shooting guard for the Fanshawe Falcons' women's basketball team Mikhaila Wright (travel and tourism studies) celebrated a career milestone on her birthday weekend in front of her friends and family.

A Fanshawe Athletics press release announced that during the quadruple header Falcons Fest on Jan. 25, Wright became the first-ever Falcons' women's basketball player to score 1,000 Ontario Colleges Athletic Association (OCAA) league points. She reached the record in third period during the Falcons' 101-98 overtime victory with the Humber Hawks.

Shortly after, Wright was named an OCAA Star of the Week for the week ending Jan. 26 and became the January SupplementSource.ca Fanshawe Student-Athlete of the Month. A Fanshawe Athletics press release from Feb. 7 said Wright led the Falcons, currently the top fourth team in the Canadian Collegiate Athletic Association (CCAA), to a 4-0 record that month. She averaged 15.5 points, 8.8 rebounds, 1.3 steals and 3.8 assists per game during the four wins in January and is the all-time scoring leader in Fanshawe's women's basketball.

"I'm actually still kind of shocked since during that game, I had no idea that I was going to reach that goal," Wright said. "I'm proud of myself. I've been here for a long time so it's nice to accomplish something like that."

In a follow-up email with Interrobang, she added she's glad to be back on the court for the 2019/2020 season after ending her previous season early with a tibia stress fracture.

Bill Carriere, the head coach of the Falcons' women's basketball team, expressed joy for Wright's



CREDIT: FANSHAWE ATHLETICS

Mikhaila Wright became the first-ever Fanshawe Falcons' women's basketball player to earn 1,000 Ontario Colleges Athletic Association (OCAA) league points during the Jan. 25 Falcons Fest game.

accomplishment.

"I feel happy for her. She's certainly well-deserving of the milestone. She works hard," Carriere said. "We've had her for five years and we're grateful for having to coach her."

He added Wright is a positive role model to her younger teammates and is happy to listen to and answer any questions. He also said she averages around two or three steals per game as one of the team's best rebounders and brings a unique skill set to the court.

"She doesn't shoot like most kids would. She shoots with two hands, but she does it quite well," he said.

"She's a great shooter. She gets to the rim really well and she's so fast — which makes it a tough guard for other teams."

After graduating from recreation and leisure services, Wright realized she wanted to take a different career path. Rather than take time away from school, she returned to general arts and science to figure out what she wanted to do.

"A normal person would probably take a couple of years off to figure it out, but the [basketball] program here had such a sense of community for me that it felt like home, so I just wanted to find something that would somewhat

interest me."

She's currently in the tourism and travel studies program. Last December, Wright and her brother went to Costa Rica on vacation and the experience and her studies inspired her to travel more and pursue a career in that field and see more of what the world has to offer. She wasn't sure what her post-grad plans were, but said she's looking to spend time with her family, work, and travel.

Fanshawe College will host the Canadian Collegiate Athletic Association (CCAA) Women's Basketball National Championships in 2021. While Wright said she is

sad she won't be there, she's happy Fanshawe women's basketball will be recognized nationally.

"We really deserve it. My coaches worked really hard all these years and to finally benefit from their hard work, it's good and it's good for our varsity programs in general," she said.

The 2020 OCAA Women's Basketball Championship tournament is scheduled on the OCAA Championships website for March 6 to 8 and hosted by St. Clair College.

This article was written before the Falcons hosted the Mohawk Mountaineers on Feb. 20. Visit fanshawefalcons.ca for the results.

Fanshawe to host human trafficking conference

Hannah Theodore
INTERROBANG

On Feb. 28, Fanshawe College will host a conference discussing human trafficking, featuring various speakers on the subject from London, Ont. The conference will run from 9 a.m. to 4 p.m. in the Alumni Lounge.

The topic of human trafficking has become a hot-button issue in the last few years, and many concerns have arisen in the London area concerning the safety of women and girls.

The conference, organized by Fanshawe's Social Science Speakers Series, aims to shine a light on the topic with talks from seven different speakers including keynote speaker, Kelly Franklin. Franklin will discuss her organization, Courage for Freedom (previously Farmtown Canada). The organization is based in Aylmer and provides awareness to the community on prevention strategies for human trafficking.

Franklin will provide students with education on the topic, and equip them with the skills they need to protect themselves and others from the ugly truth of trafficking.

Organizer Dr. Amanda Zavitz said that students have a lot to learn about the topic of human trafficking.

"It's happening within our own community," she said. "My hope is that the students will come and they'll come to understand who's involved in human trafficking, and the extent of human trafficking."

The event also hopes to educate attendees on what to look for in the community when it comes to human trafficking.

"I'm hoping that they [students] can also walk away with an understanding of what they can do if they see someone who they think is being trafficked," said Zavitz. "I think there's so much they can learn from the day of presentations."

While the event sold out in almost 48 hours, Zavitz said that the talk being given by Elyssa Rose from Atlohosa Family Healing Services is

open to all those who wish to attend, in room D1060, from 1 p.m. to 2 p.m.

Zavitz said the issue has only been growing in recent memory, and that it's important to keep the conversation going.

"I've been a sociology professor for a really long time," she said. "And human trafficking is something that I only really started hearing a lot about within the last five years. So I think it's something that's growing in numbers. More and more girls are being trafficked and it's happening in our own community, so I think it's something that it's important to have an understanding about."

Becky Elliot from the London Police will also provide a talk on what the police in London are doing to prevent human trafficking. In late 2016, the London Police established the Human Trafficking Unit, and the following year laid 16 human trafficking charges. According to londonpolice.ca, statistics show that cases are growing, and they too



CREDIT: LAM LE

A series of talks at Fanshawe hopes to shed light on the ugly reality of human trafficking.

believe that awareness and preventive measures are the best ways to protect the community. According to the International Labour Organization, human trafficking globally generates an estimated \$150 billion in profits.

This is Fanshawe's first human trafficking conference. Zavitz said

she hopes that students will come away with a better understanding and awareness for this taboo issue. It's happening globally, every day, but it's also happening right here in London, and as the speakers at this event will surely tell, prevention and awareness are the best ways to combat it.

Green bin program an educational opportunity

Emily Stewart
INTERROBANG

A composting program for the City of London received green thumbs up during multi-year budget talks.

On Feb. 6, the Strategic Priorities and Policy Committee voted 12-2 in favour of the 60 per cent waste diversion action plan, which includes the green bin program. Councillors Michael van Holst and Paul Van Meerbergen voted against the motion and Coun. Elizabeth Pelozo was absent.

Jay Stanford, the city's director of environment, fleet, and solid waste, said at the meeting the Ontario government has mandated that municipalities have a green bin program or equivalent by 2025 and to have their waste diversion rates first at 50 per cent and then at 60 per cent. The city also aims to have a 60 per cent waste diversion rate by the year 2022.

The green bin program will be \$5 million in operating costs. The whole business case will cost \$6.5 million total. London could see a green bin program by October 2021 at the earliest.

The city's website scheduled the finalization of the full 2020 to 2023 City of London multi-year budget for March 2.

Heenal Rajani, the co-founder of Reimagine Co., said that London's one of the last cities of its size in Ontario to have a composting program. Over his three years in London and in Canada, Rajani's noticed more people thinking about their environmental impact, with groups like the London Environment Network (LEN) leading the city's strong environmental movement.

"From the time I've been here, I've seen a massive shift," he said. "I think it's partly because of the work of some of the great environmental organizations in the city

and beyond and partly because the global tide is turning."

Rebecca Amendola, EnviroFanshawe president and a social service worker (SSW) student at Fanshawe College, said many Londoners are interested in composting.

"I've heard a lot of people in London express interest about wanting to compost more and about wanting to be more conscious of their waste diversion," Amendola said. "I know I'm not the only one who's happy to hear about that."

After the interview, she said in an email to Interrobang that a lack of landfill space and the provincial government mandate is why London's working on a composting program.

Introducing a green bin program could also teach people what can and can't be composted. When volunteering with Reimagine Co. to help with Sunfest's waste diversion rate, Amendola learned that banana peels don't break down easily and several meats cannot be composted.

EnviroFanshawe attends Fanshawe Student Union (FSU) events involving food or alcohol in Forwell Hall to guide the campus community in sorting compostable and recyclable materials, while also pushing the garbage cans away to encourage waste diversion.

"In doing that, I've really noticed that people don't understand how important compost can be, how much of our waste is truly compost — like 70 per cent upwards of that can be composted — that people tend to throw away," Amendola said. "A lot of events tend to have paper plates, napkins [and] paper bags that can all be composted and particularly with the Fanshawe program, they can take more products than most places."

Amanda Whittingham, Fanshawe's sustainability coordinator, said the College's organic waste diversion rate increased after partnering with Storm Fisher in April 2018

and therefore allowing more items in the green bin. Soda drink cups and Harvey's fry boxes became part of the acceptable green bin items, which also include food scraps, coffee cups, and paper napkins.

Fanshawe's 2019 Waste Audit found 67 per cent of waste went into the green bin in 2018 — up from 35 per cent the previous year. Despite the increase, however, material that could have been composted still ends up in the landfill. Whittingham said that now, it's about raising awareness on composting and why it's important.

