

INTERROBANG

Fanshawe's Student Voice

Subletters beware the scam 3
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Foley hangs with Foo Fighters in L.A. 12

Volume 43 Issue No. 27 April 4, 2011 www.fsu.ca/interrobang/



“ Question of the Week

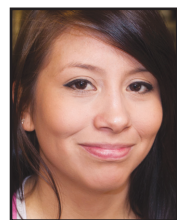
How concerned are you about the environment?



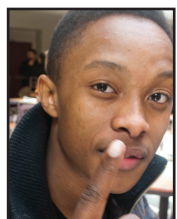
Adam Assaf
I'm moderately concerned. It's not that bad.



Nader Tsihira
Very concerned, because if it's this bad now, what about generations to come.



Nichole Rendon
Very concerned. The weather is all messed up, people litter, they don't carpool. We need to stop polluting.



Ricky Ncube
A fair amount. I try to recycle as much as possible.



Rola Kaawar
I'm kind of concerned because global warming is happening as we speak and winter is STILL here.



Yazan El-Shalabi
I'm not concerned about it at all.



CREDIT: JOHN SAID

Pat Hébert won an iPod Touch for coming out on top in this year's UFC Pool on the Fanshawe Student Union's website, www.FSU.ca

10 Things I Know About You...

Lucio a country girl at heart

Christine Lucio is in her first year of office administration – executive. She said, “I’m an outgoing, charismatic girl who isn’t afraid to tell it like it is, whether you want to hear it or not.”

- 1. Why are you here?**
To learn some new skills to get a great job.
- 2. What was your life-changing moment?**
When my nephew was born! He's the cutest kid ever.
- 3. What music are you currently**

- listening to?**
Anything on BX93. You gotta love that country.
- 4. What is the best piece of advice you've ever received?**
Follow your heart.
- 5. Who is your role model?**
Oprah. I mean, who does she not impress? She came from nothing and now look at her.
- 6. Where in the world have you traveled?**
Not so much a seasoned traveler, but I do enjoy finding new camp-

- grounds to stay at.**
- 7. What was your first job?**
My first real job was at a small museum back home. I gave tours and answered the phone.
- 8. What would your last meal be?**
A big Thanksgiving dinner with all the fixings: stuffing, sweet potatoes and lots of pie.
- 9. What makes you uneasy?**
People who walk waaay too close to you; they get in your bubble.
- 10. What is your passion?**
My passion is crafts. I really enjoy them so much so that my boyfriend makes fun of me for it.
Do you want Fanshawe to know 10 Things About You? Just head on over to fsu.ca and click on the 10 Things I Know About You link at the top.



CREDIT: SUBMITTED

Christine Lucio is a crafty lass.

FSU Environment Week april EVENTS

tuesday 5
Nooner - Forwell Hall
Comedy
Campus Clean Up
Oasis - 4:30pm

wednesday 6
OBS Comedy Night
OBS - 9pm
Recycled Art Contest
Forwell Hall - 11am – 3pm

First Run Film
Rainbow Cinemas
\$3.50 students
\$5.00 guests
Source Code

thursday 7
Nooner - Forwell Hall
Live Music
Super Pub
OBS + Forwell Hall
9:30pm

all week
Get Caught Recycling
Bicycle Draw - Friday,
Forwell Hall - 2pm

TICKETS AVAILABLE AT THE BIZ BOOTH FOR ALL EVENTS

ENTER TO WIN A

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AND A DONUT

How can you get shopping discounts when you graduate?

Drop by the Welcome Kiosk with your answer. Five winners will be selected from correct entries and we'll notify winners by email.

The Welcome Kiosk (between the Bookstore and the Library) is open all year between 8am and 4pm, Monday to Friday.

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KIOSK QUIZ



STAND and make a difference

PAIGE PARKER
INTERROBANG

Every day, disasters occur: tsunamis, earthquakes, genocides, the list goes on. The media concentrates on the most recent events, such as the Japan and Libyan crises happening right now; what the media fails to do is give attention to all problems all the time, but of course that would be nearly impossible. This gives organizations such as STAND: Students Taking Action Now Darfur a reason to exist.

Darfur has a long history of indecencies, and more specifically, genocide. STAND, founded in 2005, has quickly become one of the leading organizations across Canada led by student activists for anti-genocide advocacy.

In 2005, a group of students at the University of Western Ontario got together to raise awareness for Darfur. Soon after, STAND was in full swing. The organization now consists of chapters in over 50 high schools and universities from coast to coast.

STAND Fanshawe held a benefit concert on March 21 to raise awareness about the organization and the conflict in Darfur. The event included entertainment by three Fanshawe bands: Arkham Dispatch, Aleyus and Psychopathy. Bracelets were also being sold at the event for \$10.

"Proceeds from the ticket sales, as well as donations collected, will be put towards fuel-efficient stoves for families in the refugee camps," said Angie Martin, president of STAND Fanshawe. The proceeds from the Darfur Relief Bead Bracelets will be "going towards sending Darfuri children to school and saving malnourished children."

The exact amount raised is still unknown, but Martin said, "STAND will receive 60 per cent

of the ticket sales. Between friendly donation and selling the bracelets we were able to raise enough money to send 10 children to school for two months, as well as being able to purchase three industrial stoves for the refugee camps."

Martin said she thinks STAND Fanshawe is one of the most important groups within the college. "We make a difference in someone's life every day. Unlike most groups at Fanshawe, STAND creates a global student who is educated on the world around them and shows students that they can do something to change the world by helping others."

"What has been happening in Darfur for the last eight years should be considered crimes against humanity, war crimes and genocide," she continued. "There needs to be some form of accountability for the perpetrators so that the cycle of impunity is broken."

The organization has already sold over 200 bracelets this year, allowing 200 children to attend school and prevent them from facing the horrible reality of malnutrition.

"(STAND) makes a difference and in many cases it saves lives. Also, by educating students from Fanshawe, STAND is assisting in creating a globally aware student generation in Canada, who hopefully someday will help change the world for the better."

STAND will continue to do classroom information sessions until the last week of school. Rich Hitchens, a Fanshawe professor, will be speaking at these sessions to inform students on the past eight years in Darfur. The executive members of STAND Fanshawe will also speak at these sessions to let students know how they can become involved in this group and help make a difference.

Fanshawe students, this is a call for any and all volunteers!

KENDRA SAUDER
FSU VP EXTERNAL & ACADEMIC AFFAIRS

The people of Japan have suffered multiple tragedies this past month, going through an earthquake, tsunami and a nuclear crisis. We want to help the people of Japan and join in the global effort of providing aid and assistance to them.

An ancient Japanese legend promises that anyone who folds a thousand paper cranes will be granted a wish by a crane, such as a long life or recovery from illness or

injury. We would like to do this at Fanshawe for the people of Japan!

On Wednesday, April 6, from 3 to 5 p.m. in the FSU boardroom (SC2016) we will get together and fold one thousand paper cranes. If you don't know how, there will be people there who can teach you. We need as many people as possible to join in our effort, so please come out! These cranes will later be sold for donations to the Red Cross.

Thank you for all of your support, Fanshawe!



Scam targets landlords and subletters

ERIKA FAUST
INTERROBANG

Thinking of renting or subletting your place this summer? Beware of the overpayment scam that's happening all across North America.

In this scam, landlords receive an email – commonly from someone claiming to live in England or Africa – from a potential tenant looking for a place to stay, explained Glenn Matthews, housing mediation officer for Fanshawe and Western. "Once they get someone responding to them, the (potential tenant) offers payment and sends either a cheque or a money order for ... a significant amount over the monthly rent."

The potential tenant will then – "almost immediately" – realize they sent too much money and ask the landlord to refund the excess amount, said Matthews. The landlord wires back the excess money via a recognized money service, such as Western Union.

What the landlord does not know is that the original cheque or money order was fraudulent, and that he or she just wired the scam artist money straight out of his or her pocket. "The cheque or money order is a forgery, and it will take three weeks to clear the bank," said Matthews.

After the landlord has sent the money to the tenant and the fraud cheque has not cleared the bank, there's not much the landlord can do. There is no way to track down the tenant, as he or she may have used a fake name or address.

Besides the money wired to the scam artist, the landlord might also have to pay fees to the bank.

"Not only will you lose money, but depending on the information you give (such as your address, name and email) ... they can easily



CREDIT: AP

go back and compromise your address," cautioned RCMP Cpl. Louis Robertson of the Canadian Anti-Fraud Call Centre.

Robertson said this is not a new scam. "We saw a surge in 2006/2007. We did a lot of prevention on that kind of scheme, but unfortunately, bad guys are always finding ways to use fraudulent cheques any way that they can."

"This is North America-wide. It's happening everywhere, it's happened here," Matthews added. "It can be very expensive. I've known a couple of landlords who have been caught repaying \$2,000."

There isn't much that can be done if the scam is successful, so Matthews and Robertson caution landlords and subletters to practice caution and vigilance when dealing with potential tenants.

"The biggest way to heighten your awareness is if the person sends a

huge amount of money and then asks for it back. Don't send a cheque – the landlord should not refund any money unless they are absolutely sure (the original payment) will clear the bank," Matthews said. He added that a tenant who is so desperate to take a place that he or she will send money for it, sight unseen, should be a red flag.

"If you're a landlord, you should ... find out who your tenant is. Somebody willing to take a place without even looking at it or without too many questions – you have to wonder about that," he said.

It is important to remember, however, that every case is different and that, while it is important to be cautious, "We're not discouraging landlords from taking international students – they can be great tenants," Matthews said.

For more information, visit www.fanshawec.ca/housing.



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- Special events like Orientation and our Open House
- Promoting the college through social media, videos and photos

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Marketing & Communications Office in E1003
or email Devin Robinson at drobinson@fanshawec.ca
by April 15, 2011

Government to create 60,000 new post-secondary spaces

ALANNA WALLACE
CUP ONTARIO BUREAU CHIEF

WATERLOO, Ont. (CUP) — Ontario will create 60,000 new spaces for post-secondary students by 2015-16, starting with 15,000 spaces next fall, according to the province's new budget.

However, some groups are questioning whether this initiative is enough to aid post-secondary students in the most expensive market in Canada.

"We're going to see a cumulative of \$309 million invested within three years," Meaghan Coker, president of the Ontario Undergraduate Student Alliance, said. "With the final end goal after five years of 60,000 more students within the system, 40,000 of that 60,000 will be university students."

Coker added that this initiative would help the Ontario government attain its target of 70 per cent post-secondary education attainment in the province.

"The system should be able to accommodate more and we should make sure we are preparing for that demand and meeting that extended target is going to be incredibly important," she added.

With a current deficit projected at nearly \$17 billion, Coker said it was important to note that post-secondary education initiatives had not been cut, which was the case for many other areas of the government, as finance minister Dwight Duncan ensured both education and health care would be safe from any cost cutting.

Despite this, some still remain unhappy with the funding provided by the government, including

Caitlin Smith, the Canadian Federation of Students-Ontario representative from Ryerson University, who said the budget was "disappointing."

"There's no talk about lowering tuition fees, no talk about the burden of student debt in the province and there's no upfront per-student funding investment in post-secondary education," said Smith of the budget, adding that the high cost of Ontario tuition is going to be a burden for many students wishing to attain a higher education.

"We would have liked to have seen a stronger commitment in terms of more per-student funding from the province."

Coker echoed the lack of depth in the provincial budget, though she mentioned an announcement that has been promised by the Ontario government that will include post-secondary education targets.

"We're hoping for (the Ontario government) to tackle issues of quality, specifically quality within the learning environment, quality within our classrooms (and) how we're going to make sure that students are getting the experience they hope to get," Coker said.

The government also announced that this new funding will be contingent upon Ontario colleges and universities renegotiating their multi-year accountability agreements with the government for the first time since 2006.

"We still have hope for 2011 for initiatives that we hope the government can take leadership in," concluded Coker.

Students from abroad a source of revenue

NICOLE GREEN
THE CORD

WATERLOO, Ont. (CUP) — A recent report released by the Ontario Undergraduate Student Alliance is suggesting that Ontario universities may be taking advantage of its international students.

The McGuinty government announced in March 2010 its intention of increasing the number of international students in Ontario by 50 per cent. This led Meaghan Coker, OUSA president, to ask students what they really wanted, "because even as domestic students, we are about the experience that international students are getting."

This resulted in the Going Global campaign, which released a report surveying the drawbacks of being an international student in Ontario. These drawbacks included high tuition fees, backward health-care coverage under the University

Health Insurance Plan and lack of financial assistance and employment opportunities.

The International Student Survey from the Canadian Bureau for International Education showed that over the past decade the number of international students from low-income families has declined from 12 per cent in 1988 to eight per cent in 2009, mostly due to the incredibly high fees international students are charged.

"When you add up the gross revenue that is brought in from international students, it is at least \$5,000 more than a domestic student," explained Coker. "Over a quarter of the fees they are paying are unidentified."

Furthermore, the tuition of international students is unregulated, "meaning that their tuition could increase up to 20 per cent per year," said Anjola Tunde Ojo, an international student from Nigeria,

who is currently in her first year at Wilfrid Laurier University.

"The fees are a major drawback. We pay almost up to three times everyone else and that's not including other living expenses like going to the mall," said Tunde Ojo.

The report revealed international students at Laurier are charged 287 per cent more than domestic students. Yet, international students are extremely valuable to our economy.

"Currently international students contribute over \$2 million to the provincial economy," explained Coker.

This is why the Going Global report advocated for better career opportunities for international students to encourage them to remain in Canada. "We aren't just asking students to come here to make revenue off of them and then to return home," said Coker.

360° News: national and international briefs

NATIONAL NEWS

An amateur video was posted on YouTube after a medical evacuation plane with five people on board, including a patient, landed in Quebec on only its back wheels, as the front wheels failed to dislodge. Emergency vehicles waited while the pilot attempted a first landing, but pulled back up after deciding to try again. After 10 seconds with the rear wheels on the ground during the second landing, the front wheels finally appeared. Paul Strachan, head of the Air Canada Pilots Association, told CBC, "It's quite spectacular. I've never seen anything quite like it," after watching the video.

Campaigning has begun for the controversial upcoming Federal election. Parties are already taking stances on issues such as post-secondary education, corporate tax cuts, tax rates on small businesses and job creation. The issue of a coalition forming between the Liberals, NDP and Bloc Quebecois has also been raised, should the Conservatives win by a minority in this election. Green Party Leader Elizabeth May has hired a lawyer after not being invited to take part in the televised candidate debates.

A plan that was launched in Prince Edward Island's South Shore in 2004 has proven successful. After the fishermen were struggling to make ends meet, they decided it was necessary to make their industry more sustainable. They collectively decided to throw back all female lobsters over a certain size. Seven years later, it is clear that their plan has worked, as many fishermen are seeing many more juvenile lobsters in their traps. The South Shore fisherman have pitched their idea to the rest of the island, but with the industry still struggling, it is unlikely that many fishermen will be willing to give up that portion of their income. The South Shore fishermen, however, have voted unanimously to continue this practice for another year.

INTERNATIONAL NEWS

The American Supreme Court justices have voted eight to one that Westboro Baptist Church members' right to protest is protected under the First Amendment freedom of speech. Members of the Kansas-based church had been protesting on public property near the funerals of American soldiers, saying that their deaths are God's way of punishing Americans for being tolerant of homosexuals. The vote comes after the father of a fallen soldier sued Westboro Baptist Church for harassment and intentional infliction of emotional distress after church members protested at his son's funeral.

French urban climber Alain Robert (a.k.a. Spiderman) has climbed the world's tallest tower, Burj Khalifa in Dubai as a part of the Education Without Borders conference. Robert climbed the 828-metre tower in just seven hours. Though he normally climbs without ropes and harnesses, this time he did in order to comply with the conference's request that he follow safety requirements. Robert has also climbed New York's Empire State Building, Chicago's Sears Tower and Taiwan's Taipei 101, which, when he climbed it in 2004, was the world's tallest building.

The death toll in Sanaa, Yemen has reached 150, with 85 more injured after an explosion at an ammunition factory. Most of the people killed or injured in the explosion were locals who were ransacking the factory after it was taken over by militants. The provincial government is blaming al Qaeda for the attacks, as the explosion followed a weekend of clashes between al Qaeda members and government forces in the Arabian Peninsula. This occurs after months of demonstrations targeting Yemeni President Ali Abdullah Saleh.

— compiled by Kirsten Rosenkrantz

Making wishes come true with some wild 'dos

ERIKA FAUST
INTERROBANG

You may have seen a few blue hairdos around the college over the past month or so. Many of those people dyed their hair to raise money for the fifth annual Go Blue! Go Bald! Make-A-Wish Foundation campaign.

Fanshawe staff and students donated over \$1,000 to this colourful campaign, which began in early

February and culminated in a head shave event in Forwell Hall on March 23.

The Make-A-Wish Foundation of Southwestern Ontario grants the wishes of children with life-threatening medical conditions. Over the past 25 years, the foundation has fulfilled over 870 wishes. They are currently working with 100 families to make their children's dreams come true.

Correction

In an article in Volume 43 Issue 27 dated March 28, 2011 in *Interrobang* titled *Need a job? Career Services is here to help*, it was incorrectly stated that alumni can only access online job postings for up to six months after graduation. There is no expiration time for viewing the online job postings. We regret the error.

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PRIZES!

www.fsu.ca/contest

5 QUESTIONS

TIFFANY KICKS - FSU RECEPTIONIST

ERIKA FAUST INTERROBANG



1. WHAT'S ONE THING WE SHOULD KNOW ABOUT YOU AND ONE THING WE SHOULDN'T?

One thing you should know about me: I heart Jersdays and the Patriots! One thing you shouldn't: I used to be a Hooters Girl. My regular was a guy named John Young, who LOVED Honey Garlic Chicken Wings and Sweet Tea, and works for the FSU.

2. IF SOMEONE PUT A GUN TO YOUR HEAD AND FORCED YOU TO GET A TATTOO, WHAT WOULD IT BE AND WHY?

It would be a tattoo of myself as a teenager, so I could remember what I looked like without wrinkles when I am an old lady



3. WHAT WAS THE LAST CD YOU LISTENED TO?

Random iPod songs.

4. WHAT'S YOUR MOST EMBARRASSING CHILDHOOD MEMORY?

I was a pretty cool kid until college, when I walked into a kitchen door during class and broke my nose. WINNING!



5. WHAT MOVIE MOST RESEMBLES YOUR LIFE AND WHY?

Blue Crush, when I lived in Orlando, Florida during college.





