



“ Question of the Week

Now that the end of the year is approaching fast, what are your plans for summer?



Julia Edelmann
“Just relax, maybe work, hang out with

friends and do a lot of art, because we’ll have time.”



Stefan Albury
“My plan is to go back home for summer,

meet girls, meet more girls and enjoy the herb.”



Steven Vieira
“I’m actually coming back in May to fast track and study hard.”



Fasal Hussain
“Get a job and start working.”



Adam Courts
“Work and skydive on a drum set.”



CREDIT: ANTHONY CHANG

Vaughan Scriver, left, and Elliott Corston Pine were the inaugural winners of the FSU Leadership Award to promote leadership among the student body. The two award recipients demonstrated leadership qualities in many ways on and off campus. Each award recipient received a plaque and \$1,000.

10 Things I Know About You... Rodo is into Black

Dan Rodo is in his second year of television broadcasting. He said, “I am outgoing and love to joke around. I don’t like taking life too seriously. In my spare time I make videos for YouTube and play hockey. My family lives in Texas and I tend to travel there a lot. I love making people laugh because laughter is the best medicine for anything and everything!”

1. Why are you here?
To get educated in the television field.

2. What was your life-changing moment?

When my family moved away to Texas.

3. What music are you currently listening to?
Blink-182 and *Friday* by Rebecca Black.

4. What is the best piece of advice you’ve ever received?
Judging somebody never gets you anywhere. Be yourself and follow your dreams always.

5. Who is your role model?
Jimmy Fallon and Rebecca Black (because she knows all the days of the week).

6. Where in the world have you travelled?

I have been to a lot of countries because as a kid my dad would go on business trips all the time.

7. What was your first job?
Cutting grass for an old couple on my street.

8. What would your last meal be?
Sushi!

9. What makes you uneasy?
People who are uneasy.

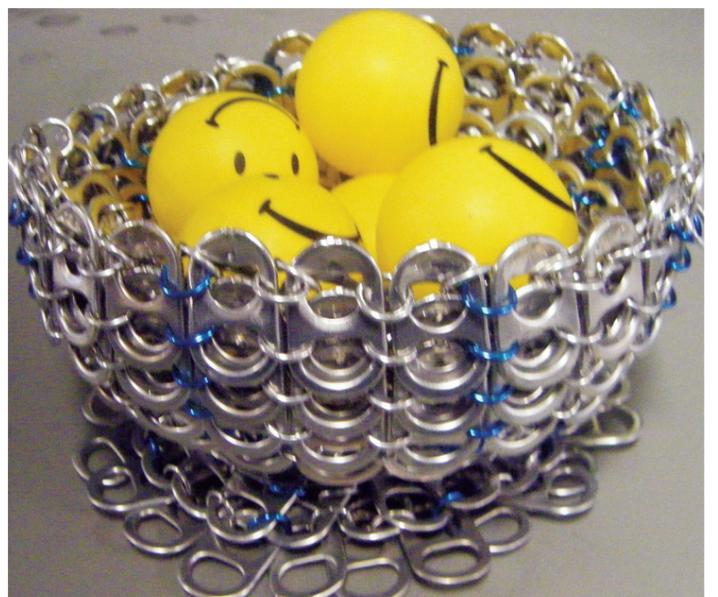
10. What is your passion?
Creating videos that make people happy.

Do you want Fanshawe to know 10 Things About You? Just head on over to fsu.ca and click on the 10 Things I Know About You link at the top.



CREDIT: SUBMITTED

Dan Rodo likes making people laugh.



CREDIT: SUBMITTED

Elyse Stewart’s “Pop-Tabular Bowl” was the first place winner in the Recycled Art Contest on Wednesday, April 6 in Forwell Hall. Stewart received \$100 for her win.

april EVENTS

tuesday 12
Paper Rock Scissors FOR CASH
Forwell Hall - Noon

FSU Free Movie Series
Narnia: The Voyage of the Dawn Treader
D1060 - 8pm



wednesday 13
FSU Poker Night
Forwell - 6:30pm

SEXtoy Bingo
OBS - 9pm

First Run Film
Rainbow Cinemas
\$3.50 students
\$5.00 guests
Your Highness

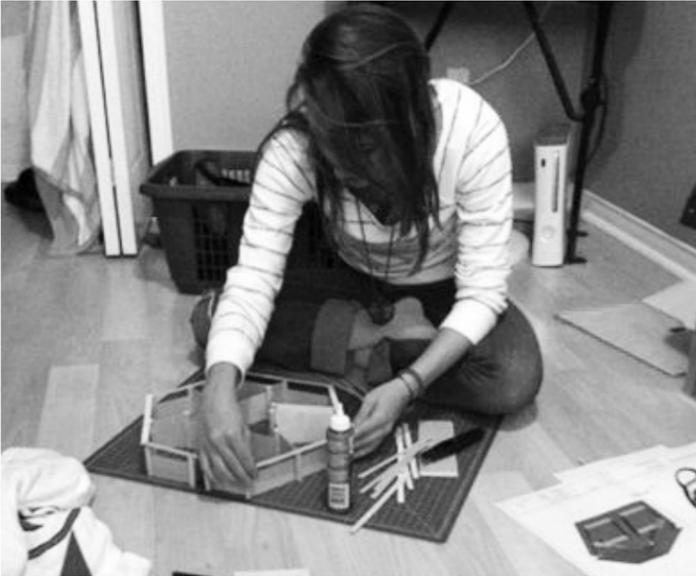


thursday 14
Nooner - Forwell Hall
Live Music

Year End Bash
Forwell Hall - 9:30pm

Last Day of Classes

TICKETS AVAILABLE AT THE BIZ BOOTH FOR ALL EVENTS



CREDIT: KOMUNITAS HOUSE PROJECT

Calli Mitchell builds her post-disaster housing model.