"Not just because Fanshawe wants it to happen, but because there is a huge amount of greenhouse gas output from food waste in landfills," she said. "Capturing that greenhouse gas and turning it into bio-fuel, it offsets other energy costs and other greenhouse gas emissions from other energy sources and also takes it out of the landfill, and it also prevents this city from having to buy another farmland and turning another farmland that is supposed to give us food into a landfill."

Off of campus, those looking to compost can either use a backyard composter or solar digester in their yard. People living in apartments can use their balconies to try vermiculture and feed a variety of food scraps to their worm farm.

Before composting, Whittingham said it's best to prevent food waste whenever possible. Grocery shopping three times a week instead of one will make sure you're not buying a lot of food to go to waste. Freezing leftovers and even buying frozen vegetables can reduce food waste.

"You do get the plastic waste with that, unfortunately, but there is a trade-off there where your veggies are fresh until you cook them," she said. "If you find that you have good intentions and you want to eat more veggies but you just find



CREDIT: EMILY STEWART

A green bin program in London could make people more aware of materials that can and cannot be composted.

you're wasting money throwing them out, buy frozen veggies."

Rajani said that if there are landlords or housemates who won't allow composting, Londoners in that situation can take their compost to a friend, workplace, or public space allowing compost. The ShareWaste app can also be used to connect people wanting to compost to people who compost.

"It's a great way to make friends in your local neighbourhood, connect community, and to find a place

for your food scraps."

Along with researching apartment composting options, Amendola said to educate compost-hesitant roommates about the benefits of composting and diverting waste.

"There's always an opportunity to educate. Just because someone is resistant to something, doesn't mean that they can't learn."

To learn more about composting at Fanshawe, visit fanshawec.ca/sustainability.

Fanshawe's five-year plan revealed

Emily Stewart
INTERROBANG

Fanshawe College's new strategic goals from now to 2025 were discussed at the Fanshawe College President's Update Meeting.

College staff and faculty filled the Alumni Lecture Theatre as part of their Feb. 19 morning routine to listen to President Peter Devlin announce Fanshawe's future.

"We make this learning come to life in such a rich way because of all of you and the rest of the gang, the 3,000 plus folks that work at Fanshawe," Devlin said. "Shared values, shared trust, shared ambition is all central to what we do and what we'll be doing as we look towards a new set of strategic goals."

The four strategic goals for 2020 to 2025 are to provide exceptional student learning, grow enrolment to meet the needs of the labour market and students, enhance the College's organizational capacity, and focus on financial health for future development.

Innovation Village and the project's job skills for the future and signature innovative learning experiences (SILEx) are part of the strategy to provide exceptional learning experiences to students. That goal also includes a mental health strategy and the Here for You campaign.

The College plans to maintain the domestic enrolment rate, while implementing an apprenticeship strategy and growing the international enrolment rate. Fanshawe will also support Indigenous students with their Indigenous Action Plan.

Devlin said completing a data strategy, along with implementing an integrated solutions project and a procedure for capital requests will improve the organizational capacity. Boosting the on-campus culture for faculty and staff, in particular their wellness, are also part of the plan.

"When you are happy and fulfilled, Fanshawe rocks and kills it," he said.

Fanshawe also plans to build alternate revenue, grow Fanshawe internationally and expand the donor base.

Devlin also talked about managing the college's space to meet the 80 per cent optimal utilization rate. Fanshawe's rate can go from 87 to 92 per cent and the downtown School of Tourism, Hospitality, and Culinary Arts campus especially deals with spacing issues. Another space issue involves managing student timetables. The College aims to create more than 25 classrooms over the next five years to tackle this problem, with most of the classrooms on the Oxford Street campus.

Innovation Village is a \$55 million project. Devlin announced that \$2.5 million in municipal funding for Innovation Village was approved during London City Hall's multi-year budget discussions. The full budget, which covers the years 2020 to 2023, will be finalized March 2.

Devlin acknowledged that several students already experience SILEx and job skills for the future in their programs of study. Hon. bachelor of interior design (BID) professor Natalie Rowe and BID student



CREDIT: EMILY STEWART

Fanshawe College President Peter Devlin updated faculty and staff on the College's achievements and plans for the future up until 2025.

Christine Belanger were called up to talk about their experience with McCormick Home.

Rowe said her third-year studio design students spent time in McCormick Home and interacted with residents and staff to determine interior design issues of the pres-

ent and future for those living with dementia and then create design solutions.

Devlin finished his update by announcing Fanshawe raised \$136,777 for the United Way for Fanshawe's 2019 campaign.

Parasite wins best picture: What does this mean for the Oscars?

Lubna Shaikh
INTERROBANG

After being characteristically predictable, the Oscars delivered a climactic twist to their award show this year by awarding *Parasite* as best picture.

History was created as Bong Joon-ho's tragicomedy thriller is the first non-English language film to win best picture in the history of the Oscars.

But to South Korea, these awards mean more than that. The film also won the award for best international feature, best director and best original screenplay, bringing the tally to four awards. It was South Korea's first nominated film and was up for six awards during the evening. For years now, South Korea has invested so much time and money into the so-called Korean Wave or Hallyu — K-drama, K-pop and Korean cinema. The accolades from the Academy are proof that this cultural wave has come crashing down on Hollywood.

Parasite also had an unbelievable weekend at the box office cashing in \$8.8-million worth of ticket sales, 20 per cent of its total North American haul.

If you haven't seen *Parasite* yet, you most definitely should. The storyline is about the divide between the rich and poor classes — a universal theme which has made it possible for this South Korean story to resonate with audiences around the world. This vision is brought to life by an all-star and experienced South Korean cast who take us through plot twists which keep us guessing right until the very end.

Bong Joon-ho's film is about an impoverished family who infiltrate the household of a wealthier one, sort of like a parasite. Infused with peach poisoning and Morse code — *Parasite* is so good and so unexpected.

The Academy's recent attempts to expand its membership are indeed paying dividends. After much backlash, the Academy has made several attempts to be inclusive; however, some may argue that they're not there yet. The backlash was attributed to the fact only one person of colour (Cynthia



CREDIT: LAM LE

Opinion: We'll have to wait and see if the Oscars will continue to embrace diversity in the film industry.

Erivo of *Harriet*) was nominated for an acting award. This could help explain *Parasite*'s unprecedented win.

Much has been made of the new voters' diversity in terms of race, gender, and age, but another effect of the rapid expansion is

that the Academy is also much more global than it used to be; nearly one-fifth of the membership is now international. The overall inclusion is great, but it certainly felt like something strategic the Academy was doing in order to quell the criticisms it'd faced

leading up to the show.

Does this mean the Oscars have finally changed with the times or is it just trying to make up for its bad reputation? I guess we'll have to wait a few years to find out.

How to embrace obstacles as opportunities

Marlon Francis
INTERROBANG

I am trying to write this article after the need to pivot my game plan.

I was unable to secure my interviewees for an article I was commissioned to write. I attempted to look for different sources and with every failure I felt the time drain away. The deadline drew closer with every accelerated minute that passed with my ineffective attempts to save a story that appeared to be alluding me.

Obstacles appear every day and most often we rise to the challenge without much thought. In those moments, however, when our obstacles catch our attention, we can find ourselves being derailed by something that, upon looking at it from another perspective, we may find to be trivial. But many of us can attest that sometimes you feel so overwhelmed by wrenches in plans, scheduling and life in general, that you find yourself flailing about waiting to catch yourself and return to business without falling apart.

Here is a picture of the obstacles, imagined or real, to which I allude.

In this moment I am searching for something that I can share or report and continually lose the words in which to achieve that end. I begin to type, sewing together sentences to convey the point I am trying to make, yet all the while feeling disconnected from the words. I am beginning to worry

myself in to an unnecessary fret about the ramifications of my inability to produce an article.

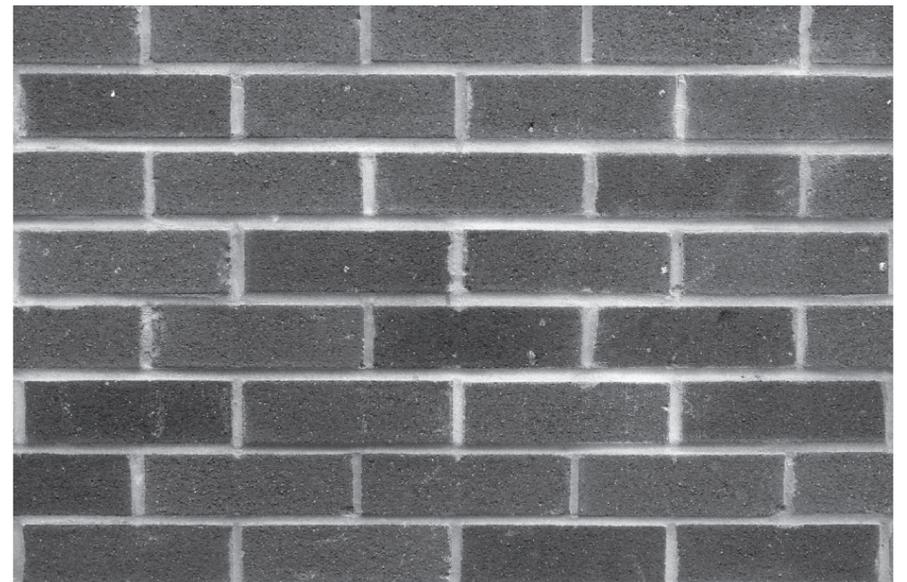
I worry if it will diminish any relationships with my peers and supervisors. I worry that I may submit work that I do not feel confident or proud about. I worry how a misstep may erupt any progress which I may have made to this point. Then I take a breath.