GREEN UP YOUR PLATE

KIRSTEN ROSENKRANTZ | INTERROBANG

Finding ways to eat green can be difficult, especially when you're a student, but there are lots of ways to be environmentally aware when choosing what, how, and where you get your food.

According to runner, author and blogger Mark Sisson, there are many effective and relatively easy ways to eat green. Here are a few tips from his blog, marksdailyapple.com:

EAT SEASONALLY/LOCALLY: This can be a tricky one for us Canadians, since, as we know all too well, we're buried under snow for a good four to five months of the year.

The benefits of eating locally grown food are twofold: not only is the money you're spending going right back into our local economy, but the food you're buying doesn't have to be shipped across oceans and continents.

Do your best to eat seasonally during the spring, summer and fall months. One of the great things about living in London is the amount of fresh produce stands on street corners in the summer. If you're driving on rural roads around London you will also find tons of small markets or stands where farmers are selling the produce grown right there in their fields.

One place to be sure to visit is the Covent Garden Market, where from May to November there is an outdoor farmers market on Thursdays and Saturdays. This is a great, convenient place to get locally grown produce.

GROW IT YOURSELF: Growing your own food might sound like a huge task, but it doesn't need to be. If you happen to live in a place with a nice yard, you can easily plant a small vegetable garden. Some easy vegetables to grow are carrots, onions, tomatoes, radishes and lettuce.

If you live in an apartment, growing your own food is possible if you have a balcony, but virtually impossible if you don't. In this case, I suggest you plant your own herb garden. Herbs such as basil, rosemary, cilantro, oregano, chives, parsley and many more can be cared for quite easily. Not only will you have fresh herbs for cooking, but some herbs are quite fragrant and will smell great. Added bonus: if you're in a pinch around holidays and birthdays, you can always give potted herbs as gifts.

SUSTAINABLE SEAFOOD: It's no secret that overfishing can seriously damage the ecology of the world's lakes and oceans, so when you're choosing what fish and seafood you want to eat, you need to choose wisely. Fish that breed later in life are in danger of being overfished, whereas fish that grow quickly and breed young are more sustainable.

Sustainable seafoods include sardines, anchovies, tilapia, wild salmon, domestic mahi mahi, Pacific halibut, oysters, clams, calamari, American lobster and Dungeness crab.

For more information on what seafood is safe and what to avoid, visit seachoice.org.

LIMIT THE MEAT YOU EAT: Some people take an extreme environmental stance on meat and cut it out of their diets completely. This can be a reasonable life choice for some, but there are definitely some people who just love meat. If you're a meat-lover, try taking some steps to ensure the meat you're eating is not only safe for you, but is also sustainable.

Animals who are raised for meat are very hard on the environment, consuming over half our crop harvest. On top of that, animal waste is not treated at conventional sewage treatment plants, meaning that it and any chemicals from the crops the animals have consumed go straight into our rivers and lakes.

The best thing you can do is limit the amount of meat you eat. Think of it more as a special treat for yourself than a daily fixture in your diet. There are plenty of alternatives you can eat to ensure you're getting your required nutrients. When you



Who says you need a yard to grow your own food?

do purchase meat, try to make sure it's organic and raised without the use of hormones or antibiotics.

BUY ORGANIC: For a lot of people, organic equals expensive. Yes, organic food does tend to cost more, but if you're buying local produce during the seasons it's available, buying organic from your grocery store in the winter shouldn't be too much of a stretch.

Organic foods don't use the same pesticides and fertilizers as regularly grown foods, meaning less harmful chemicals are seeping into the earth. This also means that when you're enjoying a shiny red apple or eating a healthy salad, you aren't filling up your belly with dangerous chemicals.

Even if you can't afford to buy all organic food, try every once in a while to go organic.

READ LABELS: When you're grocery shopping, take a few extra minutes to read the labels on your

food. Many products will tell you if they're organic or pesticide-free. Packaging on meat will tell you if it was raised without hormones or antibiotics, and eggs will tell you if the hens that produced them were free range.

WATER BOTTLES: By now this should be a no-brainer. When you buy water in a bottle, think of all the steps that go into making the bottle, shipping the bottle out to the store and even the energy needed at recycling plants to recycle that bottle. Buy a reusable bottle to fill up when you're thirsty.

Eating green doesn't have to be a major change in your lifestyle; it is about being conscientious and aware of the choices you are making. Small things you do on a day-to-day basis can have a large impact on your health and the sustainability of our planet.

CLEAN GREEN (AND SAVE A LITTLE GREEN WHILE YOU'RE AT IT)

ERIKA FAUST | INTERROBANG



Cleaning green is easy with a few household ingredients.

April has arrived, and that means it's time for spring cleaning! Name brand cleaning products can get pretty expensive, and why bother with those when you probably have plenty of excellent natural cleaners lying around your house?

Cleaners made from common household items, like baking soda, vinegar and lemon juice, do not contain harsh chemicals, meaning they're safer to use for you, and less harmful for the environment. They're also a little easier on your wallet, as many of these ingredients can be bought in bulk.

These cleaning tips collected from The Daily Green will have your house looking spring fresh and ready for a mom-inspection.

FRESHEN OLD CLOTHES: If you have a bit of leftover vodka lying around the house, pour some of it into a spray bottle and spritz your clothes with it, and then hang them to dry in a well-ventilated area. Take a shot to celebrate, because now you don't have to do laundry! According to The Daily Green, vodka kills bacteria that cause odours, but does not leave a scent after it dries.

KITCHEN COUNTERS, STAINLESS STEEL SINKS, PORCELAIN AND TILE: Sprinkle some baking soda (for tougher grime, use kosher salt) on the counter or sink surface, and then scrub using a moist cloth. For super-tough stains, knead the baking soda and water into a paste and let it sit on the stain for a while before scrubbing it away. The baking soda is abrasive, and should be able to lift those stains with a little elbow grease.

OVEN: Nobody likes cleaning the oven, but this tip lets you take a good, long break right in the middle of it. Make a paste from water and baking soda, and coat the inside of the oven with it. Then kick back and relax for a day while the mixture does most of your work for you — just don't try to make cookies while you wait. Put on some gloves and scrub away that grime, and then wipe the whole thing down with a moist cloth to make it sparkle.

MILDEW AND GREASE STREAKS: Spray or douse the stain with lemon juice, vinegar or vodka. Let it soak for 15 minutes, then use a stiff brush (an old toothbrush will do) to scrub the stain away.

WINDOWS: Mix 2 tbsp. of white vinegar or lemon juice with 3.5 L water and pour into a spray bottle. Use old newspapers to wipe the windows, as it won't leave streaks. This is a little extra green as it saves paper towels.

CLOGGED DRAINS: I had a roommate in college with gorgeous, thick brown hair ... but it wasn't so gorgeous when it was clogging up the shower. All I needed to use was a simple third-grade science trick to clear the drain. Pour a half-cup of baking soda into the drain, then a half-cup of vinegar. The chemical reaction should be enough to break up the gunk and clear the drain. Be sure to cover this tightly, or you'll have a volcano on your hands! Flush all this out with 3 L of boiling water.

CARPETS: For a fresh carpet stain, grab the club soda. Pick up any solids, then dump the soda directly onto the stain. Blot with a cloth. The carbonation of the soda lifts the liquid as the salts in it prevent stains.

For bigger messes, put some cornmeal on it. Wait a few minutes — five to 15 should do the trick — and vacuum it all up.

Maybe you haven't vacuumed in a while, and the carpet is starting to smell a bit funky. Sprinkle some baking soda or cornstarch on it — not too thick, but enough to cover the entire surface area. Let it sit for half an hour to deodorize, then vacuum the whole thing up.

WOODEN FLOORS: If you're lucky enough to live in a place with wooden floors, but have been neglecting them all year, don't worry — they're pretty easy to clean. Mix a quarter-cup of white vinegar and 3 ¾ cups of warm water. Pour it into a spray bottle, then spray a cloth until lightly damp. Scrub your floors to remove grime.

For more clean green tips, visit thedailygreen.com.

LOCAL BUSINESS PROFILE: COVENT GARDEN MARKET

To market, to market, to buy... everything

KIRSTEN ROSENKRANTZ | INTERROBANG

Living here in London certainly has its pros and cons. Trying to find good, locally produced food and products can definitely be a bit of a hunt, but we're lucky to have the Covent Garden Market.

The Covent Garden Market has been a staple feature of downtown London since the 19th century. Though its structure has changed a few times throughout the decades, its general purpose remains the same: it's a one-stop shop for Londoners.

There are dozens of vendors at the market, selling everything from fruit to flowers to meat to hand-crafted clothing, alongside a variety of restaurants and coffee shops. One of the greatest things about the market is the number of vendors who sell organic and local products.

THE BARKERY is a store that sells all natural, freshly baked dog treats, made with the best ingredients. They also sell natural pet food, supplies, toys, clothing and more. If it's so important for us to eat as healthy as possible, shouldn't we consider doing the same for our pets?

If you're a cheese-lover, you have to stop by **SMITH CHEESE INC.**, where they offer over 220 types of cheese, of which many are locally produced. Need I say more?

HASBEANS is one of my favourite places to visit at the market. They have a wall of over 39 varieties of coffee beans, with many organic and fair-trade options. Hasbeans roasts all their beans on site. If you're not looking to buy beans for home, you can always grab a cup of coffee or a latte to enjoy while you explore the market.

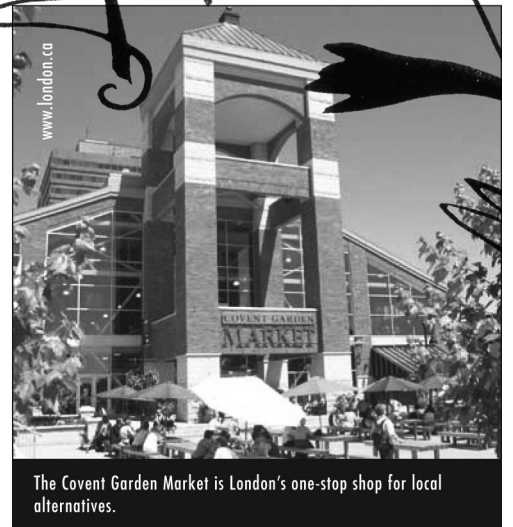
If you're on the hunt for organic food, the place you're looking for is **FIELD GATE ORGANICS**, where they sell meat, dairy, fresh baked goods and lots of locally grown produce. They have 39 or-

ganic produce suppliers, and another 20 suppliers of organic meat.

HOMEOPATHY LONDON is your go-to store for homeopathic, herbal, nutritional and fitness products, health food, vitamins, pet food, supplements and more.

Though there are many vendors in the market who sell delicious sweet treats, the **ICE CREAMERY** makes all natural ice cream, chocolates, smoothies and candies. Now you don't have to feel so guilty about indulging your sweet tooth.

From May to November, there is also an outdoor market on Thursdays and Saturdays where tons of local people come together to sell their products. Just a short bus ride away from Fanshawe, the Covent Garden Market is a convenient and often greener alternative to malls and grocery stores.



The Covent Garden Market is London's one-stop shop for local alternatives.

ENVIRONMENTAL WEEK ACTIVITIES AIM TO GREEN UP CAMPUS

ERIKA FAUST | INTERROBANG

The week of April 4 to 8 is Environmental Week, and there are tons of awesome 'eco-tivities' taking place all around Fanshawe.

Be sure to put that empty can of Coke where it belongs – if you're caught recycling during Environmental Week by one of the Environmental Club's members, you're entered into a draw to win a brand-new bike. The draw will take place on Friday, April 8 at 2 p.m. in Forwell Hall.

Don't forget to put all organic matter – banana peels, apple cores and so on – in their place, too. There will be compost bins set up in the Oasis between 11 a.m. and 2 p.m. every day during Environmental Week.

Our campus is beautiful, but the melted snow has revealed that a lot of litter has built up over the winter months. Join the Campus Clean Up on Tuesday, April 5 at 4:30 p.m. in the Oasis to clean up our campus.

A hot and delicious pizza dinner will be waiting for you when you're done at 6 p.m.

Two special screenings of *2012: A Time For Change* will take place this week in the FSU Clubs Room (SC2012). The first show is on Tuesday, April 5 from 4 p.m. to 6 p.m. and the second is on Thursday, April 7 from 6 p.m. to 8 p.m. This documentary film takes an optimistic look at technologies and innovations that are being implemented to make our world a little greener.

On Wednesday, April 6, the Environmental Club wants you to show your artistic side by using 100 per cent recycled materials to create your masterpiece for the Recycled Art Contest. Sign up at the Biz Booth by 3 p.m. on Friday, April 1. Bring your recycled art piece to Forwell Hall between 9 and 11 a.m. on Wednesday, April

6. Don't forget to bring a sign with the piece's title and a description. The official judging will take place between 12 and 1 p.m. that day. The art will be displayed until 4 p.m. If you've made the most creative use of recycled materials, you could win \$100.

Veronica Barahona, VP Internal and organizer of the week's events, said she is most excited to see what happens with the Recycled Art Contest. "It will be neat to see what students use to make their piece and show their creativity," she said.

"Environmental Week is important because we need to lessen our carbon footprint and be accountable for what we're doing to our Earth," said Barahona. "It's also a good way to get students aware of what we at Fanshawe are doing and our green initiatives."

ENVIRONMENTAL AWARENESS WEEK APRIL 4 - APRIL 8

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GET CAUGHT RECYCLING- All Week

Fanshawe's Environmental Club members will be monitoring the campus next week and if you are caught recycling you will be entered into a draw for a new bicycle. Draw takes place on Friday, April 8 at 2:00 pm in Forwell Hall.

CAMPUS CLEAN-UP- Tuesday, April 5

Students are encouraged to meet at 4:30 pm in the Oasis. Teams of 3 or 4 students will be sent to designated areas of the campus with garbage bags, gloves and recycling boxes. After the clean up all participants will receive free pizza/beverage in the Oasis (6:00pm).

RECYCLED ART PROJECT Wednesday, April 6th

11am- 3pm in Forwell Hall. Art must be in by 10am. Using 100% recyclable materials, hosted by the Environmental Club. Registration at Biz Booth before April 1st. No entry fee. \$100 first prize.

COMPOSTING IN THE OASIS

The Fanshawe Environmental Club will be composting in the Oasis between 11 and 2 pm Monday to Friday! The FSU will be providing composting containers for this event. Students are encouraged to help compost!

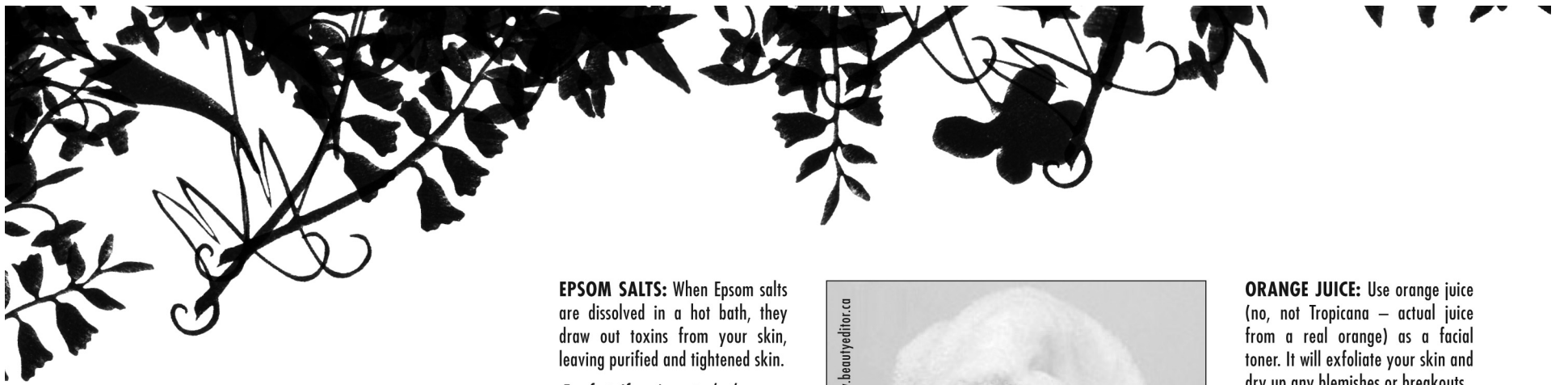
MOVIE: 2012: A Time for Change Tuesday April 5 4 pm - 6 pm Thursday April 7 6 pm - 8 pm

FSU Club Room (SC 2012): 2012 A Time for Change presents an optimistic alternative to apocalyptic doom and gloom. The film follows journalist Daniel Pinchbeck, author of the bestselling *2012: The return of Quetzalcoatl*, on a quest for a new paradigm that integrates the archaic wisdom of tribal cultures with scientific method.



Organized by the Fanshawe Environmental Club. Supported by the Fanshawe Student Union.

For more information contact
VP Internal Affairs - Veronica Barahona - fsuinternal@fanshawec.ca



TAKE THIS FOOD AND RUB IT

KIRSTEN ROSENKRANTZ | INTERROBANG

When we think about what it means to “go green,” we usually think about recycling, reusable bags and containers, composting and riding bikes. But have you ever thought about what going green can mean for your beauty regime?

According to toxicnation.ca, there are 1,198 ingredients banned in cosmetics in the European Union that are not banned in Canada. With a seemingly unregulated cosmetic industry in Canada, it is up to consumers to be aware of what they’re buying and what they’re putting on their skin.

Even if you are using products that claim to be “all natural” or “organic” it is important that you check the ingredients on the label. Sometimes companies will use a couple of these “all natural” ingredients and combine them with harmful chemicals, such as preservatives, so do your research.

Though it’s difficult to completely switch up all your products for safer, greener and – let’s be real – more expensive alternatives, there are a few things you can do using ingredients from your very own kitchen to keep you looking your best.

Here are some fun and easy beauty tips from The Green Beauty Guide blog:

PINEAPPLE: Rubbing pineapple on your face will polish your skin, remove minor skin flakiness and reduce the size of your pores.

Fun fact: Pineapple contains bromelain, an enzyme that some studies show can slow the growth of malignant cells.

MILK: Pour some organic full-fat milk on a cotton ball and use it as a facial cleanser/makeup remover.

Fun fact: If you leave the milk on your face for a few minutes, as it sours it mildly exfoliates and leaves your skin glowing.

EPSOM SALTS: When Epsom salts are dissolved in a hot bath, they draw out toxins from your skin, leaving purified and tightened skin.

