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# INTERROBANG

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**UB**<sup>®</sup>  
UNBOUND



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**FROM THE EDITOR**

Hannah Theodore (she/her)

Dear readers,  
Welcome to Interrobang's second ever Fashion issue. This issue was a labour of love that involved support from various people across the Fanshawe community.

This issue is falling in our second term this year, in order to better coincide with the fashion design program's year end show, Unbound. Our cover, photographed by Emma Butler, with support from the students in the advanced photography program, highlights some of the very best designs from this year's show, which is set to take place April 12 at 100 Kellogg Lane.

I'd like to take this opportunity to thank Loren Couto, without whom our cover shoot may not have come together. I am also eternally in debt to all the designers and models who graciously made time to help bring this cover to life.

Unbound's moniker is "One Love," a celebration of sustainability and togetherness. Our featured content explores these concepts in depth, with articles focused on thrifting, dopamine dressing, and the intersection of fashion and music.

Readers, this is up there with my favourite issues we've released during my tenure as Editor. I hope you love it as much as I do.

Sincerely,



**COVER:**  
Photo by Emma Butler



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# Fashion marketing and management program to host local fashion event



**Ben Harrietha (they/them)**  
INTERROBANG

Fanshawe's fashion marketing and management program will be hosting a fashion show and marketplace at Fanshawe's downtown campus on April 5. The event, called Loving Local, will feature local vendors and a fashion show.

The show is put together by the fashion marketing and management students as part of their capstone project. This is the first year of Loving Local running physically, having run virtually the past two years. Linda Jenkin, a professor of the program, explained how students have been given free reign over the project.

"They're the actual producers of the event itself, and they're really enjoying it. [We] have done virtual events but this is kind of a new event

where we're combining a marketplace and fashion show," she said. "So it's not only a learning curve for me in the planning, but the students have really worked hard and are very dedicated."

Fashion marketing and management isn't the only program working on the show either. Five other programs are involved, the film and broadcasting program, the event planning program, the culinary program, hospitality, and the hospitality and tourism operations management program. The event is also in collaboration with See the Worth and Goodwill Industries.

See the Worth takes old garments and materials and creates new garments to sell out of them.

"One of their most popular pieces is a cocoon jacket, made out of bed quilts and comforters. They're all one of a kind," Jenkin explained. The fashion marketing and management program store, Live Chic, also sells See the Worth's products.

See the Worth also employs

people from outside of Canada for a fair wage at their facility in London, along with a social benefits program that focuses on skills training, functional language education, and meaningful work for newcomers and individuals struggling to find employment.

Loving Local was started during the pandemic, as a way to showcase struggling local retailers. Students would go into the stores to interview owners and showcase what the store had to offer. Jenkin said the virtual shows went well, but she's excited to be in person for the first time.

"It was a form of promotion for [the stores,] but also for our students to get used to putting events together. At the event, we showed the videos and had some local trivia in between with giveaways."

Fashion design students have created their own items to sell, so as Jenkin put it, "what you see on the runway, you can also purchase in the vendor marketplace." The vendors at the marketplace won't be just



CREDIT: FANSHAWE COLLEGE

Loving Local will feature a fashion show, giveaways, and a marketplace with a wide range of vendors.

fashion based either, with vendors such as the Hot Sauce Company, as well as other, less fashion focused vendors.

Jenkin added that students should come check out Loving Local not only to support fellow students but to also see what local London vendors have to offer.

"This is an opportunity to see several vendors under one roof. For those that are on the main campus,

it's being held at the downtown campus. So it's an opportunity to also see what's happening downtown London."

The event will be held on April 5 at Fanshawe Downtown campus, in the Good Foundation Theatre from 6:30 p.m. to 9 p.m. Admission is free, but proceeds from the event will go to the Sharing Shop. You can register for the event at [tinyurl.com/loving-local](https://tinyurl.com/loving-local).

# Fanshawe joins student challenge worth \$1 million



**Kate Otterbein (she/her)**  
INTERROBANG

Fanshawe College has joined Hult Prize Organization, a challenge for students to practice their entrepreneurial skills. The competition will see the winning team walking away with \$1 million.

"Hult Prize Organization is a global organization which challenges college and university students to come up with a business idea on a given theme," Divya Basera, Fanshawe's campus director. "Every year they give a different theme which aligns with the United Nations Sustainable Development Goals and the students have to come up with a for-profit business idea and pitch it."

This year's theme is "Redesigning Fashion." Fanshawe has three teams participating:

- **Team L2L** with Jules Derikozis, Thao Nguyen, Chloe G., Somkiat Saelek, Sacree Ngaba, and Khaalid Ennis
- **Team Reborn** with Antonio Hernandez, Chioma Asuzu, and Ochuko Ogunleye
- **Team InnoBox** with Camille Anibio, Andra Papelleras, and Ma. Zuzza Plar

Teams are being assisted by professors Jennifer Wright (fashion design professor and researcher, Hult Prize project manager), Cassie Hopper (fashion design professor and researcher), and Wendy Sperry (professor, school of design).

The student volunteers, all from the public relations program, consist of Hemali Bhatt (events coordinator), Abhishek Tambadi (social media manager), Bitty Binu (content curator), and Basera.

"This year's theme is Redesigning Fashion because fashion is one of the leading causes of environmental pollution. Because of fast fashion, the situation has become even worse,"



CREDIT: HULT PRIZE ORGANIZATION  
This year's Hult Prize theme is Redesigning Fashion. Finalists will travel to Paris, France where one team will be awarded \$1 million to implement their idea.

Basera said.

Most of the students are part of the fashion design program, but not all of them. Some are also from the Lawrence Kinlin School of Business.

As of right now, all on-campus events have been completed. Students partook in accelerator workshops to enhance their entrepreneurial skills and did an on-campus pitch. Hult Prize has each team's pitch and they are awaiting quarterfinal results. The judges will select 900 startups, who will then pitch in person at the Hult Prize Summits.

Then, the winning teams will move on to the semifinals, a global accelerator to fast-track their company

development in Paris, France, and then to the global finals, also in France.

Fanshawe didn't hear about this competition until January for the fashion theme, getting a late start. But, teams still pulled through.

"We want to give a shout out to the students who worked on such a short notice and still made it possible."

Although this year's Hult Prize is already underway, next year's Hult Prize will begin with the new school year. The theme will be revealed and then students can start forming their ideas and teams.

More information can be found on [oncampus.hultprize.org/fanshawe](https://oncampus.hultprize.org/fanshawe).



CREDIT: EMMA BUTLER

The show, called Unbound, puts sustainable fashion designed by students at the college on display.

# One Love: Unbound fashion show returns



**Emma Butler (she/her)**  
INTERROBANG

On April 12, Fanshawe's fashion design program will present their annual year-end fashion show event which commemorates fashion design graduates and members within the different disciplines from Fanshawe's School of Design.

The show, called Unbound, puts sustainable fashion designed by students at the college on display.

Unbound is a collaboration between multiple programs across the college. This year's event will be in-person, hosted at 100 Kellogg Lane, and will include guest speakers, cultural collections, live portfolio and collection presentations and a meet-and-greet with the designers.

"This year's sustainable fashion theme, 'One Love,' sends a message of oneness, compassion, love, and respect for all humans and our shared home, Earth," said Loren Couto, Creative Director for Unbound and sustainable fashion professor at Fanshawe. "Fashion has always been an important way for people to define themselves, and as such, it can be a powerful tool to creatively express an emerging movement toward harmony, respect for our relationships with ourselves, with each other, and with nature. This year, designers have

focused on integrating the United Nations' Sustainable Development Goals to improve gender equality and climate action."

Unbound "One Love" aims to raise awareness and educate people about sustainability, gender fluidity, and water protection. It also intends to encourage thought-provoking conversations on these important topics. It will feature 16 sustainable fashion designers who will be sharing their collections and fashion portfolios. Unbound is a SILEX (Signature innovative learning experiences) project for the students partaking. The third-year fashion design students aren't the only people involved, as Unbound is also a collaboration between the fashion design, fashion marketing & management, video effects and editing, broadcast radio & TV, advanced filmmaking, photography, music industry arts and school of business programs.

"The Unbound events are not only to showcase students' work, but are also to provide education, specifically around sustainability, and the fashion industry," said student Jacqueline Bradica, a team member with Unbound. "So, it is very important for us to gather speakers together like this and to try to make people more aware of this important cause."

Doors for the event will open at 7 p.m. and the show will run until 10 p.m. Tickets for Unbound "One Love" are now available online for \$50.

# Meet two rising Fanshawe bands



**Johan George (he/him)**  
INTERROBANG

Fresh off the experience of Share the Land 2023, two second-year bands from the music industry arts (MIA) program, Anddre Mafra and the Reflections and king hob, are preparing for a double single release show on March 30. The show will be held at Poacher's Arm and hosted by Western grad Emma Campbell. Tickets are available at the door, with doors opening at 8:30 p.m., and the show starting at 9 p.m.

The show promises to be very folky and relaxed with an emphasis on ambient and lush performances.

"Poachers is like this nice little dingy pub downtown so it's got that kind of atmosphere that I miss from home of community and open spaces," explained Robbie Heath, vocalist and songwriter for king hob.

The two bands were formed by a group of mutual friends who have developed relationships over the course of the MIA program and share several members between them.

king hob's live lineup consists of members:

- Robbie Heath — Vocals, Acoustic Guitar
- Erica Charles — Vocals
- Oliver LaMantia — Electric Guitar
- Oscar Abley — Drums, Percussion
- Diego Torres — Sound Engineer

Anddre Mafra and the Reflections consists of members:

- Anddre Mafra — Vocals, Guitars
- Oliver LaMantia — Guitars, Vocals
- Caleb Brown — Bass, Vocals
- Róisín Miland



These MIA bands will give you a folksy and ambient vibe.

CREDIT: ERICA CHARLES

— Drums, Vocals

- Oscar Abley — Saxophone, Vocals
- Vargio Pacheco — Keys, Vocals
- Han Gunday — Sound Engineer

king hob is a band with a folksy ambient aesthetic, influenced by Scottish folk music and acts like Chelsea Wolfe, Thom Yorke, and Justin Vernon. With a background in independent theatre, the band strives to incorporate "visual art, projection, and soundscapes with a sound settled in acoustic tradition but charged with an eerie modernity."

"Having that chemistry and having that kind of foundation of trust amongst all of us allows for

creative things to flow," explained vocalist and band manager Charles. "I think having that safe space where you can just be musicians and not worry about anything else is what makes king hob really special."

No one member claims to have a greater authority than another.

"That's where the name comes from," added Heath. "The term means 'king of nothing' or 'king nobody' and the point is that there's not meant to be a figurehead. It's a communal type of kingship."