The thought enters my head about looking at the brick wall upon me from the perspective of a year from now, and my discovery causes a sigh of relief. A year from now, if I can even remember it, I might look to this event as insignificant. I might think to myself that it was not a contributory factor to my present lot in life. Another way might be that I look back on this situation and think to myself how grateful I was for it.

Maybe there was something within the perceived obstacle or events surrounding it that helped me to better navigate similar situations that arose from that time to the present. When we are in things everything is intensified. Everything feels dire and final.

Not to minimize the most serious and final of obstacles, but many of our everyday challenges are not a product of these. Life seen in the rear view is often much easier to consume than anticipating and contributing to self-fulfilling prophecies that paralyze our sensibilities and immobilize our actions.

The lesson isn't new, but it was lost for a moment. The point that was made was one that reminded me of embracing hiccups as



CREDIT: ANGELA MCINNES

Opinion: If you've hit a brick wall, remember — obstacles are an unending part of daily life, so don't be too hard on yourself.

they come with open eyes and anticipation. The power of the frustration and anxiety lies in the fear of the illusions we project about unknowns and unknowns themselves.

Looking at these moments as learning experiences, I find, activates your enthusiasm to absorb new things. My embrace of my perceived obstacle has allowed me the opportunity to write a more intimate piece

than the typical news-based articles I submit. Embracing the obstacle allowed me the chance to share a potentially helpful approach to something that people commonly face and struggle with.

Lastly, facing the obstacle required me to take a look at how I was feeling, what I was thinking and assess something that I may otherwise have not addressed.

Mistrust at the railway crossing



Michael Veenema
RELIGION

Whenever I have reached out to First Nations student organizations, I've received a genuine welcome. I've learned a lot about respect and hospitality during those encounters.

More recently I approached the band leadership of a nearby reserve. The reception I got this time, however, was cool. Now, I don't know what was behind that lack of welcome, but I can well imagine that my stepping into a band office can raise questions.

"Is he here to promote a kind of white religious agenda?"

"Does he think that Indigenous people are somehow less than Europeans?"

"Will welcoming him send a signal to our young people that we can't stand on our own?"

When I am on a reserve, or in a First Nations office, I feel that eyes are on me, wondering if I can be trusted.

The protests of the B.C. Wet'suwet'en resisters and their allies across the country reveal a deep mistrust between First Nations and the Canadian federal and provincial governments. In a Feb. 14 MacLean's article, Amber Bracken provides some of the background to this mistrust. She writes that the bahlat (potlatch) is a traditional method of Wet'suwet'en government. Yet it was banned between 1881 and 1954. The related Wet'suwet'en regalia were burned in front of the people.

Bracken writes that it was during a late 2018 bahlat that hereditary chiefs decided to block a proposed pipeline across their unceded lands in order to protect their people, culture and land. In the meantime, she reveals, the B.C. government and the gas industry funded pro-pipeline activism within



CREDIT: VADIMGOUIDA

Opinion: Canadians, and members of the national Christian community, are finding ways to support the Wet'suwet'en government and protestors.

the Wet'suwet'en nation.

She says, in addition, that the B.C. government is trying to play off the hereditary chiefs, whose traditions go back many centuries prior to confederation, against the band chiefs, created by the Indian Act in 1876. However, Bracken writes, among the Wet'suwet'en they are not as divided as their opponents claim.

Canadians are finding ways to support the Wet'suwet'en government and protestors. So are members of the national Christian community. On Feb. 6 the Toronto Native Ur-

ban Ministry posted a letter of protest with this opening statement: *In solidarity with our Wet'suwet'en relatives, we call upon the government of Canada and the Royal Canadian Mounted Police to immediately cease their occupation, arrests, and trespassing on Wet'suwet'en sovereign territory.*

The letter continues.

"We are deeply concerned about the militarized arrests, pressure and trespassing presence of the Royal Canadian Mounted Police on Wet'suwet'en sovereign territory. We are alarmed by the RCMP's estab-

lishment of an "Exclusion Zone" — which infringes on freedom of movement of the Wet'suwet'en Nation, with the exclusion of media from witnessing and documentation, and bars clan members from accessing their own lands. These acts of intimidation, occupation, and restriction are harmful and reverses us back to the pass system era, which treats Indigenous peoples like prisoners on their own territory."

It is signed by many church leaders from across the country and by others. I don't think it's too late to add your name.

Editorial: Rye ditches RSU, that's that on student autonomy

Sarah Krichel
THE EYEOPENER

TORONTO (CUP) — As of Jan. 24, Ryerson University no longer recognizes the Ryerson Students' Union (RSU) as the official student body government. This sets a dangerous precedent for what is supposed to be an independent organization on this campus.

"The university has lost confidence in the RSU's ability to represent students with good governance and to supply the services that students pay for," wrote Jen McMillen, vice-provost, students, in the press release.

This essentially means that, if you're an independent, on-campus group of any sort, pissing off the university is not in your best interests, because apparently, to Ryerson, being autonomous comes with a limit.

For context, the RSU has not recognized this action as valid. According to a Jan. 27 statement from the RSU, the university has also infringed on their 1986 Operating Agreement, a contract between the two institutions outlining their transfer payment relationship. According to the statement, the school has allegedly withheld student fees it collected for the union since October 2018. Now, the student union has filed a legal claim against the university with the Ontario Superior Court of Justice.

"We're deeply disappointed that we have to take this action," RSU president Vanessa

Henry said. "Over the past year the RSU has had to deplete its resources so that it could continue to provide essential services to students."

It's no secret that RSU executives in recent years have caused severe student mistrust in the student union due to issues almost always relating to money. And for a while now, it's easy for the average student to feel not listened to, as we always seem to end up in a similar situation.

So over the last year, the RSU has had conversations with the university around regaining trust through three conditions: conducting a forensic audit, sharing the results with the school and negotiating a new agreement. The school claims that the RSU did not meet these conditions, and attributes the termination of the agreement to this.

But what does reaching a solution mean to Ryerson, exactly?

The day they terminated the contract happened right around the one-year anniversary of the RSU credit card story from last year, and since, the RSU has in fact advertised the audit results were going to be shared at the Semi-Annual General Meeting, set for Feb. 3, just a few days away. Henry has also said the RSU was "in fact, hours away" from sending a new draft of their agreement when they received notice from the university of their termination. And since the executive elections in May, the RSU has worked at regaining the trust of the student body.

They have launched various initiatives and mandates, such as campaigning and running programs related to transparency and regaining trust.

Rightfully so, since regaining the trust of a student body doesn't just happen overnight.

Although I wish we had more answers around how we got to the point of a divorce between our mom and dad, from the perspective of a journalist, murky details were always expected. As the independent student newspaper of this campus, we've been asking both the union and university questions to clear things up. How did this happen? What is in the operating agreement? How will it impact equity service centres? What will happen to the funds from October 2018 that the RSU has allegedly still not received?

But there's a bigger picture here. Student autonomy has officially been given a limit on Ryerson campus. When the school decided to terminate the agreement and a 34-year-long agreement was thrown out, a precedent was set.

But, Ryerson: Student autonomy has never meant "perfect." No organization is exempt from being taken over by persons who will try to take advantage of positions of power. The RSU knows that it is no exception to that rule, and the university should especially know that. Need we remind the school of their own long history of fuck-ups?

I won't comment on whether this was the right decision. Reactions to the split are

mixed, but one thing remains clear — whatever our opinions, students were not consulted on this decision.

The only mention in this entire debacle of student concerns was in the statement: "members of the student body have shared with the university that these issues are of great concern to them," referring to the recent impeachment and resignations of RSU execs and internal conflict concerns raised about the RSU.

The fact that this is the only mention of you, the student, to whom the union belongs — should be alarming.

It is to Adam Asmar; self-identified "kid who really loved the RSU." Last week, Asmar tweeted about his experiences with the flawed union, and why he still defends it. "Do we need restructuring? Yes! Do we need more adults in the room with 20-something year old kids that become in charge of a 2.5 million dollar budget with 5-25% of students voting them in? Yes!!!! But don't you dare think that I believe the RSU & it's services are unnecessary."

"[The termination] is heartbreaking, point blank end-of-story," Asmar added. "It's an attack on student life, an attack on the marginalized, and I do not trust the lip service they've given to a potential new student union."

If there's one thing I hate more than being a union-less student at a university institution, it's knowing any one of us could be next.



HAVE AN OPINION? SUBMIT YOUR STORY!
Letters to the Editor: fsuleters@fanshawec.ca

What is the coronavirus?

Salma Hussein
INTERROBANG

Since the beginning of 2020, chaos seems to have taken a liking to us; the forest fires in Australia, a World War III scare, Kobe Bryant's unfortunate demise, and of course a novel coronavirus outbreak — amongst many other catastrophes that have happened in less than two months of the New Year.

The novel coronavirus took the world by surprise when it first sprang in Wuhan, China, in December 2019. According to the World Health Organization (WHO), the new virus shares similarities of previous outbreaks, such as MERS-CoV and SARS-CoV. Coronaviruses are zoonotic, meaning that the viruses are transmitted between both animals and humans.