Spring for Japan Fundraiser

KIRSTEN ROSENKRANTZ
INTERROBANG &
WENDY WILSON
SCHOOL OF LANGUAGE

Would you pay good money to see two English teachers in a fight? This week, that's what you'll be able to do.

From April 11 to April 15, the School of Language and Liberal Studies and the Fanshawe Student Union will be raising funds for the Japan earthquake/tsunami victims. Watch for faculty and students collecting donations in the hallways, in classrooms and in the SUB. Here's what they will be doing for your donations:

On Monday, April 11 in front of the bookstore there will be origami cranes, cards and mobiles, as well as homemade cookies for sale. There will also be a silent auction with artwork, hand-carved hickory walking sticks, a genuine kimono, an origami set and gift bags from the bookstore.

On Tuesday April 12 from 12 to 2 p.m. in B2001 there will be a display of original post-disaster housing designs created by the third-year architectural technology students as part of the Komunitas House Project. Pick your favourite design or discuss construction issues with the students.

There will be a speaker series

throughout the week:

April 11 in D1015 at 11 a.m.: Japanese films

April 12 in D2013 at 11 a.m.: Japanese comic books

April 13 in A2010 at 12 p.m.: Nuclear energy

April 14 in B2035 at 12 p.m.: Demo of new Fanshawe Online ePortfolio

April 15 in A2036 at 11 a.m.: Japanese music

Starting April 11 and running through until the 30, you will be able to add \$1 or \$2 donation to your purchases at Oasis, the Outback Shack, the College Variety Store, the Bookstore and the Clothing Store. There will also be collection tins for donations at the FSU Pharmacy, Fringe hair salon and Falcon's Nest.

During the week of April 11 to 15 at the Oasis, proceeds from the lunch and dinner specials will go towards the Red Cross.

Last but certainly not least is the battle of the teachers. Darren David and Brian Dunphy will be showing off their Akido skills in Forewell Hall as part of the nooner during the week.

With plenty of things going on throughout the week, it is easy for you to take part and help raise money for the victims in Japan.

Keep the roads free of phones

ERIKA FAUST
INTERROBANG

Campaigns by Transport Canada, Canadian Council of Motor Transport Administrators and the United Nations Road Safety Collaboration are reminding motorists to stop using handheld devices – such as cell phones – while driving.

May 11 marks the launch of the Decade of Road Safety, a campaign by the United Nations Road Safety Collaboration. The campaign aims to develop the safety of vehicles, enhance the behaviour of road users, improve post-crash care and more. The UN has invited governments, international agencies, civil society organizations and other stakeholders to participate in this effort to make the world's roads a little safer.

Transport Canada has declared 2011 to be the Year of Road Safety, and they aim to raise awareness about road safety, in turn helping to lower road collision, death and injury rates. To do this, Transport Canada and other road safety organizations are taking action to improve road safety.

The Canadian Global Road Safety Committee launched the Leave the Phone Alone campaign on November 17, 2010, to coincide with the third annual National Day of Remembrance for Road Crash Victims. Leave the Phone Alone is a pledge system where drivers take a stand against using devices while driving by using social media, stickers and pledge forms.

Statistics show that in 80 per cent of crashes studied, the driver looked away from the road for just three seconds before the crash. Another study found that drivers who text have a crash rate 23 times greater than when they are not texting.

It is illegal to use handheld devices while driving, so leave them alone when you're behind the wheel.

For more information about the Year of Road Safety, visit tinyurl.com/roadsafetyyear. For more information about the Decade of Road Safety, visit who.int/road-safety. To take the pledge or to learn more about Leave the Phone Alone, visit leavethephonealone.ca.

Fanshawe grads create art in paradise

ERIKA FAUST
INTERROBANG

A brand-new arts residency program saw three Fanshawe fine art grads traveling to Barbados for four weeks in January.

Joscelyn Gardner, professor of fine art at Fanshawe, is one of the founders of Art Connections, an international non-profit residency program. Gardner is a Barbadian and former professor at the Barbados Community College, and this program was a way to introduce young Barbadian artists to other emerging artists from around the world, she explained.

"Because I (now) teach in Canada, we thought we would work with Canadian artists to start with. Fanshawe's fine art program is one of the well-recognized ones in Canada," she said. "Because I have a link here, because I'm teaching here, we started here."

She worked with two colleagues to select top graduates from the last five years of the fine art program. They ultimately chose three grads to send to Barbados: Josh Peressotti, a 2008 graduate; Jessica Massard, a 2007 graduate; and Daniel Glassford, also a 2007 grad.

"It was my first time out of North America, so it was interesting (to) ... go to a whole different country," said Glassman. The culture shock hit him as soon as he stepped out of the airplane. "The airport was totally different. You land on the strip and you walk out of the plane. The whole airport was open and there were people everywhere. It was just unusual."

The difference in culture extended far beyond the airport. "I think I learned a lot culturally about how

art operates in other parts of the world," he said. "Just how hard it is to get arts supplies in Barbados versus how it is in Canada, how they run their gallery systems – everything is completely different. Just understanding how all of that operates was a real eye-opener."