Anddre Mafra and the Reflections is a band that "blends intimate stories and feelings inspired by people and places into a dream folk aesthetic." The band describes themselves as a collaborative

project with the goal of having "the artist and fellow dreamers [to] portray emotional highs and lows of an intimate living room to make you feel at home again."

Anddre Mafra himself is an independent solo artist and producer, along the lines of Bon Iver and Damien Rice, who came to the MIA program from Brazil to develop his music career. His solo Spotify has already reached over 10,000 plays.

"We are always talking about our feelings and about the feeling of being understood and accepted the way we are in the world with our dreams and expectations," explained Mafra.

In Brazil, Mafra couldn't follow through with his career because the previous Brazilian government had

cut arts spending so there weren't opportunities for him to perform shows.

"I think the most challenging thing is rebuilding your career because I started to release my stuff in Brazil in 2019. It was going OK. As with any other start it was very tough but it was going. Then I started to work in an event house with events, festivals and shows and when the pandemic hit the house was closed and I had no job at all," Mafra explained.

king hob released their debut single "iceage" on March 24, and Anddre Mafra and the Reflections just released a video for their new single "Friends at Night" on March 10, with plans to release it on all streaming platforms very soon.

## A preview of Good Sport's studio tour



**Ben Harrietha (they/them)**  
INTERROBANG

London art studio Good Sport is putting on an open house tour of their studio space from April 1 – 2 for all ages, with free admission.

Good Sport is an artist-run gallery and studio with the goal of developing and exhibiting emerging London artists, located at 402 1/2 Richmond

St., just south of Dundas St. The studio has been open since 2015, when it was opened by Dickson Bou and Jason Hallows, the owners of N+1 Cycle. The space was originally located at 256 Richmond St. but was moved to its new location in 2020 after issues with the rental space came up.

Artists as the studio "naturally come and go," as Jacqueline Demendelev, one of the artists currently at Good Sport put it. "That makes it a really cool space. And we've kind of survived some of the

more formal spaces in London," they said. "Ultimately, we're always looking to create and support and exhibit our own art as well as artists from the community."

This is the fourth year the studio tour has run, running twice in the old space, before a break due to the pandemic, then once in the new space.

"We're really excited to be able to show off the three new artists who joined us this year. So if you came last year, you'll be able to see something new this year."

Twelve artists will be involved in the studio tour, each with their own style of art. Demendelev said people can expect to see painters, illustrators, digital art, and sculpture. Demendelev herself is a cartoonist, and said the variety of art is representative of the variety of people in the studio.

"We all believe that art and creativity is kind of for everyone. So we invite everyone in and we have such a huge variety of people who get involved and who make art with us."

Guests attending the tour will be able to walk through the space and meet some of the artists involved. They can also purchase art pieces and gifts and participate in some community activities.

Demendelev added that the tour



CREDIT: NINA HEPPLWHITE

Good Sport is an artist-run gallery and studio with the goal of developing and exhibiting emerging London artists, located at 402 1/2 Richmond St., just south of Dundas St.

was a great way to get involved in London's art scene.

"If I wasn't involved in the arts, I'd still be really excited to go because it's such a behind the scenes look at not just a lovely building in our downtown core, but also a behind the scenes look at what art is in London."

They added that students are encouraged to come out, as students are a big part of London's

community, even if some plan on leaving London once they finish their schooling.

"We love connecting with our community and this is how we do that. I really feel like art is for everyone. So opening up our space is a free way to be able to do that."

More information about the upcoming studio tours can be found on Good Sport's Instagram @beagoodsport.



**Have any questions or comments about Fanshawe's Mission, Vision, Values or board policies?**

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**Samrat Raj**

Student Representative to  
The Board of Governors

# Interrobang Rewind: *Automatic for the People* — R.E.M.



**Ben Harrietha**  
(they/them)  
INTERROBANG

I love to look at “turning point” records, as I call them. These albums are the ones that fundamentally change a band, for better or for worse. Think *OK Computer* for Radiohead or Metallica’s self-titled. R.E.M., one of the elder statesmen of alt-rock, has its own version, with *Out of Time*, the album that took them out of their underground following and put them into the mainstream. But the album of focus today is the band’s next record, 1992’s *Automatic for the People*, as it’s just too captivating to not talk about.

*Automatic* was an instant success, reaching No. 2 on the Billboard 200 album charts and unanimous praise from critics. The album touches on mortality, loss, grief, and nostalgia, with music that differed even more from the band’s established sound than their previous did. The music is slow and acoustic, with much more piano and even string sections. As frontman Michael Stipe tells it, it was “pretty f-ing weird.”

The album’s tone and pace is immediately set with the opener “Drive.” It’s an acoustic tune, with a heavy reverb applied to Stipe’s vocals. The song touches on R.E.M.’s position as the “elder statesmen” of alt-rock, with the band essentially passing the torch to the younger generation of musicians, namely bands like Nirvana. “Drive,” and by extent, the rest of this album, is R.E.M. deciding to let that new generation have their time.

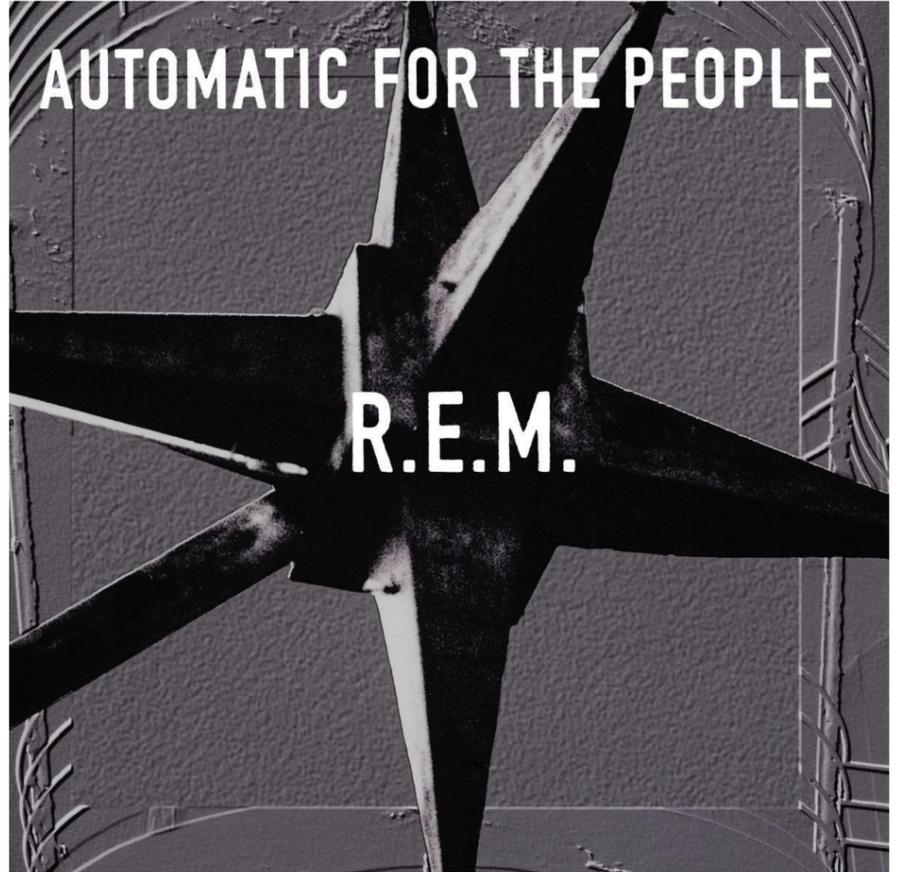
Despite the slowness and overall darker tone to the album, it isn’t a depressing trudge through its 48-minute runtime, far from it. Even “Try Not to Breathe,” a song that has

the older narrator of the song wanting to pursue euthanasia so they can die without being a “burden,” is an uplifting acoustic ballad backed with an organ, rather than dour piano. Even the lyrics, while covering a dark topic, have the narrator telling their family that it’ll be OK and that they’ve lived a good life.

To contrast that song, “Everybody Hurts,” one of the most popular off the album, is a dour piano ballad. But the contents of the lyrics are what contrasts “Try Not to Breathe.” The song is a heartfelt plea to those who are in a dark spot of their life to “hold on,” especially the band’s teenage fans. The song could have been cheesy and easy to ignore, with its overly sweet lyrics and sombre mood, but thanks to Stipe’s powerful vocals, the song becomes one of the best on the album.

“The Sidewinder Sleeps Tonite” is a really nice bit of levity on the album, and according to the band, doesn’t mean much more than someone looking for a place to stay. With a catchy instrumental and some silly lyrics, it’s a much-needed bright spot on the album. Politically charged track “Ignoreland” is another break in the album’s set style, but in style rather than tone. The song is spiteful, as the band channels its anger against the administrations of Ronald Reagan and George H. W. Bush with fuzzy guitars and intense drumming. The song lands on the conclusion that you can’t do much, but screaming about it does make it feel a little better.

The final song I want to highlight is one of my favourites on the record, “Man on the Moon.” It’s a sombre country-rock tune that both pays tribute to the late comedian Andy Kaufman and pokes fun at the conspiracy theory that Kaufman staged his own death as some elaborate joke. The chorus line, “If you believe they put a man on the moon,”



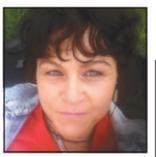
CREDIT: WARNER RECORDS

R.E.M.’s eighth studio album is not only considered the band’s best from a commercial and critical view, but one of the best albums to come out of the early 90s.

references the common theory that the moon landing was faked, as well as Kaufman’s love for conspiracy theories. It’s one of the few undeniably happy moments on the album, while still being put through the lens of the rest of the album.

If I were to go into the rest of the songs on the album, we’d most likely be here for another 800 words. I’d never been a huge R.E.M. fan before this, but that’s changed since I sat down to write this. This is an album that deserves to be listened to, it’s just too good to ignore.

## Looking at LAVISH with new eyes



**Dee-Dee Samuels**  
(she/her)  
INTERROBANG

During Pride Week last year, I wrote an article about one of London’s most well-known landmarks, the LGBTQ2S+ nightclub LAVISH. The article meant a huge deal to me because I believed in LAVISH. I am fairly new to London, having lived most of life in the other London (UK), moving there as an awkward 18-year-old, who really never fit in anywhere. It was in the alternative clubs there that I discovered who I was, who I could be and what I was capable of. It was in clubs like LAVISH that I found freedom and a home.

To say the LGBTQ2S+ community holds a special place in my heart would be an understatement. The article I wrote, where I had the opportunity to interview the owner, was a love letter to what the club stood for. In this small town, LAVISH appeared to be the only visible queer club around. It was an opportunity to highlight the importance of an accessible, safe space for the queer community, especially the younger generation where club life is central to the development of their self-image and where their identity is formed.