According to healthline.com, the virus causes respiratory illnesses like the common cold. The Lancet, a scholarly journal, has a new study that researches the onset of the virus, and found that it may have originated in bats, and spread to human via snake or pangolin (an animal that looks like an armadillo).

To date [article written on Feb. 18], there are eight people who tested positive for the coronavirus in Canada (according to canada.ca), and 15 in our neighbouring country down below. But nothing beats the whooping number of 72,436 positive cases in mainland China.

With the new virus bringing fear and worry of its danger, its similarity to previous ones we have encountered bring hope in possibility of recovery. WHO encourages individuals to handwash regularly, cover your mouth and nose when sneezing, and make sure to take proper precautions when coming in contact with anyone showing signs of respiratory illness such as coughing and sneezing.

Being wary of your health is understandable and recommended to avoid encountering the novel



CREDIT: DYLAN CHARETTE

Novel coronavirus is not a racial matter.

coronavirus. However, myths and facts should be kept in check in order to be mindful of the people around you.

Here are some myths that the outbreak has caused that we should all be mindful of.

Myth: Buying imported items from china will make you sick.

Fact: The virus does not stay alive very long on surfaces (things that are not living). As previously stated, the virus is very likely to be transmitted through droplets from a person's sneeze or cough. Therefore, your package that has been in delivery for several days or weeks,

is not very likely to cause you any illness.

Myth: A face mask will protect you from the virus.

Because the masks that the general population wears are not a tight fit, the mask can protect you from big droplets or splashes, but smaller droplets are permeable. If you have the virus already, it could be on your hand, so when you touch your face under the mask, you may become infected.

Myth: The coronavirus is transmitted by any Chinese individual.

Ignorance is very dangerous. The

novel coronavirus is not a racial matter, and therefore does not target a specific race and disregard another. Not every Chinese person you meet or see in the halls has the coronavirus. So please, do not subjugate your peers to unwarranted criticism.

According to CBC News, a permanent resident in Ottawa who holds a Chinese passport was not permitted to board on a cruise with her family due to the fact that she was Chinese. She had not been to China in the last six months and was still not permitted to board. The cruise was sending a message to its passengers that "you are very

welcome on board, and don't worry, there will be no Chinese people."

In a time of crisis, we should not be outcasting people based on their ethnicity. This is a time where we need to help each other out to make sure that the virus does not tear us apart.

So be mindful of what you say or how you act, because your words and actions can be hurtful; especially when the whole world is having a crisis, and you think everyone is blaming you due to your race.

Let's make sure we keep respecting each other Fanshawe!

Netflix Fix of the Week: *To All the Boys: P.S. I Still Love You*

Lubna Shaikh
INTERROBANG

Put your hands in the air if you cannot get enough of Noah Centineo!

Netflix released a sequel to its famous romcom *To All the Boys I've Loved Before* earlier this month, titled *To All the Boys: P.S. I Still Love You*. My first thoughts? You could do without it, but you know you love a cute senseless romcom every now and then.

The story starts off Peter Kavinsky (Noah Centineo) and Lara Jean Covey (Lana Condor) living their dreamy love life — yes, they're officially dating! But it doesn't take much to mess it up.

Let's do a quick little recap first: Lara Jean wrote five letters to the five boys she loved. One of them was Peter, of course, who she is oh-so-in-love with. While all the other letters were answered, one of those, addressed to John Ambrose (Jordan

Fisher), remained unanswered up until now. Enter John Ambrose into Lara Jean's life, and hello mess.

The story continues with Lara Jean finding herself volunteering at the same luxurious retirement home as John Ambrose (surprised?), even though he now goes to school a town over. She ends up trapped between an old crush who has always liked her back and her new dreamy boyfriend.

Most of the movie revolves around Lara Jean feeling insecure in her new relationship and debating whether she loves Peter or wants to leave him for John Ambrose. Lara Jean instantly falls back in flirt with John Ambrose, and as her problems with Peter become more stressful, John Ambrose becomes more appealing. Unlike Peter, whose status as a jock and a popular kid means he runs in different circles from Lara Jean, John Ambrose seems like her perfect match: he's studious, he plays the piano, and he participates in

Model UN.

It's your typical high school love triangle, but most of the scenes weren't notable and it was easy to tell which boy she was going to pick right from the beginning. I have to admit though, a part of me hoped she would pick John Ambrose (sorry, Peter!).

It's easy to see why Lara Jean would struggle with John Ambrose coming back into her life, and the idea of being attracted to multiple people while in a relationship is a common problem that should perhaps be addressed more often across movies.

There's a lot to smile about in *P.S. I Still Love You*, but not a whole lot else. The original movie felt like this breath of fresh air because there was so much more to the storyline. The sequel on the other hand didn't have much going on. Everything feels much more familiar and expected this time around. This isn't necessarily a bad thing. It just means *P.S. I Still Love*



CREDIT: NETFLIX

Sure you can live without yet another romcom, but do you really want to?

You is the cinematic equivalent of comfort food, while *To All the Boys I Loved* is a full meal.

Would I watch part three once

it's released? Most likely, yes. A senseless romcom is a good way to get away from the world for a while.

Polaroid: Say cheese and die?

Joshua R. Waller
INTERROBANG

A new teen horror, *Polaroid*, has just recently be released on Netflix.

Filmed in Canada, this horror has tried to create terror from an old Polaroid camera in a digital age. While it may appear to be an original concept to some, the '90s kids will quickly see the uncanny resemblance to the *Goosebumps* episode "Say Cheese and Die" as well as *Are You Afraid of the Dark's* "The Tale of the Curious Camera." While more modernized, *Polaroid* doesn't do a good enough job at differentiating itself.

Polaroid features a young girl named Bird (the same character name from *Goosebumps*), played by Kathryn Prescott, who is given an antique Polaroid SX-70. What seems like a normal camera quickly reveals its sinister power once the first person she photographs with it dies soon after. Unknowingly sentencing her friends to death with a click of a button, Bird and her group of friends must uncover the mystery of the Polaroid before their time runs out.

While the main concept is taken from other TV shows (and books), *Polaroid* does do a good job at modernizing the old tale. With some neat CGI effects, the main creature in the film is incredibly spine-chilling and brings an overall eeriness to the movie. While most horror films are ruined by showing the monster,



CREDIT: VERTICAL ENTERTAINMENT

Polaroid might remind you of certain nostalgic Canadian TV shows, but still stands up on its own.

Polaroid was actually enhanced in doing so.

Some of the death scenes featured in the film were also quite creative, especially when they utilized the manipulation of the photograph to reflect what actually happens in real life. However, if you are a fan of gore, this movie will sorely disappoint. Even when a man gets ripped in half, there isn't a speck of blood to be seen.

However, what the film was really missing was some solid character development. The friend group didn't really have a believable bond and how Bird fit in with them really wasn't clear. Without relatable or believable characters, a horror film really loses its sense of emotion.

Another major downside this film had was it was riddled with horror clichés — the girl who trips at the least opportune time, the creepy old lady who has a weird story to tell and the door that's randomly chained shut. Unfortunately, all of this combined made for a really corny movie.

Overall, if you're looking for teenybopper horror film that has a nostalgic feel to it (if you're a '90s kid), *Polaroid* is a pretty good one to watch. If you are looking for a serious horror that is terrifying and is filled with gory imagery, this is not the one for you. If you haven't seen "Say Cheese and Die" or "The Tale of the Curious Camera," I definitely recommend watching them before watching *Polaroid*.

To lie or not to lie: Honesty might not be the best policy

Juveriya Mombasawala
INTERROBANG

"I don't like to be lied to."

Have you heard or spoken these words before? Almost every human being in this world uses this phrase in their life multiple times. But on the contrary, everyone lies even if they accept it or not. No one can claim that they have never lied before, and still everyone likes to believe that they don't lie and don't prefer to be lied to.

But have you ever thought if you wanted radical honesty from yourself and others in life? Come to think of it, the concept of radical honesty is more complicated and difficult to achieve than it appears to be.

Radical honesty is talking about what you notice without distorting it according to Brad Blanton, founder of the Radical Honesty improvement program. Blanton started this concept and practices radical honesty in his day-to-day life. He believes in speaking the truth without sugar-coating it or covering your emotions with white lies to the people you are close to, even if your words hurt them, to develop a deep connection in life rather than having relationships with dishonest opinions about each other.

In 2015, Laura Turley, a convert to radical honesty philosophy, addressed the changes in her life in an interview with CBC radio show,

IDEAS. She said that most of her friends and her partner did not handle the change very well, and a few of her friends even denied her to be radically honest with them.

A radically honest world in an informal and formal setting is desirable, but does not seem very practical. A concept can be right in one's eye while wrong in another's and with human rights, everyone is entitled to their own opinions. A stronger personality will dominate with their opinions and the weaker might not get a chance to voice it.

With a radically honest world, there would be very minimal appropriateness in conversations and hurting feelings would be a common norm. Along with that, there could be a major hike in depression and suicide cases, as taking 100 per cent honesty is not everyone's cup of tea.

The question is, if telling a lie is a common norm why doesn't everyone lie more often? A human being is manufactured in a manner that wants to use the least recourses to get any work done, and this concept applies to speak the truth or lies in real life as well.

According to David Livingstone Smith, professor of philosophy at the University of England, the human mind consumes more energy to lie than it does to speak the truth. Therefore, it is natural for us to speak the truth most of the time.