Fun fact: If you’re not a bath person, Epsom salts can also be used as a great body scrub when you’re in the shower.

EXTRA VIRGIN OLIVE OIL: This is a multi-purpose ingredient. Use it as a massage oil, body moisturizer, makeup remover, hair conditioner and cuticle treatment. If mixed with caffeine, it can be a great cellulite treatment, or if mixed with brown sugar, a gentle body scrub.

Fun fact: Olive oil is rich in antioxidants and vitamin E, and some studies even show that if it is applied after sun exposure, it can have a preventative effect on the formation of skin cancer.

HONEY: Like olive oil, honey (especially organic or raw honey) is a multi-purpose ingredient. If used on your skin, it exfoliates, renews cells and has anti-aging properties that will keep your skin glowing. Honey is also great for dry lips, so put a dab on before bed and wake up with soft lips.

Fun fact: Honey is historically used to heal wounds as it is a mild antiseptic and will keep your cuts and scrapes from becoming infected.

EGG YOLK: Because of the naturally occurring fatty acids found in egg yolks, they make a great scalp and hair conditioner.

Fun fact: Egg yolks contain vitamins A and E, two vitamins that are key in preventing hair loss.

YOGURT: If you use plain Greek yogurt as a facial mask, the lactic acid will reduce pore size, gently cleanse and tighten your skin.

Fun fact: Yogurt can very gently lighten skin, evening out minor skin imperfections or discoloration.



These ingredients not only taste good, but do wonders for your skin.

ORANGE JUICE: Use orange juice (no, not Tropicana – actual juice from a real orange) as a facial toner. It will exfoliate your skin and dry up any blemishes or breakouts.

Fun fact: Vitamin C is a proven collagen builder, so orange juice can also be used for its anti-aging properties.

GREEN TEA: We all know how beneficial green tea is to drink, but it is equally useful when applied to your skin. Since it is so rich in antioxidants, green tea works to protect your skin from free radicals, which speed up aging and increase your risk of cancer. Use green tea as a facial toner, refreshing spray or apply bags directly to your eyes prevent wrinkles and tired-looking eyes.

Fun fact: When applied along with sunscreen, green tea can help prevent skin cancer.

AVOCADO: Avocado contains vitamins A, C, E and K, so it is excellent for both hair and skin. Mix avocado with olive oil and an egg yolk for a growth-promoting hair mask. Avocado makes a great cleansing and nourishing face mask. If you have dry skin, add some honey to your mask.

Fun fact: Most of the avocado’s moisturizers are on the inside of the skin, so take the avocado skin and rub the inside of it on your face for an extra dose of moisture.

COCOA: For brunettes only: add with honey and a bit of olive oil for a colour-reviving hair mask.

Fun fact: Take a fluffy blush brush and loosely dab it in some cocoa powder, then brush it on your skin as a bronzer.

LEMON: For blondes only: use lemon juice as a quick colour-reviving rinse.

Fun fact: Lemon juice can also be used to correct self-tanning streaks.

ONIONS: If you have acne, puree an onion and apply it once a week as a mask.

Fun fact: Onions have also been proven to promote hair growth when applied directly to the scalp.

GARLIC: Cut a clove of garlic in half, rub it on any problem pimples and leave it on overnight. Use the same procedure for cold sores, as garlic has antiseptic properties and will prevent your cold sore from becoming infected.

Fun fact: Garlic keeps vampires away, unless you’re into that whole Twilight thing...

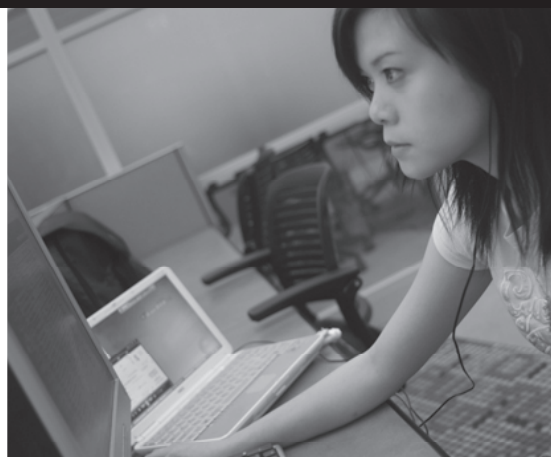
I know some of these tips sound a bit scary, but see what works for you and what doesn’t, and then find a way to incorporate the successful tips into your weekly beauty regime. Not only will you become more green, but you will also save money on expensive beauty products that probably contain harmful ingredients anyway.

For more information on these beauty tips, as well as information about chemicals being included in your cosmetics, visit thegreenbeautyguide.com.

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A YEAR WITHOUT GARBAGE

ERIKA FAUST | INTERROBANG

Think about your last trip to the grocery store. You probably needed a few fruits or vegetables, so you grabbed a couple of those thin plastic bags to put them in. Making your way to the bakery, you grabbed some bread and maybe some cookies or cupcakes for a treat. Time to head down the snack aisle – shove some chips and salsa, pretzels and popcorn into your cart. At the checkout, you've got to buy a few of those 5¢ bags to put all your delicious groceries in.

Think about all the garbage this single trip to the grocery store just created. From those little bags for your produce to the packaging that kept your cookies fresh, there's a lot that will end up in a landfill.

Now think about what you would do if you imposed a rule on yourself that you couldn't produce any garbage for a whole year.

That's what Grant Baldwin, Jen Rustemeyer and Rhyannon O'Heron did in 2008. Beginning on July 1, they pledged to buy no more "stuff" and produce zero landfill waste for an entire year.

The idea came after Baldwin and Rustemeyer took a cycling trip along the Pacific Coast of the United States. "After months of carrying everything we needed on our bicycles, we thought, 'We have too much stuff,'" explained Rustemeyer on the project's blog. "In fact there was an entire house filled with all sorts of things that we hadn't missed at all while we were away."

After returning home to Vancouver, B.C., the couple discussed how they had noticed overpackaging of products from food to electronics.

"We were talking about sustainability a lot, but hadn't changed a lot in our own lives," added Rustemeyer. They decided to take one step to make a change, and reducing the amount of garbage they produced seemed like a smart choice.

The couple were living with O'Heron at the time. According to O'Heron, it didn't take a lot of convincing to get her involved with the project. "They were talking about it, and to me it was a no-brainer. I wasn't going to live there while they were doing this challenge and be a huge consumer," she laughed. "It seemed like a good idea, and I might as well participate and try."

Rustemeyer documented the friends' no-waste year with a blog, which can be read at cleanbinproject.com. Baldwin filmed the project through the year, ultimately producing *The Clean Bin Project* documentary.

For a little extra motivation, the friends decided to add an element of friendly competition: a contest to see who could produce the least amount of garbage in an entire year.

At the end of the year, they threw a weigh-in party with family and friends. Though they would not reveal who the actual winner of the project was – this is revealed in the documentary – Rustemeyer did say that they were very pleased with the results.

"The average person produces 750 pounds of garbage in one year; across the board, we were all very close to four pounds," she said. "It was a significant reduction for just a few lifestyle changes. I feel like that's the level that's really doable."

Though such extreme waste reduction was doable, it certainly wasn't easy.

"Definitely for me it was (tough), because I love my toys, especially electronics," explained Baldwin. "You'd think after doing a project like this, it would change you, but I still love all that stuff."

O'Heron said the most difficult part for her was not accepting gifts from family and friends – one of the rules outlined by the project. "We had just kind of agreed

as part of the rules that because we weren't buying anything, that we wouldn't accept gifts, either," she said. Instead, the trio gave and asked for "experience" gifts, such as pedicures or movie tickets, or homemade gifts like baked goods.

One of the challenges Rustemeyer said she faced was with groceries. "It all became about food packaging. We started buying much less cheese," much to this fromage-loving group's dismay.

To avoid excess packaging, the trio made some changes in the way they shopped for groceries, including bringing reusable bags and reusable plastic containers for deli goods. They also washed out the plastic bulk and produce bags they already had, so they could re-use them.

They also made an effort to visit local farmers markets. "We were really lucky," said O'Heron. "Pretty much everything you can get (at the farmers market) is not packaged or it's recyclable."

"We spent more on experiences and quality food, but those things enhanced our lives," Rustemeyer said, adding, "there were thousands of dollars that we saved, just from not buying clothing and electronics."

For those looking to cut down on their own waste, Rustemeyer said that it is best to start small. "Pick one thing first and do it until it becomes a habit, then move onto the next thing." She suggested starting with composting. "That's 30 to 50 per cent of your waste. If everybody composted, we'd have half the amount of waste in our landfills."

The group wanted to show others that making these lifestyle changes isn't hard, and used the blog and documentary to do so. The documentary really inspires people to reduce their waste, said Baldwin. Last year, he showed the film in various cities across Canada, and "some of the places we went to even started their own clean bin projects," he said proudly.

"After our cross-Canada tour, we started entering film festivals," he continued, saying that the film was very well received. The film's U.S. premiere took place at the end of March.

Baldwin is aiming to have the film available for download or purchase online in the fall. A preview for the film can be watched at cleanbin-movie.com.



Jen Rustemeyer, Grant Baldwin and Rhyannon O'Heron pledged to produce no garbage for a whole year.

THREE EASY TIPS TO GREEN YOUR EVERYDAY LIFE

ERIKA FAUST & KIRSTEN ROSENKRANTZ | INTERROBANG

BORROW, DON'T BUY

This not only keeps excess packaging out of landfills, it also keeps a little more money in your wallet. Take advantage of the library (we've got a great one on campus!), throw a clothing swap with your friends and borrow household items from your neighbours.

UNPLUG

Unplugging even small electronics, like cell phone chargers or toasters, can conserve a lot of energy over time. Hook your large electronics (TV, gaming system, Blu-ray player) up to a power bar and shut it off when not in use to lower electricity bills.

CLOTHES

Washing and drying clothes takes a lot of energy. You can cut down on that by washing clothes in cold water (many companies are now making detergent specifically for cold wash cycles) and hanging them to dry.



Hanging your clothes to dry is a great way to stay green.



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In praise of boring elections Canadian dough-B.A.L.L.S.



LIFE MEETS FAITH
MICHAEL VEENEMA

Already media commentators are sharing their insight that the coming election is going to be pretty dull. Apparently, there aren't any issues out there that could really grab the attention of most consumers of news. One journalist quoted on the radio worried that there just isn't a strong enough story, a narrative, to hold the attention of Canadians during the election.

What can be said in response to the complaint that the campaign speeches we are about to hear (or read about the morning after) are going to help cement the impression that on the international scene Canada is dullsville?

On the one hand, the competition is fierce. With nuclear meltdowns happening on the other side of the planet and smoke rising from cruise missile attacks on Libyan government convoys, a photo of Stephen Harper and Jack Layton sharing the same stage will likely not catch most eyes.

At the same time, we can thank our Creator for what looks like another endless drone of political forecasts and promises mixed with the numbing speculation of reporters trying to make sense of the buzzing followed by a 29 per cent voter turnout. (I actually don't know what the usual voter turnout is, but I do hear people complaining that is far too low).

It is not difficult to find places where politics is never dull. Consider Libya. Or how about Mexico, Columbia, Russia, Iraq and Iran? They don't have dull elections. In many of these countries were the citizens are actually able to execute elections, the elections are anything but sleep-inducing. They are often the occasion for killing, firing guns into the air (if your "man" wins) and rioting in the streets. If it is exciting elections you want, I recommend becoming an Egyptian citizen this year.

Have you ever noticed that people are not trying to immigrate to countries where politics creates an adrenaline rush? They are immigrating – or perhaps you, dear reader have immigrated – to a country like Canada, where politics is, well, dull. People would

rather immigrate to a politically boring country like Holland than an exciting place like Pakistan. Dull elections are symptomatic of countries where the levels of justice, peace, institutional health, education and personal freedom are quite high.

Having said all that, however, there is a dark side to dull elections in well-off countries. We may say that we want elections to remain dull because such dullness suggests that major change is not going to happen anytime soon. And, at the end of the day, we like things pretty much the way they are. This, even though we all know we cannot resist needed changes without imperiling our continued existence. Without major political, social and economic change, our planet may not fare very well.

Recently I heard an interview on the CBC about the inability of science to save us. We want our science and technology to give us the goods: cars, large homes, travel and the opportunity, at least, to become obese. However, science can't fulfill these hopes. There is not enough iron ore, petroleum, water and airborne oxygen to give us the good life defined by Western affluence. Some will fantasize about populating other planets. However, that will not be possible. Sorry.

Yet, we want our political leaders to tell us that we can carry on more or less as we have for the past century. Running our economies on oil that is totally unsustainable, or nuclear power that may be more sustainable (but will not reverse the catastrophe of global warming), is the game most leaders, economists and industry leaders offer us. I am not sure that I would be able to do better. And maybe you too feel that although it would be wonderful to see real needed change, it is also very hard to make it happen.

Unless we reduce our demands on this fragile planet, not to mention on our parents, children, teachers and students who each have their own vulnerabilities, we are in for some dark days. Unless we make a decision to want a different kind of world than the world we have been building in the modern era, our politics is going to be predictable and dull.

However, if we do want a different kind of world, and if we articulate that desire more often and more clearly, perhaps our politics will also look different, maybe even exciting – but without the explosions. Green Party, anyone?



B.A.L.L.S.
TIM HANDELMAN

Next time you get the chance and you are standing up, look down. Can you see your toes?

I was in the food court at Masonville Place the other day. Man, are we getting fat!

There was a time when there were no chubby kids, just fat bankers and Italian housewives – and that was because they had a right to overeat! Things certainly have changed.

Now, the food court is proliferated with 12-year-old kids holding their chests as another angina attack rolls by. "Mommy, I think we need to change the battery again." Then they sit down and polish off a cup of NY Fries (400 calories – 171 calories from fat), a large Coke (290 calories) and a hot dog (420 calories – 189 calories from fat). That is over 1,100 calories for lunch – 360 calories directly from fat. According to the Good Health Organization, 12-year-old children should consume between 1,800 and 2,400 calories per day.

We are killing our children because we are killing ourselves. We are waddling around all doughy faced, pudgy and wheezing. We are also in a state of denial: oh, it's glands, or DNA or some BS like that. No, we are fat. We are fat because we eat too much, we eat garbage and we are lazy.

The following are the findings of Statistics Canada's recent Canadian Health Measures Survey on fitness levels in Canada: "Nearly two-thirds of adults are overweight and obese, as are 25 per cent of children." This is a national crisis!

According to the World Health Organization, worldwide obesity has more than doubled since 1980. In 2008, 1.5 billion adults over 20 were overweight. In 2010, 43 million children under the age of five were overweight. In Canada, the average 12-year-old is 14 pounds heavier today than in 1981.

Globally, overweight and obesity are the fifth leading cause of death; over 2.8 million adults die each year as a result of being overweight. As well, 44 per cent of the diabetes burden, 23 per cent of the heart disease bur-

den and between seven and 41 per cent of certain cancer burdens are attributed to being overweight.

Snack-time culture, coupled with the Nintendo generation, is killing us. We spend more and more time on a couch watching over 20,000 commercials a year, 7,600 of which are food related. Of food ads that target children, 34 per cent are for candy and snacks, 29 per cent for cereal, 10 per cent for beverages, 10 per cent for fast food, four per cent for dairy products, four per cent for prepared food and the rest for breads and pastries and dine-in restaurants.

We are forced to work longer and longer hours, we are too tired to cook properly or work out at the gym. We flop onto the couch – greasy fingers grasping greasy snacks. High-fat, salty, sugary instant meals become the norm, and we are buried in a coffin the size of a piano.

Well, one thing is for sure, with all the texting and typing and gaming and channel surfing that we are doing, we do have nice thumbs.

There is more to this than just the physical effects of being overweight, there is a mental burden as well: insecurities, paranoia and poor self-esteem. These issues may be even more serious than the physical issues. It is affecting our national happiness.

I asked at the beginning of this article if you can see your toes. What I was really saying is that if your stomach sticks out too far, it prevents you from seeing what is going on around you.

B.A.L.L.S. is Bitching About Life in London and Society

INTERROBANG

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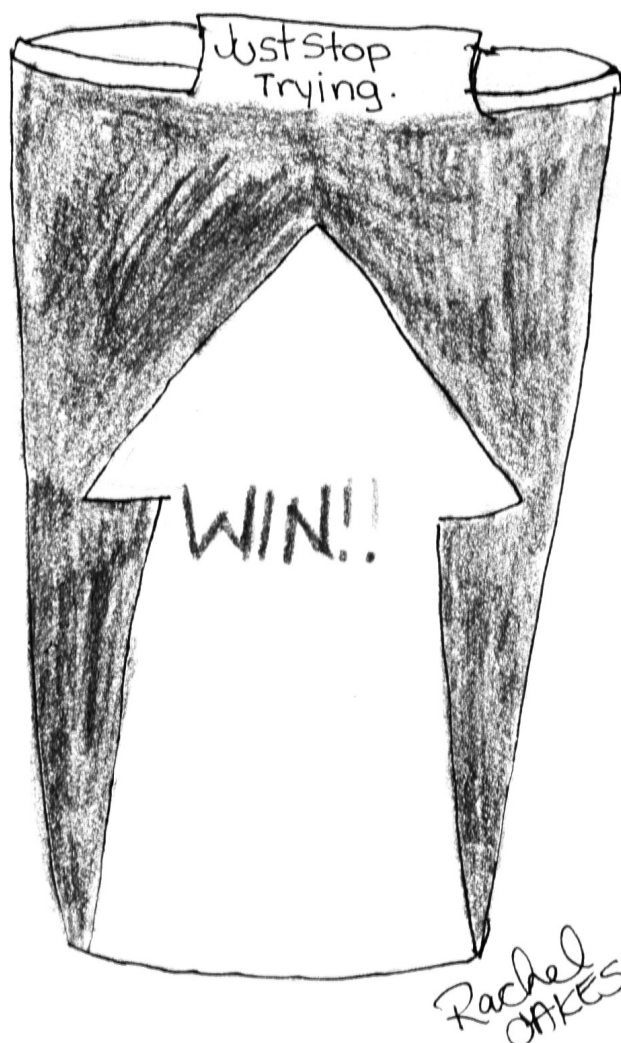
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Looking Smart behind the wheel



FSU PRESIDENT
Joe Scalia
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I had a unique opportunity last November. I was invited to attend Fanshawe College's Distinguished Alumni Awards banquet, where the college celebrated success in its alumni. Award recipients from around the country flew in to see old friends and teachers, and of course to receive awards for their achievements.