Club life flourished along with the community as it was historically a place for gay culture to be celebrated. The dictionary meaning of the word LAVISH is: “bestow something in generous or extravagant quantities on.” I think that sums it up quite nicely. In the article I quoted the owner stating, “I don’t like to exclude anybody and there’s no point to... why exclude anybody? Punk rockers, geeks, everybody can come and be who they want to be, without judgment.”

This message was something I wanted everyone who felt they didn’t belong, or wanted to just



CREDIT: NINA HEPPLEWHITE

It was in the alternative clubs there that I discovered who I was, who I could be and what I was capable of. It was in clubs like LAVISH that I found freedom and a home.

discover what belonging felt like, to hear and take as an invitation to a very exclusive party where they were guest of honour. I’m corny as all get out.

Then a few weeks ago, I bumped into a friend who happens to be one of the performers at the nightclub, and he said he read the article I wrote about LAVISH. Yay! I love it when people read my writing. I should have been elated and proud... I wish. He informed me that my article about the club LAVISH was far from reality, but rather a work of fiction. Recently, LAVISH was engaged to host a Western Pride event, but pulled out after they learned that drag queens would be performing at the dance. I know what you are thinking, drag queens and pride are

synonymous with each other, right? The issue was that the Western Pride event was an all-ages show. The owner of LAVISH felt that potentially exposing “minors” to drag was putting them in a possibly dangerous situation. In a CBC article, LAVISH’s bar manager John Banks stated, “We don’t want to put a minor in a spot they don’t want to be in. There could be a lot of dangerous situations at an all-ages event when there is older drag or young drag and someone who is 17-years-old doesn’t want to be exposed to that.” My heart sank when I heard about this. I believed in what I wrote, that LAVISH was a safe space for all to express themselves. I also believe that a 17-year-old who can drive, go to work, go to parties, and choose a career is intelligent and mature

enough to handle a drag performance. Michael Bain, also known as Woozy Dazey, said it perfectly in the article when he stated, “We’re not asking them to open all drag shows to all-ages, because that would be inappropriate, but I don’t think they should restrict all drag shows to 19+.”

Pulling drag performances entirely out of the Western Pride dance was a damaging course of action. It is irresponsible and thoughtless dramatic actions like this that put young people in harm’s way. Drag is an art form of the highest level and art is definitely something young adults should not be protected from. In fact, we all need to be protected from individuals who feel it necessary to instill this fear of artistic expression in communities.

# Hidden persecution



**Michael Veenema**  
RELIGION

*This article contains potentially disturbing accounts of harassment, torture and violence.*

The media organization Al Jazeera in 2018 published this about the persecution of Muslims.

What is happening to Muslims around the globe? In China they are put into concentration camps, in Myanmar they are slaughtered en masse, in India they have been the targets of systematic pogroms, in Israel along with Christian Palestinians they are mowed down on a daily basis, in Europe and the United States they are subject to increasing demonization and persecution.

The fate of Muslims in their own homeland is not particularly rosier. From one end of the Muslim world to the next, Muslims — in Iran, Syria, Egypt, and Saudi Arabia in particular — live under tyrannical regimes, ruthless dictators, murderous military juntas, with their most basic civil liberties and human rights denied. In Yemen, they are being slaughtered and subjected to man-made famine by the Saudis and their partners — and if one journalist dared to raise his voice he is chopped up to pieces in his own country's consulate (Hamid Dabashi, Dec. 22, 2018).

No doubt a comment like this would be as relevant today as it was five years ago.

I would like, however, in this column to consider the persecution of Christians, about which I know more.

Christians have never been free of persecution. During the early decades of the Christian movement, the regional authorities of the Roman Empire treated the followers of Jesus Christ barbarically. In the most infamous case, the Emperor Nero looked for a scapegoat to blame for a disastrous fire that engulfed much of the city of Rome in 64 AD/CE. Thus began the killing of many believers. Nero captured them and fed them to lions before crowds in the Coliseum, the great outdoor stadium that still stands today. Others he burned alive as human torches during his parties.

Anti Christian feeling persisted throughout the first centuries of Christianity, mainly because Christians refused to worship the emperor (Roman emperors, like many before and after them, demanded to be seen as literal gods or their offspring). They also refused to participate in the worship of the gods of any



CREDIT: ARTPLUS

Christians have never been free of persecution.

particular city or region. Such gods, as Artemis of the city of Ephesus, Venus and Zeus, were legion. To not participate smacked of being anti-social and of political subversion. For Christians, murder, including by crucifixion, ostracism, and black listing ebbed and flowed during those first centuries.

Later centuries saw the ill treatment of Christians evolve. The expansion of Islam by war from the 7th century on and the rise of violent communism in the 20th century were disastrous for Christians. At other times, following the European Reformation, Christians even turned on each other.

According to the Christian persecution watch organization, Open Doors, such treatment continues. Here are some of the numbers current on their website. 360 million Christians around the world suffer high levels of persecution and discrimination for their faith. "2,110 churches and Christian buildings were attacked last year [2022]." "5,259 Christians were abducted last year." "5,621 Christians were murdered for their faith last year."

Why do we not hear more about the persecution of Christian believers? It may be the failure of Christians themselves. It is easier to hope and pray that things will get better than to raise

a voice in support of those who are suffering. I count myself among the failed.

At the same time, it is not fashionable to publicize the victimizing of Christians. After all, Christians have been convicted of mistreating others during the long history of Christianity. So, in Canada and west, we hear little about Christian victims while the mistreatment of indigenous people, women, and members of sexual and gender minorities is — justifiably — well publicized. But can't this failure to report be corrected? It should.

Still, there is one last thing about the suffering of Christian believers that should be recognized. Christians themselves are ambivalent about complaining about personal suffering. Why?

One reason is that the "founder" of Christianity suffered the savage death of a Roman criminal (I put the word in quotation marks because Jesus did not, as modern people would say, "start a new religion;" but that is another story which I have written about at times). He was crucified. And before that he suffered the slings and arrows of public ridicule as well as numerous false accusations which, fatally for him, stuck. In the hours preceding his death, Roman guards tortured and taunted him.

Therefore, when a believer suffers for the

faith, it is a way of being united with her or his Saviour. In suffering, the martyrs are more fully one with the suffering Christ. The first generation of Christian martyrs, in fact, willingly accepted their suffering. The Apostle Paul who was jailed, whipped, stoned, and shipwrecked for his troubles, wrote, "I consider that our present sufferings are not worth comparing with the glory that will be revealed in us" (Romans 8).

The suffering of Christians may not typically be wanted. But it is by no means without meaning. In fact, in all Christian traditions, the greatest heroes are not those who become successful and powerful. They are the ones who endure the worst for their faith. Therefore, the Christian "highway of heroes" includes Boniface and Fr. Jean de Brébeuf. Boniface was killed by my ancestors in 754 in Friesland, the Netherlands, as he brought the faith to them. De Brébeuf was tortured to death at St. Marie Among the Hurons in 1649, just a couple of hours from London.

Persecuted Christians have been with us for a very long time. It is important that their present situation should be better known. But learning more about their suffering is not merely a matter of seeking justice. It is also to walk on sacred ground.

## SAY IT WITH A BANG SUBMISSION

Julia Meryl G. Nolasco (she/he/they)

### What is a fashion trend you hope will make a comeback in 2023?

I believe that "scene" should make a comeback and regain its popularity, as it used to be a trendy subculture that emerged during the early 2000s from the pre-existing emo subculture. It became popular with adolescents from the mid-2000s to early-2010s. Members of the scene subculture are referred

to as scene kids, trendies, or scenesters. Now this subculture has been considered nostalgic to the modern era yet there are still scene kids or scenesters out there reliving it. I hope it gets popular and trendy again; I have been trying to make myself a scene kid and someday, I will be one.



CREDIT: @MYDIGITALESCAPE

Scene was a subculture that dominated the early 2000s. Is it time it made a comeback?



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# HOW TO TRANSFORM YOUR CLOSET WITH THRIFTING

Zoë Alexandra King (she/her) | Interrobang

With fashion trends changing every season, it can be difficult to keep up with the latest styles. It certainly doesn't help that stores use this knowledge to their advantage and mark up prices for consumers to purchase items that they may only use once. But I still love for my apparel to keep up with the trends and feel confident with the clothes that I am wearing. Luckily for me,

I became an expert of knowing exactly

what stores to shop at and where to get certain items from, as well as where to stay away from.

If you love shopping as much as I do, I'm sure you've frequented the CF Masonville Mall. This mall is a great option for buying new items and is also great for helping you identify what type of clothing piques your interest. On the other hand, London has some classic thrift stores as well as hidden gems that can help you build your ideal closet.

There is a Plato's Closet located next to White Oaks Mall. If you're

not familiar with this store and you love thrifting, this is your sign to visit. This store has a wide range of clothing items. I personally find that I can get great quality items from Plato's Closet that usually has a well-known brand attached to it. It was important to me when re-building my closet to purchase staple pieces that I can accessorize with trendy pieces. I found Plato's to be the perfect place for those staple pieces.

Once I had the basic bodysuits, t-shirts, sweaters and versatile pants, it was time for me to find a store that could add some fun to my closet. There's a thrift store called Chaotic Closet that has a variety of trendy and thrifty items, from oversized graphic tees to hobo bags that everyone is so fond of these days. I can say that I was able to pick up a few pieces from Chaotic Closet that added value to my closet.

Another store that I found trendy pieces at was Talize. This store has very organized racks full of clothes for you to choose from. I have been to Talize on multiple occasions and have always walked out with exactly what I was looking for. To be more specific, in the summer season I was on the hunt for a nice pair of slides, and without a doubt the perfect pair was waiting for me. Similarly, in the fall, I went for a new winter coat and once again I found one that was perfect for my size and style preference. One of my favourite parts of Talize is, when I'm done looking through the various racks, there's a section filled with miscellaneous items for the household.

When it comes to shopping at any store, it is important for you to have great patience. I know it can seem intimidating to go through every single item, but I have found that by taking my time and determining whether an item is for me or not has brought me the best luck with fashion finds.

All of the stores I have mentioned have dressing rooms which, in my eyes, is a great perk. There's nothing worse than guessing if an item will fit you exactly how you want it to.

It's also helpful that some of the thrift stores in London offer discounts for students or programs where you can donate clothes for an incentive.

With the intention of inspiring you to declutter your closet from pieces that no longer serve your inner fashion guru, I do hope that you will head to the stores and take these tips along with you. I can tell you confidently that every time I open my closet doors, there is a smile on my face and I only want the same for my readers.





