

Western prof raises concerns as COVID mandates loosen

Ukraine: Heartbroken but unbreakable

Exploring what the FSU does for you

Falcons win three medals at badminton OCAAs

INTERROBANG

**FSU
ELECTION
WINNERS
ANNOUNCED**

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FROM THE EDITOR Hannah Theodore

Dear readers,
Welcome to the Fanshawe Student Union (FSU) Elections edition of Interrobang. The turning over of the FSU team marks a new beginning for all of us at Fanshawe, and I know many of us are looking forward to what the year ahead will bring. Congratulations to all of the winners!

Student politics represent a microcosm of the world around us. Every vote shows your commitment to democracy, that simple yet fragile idea that the voice of the majority is worth something.

As we watch, with sadness, from the comfort of our free (though still flawed) nation, the very idea of democracy being challenged on the world stage, we look to our own community for stories. In this issue, for example, Ukrainian freelance reporter, Svitlana Stryhun treads through the

tumultuous history of her home country, painting a picture of her people's resilience and bravery. Kate Otterbein also explores how the war in Ukraine is affecting international students here at Fanshawe College, while Amy Simon takes us through how the London community has responded to the current situation.

I hope you find this issue eye-opening, whether you're curious about global politics, or politics that are a little closer to home.

Sincerely,



Letters to the Editor: fsuleters@fanshawec.ca

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Ismail Aravai is your new FSU president

Hannah Theodore
INTERROBANG

The votes are in and the new Fanshawe Student Union (FSU) president is Ismail Aravai. The business management graduate inched out ahead of fellow candidate Franck Albert Sigah to win the race. Voting closed March 9 at 2 p.m.

Aravai will take up the position after a year of working as the FSU's student life coordinator. Aravai has also been a Class Representative, and has even volunteered for the Fanshawe Friends and Inspire Mentoring programs. He felt confident that his past experience with the FSU prepared him for his new role.

"The experience and the involvement that I had in the FSU in the past... has really given me the exposure of how important FSU is for students and how the FSU thinks of students as important," said Aravai.

As a student life coordinator, Aravai ran several awareness weeks including those focused on mental health, sexual health, addiction, and anti-bullying. The main pillars Aravai plans to tackle as president are networking opportunities for students, mental health, diversity and inclusion, and collaborating to build strong relationships with

students and partners. For Aravai, networking opportunities will be his first priority as president, especially as restrictions lift and more students return to campus.

"[During] Orientation, we will have a lot of networking opportunities, and just bringing some good events for students to collaborate, that would be the first thing," said Aravai. "Just trying to add something in terms of events for students to network."

Aravai made sure to send a special thanks to all of his supporters.

"I [am] very thankful to all my friends, family and everyone I know, all the students I've met [during] my tenure at Fanshawe," he said. "I'm very grateful for all the support and I will be working for the students."

Aravai also sent a message to students as he prepares to step into the role of president.

"I know 2021 was a roller coaster ride," he said. "[But] we as students, we can get through anything. We've been juggling jobs, and assignments, and courses and all that and also we have a social life that we have to be part of. COVID has been hard on us, mostly our students, but if we are together, we can get through anything."

Students also elected a new Board of FSU Directors and Governors. Your new FSU Directors are Abhay Muraleedharan Sujala,



CREDIT: ISMAIL ARAVAI

Ismail Aravai is will be the Fanshawe Student Union (FSU) president for the 2022/23 school year.

Anila Mohan, Chetan Singh Chauhan, Drhuv Pandya, Mohammad Areeb Shamsi, Tom Hutchison Hounsell and Vatsal Tripathi. Your new Student Board of Governor is Dr. Samrat Raj, a general management, marketing and strategic leadership graduate from University of Delhi, India.

London's Ukrainian community responds as Russia intensifies its attack on Ukraine

Amy Simon
INTERROBANG

On Feb. 24, Russian forces launched a large-scale military attack on Ukraine.

Russian President Vladimir Putin commenced the invasion on live television, saying that the goal of the assault was the "denazification" of Ukraine – an allied initiative used after the Second World War to rid German and Austrian society of Nazi ideologies.

Putin added that anyone trying to interfere "would be met with such consequences that have never been experienced in history."

Shell bombs continue to turn infrastructure to rubble in Europe's now second biggest land conflict since the WWII.

While the total death toll remains uncertain, the United Nations estimates at least 350 civilian deaths, but says that number could be "considerably higher" as the refugee agency reports more than two million people have fled the country.

Ukraine's President Volodymyr Zelenskyy is calling for the boycott of Russian exports, particularly oil, and to impose a no-fly zone.

"How many more deaths and losses must it take to secure the skies over Ukraine?" he expressed in a video message.

London, Ont.'s Ukrainian population currently stands at 10,000 people. With 56 being international students attending Fanshawe College, among those is broadcast journalism student, and freelance Interrobang reporter, Lana Stryhun.

"We didn't think that Russia would attack," said Stryhun. "But I guess there was always an enemy in the neighborhood."

Stryhun said that everyday is like a "never-ending nightmare" with her family still back home in Ukraine.

"The only thing I think about is my family, friends, and my country," said Stryhun. "But the London community has stepped up in supporting Ukraine, myself along with it."

On Feb. 28, hundreds rallied at London's Victoria Park in support of Ukraine. The protest was organized by Volodymyr Vorobets, the president of London's Ukrainian Centre.

"We want to send a message," said Vorobets. "We want to raise awareness, and we want our government to take a stronger stance and make faster options."

Canada has since donated \$25 million in defensive equipment to help in Ukraine's fight for freedom. Immigration Minister Sean Fraser also announced that in seeking refuge, an "unlimited number" of Ukrainian's can qualify for a fast-tracked visa to work in Canada for up to two years.

Tatiana Dawidenko, vice president of the London Ukrainian Centre, sent her thanks through a heavy heart as support continues to be displayed across the city for her home country.

"You don't know how amazing a city like London is until you see the support it's people provide," said Dawidenko.

Through tears, Dawidenko added that, "while these violent acts against my country are horrible, at least now the world knows how Ukrainians fight."

For Stryhun, the shell bombs and acts of terror are only destroying Ukraine's past identity.

"Even if they're bombing us, those buildings were from USSR. We will build something new upon the ruins and we will create a new Ukraine."



CREDIT: AMY SIMON

"How many more deaths and losses must it take to secure the skies over Ukraine?" said Ukrainian President Volodymyr Zelenskyy.

Once again referencing Fanshawe's Ukrainian student population, President Peter Devlin highlighted that above all else, Fanshawe College is a supportive community.

"There's wonderful care and compassion for each other," said Devlin.

Before working at Fanshawe, Devlin served 35 years in the Canadian Armed Forces and retired commanding the Canadian Army at the rank of Lieutenant General.

"More than anything else, I am horrified that Russia first invaded Ukraine," said Devlin. "It breaks our hearts as we think about the people of Ukraine and the humanitarian

circumstances. But we're grateful that neighbours have opened their arms, facilities and resources."

But as Russia's attacks on Ukraine don't seem to be slowing down, Marnie Wedlake, psychotherapist and professor at Western University's Faculty of Health Sciences, said it's important to manage personal feelings during times of tragedy.

"The threat of nuclear weapons means that this is no longer isolated to just that part of Europe," said Wedlake. "This coming at almost the three-year mark of a global pandemic that has asked a lot of everybody emotionally."

Wedlake said to "tune into yourself, see where you're at, and see what it is you need in order to stay informed while not feeling flooded."

So, as the world watches and waits for more updates on the situation in Ukraine, Londoners are raising their voices in support and solidarity as the phrase, "slava ukraini, heroyam slava (glory to Ukraine, glory to the heroes)" trends with each passing day.

The London Ukrainian Centre is accepting donations from 10 a.m. to 7 p.m. at 247 Adelaide Street South. Electronic money transfers can also be sent to info@londonukrainian-centre.ca.

Off the radar: What's going on in the world



CREDIT: IAN INDIANO

Here are four news stories from around the world you should be paying attention to.

Ian Indiano
INTERROBANG

Oh, the good old times. When our biggest concerns were unvaccinated tennis players. When the entire world turns its eyes to the Ukrainian/Russian conflict, we must remember that outside the North American/European axis, the rest of the world still exists. The social and political conflicts that South America, Africa, Asia, and Oceania must face every day are, in many cases, more complicated than we think. However, their news hardly finds their way to us.

To help you stay informed about the rest of the world, here are four

news stories you should be paying attention to:

Colombia decriminalizes abortion in first 24 weeks

Although abortions have been allowed in Colombia since 2006 in cases when the woman's life is at risk, rape, or if the pregnancy is not viable, Colombia's constitutional court has now also decriminalized abortions within the first 24 weeks of pregnancy. From now on, no woman will be prosecuted for having an abortion within this time frame. This is another victory for the pro-choice activists in Latin America. Last September, a similar ruling was approved by Mexico's Supreme Court, and in Argentina, abortions are legal up

to 14 weeks. It is believed that 90 per cent of abortions in Colombia are clandestine and unsafe, putting the life and health of women at risk.

Costa Rica legalizes medicinal marijuana

Costa Rica's Congress has passed a bill that legalizes the use of marijuana for medical purposes. The bill also allows its cultivation for industrial use. The recreational use of marijuana will remain illegal. The bill is expected to boost the agricultural sector and generate jobs. An earlier version of the bill was vetoed by Colombian president Carlos Alvarado, after he argued for limits on individual cultivation and consumption. The new

version, however, has the backing of the president, who said it will be "of great benefit to Costa Rica."

Bombing kills dozens in Shia mosque in Pakistan

At least 56 people were killed in a bombing inside a mosque in the city of Peshawar, in north-western Pakistan. Another 190 people were injured in the suspected suicide attack while Friday prayers were being held. No group has yet claimed to be behind the attack. Pakistan has been facing a series of sectarian acts of violence and terrorism in recent years. Thousands of people have been killed, most of them Shias. After the attack, locals have helped ferry the dead and injured in their vehicles.

Tanzania's opposition leader finally released

Freeman Mbowe, Tanzania's main opposition leader, has been released after more than seven months in custody. Hundreds of people cheered outside the court when the decision was announced. Mbowe was arrested under terrorism charges. The arrest was seen as part of the authoritarian agenda of president Samia Hassan, that took power last year after the death of president John Magufuli, who was equally considered authoritarian. However, his release is seen as a sign of reconciliation and that the government might be about to give more freedom to the opposition to operate.

Do you have an opinion that Fanshawe should hear?

Interrobang wants your voice.

Submit to our opinion section today!