The unique opportunity I had was at the back corner of the room in the form of a silent auction. The items up for auction weren't too hotly contested, as most prizes were local and most of the people in the room were not. So I ended up snatching two prizes. One was a three-month gym membership that I activated about three months ago and never utilized, but at least the proceeds went to student bursaries. The other was a Smart Car rental for one weekend, which I saved until this past weekend so I could write a review of it specifically for this issue.

Here's my review:

When I got to the dealership and saw the car, I chuckled to myself in an "oh my god I'm spending the weekend in the most emasculative dinky car ever created" sort of way. It doesn't really connect with the cultural expectations we've all grown up with. It certainly does not have a HEMI under the hood. I'm not even sure that it has a hood.

That issue aside (which wasn't actually an issue for me, but could be for some), the car was pretty nice. The heated leather seats made for a very comfortable ride. The small wheels and the terrible London roads, on the other hand, did not. Eventually I realized

how small the car really was (you don't feel very small when you're inside of it) and started manoeuvring around every pothole and sewer grate on the road and sailed towards my destination smoothly.

The other thing that took some time adjusting to was the manual/automatic transmission. It's automatic, so you put it into drive and go, but it requires you to shift gears as well. To do this, there are plus and minus buttons on the steering wheel. As someone who's never learned how to drive manual, it took time to get used to.

I did a grocery run with the car. Luckily as a 24-year-old with no family in London, my grocery list is relatively small. My \$70 worth of groceries fit into the trunk without any issue. Obviously the car wouldn't have much room for cases of pop or water bottles, but if you bought a Smart Car, chances are you're trying to keep away from that wasteful lifestyle in the first place. Good for you!

The highlight of my voyage in the Smart Car was when I drove by other Smart Car users. The way they smugly waved at me like we were part of the same socially conscious club was reminiscent of a South Park episode - S10E02 for all you fans out there.

Gas wasn't much of an issue as we all know that one of the best features of the Smart Car is its fuel efficiency. The only downside to this is that it takes high grade fuel which costs more, so when you were filling up at \$1.20 a litre, I was filling up at \$1.37. I'm not sure if that's a con or not, but I'll let you do the math.

All in all I really enjoyed the Smart Car and I found it very functional for my lifestyle as a young person with no family. I would even consider getting one myself if it weren't for the fact that I'm not in the income bracket to be able to afford one. It's a sleek little car with a lot of power. If you get the chance, definitely take the opportunity to check one out yourself.



CREDIT: STEFANO RODDARO

It's a long path to success without much financial support.

Long road ahead

SARAH WEBB-WATTS
SPECIAL TO INTERROBANG

I'm at home, should be doing my paper. Instead I will write on why I can't concentrate.

Some days I wish my strengths lay in writing instead of math, purely for that fact that I've toyed with the idea of sharing my experiences. Not that I'm doing any good in math or accounting currently. Actually I'm failing most my classes right now ... I'll be sitting in class thinking about how much I wish I could afford a coffee to curb my appetite for the remainder of the school day. Or leaning over my friend's shoulder reading her marketing book, and thinking how much it blows I couldn't even afford to photocopy this semester. All March I have been struggling to not drop out of college and finish this year.

I left Children's Aid when I was 16 and moved into my first apartment, a funny little crack house off Mount Pleasant. Definitely moved a few more times. And I graduated high school with Honours, Ontario Scholar, some leadership awards and a math award while living beside a meth clinic. At the after-ceremony party, I had not one, but three teachers comment on how surprised they were I graduated ... Of course, a bunch of students were shocked little miss rebellious had a brain.

I got my tax return today. Shockingly it was a lot less than last year. Just learned about tuition counting for points in my future taxes instead of being tax deductible. So basically if I never make a high annual income, I never see that money again. If I do make a high annual income, then it will be useful. But not when it counts. I was kinda depending on my taxes to pay rent next week ... I'm sure I will manage. Got to do what you got to do.

I've had this increasing self-pity growing these past weeks. Every Monday I do my follow-up calls, research new places to apply and then apply. Wait and do it all over again. I'm losing momentum. I look at a job posting that was posted less than 24 hours ago and over 300 people have looked at it.

I have a friend who works in "the business," meaning a massage parlour, stripping and escort services, etc. She has offered and encouraged me to join her. She said we can drive out of town to strip. Ideally this would save me, pay off my bad debit, catch me up on my cell, Internet and maxed-out Visas. But I think making a decision like that would kill me inside. Even though I am still considering trying it ... the problem is I'm gay, yeah. Stripping would be what I'd want to try. No creepy touching that way.

I've had enough external and some self-induced misery in my life. I'm working on being a success story! (<--says the little positive voice to contradict the devil). I have high standards for myself. I am stubborn and dedicated to my own development and improvements. These past weeks I have been going down, down, down. I am really close to my breaking point. I am sick and tired of

always walking the difficult path. I want someone to take the golden spoon shoved up their ass, and serve it to me on a silver platter.

Most people with as many "bombs" as I've had in their lives don't make it as far as I have. I think that's why I feel isolated. And I think that's why people look at me with shock when they start hearing parts of my story. I've had a therapist tell me she didn't understand why I was there. I have had many people tell me I seem so normal, like nothing's happened. Stable. Not traumatized. I once had a country girl from Rosetown, Saskatchewan tell me she dreamed for an "exciting" life like mine when she asked what my father does for a living.

I am so thankful for my friends. They are my family and some are role models. My friends lend me an ear when I'm upset, feed me when needed, drive me to the grocery store or school, let me do laundry at their place, and make me care packages with toilet paper. My blood family should be doing that.

I don't want to be jealous of my friends driving to my place in their free car, and picking up artwork with free money from grandma and driving home to their free apartment before I see them tomorrow getting their free education. I don't wanna watch a kid throw half a sub out and I think how hungry I am. I don't want to cry in frustration while looking at this year's art school application and being unable to apply due to the registration fee, which was due over a month ago.

Here in Canada you have to go into debt to make money. My first year of college has crippled me ... I have had a Visa since I was 18, I'm turning 22 next month and I haven't paid the minimum for the first time in my life! My overdraft is maxed out. My credit is now fucked. And mommy and daddy have never stepped in to save me, nor will they. For this, I apparently am a very strong person and it sets me ahead of my peers in life experience. Or so I am told. What I see is the rich stay rich, the poor stay poor. I'm just tired of going to bed hungry.

I was told that I would get financial help besides a loan for school. I paid an extra \$10 when filing my OSAP application, so that I could claim family disturbance, meaning no contact or financial help from my family. Doesn't it seem a bit messed up that I have to pay extra to claim that I need extra help? And what did it get me? A couple \$25 grocery cards.

So what am I going to do? I'm not going to start stripping. I will continue to apply to jobs. I will try to bite down my resentment towards my family. By the end of the week, I will somehow pay rent. Also I will make a payment on my cell so they don't cut it. I will have a new job by the end of the month! And most importantly, I will choke back these burning tears, grab a cigarette, end this entry and go back to the job bank.

I will be okay.
I always am.

Fending for ourselves



CALL ME OLD-FASHIONED BUT...
Rose Cora Perry
www.rosecoraperry.com

I'm 26 years old and I'm a member of a union. No, I'm not a mechanic or a tradesperson, nor is my membership mandatory because of the company with which I'm employed. On the contrary, a great deal of people (particularly those within my demographic) working within my profession, avoid my union like the plague. But I'm not here to try to sell you on the member benefits of the American Federation of Musicians of the United States and Canada (AFM, for short) - you can easily peruse these details for yourself by taking a hop, skip and/or jump over to their official website, afm.org. Rather, I'm here to question why it is exactly that voluntary unionism is on the decline, and what this means for us good old "worker bees" versus "The Queen."

In a nutshell, as factory work and industrialism began to grow exponentially, instances of worker exploitation and maltreatment became widespread. The solution was for the proletariat to bind together in their shared "class consciousness" and collectively fight the powers that be in order to negotiate better labour conditions. Unsurprisingly, considering that those with the most political bargaining power tend to be high income earners/contributors, union formation has been deemed illegal in many territories throughout history.

We've obviously come a long way since industrialism prevailed, as evidenced by the fact that more and more traditional factories are ceasing operations annually. For the few that have managed to stay afloat, the employment of robotic labour forces is

becoming an increasingly popular trend. Further, in recent times, abuses of power committed by unions (as opposed to employers) have created cause for concern: our own city's bus drivers demanding higher wages during a time of economic depression speaks for itself. Understandably then, I can appreciate why unionism has cultivated a bad reputation as of late and why people, particularly those my age, have become skeptical towards it, along with virtually any other longstanding "traditional" business practice.

But this drive away from uniting in a "fight against the man" toward taking any and all actions (whether honourable or not) in order to ensure that one comes out ahead also has to do with a social mentality shift. The obsession with being incessantly tuned into one's iPod that appeals to one's individualistic selective tastes (and therefore tunes OUT everyone and everything else around oneself), just barely begins to scratch the surface.

Think about it: in addition to caring about the livelihood of one's fellow employees, being a member of the union also stood as a symbol for taking pride in one's profession and a desire to be part of a movement that could make a difference in the wider social domain. The idea of collectivism - whether we're talking about joining forces in a fight for the implementation of legislation that encourages environmentalism or simply having the backs of those within one's immediate vicinity - seems to have mostly gone extinct.

I'll give you that issues of inflation, high taxation rates, and a lack of permanent/stable jobs available on the marketplace are also key contributors. Ironically, however, these social dilemmas - the things that have driven us toward this newfound excessive self-focused mentality - are the very SAME things that union supporters and other social collectives sought to prevent.

Bobby goes to L.A. to hang with the Foo Fighters



BOBBYISMS
BOBBY FOLEY

I write about random things a lot. I write a lot about random things. One of the most random moments in my life came a very short time ago, when I took a call from the CBC telling me that I was going to go to Los Angeles for a weekend in March.

With George Stroumboulopoulos. To meet the Foo Fighters, in their studio.

From the moment I took the call — shocked and deep in disbelief — the story became one of the biggest of my life. Unfortunately, telling this story requires the telling of a hundred smaller stories; the trip was as unforgettable as it was unbelievable.

I knew that in order to make this trip, I was going to have to face two of my biggest fears: flying, and looking like an idiot when I met Dave Grohl.

To rewind just a bit, I entered the Go Far with George Stroumboulopoulos Tonight and Air Canada contest, which offered people a choice between a few different dream prizes in exchange for entering online. One prize, for example, was to play in a special NHL alumni hockey game with Strombo, and Chris Hatch of Mount Pearl, Newfoundland flew in to Toronto to do just that.

In case anyone doesn't know, George Stroumboulopoulos is a media personality with the CBC, on television and in radio. I first became a fan of his in high school back when he was doing the Live In Toronto segments on 102.1 The Edge, and even then his character was as attention grabbing as his last name. Of course, he's moved on up a bit from there.

Flying out of Toronto meant that my girlfriend Nicole and I would be flying with George and his team; we met producer Paul Templeman and videographer Darby Wheeler first, at the gate at YYZ. Then George came along, and everyone was so cool, so down-to-earth, that I'm going to toss journalistic convention and refer to them by their first names from here on out. Within a short while, people around us started to arrive and realize that George Stroumboulopoulos was in their gate at Pearson International.

Luckily, George is about the coolest person I've ever met in my life. If you've ever tuned in to his radio or television shows, you've probably been struck by how intelligent and engaging he is. People stop him all the time — in Los Angeles just as much as here, it seemed — but he's warm, approachable and very personable.

It's a funny thing to say, and funnier to think about, but driving along La Cienega Boulevard from the airport to the hotel in West Hollywood was probably the most fun I've ever had. Driving with George is a different kind of cool; he and Darby found an old-school rap station on the radio and cranked RUN DMC and Ice Cube as we went.

George drove us through Beverly Hills and along Rodeo Drive, pointing out landmarks and interesting sights — like once when we were driving next to

Jason Segal — and of all places, we stopped at a Mexican restaurant and wound up meeting that guy dressed up as Jesus. You know the one.

We checked in, changed and joined the boys again, this time with Jennifer Shin from the CBC and a rep from Sony and went to a members-only club called Soho House for dinner. It's an interesting place; George explained that you have to apply for membership, and then should a spot open some time in the future, they consider you for how they feel you'll add to the vibe. Soho House values how interesting a person is, rather than your celebrity.

And funnily enough, I can't show you what it looks like; the only rule at Soho House is that while you're there, you're not allowed to talk on your phone or take any pictures. It's like *Fight Club*, if the first rule of Fight Club were that you couldn't talk on your phone or take pictures inside it.

It's located in the penthouse of some building on Sunset Boulevard, and glass on all sides allows you to see the entirety of Hollywood lit up at night. We had dinner and drinks outside on an enclosed sort of terrace and retired back to the hotel bar, the whole while talking about music and buzzing on the time difference.

Los Angeles is a weird place. I don't remember if it was Darby or Paul who pointed it out, but the sidewalks there are always empty — everybody drives everywhere. On Sunday morning, we left the hotel and walked along Sunset Boulevard for breakfast, feeling weirdly like walking through a ghost town.

Soon we met the four from CBC, and began filming for the day — some footage at landmarks, photos on the Walk of Fame at the Kodak Theatre — when it seemed like traffic was going to make us late to make the trip to Studio 606 to meet the Foo Fighters. Luckily George lives in the neighbourhood, because it turns out he has an intimate knowledge of the twisting, winding, narrow roads there and got us through the Hollywood Hills so fast that we showed up early.

Studio 606 is an amazing and masculine place. Imagine entering a room with as many antique arcade games as places to sit, the walls adorned with old Black Flag show posters. The stairs off to the side lead up to the kitchen/living room (where I had to go to get made up later), the main corridor off to the control room, and the one with the sign that says "Them Crooked Vultures Production Office" is the bathroom.

Moments after I came back down from the lounge area, I met the man himself. "Hi! I'm Dave," he said, extending his hand. Unfortunately, I was so busy trying not to say, "I know," that I barely got out, "Hi, Dave. I'm Bobby." But he immediately offered to make me a coffee and took Nicole upstairs with him to do so while I met Pat Smear and Chris Shiflett, the other guitarists in the band.

When he came back and handed me a coffee, he began to tell us about the story of finding their studio. I wish I could remember every word exactly, but he said something like, "We wanted to find a warehouse kind of place that we could use as a studio and as storage, but every place we saw was



CREDIT: COURTESY BOBBY FOLEY

Interrobang writer and Fanshawe student Bobby Foley was lucky enough to win the Go Far with George Stroumboulopoulos Tonight and Air Canada contest. His prize turned out to be a weekend in Los Angeles and an opportunity to hang with the Foo Fighters at their studio. Pictured above is Bobby (beside George Stroumboulopoulos) and his girlfriend Nicole, along with the Foo Fighters.

either like, porn or a meth lab or something," at which point the crew gently told him that we needed to start filming.

"Hi! I'm Dave Grohl from the Foo Fighters," is what he likely said, seconds later when the camera started rolling. "And we're at Studio 606. Originally we wanted to find a warehouse kind of place..." and launched into the exact same story. "Every place that we saw was either like, porn or a meth lab or something. I mean, we were looking to get a place that was used, but everything was just really... used."

We got a tour through the entire building; the first hallway is covered in awards and platinum records from the Foo Fighters' career, punctuated by unbelievable photos. The master control room is the first, and where we met Nate Mendel and Taylor Hawkins. It's a huge circular room, the free-standing speaker columns stand off of the wood-paneled walls, and above the couch hangs an enormous painting of Dave in a leather chair, wearing a smoking jacket and clutching a snifter of brandy... a piece hung one day without Dave knowing.

The band then took us through the building. There are two recording/rehearsal rooms — one is massive, larger than many apartments, with ceilings as high as a high school gymnasium, and the other (the one that the band actually plays in) is as small as a regular bedroom. They say that they prefer it because it helps them stay tight as a band... and also that they're not hearing each other as well as they used to. This is the room that inspired the video they recently shot for *Rope*, their latest single.

Beyond this space is a massive warehouse, concrete floors and metal racks. Stage banners adorn the walls and racks in here with fan-made paintings and a set of personalized surfboards above the door. They said that the warehouse represents about a third of their equipment — it's cheaper to store equipment on other continents than to constantly transport it — and easily 60 per cent of the gear there is drums.

Back in the control room, I got to preview a few songs from the new record. Dave first put on *Bridge Burning*, the first 30 seconds of which was released as a teaser a few months ago. Then we heard *Arlandria* and *I Should Have Known*, the track that features Krist Novoselic from Nirvana.

"This is where Krist comes in," Dave whispered to me on the couch, halfway through the song.

Afterwards he jumped up and led us to the room with the tape reels, the walk-in closet in which are shelves full of thin boxes, as tall as you can reach. Dave grabbed and opened a box, pulling a spool out and handing it to me.

"Here," he said. "That's the master tape of *Monkey Wrench*." I gave it to Nicole and fumbled to put the cover back around it while he grabbed another and handed it to me.

"This one's *Everlong*," he said, and then I was holding the physical song in my hands. The song that Bob Dylan asked Dave to teach him to play so that he could cover it.

The band had to leave soon after, following a few photos and filming a couple of video spots. We slowly packed up all our gear as well, and I stood outside and thought of the

enormity of the day. Another tour through the Hollywood Hills — past a few celebrities' homes, thanks to an amazing guide — and we made our way back to the hotel.

We managed some shopping at an outdoor mall while the sun set, but passed out back at the hotel from a mixture of exhaustion and overstimulation. The next morning reluctantly came, and we headed back to LAX. The whole way back to Toronto, it still seemed like the trip was some unlikely dream. We filmed so much footage, made so many memories in such a short time, it seems so impossible that it happened.

There will be a highlight video of the trip on the show's website, which you can see at Strombo.com. I know that you likely already know all about his show, *George Stroumboulopoulos Tonight*, in which case some night soon you might see a mention of it. There's a fair chance he might mention it on his Twitter, @strombo soon, too.

My favourite Foo Fighters record has always been *The Colour And The Shape*, but the music that is coming on *Wasting Light*, the band's seventh studio record, is the most dynamic and explosive of their career. The songs are brilliantly written, and it's as if Pat's return to play guitars in the band has restored a passion and aggression in them, and I believe it's their best work yet.

This is the 50th music column I've gotten to write, and I'm glad that I got to share such a cool story with you. And I'm glad I had a cool story to share. Thanks for reading, I'm out of words.