Glassman said he brought many of his art supplies with him after doing some research about the materials that would be available to him in Barbados. "(I found that) it was much cheaper for me to bring it from Canada than pick it up there. They get charged duty on everything, so it's like twice the (price) and they have very little supplies."

"You can understand why they operate differently than we do, in their processes and stuff, because of supplies and what they have available to them," he said.

Besides Barbados' residents and unique processes, the island's environment also had an impact on Glassman's work in January. "My current work takes its inspiration from how geological things form, like rocks, and how they wear away and erode. Barbados is an entire island made of coral, so I really tried to focus on that and pick up on the natural coral patterns."

The three Fanshawe grads resided with three young Barbadian artists – Alicia Alleyne, Tonya Wiles and Nicholas Grimes – in an old plantation home on the island from January 3 to 31.

"We were all working in the same space, so we were interacting and talking with each other, and watching each other work," said Glassman. "We'd pick up how

they operated, what their processes are, how they go about starting their work. It was very interesting – not necessarily technically – but more conceptually of how they approach things."

At the end of the four weeks, the artists gave a presentation and held an art show on the island. According to Gardner, every piece created by the Fanshawe grads was sold.

"I think it was a good experience for them, and for the people in Barbados, because it exposed them on both sides to a different culture and way of working," she said. "They did a lot while they were there. They visited with quite a few different established artists on the island, and people visited them when they were working on their work. They also had a critic from Finland write about them."

Glassman echoed this statement, adding that he "definitely" found this to be a valuable experience. "I made lots of connections with artists there. It helped with networking and future endeavours."

Gardner said she is looking into continuing this program in different countries around the world, and added that she is hoping to bring the Barbadian artists to Canada.

"This was an experimental project that just got off the ground. We're determining whether to go ahead with these residencies or not. (The Fanshawe grads) were the guinea pigs," she laughed.

To read the blog written by the grads during their residency in Barbados, visit artconnections-barbados.blogspot.com.



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Duties include:

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- Special events like Orientation and our Open House
- Promoting the college through social media, videos and photos

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Marketing & Communications Office in E1003
or email Devin Robinson at drobinson@fanshawec.ca
by April 15, 2011



Canada Inforoute
Health Santé
Infoway du Canada

A challenge for citizens to improve health care

ERIKA FAUST
INTERROBANG

Canada Health Infoway is putting out a challenge across the nation: How would you use information technology to improve health care in Canada?

The ImagineNation Ideas Challenge opened on March 31, and asks Canadians how they would improve health and health care through innovation in information and communications technologies.

"How many times have you thought, 'If only there were a digital solution that would do this faster or make it easier to provide great care,' but didn't know how to share your idea?" asked Dr. Jennifer Zelmer, senior vice president of clinical adoption and innovation at Canada Health Infoway. "Now is your chance to share your inspiration and perhaps be recognized for your creativity in the process."

Infoway is awarding over \$35,000 in prizes to recognize the leading ideas. A total of 56 ideas will be recognized. A panel of judges will check submissions against four criteria: impact on health and health care, innovation, effective use of technology and feasibility. The top 50 ideas will be posted to the Infoway web-

site and to be voted on by the Canadian public. The idea that receives the most votes will receive the Canada's Choice Award. The judging panel will determine the top five ideas, and from there, the best idea will be selected for first prize.

Submissions are open until May 15, and the contest is open to any Canadian with a great idea about how to improve our health care system using information technologies. Individuals or teams of up to five people may enter the challenge.

"Health is something that matters to us as individuals and as a country," said Zelmer. "This is a chance to look forward ... and make our health even better tomorrow than it is today."

Canada Health Infoway is an independent, not-for-profit organization funded by the federal government. The organization aims to accelerate the development information and communications technology projects in Canada.

For more information about the ImagineNation Ideas Challenge, including the submission process and evaluation criteria, visit imaginationchallenge.ca. For more about Canada Health Infoway, visit infoway-inforoute.ca.

Cheap fuel ... when?

PAIGE PARKER
INTERROBANG

Tired of \$1.29 for a litre of gas? In the next 10 years, gas prices will not be an issue, as researchers at the University of Western Ontario are developing a fuel cell technology to produce hydrogen gas.

"Hydrogen fuel cells are a really good source for the future," said Tanuj Duttu, an engineering student at Western. "It's completely renewable because there's water everywhere. And it doesn't really produce any major by-products other than water vapours."

But water vapours are still considered a greenhouse gas. "It can still be improved upon, I guess ... but it's definitely the best alternative right now," said Duttu.

Fuel cells are made up of water and hydrogen, using platinum as a catalyst. Although platinum works best as a catalyst, it is expensive. Dr. Andy (Xueliang) Sun is an associate professor at Western and the Canada Research Chair in Development of Nanomaterials for Energy. "We're trying to reduce the platinum amount and then reduce the fuel cell cost," he said.

Dr. Sun and his team designed platinum nanowires in place of platinum particles. Particles are inefficient because they bind quickly and then detach from the carbon black, which holds all the elements of the fuel cell together. Nanowires do not attach to one another, but they do eventually also detach from the carbon black molecule. Their slower reaction allows for a more efficient reaction rate.

Shuhui Sun is a Ph. D. student

studying under Dr. Sun. "The long durability means that catalyst can be around longer time," explained Sun. "Compare that to commercial E-Tek catalyst, particle catalyst. Our platinum wire catalyst shows that it is five times better durability."