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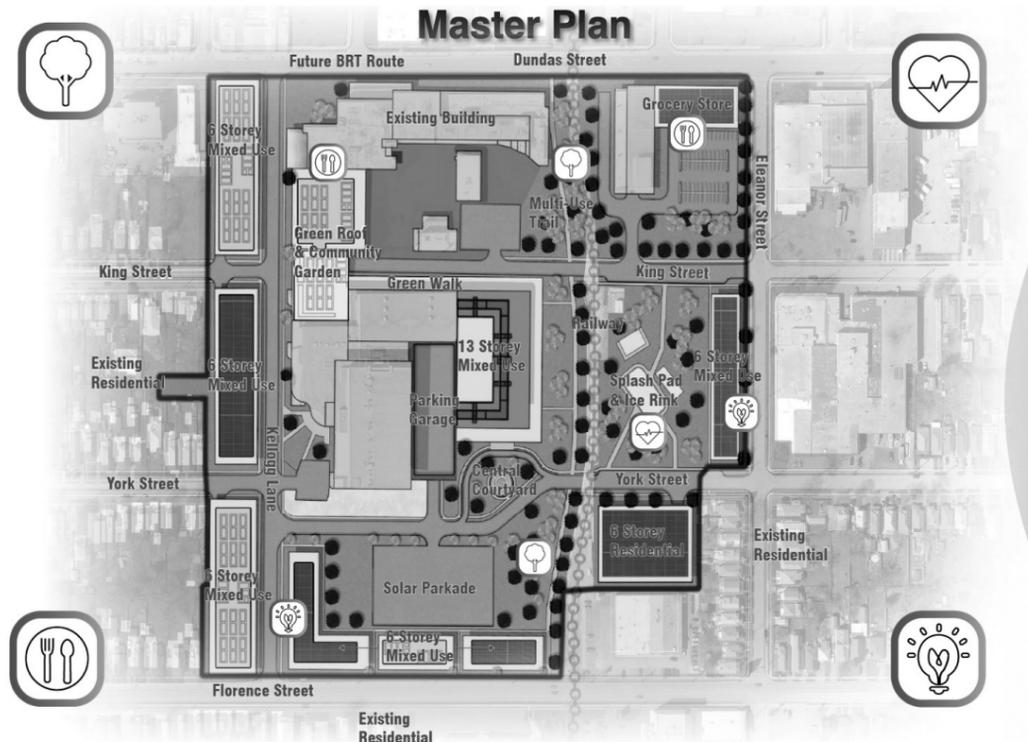


HAVE AN OPINION?
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WHERE?

fsuletter@fanshawec.ca
or
theinterrobang.ca/submit-letter





Red Brick Revitalization's final plan for 100 Kellogg Lane.

CREDIT: COURTESY OF KRISTINA PAVLOU

Fanshawe students propose a sustainable future for 100 Kellogg Lane

Kate Otterbein
INTERROBANG

Fanshawe's GIS and Urban Planning program has taken part in the 2022 urban design project to bring a more sustainable future to 100 Kellogg Lane. The theme was "Green the City" where six groups of first and second-year students in the program make a design for Kellogg Lane, incorporating various guidelines in a week. The guidelines they had to follow were greening the city (turning pavement into green space), energizing the city (adding solar or wind energy to the site), feeding the city (producing food), and health. For health, they looked at how they can make the space healthier for people's mental and physical health.

Kristina Pavlou is a first-year in the group who won first place in the design charrette. The group was named Red Brick Revitalization and consisted of Pavlou, William Brent House, Braeden Howard, Quinn Keep, Manveer Lail, Kyujin Lee, and Alexander Kanski.

"The theme for this site was inspired by the themes of the 2022 Floriade Expo in the Netherlands," said Pavlou. "Our plan was to design a site that fulfilled all the themes of Floriade while still preserving the heritage of the area. Our vision was to promote an environmentally sustainable mixed-use hub that would be the heart of Old East Village."

Through their design, they wanted to enhance urban resilience through improved food supplies, promote active lifestyles and clean living, and integrate features that promote smart energy.

"We wanted to incorporate more of those green open spaces, increase the tree canopy of the area, we incorporated green roofs on both the existing and new buildings that we included, and we planted trees along paths with concrete base benches."

"We also acknowledged that there's a major housing need. So we also wanted to add additional residential units to the site."

Kellogg Lane is a very industrial area, but the students made that work with their designs.

"We wanted to incorporate more of those green open spaces, increase the tree canopy of the area, we incorporated green roofs on both the existing and new buildings that we included, and we planted trees along paths with concrete base benches. So imagine a tree and then at the bottom there's a circle around the base. That acts as a bench so when people are walking, they have somewhere to sit and can enjoy the shade of the tree."

They also incorporated a splash pad and ice rink combination, where you can cool off in the summer and

go for a skate in the winter. It was inspired by one similar in Newmarket, where Pavlou is from.

Professor William Pol met with the groups every day to assist in any way needed since it is a big project to complete in such a short amount of time.

"I was astounded at the ability of our students in the charrette to take these ideas and themes and come up with designs in one week," says Pol. "It's truly amazing. I'm always nervous starting the charrette because you don't know what the result will be. But the master plan, the visualizations, their ability to present their ideas to the judges was excellent."

Pol said that the final decision of who came out in first place was very difficult and the scores were very close.

"Faculty do not do the judging. It's all up to the outside professionals and it was very hard for them to figure out who was the winner. That always makes me very proud that our students do the quality of work that they do. I think the judges were astounded by the quality of work that students could do in a week."

This short timeline is put in place purposefully because in the real world, sometimes they will have to work under tight, stressful deadlines. It is preparing them for the workforce once they graduate.

Now, students have the opportunity to submit their final designs to the TD Environmental Design competition if they choose. It's about greening the city, following suit with Fanshawe's charrette. This competition involves all of the colleges and universities across Canada.

USC launches free menstrual products program



CREDIT: NOJOU AL MALLEES (GAZETTE)

One of the USC's free menstrual product boxes, March 6, 2019.

Sophia Schiefler
GAZETTE

The USC launched a new program to provide free menstrual products in UCC washrooms and for order through their website.

As of Feb. 4, menstrual products are available in men's, women's and gender neutral washrooms throughout the University Community Centre. Students can also order the products as well as condoms and dental dam contraceptives through the student council's website and have them delivered to their student house.

According to Maddy Osbourne, vice president programming at the USC, the aim of Free the Dot. is to tackle period poverty among Western University students.

"Something that has been really important to us as we've been building this program is not only that students have access to free products but that they're quality products that they would want access to anyways," said Osbourne. "You shouldn't feel limited to what you're able to access because of a financial barrier. I think equity across the board is so important when it comes to menstrual health."

The menstrual products offered on the USC's website and inside washrooms include both regular and large sized tampons and pads.

"I think it's really important that students have products that they feel comfortable and safe and most empowered using," said Osbourne.

The pilot project follows a similar initiative introduced by the USC in 2019 that was paused due to lack of funding. The previous project also provided access to free menstrual products throughout UCC washrooms as well as in the USC's food bank.

The current program is also run in partnership with Food Support services and funding for the initiative will be primarily donation based through the USC's website. The USC is hoping to find a sponsor to support some of the cost going forward to continue the service.

While the program is currently limited to UCC washrooms, the USC hopes to push Western to pay for menstrual products throughout other campus buildings. On the Free the Dot. page of the USC website, students can access a petition created by the USC, encouraging Western to provide menstrual products in all washrooms across campus.

According to Osbourne, Free the Dot. has seen unexpectedly high levels of interest from Western's students.

"The program became so much bigger than expected, so quickly. We're still working on what that program is going to look like long term."



Have any questions or comments about Fanshawe's Mission, Vision, Values or board policies?

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Tom Hutchison-Hounsell

Student Representative to The Board of Governors

“One size doesn’t fit all,” says Western prof on the lifting of COVID mandates

Aisha Javid
INTERROBANG

On Feb. 15, Ontario Premier Doug Ford announced the lifting of provincial vaccine mandates. Furthermore, the Premier also revealed that the province would lift mask mandates March 21.

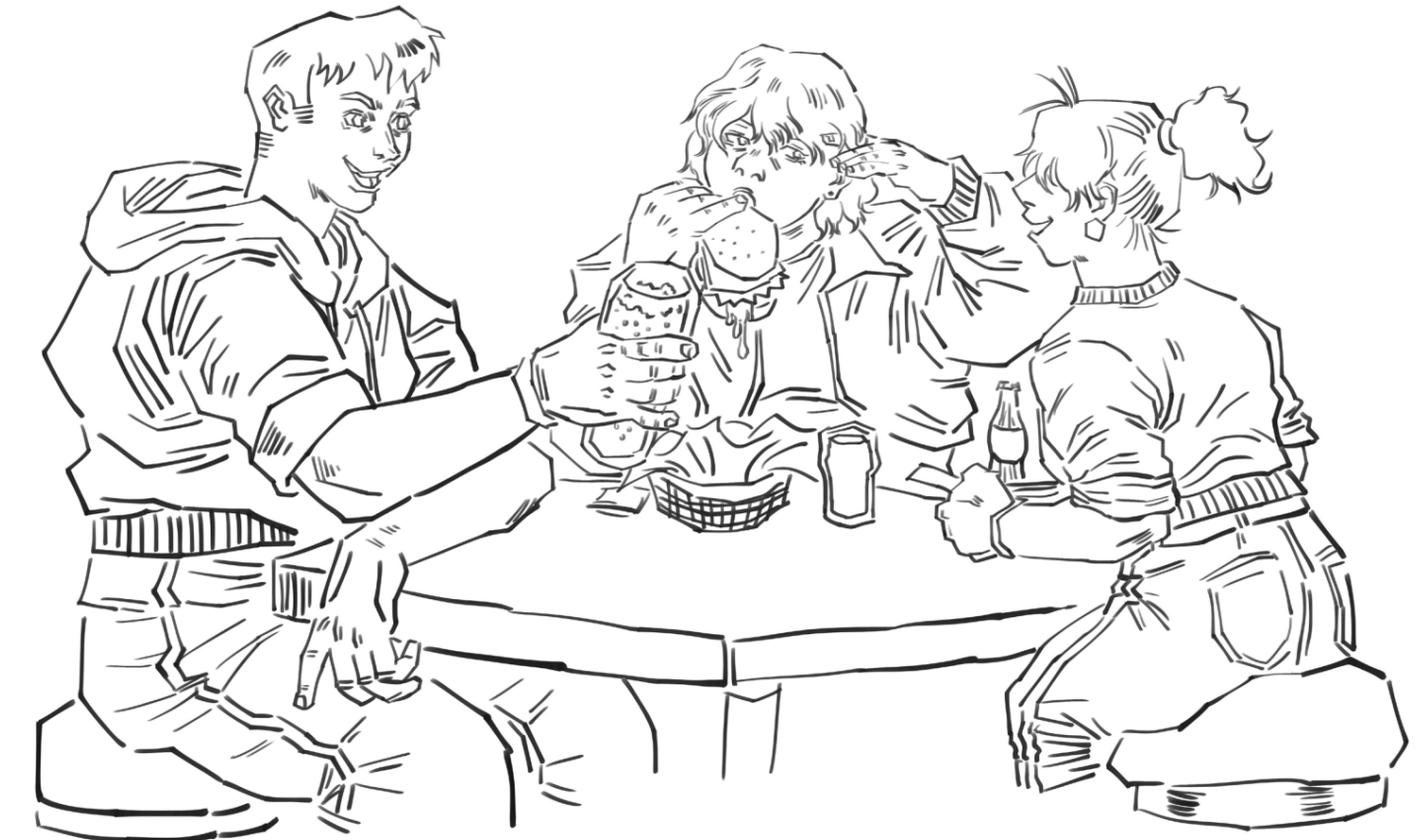
Despite the province’s decision to lift mask mandates at the end of the month, local institutions and businesses are undertaking separate approaches. For example, with support from the Middlesex-London Health Unit, Fanshawe College has stated that the campus will continue its vaccination policy, daily screening and physical distancing. Although mask mandates are also set to end in the province on March 21, the college has not stated yet whether its mask policy will remain in place.