Divider doesn't deliver Junos prove worth watching

JAYMIN PROULX
INTERROBANG



In the last six months, Dinosaur Bones, a Toronto-based indie band, has made two huge announcements. The first, made early last fall, was that the band had signed with Dine Alone Records. The second came in early March: the release of a full-length EP, *My Divider*.

Similar to their earlier EP, *Birthright*, which was recorded with Jon Drew (who has worked with Tokyo Police Club, Fucked Up and Arkells), they continued to use Drew's production.

According to a press release, *My Divider* "(features) a collage of influence, combining the swagger and grit of New York City garage with the earnest emotion of Radiohead and the Smiths." Ironically, the sixth song, *Life in Trees*, is said to have a resonance of *Fake Plastic Trees* by Radiohead.

Ben Fox (vocals, guitar), Branko Scekic (bass), Dave Wickland (keyboard), Lucas Fredette (drums) and Josh Bryne (guitar) let this album glide and flow, showing both intense and broody melodies. There is a lot of repetition in the album, mainly with the lack of faster melodies and a mixture of

DINOSAUR BONES MY DIVIDER



tone of voice. Though their talent is obvious, the album slides into the background and stays there, growling but not really coming up for air.

The third song, *Bombs in the Night*, is their quicker-paced, toe-tapping tune. The fourth song, *N.Y.E.*, is a standout song.

Unfortunately, without a lot of change with each song, *My Divider* sort of stays in the dark, quietly waiting its turn like a distant wall-flower.

It's obvious that Dinosaur Bones emulate the older rock band, The Smiths, but unfortunately, they don't quite distinguish themselves from the many indie rock bands vying for a listener's attention.

They are at The London Music Hall on Saturday, April 2, with Tokyo Police Club and Hollerado.

For more information, visit myspace.com/dinosaurbonesband.

BOBBY FOLEY
INTERROBANG

As the dust settles now on the 2011 Juno Awards, millions of Canadians can all look back together on what was easily the most interesting and entertaining televised awards ceremony so far this year.

The awards were a huge success, by the numbers: hosted by Drake, the awards attracted 2.4 million static viewers, up 48 per cent from last year, and over five million more people tuning in just for parts of the broadcast. In total, 7.6 million viewers tuned in to the awards on March 27, making it the most-watched program on Canadian television that night.

And for good reason: Drake was very charming in his role as host, exhibiting the sort of cool grace and humility that has been sadly lacking in television award broadcasts since Hugh Jackman hosted the 81st Academy Awards in 2009.

From his opening musical number with Chilly Gonzales, serenading Canadian Music Hall of Fame inductee Shania Twain, to his *Old Money* video from the show — in which he gives lessons to senior citizens on how to be gangsta — Drake displayed a natural wit and charm that enticed viewers to keep watching the program.

The night was a great success musically as well, despite a couple of lackluster performances early in the program by Sarah McLachlan and



CREDIT: CTV

Drake proved to be the perfect host for the Juno Awards.

Hedley.

Jim Cuddy of Blue Rodeo acted as music director for *Love Letter to Toronto* — a musical tribute to the stars of the Toronto music scene 40 years ago — and the result was nothing short of stunning: Sarah Harmer performed *Carey* by Joni Mitchell; Cuddy and Sarah Slean performed *If You Could Read My Mind* by Gordon Lightfoot; Dallas Green and Daniel Romano performed *Old Man* by Neil Young; Kevin Hearn performed *The Genetic Method* by The Band, joined by Derek Miller, Greg Keelor, Justin Rutledge, and Serena Ryder for *The Shape I'm In* by The Band.

Acting as the core band for the piece, The Sadies shone as brightly as anyone, and indicate that growing up in Toronto was all the preparation

they needed for the performance.

"I've been listening to these songs around the clock. Well, I didn't have to really," Sadies' Travis Good told ChartAttack at the Awards. "But it was a pleasure to play them all because they're my favourite songs, genuinely and truly. I'm not just saying that. These are the songs I love."

It was a night to remember, a shining example of what television award broadcast should really be — beyond the awards, beyond the glitz and celebrity, these awards were arranged, directed and curated by people who simply love music.

If you missed the Juno Awards broadcast on March 27, you can watch the show online anytime at ctv.ca.

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Dragon film never drags on



Cinema Connoisseur
Allen Gaynor
www.cinemaconn.com

Wyvern (2009)



The term “made for television movie” has some negative connotations. Whenever I used to hear the term, I would envision melodramatic messes about adoption, marital strife and dying football players.

However, that all changed when I heard of the movies being broadcast on American cable station Syfy. Titles such as *Blood Monkey*, *Frankenfish*, *Sharktopus* and *Man-Thing* instantly intrigued me. This week I’ll be taking an in-depth look at one of the films that premiered on Syfy, *Wyvern*, which recently made its way onto home video.

A wyvern is a dragon-like creature that is the furthest thing from the minds of the residents of Beaver Mills, Alaska at the start of the film. They are preparing for the town’s annual Winter Solstice event, which marks the end of a several months-long period of constant sunlight. We are introduced to all of the primary characters, led by Jake Suttner, an ice trucker with a troubled past, who is just in town to kill time until an insurance claim comes through. We also meet Claire, a cafe owner who fancies Jake. There’s is a classic love story, reminiscent of *Casablanca* or *Pretty Woman* – a man and a woman kept apart by the need to fight off killer dragons.

The residents of Beaver Mills are already going batty due to the non-stop sunlight, and are eagerly anticipating the Solstice event as a chance to let loose and have a ball. However, global warming once again ruins all of the fun. A wyvern that was imprisoned in ice for several lifetimes is released,

and causes more damage within his first day of freedom than Lindsay Lohan did after her last jail stay. Jake, Claire, and a town full of colourful characters defend their turf in the most thrilling battle involving a dragon since Randy “Macho Man” Savage took on Ricky “The Dragon” Steamboat at WrestleMania 3.

The one thing I found most refreshing about *Wyvern* is the way the dragon is presented. Dragons are killing machines. Their breath may be hot, but their hearts are cold. Yet every dragon I have seen on film in the last decade has been presented as friendly. From the *Shrek* series, to *Eragon* and to *How to Train Your Dragon*, these films would all have us believe that dragons are cuddly creatures who should overtake dogs to be man’s best friend. Well, if I saw a dragon in my backyard, I would not say, “Aww, isn’t that cute. Come over here so I can pet you.” No, I would scream “Sweet bearded hobo, why is there a mother-effin’ dragon in my backyard? Good God almighty, I’m going back inside before he chars my ass with a fiery exhale!!” So kudos to the team behind *Wyvern* for making dragons badass again.

Wyvern is a no-brainer to recommend. My sole reason for watching films is to be entertained. I am not looking to be challenged, I don’t want to have to think. I just want to enjoy myself. *Wyvern* allowed me to do so, thoroughly. That’s not to say that it is a brainless romp. For one thing I had no idea what a wyvern was before watching this film. Plus, there is an environmental message present as well. The creature is unearthed due to the melting of ice caps. The potential for dragon attacks is going to scare more people about the threat of global warming than an AI Gore PowerPoint presentation masquerading as a movie.

So be sure to check out *Wyvern* – a tremendously fun film that just might save the world.

A patchwork of songs to make you smile

JAYMIN PROULX
INTERROBANG



Once in a blue moon, you come across an album that makes you happy for no particular reason. You turn it on, you hit repeat. And again. And again. Maybe it’s the colourful cover that drew your eye in. Or maybe it’s the surprise of lyrics hidden within a pocket of the case. Or perhaps it’s the quality of music that you liked so much. Music that shoots an arrow to your heart and leaves you only with good metaphors to describe the sound that makes you glow from your earbuds to your smile.

Us and Others is a band that may lead to presuppositions that they have a typical rock sound. But when you listen to the entire album – slightly less than 60 minutes of music – you realize that this is a band that is meant to be discovered. They are hard to find on the web; there were few if any reviews written on *Patchwork*, and their existence is slowly coming towards the air.

Graeme Cornies (guitar, vocals), Ferg Hyde (bass, vocals), Martyn Skrzypczyk (lead guitar), James Taylor (keyboard) and Joel Stouffer (drums) meet together to formulate a calming, easygoing and upbeat album that you can listen to with company, on your own or just keep in the background when you need the comfort of a singing voice when you are home alone. The 13 songs are wide-ranging and diverse.

There are similarities between the song *Too Late* with standard rock bands, like Fuel or Lifehouse.



CREDIT: US AND OTHERS

But with other, more individualistic tunes, some hard-hitting poetry, and variation within the album makes *Patchwork* a worthwhile purchase for your girlfriend or boyfriend. Or just for you, too.

There are quicker, toe-tapping songs, and then there are the slower ballads like *That Door Shut*, or the poignant *Lost At Sea*, with lyrics like:

“Though you seem lost at sea/Cut your anchor/You’ll fare better drifting/Through clouds cover the stars/You might find where you are is/Worth being here.”

Us and Others began in early 2008. The name evolved from early recording sessions, where each song featured an assortment of players playing different instruments. “The nature of the scattered studio sessions, the multitude of players involved, and the subject

matter of the tunes, gave rise to the album title *Patchwork*,” according to the band’s Facebook page. A fitting title, since one thinks of a patchwork quilt being warm and soothing - kind of like this particular album.

What is even more remarkable about this band is that during the January 8 launch of *Patchwork* in Toronto at the El Mocambo, all proceeds from the event went to Serving Charity. Revenue was split evenly between the agency’s work with Toronto’s homeless people and an orphanage that recently opened in Haiti to help those devastated by last year’s earthquake.

For more information about the band, visit myspace.com/usandothers or tinyurl.com/facebookusandothers. For more information about Serving Charity, visit servingcharity.com.

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Out-of-this-world hilarity drives *Paul*



REEL VIEWS
Alison Gaze
a_gaze@fanshawonline.ca

Paul (2011)



First they fought zombies, then they shot their guns up in the air going, "Aaaaah," and now they've met an alien. *Paul* is the newest release from the comedic duo Simon Pegg and Nick Frost, whose first two films, *Shaun of the Dead* and *Hot Fuzz*, left audiences doubled over with laughter.

Paul follows the road trip adventures of British sci-fi nerds Graeme and Clive, from their visit to Comic-Con onto an extra-terrestrial themed tour with stops at the famous Black Mailbox and Area 51. Their journey eventually leads the two to meet Paul, an actual alien escaped from a government facility, however, he is not exactly what they are expecting. Paul is an irreverent, sarcastic stoner who is personally responsible for creating many of the pop culture phenomena of the last 50 years.

Graeme and Clive must help Paul get to a rendezvous point

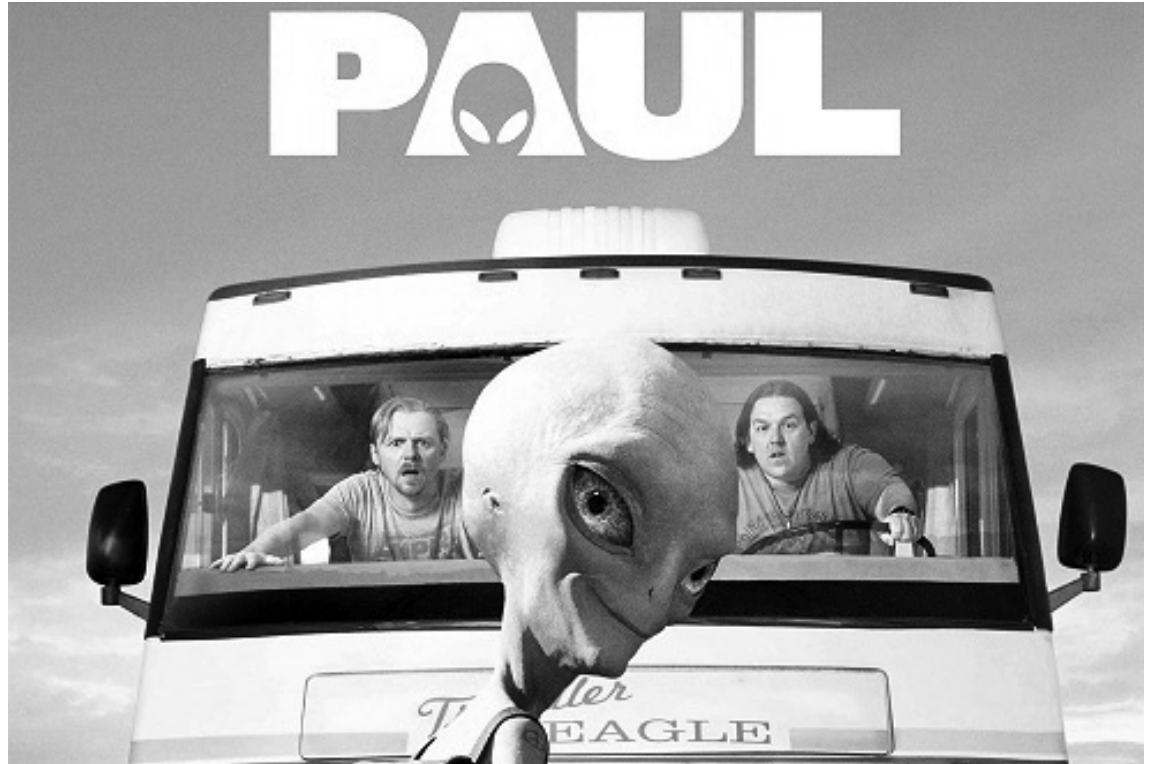
where he is to be picked up by a spacecraft and taken back to his home planet. Joining the trio is Ruth, a Bible-thumper who is quickly enlightened by Paul and who longs for world experience. On their tails are federal agents Zoil, Haggard and O'Reilly, whose boss, "The Big Guy," demands they capture Paul and return him to Area 51 for experimentation and dissection.

Paul could scarcely have been cast better. Simon Pegg and Nick Frost star as Graeme and Clive, and both pull off brilliant comedic timing and talent. Pegg is outgoing and full of energy, while Frost's more laid back and introspective humour compliments Pegg nicely.

Kristin Wiig plays the converted Ruth, and is hilarious both as an uber-religious type as well as a wild, free-spirited woman willing to try anything. Wiig's comedy proves pitch-perfect while delivering some of the film's best lines.

Jason Bateman, Bill Hader and Joe Lo Truglio play the feds Zoil, Haggard and O'Reilly respectively, and Sigourney Weaver makes a hugely funny guest appearance as "The Big Guy."

The real star of *Paul*, though, is Seth Rogen, voicing the title character. You simply can't say enough for Rogen's genius performance,



CREDIT: UNIVERSAL PICTURES

made even more impressive by his lack of physical acting, as Paul is the product of CGI. It's as if all of Rogen's highlights were taken from previous stoner flicks and slightly more serious fare and compiled into an entire flick of Rogen comedic brilliance.

Smart humour is what gives

Paul much of its appeal, as many of the jokes are more in the vein of sarcastic social commentary than simple pot-induced giggles. More than just funny, *Paul* appeals to nerds and geeks everywhere, with enough science fiction, comic book, film, television and pop culture riffs and references to keep

just about every nerd entertained.

Though *Paul* lacks a complicated mythology, this film is sure to entertain. And if you just want to see Sigourney Weaver attack aliens one more time, definitely check this one out!

Penn and Watts shine in *Fair Game*

JOHN BUNDY
INTERROBANG

Fair Game (2010)



I am not what one would call politically savvy. Sure, I could watch the news and find out what is going on around me, but I generally prefer to keep my viewing light and fluffy. So I did not think I would be too much of a fan of the film *Fair Game*, recently released on home video, which details the beginnings of the latest war on Iraq. Within a few minutes however, the film had me hooked, in no small part due to the skills of its two leads, Naomi Watts and Sean Penn.

Naomi Watts (*The Ring*, *King Kong*) starts as real ex-CIA agent Valerie Plame, who is heading a big investigation into whether or not Iraq is in possession of nuclear weapons. The CIA has also enlisted the help of Plame's husband Joe Wilson (Sean Penn), a retired ambassador, to determine if Saddam Hussein purchased uranium from Niger to aid in the development of nuclear weapons.

Joe returns back from Niger and informs the CIA that he does not believe any weapons passed from Niger to Iraq. Joe is thanked for his time, and his findings are considered along with many others, most of which indicate that Saddam is not in possession of nuclear capabilities.

But of course the story did not end there, and the war on Iraq did take place. Joe is outraged at this chain of events, and pens an article lashing out at the Bush administration. Soon Valerie's identity is leaked to the media, which is quite



CREDIT: SUMMIT ENTERTAINMENT
Naomi Watts stars in *Fair Game*.

a dangerous situation for someone who is involved in some very volatile situations.

From there, the Wilsons' lives are turned upside down. Valerie begins to receive death threats and is refused protection by the government. She prefers to stay low-key during this whole fiasco. Meanwhile her husband Joe takes the opposite approach, fighting a war with the White House through the media, accusing them of putting his wife's name out there. All of this understandably leads to marital troubles.

Both Watts and Penn are terrific, as one would expect. While he may get a lot of headlines based on his political activism, and whomever he is romantically linked to at the time, Penn deserves to gain the most notoriety for his on screen work. He has two Best Actor Oscar statues already in the bag, and was worthy of at least a nomination for his work in this film. Penn is excellent, but this is really Watts' film, and she delivers one of her finest performances.

Fair Game is a very good film that will keep you riveted regardless of your knowledge of the dirty dealings that oftentimes happen in Washington.

Fair Game was released on DVD and Blu-ray on March 26.

Silverman settles for bronze at best

KIRBY GAETTI
INTERROBANG

Who's The Caboose? (1997)



Sarah Silverman, one of the funniest female stand-up comedians of all-time, takes centre stage in *Who's The Caboose?*, a film that finally finds its way to home video after nearly a decade and a half. Was it worth the wait?

Who's The Caboose? takes a look at pilot season in Los Angeles, a months long period each year that sees young actors and actresses trying to land coveted roles in series which may or may not end up making it on the air.

The story begins as a group of filmmakers are working on a documentary in New York about a disease affecting the homeless. However, after meeting comedienne and aspiring sitcom actress Susan, they decide to abandon that depressing project and follow her on her journey to stardom.

Susan first must break it to her boyfriend Max that she is heading out of town. Much to her chagrin, Max decides to follow her there and completely by accident ends up becoming a bit of a hot property, while Susan's sitcom hopes are floundering. Her struggles and his success (and eventually her success and his struggles) put a strain on what was not much of a relationship to begin with.