# THE FASHION BEHIND MUSIC

Ben Harrietha (they/them) | Interrobang

**F**ashion and music have gone hand in hand for decades. Fashion influences music, and music influences fashion. Both have stood as a means of expressing yourself and your creativity for a long time.

Most cite the 1920s and the flapper era of jazz as one of the first major intersections in fashion and music. The clubs that would host the musicians would be host to people of all races and backgrounds. The women involved in the movement used it to break out of the traditional gender roles that had been forced on them for centuries, wearing short dresses and loose clothing that allowed freedom of movement.

As the century progressed and evolved, so did music and fashion. The hippie movement of the 60s, hair metal in the 80s, grunge in the 90s, into today's fashion dominated by hip-hop and pop music.

So what is the thought process of one of today's artists when they pick an outfit prior to a performance?

Solomon Marley-Spence, better known by his stage name, King Cruff, is a native of London who describes his music as "hip hop with a dash of reggae, Dancehall funk, [and] disco, that's a collection of different genres across the Black diaspora."

He describes the character of Cruff as an extension of himself, rather than an alter-ego.

"It's just different parts of my personality. I'm pushing certain parts a little bit further," he explained. "Depending on what the goal of the project is, I want to represent a certain emotion, or have my outfit be a character in itself."

Cruff said his outfits don't necessarily have to be flashy, just interesting. Not to say his outfits aren't flashy, but as he puts it, "it has to get a certain point across."

"I performed at this event called school night in Toronto at the Drake underground. And basically,

what I did, was I just got this shirt that looked like I was in school to kind of fit that vibe."

As for how his outfits on stage compare to what he usually wears, Cruff said it's completely different, striving for comfort over anything else. But when he does get to pick an outfit, he goes all in.

"When I know that there's going to be that moment where I can create a story or represent a certain type of character, then I put things together and it's a really exciting thing for me."

Hip-hop and fashion, especially today, are very intertwined. Some of the world's biggest rap artists have their own fashion brands, such as Tyler, The Creator's Golf Wang or Drake's OVO.

But that prevalence doesn't mean other genres don't have their own sense of style either. Patrick Nichols, the drummer for the London based pop-punk band, Youngest and Only. He described what he wears on stage as chill and punk.

"I typically like to go black jeans, some type of skateboard shoe, and a band tee or sweater. Anything that looks punky or alternative."

Nichols added that the visual cohesion of a group act, like a band, is important. Despite the fun that being in a band can bring, presentation is still important.

"You're a whole unit. If you have one person that sticks out like a sore thumb, say they're in sweats and a hoodie, that can kinda look bad on the band as a whole," he explained. "That's your job, right? You want to be a professional and dress the part, depending on what you play."

Nichols said the best part of the outfit is the top, saying it can express a lot about the person and what they're trying to do. "The shirt brings the entire outfit together, whether it's day-to-day or when you're going up to play in front of a crowd."

Whether it's hip-hop, hair metal, or punk, all the different genres of music have different styles of fashion that all express the genres they're attached to. They're both outlets for self-expression and storytelling. So pull on your Vans, grab your Carhartt beanie, crank some Ramones, and hit the town.



Johan George (he/him) | Interrobang

With the final season of *Bleach* having aired in Fall 2022 and *JoJo's Bizarre Adventure's* sixth season finishing earlier this year, it's interesting to look at and appreciate the fashion sense of different anime.

*Bleach* is a story about ghosts, the supernatural, and soul reapers (people who fight the supernatural). The main character, teenager Ichigo Kurosaki has the ability to see ghosts that other people can't see. Through a series of events and his own biological destiny, Ichigo becomes a part-time soul reaper that fights Hollows, lost and corrupted souls that cause havoc and destruction in reality and outside of reality, while also dealing with an extremely powerful and corrupt society of fellow soul reapers.

In between the action in the original manga, author Tite Kubo liked to go beyond and include the characters wearing elaborate street clothes and interesting fashion attire. Kubo himself got the idea for the manga from the desire to draw a Shinigami (Japanese Death God) in a kimono.

Sometimes a panel will include the characters wearing matching outfits like various full black outfits fitted with chains and wristwatches. Others panels will show one character with a black puffy winter jacket with a hoodie underneath and some jeans. Another character may be shown wearing a paper bag on their head like a hat, with full denim clothing that has interesting purple patterns and a brown scarf around their neck.

Fashion YouTuber, Frugal Aesthetic said that some of the soul reaper outfits appear to be inspired by one of Yohji Yamamoto's collections and one of the casual outfits by Vivian Westwood's Pirates Collection.

Needless to say, the drip was clean.

Now if you're looking for something more flamboyant, *JoJo's Bizarre Adventure* takes a whole other approach to fashion with some early works inspired by action movie characters from the 80s to several of its characters dressing like runway models in more recent volumes.

*JoJo's Bizarre Adventure* started as a story about the Joestar family, a family possessed with immense psychic strength with chronicles of their cursed struggles against the forces of evil. But the finale of the recent season has introduced an element that further complicates an already bizarre and expressive series of stories.

Hirohiko Araki is well known for taking a wide degree of influences from around the world, with American musicians and British rock bands being the names of prominent heroes and villains in *JoJo* storylines. It's lesser known however, that Araki also takes inspiration from high fashion magazines like *Vogue* for the cover pages of new *JoJo* volumes.

Main characters strike poses on cover pages like the one in *JoJo's Bizarre Adventure: Golden Wind Chapter 3*, where Giorno Giovanna copies a pose from the Gianna Versace Donna A/W Catalogue 1995-1996. Araki also frequently collaborates with brands like GUCCI with Part 6 specifically having clothes from the GUCCI x JOJO collaboration back in 2013. The elaborate aesthetics take inspiration from Antonio Lopez's fashion illustrations and Tony Viramontes colour and style.

However, when you think of anime, you also think of Japan and some of the most stylish Japanese traditional attire comes from *Demon Slayer*.

*Demon Slayer* is set in historical Taisho Era Japan, where Western fashion had only just begun to influence the local styles so most people wore haori or kimono. Characters of the show wear distinctively coloured patterns, which makes many of them immediately recognizable to viewers.

Tanjiro Kamado wears a green and black checkered box patterned kimono (called "ichimatsu" in Japanese) after a famous kabuki performer in the 1700s. The pattern symbolizes prosperity for your family and longevity. Nezuko, Tanjiro's sister, wears a pink hemp leaf patterned kimono (called "asanoha" in Japanese), with a red and white ichimatsu patterned belt. They represent health for children and growth, since hemp leaves don't break easily and grow very quickly. Tanjiro's friend Zenitsu wears a yellow haori with white triangles, a scale pattern called "urokomon" in Japanese. The pattern meant to ward the wearer from curses and evil often being worn by samurai that believed it would keep them from harm.

Many of these patterns are still used in modern designs and can be found in clothing sold by Japanese clothing outlets. Some stores available in Canada that specifically offer wider ranges of Japanese clothing and items include Uniqlo and MUJI. Independent stores in Toronto like Blue Button Shop offer larger selections of Japanese style clothing if you're just looking for that aesthetic and you're in town.

In conclusion, for some anime streetwear, subtle or bold, you can definitely find inspiration from *Bleach* fashion panels, the covers of *JoJo* manga, or some traditional Japanese patterns in *Demon Slayer*.

Anime has a great sense of fashion and I hope to see more manga authors really explore their own unique brands of fashion for us to enjoy.



# DOPAMINE DRESSING INFUSES FASHION WITH GOOD VIBES

Dee-Dee Samuels (she/her) | Interrobang

**D**opamine dressing seems to be the next big trending in fashion for 2023. Dopamine plays a vital role in the body; as a neurotransmitter your body makes to send messages throughout your nervous system. It plays a role in how we feel, it helps us strive, focus, and find things interesting, like shoes!

Fashion is the new neurotransmitter emitting feel good chemicals throughout the body.

Lauren Bailey, a Fanshawe fashion student said it's all about feeling good.

"We used to have multiple big trends but now there's almost like little pockets of trends amongst people," Bailey said. "Re-purposing things that you may have thought were garbage or lost. It's all about 'dopamine dressing,' things that make you feel good."

Dressing to please yourself sounds empowering, inspiring individual creativity. According to [verywellmind.com](https://www.verywellmind.com), breaking free from your style comfort zone (bye, bye crop top and joggers), can actually trigger a dopamine release. In their article *Dopamine Dressing: How to Dress For Your Happiness in 2022*, author Lo Styx talks of how the pandemic left us all with a loss of control and how a lot of things that brought us joy were no longer available to us. But we did have our creativity, and we used that on our homes, our hair, and our clothing.

Biz Clarkson, another of Fanshawe's fashion students, said she's excited to see how people will bring this home comfort to the real world.

"I'm excited to see elements of home coming into the world," Clarkson said. "After being in lockdown, the emphasis on home comfort has definitely been pushed forward. We've been looking in our closets, digging through them, fixing things. D.I.Y. alterations, dressing for fun. I also know there's trends coming back from early 2000's; basically, it's the 80s coming back, like low rise jeans."

Another way to infuse good feelings into your fashion is colour. It's not news that colour enhances mood. Colour therapy or chromotherapy is an actual therapy where colour is used to control ailments, reduce stress and increase confidence. Colours evoke many moods they can invigorate you, calm or even focus your mind. Here are some tips for using colour:

**Green:** Green is all about healing. It can be used as a monochromatic theme or concentrated in one area. Green is a great colour for balance and connection to the planet itself.

**Yellow:** This colour signifies wisdom, strength, and confidence.

**Red:** Red represents fertility/creative prosperity. Red is also great for the circulation. If you're an anxious person, this not the colour for you.

**Blue:** Blue is a calming and soothing colour and is great for anyone who has anxiety or a mood disorder.

Dopamine dressing will have the fashion scene seeming somewhat erratic because it is so inherently personal; the looks will be different for everybody. Wearing clothes that make you feel good sounds basic, but is in its own way, pioneering. The goal of 2023 is to not only feel comfortable but to feel electrified, empowered, and energised. There is a saying, "Dress for the job you want." Perhaps society is starting to dress for the lives they want, the feeling they want and the creativity they want.

As Bailey mentioned previously it's all about the D.I.Y. Dopamine dressing does not require a whole new wardrobe, and actually discourages "fast fashion" trends of the past.

So for 2023, wear what you like. Your dad's old suit jacket, your mom's old prom dress, the sweater that your high school boyfriend gave you and you forgot to return. Wear clothes of cultural significance, like a head scarf, a material with a certain pattern, or wooden shoes. Repeat outfits, change only the shoes, wear the same plaid shirt a couple of times a week. Style a pair of sweats with a cute heel and jean shirt tied around your waist. Whatever works for you — do it.