Western University psychology professor, Marnie Wedlake, said that as mandates are lifted, more care and consideration should be given to vulnerable individuals of society, and those who continue to struggle with mental health issues.

“There is no one size fits all,” said Wedlake. “Broadly speaking, some will be eager to get back out there, and then there will be others, who will continue to be in a state of fairly significant fear and will be more anxious because they will feel less safe. And then, there is everything in-between.”

Wedlake added that she hoped this reopening would stick.

“We’ve had previous reopenings, and the case counts have gone up, and then we’ve taken some steps backwards. So we have no guarantee. I think we have to really realize though that a lot of the decisions that are made are often made based on the wants and the desires and needs of a privileged group of individuals, but our most vulnerable citizens,



CREDIT: DYLAN CHARETTE

COVID mandates are lifting and while some students will be excited to get back out into the world, one Western professor is voicing concern for vulnerable populations.

both in Canada and beyond, may be living a different life,” she said.

Furthermore, Wedlake felt that students, being the younger population of society, are less concerned with their mortality in the face of COVID-19. Therefore, they’re often greater risk takers and can be more vulnerable to the lifting of mandates.

“I think there are some students, from what I can gather in conversation with students in my classes, that there are some who are still

very nervous, and are quite vigilant and cautious about getting out there in the public atmosphere. But then there are those who appear to be kind of oblivious to any possible threat. So, I think it depends on some degree on how well-informed people are. But generally speaking, people in their late teens, and early 20s aren’t thinking a whole lot about their own mortality, and younger folks tend to be less aware of their own pending death at some point.”

As several local businesses undertake their own decisions on vaccine and mask mandates, Wedlake said she hoped that the needs of vulnerable citizens would be made a priority. As there will be some businesses that will soon have no restrictions and mandates, Wedlake advised that regardless of what the policy may be, it is important for everyone to feel safe in any environment.

“Businesses are going to do what they feel they need to do to keep

their business going, so I would always hope that people make the decision to prioritize the needs of most vulnerable citizens first,” she said. “But I’m not a business owner, so I don’t know what it’s like to be in that position where you’re really worried about losing your livelihood. So, if you’re going to a restaurant or to a store, wherever you got to go, you need to decide what you need to do for yourself to feel safe.”

Fanshawe College offering extensions for payments of Russian and Ukrainian students

Kate Otterbein
INTERROBANG

Many Russian and Ukrainian students are facing financial struggles right now due to the attack on Ukraine. As part of the sanctions against Russia, SWIFT, a messaging service used by Russian banks, has been shut down, meaning students can no longer access money from their home country.

“Russia’s economy is falling apart,” said Arina Zelenskaya, an international student from Kazakhstan. “Where I live, Kazakhstan, really highly depends on rubles, which is the currency in Russia. I am scared to wake up broke because the rates are

dropping. That means the Canadian dollar for me is going to be more expensive.”

When Zelenskaya’s family heard about the sanctions, it was a scramble to get everything paid for since she’s a January intake student.

“My father and I use SWIFT for paying the college. One night my dad called me and said we have to pay for the college tuition right now because they could have switched off SWIFT for Russia, which they eventually did.”

But some students were not able to pay their remaining tuition and bills to Fanshawe before SWIFT was turned off. Fanshawe has introduced some new exceptions for those in this situation.

“We’ll be talking to students on a case by case basis because every student’s scenario is different,” said Janice Lamoureux, Fanshawe’s Dean of Students. “Some students can make partial payments based on savings that they have at this point in time. Some students can’t. But we will be working to determine whether students will be able to secure a part-time position over the next number of months. So, we will work with the students to talk about when they could start making payments on account.”

Fanshawe is also working on introducing a bursary for Russian and Ukrainian students that will be announced soon.

“I’m individually meeting the students and talking about what

supports they are seeking with the first providing referrals to our counselling area and to meet with a counsellor about how they’re feeling,” said Lamoureux. “To look after themselves, we are also able to offer purchase cards for local grocery stores. So, for students who are experiencing hardships with not being able to buy food, we’re offering support to that. We are also providing a point of contact and connection to our housing coordinator if students are experiencing challenges with housing.”

For those who would like to get in contact with Fanshawe to discuss your situation, you can do so via email at deanofstudents@fanshawec.ca.



CREDIT: ARINA ZELENSKAYA

“Russia’s economy is falling apart,” said Arina Zelenskaya, an international student from Kazakhstan.

Ukraine: Heartbroken but unbreakable

Svitlana Stryhun
INTERROBANG

They say you are never prepared for something bad and terrifying to happen. They also say that it's hard to collect your thoughts and organize them in the case of an emergency. Yes it is, but not if you have been mentally prepared for this to happen from early childhood.

I was born in Ukraine in 2003. Ukraine has been independent for 12 years. But everyone still felt the pressure and understood the fact that Russia would not just give up.

Just over 100 years ago, Ukraine lost its independence to the Russian Empire that in the end, became the Soviet Union. It's easy to think about the reasons – the Ukrainian army was not well equipped, and Western society was afraid of an independent Ukraine. Governors of European countries thought that the people who had spent 300 years under Russian rule up to that time were an even a bigger threat. Russia as an Empire was regarded as an enemy that they knew how to deal with, whereas Ukraine was something new. But those are not the main reasons; the biggest failure of Ukrainians in that war was thinking that Russians are friends and that they would help to build a modern, free society. In 1917, the main government in Ukraine, ruled by its first president Mykhailo Hrushevsky, decided that the country didn't need an army. Almost 120,000 warriors were sent home and ordered to give up their weapons. And in 1918, Russian troops were in the Kharkiv region, where they killed innocent people that had no army to defend their country.

A decade after, in 1932, the Soviet government still thought of the Ukrainian people as a threat and provoked a massive famine in the northeastern parts of Ukraine. Millions of people died, mothers ate their children, husbands ate their wives. But for Stalin, it wasn't enough. Ukrainian intelligence was still conscious about the death of Ukrainian people in the Soviet Empire. That's why millions

of people died in 1934, when the genocide called Executed Renaissance happened.

But that's not all. In 1960, dissident movements appeared in Soviet Ukraine. There was a rebirth of intelligence and poets, filmmakers, and writers were persecuted as well. Their language – their main weapon – was prohibited, and deemed dirty.

All through this awful 100 years, Ukrainian people didn't give up, because they are different. They are not Russians, they are independent and conscious of it. In 1991, due to the weakness of the Soviet regime, Ukraine became independent. But Russia was still present in the minds of the old generation of Ukrainians as a ghost of the Soviet Union.

But in 23 years, when Maidan happened (a wave of demonstrations and civil unrest in Ukraine), a lot of people got the idea that we should fight for our independence. It was expected, but still a shock. Many citizens thought that Russians were brothers, but they showed their real face on Feb. 24. The full scale intervention of the Russian army showed the state's true identity to all those who were blind before. Again, it was expected. It is a paradox of this nation; it has a short memory. All those years we waited for this to happen. Now is the time for the Ukrainian people to prove to the whole world that Ukraine is free and sovereign.

Everyone is ready to die for this; for the idea of raising children in a free country. Those children, who are born in bomb shelters. We are at last positioning ourselves as a separate people, because all those lessons we learned through the last 100 years were not in vain. They prepared us for this fight and now it's our time to make the world see the democratic and free society we are.

They say you are never prepared for something bad and terrifying to happen. But not when you are Ukrainian. In this case, you always are prepared. But this is a sacrifice for the future and it's totally worth it. Ukraine will be rebuilt and will thrive, because it's time. And I'm totally proud to be Ukrainian.



CREDIT: SVITLANA STRYHUN

Ukraine has been independent for 12 years already. But everyone still felt the pressure and understood the fact that Russia would not just give up.

Our all-male USC presidential ballot is part of a bigger problem

Nika Bajaj, Katie Campbell & Sara-Emilie Clark
GAZETTE

Western has a problem with rape culture.

The events of this year's Orientation Week highlighted the prevalence of sexual and gender-based violence on our campus. This is an issue that disproportionately affects women. At a time when anti-sexual and gender-based violence advocacy is more important than ever, an all-male USC presidential ballot is deeply troubling.

But if women are concerned about the lack of gender diversity, why don't they just run? After all, one user on Reddit pointed out, "candidates are self-nominated."

The reality is, it's not that simple.

Rape culture normalizes sexual assault, protects perpetrators and shames survivors, fostering an environment where women are subject to violence and harassment. The University Students' Council elections are no exception.

The decision to put your name on the ballot exposes you to intense public scrutiny, particularly for presidential candidates. Faced with the possibility of aggression, ridicule and sexism, it is no surprise that no women are running for president in this year's election.

Year after year, we see female candidates experience personal and gendered attacks.

In 2019, former USC vice-president Cat

Dunne was singled out for her use of Bumble during the Bardia+Cat slate campaign. Although uploading a dating app profile is a common strategy for USC presidential candidates, when used by Dunne, Reddit threads criticized it as "a bad image."

In 2020, following a debate hosted by the Arts and Humanities Students' Council, councillor candidate Eva Alie was dismissed as "over-dramatic." She was also relentlessly cyberbullied and harassed for the similarities found between her and former AHSC president Jerika Caduhada's campaigns.

In 2021, Callista Ryan, the only female presidential candidate, revealed on her Reddit AMA that she was told by the first man who knew she was running that she "wasn't popular enough and [she] would have no chance." She was also told that "another candidate would stomp all over [her]." Over the course of the campaign, her social media accounts were attacked by bots. The accounts of her fellow male candidates were not.

In the same thread, Ryan stated that she felt "targeted and [...] alone." She rightly pointed out that female candidates typically face the brunt of cyber-harassment, a reality she said she was warned of by other female student politicians when she announced her candidacy.

But this isn't a new phenomenon. In 1985, the first and only woman-of-colour ever elected for USC president, Sondra Gibbons, reported experiencing intense sexism and



CREDIT: SAXON LANE (GAZETTE)

The decision to put your name on the ballot exposes you to intense public scrutiny, particularly for presidential candidates.

racism on the campaign trail. She was even accused of running "just to prove a point."

Thirty-seven years later, what's changed?

Let's be clear, the issue isn't that this year's ballot is all men. It's the hostility and antagonism that female candidates and candidates from other marginalized communities face when they throw their hat in the ring for student council. It's a form of political

violence and it's perpetuated by Western's rape culture.

For more diversity in positions of leadership on the USC, both Western University and the USC must do better to empower and protect its marginalized students on campus. Without change, Western's rape culture will continue to suppress equitable participation in USC elections.

Ukraine, a friend, and the riddle of injustice



Michael Veenema
RELIGION

Recently a staff member of the youth correctional facility in which I serve some hours each week passed away. The cause of his death was Lou Gehrig's Disease, or Amyotrophic Lateral Sclerosis (ALS). He first told me about having the disease soon after he received the diagnosis.