But this is not a relationship film. This is a film lampooning those who are trying to become stars, and also those who are trying to discover the next breakout stars. Basically no one comes across very well in this film. These actresses, agents and producers are the most unlikable group ever

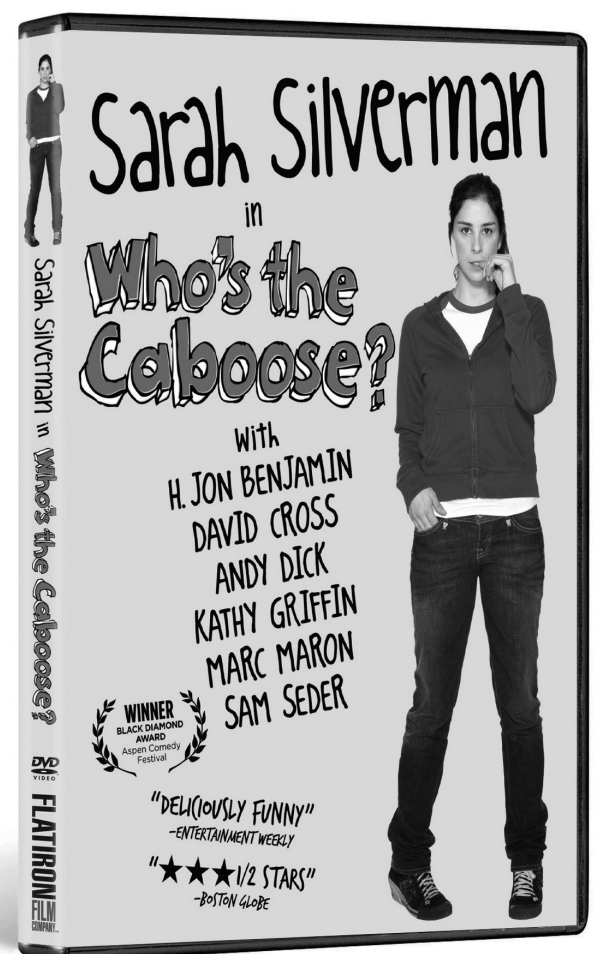
thrown together on film.

Some very talented performers are portraying those unlikable people, however. Aside from the very funny Silverman, the film also features appearances from David Cross (*Mr. Show*, *Arrested Development*), Kathy Griffin (*Kathy Griffin: My Life on the D-List*), Andy Kindler (*Everybody Loves Raymond*, *Last Comic Standing*) and the one, the only Andy Dick (*NewsRadio*). Dick, perhaps the only person ever to be asked to leave a pornographic film awards show, is the real gem in this film as Susan's agent. The rest

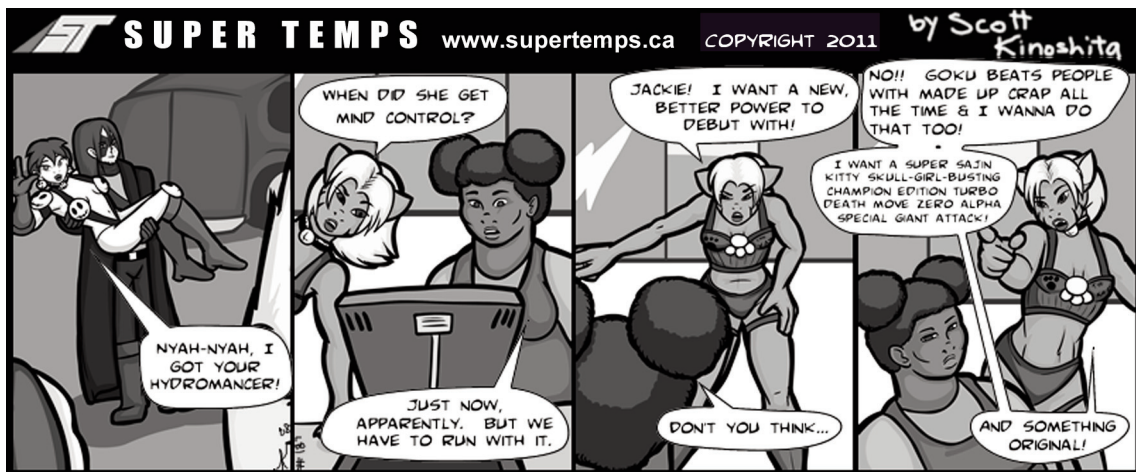
of the talented cast is unfortunately not used to their potential.

Who's The Caboose? has a great premise, and a very funny cast, however, it left me disappointed. The big laughs I was expecting were few and far between. Apparently a lot of the dialogue was ad-libbed, and from such talented, funny individuals, I would expect better results.

If you are a fan of any of the performers mentioned above, you might get a kick out of seeing them in the earlier stages of their career in this film. Just don't go into it expecting their finest work.



CREDIT: KIRBY GAETTI



Graphical Deviants

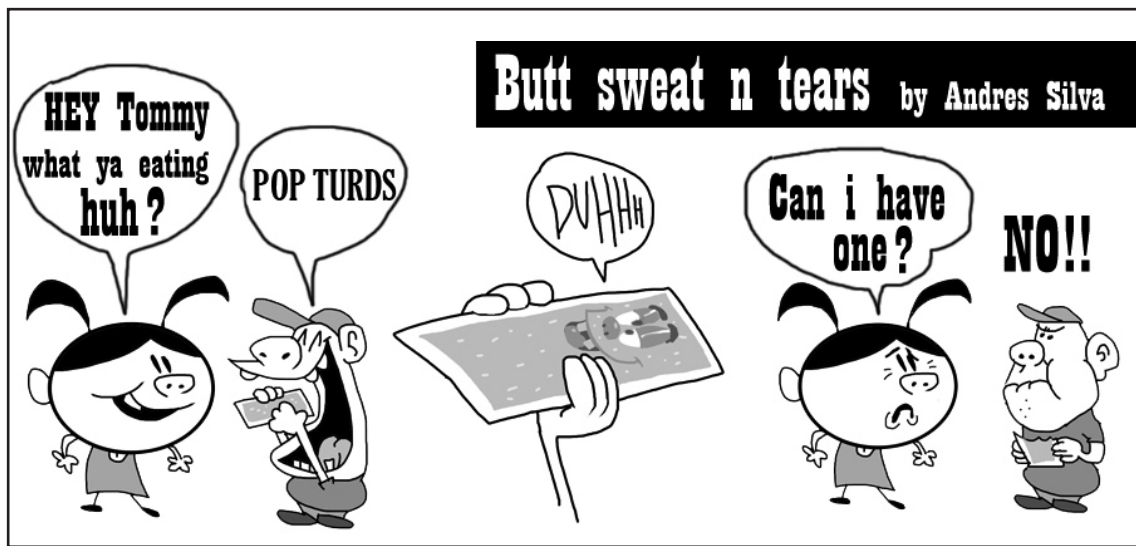
By: Chris Miszczak © 2011

SOMETIMES, THE STRESS WILL JUST GET TO YOU.



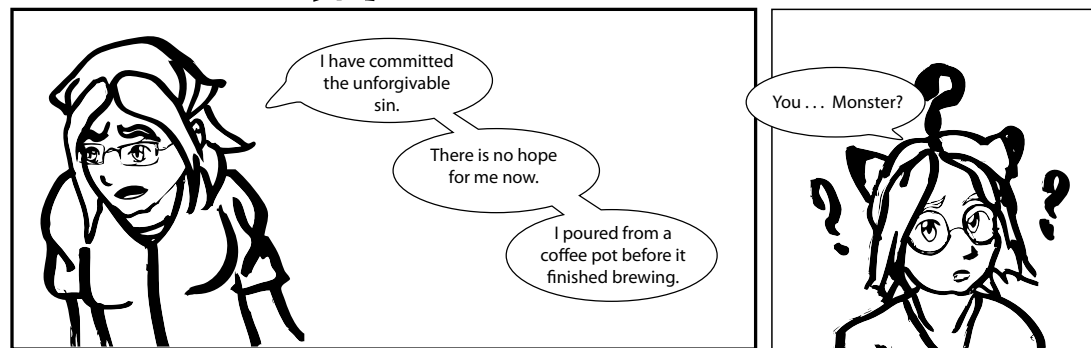
http://www.drunkduck.com/Graphical_Deviants/

BUS STOP



NOT NEUROTYPICAL

Too many years working in a coffee shop



Sudoku Puzzle

5		2		4		1		8
				1	6	3	2	7
				7	5			
6	5	1						3
2		7	4		5	8		6
	3					7	9	5
		9	1					
1	4	5	8	6				
8		3		7		2		1

puzzle rating: easy

Fill in the grid so that every row, every column and every 3x3 grid contains the digits 1 through 9. That means no number is repeated in any column, row or box. Solution can be found on page 18.

zodiac stargazer HOROSCOPE

Aries (March 21 - April 19)

The start to your week isn't the best but it gets better. You're not yet in control, although you're starting to feel empowered. Attend to malfunction and damage before beginning the next thing.

Taurus (April 20 - May 20)

Be quick so that the next person will have a turn. You're evenhanded, reasonable and perceptive. If you hope to find an investment or airfare bargain, make sure that the deadline hasn't come and gone.

Gemini (May 21 - June 20)

Disappointment gives way to affirmation. You weren't as wrong as you first thought. Inscrutable opponents or allies reveal their hand. Late in the week, you'll feel a new spring in your step.

Cancer (June 21 - July 22)

Listen to the dreams of your friends if you want to know the future. Set aside a cherished hobby in favour of actions with more important consequences. Distant changes can work for you in the here and now.

Leo (July 23 - August 22)

New variation rekindles interest in a familiar theme. Make an example by breaking a rule. This isn't completely about you, but you're certainly entitled to your share of the spotlight.

Virgo (August 23 - Sept. 22)

Do what you must to arrive at where you need to be. If you can't help someone early enough in the week, they will turn elsewhere. Guilt isn't part of this scene. You've been kind enough already.

Libra (Sept. 23 - Oct. 22)

Economy is both your method and your goal. Thinking small helps to relieve your mind of problems that are harder to solve. By the time you come out the other end, the big picture may be very different.

Scorpio (Oct. 23 - Nov. 21)

It feels as if your 15 minutes of fame have come and gone. Maybe you'll prove an exception to the rule, but for now you should be tying up loose ends. Document your success to verify that it actually happened.

Sagittarius (Nov. 22 - Dec. 21)

Now that you've made your point, pack up and move on. A lesson is most effective when it's not reduced by annoying repetition. Remember who is impressed and admiring -- these people could one day be useful.

Capricorn (Dec. 22 - Jan. 19)

Untested theory morphs into workable reality. Your station is coming up, and you'd like to hop off the train for a while. The legacy you leave behind is sure to keep associates talking in your absence.

Aquarius (Jan. 20 - Feb. 18)

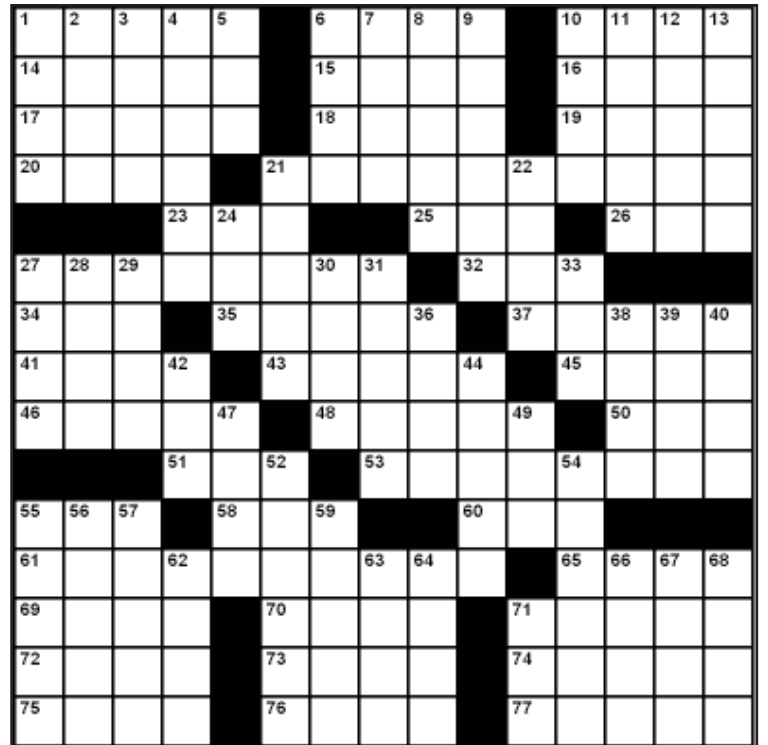
As the days pass, the pressure eases. Maybe you're making headway, or maybe you've decided to give up. Either way, the change is clearly for the better. At last you find a plausible explanation.

Pisces (Feb. 18 - March 20)

When it's open season at the public trough, not everyone will be polite. Know the difference between your need and your greed. The moon reveals extremes of human behaviour.

Across

- Dry white wine
 - Catches some Z's
 - Killer whale
 - Church recesses
 - Feminine name
 - Homophone of 30 Down
 - Homophone of 71 Across
 - Spool
 - Tropical aroid plant
 - Louvre
 - Folds of the larynx (2 words)
 - French friend
 - Musical tone of G
 - Compass direction
 - Greek legendary lover of Meleager
 - Pale
 - Lower limb
 - Feminine name
 - Small drum
 - Homophone of 45 Across
 - Capital of South Korea
 - Homophone of 41 Across
 - Small one-masted sailboat
 - Grant an extension
 - High card
 - Vessel
 - Walked in a leisurely way
 - Vapor
 - Garland of flowers
 - Homophone of 49 Down
 - Finally
 - Sudden strong rush of wind
 - Homophone of 40 Down
 - Japanese lead-glazed earthenware
 - Homophone of 17 Across
 - Impel with force
 - Horsefly
 - On the ocean (2 wds.)
 - Eye infection
 - Dr. Jekyll and Mr. ___
 - Breaches of duty
- ## Down
- Does a carpenter's job
 - Opaque gem
 - Continent
 - Chaste
 - Toronto's time zone
 - Roman emperor
 - Masculine name
 - Appeals earnestly
 - Willow tree
 - Sgt Snorkel's (Beetle Bailey) four-legged friend
 - Brings up children
 - Poker player's need
 - Got up
 - Ivies, for instance
 - Informal conversation
 - Bad (comb. form)
 - Swiss mountains
 - Bluish green
 - The excess value of one currency over another
 - Homophone of 16 Across
 - Healing plants
 - Catch some Z's
 - Father's sister
 - Phoenician god
 - Fairy tale opener
 - Homophone of 69 Across
 - Month (abbr.)
 - Masculine name
 - Type of tropical tree
 - Homophone of 60 Across
 - Look for
 - In a smooth flowing manner (musically)
 - Hindu spiritual leaders
 - Vigilant
 - Theatrical
 - Switzerland's neighbour
 - ___ fixe: obsession
 - Contrived to make a livelihood (with 'out')
 - Light sled
 - Former world superpower
 - Editor's mark
 - British drinks
 - Buddhist monastery in Thailand



4. Chaste
5. Toronto's time zone
6. Roman emperor
7. Masculine name
8. Appeals earnestly
9. Willow tree
10. Sgt Snorkel's (Beetle Bailey) four-legged friend
11. Brings up children
12. Poker player's need
13. Got up
21. Ivies, for instance
22. Informal conversation
24. Bad (comb. form)
27. Swiss mountains
28. Bluish green
29. The excess value of one currency over another
30. Homophone of 16 Across
31. Healing plants
33. Catch some Z's
36. Father's sister
38. Phoenician god
39. Fairy tale opener
40. Homophone of 69 Across
42. Month (abbr.)
44. Masculine name
47. Type of tropical tree
49. Homophone of 60 Across
52. Look for
54. In a smooth flowing manner (musically)
55. Hindu spiritual leaders
56. Vigilant
57. Theatrical
59. Switzerland's neighbour
62. ___ fixe: obsession
63. Contrived to make a livelihood (with 'out')
64. Light sled
66. Former world superpower
67. Editor's mark
68. British drinks
71. Buddhist monastery in Thailand

Solution on page 18

QUIRKY FACTS

- Back in 1919, the Russian transplant pioneer Serge Voronoff made headlines by grafting monkey testicles onto human males.
- The largest diamond that was ever found was 3106 carats.
- A Chinese Scientist discovered that the Earth is round during the Han Dynasty by measuring the sun and moon's path in the sky. He recorded this fact down in the imperial records but went unnoticed until it was unearthed recently but Chinese archaeologists.

- A cesium atom in an atomic clock beats over nine billion times a second.
- A cubic yard of air weighs about two pounds at sea level.
- A galactic year is 250 million Earth-years. This is the time it takes for our solar system to make one revolution around the Milky Way Galaxy.
- A meteor has only destroyed one satellite, which was the European Space Agency's Olympus in 1993.
- African Baobab tree's circumference can reach 180 feet. If the trunk is hollow, 20 people would be able to fit inside of it.
- At lift off, US space shuttles weight about 4.5 million pounds.
- Australia has had stamps that

- actually look like gems. In 1995 and 1996 they used a special technology to make the stamps look like diamonds and opals.
- Automobile building is the largest manufacturing industry in the world.
 - Bamboo plants can grow up to 36 inches in a day.
 - Before air conditioning was invented, white cotton slipcovers were put on furniture to keep the air cool.
 - By weight, the sun is 70 per cent hydrogen, 28 per cent helium, 1.5 per cent carbon, nitrogen, and oxygen, and 0.5 per cent all other elements.
 - Central air conditioners use 98 per cent more energy than ceiling fans.
 - Construction workers hard hats were first invented and used in the building of the Hoover Dam in 1933.
 - Copper is the second most used metal in the world.
 - Cubic Zirconia is 55 per cent heavier than real diamonds.
 - Diamonds were first discovered in the riverbeds of the Golconda region of India over 4,000 years ago.
 - Enough paper is recycled in the USA every day, that a 15 mile long train of boxcars could be filled up with paper.
 - Every 25 miles a car produces one pound of pollution.
 - Every second, 630 steel cans are recycled.
 - If all the gold sitting in the oceans and seas were mined, every person on this planet would get about 20 kilograms of gold each.
 - In 1903 Mary Anderson invented the windshield wipers.
 - In Australia, a dust-devil is called a "willy-willy."