# What's up with *Rubaboo*?



**Zoë Alexandra King (she/her)**  
INTERROBANG

The world premiere of *Rubaboo*, A Métis Cabaret starring Andrea Menard had its opening night on March 10 at The Grand Theatre. The 90-minute performance highlighted songs and storytelling between Menard, Nathan Aswell, Robert Walsh, and Karen Shepherd. As their voices carried across the Sprit Stage, a combination of emotions were portrayed to the audience.

Sitting in the front row gave me an unobstructed view of Menard and her friends, standing in front of the large-scale artwork by Métis artist Leah Dorion. Métis pieces remained as the backdrop on the stage throughout the production, letting the audience take in all their tiny details. I remember noticing what seemed like bubbles in the middle artwork behind Menard which then scaled upward into what looked like a representation of fire. I later realized the importance of the four elements to Menard and how the artwork tied into her story.

As the performance began, the beautiful melody of Menard's voice is what I heard alongside the different instruments that Walsh, Aswell, and Shepherd were playing. Some of these instruments I had never seen before and when Menard named them, they were words that I hadn't heard either. The only instrument that I did recognize was Walsh's guitar.

After the first song concluded, I recognized that this was the first performance that I had attended at a theatre that was so interactive. Menard began engaging with the audience by asking questions with the expectations of a response. One example was her asking if there were any farmers in the crowd. I remember this vividly because there was a farmer sitting beside me who answered her. Also, when certain songs were sung, she would invite the audience to sing along after guiding us through what words and melody to use.

Besides the interactions throughout the performance, there was a strong sense of community at The Grand



CREDIT: ZOË ALEXANDRA KING

Menard explained to the audience that *Rubaboo* comes from the Michif word for "leftover stew" or "big pot."

when it came to *Rubaboo*. The voices throughout the audience when told to sing and the clapping between and during the songs all contributed to a sense of unity in the theatre. Menard explained to the audience that *Rubaboo* comes from the Michif word for "leftover stew" or "big pot." This *Rubaboo* was a combination of songs and storytelling of Menard's Métis heritage. This production was fascinatingly personal and sculpted to show how Menard became the person she is today.

Whilst the storyline of *Rubaboo* was quite compelling, I also found it easy to get lost in the angelic voices on stage. I would be lying if I said that my concentration was solely on the storyline. This was simply because I got too distracted appreciating the talent in each stage members voice as well as their talent playing the instruments.

Throughout the production, Menard focused primarily on the four elements of earth, fire, water, and air, and how she acknowledged each of them. Whenever she described a certain element, the effects that the stage crew presented felt so real that if I closed my eyes for just one second, I could feel as though I was really right in front of them. The sounds of fire

crackling and water gushing through the speakers with warm and soft coloured lighting all played a part in this realistic feeling.

Each song had its own unique story and meaning to it, and I couldn't help but notice the connection created between Menard and her friends with their deep eye contact throughout. The sense of unity on stage and in the audience was so strong that it was an indescribable feeling. Before attending this performance, I was not very educated in the Métis culture and heritage. I can say that when I left the show, I had more insight into some of their traditions and it opened the door to making me want to learn more.

As the performance came to an end, the audience applauded the stage members in sync with the beat of the song playing through the speakers, everyone in awe of this beautiful performance stayed a few minutes in consistent applause.

This experience of learning about Menard's journey watching *Rubaboo* on opening night was insightful and left me with a feeling of belonging. *Rubaboo* is performing at The Grand Theatre until March 25 and will next travel to Vancouver, followed by Edmonton next year.

# Why choose sustainable shopping?



**Zoë Alexandra King (she/her)**  
INTERROBANG



CREDIT: NINA HEPPLEWHITE

It's not a great feeling to know that shopping with stores like Shein is causing more harm than good.

Let's face it, we've all been tempted to shop at fast fashion stores before. With all of the options that are so easily accessible to us, how could we not? Personally, I've fallen into the trap of shopping at fast fashion stores because of the option to dress according to the trends at an affordable price. As the spring season is on the rise, closet clean outs are increasing. For me, this was the perfect opportunity to take a serious look at what I spent my money on and if it was worth it.

I've shopped for apparel in well-known stores such as Shein, Zara, and Aritzia in the past. Knowing what I know now, this isn't something that I am happy about. Whilst Shein has its attractive trendy clothing styles for a low cost, many have experienced poor quality clothing (which can be expected with its cost) from this online brand. Digging into Shein even further, we find that they use harmful materials that take a long time to decompose, and the workers' wages are ridiculously low, causing exploitation.

This was one of my main factors for building a "sustainable capsule closet" (a small collection of clothes that can be put together in different ways and includes everything you would normally need to wear). It's not a great feeling to know that shopping with stores like Shein is causing more harm than good.

Additionally, I love Zara and Aritzia just as much as the next person. However, I've noticed that some of my pieces from both of these stores haven't lasted as long as I would have hoped. Zara's and Aritzia's prices higher than Shein, but they are convenient due to the storefronts in various locations, where you can see the product in person and try it on. However, when cleaning out my closet this year, I have noticed that some pieces have stayed between good-to-OK condition whilst others have not maintained good quality at all. There are other

stores that are similar to these two that sell average quality clothing for prices much higher than what they are valued at. It's easy to think that because the price is high that the quality must be as well. However, this is not always the case.

Identifying that I can invest in good quality clothing staples and still create the fashion appearance that I want has been an insightful experience. As a college student myself has also reminded me that a capsule closet isn't something that is always built over night. Take your time with your pieces and feel confident in the material and style of clothing that you are considering purchasing. If you really stop to think about it, you will realize that the same amount you spend on multiple pieces which you are more than likely going to throw away a few months later, is the same amount for maybe one piece that will last you years.

As I am still on my journey of creating my own capsule closet, I have researched a few brands that interest me. These include ABLE, Boody, Frank and Oat, and Matt & Nat. If you're interested in shopping sustainably but can't afford the prices of the stores that offer this, another option is to research thrift stores in your town that offer sustainable pieces. For example, in London we have Filthy Reborn Vintage which offers sustainable items.

There are lots of ways to shop sustainably, you just need to research it and find what's best for you. Prioritize your clothing choices and think smartly before making a purchase in the mall.

## The Myth of Sisyphus with Disability: Part Three



**Adam D. Kearney (he/they)**  
CONTRIBUTION

This article is Part Three in a series of excerpts from Fanshawe grad Adam Kearney's essay, *The Myth of Sisyphus with Disability*.

Around this time, a friend who knows I am going through a rough time sent me a link wanting to know what I thought about it. The title was Disability Inclusion Imperative (the white paper), and I believe Adecco's (a staffing agency) intention was to improve disability representation in the workforce. The more I read, the more I understood how deeply entrenched ableism is in our capitalist society. The opening lines read "Persons with disabilities are

too often missed from companies' hiring and inclusion agendas," and "mining untapped talent pools for great permanent hires." It only got worse from there:

"What if we told you that a huge, growing talent pool — brimming with innovative potential — is being overlooked by many employers, even during today's labour crisis? What if we told you that this group has been reported to have average retention rates of 85 per cent after one year of employment? And that some companies with this group well represented on their workforce enjoy 28 per cent higher revenues. 2x higher net income. and 30 per cent higher profit margins?"

But wait! There's more!  
"With the pandemic prompting people to re-evaluate their careers, we believe employers must capitalize on the Great Resignation to

reimagine the composition of their workforces. It's time to rethink outdated hiring processes, reach out to under-represented populations, and capture that highly skilled and overlooked talent for long-term success."

Not only does the piece sound like they are selling people with disability as ripe for exploitation, it also suggests using us as scab workers. It stops short of saying "they will just be happy to have a job," which I have heard far too often already.

Let me throw some numbers around to add some context as to why these statements are so alarming. The University of Toronto published a piece in 2020 stating:

"Many also live in poverty — as high as nearly 30 per cent, according to the Statistics Canada data. Only 59.4 per cent of Canadians with disabilities were employed in

2015, compared to 80.1 per cent of the rest of the population."

While the government of Canada's website adds:

"Canadians with disabilities aged 25 to 64 earn less than Canadians without disabilities (12 per cent less for Canadians with milder disabilities and 51 per cent less for Canadians with more severe disabilities)."

This is the community of individuals Adecco is suggesting you look to hire from for the replacements to the workers who are just looking to make a living wage in the first place. A community where people are choosing to apply for government provided Medical Assistance in Death rather than live on the social assistance they are provided. That same cheque I wait for at the end of every month these days while wondering what my worth truly is as a person with disability in this capitalist society.

After recently finishing Albert Camus' book *The Plague*, I was doing a bit of research on Wikipedia about him. Having always thought of him being touted as a great French existentialist author, I was surprised to find out he considered himself an absurdist. Absurdism is a philosophy based on the belief that the universe is irrational and meaningless and that the search for order brings the individual into conflict with the universe (I stole that out of the dictionary as I couldn't summarize it any better). This continued conflict being the absurdity that is life, which is something that I could profoundly relate to...[to be continued]

This memoir essay was published as a zine in Nov. 2022. If you enjoy it and feel you would like to support the author, you can find a pay what you can PDF or purchase a physical copy at [handcutcompany.com](http://handcutcompany.com).

# London Potters Guild and London Clay Art Centre getting new name and look



**Johan George (he/him)**  
INTERROBANG

The London Clay Arts Centre and the London Potters Guild are unifying under a new name and new look at a grand unveiling event on March 31 at 1 p.m. at the London Clay Arts Centre on 664 Dundas St. Doors to the event open at 12:45 p.m., with brand unveiling and opening remarks happening at 1 p.m. Visitors can also enjoy facility tours, clay demonstrations, and networking until 2 p.m. The event is free for everyone attending.