Ian faced his illness with courage. Although his decline was visible to all of us who worked alongside him, he remained active among the youth and workers in the facility until that was no longer possible. His last day at work was around Christmas, and two months later he was gone.

ALS does take incredible courage to face. The body gradually loses its abilities. But, according to the best understanding of the disease we have right now, the mind remains active. It is easy for us to imagine what that would be like. Most people respond to this knowledge with a strong feeling of the unfairness, the injustice of it. Where is the justice when a person must endure such a difficult end of life?

At the Service of Prayer and Remembering we had for Ian, I reflected on this question in relation to Ian, but also in relation to the atrocities taking place in Ukraine. Each day we see heartbreaking images of little children fleeing bombs and videos of terribly wounded civilians in hospital beds.

There appears to be what I call a great justice deficit in the world. Many have suffered greatly because of poverty into which they were born. Others, like my friend Ian, go through terrible experiences as they come to the end of life. Some are born with addictions because a drug dealer sold to their parents and the parents bought. Mental illnesses make life truly painful for others.



CREDIT: WILDPixel

There is not enough justice in the world. For some people, there is precious little. Many reading this will have experienced injustices, injustices that will never be resolved.

And such as these, there often appears to be no recourse. What resolution could there be for a three-year old fatally lacerated by a mortar shell? And what recourse is there for the young Russian men and women dying in burning tanks? This is what I mean with the expression of "justice deficit." There is not enough justice in the world. For some people, there is precious little. Many reading this will have experienced injustices, injustices that will never be resolved.

Is there a resolution to this justice deficit, a response to this riddle? Are those who suffer greatly or die without resolution only to be forgotten over time, their pains and breakdown never resolved?

Maybe. But I don't think so. The Jewish and Christian understandings of life offer a resolution to the riddle of injustice.

In Jewish faith and life before Jesus, hopes of a return from death are recorded in the Torah, the traditional, ancient writings that tell the stories of God and his dealings with the Jewish people. These writings take us to, more or less, the year zero. Included in those stories are accounts of people being raised from death. This return from death is called resurrection.

In Jewish and non-Jewish emerging Christian communities that surfaced after that time, there also are accounts of people being raised. At the centre of this all is the story of the return from death of Jesus Christ. And, before his own death and resurrection, he himself raised several people from death. All these things are described in the Jewish and Christian writings. Many know the collection of these writings as the Bible.

If this life is all there is, then the riddle of injustice goes unanswered. The infants dying in Ukrainian war zones die without justice. The perpetrators of war atrocities go free except for the few that are brought before war crimes hearings. If this life is all there is, there is no resolution for Ian, none for tank drivers and others sent to their deaths, and non for the mothers and fathers who raised them.

But if this life is the prelude to something else, then, well, everything changes, doesn't it? If there is a resurrection from the dead, and if a good and powerful God is behind all of life and reality, there is reason for hope.

American folk singer, Bob Dylan, once sang, "Just remember, death is not the end." Death is not the end.

Western campus needs cheaper parking

Editorial Board GAZETTE

Western needs parking fees to deter students from driving for pedestrian safety and environmental reasons. But, with the current state of public transportation in London, those fees need to be reduced.

Western University has long been under fire for its expensive parking and lack of spaces — students pay \$337.54 or \$678.35 for a one semester parking pass and \$612.51 or \$1,220.99 for an annual pass, depending on the level. Western maintains that limited parking spaces and not adding more lots is in line with maintaining an eco-friendly campus, where students walk or take public transit to classes.

The eco-friendly goal is great in theory, but the reality is that some students, especially low-income students, do not live within walking distance from campus, or on public transit routes.

London's plans for bus rapid transit in the campus area were also shot down, meaning that public transit in the city is not reasonable

or accessible for all students. In order for a high parking fee to truly detract cars from campus, public transportation needs to be significantly more accessible than it currently is.

Students are already paying large amounts of money for their education at Western. Expecting them to pay an additional several hundred dollars just to access that education is unreasonable, especially for students that commute from London's surrounding areas.

Students also need campus to be as car-free as possible to be safe walking around campus, but expensive fees are clearly not keeping these cars off university property. Students opt to loiter in front of central locations like Alumni Hall rather than risking a ticket to park in a lot.

Free parking would be ideal for many students, but there aren't enough parking spaces to realistically facilitate that kind of change. Plus, the environmental and pedestrian impacts of increased cars on campus could be dangerous in the long run.

Some might say that Western wouldn't be able to afford the loss of a reduced fee. But, reducing the cost of parking could come in a few different forms. It might mean only



CREDIT: AARON L. GREENSPAN (GAZETTE)

Free parking would be ideal for many students, but there aren't enough parking spaces to realistically facilitate that kind of change.

offering students who live more than 15 kilometers away from campus a free or more affordable pass. Not to mention that Western has already offered free parking in January and February due to class cancellations.

At the end of the day, no one wants more cars on campus, but public transportation isn't accessible enough in London to avoid them and current prices are making accessing education even more expensive.



HAVE AN OPINION? SUBMIT YOUR STORY!
Letters to the Editor: fsuleters@fanshawec.ca

The quest for an affordable home in London

Ian Indiano
INTERROBANG

London is famous, among many things, for its education. Every year, thousands of students come to London to take classes at Fanshawe College or Western University. This not only shakes London's cultural and intellectual scene, but also helps the economy, which increases the demand for services, thus increasing the demand for workers. Most of these students end up having to work part-time jobs, and in most cases, for minimum wage. Considering that a person works 30 hours a week, at \$15 an hour, this results in \$1800 a month. And the dark part of this story is that in London, Ont., this is not enough.

To be considered affordable, housing should cost at most 30 per cent of your income. But housing prices in London have been rising in the past few years. Between 2020

and 2021 the average monthly rent for a two-bedroom apartment rose 2.9 per cent, reaching \$1,275. Last month, according to Rentals.ca, the average price for a two-bedroom is hitting the incredible mark of \$1,653. For a one-bedroom, the average price in 2021 was about \$830 a month, which represents around 46 per cent of \$1800. Therefore, in this very plausible scenario, housing is far from being considered affordable.

The reason behind these prices can be attributed to several factors. With the pandemic close to an end, post-secondary students are returning to London for

in-person learning, which increases the demand for homes when the city has a limited number of available units. Other factors could be the strong population growth London has faced for years and the real estate crisis that is making house prices out of control. The shortage is not only of houses to rent, but also of houses to sell. In the last three months alone, the average house priced in London skyrocketed by \$120,000, reaching \$825,000.

This crisis is not only affecting London. This seems to be the case of every city in Ontario, making it difficult to be sure if this phenomenon is a trend where the prices will

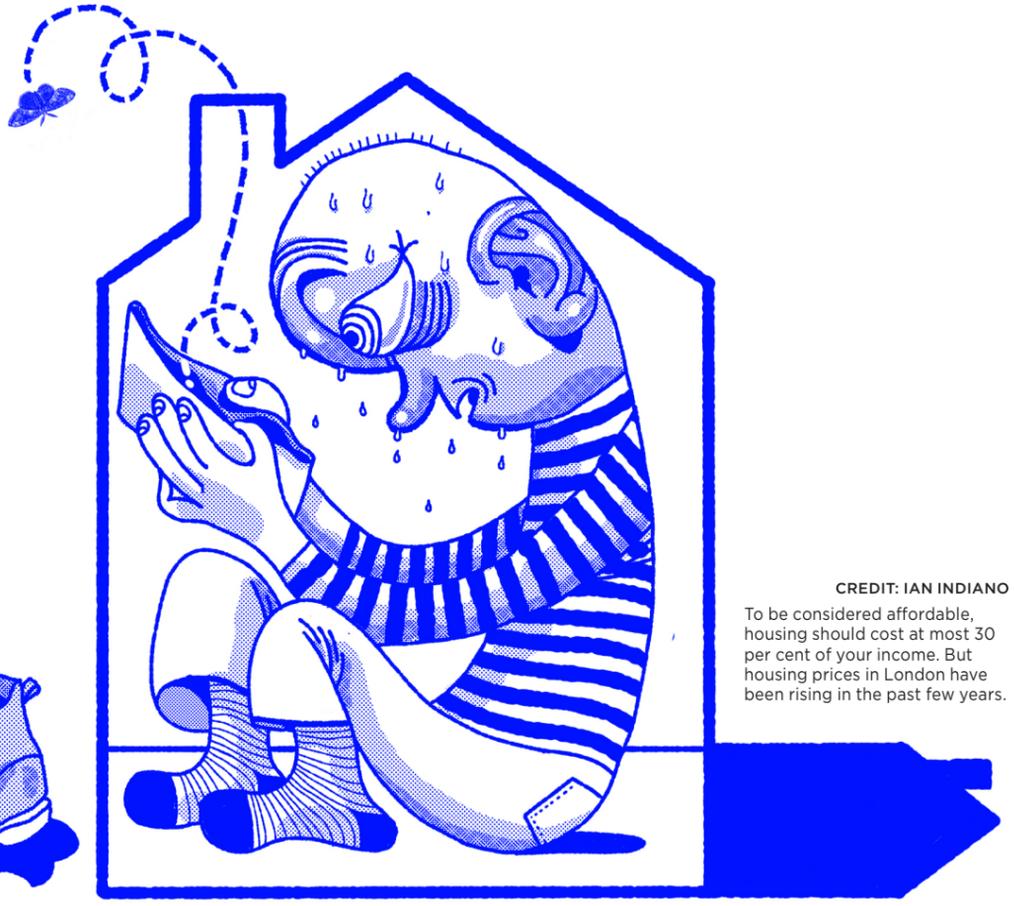
just keep on going up or a real estate bubble that is about to pop.

The fact is that this crisis ends up affecting everyone, but especially low-income people. For example, London Food Bank has seen a huge increase in users recently. And at the end of the chain of consequences, we have the ballooning of London's homeless population, giving the city poverty rates higher than the provincial and national averages.

To help change that, in the city council's 2020-2023 budget, tens of millions of dollars were earmarked for a roadmap to reach 3,000 new affordable houses by 2026.

However, London has no bylaw that requires developers to include a certain number of affordable houses in their projects. In fact, such units are often used by developers as a bargaining chip when they want to build buildings that are taller of denser than what is allowed.

Although the causes and the possible solutions for such problems are not clear, one thing is right: when we mix population growth, an out of control real estate market, low income, high demand, shortage of available units, and a touch of gentrification, suddenly the situation begins to look less like a crisis and more like an emergency.



CREDIT: IAN INDIANO
To be considered affordable, housing should cost at most 30 per cent of your income. But housing prices in London have been rising in the past few years.

ian.indiano

Knowing the functions of your FSU

Ana Lustosa
INTERROBANG

Why do you need to know the roles of the Fanshawe Student Union (FSU) president and its coordinators? The answer will be useful during your student journey at Fanshawe College. As a new team of FSU leaders step into their roles, let's revisit what the FSU does for you.

Even though the college and FSU have the same goal to deliver a good journey for students, they are different entities. An example of this is the FSU needs to pay rent to occupy the current building on the Fanshawe campus.