Fill in the missing letters in the Jumble below

J _ _ U R N E _ _ _ A N
D I _ _ N E _ _ F _ _ R R
G O _ _ A N _ _ V I _ _ J I C
U _ _ L Y _ _ B _ _ T _ _

Now rearrange the letters you filled in to spell the name of

A drama series:

_____ , _____

Jumble answers on page 18

Word Search

N N E P Z F B V H N O S A J H
D A N C E A A N K U I Z C C A
L B M V E S N L R E X G R A R
Z E T U S I L X I V S I M Z R
H W N I C A H K S E S G N X I
X N R Z A L N A T T U Z I V E
V A F J G L C V I S E G D U J
M A D A S I J A W C V J Z M A
A B C I N C N L B M L E A K H
B M B O V S E D Z V G R E N T
R E M A R I O Z I L L S C T N
U L G N U R W A G E M L W V A
N Z V I X P I M E F O B E H M
O X M H K S C Z J E T U R F A
M N O N N A H S V I N A D C S

Danced with the stars

- (Words in parentheses not in puzzle)
- | | | |
|-------------------------|-------------------|-------------------------|
| Tom (Bergeron) | Samantha (Harris) | Priscilla (Presley) |
| Adam (Carolla) | Penn (Jillette) | Monica (Seles) |
| Cristian (De La Fuente) | Judges | Jason (Taylor) |
| Shannon (Elizabeth) | Mario | Marissa (Jaret Winokur) |
| Steve (Guttenberg) | Marlee (Matlin) | Kristi (Yamaguchi) |



KIOSK QUIZ ANSWER

FROM MAR. 28

The Student Success Centre, F2010, can advertise your subplot.

PRIZES SPONSORED BY CHARTWELLS.

BEST IN LATE NIGHT COMIC RELIEF

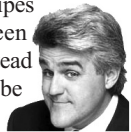
THE TONIGHT SHOW with Jay Leno

According to a new report, 65 million Americans have a criminal record. So in the event of a continued lockout, NFL owners will have plenty of replacement players.

We're down to the final four now. Only four Middle East countries we haven't attacked.

Whole Foods, the organic grocery chain, is putting bars in some stores that will serve beer and wine. Their goal is to get you so drunk that you don't notice the prices.

General Electric announced it made a profit of \$14 billion last year and paid zero in U.S. taxes. How does this make Wesley Snipes feel? Had he just been making light bulbs instead of movies he wouldn't be in prison now.



THE LATE SHOW with David Letterman

About Libya, President Obama says we're staying for a short time and then leaving. That's what my relatives always say.

Obama was in South America and when he came back to the White House, he was locked out of the Oval Office. That's like the eight years of the Bush administration.

A 6-foot-long Egyptian cobra escaped from the Bronx Zoo. New Yorkers shouldn't go anywhere without a live mongoose.

Lindsay Lohan is dropping her last name. Houdini also went by one name, and he also made things disappear.

Moammar Gadhafi has been described as a maniacal despot clinging to power. Wait a minute, that's me.



LATE NIGHT with Jimmy Fallon

There are reports coming out that Moammar Gadhafi got hair plugs and face injections 16 years ago. So that's why he looks so good.

Apparently, companies have been accepting job applications on Twitter. If you can fit your resume into 140 characters, you didn't get the job.

The Bronx Zoo had to close its reptile house after a poisonous snake went missing. Apparently, the snake had been digging a tunnel for years and hiding it behind a poster of a sexy eel.

A reporter in Florida said he was forced into a closet by Joe Biden's staff to keep him from talking to guests at a fundraiser. He said it wouldn't have been so bad if Biden wasn't already in there for the same reason.



CONAN with Conan O'Brien

It's been reported that a doctor removed fat from Moammar Gadhafi's belly and injected it into his face. The doctor called it "Operation Not Helping."

Donald Trump called George W. Bush "the worst president in the history of the United States." Then he added, "Until, of course, I'm elected."

A new study shows that women start to feel old at 29, but men don't feel old until they're 58. This explains at least two of Larry King's marriages.

A man in Florida donated over 100 gallons of blood over the last 50 years. He's known as "Light-Headed Joe."



JIMMY KIMMEL LIVE with Jimmy Kimmel

President Obama escalated the war in Afghanistan, he sent the Navy in to shoot at pirates in the Indian Ocean, and now he's attacking Libya. It's like he took the Nobel Peace Prize as an insult.

I love *Dancing With the Stars*. It combines my love of ballroom dancing with my love for Ralph Macchio like no other show can.

Happy birthday to Lady Gaga. Twenty-five years ago, baby Gaga came out of an egg wearing nothing but a onesie made of chicken cutlets.

Britney Spears' fans need a good nickname, just like Justin Bieber's fans are called "beliebers." I think they should be called "spear-leaders."



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WANTED

COUPLE NEEDS YOU: Couple seeking young woman to donate some of her eggs in order that we can have a family. If you can help, please contact pat@soft-infertility.com

WE NEED YOU! Couple seeks egg donor. You are active, vibrant, caring; generous and willing to help another in any way. Giving the miracle of life would be the utmost gift known. Please respond in strictest confidence to: pat@soft-infertility.com.

Are you looking to GROW? National Energy Corp. is one of the fastest growing companies on the Toronto Stock Exchange. Now hiring energetic, career-minded students for London, Kitchener and Toronto divisions! F/T summer positions with career and management potential. Full Training Provided. Call 519 850 9476 or 1-866-843-9947 to book an interview!

WANTED - COMPUTER TRAINING: I am a senior looking for a student to provide training on how to use my Note Book. I live East of Clarke Rd. on Hamilton Rd., and will pay \$15.00 / hr. for 2 hrs/day either once, twice or 3 times a week, any time that suits. Training can take place at my home or yours. Call Bill R-519-453-4177 or C-519-661-9869 or email at billissue@execulink.com.

ANNOUNCEMENTS

UNBOUND FASHION SHOW 2011: Mark your calendars fashion lovers! Once again, students in their final year of the Fashion Design Program are ready to sign-off in style at their annual UNBOUND fashion show. These dedicated students will debut their final collections at this high profile event which features a meet and greet with industry professionals and a dazzling runway show. Students participating in the show will be evaluated by a jury of leaders in the Canadian fashion industry, including the acclaimed fashion designer David Dixon. Be a part of the show that is guaranteed to wow and impress over 300 guests. Saturday, April 9, 2011 at Museum London Doors open at 7 pm; show commences at 8 pm. Tickets are \$45 and can be purchased through

the Grand Theatre Box Office by telephone (519-672-8800), online (www.grandtheatre.com) or in person at the box office. For more information visit www.fanshawec.ca/unbound.

FINANCIAL READINESS SESSIONS Need assistance applying for OSAP, completing a bursary application, planning and budgeting or just have some general questions about Financial Aid? Drop in to one of our weekly "FINANCIAL READINESS" session held every Tuesday at 9 - 11 a.m. in A2036 until April 12. Bring your social insurance number and financial documents to begin your OSAP application online. Financial Readiness sessions are available on a drop-in basis. Students can join us for the entire session or however long is required for their questions and inquiries. OSAP applications for the 2011/12 school year are available!

LIVE A GREENER LIFE! Series of renewable energy and conservation workshops, FREE, various locations

around London, Wednesday evenings: February-May, 7 p.m. to 9 p.m. Hosted by TREA in partnership with Post-Carbon London and the City of London's Mayor's Sustainability Energy Council. For more detail call 519-645-2845 or visit www.trea.ca.

HAVE DINNER AT SAFFRON'S AND SUPPORT "FIGHT LIKE A GIRL" - Fight Like a Girl is comprised of women from London, Stratford and Toronto. We come together as sisters, daughters, cousins and girlfriends to Fight Like a Girl and knock out cancer! Join us for a three course gourmet meal at Saffron's of Fanshawe College on April 15. Bring your husband, plan a girl's night out, grab your parents, sisters, brothers and don't miss out on this yummy experience! Cocktails at 6 p.m., Dinner at 7 p.m. Cash Bar. Tickets are \$40 and include taxes and gratuities. Email Colleen at cgmurree@sympatico.ca to buy your ticket. Tickets are limited!!

THE FASHION CLUB AT FANSHAWE presents: a makeup workshop for all interested Fanshawe students! Heather Sydorko, a London makeup artist employed by a world renowned cosmetics company will be highlighting key spring makeup looks and dishing out top picks and tricks. This is an event you will not want to miss! The makeup workshop will be on Thursday, April 7, 2 p.m. to 4 p.m. in SC2012. For more info contact, Jill, at jillberetta@gmail.com.

S	O	A	V	E	N	A	P	S	O	R	C	A	
A	P	S	E	S	E	L	L	A	T	E	A	R	
W	A	I	S	T	R	E	E	L	T	A	R	O	
S	L	A	T	V	O	C	A	L	C	O	R	D	S
		A	M	I	S	O	H	S	S	E			
A	T	A	L	A	N	T	A	W	A	N			
L	E	G	L	E	I	L	A	T	A	B	O	R	
P	A	I	N	S	E	O	U	L	P	A	N	E	
S	L	O	O	P	R	E	N	E	W	A	C	E	
		V	A	S	S	T	R	O	L	L	E	D	
G	A	S	L	E	I	O	N	E					
U	L	T	I	M	A	T	E	L	Y	G	U	S	T
R	E	A	D	R	A	K	U	W	A	S	T	E	
U	R	G	E	C	L	E	G	A	T	S	E	A	
S	T	Y	E	H	Y	D	E	T	O	R	T	S	

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Jumble Answers: Journeyman, Diane Farr, Goran Visnjic, Ugly Betty
Answer: Grey's Anatomy

5	2	4	1	8		
		1	6	3	2	7
			7	5		
6	5	1				3
2	7	4	5	8	6	
3				7	9	5
		9	1			
1	4	5	8	6		
8	3	7	2	1		



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Take charge of your future with Summer Company, an Ontario government program for full time students aged 15 to 29. It provides hands-on business training and mentoring and awards of up to \$3000 to help start your summer business.

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CREDIT: SCIENCE PHOTO LIBRARY

Vinegar may help reduce the ugliness of a bruise.

Fashion and cosmetic DIY



CHRISTINA KUBIW
KALASHNIK
FASHION WRITER

I have realized that this newspaper gig has encouraged me to reveal all of my dirty little secrets – apologies if I seem mildly bizarre. You've learned that I hate Valentines Day, that I approve of bondage, I love Barbies, I appreciate solid efficiency and that you are forbidden from wearing pajamas to school.

One thing you have yet to learn about me is something about my alter ego. The body that houses the little fashion bitch within me is strictly dressed in unexciting colours. I suppose then that I'm an oxymoron, a fashion student who wears black, white, grey and all the washed-out hues of boring. My excuse: they're classics?

An excuse – there are no excuses in fashion. If we all had an excuse, we would be irresponsible has-beens.

It's a silly thing, because if you look in my closet, or better yet look at my clothing rack in my residence room, it's filled with a daring array of patterns, prints and shades. Peculiar? Yes. Sad? Even more. I suppose I feel an obligation to the clothes, a need to showcase them to the best of my abilities, but I don't wear them.

Lately, I've had an urge to let my inner spring/summer hippie emerge. I wore purple, and today I even wore a bright headband covered in strong colours and a bold print. It got noticed. Similar to my other articles, once you truck on through the excessive intro, you get to the core of the article.

The ultimate point of this article has to do with the ever-growing theme of DIY. Today a friend of mine wore a headband. She wore it lower on her forehead, not as high as those '50s damsels. It was almost hippie-like, but made me think more turban chic. She inspired me. So when I went home I immediately had a feeling that I needed to wear a headband. Let me just say that usually headbands look unfortunate on me – my hair is too flat. I went home discouraged, wanting to wear a cute headband like my friend's, but not having one.

Where would I find one, at 10 p.m.?

Well, being the fashion student I am, I went straight to the fabric located in my room and found something daring, something that would pop. Without finishing an edge or fastening on a real closure, I tied it on my head and away I went. I'm surprisingly pleased with the outcome of the look – so

pleased that tomorrow I intend on wearing colour. Not only has this little experience taught me how great it is to try new things, it's also taught me what great things DIY and home remedies are.

Here are a few to try this week when you're feeling a little creative.

Homemade Facemask: Mixing egg whites, a squirt of lemon juice and a dollop of melted honey together makes a great face mask. The egg whites will tighten your pores, the honey will purify and the lemon juice will detoxify. This is a great cleanser for acne-prone skin. Personally, I think that the key ingredient in this mixture is the honey. Honey contains purifying agents, which are humectant, meaning they trap in moisture. This is great for people with oily skin, because it is natural moisture without the oil.

Button Earring Organizers: Do you ever feel as though you have hundreds of earrings and no holders? Using a button is a great way to keep earrings tidy and avoid losing pairs. Droopy earrings won't work on buttons due to their bulky nature, but for all those little studs hiding in your jewelry case, consider using buttons as a simple organizational solution.

Bruise Remedy: I recently donated blood and I was left with a brutal battle wound – the world's biggest bruise resided on my arm. For a week and a half I walked around with an ugly splotch on my arm, not realizing that the remedy could be found under my kitchen sink. Using vinegar on skin takes away the blue from a bruise, because it is a bleach. So next time a nurse massacres your arm or you fall drunkenly down the stairs the day before a wedding, just think vinegar.

Burn Relief: I have heard of yogurt doing great things for our insides, regulating digestive tracks and ridding our bodies of excess anything. But did you know that yogurt could be used on burns? The yogurt penetrates skin, reducing redness and accelerating healing. Next time you're straightening hair and accidentally straighten your skin instead, go straight for the fridge!

Flaky Skin Solution: Whether you have dry, itchy winter skin or discomfort from summer mosquito bites, mixing cooking oats into your bath will provide instant relief. One of the oldest home remedies that our parents' parents used to use, fit for anyone from the age of eight months to 80 years, oats will soothe your skin, and if you gently direct them in a circular motion on your skin surface, they will even exfoliate. Hooray!

So go ahead, DO IT YOURSELF.

Don't hate the player, hate the game



Love, Lust & Lies
Patricia Cifani
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Many of us struggle with the idea of dating as a game, but, as I have pointed out in many of my previous articles, there are rules and some basic guidelines to dating. As we all know, every good game has rules. Despite what some may not want to admit, dating is in fact a game and we all play it, some of us better than others.

One of the infamous dating game guidelines is the "three-day rule," where a guy doesn't message a girl until three days after meeting her, so he doesn't appear desperate. Some girls follow rules such as "don't sleep with a guy until at least the third date," because you want him to see that you have more to offer than just sex. These are only a couple of examples of the ridiculous rules we seem to not only follow, but to justify. Unfortunately, like any good game, rules are often broken, resulting in penalties or red cards.

There are some people that take the dating game to a whole new level – think Tiger Woods' game (both on and off the course). These people are masters of the sport and ready to win. They don't just play the game to find someone they care about, they play the game because they just want to have fun and don't really care who gets hurt. They play to win. We refer to these people as players. Many people might assume that I am referring only to males, but females can play the game just as well as a male can – maybe even better.

There are two main qualities players possess. The first is that they make you feel like you matter and they are only interested in you.



CREDIT: LELAND BOBBE

Who's playing who?

When you're with them, they focus on nothing else. They make you feel comfortable. The trick is, without labels associated with your relationship, anyone else is fair game. Don't ever assume that you are the only one they are seeing, because until there are labels attached to your relationship, they don't owe you anything. (Remember when Beyonce sang, "If you liked it then you shoulda put a ring on it"? Same rules apply here – no label, no guarantees.) Even though they make you feel like you're the only one, chances are the girl or guy they were with last night felt the same way too. And so did her/his friend the night before. You get the point.

The second common quality of a player is their lack of emotions. The reason they are able to play multiple people at once is because they only see one person in this game and that's themselves. The rest of us are just pawns that get destroyed. That's why we always

associate players with being jerks; if they cared about other people, they wouldn't hurt them. Spotting a player is tricky. On one hand, someone who is too nice may seem sketchy, but on the other hand, the ones who are emotionally unattached are also people to be wary of. Look at it this way: if dating is a game, consider the other person your opponent. If things work out and they have pure intentions, then these rules need not apply. But always remember, until you are sure what the other team has up their sleeve, play your best game possible.

Now that you know what a player is, you can try to avoid them and the possibility of getting hurt by them. Make sure to play a little defense. They say don't hate the player, hate the game, but I choose to just hate both. I may play the game just like everyone else, but that doesn't mean I enjoy being played.

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Food for thought

Ooodles of noodles hidden Artisan's Alley gem

MARK FACCHIN & JESSICA WILKIE
INTERROBANG

Here in London, Ontario, there comes a time every now and then when we stumble (not on the Internet) upon a hidden gem within the alleyways of the city. In the decades that have passed since the time of our parents and their parents, the downtown and even the entire city has undergone facelift after facelift. One place, however, has stood the test of time and remains active to this day; serving customers in the same friendly manner that greeted patrons 30 years ago. I speak, of course, about Spageddy Eddy's.

With the end of the year upon us, and exam stress in full swing, it's nice to take a moment to appreciate one of the finer things this city has to offer. If you happen to be from out of town, this is an excellent way to take in part of London's history while enjoying a wonderful meal. Nestled in what is known as Artisan's Alley, Spageddy Eddy's is located right in the heart of downtown, yet I'm sure many of you have never heard of it or even seen it.

If you take a stroll down Richmond Street heading north just past Dundas (on the east side of the street), you'll notice Bob

Burke Jewellery. Right beside this store stand large iron gates with the words "Artisan's Alley" written above. This gate stands as a sentry, almost guarding the walkway that leads into an area most avoid: the back alleyways.

Be brave, take those first few steps and walk onward! If you keep your head up, you'll notice a door near the back of the alley propped ajar with a large "Open" sign fixed to it. Pass the graffiti on the walls and head to it. Open the door and you'll be greeted with a dimly lit stairway leading down, let your eyes adjust and descend.