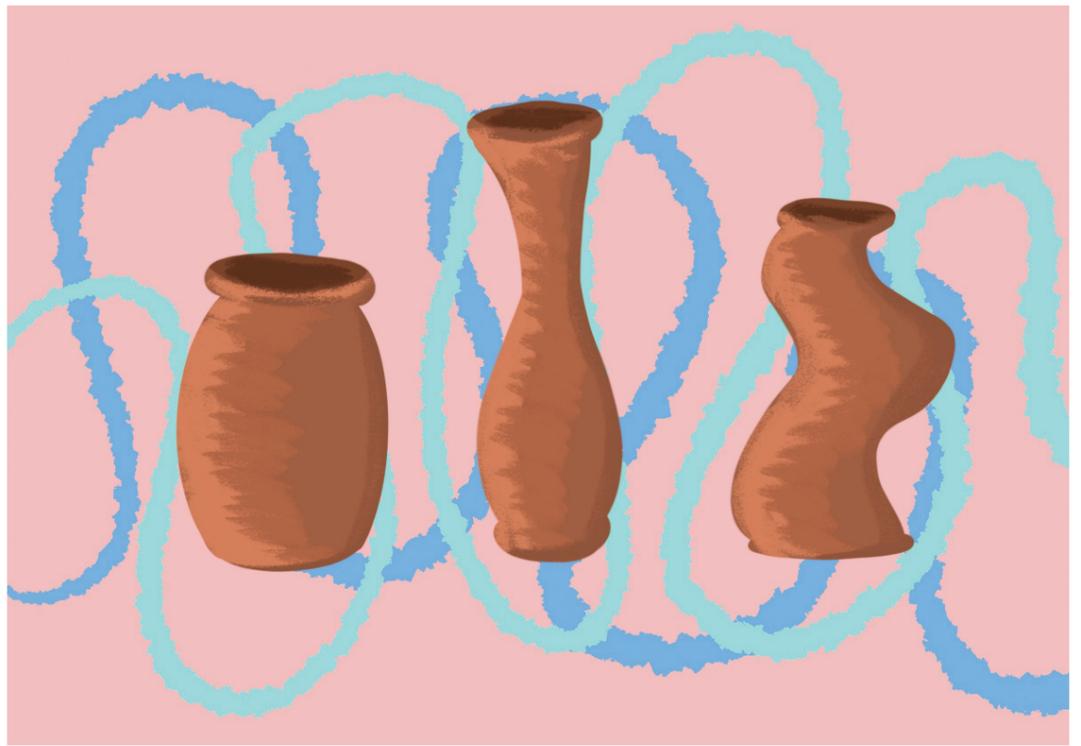
The event titled The Next Chapter is being held to show off the new brand identity of the London Potters Guild and London Clay Arts Centre and how it reflects the direction that the organization is moving towards. During the event, Executive Director Bep Schippers and Board Director John White will be sharing the story behind the new brand, including the inspiration and strategy for the organization's new visual identity and how it will position the organization for future success.

Spectators have the opportunity to see the new brand identity in action, take a tour of the new facilities and studio, experience live clay demonstrations, network with other

pottery enthusiasts and enjoy some refreshments.

The London Clays Arts Centre has been open since 2009 and operates out of a renovated Victorian-era building in the heart of London's Old East Village (OEV). The London Clay Arts Centre and London Potters Guild provide classes and workshops for all ages to work with and learn about clay and pottery. Anyone aged seven and up can participate in half day custom workshops for community and school groups, half day team building packages, three to four hour experiential tourism packages for local or visiting tourists, corporate groups, or families, annual empty bowls event to address food insecurity in the community, an onsite store where local clay artists work can be purchased, themed exhibitions of Canadian ceramic work every two years, two off-site annual sales of local artists' work at the Spring and Fall Potters Market, and Canadian and international Artist-in-Residence programs.

In their strategic plan, by the year 2032, they want "to be recognized as a centre of excellence for the education, practice and appreciation of the ceramic art form" and they have set a goal "to be mentors, influencers, and supporters who bring the importance of ceramics into the consciousness of every Canadian." The organization's guiding principles are to put



CREDIT: NINA HEPPLWHITE

The event titled The Next Chapter is being held to show off the new brand identity of the London Potters Guild and London Clay Arts Centre.

people first, build inclusivity and share, strive for excellence, cherish play, and embrace and inspire transformation.

Through the support of the London Clay Arts Centre, hundreds of Londoners have hand made tens of thousands of ceramic

tiles for several exterior mosaics as public works of art. These public monuments have become tourist destinations for visitors of London for years and destinations of interest for the local community. Some of the public mosaics include the Canada 150 mosaic, the OEV

Wayfinding Mosaics, the Gateways mosaics, and the Indwell's Embassy Commons mosaic project.

You can register for the London Clay Arts Centre's The Next Chapter grand unveiling event on their website [londonclayartcentre.org](http://londonclayartcentre.org) through Eventbrite.

## SUSTAINABILITY TODAY

Mohamed Ahmed Shariff (he/him)

### This season, sustainability is the fashion statement

About a decade ago, an inferno swept through a building outside Dhaka, Bangladesh. Over 100 people were killed and many more injured. Tragedy struck a great deal of homes.

This incident catapulted the issue of the poor working conditions of garment workers in Bangladesh to the international podium and highlighted the social effects of fast fashion.

Clothing and oppression have a long history together. Recount Gandhi's first campaign in colonial India, where he fought against British planters who forced farmers to grow indigo, a product used to colour clothing, instead of food crops. Fast forward a century later, and a new creed of unsustainable practices relating to clothing is creating a host of problems that affect us and the planet. According to the report "A New Textiles Economy: Redesigning Fashion's Future," the dyeing and treatment of textiles is the reason behind 20 per cent of industrial water pollution globally. The demand on the supply chain manifests negative effects on textile workers such as unsafe practices, poor working conditions and low wages. According to the report, in 2015, greenhouse gas emissions from textile production exceeded that of international flights and

shipping combined. It is estimated that if things continue as they are, by 2050, over 150 million tonnes of clothing will be sent to landfills or burned.

The grim reality is striking and can have far-reaching consequences if not dealt with immediately. Here is where the Sustainable Development Goals can make a difference, by guiding the world to tackle such issues. For example, waste volumes can be mitigated by following Goal 12 (Responsible Consumption and Production); climate change impacts can be decelerated by adhering to Goal 13 (Climate Change); workers' rights and well-being can be ensured by considering Goal 8 (Decent Work and Economic Growth); water pollution can be controlled by put in place Goal 6 (Clean Water and Sanitation); and the industry and its supply chains can make their operations more sustainable by practicing and giving space for innovation (Goal 9: industry innovation and infrastructure).

At the individual level, we can help by supporting brands that practice sustainability; donating clothes when they are not used (at Fanshawe, you can donate clothing and other materials at the Sharing Shop), shopping at thrift stores, and

**NOT SO SPECIAL OFFER**  
**THE INVISIBLE PRICE**

**It takes up to 2,700L of water to produce one cotton t-shirt**

**For every 1kg of cotton garments made, up to 3kg of chemicals are used**

**Cloth treatment and dyeing contributes to 17-20% of industrial water pollution**

**Textile industries across the world use 1 trillion KW-hours annually**

**By 2050, 300 MT of oil resources will be used by the textile industry.**

Source: New textiles economy report; roadrunnerwm.com

CREDIT: FANSHAWE SUSTAINABILITY

According to the report, in 2015, greenhouse gas emissions from textile production exceeded that of international flights and shipping combined.

practicing minimalism by being mindful of our shopping habits. It's time we bring sustainability in vogue and strike a pose saying that we will be better than we are today.

**Days to look forward to:**

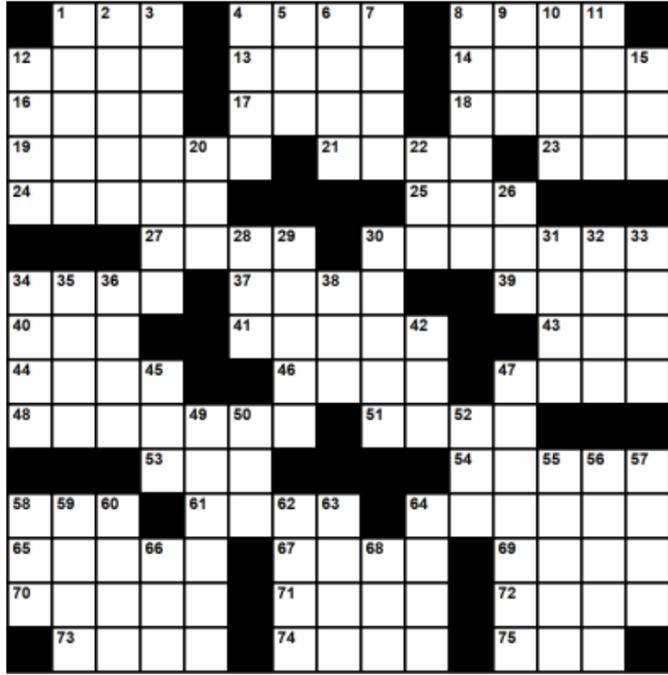
- **March 25:** International Day of Remembrance of the Victims of Slavery and the Transatlantic Slave Trade
- **March 28:** Sustainability

- Trivia Night — SDGs edition (7 p.m. – 9 p.m. in The Out Back Shack)
- **April 5:** International Day of Conscience
- **April 7:** World Health Day

**CROSSWORD**

**ACROSS**

- 1. At the peak of
- 5. Rain-\_\_\_ (gum brand since 1940)
- 8. Virginia willow
- 12. Collective name of zebras
- 13. Collective name of hyenas
- 14. Collective name of elk
- 15. Other, in Acapulco
- 16. Days of knights?
- 17. Collective name of giraffes
- 18. Humane org.
- 20. Arabian garment
- 22. Wintry word
- 23. Noun suffix
- 25. Prefix for mutual
- 26. Off-road goer, for short
- 28. Detroit organization (Abbr.)
- 31. Peace, in Russia
- 33. Collective name of skunks
- 35. Bed board
- 37. Blast from the past
- 39. Word found in the name of many Brazilian cities
- 40. Collective name of foxes
- 41. Be an omen of
- 42. Collective name of tigers
- 44. Where merchandise is sold (Abbr.)
- 45. Grazing expanse
- 46. Spanish pronoun
- 47. Afternoon affairs
- 49. Frisk, with "down"
- 51. Balance sheet item
- 52. 50 Cent piece
- 54. Genuine
- 55. Collective name of monkeys
- 59. Blue shade
- 61. Affirm
- 65. Addie's husband in "As I Lay Dying"
- 66. Bistro
- 67. Golfer \_\_\_ Pak
- 68. Collective name of whales
- 69. Only chess piece that can jump others (Abbr.)
- 70. Collective name of oxen



**DOWN**

- 1. Chemical prefix
- 2. Asian festival
- 3. Rowing need
- 4. Hematologist's study
- 5. Collective name of hippopotami
- 6. Roman guardian spirit
- 7. First-rate
- 8. "It's my turn"
- 9. Fancy marble
- 10. Compass direction
- 11. Farming-related (Abbr.)
- 13. In a circular pattern
- 17. Sunbather's goal
- 19. By its very nature
- 21. Collective name of otters
- 24. Ivory source
- 25. Collective name of lions
- 26. Many Middle Easterners
- 27. Pants, so to speak
- 29. Grads
- 30. Collective name of snails
- 31. Collective name of kangaroos
- 32. Canaanite deity
- 34. School with generals as alums (Abbr.)
- 36. Box office purchase, for short
- 38. Collective name of
- 40. Yemen, in Biblical times
- 42. Opposite of Baja
- 43. Writer Shelby
- 48. "Finally!"
- 50. Surrealist artist Jean
- 51. Collective name of
- 53. Collective name of
- 55. Faucet
- 56. Time off, in military jargon
- 57. Spanish bear
- 58. Acronym for a world class dictionary work whose second edition contains 59 million words
- 60. A Bobbsey twin
- 62. Neckline shape
- 63. Historical period
- 64. At the center of crime?