A radically honest world would be a different place to live in, but



CREDIT: JUVERIYA MOMBASAWALA

Social media has us wearing a mask too thick to face the real world.

it would take a high level of understanding and open-mindedness from everyone in the world, which is hard to achieve.

However, incorporating a little more honesty in our lives would help us make stronger bonds with people you care about. In the world of social media, everyone is wearing a mask on their faces to fit in, leading us to lose touch with real connections. The ability to accept each other for who we are is vanishing, but this can be preserved with incorporating more honesty in life.

This weekend, think about what radical honesty means to you and evaluate your life with some soul searching and self-care.

HEALTH & FITNESS

Katherine Ricica



CREDIT: KITZCORNER

Interrobang's new health columnist, Katherine Ricica, asks that we meditate on what being "healthy" means to us.

What does "healthy" mean to you?

Hello readers! My name is Katherine Ricica and I will be writing for the Interrobang fitness column.

I am taking over for Karen Nixon-Carroll who has been writing in this column for many years. I look forward to educating and informing you on fitness, nutrition, wellness and everything in between.

First, a little about me! I am 22-years-old and I work at the Fanshawe Student Wellness Centre as a full-time fitness consultant. I work with all of the free member services, orientations, free information for members and getting all of our participants started on the right foot.

I am a graduate of the fitness and health promotion program here at Fanshawe College. I am a certified personal trainer with the National Strength and Conditioning Association and a certified group exercise instructor with the American Council of Exercise. Additionally, I have a certificate in level one cardio kick-boxing with Fitness Kickboxing Canada. I have aspirations of attaining more education and certifications throughout my career in fitness.

One of my foundational beliefs behind fitness is that exercise is meant to be a celebration of what your body can do, not a punishment for what you ate. We often get caught up in worrying about good foods vs. bad foods, the next fad diet or workout style, or if we have time for a seven minute workout on our Peloton. We are constantly bombarded with news articles, scientific studies or Facebook posts telling us about "health;" what foods we need to avoid, what tea we need to rub on our cellulite, or what waist trainer is the most efficient for shrinking stomach fat. As a fitness profes-

sional, I think that many of us need to take a step away from the trends, fads, and studies and formulate our own opinions on health, fitness and lifestyle.

What does the word "healthy" mean to you? The World Health Organization (WHO) says "health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity." It doesn't state that healthy means you need to be on the keto diet, paleo, low fat, high protein, intermittent fasting, lifting weights, a yoga guru, sports all-star or any of the above and more. Just simply that we are in a balanced state within our bodies. How simple. And yet, every day we over complicate and criticize how our neighbor eats, drinks and exercises.

We all have a different definition and picture of health. For one individual health might look like being able to play with their children and get up the stairs without being winded. For another person health might be getting on a pair of jeans from high school. And for the third person it might be getting their blood pressure and cholesterol levels back into the "normal" category. See how everyone's definition of health can look different based on their life experiences? And none of them are wrong, just a different perspective.

Again, I ask, what does "healthy" mean to you? If you have a fitness/lifestyle goal, why is it important? How is it going to improve your life? Once you understand that health isn't about the latest trend, fad or study, but rather being kind to your body and treating it with respect, then you can begin your journey to total health and wellness.

Katherine Ricica is a full-time fitness consultant at the Student Wellness Centre.

Fanshawe Fashion: How far can fashion take you?

Ilhan Aden
INTERROBANG

The first moment I was paid to piece together an outfit was in a retail setting. I will never forget the sense of accomplishment and creative fulfillment I felt in that moment; from then on, I was hooked.

I let it simmer in the back of mind as I pursued other interests in school, but nothing felt better than the excitement from styling and merchandising. I began to reconsider my then program of study while planning my career in retail.

I started climbing the ranks within the fashion retail world, trying to make my mark. It was during my luxury retail days I had a chance encounter that forever changed my trajectory with fashion.

A professor of fashion marketing and management was an out-of-town regular long before my start date. Eventually, I began assisting her, as our clientele was small but loyal. We started talking about life; slowly, my aspirations outside of work dominated our conversation. I mentioned my interest in pursuing fashion through the academic route since I amassed quite a bit of retail experience already.

I was met with kind but patronizing eyes. She placed her hand on my shoulder, tilting her head slightly to the right, as though I was a child who did not know any better. She told me I should stick to wearing cute outfits, it isn't worth pursuing and it would be too competitive for me. Those words pierced through my fashion loving heart rendering me lost and astray from my then "perfect" plan.

I let her words get to me. Even after in-depth research as to what a career in fashion would look like with academic accreditation, I couldn't shake the impression this professor had left on me.

Truth be told, it was a blessing in disguise.

Her words allowed me to forge my own path and nurture all parts of my creativity, not just the fashion side. My personal creative journey has expanded beyond the realms of what school could teach me. It also taught me not to care what others have to say about my goals, dreams and aspirations.

Still, I sometimes wonder how far fashion could have taken me if I went the academic route vs. my own personal creative journey. Luckily, I have this column to ex-



CREDIT: ILHAN ADEN

Explore Emma Anderson's creative journey through fashion as a recent grad turned Fanshawe employee.

plore just that thought.

This is my inspiration for this edition of Fanshawe Fashion.

Let's explore where fashion can take you through one student turned Fanshawe employee's creative journey.

Emma Anderson

Creativity and fashion go hand in hand for Emma Anderson. With both her parents heavily involved in the '80s punk scene, Anderson's style mixes the old with the new.

"I'm not the craziest dresser by any means [and] I don't just buy the same [thing]. I'm not afraid to try different things and I think that's telling. I've always loved fashion and I've always found it to be the best way to express myself. It's the best way to show my creativity," Anderson said.

Having experienced a year of university, Anderson quickly realized the lecture and self-study structure was not for her. With a preference for hands on work, Fanshawe was her best fit. Graduating from the fashion marketing and management program in 2017, she continued with marketing, receiving a post-grad in marketing management.

Today, Anderson serves as the technologist for the fashion management and marketing program, acting as a support and liaison for faculty and students.

Although her current job does not leave much time for passion projects, she seeks creative fulfillment through other means.

"I love helping students with projects because it brings me back to being in the creative sphere. It's still nice to be in that space where creative things are happening all the time. I find it's really inspiring," she said.

Her fearlessness in trying new creative outlets continues to expand her artistic craft.

Coming to Fanshawe with a love of photography, Anderson had the chance to hone her interest through her program. This allowed her to explore and expand her interest in fashion, spearheading her curiosity of silk screen-printing.

"I like finding new projects all

the time and learning new things in the creative world," she said.

Prior to her academic pursuit of fashion, Anderson knew very little about the industry.

"I never was really into high fashion before [but] learning all sides of the trade has opened my eyes and made me really appreciative of all sides of the industry."

With an imperative need to love her job, Anderson is determined to use her acquired skills in the world of fashion. Like most young recent grads, she is currently trying to find where she best fits.

"I could be happy in the small business sector, but I could be happy in a head office for a major fashion corporation. Really, it could go either way," she said gleefully.

Widening her scope of the industry through her academic career, Anderson hopes to utilize a newly added program for graduates of fashion marketing and management. It is a one-year program in

the UK giving students an opportunity to enhance their knowledge while networking in larger fashion circles. With visits to Paris and Milan Fashion Week along with additional elite fashion events, this will be a dream come true for Anderson. Upon its completion, she would receive a degree in fashion communication.

When asked for advice for those interested in pursuing a career in fashion, Anderson was full of insight.

"When it comes to the schooling, it was a great place for me to start my career in fashion. It really has made me feel like I do fit in this industry. I don't think you have to go to school to be successful [but] it's great to [build] a business mindset. I do think if [fashion] is a part of who you are and something you want to pursue, go for it, even if it's a side hustle! I think it's super rewarding bringing new fresh [ideas] into the world."



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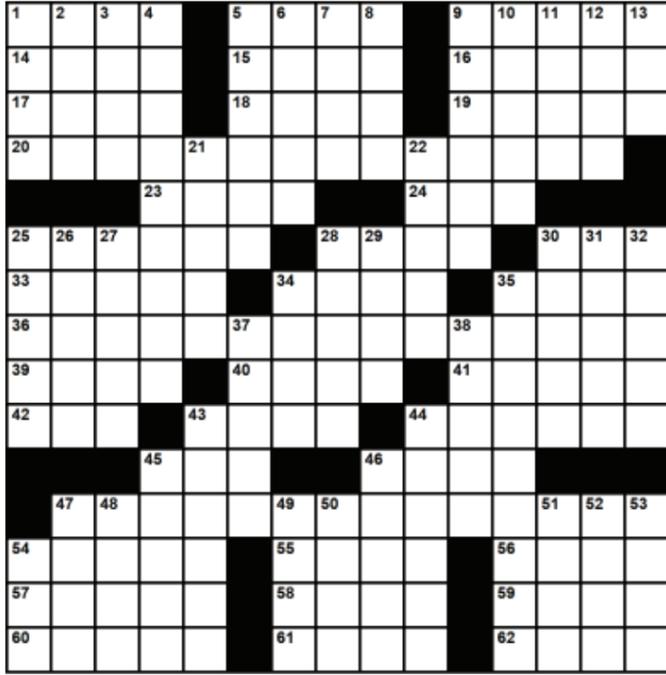
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CROSSWORD