While the efficiency has increased by 60 per cent compared to fossil fuels at 20 to 30 per cent efficiency rate, the price is still an issue. Five milligrams of platinum costs \$1,000 USD. Dr. Sun and his team have already tried to find a replacement for platinum, but unfortunately platinum is the best catalyst for the fuel cell. They are currently experimenting with ways to use less of this precious material.

They are also working on eliminating the carbon black molecule completely and attempting to produce the fuel cell with a cluster of nanowires. This way, the nanowires have nothing to detach from and can work at their most efficient rate.

If platinum continues to be used the way it is being used now, there is only enough to last 10 years. Dr. Sun says other challenges include hydrogen storage and hydrogen production for fuel cells.

California already has hydrogen gas stations. They have an agreement with industry partners in Canada for testing purposes. Dr. Sun and his team work in collaboration with other industry leaders such as GM, and he said he believes they will come up with an efficient low-cost formula within the next 10 years.

Miami: "What an incredible experience"

BY STAFF
POLICE FOUNDATIONS PROGRAM

Twenty-four of the identified best candidates of the police foundations program returned from their journey to Miami Florida after the ninth annual Miami Law Enforcement Experience earlier this year. The annual event has become one of the most sought-after opportunities within the police foundations program.

The students engaged in activities including crime scene investigation, K9, Marine Patrol, US Coast Guard, SWAT, Advanced Driver Training and Police Scenario Simulator at the Police Academy and Florida Fish and Wildlife. The autopsy at the Miami Dade Medical Examiner's office was an experience certainly not for the faint of heart, and one not afforded for students at home in Ontario.

"All of the seminars and demonstrations were incredible, but the opportunity to ride with officers in south Miami and be involved in all aspects of their policing duties was amazing. The officers treated us like one of their own," said student Josh Brietenbach. Students completed two full shifts with officers from North Miami Police, North Miami Beach Police, Sunny Isles Police and Miami Shores Police.

"We are very fortunate to have this incredible working relationship with the police services of Miami. They provide opportunities that simply don't exist here in Ontario," said Jon Kunder, a professor in the



CREDIT: SUBMITTED

Fanshawe College students from police foundations took part in the ninth annual Miami Law Enforcement Experience. The 24 students took shifts with various Miami police forces earlier this year.

program. "They continue to provide this incredible experience without asking anything in return. They truly look forward to this yearly visit from the students at Fanshawe, also known as the 'Canadians.'"

Many of the students who have attended over the years have gone on to careers in policing and remember their time in Miami as one of the most rewarding and exciting highlights of their time in the police foundations program. "It truly was an incredible experience, one I will remember all my life," said Patty Costa, a former police foundations student and now a police constable with London Police Service.

That great working relationship

with North Miami Police and the Miami-Dade Police Academy continues later this spring when two CSI technicians from North Miami Police and the Deputy Chief of the Police Academy present a one-week Crime Scene Investigation course for Police Foundations Students at Fanshawe, April 25 to 29. This will be the fourth time that the Miami team will present to students at the college.

Anyone interested in attending the CSI course should notify Professor Jon Kunder at 519-452-4224 x4987. The cost of the course is \$300 and limited to 24 students. A certificate of achievement will be provided in conjunction with the North Miami Police.

ITS keeps students connected

QUINTIN LANG
FANSHAWE COLLEGE

When students talk, Information Technology Services listens and acts.

In six focus groups in March and online portal feedback, students let us know their issues with Fanshawe's mobile services. ITS then fixed what they could and will introduce more changes over the summer to address other issues.

Email: Students wanted to get their Fanshawe Online email on their smartphones. As of April 8, students are able to send/receive FOL email after logging in to the desktop version of FOL2GO. Instructions on how to access your

email were posted on FOL on April 8.

Wireless: Students wanted to log on to the wireless network and stay logged on. Now if you log on, you're good for up to eight hours. If you turn off your wireless, or if you leave the campus for more than an hour, you will have to log on again. For most people, that means only one log on a day to access the wireless network.

Pager: Students used the FOL pager until a bug in the new version of FOL forced us to temporarily remove it. ITS expects to resolve the issue and restore the pager before the start of the summer term.

Mobile: Students said that mobile phones were the main way that they communicated with one another. They wanted Fanshawe to serve them from their smartphones. To do this, a task force of students and employees is planning enhanced mobile functions for September 2011. Watch for developments over the summer.

To make your voice heard about mobile services, participate in the discussions at <https://portal.myfanshawe.ca/teamsites/howto>. If we don't know what you want, we can't make it happen, so let us know your priorities.



CREDIT: JOHN SING

Thousands of potential students and their families came out to Fanshawe College's open house on April 2.

Pick your party - who are you voting for?

KIRSTEN ROSENKRANTZ
INTERROBANG

With the federal election coming up on May 2, it's important to head into the polls armed with some knowledge about each party. Here are a few points you should know about each of the main parties' stance on issues that affect students and soon-to-be grads.

Bloc Quebecois

The Bloc Quebecois, under leader Gilles Duceppe, is dedicated to protecting Quebec's interests, saying in their party platform that Quebec's interests often differ from Canada's interests. In this respect, the Bloc plans to support Quebec's forestry, agriculture and fishing industries, and will provide a tax credit for recent graduates who choose to work in rural regions of Quebec.

The Bloc also wants to reform Employment Insurance, making it more accessible for more people. On top of that, they feel that the citizens making the most money should pay more taxes. They propose a two per cent surcharge to those who make between \$150,000 and \$250,000 per year, and a three per cent surcharge to those making over \$250,000.