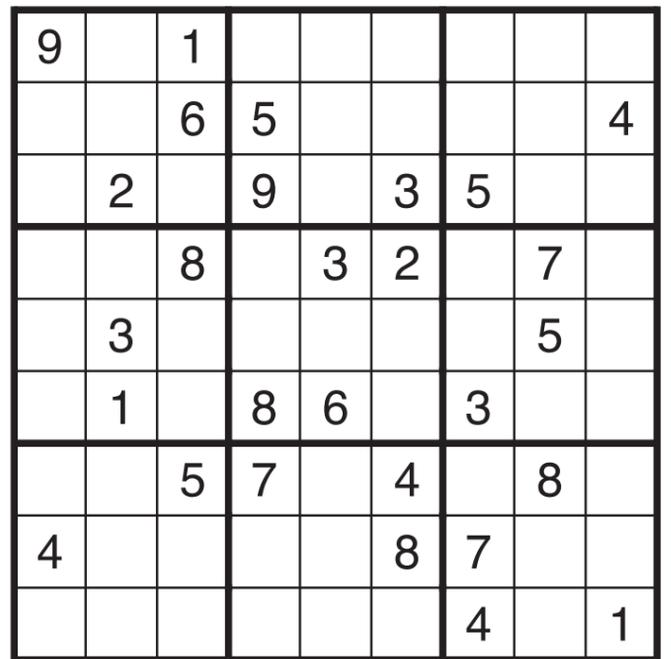
**WORD SEARCH**



**FASHION DESIGNERS**

- |              |                |            |         |
|--------------|----------------|------------|---------|
| Calvin Klein | Christian Dior | Coach      | Versace |
| Valentino    | Fendi          | Jimmy Choo | Armani  |
| Guess        | Marc Jacobs    | Hermes     |         |
| Prada        | Gucci          | Miu Miu    |         |
| Chanel       | Vince Camuto   | Ugg        |         |

**SUDOKU**



Puzzle rating: Medium

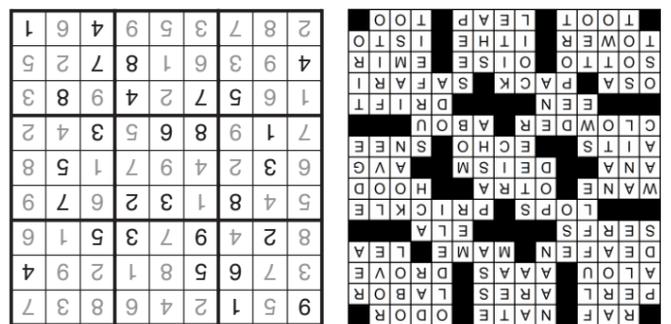
Fill in the grid so that every row, every column and every 3x3 grid contains the digits 1 through 9. That means no number is repeated in any column, row or box.

**CRYPTOGRAM**

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
		13														11									

“  
 17    5 14    5    15 4 3 4 11 20    9 26 26 18  
 —  
 15 5 23    11 26 5 13 6  
 ”

**PUZZLE SOLUTIONS**



„I am a luxury good.“ — Law Roach

**FREE INTERROBANG**  
 NEW ISSUE ON STANDS  
**Bi-Weekly**

FIND US ON **YouTube**

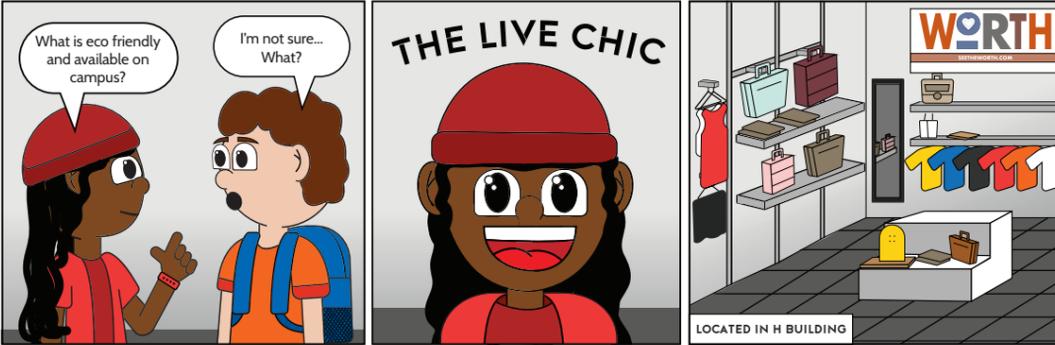
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FSU INTERROBANG



HIDDEN GEMS ON CAMPUS

BY BRI ARTX



By Christopher Miszczak © 2023



Freshman Fifteen



By Alan Dungo



Butt sweat n Tears by Andres Silva



**Aries**

Staying calm and in control will help you work through any adversity you face in the next week. Be a good listener and offer hope and practical advice. Focus your energy where it will make the biggest impact. Work behind the scenes until you are happy with the results. Reach out to those who need help, and work alongside those who share your concerns. Show interest in what others do and partner with someone who has as much to offer as you do. A unique approach to a project requiring creativity will make a difference. An upbeat demonstration will pay off.

**Taurus**

Stop anyone trying to limit what you can do. Surround yourself with supportive, positive individuals eager to see you succeed. Life is short; don't waste time on negativity and arguing. Gather information from reliable sources and focus on getting things done on time. Hard work will pay off and keep you out of trouble. Speak from the heart and without malice. Choose peace and love over discord. Take a creative idea and turn it into something tangible. Channel your energy into something that requires agility, strength and courage. Personal gain and romance are favoured.

**Gemini**

Let your intuition lead the way and it will jump-start an idea that can turn into a lucrative project. Keep an open mind, but don't let anyone step in and take over. Emotions will be difficult to control. Don't be fooled by what others do or say. Verify information and be prepared to compromise to be fair and feel guilt-free. Nurture your optimistic attitude, it will help you muster up the courage to say and do what's meaningful to you. Give your all, and you'll get everything you hoped for and more. Do what must be done and get to relaxing with someone you love.

**Cancer**

You are in the zone and ready to apply what you have learned to something new. Stand up and be counted. Recognize your skill and where your power lies and use it well. Don't let anyone take advantage of you or your kindness. Stirring up the past won't help when trying to maintain a stellar reputation. Tread with care when dealing with sensitive issues. Expect someone to twist your words. Keep your thoughts to yourself, and let your actions speak for you. Change is good, so don't waffle over what to do next when progress is in jeopardy. Self-improvement, along with love and romance, is encouraged.

**Leo**

Make moves for the right reason. If you jump too quickly or slowly, you stand to lose. Pick up the slack, make things happen and move on to new opportunities. Put your thoughts out to the universe and you'll pick up momentum and learn valuable information. Follow the path of least resistance. Make opportunities instead of expecting them to drop in your lap. Look, see and do whatever it takes to achieve your objective. Emotions will flare up. Refuse to get trapped in someone else's dreams when doing your own thing will buy you the freedom you desire.

**Virgo**

Distance yourself from people or groups that don't share your beliefs or values. Bring about the changes that benefit you mentally and physically. Take a few deep breaths before you proceed. Someone will try your patience but also spark your imagination. A positive attitude will help you choose the best path forward. Do what you do best and take credit for the outcome. Question your reason for relying on others. Don't be intimidated by criticism or someone's bravado. Don't second-guess yourself; you will reach your destination with time to spare. Let someone you love know how you feel.

**Libra**

Keep your plans to yourself until you are ready to unveil them. Don't give anyone the upper hand regarding your life or the path you choose to follow. Do the prep work necessary to avoid mistakes and the criticism that follows when you aren't thorough. Don't try to fool yourself or others into thinking something untrue. You'll progress if you apply your skills to improve your relationships and living arrangements. Learning from your mistakes will be eye-opening. Rethink your strategy and recognize your worth before you give too much credence to someone else.

**Scorpio**

Do your due diligence regarding medical issues. Leave nothing to chance or in someone else's hands. Put your trust in yourself and verify everything you hear before you share. Set your sights on someone unique. A plan that prompts you to use your creative skills unusually will be eye-opening and encourage you to rethink how to move forward. Tidy up what you left undone, it will ease your mind and help you decide what to do next. Consider your motives as well as the motives of others before you agree to something out of your comfort zone.

**Sagittarius**

Recognize and create opportunities that encourage a better home life or relationship with someone you love. Make romance a priority. You'll face an emotional conundrum if you or someone close to you isn't transparent. Do your best to articulate how you feel, what you want and what you are willing to give in return. Fix up your surroundings to suit your needs. Do the work yourself and be sure to do something that will please those you live with or near. Set your sights on your personal goals and you'll find a way to improve your life and your relationship with others.

**Capricorn**

Control your emotions. Keep your life simple and your mind content. Too much of anything will disrupt your thoughts, plans and achievements. Get your finances in order. Focus on your assets, liabilities and technology that can help you keep your books updated, and it will change how you handle money. Don't give in to a sales pitch that promises the impossible or let someone bully you into doing something that makes you feel uncomfortable. Home is where the heart is, so fix up your digs to suit your needs. Set the environment for an intimate weekend with someone special.

**Aquarius**

Sit tight, let the dust settle, rethink what you want and how to make it happen. Don't take a risk to your health and well-being. Avoid overspending or getting caught in a scam. Question what others do, and you'll discover a plan that reverses any damaging issues you encounter. You'll devise a plan or idea to improve your financial life. Sell off items you no longer use or need and feel the freedom that comes with less clutter. Not everyone is in your corner. Make decisions based on what you know, what's possible and who participates.

**Pisces**

Get serious about your health and you'll ease stress and feel better. Share your intentions with someone you love and seal the deal. Doing something you feel passionate about will change how you think about yourself. Strive to maintain balance, integrity and fairness. Take a closer look at what someone suggests. Someone will offer a false impression that prompts you to miscalculate or make a mistake. Rethink your journey before you begin. Give your imagination free rein and you'll devise an exciting plan. Embrace a lifestyle change that encourages you to pursue happiness. Choose to do what's best for you.