ACROSS

- 1. Seizes suddenly
- 5. Things one sings?
- 9. Jellied garnish
- 14. Olive genus
- 15. Driving force?
- 16. Type of cigar
- 17. Mustachioed Spanish surrealist
- 18. Opposite of "pobre"
- 19. Garden bulb
- 20. Indication that "That's how things are"
- 23. Spanish trio
- 24. Progress by leaps and bounds?
- 25. Partook in a slam dance
- 28. Beach bird
- 30. Thrice, to a pharmacist
- 33. '___ old for this!'
- 34. Move shortly?
- 35. Part of a familiar palindrome
- 36. Recycled vehicles?
- 39. "Good grief!"
- 40. Pocket full of food?
- 41. First name in talk shows
- 42. Took a break
- 43. Votes in Québec
- 44. Crude transportation?
- 45. Logical beginning?
- 46. San ____, Riviera resort
- 47. Archie Bunker's sitcom
- 54. "The Girl With the Dragon Tattoo" author Larsson
- 55. "The Clan of the Cave Bear" author Jean
- 56. Phrase of agreement
- 57. Biblical Abraham's wife
- 58. Band known for its red plastic hats
- 59. Turns abruptly
- 60. Wax-coated cheeses



- 61. Gulf off the coast of Yemen
- 62. Before, to a bard
- 29. "Lohengrin" soprano
- 30. "East of Eden" family name
- 31. Oct. 31 atmosphere
- 32. Stair part
- 34. Horse halter?
- 35. Be frugal
- 37. Soup server
- 38. Broadway play, often
- 43. Horsey sounds?
- 44. Pan coating
- 45. Something in one's eye?
- 46. "The Canterbury Tales" pilgrim
- 47. Hardly any
- 48. Old Italian coin
- 49. "Check it out!"
- 50. Shaded
- 51. Moscow news acronym
- 52. Records
- 53. 2015 World Series winning manager Ned
- 54. 180° from NNW

DOWN

- 1. Acceptances
- 2. Asia's Trans __ mountains
- 3. Luxembourg neighbor (Abbr.)
- 4. State of the blessed?
- 5. Went through channels?
- 6. Newspaper section
- 7. River to the Danube
- 8. Requiem title word
- 9. Director's call
- 10. Economic downturn
- 11. Blanched
- 12. Part of the eye
- 13. Arresting figure?
- 21. Nabisco cookies
- 22. Pang
- 25. Gets bogged down?
- 26. Alpha's opposite
- 27. March honoree (Abbr.)
- 28. Exams

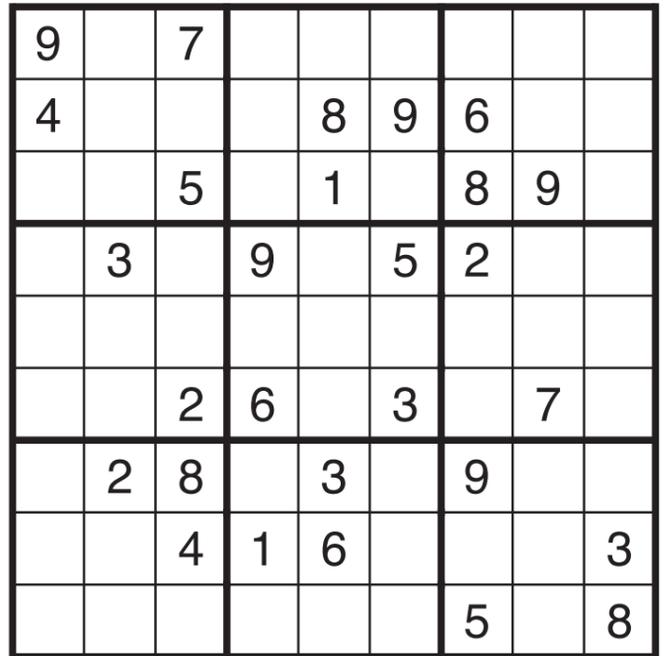
WORD SEARCH



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SUDOKU



Puzzle rating: Medium

Fill in the grid so that every row, every column and every 3x3 grid contains the digits 1 through 9. That means no number is repeated in any column, row or box.

CRYPTOGRAM

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
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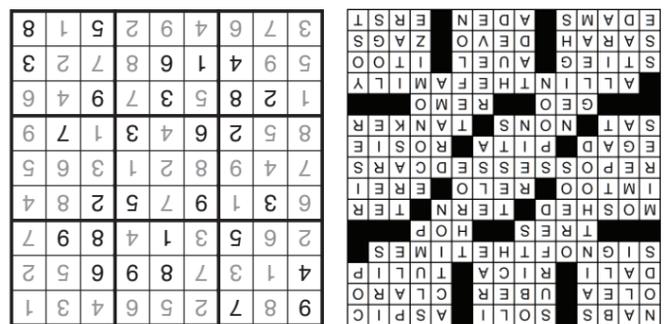
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PUZZLE SOLUTIONS



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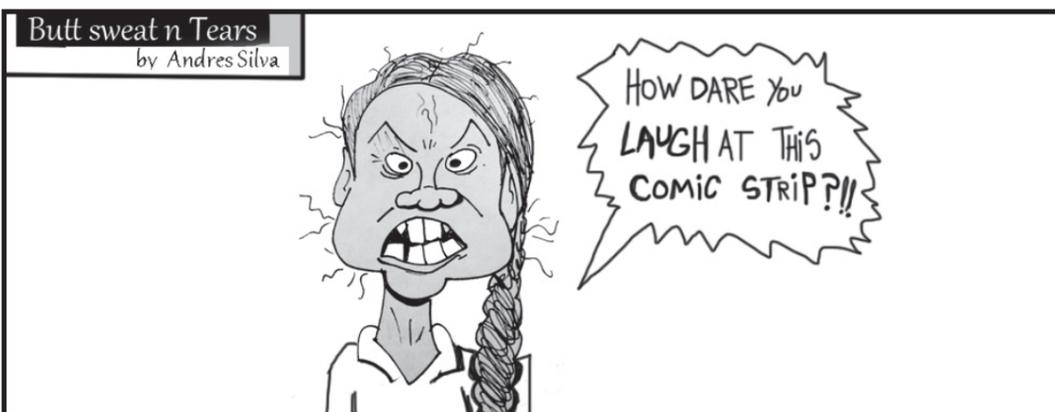
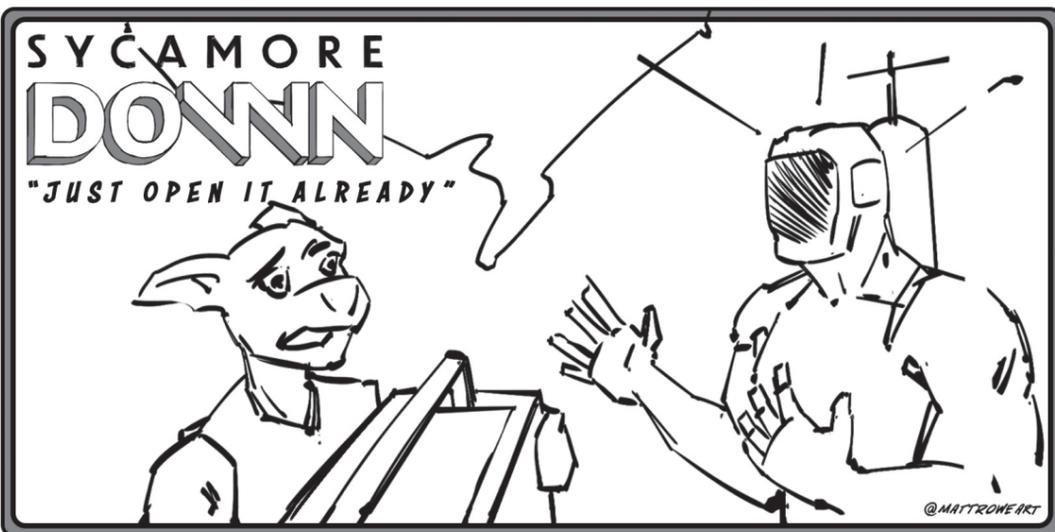
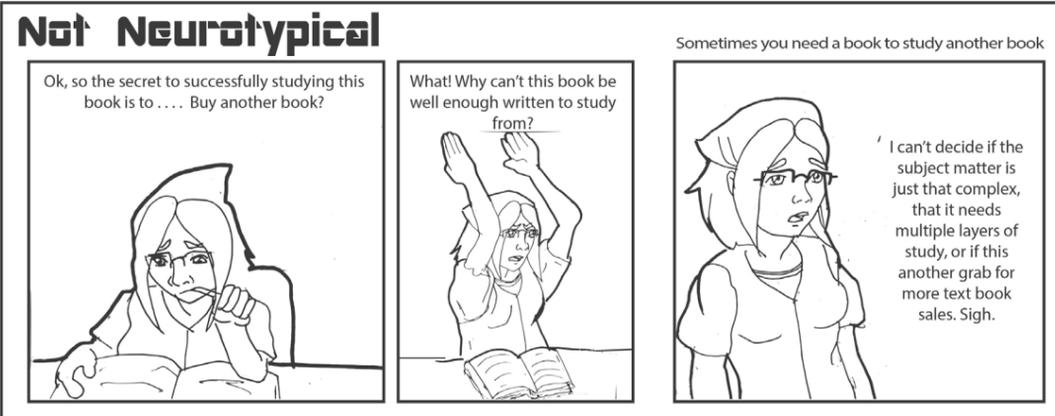
Freshman Fifteen



By Alan Dungo



@FilbertCartoons



Aries

Fitness, diet and educational pursuits will change the way you live. Activities you can share with someone you love will bring you closer together. How willing you are to pitch in and help will determine how well you do and how popular you become. Finishing what you start will impact how others perceive you. Control your emotions. If you let what others do upset you, it will be challenging to reach your goals.