Conservative Party of Canada

Under leader Stephen Harper, the Conservatives plan to create more tax breaks for post-secondary

students. They will forgive up to \$40,000 in student loans for doctors and up to \$20,000 for nurses who plan on working in rural or Native communities. They will also create an annual investment of \$2.2 million to allow more part-time students to be eligible Canada Student Grants.

The Conservatives are dedicated to their economic recovery plan, and will implement a one-year tax break for small businesses to hire new employees. They will also extend two Employment Insurance pilot programs, Working While on Claim and Best 14 Weeks, to support seasonal workers in areas of high unemployment.

Green Party of Canada

As their name suggests, the Green Party of Canada focuses on environmental issues facing Canadians. Under leader Elizabeth May, the Green Party plans to develop a Youth Community and Environment Service Corps, which will provide minimum wage jobs for 40,000 youth aged 18 to 24 for four years, creating a total of 160,000 youth positions. At the end of each yearlong program, there will be a \$4,000 tuition credit awarded to each participant.

The Green Party will also increase funding for the needs-based Canadian National Student Loan and Bursary Program. All

 Conservative

 green
party of canada

 BLOC
QUÉBÉCOIS

 NDP

 Liberal



students will be eligible for guaranteed student loans, up to their tuition rate, regardless of their parent's income. They will also exempt all academic materials from federal sales tax.

Liberal Party of Canada:

Under leader Michael Ignatieff, the Liberal Party plans to implement the Canadian Learning Strategy, including two programs that will support post-secondary education, the Veterans Learning Benefit and the Canadian Learning Passport. The former is a program where veterans of the Canadian Forces who have been honourably discharged will have all costs – including tuition, books, accommodations and living expenses – paid for for up to four years after their service ends. This benefit is available to serving or future mem-

bers of the Canadian Forces or their spouses, if the veteran is unable to use the benefit.

The Canadian Learning Passport is a program that will encourage families to create a Registered Education Savings Plan (RESP) for their children. The government will then put \$1,000 per year into each student's RESP to use for his or her post-secondary education. If the student is from a low-income family, he/she will receive \$1,500 per year. This program will end the Textbook and Education tax credits that currently exist, but the Tuition tax credit, Canada Student Loans Program and associated Canada Student Grant Program will remain in place.

New Democratic Party (NDP)

The NDP, under leader Jack Layton, have proposed a Post-Secondary Education Act, mod-

eled after the Canada Health Act, ensuring provincial and territorial government are better able to provide affordable high-quality education for all Canadian citizens.

They will also target investments to small businesses and companies that are actually creating jobs in Canada, cutting the small business tax rate from 11 to nine per cent, and restore corporate tax rates back to 19.5 per cent. The NDP plans to invest funds into smaller, targeted initiatives that are creating jobs. Lastly, they will cap the interest rates on credit cards.

For more information about the federal election, visit itsyourvote.ca, or follow the CBC's coverage, Canada Votes 2011, at cbc.ca.

full-time summer

jobs

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Fanshawe student recovers from assault

ERIKA FAUST
INTERROBANG

On March 19, Shawn Dockstader was waiting for a bus at the corner of Western and Sarnia Roads when a black SUV drove by. A passenger shouted something at him, caught his attention, and then hurled a full can of beer at Dockstader's face.

"It hit me straight, right there," he said, pointing to his left eye. "It probably pushed my eye in a little bit. From the impact, (my right eye) got swelled up too. It was a pretty hard hit."

The first-year food and beverage management student remembered that he couldn't see anything out of his left eye, and the vision in his right was very blurry. "I found my way to a gas station," he said. The attendees called an ambulance.

At the hospital, doctors found that Dockstader was bleeding behind both eyes. "The retinas are attached to the brain ... they both got concussions in them. In my eyes," he said.

After an overnight stay in the

hospital, Dockstader was ordered to rest both eyes, and wore bandages and goggles for a week to reduce his risk of rupturing the blood vessels in his eyes. "I just lied down with my eyes closed for almost a whole week ... I couldn't read, so I couldn't study or anything."

Dockstader said it was very difficult to take time from school, especially during such a busy part of the semester. "I was kind of upset that I had to miss all my classes. This is a really fun program, it's amazing. If (my injury) were serious, then I would have had to drop everything. My whole career was on the line for a minute there."

After taking some time to recover, Dockstader returned to classes on March 28. "With all the finals coming up, it's pretty tough. Now I have a pretty big caseload. The teachers have been pretty lenient, but I want to be able to have everything done with everybody else." He said he is optimistic about finishing his first year of the program.

As of April 6, he had almost



CREDIT: LFPRESS.COM

Shawn Dockstader after the assault.

made a complete recovery. "I'm feeling not 100 per cent better, but I am feeling a lot better. (My eyesight) is fully back, but it is a little bit blurry," he said, adding that he might need a new prescription for his glasses.

Dockstader said he has received a lot of support from his girlfriend, Elizabeth Wemigwans, and family, many of whom live in London and on the nearby Oneida reserve, as well as friends from school. "Everyone's been pretty supportive. They all want those guys caught. They want something done - it's not right for people to drive around and throw things."

Summer sun and outdoor food safety

JOINT HEALTH AND SAFETY COMMITTEE
FANSHAWE COLLEGE

The opportunity to enjoy summer outdoor activities is too short. Don't miss any of it by getting sick from bad food or sun overexposure.