BI-WEEKLY STANDINGS



**Women's Volleyball**  
OCAA West Division Standings

Team	GP	W	L	PTS
HUMBER	18	15	3	30
CONESTOGA	18	14	4	28
ST. CLAIR	18	14	4	28
NIAGARA	18	11	7	22
MOHAWK	18	11	7	22
REDEEMER	18	9	9	18
<b>FANSHAWE</b>	<b>18</b>	<b>7</b>	<b>11</b>	<b>14</b>
CAMBRIAN	18	5	13	10
SHERIDAN	18	3	15	6
BOREAL	18	1	17	2

**Men's Volleyball**  
OCAA West Division Standings

Team	GP	W	L	PTS
<b>FANSHAWE</b>	<b>18</b>	<b>16</b>	<b>2</b>	<b>32</b>
HUMBER	18	13	5	26
CAMBRIAN	18	13	5	26
MOHAWK	18	10	8	20
REDEEMER	18	10	8	20
NIAGARA	18	9	9	18
ST. CLAIR	18	8	10	16
SHERIDAN	18	7	11	14
CONESTOGA	18	4	14	8
BOREAL	18	0	18	0

**Women's Basketball**  
OCAA West Division Standings

Team	GP	W	L	PTS
HUMBER	16	15	1	30
LAMBTON	16	13	3	26
<b>FANSHAWE</b>	<b>16</b>	<b>10</b>	<b>6</b>	<b>20</b>
NIAGARA	16	9	7	18
CONESTOGA	16	8	8	16
ST. CLAIR	16	7	9	14
REDEEMER	16	5	11	10
MOHAWK	16	5	11	10
SHERIDAN	16	0	16	0

**Men's Basketball**  
OCAA West Division Standings

Team	GP	W	L	PTS
ST. CLAIR	18	15	3	30
MOHAWK	18	14	4	28
SHERIDAN	18	12	6	24
NIAGARA	18	11	7	22
CONESTOGA	18	11	7	22
HUMBER	18	9	9	18
LAMBTON	18	9	9	18
REDEEMER	18	5	13	10
<b>FANSHAWE</b>	<b>18</b>	<b>4</b>	<b>14</b>	<b>8</b>
CANADORE	18	0	18	0

Printed standings are reflective of March 22, 2023.

Visit [www.ocaa.com](http://www.ocaa.com) to keep up-to-date on all OCAA stats.

# Falcons win back-to-back indoor soccer gold medals



CREDIT: FANSHAWE ATHLETICS

The Fanshawe Falcons men's indoor soccer team took gold for the second year in a row at the OCAA provincial championships.



**Justin Koehler (he/him)**  
INTERROBANG

The Fanshawe Falcons men's indoor soccer team has won back-to-back gold medals at the OCAA provincial championships, held on March 10.

The tournament, which took place at the Ontario Soccer Centre in Vaughn, saw the Falcons facing multiple teams including St. Clair, Durham, as well as Sheridan College.

"I would say our confidence was high going in," said head coach Rob Pereira. "After winning it all last year, the players trust in our formula for success and I feel like as long as they bought into it and did the work then we could be in a position to win. As we progressed through the tournament, we started to see the progress of all their work."

In the semi-final game against the St. Clair Saints, Fanshawe was able to get to an early 1-0 lead off a strike from fifth-year Mike Sneddon. The Saints responded with a goal of their

own before the half, and the score would remain 1-1 to force extra time.

In the opening minutes of the game, Sneddon would score again to secure Fanshawe a spot in the OCAA championship final.

The Falcons were matched up once again with the Seneca Sting for the gold medal match after already defeating them 2-1 earlier in the tournament. With the season series tied at one win a piece and a gold medal on the line, it was a tense game for both teams involved.

Goalkeeping from Daniel Gonzalez in the first half kept the Sting goalless and Fanshawe veterans Engjell Qamili and Ryan Baker controlled the pace of the game.

"It was two really good teams. It was 0-0 at the half and there were some great chances to score for both teams. Then the score carried into overtime," said Pereira.

Heading into overtime, the Falcons ran into some early trouble on a couple calls that went against the team.

"We had two penalties called against us, so we had to deal with a five-on-three. It was a huge moment in the game not conceding a goal."

The Falcons successfully battled through the five-on-three penalty kill to close out the first half of do-or-die overtime.

Right off of the second half kick-off, first-year midfielder Eric Savoie took his space down the right side of the field, to beat the Seneca defenders. He finished the play with a well-aimed strike into the bottom left side of the net to win the game and give Fanshawe the OCAA gold medal.

Qamili was named the Tournament MVP for his play throughout the tournament, while Gonzalez was named the Top Goalkeeper and Savoie being named a Tournament All-Star.

With the season now wrapped up for the team, Coach Pereira showed his gratitude to some of the departing players including team captain Baker, Fanshawe's leading goal scorer Sneddon, and starting goalkeeper Gonzalez.

"We've been fortunate. We've had some incredible people and athletes in our program. I know we have some great kids coming up and that are just starting their Fanshawe journey. We're excited with the talent that we have in the group and what our future looks like moving forward."

# London hosts RBC Training Ground



**Justin Koehler (he/him)**  
INTERROBANG

On March 11, London hosted its first ever RBC Training Ground event to spot possible emerging athletic talent in the area.

These events, which are hosted nationally in various cities across the country, are an opportunity for young athletes to get a first look under the watchful eye of trained professionals as well as Olympic and Paralympic athletes.

"It's amazing," said Jack Bailey, a student athlete who drove in from Collingwood to attend the event. "Usually when I do all of this fitness testing, it's just at my school. Here, there are actual athletes who are great at all of it. It makes it more competitive and I like it."

The event, which was held at Western University's Recreation Centre, was run almost entirely by RBC and involved little to no setup or assistance from the university itself.

"RBC Training Ground has been a phenomenal partner," said Chad Van Dyke, the Director of Recreation and Well-being with Western University.

"They jump around to every facility and need minimal support. Everything here came in a small van. They've been really easy to come in and work with which lets us show off the athletes better."

The event was divided into various sections across the gymnasium with sprint testing, vertical jump, weight training, and more being featured and observed throughout the day.

Of course, while most of the attention was on the athletes themselves as well as their testing, some extra excitement and nerves came from the presence of some local Olympians and Paralympians who came to observe the next generation of athletes.

"It's an amazing event, there's no one doing anything really like it," said Paralympic sledge hockey silver medalist James Dunn. "It's a great chance to find emerging talent and for people to really show off their skills and talents, really give it a shot."

Dunn, who grew up just outside the city in Wallacetown, Ont., was a part of London's Blizzard Sledge Hockey Club after having his leg amputated at age 11. He would later go on to compete at the 2018 Paralympics in PyeongChang, South Korea as well as the 2022 Paralympic

games in Beijing, coming home with silver medals from both.

Dunn went on to talk about his own experiences as well as the pride he feels attending events such as this.

"It's just such an awesome feeling to see the joy people get out of it and to see them push to reach their goals. It never gets old, I love seeing it."

Several other local Olympic athletes attended the event including Miranda Ayim, Jennifer Martins, and Kelsey Mitchell.

"It could be a great identifying opportunity for young athletes. I think for all of us we want it to be inclusive and a place for everyone, this is all part of their journey. They may not be making lifelong decisions today, but this could be their first step," said Van Dyke.

At the end of it all, having the chance for the next generation of young athletes to have their shot at their dreams is what was most important coming out of the event. With plenty of thoughts and questions in the minds of those who attended, Dunn had one final remark for those with new Olympic possibilities in their future.

"Just keep pushing, keep training, and focusing on your goals. Never give up on them. It's what I did and it's always my word of advice."

**SUPER SMASH BROS.™**  
**GAME NIGHT**  
 Monday, March 27th  
 Alumni Lounge  
 6pm Friendlies | 7pm Tournament Start  
 SIGN UP NOW • FREE EVENT  
 @fsu.ca/discord

TOP 3 PRIZING

FSU FANSHAWEC COLLEGE CANADA STUDENT UNION www.fsu.ca

[f @ FANSHAWESU]

**SUSTAINABILITY TRIVIA NIGHT**  
 Tuesday, March 28th

The Out Back Shack  
 7:00 pm - 9:00 pm

**FREE EVENT!**  
 Prizes: Sustainability Hampers!

FSU FANSHAWEC COLLEGE CANADA STUDENT UNION www.fsu.ca

**RAMADAN Iftar**  
 Wednesday, March 29th  
 7:30 PM

**FREE EVENT!**  
 REGISTER IN ADVANCE AT FSU.CA/IFTAR

INVITATION JAMES A. COLVIN ATRIUM, B 1046  
 Guest speakers, food and prayers.

FSU FANSHAWEC COLLEGE CANADA STUDENT UNION www.fsu.ca

**WORLD AUTISM AWARENESS DAY**  
 Co-hosted by The Autism Social Club  
 APRIL 3 | 10AM - 2PM | STUDENT CENTRE

[f @ FANSHAWESU]

FSU FANSHAWEC COLLEGE CANADA STUDENT UNION www.fsu.ca

**CHESS TOURNAMENT GAME NIGHT**  
 Monday, April 3rd  
 Alumni Lounge  
 6pm Friendlies | 7pm Tournament Start  
 SIGN UP NOW • FREE EVENT  
 @fsu.ca/discord

TOP 3 PRIZING

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IS YOUR BIRTHDAY IN APRIL?  
 Come get treats and all the warmest wishes from us!

**April Birthday Month!**  
 Tues., April 4th  
 Student Centre  
 12pm-3pm

Proof of birth month required.

[f @ FANSHAWESU]

FSU FANSHAWEC COLLEGE CANADA STUDENT UNION www.fsu.ca

**COMEDY SHOW**  
**WEDNESDAY APRIL 12TH**  
 The Out Back Shack  
 STARTS 8 PM | DOORS OPEN 7 PM  
**FREE EVENT**

Headliner: SCOTT FAULCONBRIDGE  
 With: MC Justin Shaw  
 Featuring: Anjelica Scannura

ON TOUR YUK YUK! STAND-UP COMEDY

[f @ FANSHAWESU]

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 Gender-Based Violence Prevention and Education Presents

**Virtual Trauma Informed Yoga**  
 Taught by Katlin Robinson  
 CIAYT Certified Yoga Therapist, Trauma Informed Yoga Therapist, ERYT200 / RYT500 Yoga Teacher | www.katlinrobinson.com

April 6th at 7PM

Please email lkmarshall@fanshawec.ca to register, limited spots available.

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**SUBMIT YOUR STORY ON THIS TOPIC:**

**What summer event in London do you want everyone to know about?**

You could be featured in our upcoming End of Year Issue!

**SUBMISSION DEADLINE IS APRIL 3**

**SAY IT WITH A BANG!**

**HAVE AN OPINION? SUBMIT YOUR STORY!**

theinterrobang.ca/submit-letter

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