The main purpose of FSU is to provide support to students in different areas. Issues involving mental health (or failure of a course because of mental health), finances, and procedural errors can be handled by FSU. Whole decisions and initiatives happen with the support of 120 employees.

According to FSU president Ricardo Souza, "with the college immigration... we don't have power to change, we have the power to influence and to negotiate, and to show what's going on with our students and why we should analyze other possibilities or how we should proceed with other options because it's affecting students."

The board of directors, for instance, defines the strategic goals to be implemented by the operations.

"They're going to have a strategic vision of the FSU, and they're going to approve, or not approve, some of the solutions and some of the policies we use here," Souza explained.

The three coordinators and the president are part of the executive team. They plan and coordinate the operations of the FSU. Each member has specific roles. Holding social events that promote interactions between students, for example, is within the scope of the student life coordinator.

Another important field, and something that is of big interest for students, is finance.

"Part of my role is to help students when they have questions or they have issues with personal finances, or just when they want to have a conversation regarding how they can manage their money in a better way," FSU finance coordinator Karen Martinez said during a recent Instagram live with Interrobang.

One piece of the scope of advocacy and communications coordination is handling the Class Rep program and Clubs Day, in which full-time students can assemble other peers with similar ambitions and interests. Nowadays, the FSU has more than 10 clubs. The complete list is available on fsu.ca/clubs. In addition, the same coordinator is responsible for promoting academic integrity, providing support for students when they face problems for understanding policies, appeal cases involving grades, and plagiarism.



As a new team of FSU leaders step into their roles, let's revisit what the FSU does for you.

CREDIT: HANNAH THEODORE

There are some issues that cannot be resolved by the FSU. In these cases, the Union becomes a bridge between the college and its students.

One of the ways to reach it is through the ombudsperson. This person is confidential and unbiased, with their salary being paid by both the FSU and the college.

"We connect those issues with that person to help us fix some

complicated situations, especially when it comes to the code of conduct, academic appeals, academic integrity, that kind of stuff," Souza illustrated.

Presidents can be more vocal with their political positions and must have good relationships with stakeholders such as media, government, and Fanshawe.

Souza offered a helpful tip for the next president.

"The president doesn't build anything by him or herself. We build as a team. We must be here inspiring people and trying to coordinate all those efforts representing the FSU to the best of our abilities. But at the same time, we need the support of all stakeholders and all like the amazing team we have here to make it happen."

For more information about FSU and its services, visit fsu.ca.

FSU presidents: 1999 meets 2022

Aisha Javid
INTERROBANG

A lot can change in 23 years.

The Fanshawe Student Union (FSU) undertakes the commitment for enhancing student experience during their time at Fanshawe. From learning about the various resources offered to students from students to helping you participate with events and activities organized by the college or the FSU; the FSU is responsible for communicating all these matters to the student body.

Specifically, the FSU president's role is to provide a vision for every individual at the college along with directing other leaders on the council with planning and organizing programs and services.

During this past year, current FSU president, Ricardo Souza, dealt with several issues in the community that had a major impact on his presidency. To begin with, Souza's presidency began in May 2021, during the COVID-19 pandemic.

Souza expressed his experience as a president during the lockdown, when most students had shifted to remote learning and were off-campus.

"The first lockdown happened in 2020, I was [an FSU] coordinator," said Souza. "We were at the beginning of the pandemic, and we were all transitioning to the online format, so I was able to grasp a little bit on how people were doing things. So, once I became the president, I think it was a little bit easier because I was used to this kind of environment."

He further indicated that the pandemic allowed him to bring forth more focus on mental health issues for students during his presidency.

"But mental health was a long run still because we were seeing all the facts in the next year, when everything was kind of happening and people didn't realize the effect the pandemic was having on everyone's



FSU president Ricardo Souza poses with Karen Martinez, Tanushree Prasad and Leah Marshall at a walkout against sexual violence.

CREDIT: BRENDAN BEAMISH

mental health. So, this year, we realized that we could do a little bit better, you could see more the outcomes and effects of the pandemic. So that's why one of our main pillars is mental health, because we are working closely with counselling services and mental health departments within the college. We are also supporting students with our advocacy services and many other services like awareness campaigns, so on and so forth," added Souza.

Souza felt that there were some challenges with communication due to the absence of students on campus, especially as the topics of diversity, racism, and sexual violence came to the forefront in 2021.

"It's been hard. Online platforms are the only way we have to connect to our students as of now. I think the sense of belonging and sense of community is a bit lost in the middle of all this. Because, when are you are not in person, you can feel the difference," said Souza.

Souza and the team had social media on their side to help connect with students during the pandemic. But what if went back in time to 1999? How did the FSU connect with students then, and what was going on in the world? Former FSU president from 1999-2000, Jason Kerr said during the time of his presidency, there were some questions of diversity, but the main issues

amongst the student body pertained to Ontario Student Assistance Program (OSAP), health plans, and bus passes.

"There were always issues around OSAP or loan forgiveness, and those things are still a thing. Negotiations on health care plans and coverages as well. And, in the fall of '99, was the first bus pass distribution, as well as the first residence, Van Jones, so those were a couple of big things," said Kerr.

During his presidency, Kerr mainly dealt with organizational work pertaining to student plans, parking, and residences as opposed to specific issues felt by the student body.

"It was hard," said Kerr. "I think people understand now what the student union or student associations in general do, but back then, it was really hard, people thought it was entertainment, they thought you were putting on politics."

Together, both Souza and Kerr advised any future presidents to understand the importance of presidency in a student association.

"It's very important to be available, you're the spokesperson for the student body," said Kerr. "You need to be around and present. You need to work and develop...create your own relationships with college administrators."

A beginner's guide to filing your own taxes

Dhvani Shah
THE BROCK PRESS

Filing your taxes can be scary, even for accounting students like myself. But there are a lot of tricks out there to help you save time and money this tax season, and I've compiled a few here:

1. You don't have to be a professional to file a tax return

As a student, your tax return likely won't be very complicated. Though it might be easier to pay someone to do your taxes, there are plenty of

resources available online to help you navigate filing yourself and put that money towards something more exciting. Some popular platforms are TurboTax and WealthSimple Tax, both of which offer tutorials and the option to file for free. If you aren't sure where to start, the Canada Revenue Agency (CRA) also offers an online course to understand the Canadian tax system as a whole.

2. Keep all of your tax documents in one place

Some of the most important documents you'll need in order to file your taxes include your T4 slips for

any employment income earned, the T2202A for tuition fees paid, Registered Retirement Savings Plan (RRSP) contribution receipts and receipts for moving expenses if you moved for school or work during the year. These documents contain key information that you'll need to include on your return, so it's a good idea to keep them all together. If you choose to file yourself, you'll likely use an online software, so it might be helpful to store them in your email inbox or in a folder on your desktop.

3. Don't skip through the tax credits

Once you input your income and eligible deductions for the year, you'll notice there are many tax credits that show up on the following page. While this may be tedious, there are lots of credits in there that you may qualify for based on your expenditures during the year. Some of the most common ones include:

- Tuition
- Student loan interest
- Eligible moving expenses
- Childcare expenses
- Medical expenses

While tax deductions lower your taxable income, tax credits directly reduce your taxes owing or boost your refund. Scanning through the list of available credits could save you quite a bit and even put more money in your pocket.



CREDIT: STOCKSTUDIOX

Filing your tax return isn't glamorous by any means, but it likely won't take as long as you think.

4. Sign up for CRA direct deposit

Now that you've filed your return, you can expect a Notice of Assessment within two weeks. If you qualify for a refund, you'd typically have to wait for a cheque in the mail, but now have the option to enroll in CRA direct deposit. This means that your refund will be processed almost immediately after your return is assessed, along with any other annual/quarterly credits that you may qualify for.

5. File on time

Filing your tax return isn't glamorous by any means, but it likely won't take as long as you think. Filing early not only helps you avoid late fees, but also means a quicker turnaround. This is especially beneficial if you qualify for a refund because it means that you can expect that money in your bank account even sooner. However, be sure to carefully review your return before submitting to avoid data errors or missing amounts.

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Invoking the Emergencies Act?

Dee-Dee Samuels
INTERROBANG

Politics is how we as a collective make decisions about the world we live in, how we as democratic citizens respond to what is happening directly in our schools, neighbourhoods, cities, provinces and countries. It's how we hold our leaders accountable for the decisions they make for us as democratic citizens, and last month in Canada there were a lot of decisions made for us by our governments that deserved our undivided attention.

On Feb. 25, Prime Minister Justin Trudeau put Canada into a state of emergency by invoking the National Emergencies Act as a response to the trucker convoy in Ottawa.

Christopher Alcantara, a professor of political science at Western University, explained that “the National Emergencies Act used to be called the Wartimes Measure Act. The purpose of this legislation is to give the federal government increased powers to deal with a particular crisis that may be usually handled under normal distribution of powers between the provinces.”

Basically, the Act gives the federal government the power to create laws that it normally could not.

“Usually when you think of the Act, it's for really threatening kinds of crisis like invasions or terrorism and so some people are wondering whether or not the trucker convoy

was of a sufficient crisis that it required federal government to invoke these powers,” said Alcantara.

In Ottawa, right before Trudeau invoked the Emergencies Act, Ontario Premier Doug Ford declared a state of emergency in the province, which gave Ford a certain number of powers and access to resources to deal with the convoy issue, but Trudeau did not give Ford and his party any time to actually make use of the resources to make any impact. Alcantara suggested we ask ourselves two questions about this situation:

“Was it necessary?” he asked. “Was the province given enough time to deal with the issue? Because the powers the federal government got were powers the provincial government already controlled. The other question is what precedent does this set?”

Alcantara questioned what kind of standard the federal government is setting for future protests and whether they could trigger a similar powerful reaction.

“The powers that the federal government have under this sort of act is fine if used responsibly, but if not?” wondered Alcantara.

It is obvious from our media that there were mixed feelings around the proper use of the act in this situation, to give one level of government that much power. Some have argued that Trudeau and Ford both did what they said they would do by controlling the convoy using the Emergencies Act in a very targeted and short-term way.



Londoners rally in support of the trucker convoy at Richmond Street and Central Avenue.

CREDIT: DEE-DEE SAMUELS

Trudeau also ended the Act once the convoy was done and didn't go any further than he said he would go.

Still, under the legislation there has to be a review, according to Alcantara.

“There will be a formal review of the full scope of the powers that were used, so we will get a better picture of their decisions once the review is completed.”

It's undoubtedly a politically volatile time that we are living in at the moment and that can sometimes overwhelm us emotionally, so a balance

must be worked out. Alcantara said he hoped students in particular would pay attention to the use of the Emergencies Act, bringing up a worrying point about student interest in politics during this time.

“There is empirical research showing that youth interest in politics has declined over the years,” he said.

Alcantara also noted that research shows there are two groups of students where politics is concerned. Political protestors (those that don't participate in traditional politics but in more non-traditional politics like

protests and petitions) and the larger population, called the political drop-outs, who don't participate in politics in any way.

It is important to hold leaders and decision makers accountable for decisions they make for us as democratic citizens.