Summer will be here soon and with it comes the opportunity to enjoy days at the beach, outdoor patio BBQs and parties!

You don't want to miss any of the outdoor fun by becoming sick from eating food that has gone bad or from getting too much sun. It's no fun being stuck inside when the action is happening outside! There could also be long-term ailments like skin damage and cancer.

Here are a few outdoor safety tips to help you have fun this summer.

Food Safety

• Clean your hands and food preparation surfaces frequently - especially before handling food and cutting raw meat, poultry or fish.

• Separate raw food from cooked foods. Avoid cross-contamination by storing them in separate containers. Clean surfaces when switching from raw to cooked food.

• Cook food until it reaches the correct temperature to kill all harmful bacteria and eat it when it is hot. Always have a digital thermometer on hand to make sure the following safe temperatures have been reached:

- 71° C (160° F) for ground beef*
- 74° C (165° F) for leftover food *
- 85° C (185° F) for whole poultry*

• Cool it by keeping cold foods cold. Do not let food sit at unsafe temperatures that could allow them to spoil.

Cooler packing tips include:

• 4° C (40° F) or below is the correct temperature for foods you normally keep in the fridge (sliced meats, chicken, cooked meat, chicken/potato salads etc.) Use ice or freezer packs to keep these items cold.

• Pack meat and poultry on the bottom of the cooler, and foods you will use first on top.

• Store the cooler in the coolest part of the car and in the shade.

• Keep it closed as much as possible.

• Use one cooler for cold drinks and a separate one for food.

• Put leftovers back in it as soon as you are finished eating.

• Toss any perishable foods once the ice or freezer packs have melted

• Toss any foods that look or smell suspicious.

• When in doubt ... throw it out!

Sun Safety

• Sunscreen with a sun protection factor (SPF) of 30 to 45 with both UVA and UVB protection should be used. Remember, it wears off if you sweat or swim. Reapply every couple of hours or after you swim and check that it's not more than three years old.

• Clothing that is loose fitting, made from tightly woven fabrics and covers your arms and legs offers the best sun protection. For example, a typical t-shirt has a SPF less than 15. Remember that you can use sunscreen under your clothes to increase your protection.

• Hats with a wide brim offer shade for your head and face as well as your ears and neck. Remember that the same rules apply to hats that apply to clothing. Make sure to apply sunscreen to any unprotected areas such as your ears and neck if you wear a baseball cap.

• Sunglasses should always be worn to protect your eyes from UV rays (which can cause cataracts) and the tender skin around the eyes (no one wants premature wrinkles). Sunglasses should wrap around your eyes to provide as much protection as possible from both UVA and UVB rays (check to make sure they do both).

• Shade offers good sun protection, whether it is under an umbrella, a shelter or a tree.

• Control your exposure to the sun as much as possible. Use the above tips, especially during the sun's peak hours from 10 a.m. to 4 p.m. Be aware that skin cancer rates are growing at an alarming rate for fatal melanoma cancers and for skin-disfiguring non-melanoma cancers, particularly in

young women.

For more information on this topic, check out:

- *Health Canada - hc-sc.gc.ca,
- Canadian Food Inspection Agency - inspection.gc.ca,
- Center for Disease Control - cdc.gov/cancer/skin,
- Canadian Living - canadianliving.com/health/prevention
- Fanshawe College Health and Safety Services in D1021 (or call 519-452-4424)

360° News: national and international briefs

National News

A second-year political science student at Western, Awish Aslam, was asked to leave a Conservative Party rally in London on Sunday, April 3. Aslam and her friend were asked to leave the rally by an RCMP officer because she apparently had ties to the Liberal Party. She said the only ties she has would be a picture taken of her with Michael Ignatieff at his London rally, which she had posted on Facebook. Aslam told CBC that since this is her first federal election, she wants to hear from each party, and also attended the NDP rally. Stephen Harper's team also denied students, who had registered in advance, entrance to his Guelph rally after hundreds of students held a positive "We're voting" demonstration. Both the Liberal and NDP parties are taking this opportunity to draw a comparison between the unnecessary background checks Harper is doing on his audience and his lack of background check on former senior advisor Bruce Carson, who has a criminal record.

Three-year-old Adam Benhamama, an autistic boy, went missing on Sunday, April 3, in Laval, Quebec while he was playing outside. Police say it is likely he fell into the Mille-Iles River, which runs behind the house, he was visiting with his family. Police and rescue teams extensively searched the river for days hoping to find Benhamama, though given the cold temperatures, they are not optimistic about the situation.

International News

Egyptian film director Mohamed Diab released his film *Cairo 678* with the hopes it would begin to change the situation of women in Egypt. The film tells the story of three fictional women from different backgrounds as they search for justice from daily sexual harassment. In 2008 the Egyptian Center for Women's Rights reported that 98 per cent of foreign women and 83 per cent of Egyptian women in the country had been sexually harassed.

Michel Martelly has won the presidential election in Haiti. After originally losing to Mirlande Manigat and Jude Celestin, people took to the streets in protest, saying the election had been rigged. A review was conducted, and government-backed candidate Celestin was removed from the ballot. Martelly beat Manigat with 67.6 per cent of the vote.

For Lent, 38-year-old Iowan J. Wilson will live on only water and beer, like Bavarian monks did hundreds of years ago. The beer is brewed at the Rock Bottom Brewery in Iowa. Wilson said he bulked up prior to beginning his fast, knowing that he would lose weight during the 46 days. He also has plenty of doctors visits planned for the duration. With the support of his wife and a boss who lets him keep a keg at work, Wilson sees no possibility of breaking his fast before Easter. You can check out his beer-fueled journey at his blog, brewvana.wordpress.com.