Taurus

Take the safe route. You may want to make an impulsive move, but without doing the necessary research, it could end up being costly. You'll discover information that will make a difference to the way you move forward. A potential opportunity will turn into a reality if you are fully prepared to take on a new challenge. Take better care of your health and well-being. If something needs to be adjusted, don't wait until it's too late.

Gemini

Settle any differences you have with a partner or friend so that you can move on to something you can do together that is more gratifying. Don't expect someone to give you the low-down. Avoid getting involved in gossip, and don't believe everything you hear. Focus on self-improvement and romance. A chance to make a difference will come up while networking or collaborating.

Cancer

Put more thought into what you want to do. Look for new ways to use your skills or to develop them further. Exploring options that suit the current job market will be beneficial. Run your ideas by someone you trust and you'll be offered input that is not only insightful but a game changer when it comes to your ability to get ahead. Confusion will set in if you let emotional matters take over. If you feel uncertain, go directly to the source and find out where you stand.

Leo

Look inward, and put greater emphasis on self-improvement. Take the initiative to stay healthy — mentally, physically and emotionally. A professional change you want to make should be thought through carefully. Look at your options and consider what attracts you the most. It's OK to take the road less traveled. Pick up information, prepare mentally, physically and financially, and make your move.

Virgo

Put your money in a safe place where the temptation to spend on something you don't need will be limited. Participate in events that are informative and you will realize the changes you can make that will benefit you moving forward. Someone you encounter will interest you personally. Take better care of your personal belongings, cash and physical well-being. Refuse to let someone from your past disrupt your life or your emotional attitude.

Libra

Listen, be patient and respond only when you have had time to digest the facts. Look inward, and focus on personal growth. A simple change at home or to the way you treat someone close to you will make a massive difference to the way you get along with the people you care about the most. Equality should be a priority. Emotional energy will mount.

Scorpio

Be aware of what others are doing and how best to respond without upsetting anyone. Step back and look at a situation from a distance, and your perception will improve. Use your creative imagination to expand your ideas. What you learn moving forward will help you bring about a positive change that will encourage monetary gain. Listen, but gather facts before you make a decision that could cause an emotional falling out.

Sagittarius

Make your move. Whether it is a physical, emotional or financial change you want to put in place, start laying the foundation for a brighter future. Don't believe everything you hear. Someone will test your patience as well as your loyalty. Choose to stick to the truth, and do your best to avoid gossip. How you help others will make a difference to the way others view you. Being fair will help keep criticism to a minimum.

Capricorn

Making an unnecessary change will end up being costly and stressful. Invest time in self-development and saving money. An idea you have should be developed and presented. An unexpected turn of events will lead to financial gain. Look over contracts, and make the necessary adjustments. Emotions will get in the way of common sense. Look at every angle of a situation before you decide to share your opinion.

Aquarius

Make a difference. Follow your instincts and help those less fortunate. Pitch in, and you will not only make a difference, but you'll encounter someone special. Emotional anger will not help you out. Calm down, look at what you are up against and develop a plan that will help you overcome any challenge you face. Play to win. A chance to get ahead is within reach. Update documents, contracts and plans to ensure that you are getting what you want.

Pisces

Dreaming may be entertaining but when you have to get things done, you need to be realistic. Lend a helping hand to get things done. Look for the good and the positive in others and it will be easier to draw on the qualities offered that will bring out the best in both you and those around you. Be careful not to let anyone take advantage of you. Someone will offer insincere gestures of friendliness and compliments to manipulate you.

WEEKLY STANDINGS



Women's Volleyball
OCAA West Division Standings

Team	GP	W	L	PTS
y-Fanshawe	18	17	1	34
x-Humber	18	15	3	30
x-St. Clair	18	13	5	16
x-Niagara	18	12	6	24
x-Mohawk	18	11	7	22
x-Redeemer	18	8	10	16
x-Sheridan	18	7	11	14
Cambrian	18	4	14	8
Conestoga	18	3	15	6
Boreal	18	0	18	0

x - Clinched playoff spot
y - Clinched division

Men's Volleyball
OCAA West Division Standings

Team	GP	W	L	PTS
y-Humber	18	18	0	36
x-Conestoga	18	14	4	28
x-Niagara	18	12	6	24
x-Redeemer	18	11	7	22
x-Fanshawe	18	9	9	18
x-St. Clair	18	8	10	16
x-Mohawk	18	8	10	16
Sheridan	18	8	10	16
Boreal	18	2	16	4
Cambrian	18	0	18	0

x - Clinched playoff spot
y - Clinched division

Women's Basketball
OCAA West Division Standings

Team	GP	W	L	PTS
x-Fanshawe	17	16	1	32
x-Humber	17	16	1	32
x-St. Clair	16	12	4	24
x-Lambton	17	10	7	20
x-Conestoga	16	9	7	18
x-Sheridan	17	9	8	18
x-Mohawk	16	6	10	12
Niagara	16	3	13	6
Redeemer	16	2	14	4
Sault	18	0	18	0

x - Clinched playoff spot
y - Clinched division

Men's Basketball
OCAA West Division Standings

Team	GP	W	L	PTS
x-Redeemer	18	14	4	28
x-Humber	19	14	5	28
x-St. Clair	18	13	5	26
x-Sheridan	19	13	6	26
x-Mohawk	18	12	6	24
x-Lambton	19	11	8	22
x-Fanshawe	18	9	9	18
Niagara	18	7	11	14
Conestoga	18	6	12	12
Sault	20	3	17	6
Canadore	19	0	19	0

x - Clinched playoff spot
y - Clinched division

Printed standings are reflective of February 18, 2020.

Visit www.ocaa.com to keep up-to-date on all OCAA stats.

Ontario Summer Games returning to London



CREDIT: PROVIDED BY JEREMY HICK

After a successful event in 2018, London will host the 2020 Ontario Summer Games during the Civic Holiday weekend.

Emily Stewart
INTERROBANG

The Forest City is going to host the Ontario Summer Games for a second time.

A joint Ontario Summer Games and Tourism London press release said more than 3,400 of Ontario's best youth athletes, coaches, and officials will swing by London from July 30 to Aug. 2 for the London 2020 Ontario Summer Games.

London last hosted the Ontario Summer Games in 2018, and Zanth Jarvis, Tourism London's director of sports tourism, said the event was successful.

"It was great for the community," said Jarvis. "Those types of events — multi-sport events that are in the summer and we get to work with a lot of different organizations in the city — are really ones that we like to work with."

Dave De Kelver, the Ontario Summer Games general manager, said most of the athletes are between 12 to 18-years old. The event will feature 20 different sports and will be spread across 24 sports venues in London. Most of the games will be held either in Western University's Athletics and Recreation facilities or the City of London's Parks and Recreation sites.

Two sporting events will be held at Fanshawe College. Fanshawe will host the basketball tournament, according to an announcement on the London 2020 Ontario Summer Games Facebook page. Another announcement on the Facebook page announced that Fanshawe, along with Stronach Park, will also host the softball matches.

"It builds a little bit of experience and collaboration between the sports in the city because a lot of local organizations are involved to help us run the games," De Kelver said. "It's just another feather in London's cap for all the events that we do."

Both Jarvis and De Kelver praised Fanshawe Athletics' support. The young athletes playing at Fanshawe could learn about varsity sports and campus life during the Ontario Summer Games, and perhaps even consider studying at Fanshawe.

"From a Fanshawe College perspective, we would hope that they would see it as a way to market the school because the school's got

a lot of great things, not just the gym," De Kelver said. "The opportunity is there to see what College life is for 14 [and] 15-year-olds who are just starting to think about that."

Jackie Corby, the recreation athletic officer for Fanshawe Athletics, volunteered on the Ontario Summer Games Committee handling accreditation and on-site registration duties in 2018 and is part of the committee again for 2020. The experience has been eye-opening for her.

"I'm surrounded by people who are volunteering their time for the betterment of the community, so it's refreshing," she said. "It's amazing to be surrounded by like-minded people."

Corby also rents out the Fanshawe Athletics facilities for events like the Ontario Summer Games. The young athletes are energetic and eager to play in the gym.

"It's nice to have young athletes in our facility because pub-

lic schools and high schools don't have the same type of facility," Corby said. "When they walk in and they're so excited just to be here and they love it, it energizes — like you could just soak up all that energy."

Before the games begin, there will be an opening ceremony at TD Stadium. De Kelver said in 2018, 9,000 people attended the Olympic-style opening ceremony.

Jarvis added that for most of the young athletes, the Ontario Summer Games are their chance to be like an Olympian.

"For the majority of them, this is their Olympics. This will be the largest sporting event that they've ever competed in so they will have their moment to be like Olympians and be proud and excited and compete at their very best," he said. "We're excited to have an event like this back in London."

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2020 Subaru Legacy Limited: Year-round traction



Nauman Farooq
AUTOMOTIVE AFFAIRS

If you ask the American auto-makers, the midsize sedan segment is dead.