“If we don't hold policymakers accountable, rewarding them for good decisions and taking them to task for what we deem bad, then that damages democracy because policymakers will just do what they want,” summarized Alcantara.

Penises and pop culture: What has caused this sudden television trend?

Emily Waitson
THE CORD

It's no secret that streaming services like HBO — or Crave, for Canadian viewers — haven't held back from including nakedness in their television shows with the odd penis peppered in here and there for good measure.

The latest example I can think of before 2021 would have been *Game of Thrones*, which during its prolific eight-season run included a smorgasbord of gratuitous nudity.

But with the constant violence, incestuous relationships and a disappointing finale, it's easy to forget about the handful of bottomless male moments audiences were privy to.

Over the past year or so, it seems as though television shows have expanded their visual repertoire to include more and more phallic guest appearances.

Well-seasoned fans of the massive TV hit and latest cultural phenomenon *Euphoria* are already aware of the show's usage of nudity, specifically its casual inclusion of penises. It's become a running joke amongst viewers that you can't really watch an episode of *Euphoria* without seeing at least one dick.

The age of the prosthetic peen has somewhat suddenly been showcased on our television screens with full-frontal force. *Euphoria*'s Cal Jacobs demonstrated this with his less than pleasant reveal in season two episode four. Actor Eric Dane had complete operational control of the fake but convincingly realistic



CREDIT: HOME BOX OFFICE (HBO)

Over the past year or so, it seems as though television shows have expanded their visual repertoire to include more and more phallic guest appearances.

member that peed on the floor and hung out of his pants for what felt like an eternity.

Sebastian Stan's portrayal of Motley Crue drummer Tommy-Lee in the Hulu drama *Pam and Tommy* has featured several moments with the drummer's appendage. A notable scene captured a “conversation” between the character and his penis — voiced by Jason Mantzoukas and operated by a separate puppeteer.

This is all to say that I don't really have a problem with this recent trend that appears to be taking over popular shows. In fact, it's well overdue that dicks took the spotlight for a change in entertainment media instead of the

constant onslaught of highly sexualized and often unnecessary shots of women's bodies.

The male gaze has desensitized audiences to see women in various states of undress and not bat an eye. Outside of indie, arthouse cinema, a penis, flaccid or otherwise, is still something of an anomaly.

It's a social conundrum. Male nudity is not even close to as demonized as it is for women — just watch *Pam and Tommy* to get the entire scope of the truth behind this statement — but it feels risqué to witness because it's still so new.

The *Sex and the City* reboot, *And Just Like That* even ventured into this relatively unexplored television

territory with prudish Charlotte, of all people, at the helm of that particular penis cameo.

For a show that's grounded itself in the sexual exploration of single women living in New York, the original series never went so far as to actually show the genitals the leading women often graphically discussed amongst each other over brunch.

The two sides of this coin seem to centre on power or vulnerability. Take Oscar Isaac in *Scenes from a Marriage*, who is also one of the few examples on this list that didn't use a prosthetic for his nude scene. A man in the midst of a mid-life crisis is exposed with his nakedness and it feels like it serves a legitimate

narrative purpose.

The HBO trope of randomly inserted topless women doesn't have to be the only way nudity is presented to audiences.

Nudity for the sake of nudity in the media we consume doesn't really seem necessary unless there's a specific reason and meaning for its placement.

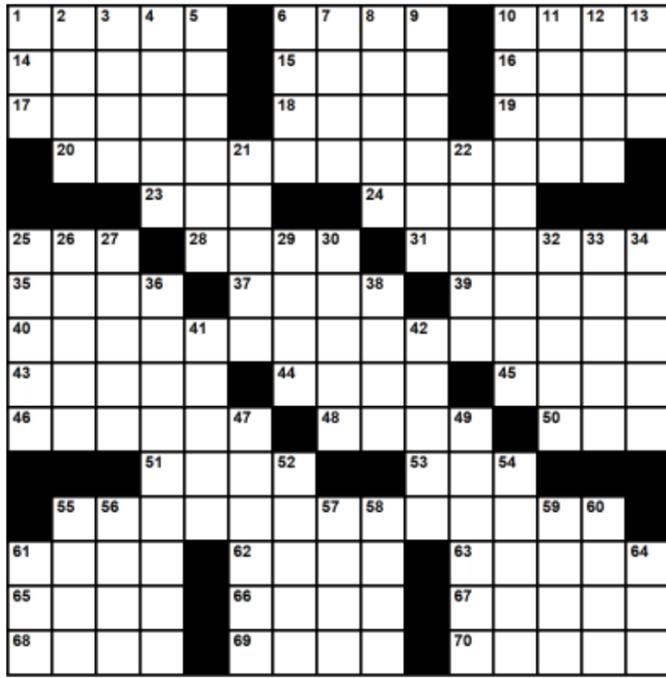
I can't definitively say what the tipping point was for this newfound penis phenomenon, but perhaps it isn't a bad thing.

Especially if it begins to shift the focus and pressure away from female actors who are expected to bare it all because it's become the entertainment expectation.

CROSSWORD

ACROSS

- 1. Entangle
- 6. Actor Morales
- 10. Some screens, for short
- 14. Source of the line "They have sown the wind, and they shall reap the whirlwind"
- 15. Capital near Aden
- 16. Israeli diplomat Abba
- 17. Constellation between Perseus and Pisces
- 18. ___-Penh
- 19. European blackbird
- 20. Like seashells at high tide
- 23. Head lines, for short?
- 24. Unstable subatomic particle
- 25. Remote targets
- 28. Celebrity cook Paula
- 31. His "Symphony No. 1" was written at age eight
- 35. First name of Chicago's first Jewish mayor
- 37. Stepped heavily
- 39. Politically correct pronoun
- 40. Create a whole new set of problems
- 43. Seasonal linguine topper
- 44. Battle of the bulgy?
- 45. Rocker Weymouth of the Talking Heads
- 46. Ready
- 48. Folk singer ___ Axton
- 50. Some fridges
- 51. Crew's control?
- 53. Actor's prompt
- 55. Five-time Emmy-winning actress
- 61. Ancient people of Gaul
- 62. Icicle's place
- 63. Marsh of detective fiction
- 65. Equivalent of 20 fms
- 66. Experienced dis-traction?
- 67. They may produce suits
- 68. Warehouse stack (Abbr.)



- 69. Sailors' ropes
- 70. First sign

DOWN

- 1. Sidereal hour angle
- 2. Oslo's home (Abbr.)
- 3. Home of about 60% of the world's population
- 4. Candy counter eponym
- 5. Struck (out at)
- 6. Sports cable channel
- 7. Delivered some notes?
- 8. Sturdy as ___
- 9. 2001 drama whose title is taken from "Green Eggs and Ham"
- 10. Grated citrus peel
- 11. Radio-active sort?
- 12. Have the nerve
- 13. NBC show since 1975
- 21. Sinatra's "___ Kick Out of You"
- 22. Foofaraw
- 25. Galumph
- 26. Inhalant
- 27. "The Rapture of Canaan" author Reynolds
- 29. Sea eagles
- 30. "That is so obvious!"
- 32. Of equal size
- 33. French wine-growing region
- 34. Republic founded in 1836
- 36. "I before E except after C" and others
- 38. "___ arigato"
- 41. "How do you ___?" (court query)
- 42. Early automaker Frederick Henry ___
- 47. Least sweet, as wine
- 49. Ask, as for assistance
- 52. Like a dragon's skin
- 54. Impel
- 55. Euro division
- 56. Famous last word
- 57. Singer/songwriter Sands
- 58. Hospital capacity
- 59. Ones catching some waves
- 60. Prime-time time, informally
- 61. Danger in stories of Sinbad the sailor
- 64. Dawn's direction, in Dresden

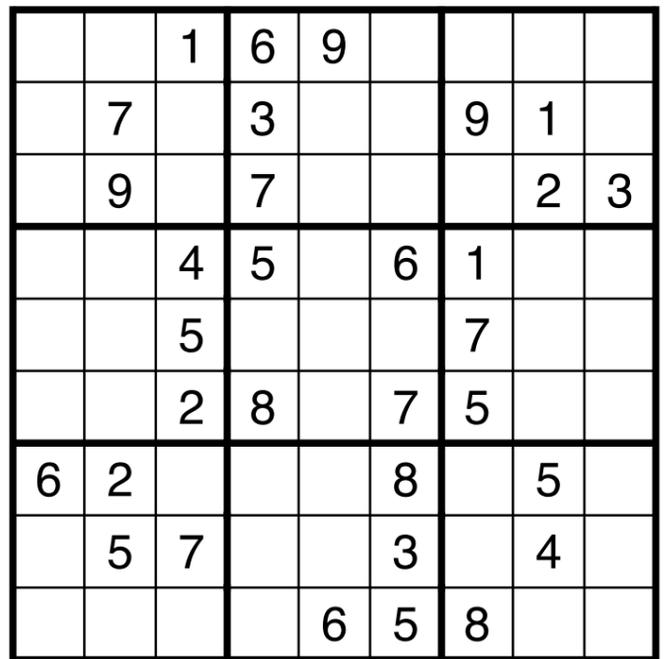
WORD SEARCH



ST. PATRICK'S DAY

- | | | | |
|-----------|----------|---------|------------|
| Music | Shamrock | Lucky | Gold |
| Rainbow | Festival | Ireland | Leprechaun |
| Dublin | Green | Snakes | Celtic |
| Cathedral | March | Saint | |
| Parade | Whiskey | Harp | |

SUDOKU



Puzzle rating: Easy

Fill in the grid so that every row, every column and every 3x3 grid contains the digits 1 through 9. That means no number is repeated in any column, row or box.

CRYPTOGRAM

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
				19														11		15					

“
 6 10 22 11 10 22 26 4 9 9 22
 2 13 20 11 26 24 11 19 9 22 2 10 22 16 20 1 5
 9 15 12 4 26 10 2 26 19 15 24 12 9 3 9 22 22 9 6 11
 3 10 22 12 20 1 24 15 12 13 26 22 18 20 1 5 25 22
 ”

PUZZLE SOLUTIONS



“Wars are poor chisels for carving out peaceful tomorrows.”
 — Martin Luther King Jr.