- compiled by Kirsten Rosenkrantz

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London hairstylists snip and style for a cause

PATRICIA CIFANI
INTERROBANG

On Wednesday, March 30 the Parkinson Society of Southwestern Ontario held a mesmerizing hair fashion show at The London Tap House. Tulipa: A Hair Couture Event was an unforgettable night that amazed everyone in attendance. The event was a great way to kick off April Awareness month for Parkinson's.

The theme of the night was tulips, the floral symbol of hope for Parkinson's. Each salon was responsible for incorporating this theme into their design.

The creations were unique and stunning. Each inspiration was unlike any other, from N U Hair & Make Up Studio's dark romance of the black swan to one of Side Street Salon's designs that represented a lion walking through a field of tulips.

Each stylist and salon was able to display their individuality. Nicole Juen, a Master's student from the University of Western Ontario, said, "I had never been to a hair show before, so I was amazed at how elaborate the hairstyles were. I loved all the outfits and makeup; everything was very original and fun. They put on a great show, well organized, I was impressed."

Not only was it an amazing sight to see, the show was also hosted by

two Fanshawe College students, Andrew Deboer and Adam Roberts from the corporate communication and public relations program. Their wit and humour brought added entertainment to the already spectacular show. They were a dynamic duo and proved that you don't have to be female to appreciate hair.

"Obviously it's always an honour when you get the opportunity to lend a hand to such a great cause," said Deboer. "Hosting a fun, well organized event like Tulipa was truly a 'hair-raising' experience." It's great to see some of our students out there giving up their time for such a great cause."

"It was great to see all the hard work of the Parkinson Society come together into a wonderful evening. I am thankful I was able to be a part of such a noble cause," added Roberts.

The salons that participated in the show include: Spencer & Company Inc. Hair Studio, N U Hair & Make Up Studio, Innovations In Hair, Jaz Hair Studio, Identities Hair Studio and Spa, Side Street Salon, Studio-H and Wabi Sabi Hair Artistry. The event also showcased some of London's newcomers from Marvel Beauty Schools.

The salons that participated in Tulipa will also be donating their time to the annual Cut-A-Thon for



CREDIT: NIKKI SASSO

Hair stylists from Identities Hair Studio and Spa and their models at Tulipa: A Hair Couture Event.

Parkinson's on April 17. If you would like to see what else these salons can do, book your appointment now because many of the participating salons are already running out of appointments. Cut-A-Thon participants will receive a wash, cut and style for only \$35 as

well as a gift package of professional hair products from JOICO Professional, with all proceeds going to the Parkinson Society Southwestern Ontario. If you missed Tulipa and would still like to show your support, book your appointment now at cutathon.ca.

It is great to watch a community come together and support such a worthy cause. All funds raised from that evening will be going to help assist local programs and services for people living with Parkinson's.

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SHORTLIST
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5 QUESTIONS

BRIAN HARNESS — FSU FOOD SERVICE DIRECTOR

ERIKA FAUST INTERROBANG



1. WHAT'S ONE THING WE SHOULD KNOW ABOUT YOU AND ONE THING WE SHOULDN'T?

"I'll do anything for my friends and family and I'll do anything for friends and family!"

2. WHAT'S A SERVICE OR EVENT THE FSU DOES THAT ISN'T WELL-KNOWN?

"FSU is a proud supporter of Peacekeeper Adventure Park, a park for physically and emotionally handicapped children."



3. WHAT'S SOMETHING WEIRD THAT'S HAPPENED TO YOU SINCE YOU JOINED THE FSU?

"I became a grandfather without having children ... twice!"

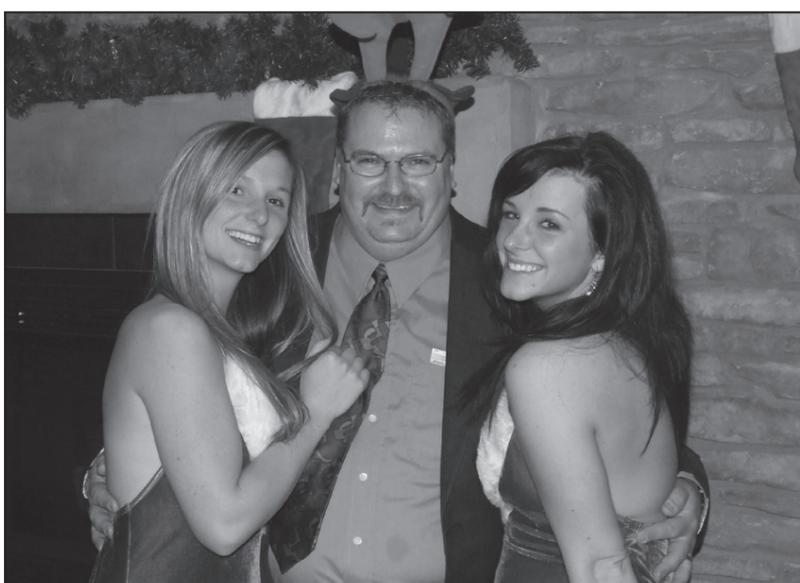
4. IF YOU COULD SWITCH PLACES WITH ANYONE IN THE WORLD, WHO WOULD IT BE AND WHY?