Ford and Chrysler have already pulled out of this segment, and General Motors isn't far behind.

However, the Germans, the Koreans, and the Japanese are still in it — but is it the right move, and how long can this segment last?

Subaru thinks the world has not gone all SUV/CUV, and hence still has sedan offerings. I just spent a week in their latest — the 2020 Legacy Limited, to see if it's any good.

Styling: About 30 years ago, the world first got introduced to the Subaru Legacy — and with its sharp styling and impressive features, it attracted buyers from all over the globe.

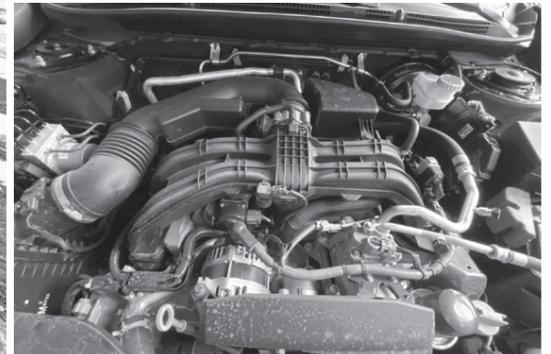
For 2020, we get the brand new, seventh-generation model of the Legacy. Its styling is subtle, not overly aggressive or opinion-splitting as some of its rivals (ahem... Toyota Camry, Honda Accord), but look at it closely and you'll find some neat design details, such as its LED headlights, and its snazzy alloy wheels (which are standard on all trim levels, except the very base).

Its styling might not make people turn their heads, or give it a double take, but most times, it is better to fly under the radar than be in everyone's view!

Interior: The 2020 Legacy might be subtle on the outside, but step inside and it really starts to shine.

Over a decade ago, Subaru's were often criticized for having dull, boring interiors, made from cheap plastics. Then they started to listen, and the quality started coming up.

The 2020 Legacy possibly has the nicest interior of any Subaru in the history of the company. The quality is not just good when compared to other non-premium midsize sedans, but it can shame a few premium luxury vehicles as well.



CREDIT: NAUMAN FAROOQ

The 2020 Legacy possibly has the nicest interior of any Subaru in the history of the company, and can master all roads in any weather.

The fit and finish is superb, but that's not all. Subaru was quite late in offering infotainment tech on their models, but they have truly caught up now. My Legacy Limited had an 11.6-inch, tablet style, touch screen, infotainment system that had everything from built in GPS to Apple CarPlay and Android Auto capability. This screen and all its functions take some time to figure out, but it is very good, and among the best in its class.

But that's not all. The 2020 Legacy also provides a generous amount of space for five passengers, and its 428-litre trunk can swallow all their shopping, too.

In short, the new Legacy offers a wonderful place to spend time in.

Powertrain: The 2020 Subaru Legacy is available with two engines. My tester had the base 2.5-litre, naturally-aspirated, boxer-four cylinder engine, which produces 182 horsepower and 176 pound-feet of torque. Power is fed to all-wheels through a CVT automatic.

The upgrade motor is a 2.4-litre, turbocharged, boxer-four cylinder engine, which produces 260

horsepower and 277 pound-feet of torque, also paired to a CVT. No manual gearbox is offered anymore, on any trim, with either engine, which is a shame.

Performance & Driving Dynamics: Given that my tester had the non-turbo motor, performance wasn't its strong point. It still has good get-up-and-go from a standstill, but acceleration starts to lag over 60 kilometres per hour. I did some 0 to 100 km/h testing with the 2020 Subaru Legacy Limited, and the best time I achieved was 9.67 seconds — which makes it slower than the current Honda Odyssey minivan.

What this vehicle lacked in straight-line speed, it more than makes up for in the corners. This new Legacy, just like most Subaru models, handles extremely well. The speed you can carry into the corners is astonishing, and the ride quality over broken tarmac is possibly the best I've ever come across — it feels like a hovercraft.

Its electric-assist power steering unit does lack feel, but its light steering weight makes the car easy

to toss into bends. Subaru has made a name for itself in rallying, and it sure feels like what they learned in racing has been applied to their road cars.

If you're looking for a vehicle that is safe and makes highway driving quite stress free, then you'll also like the new Legacy. Subaru's ingenious EyeSight system keeps an eye on traffic and pedestrians, and its adaptive cruise control let's you sit back and relax on the highway. It can also keep you in your lane with the car providing steering input — although personally, I didn't like using this feature, and preferred to just use the adaptive cruise.

For those looking for a very quiet car, this Legacy would also do the job, because thanks to wonderful application of sound deadening materials, this is one of the quietest cars I've been in, in a long time.

Fuel Economy: In my fuel economy test (where I drive a vehicle 170 kilometres on the highway and 130 kilometres in the city) the 2020 Subaru Legacy Limited averaged 8.3-litres per 100 kilometres. For a midsize sedan that is not a hybrid,

and has all-wheel drive, that is extremely good.

So, if you don't like spending much time or money at gas stations, you'll like the new Legacy.

Pricing: 2020 Subaru Legacy pricing starts from \$26,395 and goes all the way to \$39,095 for the fully loaded Premier GT model.

My tester, the Limited with the 2.5i motor had an "as tested" price of \$34,295 (plus freight/PDI, dealer fees, and taxes).

Verdict: Subaru hasn't given up on the midsize sedan segment; in fact, their offerings are getting better and better. This new Legacy is realistically all the car you'll ever need for taking care of your daily chores, and it'll do it comfortably, quietly, and efficiently.

Those who have abandoned the midsize sedan segment, I think they've made a mistake, as this new Subaru Legacy proves, that a sedan still makes a lot of sense.

For additional car related content, please look up: Automotive Affairs on YouTube at youtube.com/c/automotiveaffairs and on Instagram at [@automotive_affairs](https://www.instagram.com/automotive_affairs).

Fanshawe to host 2021 Women's Basketball National Championship

Skylar McCarthy
INTERROBANG

On a Feb. 5 press release, the Canadian Collegiate Athletic Association (CCAA), and Fanshawe Athletics announced that Fanshawe will host the 2021 CCAA Women's Basketball Championship.

The winning hosting bid was won by a unanimous vote by the CCAA as a part of its annual winter meeting held in Ottawa, Ont.

The championship will be held from March 17 to 20, 2021 at the Glenn Johnston Athletic Centre at Fanshawe's Oxford Street Campus. Eight of the best women's basketball teams in the entire country

will come to Fanshawe to compete for the National Championship. As hosts, the Falcons' women's basketball team for next year will automatically get in the tournament.

The Fanshawe Falcons' women's basketball team has been an Ontario Colleges Athletic Association (OCAA) medalist for the past four seasons in a row, including winning the OCAA Championship last season. Last season, the team received its first ever top finish in the CCAA. It has been on the CCAA standings consistently, and is currently in fourth place nationally. This played a part to getting the event here.

The Fanshawe athletic program over the last 12 seasons has been

qualified for 11 OCAA championships and have won seven medals. The women's basketball team also holds the OCAA record for the highest number of gold medals at 12. Some of the success from this program however comes from current head coach, Bill Carriere.

In his 13 years as head coach (coached from 1987/88 until 1993/1994, returning for the 2013/2014 season), Carriere has won five OCAA Championships, two OCAA silver medals, and two OCAA bronze medals, totalling nine OCAA medals. He has also been the OCAA Coach of the Year four times, and won the CCAA Coach of the Year back in 1994.

"The hosting of the 2021 Na-

tional Basketball Championships, for our women's basketball program at Fanshawe, was very important to us," Carriere said. "We [as a team] get to play the best teams in Canada, and it gives our players the opportunity to represent the school that they chose for their education and play in a National Championship."

With the automatic buy into the National Championship next year, the team will need to find a way to be motivated all season.

"We must prepare in such a manner that we need to win the next game. We got to keep it simple and knowing that we get in the National Championship as hosts, we want to win Provincial Champion-

ship first," Carriere said. "We had some experience going there just last year after we won the OCAA Championships, and hopefully by 2021, we will have experience and we know how to win a National Championship."

This year's squad is doing very well, boasting a 16-1 record.

"We have a very good opportunity to represent Ontario in the National Championship again this season and come back after last season being there," said Carriere.

The regular season has officially been finished, and both Falcons' women's and men's basketball teams start their post-season efforts after the one week reading break.

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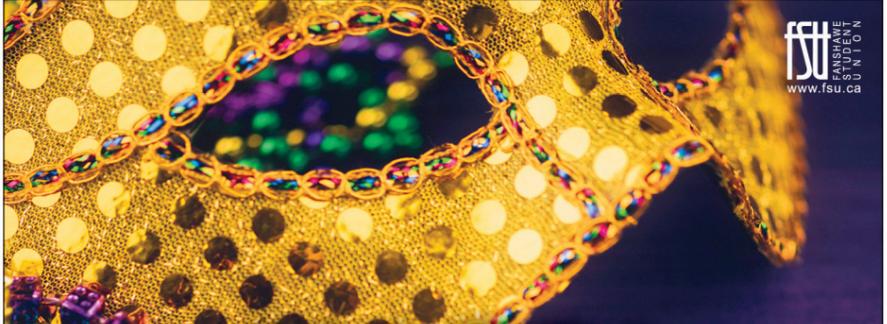
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