FREE INTERROBANG

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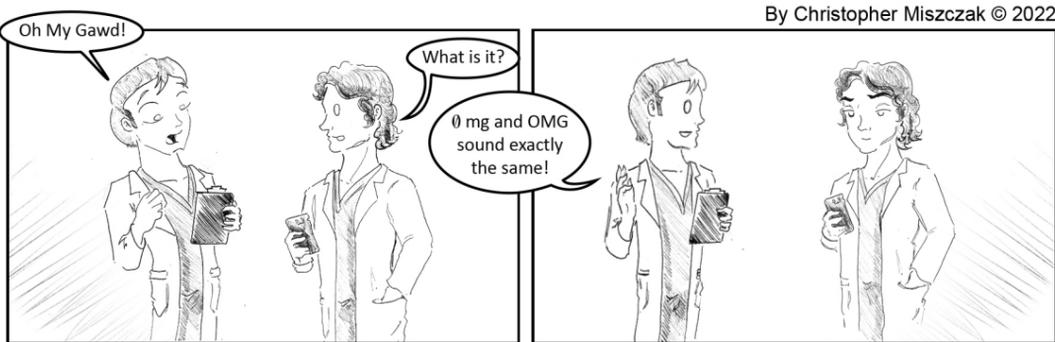
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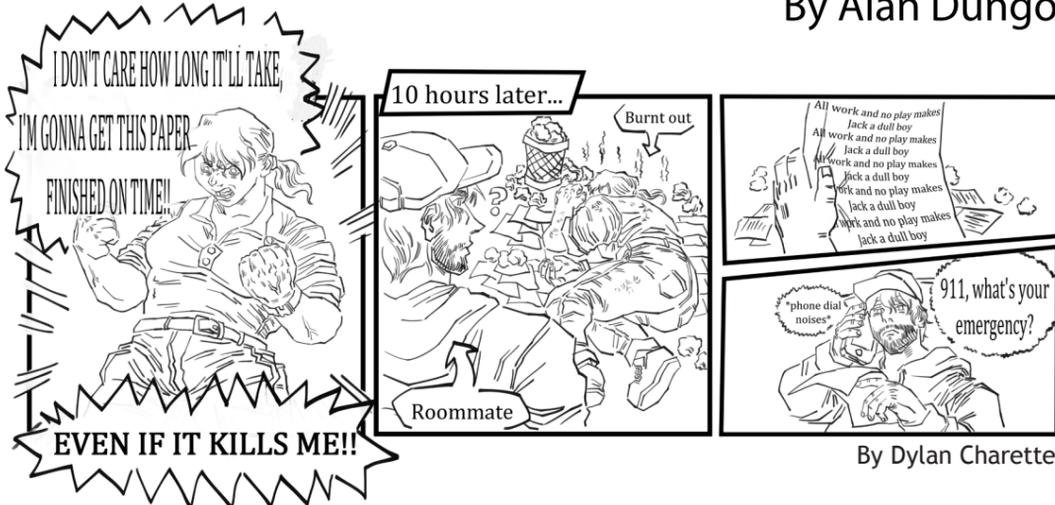
www.fsu.ca



Freshman Fifteen



By Alan Dungo



By Dylan Charette

NOT NEUROTYPICAL



A cupcake in hand is worth two in the bush.



Aries

Ideas will come and go in the next two weeks. It's up to you to decide what's worthwhile and what isn't. Suggestions made may not be suited to what you are trying to achieve. Use your intelligence and skills to mastermind your way to the results that make you proud. Self-improvement and success begin within. Do whatever it takes to reach your goal. Don't take what others say as fact; verify the information before proceeding. Keep your thoughts and plans a secret until you have everything in place. Someone will reveal what you are up to if you share prematurely.

Taurus

Put greater emphasis on what you can do by yourself and you will be happy with the results. Take physical action, and you'll make your point. An unexpected opportunity will come from someone you least expect. A unique approach to how you handle your workload will pay off. Don't be fooled by someone looking out for their best interest while pretending to help you. Don't be sloppy when it comes to maintaining your reputation. Show passion in everything you do and reap the rewards. A simple gesture you offer someone will turn into valuable input.

Gemini

An outside influence will interfere with your progress. Trust and believe in yourself before you let someone sway you off course. You know what you want and how to get it if you stay on track and use your skills, experience and knowledge. A courageous move will make a statement that wards off interference. Discuss your intentions with someone you love to ensure they are on the same page. Take the road that leads to your happiness. Look at the big picture and your vision will change to suit what's available to you. Trust your instincts and forge ahead.

Cancer

You are in a better position than you realize. Let creativity be your ticket to success. Do things in your unique way, and recognition will follow. A positive change looks promising, but go over the cost involved before you proceed. Don't add to your financial pressure unnecessarily. You'll be fooling yourself if you don't go over the delicate-but-essential details. Clarify what you are trying to do to someone who understands. You'll get a warm reception if you present what you have to offer in a heartfelt manner. Express your thoughts and intentions passionately. Romance is favoured.

Leo

Get your story straight and your facts in order before you debate with someone persistent and persuasive. Protect your reputation and position by sticking to the truth and using intellect and demonstration to make your point. Prepare to fight for what you want. If you ask, someone will step up in your defense. A private discussion will be helpful to win favours and to persuade others to see things your way. Romance is in the stars. Know where you stand, and position yourself accordingly.

Virgo

Keep your eyes open and you will be privy to information that assists you in a beneficial lifestyle change. Consider what you care about and make that your target to pursue as you move forward. Put your heart and soul into life, love and the pursuit of happiness. Refuse to let an emotional incident cause a stir at home. Be brave and set the record straight to avoid controversy. Control your emotions and make your way to the forefront of whatever unfolds. Your passionate approach to life will win favours. Align yourself with like-minded people, and you will prevail.

Libra

Shared expenses are problematic in the short term. Enforce guidelines before you enter an agreement. Consider your options and, if you can go it alone, how best to make that happen. Be honest, willing to lower expectations and eager to work hard on your behalf. Learn from experience and you will come out on top. Put your plan in motion and follow through. Trust your ability and discipline to help you live up to your expectations. Celebrate your accomplishment with someone you love. Refuse to let a friend or colleague undermine you emotionally. Charm will get you much further than discord.

Scorpio

Iron out any problems before they have a chance to fester. Keeping the peace will allow you more time to work on creative projects and personal growth. Refuse to let anyone stifle what you want to pursue. If someone stands in your way, perhaps they shouldn't be in your life. Figure out the best way to handle an emotional matter. Touchy situations can spin out of control if you aren't willing to compromise to get what's important to you. Consider the consequences if you neglect to see both sides of a situation. Speak up and negotiate a fair deal.

Sagittarius

Trust in your ability to find the truth. Refuse to let anyone interfere in situations that affect your relationship with a friend, relative or lover. Put pressure where pressure is due, and do whatever works best for you. Emotions will flare up if someone isn't being fair. Map out what you want to do, and give others the freedom to do as they please. Look inward and consider what you can do to improve your look, feel and what you do to earn your keep. Look at every angle before you act. It's important to know what you are up against and what it will cost.

Capricorn

Before you initiate changes at home find out if anyone will oppose what you want to do. The suggestions you receive will be beneficial in helping you keep the peace. Let your experience help you choose your words wisely and your patience encourage others to see things your way. Pay attention to what's going on at work or with your peers. You'll receive mixed messages that will require deciphering before you can proceed. Don't make costly changes. You'll get the green light if you share your plans with someone special. Romance is encouraged.

Aquarius

Be a good listener and you'll find out information that will help you make better decisions. You'll discover how little in common you have with someone, and it will help you embrace what you want to do instead of following someone's lead. Put your muscle into something that has meaning and is beneficial to you. Make changes at home that encourage you to pursue something that interests you. Put in the labour necessary to make your life easier. You can have fun without going overboard. Don't let someone who is indulgent tempt you. Say no and do something that promotes a healthy lifestyle.

Pisces

Adjust to a lifestyle that fits your budget and encourages you to follow your dream. Consider what you have to offer and how you can mix the old with the new to develop a feasible plan to excel using your experience, skills and knowledge in a fashion that suits current trends. Don't expect everyone to be on your side or to be a positive influence. Play down exaggerated situations, and control emotions to ensure you don't send the wrong message. Explore your options and you'll come up with a fun plan that will promote new friendships. Do something you enjoy.

Pandemic leisure: How students are filling their free time now vs. two years ago

Jessica Gould
INTERROBANG

When the world shut down in March of 2020, it also felt like time had frozen, as we were given “two weeks off” from school. As time went on, trendy activities lifted the spirits of many on how to keep busy during these high stress times.

One of the first widely popular trends that dominated our TikTok For You Pages was the whipped coffee trend. Culturally known as Dalgona coffee, made by hand stirring (or with a blender if you’re lucky) two tablespoons of instant coffee to hot water with added milk was a great time consumer.

It only made sense that a loaf of homemade bread was paired with a glass of Dalgona coffee. Judging from people’s posts online, the bread-baking trend caught on like wildfire as grocery store shelves remained bare.

The release date for the new *Animal Crossing* on the Nintendo Switch was also perfectly timed. There wasn’t a better time to just drop everything, crawl into bed under the covers, and play with your villagers for hours. Socializing with villagers and attending K.K. Slider concerts took up a lot of our time.

Upon entering 2022, we are now approaching the anniversary of the pandemic lockdown. A lot has changed and adapted, especially with how we spend our time, as things shift between a new normal and navigating college life.

TikTok trends to get rid of pandemic boredom have evolved past



CREDIT: CYANO66

If Netflix continues to be your saviour, it might still feel right to re-watch Bo Burnham’s pandemic comedy special *Inside*.

whipped coffee and bread, and have driven more towards more arts and outdoor activities. A rise in learning how to crochet, paint, and rollerblade as the snow melts away have brought many to relax outdoors.

Movie theatres have bounced between opening and closing, but as it stands, many are open and people are lining up for the new *Batman* film starring Robert Pattinson. Although, if Netflix continues

to be your saviour, it might still feel right to re-watch Bo Burnham’s pandemic comedy special *Inside*.

Gamers might have traded their time to take care of their *Animal Crossing* island to play *Elden Ring*. The new role playing action game has become a household name as many players try to survive the difficult bosses mirroring *Dark Souls*.

Although there is an odd feeling of nostalgia for trends from early

on in the pandemic, it’s interesting to see the growth and change in how we choose to keep busy during these odd times.

An uproar of emotions has flooded social media as many exclaim there were so many activities and interests people felt they had no time to pick up. As weird as it may be to think about, the pandemic has been a transitional time to reflect on hobbies and

inner desires to try new things for many people.

Whatever passion you are thinking about doing, whether trending or not, it’s the time to explore and challenge yourself. While there are so many activities to do as the world works towards opening up and get back to the regular hustle and bustle, it is an important takeaway to reflect on being able to take time for yourself in your day.

Fanshawe College establishes crucial collaboration with London Referees Group

Brad Kraemer
INTERROBANG

Fanshawe’s interactive media development program recently partnered up with London Referees Group (LRG) to keep hockey going through the pandemic. Josh Ackworth, President of the LRG said the work done by Fanshawe students was “above and beyond any expectations.” The collaboration was especially important due to the circumstances. Minor hockey was heavily impacted by COVID-19 and through that, recruiting referees became extremely difficult. With no hockey happening, people weren’t exactly lining up to be referees either. Michelle Giroux, associate dean for the School of Digital and Performing Arts at Fanshawe explains how the LRG’s old way of recruiting became impossible.

“When the pandemic hit, it became a challenge because how they used to recruit was by seeing teams on the ice. So when hockey

got shut down, the senior referees didn’t have that opportunity to have conversations face to face. So how do you build a new pool of junior referees to develop and get to know without seeing them? They had no virtual website presence that actually told the story about how the referee group is the third team on the ice,” said Giroux.

Now if you go to the new LRG website, it talks about what the role of the referee is and there’s an option to apply to become part of the mentorship program.