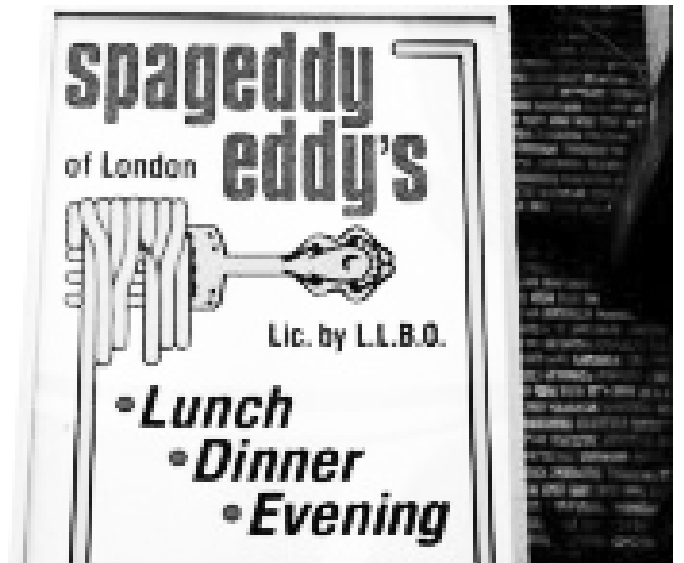
The first thing you'll notice is the strong aroma of freshly made savoury sauces and pasta wafting up. If you feel yourself begin to drool, just go with it – this is a natural and expected reaction. Once at the bottom of the small flight of stairs, you'll be greeted by a friendly, helpful waitress/hostess who will lead you to a seat. At this point, take a look around and appreciate the many, many things to look at. The restaurant is literally littered (in the nicest possible way) with bits of memorabilia of the past. Items from London's history and just things from "back in the day" make it a really cozy experience. It doesn't leave anyone

with a lack of conversation topics and keeps things interesting.

So you're settled at your table and it's time to scan over the menu and see what this place has to offer! I always smile when I go as the menus are laminated within a vintage record sleeve and it's always a treat to see which "record" you'll be handed. As for the menu, they offer lunch and dinner prices depending on when you choose to visit; the dinner prices are more expensive, but you do get a bigger portion.

Jess and I went for dinner, and she got the chicken Parmesan and I got the seafood fettuccini. The portions are to die for and you'll see for yourself when you're handed a large, large bowl filled with delicious pasta and in-house made sauce. Complimentary bread comes with the meal and is placed in a basket that lowers from above on a pulley system.

As for drinks, Eddy's is licensed so you can get a variety of alcoholic beverages as well as a selection of soda. Soda is served in a mason jar with a straw. To top off the meal, with the bill you get a piece of Dubble Bubble chewing gum, which is a surprise and a treat compared to the standard mint at most places.



CREDIT: SPAGEDDY EDDY'S APPRECIATION

London's Spageddy Eddy's is a hidden gem everyone should try.

Spageddy Eddy's is an amazing experience that everyone in London has to try at least once. The atmosphere is truly unique and never leaves you disappointed. The prices aren't the cheapest, but it's well worth it for the quality of the food. The service is quick and reliable, though if you arrive on a busier night, be prepared to wait for a table – it's completely worth it. It goes to show you that some things can stand the test of time in

this city and Spageddy Eddy's is one of those things. Check it out, I promise; you'll never leave hungry!

Quality: 4.7/5
Staff: 3.9/5
Affordability: 3.9/5
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CREDIT: CP

Looks like Dion Phaneuf and the Toronto Maple Leafs' season will be coming to an end without making the playoffs again. Leaf fans are going to have wait another year to plan a Stanley Cup-winning parade route.

Lights go out on Canadian teams

TYLER REVOY
INTERROBANG

With just a week to go in the NHL regular season, a couple of key losses over the March 26 weekend may have spelled the end for two Canadian teams.

The Toronto Maple Leafs lost to the Detroit Red Wings on March 26, almost extinguishing their playoff hopes. The Leafs sit five points out of eighth place in the east.

In the west, the Calgary Flames have done all they could this season, but it was too little, too late as key losses all but eliminated the Flames from post-season contention. The Flames, who sit four points out of eighth in the western conference, only have five games remaining this season.

Despite that, two Canadian teams will be in the playoffs. The Vancouver Canucks have clinched top spot in the Western Conference and will get home ice throughout the playoffs. The Canucks currently hold the best record in the NHL. In the east, the Montreal Canadiens are sitting pretty in sixth place. The Habs are not in jeopardy of falling out of the playoffs, and are looking at a first-round match-up with rival Boston Bruins.

The NHL saw some pretty big games, all with playoff implications on the line. With only a three-point lead over ninth place, the Buffalo Sabres beat the Montreal Canadiens 3-0 to almost solidify their playoff spot.

In the Western Conference, it seems as if every day we are looking at the standings to find out who is in and who is out. The Western Conference's final playoff spot might not be determined until the final day of the regular season.

The NHL picked their three stars, and a former London Knight was among them. Third star of the week from the New York Rangers was Henrik Lundqvist, who went 2-0-1 with two shutouts. The second star was the Anaheim Ducks, Corey Perry, who took over the NHL scoring lead thanks to a big week. Perry scored five goals, leading the Ducks to two wins. The first star of the week is from the eighth-place Buffalo Sabres, Ryan Miller, who went 3-0 and recorded two shutouts. Miller is now just 14 wins shy of the Sabres' franchise record, held by Dominick Hasek.

This week in the NHL, more teams will look to punch their ticket to the post-season, so look for a lot of shootouts and overtime games.

Anderson raging to face Sting



THE HEEL TURN
SCOTT STRINGLE
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CREDIT: KEN-ANDERSON.ORG

Ken Anderson gets it on with RVD during a TNA number one contenders match.

On last week's Impact, Mr. Anderson was still extremely ticked off about not getting the title rematch he felt he deserved. He brought his old college math professor, or at least some guy pretending to be him, out to the ring to prove mathematically that he was owed a title shot against Sting. The equations were soon put aside when Anderson asked the professor if he remembered that one hot girl in the class, and then accused the prof of telling the girl that Anderson was gay because he liked her himself. The "perverted professor," as Bischoff called him later, admitted he had said that about Anderson back then, and swiftly received a Mic Check from Anderson for it.

This of course drew the ire of Bischoff and Hogan, who stormed down to the ring. Bischoff said that Anderson was nothing but garbage and that he couldn't understand what Hogan saw in him. Hogan interrupted and told Anderson that he would not get a rematch right away, but that there would be another number one contender's match that night with Anderson facing RVD. The champion Sting came out to reveal that the "network" had made him special enforcer for that match, and that he would be in charge if anything dodgy happened during the match.

Knockouts champion Madison Rayne ordered Tara to go destroy Mickie James, no matter what it took. Tara failed, though, as James picked up the win, which Madison was visibly angry about. I'm

guessing there could be some major friction between Rayne and Tara real soon.


The Pope continued his descent into being a vicious heel by further brutalizing Samoa Joe's bodyguard Okato, whom he had also tortured the week before. Of course Pope always runs away when Joe shows up on the scene. If they clash at Lockdown, then Pope will have nowhere to run or hide.

There was an altercation between Matt Hardy, Bully Ray, Ric Flair and Fortune. Fortune was missing AJ Styles, who had been powerbombed off the stage by Bully Ray last week and sent to the hospital. Despite this, Fortune managed to gain the upper hand over their Immortal rivals, until Abyss made a surprise return and destroyed them.

The newest heel faction, "Mexican America," comprised of Hernandez, Anarchia, Sarita and Rosita, came out to inform the fans that Mexicans were the greatest race, and that they were taking over America day by day. The men squared off against Devon and

Matt Morgan and defeated them using underhanded tactics as Anarchia hit Devon in the head with a concealed weapon. Velvet Sky ran out to attack Sarita and Rosita but soon found herself outnumbered. Angelina Love started down the ramp, presumably to help Velvet, but the blank expression on her face indicated that something wasn't right. Winter came out and screamed at Angelina to come back, and Love complied, leaving Sky to get repeatedly kicked by the female members of Mexican America.

The main event ended with no number one contender yet again, as Mr. Anderson, frustrated with the fact that Sting was not counting RVD out, struck him and was disqualified. Anderson and Sting beat the hell out of each other until security arrived to break it up. After the match, RVD appeared to have a concussion sustained from receiving a Mic Check into a ring post. He was completely out of it and did not even remember being in the match.



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CREDIT: MYWORKOUTMOTIVATION.COM

Jessica Biel's body is a result of hard work, dedication and a clean diet.

The skinny on abs



FUN AND FITNESS
RICK MELO
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When it comes to physical transformations, everyone's goals vary. Guys typically want to get "jacked," while girls generally strive for a tightly toned physique. Regardless of the goal, it's safe to say that everyone wants the same ideal for one particular body region – a tight tummy!

If your goal is to look like the person on the front of a fitness magazine or a professional bodybuilder on the day of a competition, you need to reassess these aims. You first need to realize that these gifted individuals are genetically superior professionals who are at their physical peak. These people have strict and oftentimes unhealthy regimes that they follow. A prime example of this would be the day a figure competitor has to get into competition shape. She will stop drinking water the day before she steps on stage and probably take a diuretic pill,

which will accelerate her dehydration even further. She will be shredded all right, but she will probably be dehydrated to the point where you can see her cheekbones as well.

As much as people may believe that these figure competitors look like this every day underneath their clothes, it's impossible to maintain that sort of shape all year around. This is quite standard for anyone who primes his or her physical appearance/condition with a specific day in mind, but it is naturally unhealthy to try and maintain that peak.

Pursuit of the six-pack is a lost cause if a solid foundation of diet and exercise is not in place. As important as exercise is, doing a thousand crunches a day won't bring out those beautiful abs if your diet is shitty. The key element is an increase in lean muscle mass combined with decreased body fat. An excellent diet on its own can be enough for many individuals to shed enough fat to achieve visible abs. Adding proper abdominal exercises will help accelerate the process as well as develop the abdominals and obliques even fur-

ther. Think of it like running on an escalator – it gets you where you want to be that much faster.

It is crucial to keep in mind that genetics may keep certain individuals from developing a full or symmetrical six-pack while these same genetic factors may allow others to develop a complete symmetric eight-pack. When my friend James and I get in peak shape, he has perfectly large, block-shaped abs whereas mine are smaller and asymmetrical. Unfortunately there's nothing I can do about that besides putting the blame on my parents.

Abdominal development can be one of the most frustrating practices. The lower abs tend to be the main cause for people's aggravation. The lower stomach is always the last place to shed fat and the first place to get it back. Therefore, dedication to a fine-tuned routine is required if you hope to get anywhere near the Jessica Biel or Hugh Jackman physiques.

In short, everyone is built differently, so aim to improve and achieve a personal best rather than an unrealistic ideal.



CREDIT: AP

Could Oakland Raiders fans be smiling again with a playoff push in 2011?

Sleeper teams for 2011



NFL CZAR
JUSTIN VANDERZWAN

Now, I realize that there have been no developments in the labour situation, but I am going to continue writing as if there will be football in 2011. I just can't see a scenario where the NFL actually misses regular season games, and I hope it doesn't come to this. We are now just under three weeks away from the NFL Draft, so it's time to get back to football, and ignore the situation playing out in the courts for now.

I am going to look at five teams that I feel could make the jump into the playoffs this season. All of the teams on this list were not in the playoffs a year ago, and I'm not including teams like the Dallas Cowboys who failed to make the postseason because of injuries.

San Francisco 49ers: As brutal as they were at times last year, the Niners almost made the playoffs in the horrendous NFC West. Their defence has been among the best in the league for a while, and weapons are emerging on the offensive side. However, until QB Alex Smith turns the corner, they will likely be on the outside looking in. Keep an eye on them in the draft.

Tampa Bay Buccaneers: Unfortunately for the Bucs, they play in the ultra-competitive NFC South. In any other division they may have made it last year. If QB Josh Freeman continues to develop, and if they bring in some new toys on offence, they could be an elite team. The defence needs

some work, but they look like a playoff team in 2011.

Oakland Raiders: Yikes ... did I just say what I think I said? The RAIDERS in the PLAYOFFS? They showed significant improvement last year, and they look to continue that this year. However, they are another team with QB issues, and their best player from 2010 (Nnamdi Asomugha) is leaving to test the free agent market. The Raiders may be another year or two away, but they could surprise.

Houston Texans: Year after year, we ask ourselves if this will finally be the year the Texans get over the hump and make the playoffs. Well, there may not be a better time. Uncertainty in Tennessee, combined with the Jaguars never really knowing if they are going up or down, gives the Texans the look of a playoff team. They will need the defence to greatly improve, as they gave up far too many points a year ago. However, they have a lot of offensive talent, so they will be in the mix once again.

San Diego Chargers: Unlike the above teams, the Chargers have been a perennial playoff team over the last 10 years. They need to get out of their habit of starting the season slow if they hope to get back to the top of the division. QB Philip Rivers continues to play at an elite level, but he needs to win come playoff time. The defence will have to be a lot better as well.

One more team to keep an eye on is the Detroit Lions. They are only a couple years removed from their winless season, but they have a good young core of talent, and if Matt Stafford can stay healthy, they could come close to a .500 record.

Affordable fun in the turbo-charged Sonata



MOTORING
NAUMAN FAROOQ
naumanf1@yahoo.com

The Hyundai Sonata has been one of the longest standing models in Hyundai's line-up. For most of its life, the Sonata was their flagship model, a title that now belongs to their excellent Equus sedan.

So the Sonata might have lost its crown within the company, but it is fighting back with style.

For the 2011 model year, the sixth-generation version of the Sonata has hit the market, and its stunning design is sure to cause its competitors some sleepless nights.

Penned at their design studio in Irvine, California with a team lead by Philip Zak, the idea was to create a very "fluidic sculpture." The end result is a very coupe-like sedan, and it does look rather attractive. This is not an original idea, however, since the Germans have been at it for a few years with cars like the Mercedes-Benz CLS and the VW Passat CC.

The Sonata is a lot more affordable than either of those cars – pricing for the base model starts at \$22,649.

You will have to pay more for

the one I am featuring this week, the Sonata 2.0T, because this one comes with a turbo. The motor in question is a 2.0-litre, four-cylinder unit that has a rather large turbo attached to it. The end result is 274 hp and 269 lb/ft of torque, mated to one of the best six-speed automatic gearboxes in the business. This stylish family car turned out to be one extremely quick machine.

I honestly didn't know what to expect when I first got in, but a few minutes later, I was smiling, because the turbo rush is instant and shoots you past normal traffic at a rate that would please everyone.

What's more surprising is how different the steering and the chassis felt to the normal Sonata. Everything in the 2.0T model felt tighter and more responsive. I quite liked that.

I also liked the interior. It is spacious in the front and adequate in the rear, plus the trunk is huge.

The quality of materials they used is quite impressive – Toyota should take notes from Hyundai in this department. It can also come very well equipped. My tester had heated leather seats, sunroof, keyless entry and start, automatic climate control, premium sound system and a touch screen navigation system. In terms of features, it can play ball with its much more

expensive German rivals.

But all is not rosy in the Sonata 2.0T world. There are two things that I don't really like about this car. My first complaint is the seats, which are just not comfortable and supportive enough. I had the same complaint about the base model Sonata last year, and sadly the issue remains. My second issue is with the soundproofing. This car is noisy on the road, and I am not talking about a loud exhaust, but about road and wind noise. Yes, the winter tires on my tester did further aggravate road noise, but there is no excuse for wind noise, and for a car that looks as slippery as this one does, that came as a big surprise. The older generation Sonatas were excellent in this department, so it seems Hyundai might have cut costs in this area.

Still, this is not a bad vehicle. It is better looking than most of its competitors and thanks to the turbo (which replaces the old V6 model Sonatas), it is much more fun to drive than most of its competitors.

Prices start at \$31,749 for the Sonata 2.0T. The loaded model with this engine is still just \$33,499.

It won't cost much to run either, because I averaged 10.4-litres/100km with this car, which is excellent for a car that can shame a few sport coupes at traffic lights.

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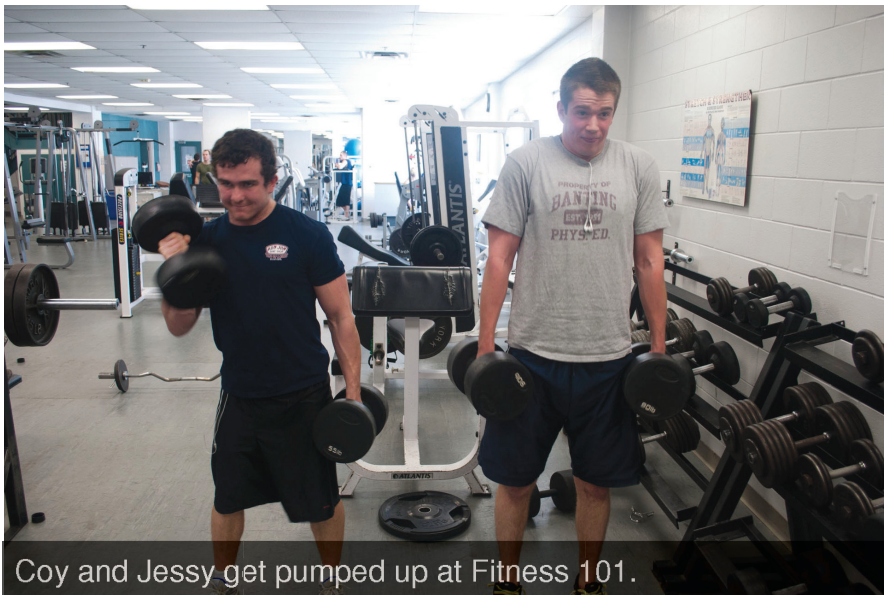


Bradley puts the finishing touches on his cake.

PHOTO CREDIT: ANDRE BAKER



Eddie takes a sun break from class.



Coy and Jessy get pumped up at Fitness 101.



Omar enjoys a drink of milk while taking a break from class.



Second-year fine art students take a break in their studio.



Mike, Mercedes and Blair practice work on their volleyball skills.

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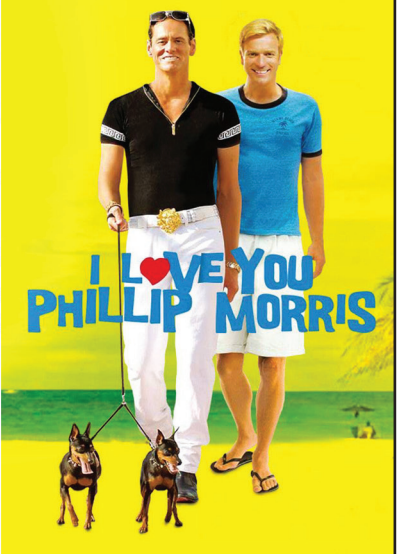
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APRIL 14TH

9:30 PM DOORS
FORWELL HALL

\$4 ADVANCE
\$5 AT THE DOOR

MASSIVE
PRIZES &
GIVEAWAYS

DANCE
CONTEST!

GUEST
BREAK
DANCERS!

WITH SCRATCH BASTID

tickets available at the Biz Booth