“Taking something that’s out of the ordinary and making it great,” said Giroux. “At Fanshawe, those are the things that we pride ourselves on. Josh Ackworth can now use this, he has an Instagram account. So he can start to highlight the role of a young referee and what they do and start to attract them and meet them where they are. He’s got a toolkit that we were able to provide them. On the website, there’s a drop-down box. So we have now helped that organization through student learning.”

In the interactive media development program, the level-four graduating students work on a live client project through what is called “the SILEx experience.” SILEx stands for Signature Innovative Learning Experiences. SILEx is designed to give hands-on, real-world experience while still studying at the college. Giroux described how the process of SILEx works.

“They are broken down into teams of five and then they present, to the live client, their various versions of where they were going based on the information they heard [from the client]. They do three presentations and when they do their final pitch, what the client will do is pick the winning pitch. Then we’ll partner that student group with the client under a little bit of faculty mentorship to actually execute their end result.”

Interactive media design students were also very impressed with the opportunity given to them by the school and the LRG.

“It was really eye-opening to not only to work with an

organization right out of school but also remotely,” said student Natasha Adler.

“Working with live clients through the interactive media design program was a great experience that gave me a broader understanding of the industry,” added student Nathan Grift.

Not only does the LRG website look phenomenal, it earned the LRG a sponsor. The organization now has their own branded apparel for the referees so that when they walk into the arena, they’ve got the jackets on with a new logo that was designed by the students. The students have brought LRG’s professionalism to new heights and also earned an incredible piece of resume material. “The student group that won has a project that they started, they conceptualized, they pitched it, they refined it, they met the client’s need and they executed it and they can put that on their resume or when they go to a job interview,” said Giroux.

“They can sit with an employer and say ‘please pull up London



CREDIT: LONDON REFEREES GROUP

The brand-new logo was designed completely by Fanshawe College students.

referees group’ and they can walk them through what parts of that they worked on from start to finish and actually show them in a job interview. For me, that is a practical job tool interview skill that I want to see that group of students use to gain the best job possible upon graduation. It’s only helping the learning of our students in securing those jobs and keeping the talent in London that will help supply our workforce.”



CREDIT: FANSHAWE ATHLETICS

Arpitraj Sinha (left) and San Dang (right) will be representing Fanshawe at the upcoming CCAAs.

Fanshawe badminton brings back a bundle of medals at OCAAs

Brad Kraemer
INTERROBANG

Fanshawe's badminton team traveled to George Brown College in Scarborough to compete against the best collegiate players in the province and came away with three medals. A silver in men's doubles, a bronze in women's doubles and a bronze in women's singles.

Arpitraj Sinha and San Dang had an incredible tournament, falling only to reigning OCAA champions Seneca in round robin play and again in the gold medal game. Women's doubles squad Kaitlyn Murray and Mook Prasarn took home the bronze medal, dropping their semi-final match to Seneca. They prevailed against hosts George Brown 21-7, 21-8 to claim the medal. Women's singles was a wild one. Two of Fanshawe's women's singles competitors gave it their all and met each other in a battle for third place. Zoya Virk and Morgan Grant had to forget who was on the other side of the court to try and stake their claim as Fanshawe's top women's player on that day. Ultimately, Virk came out on top to earn Fanshawe's final medal. The mixed doubles pair that consisted of Mohamed Ashik and Lalaine Siy also made Fanshawe proud, coming just short of a medal in fourth place. Lastly, there was the men's singles. Martin Truong did not medal at the OCAAs, however Head Coach Steve Ruddach made a point in mentioning how proud he was of Truong's performance.

"Martin Truong tried out for the team in September. In fact, he almost

didn't make the cut," said Ruddach. "We saw some incredible potential in him and ultimately joined the team after winning his tryout games but only by small margins. Martin puts in 110 per cent at each practice and he improved significantly. Although Martin had a really tough pool and didn't medal at OCAAs, he gave each opponent an incredible match and you'd never know it was the same Martin that tried out at the beginning of the year."

At the end of the day, that was the goal that Ruddach had for his players. He just wanted to help them get better. When it came down to results, the goal for each individual or pair was to make the semi-finals, and almost all of them did just that. When asked who he felt was most impressive throughout the season, Ruddach brought up Truong's progress again, but also the pair of athletes that are headed to Edmonton for the national tournament.

"The men's doubles team was basically a combination of our two best players, at least when it came to playing singles. We give the players the option to tell us their preferred event to play. As coaches, we take those preferences and determine the best possible combinations for both the athletes and Fanshawe. Arpi was looking to play singles at first while San was looking to play men's doubles. They talked it out and decided they would go with the men's doubles event. About a month prior to OCAAs, they spent countless hours training during team practices and outside clubs. They started to gel incredibly well and Arpi was quick to pick up the doubles strategy while

San's experience supported Arpi's role. The difference between their game between Jan. 1 and March 1 is night and day."

Seneca was a roadblock in Dang and Sinha's quest for glory, and with the Sting also going to Edmonton, the pair of Falcons are focused on not getting stung again.

"Seneca's men's doubles team was a good team, no question," said Ruddach. "Last year they had a men's doubles national championship team and despite the fact they were a new team, we knew they would be chasing a repeat. We kept a close eye on them to see how we compared, and it was close all around. We lost by two points in the third game of the round robin and ultimately knew we could beat them. Despite losing to them in the final, I'm still convinced we're the better team. We're focusing on our competition and ultimately working to make sure we can beat the Seneca team. Beating them brings us one spot closer to a national gold medal and that's really what their sights are on."

Ruddach wanted to remind everyone that neither Dang nor Sinha have ever played on a national stage like this before, and that brings new challenges. Regardless of the added pressure of playing against the nation's best, Ruddach believes the men's pair can earn a spot on the podium.

"They guys are excited. I've been watching the rest of the competition closely and I think they have a chance to bring home a medal. Until then, we are practicing every day prior to leaving to ensure we're as prepared as we can be."

Western secures silver at OUA women's fencing championships



CREDIT: MAX MAO (GAZETTE)

Mustangs sabre fencer Emiley Watson (right) fends off an attack. In the sabre event, competitors score points by slashing the upper half of the body with any part of the blade.

Jacob Russell
GAZETTE

The Western Mustangs had a successful run at the Ontario University Athletics women's fencing championships in Kingston, Ont., earning two individual golds and seven medals in total en route to an overall second place finish.

The Mustangs performed well in the solo events, with Evelyn Zhang and Yiling Yang completing an impressive 1-2 finish in the solo epee event, and Lilly Liu taking first prize in the solo sabre category. Also of note from the individual program was Western University's Serena Fang, who finished second in the foil program to Ryerson University's Erika Dominguez.

Western's strong performances meant the University of Toronto Varsity Blues were left without a gold medal in the individual competitions, but where the defending champions really shined was in the relay portion.

Toronto's trios swept all three of the foil, epee and sabre events, and this dominance made up the bulk of U of T's 397 overall points on the weekend of March 5.

It was the Varsity Blues' fourth consecutive championship banner in women's fencing, and their fifth first place finish in the last 10 competitions.

While they finished second in the overall competition, the Mustangs were still successful in their own right, securing silver in all three team relay competitions. They were the only team to have a point total in the same realm as the Varsity Blues, finishing 59 points behind the eventual champions.

Western came away with seven total medals this weekend, including the golds from Zhang and Liu. Western's head coach Carol Christie was also recognized for her efforts throughout the year, as she was named the 2022 OUA Coach of the Year.

The Mustangs team silver medal is their fourth in a row since 2017.

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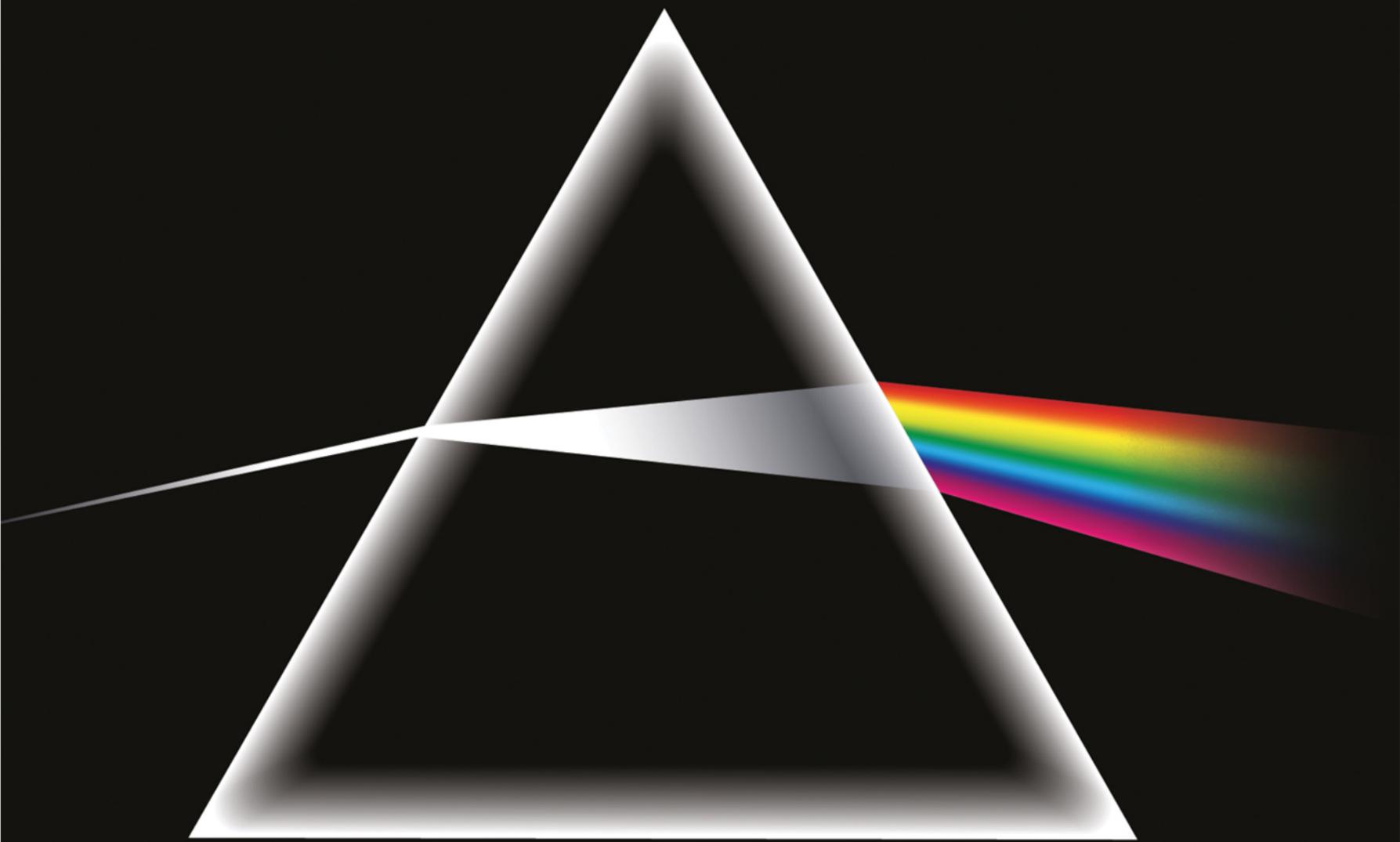
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