"I think I would like to switch with Anthony Bourdain - he gets to travel the world and try exotic foods in different countries and meet people of different cultures while still being himself."



5. WHAT MOVIE MOST RESEMBLES YOUR LIFE?

"I think a combination of *Waiting* and *Grown Ups*."



Immensity and immediacy



LIFE MEETS FAITH
MICHAEL VEENEMA

As a child I would lean my head against the inside of the family car window as we sped along two-lane highways. Sometimes I concentrated on not moving my eyes while they took in the gravelly shoulder of the road, and beyond that, the grass, all of it instantly forming into long bands of shifting colours. Grey and brown, yellow and green would fade, strengthen and blend like sections of infinite, blending ribbons. It went on and on.

We experience early in life the immensity of the world through those long car rides, train trips or flights. And as time goes on, the vastness becomes increasingly real. Even if we were to travel day and in and day out our whole lives long, we would experience only a negligible number of views relative to what can be seen. We drive past and fly over an infinity of possible experiences on our way to a limited number of destinations.

Immensity. It takes about one second for light to travel the distance from Earth to our moon. Eight minutes the distance to the sun. Our galaxy is said to have a thickness that takes light about 1,000 Earth years to travel. It is estimated to be 100,000 light years in diameter. Even if you were to leave tomorrow for the opposite side of the galaxy from where, more or less, we live, don't expect to be back in London for the first day of classes in September. And our galaxy itself is a humble, small disc, one among hundreds of millions.

Even the study of small things creates a feeling of the immensity of the universe we inhabit. The biological world is a realm of astounding complexity, and the mathematical formulas required to understand the workings of atoms, protons, electrons, quarks and quarks are not for the faint-hearted. Our world is immense, both in its vastness and complexity.

We are awed by this vastness, which many experience as the glory of the Creator. "The heavens declare," it is said in the Christian Bible, "the glory of God." Exactly. The heavens and much else.

At the same time, we all search for immediacy, a way of experiencing the here and now. Especially, we search for communities that can give us a place in the vastness of our world. We are made not only to understand the glory of the Creator through the immen-

sity of the world. We are also made for eating meals, friendship, family, communal research and learning, sharing a pint or two, meaningful work and societies that are just and life-affirming.

This past weekend I spent Sunday morning in downtown Toronto. You may have noticed, if you have toddled around Yonge Street, Dundas, Gerrard, Bay and so on, that there are church buildings almost everywhere you look. Most of the older traditional buildings are sitting on real estate that would easily fetch millions. Besides traditional church buildings, you will have no trouble finding the Salvation Army, Yonge Street Mission and similar Christian helping ventures. Why don't these churches and Christian organizations sell their properties, move, and keep the leftover change?

I venture to say that they don't sell them because they want to give people a sense of the immediate in a world that is immense, vast, at times lonely, and for all of us at different times, not an altogether hospitable place.

The Christian way of life is, among other things, a call to re-communify our lives. To regain the experience of immediacy with people, with society and with God our Creator. To regain the experience of relationships. Of love. The most impressive definition of God in the Christian Bible is arresting in its simplicity and meaning. "God is love."

One writer has put it this way: "There is nothing you can do to make God love you less. And there is nothing you can do to make him love you more." His love just is. His love is, well, immense, as immense as anything out there. Unconditional too. And unstoppable. This understanding of God is utterly unique to Christianity (and Judaism, which is the root of Christianity). It does not exist in Islam, Buddhism or any religion and is obviously absent from any of the cheerless atheisms being touted here and there.

Perhaps this summer you will have opportunities to experience the North, or a sunset in Southwestern Ontario. The ocean, perhaps. Or a night sky where the light pollution is not yet very great. The immensity, the glorious immensity of the created world and its creator. Perhaps too, you will have the opportunity to experience the immediacy available in a Christian community. The friendship of the people of God who, among other things, celebrate his love for them and for you.

(I owe the pairing of "immensity" and "immediacy" to author Kennon L. Callahan in his writings about the Christian community. Have a great summer!)

Who is Canada defined by lack of choice



B.A.L.L.S.
TIM HANDELMAN

What can be said about this world in our heads, these minds with minds of their own?

The election is upon us, another opportunity to pretend that we live in a democratic society. Democracy is not the opportunity to vote for one of four old men who look like someone slapped a piece of bologna on their heads, or a loud, big-haired sundress at their heels in the form of the leaderless leader of the Green Party.

We are not a democracy: I didn't vote for the expansion of the 401, or the space shuttle program, or who teaches my children, or where my taxes go, or which TV shows to censor.

Democracy is a system that allows all the people to have a voice; it is transparency, it is community, value, fellowship and peace. We have a corporate bureaucratic autocracy whose overall goal is to maintain the status quo. It is better than most, but the goals are

not for the people, they are for other balding, gray-haired old men who sit at their mahogany desks and play house with the country.

What do those outside of Canada think of us? How do we look to them?

We have to decide who we are and who we are to become as a country. If one were to personify Canada as a stereotype, who would we be? Are we a rich, pompous, nose-in-the-air, mink coat snob that put on the G20 conference? Pinky fingers erect as we sip our tea, cross our legs and talk about the stock market, weather, gossip, and then hit the golf course. A conference where it seems we were more interested in showing off to a bunch of old men from around the globe than getting down to business. Instead of lakes and fences and bully cops, we could have gathered in a pub, tossed back a few and chatted about the same pile of nothing that cost us \$1.5 billion.

Are we the bully of the world who goes around the globe, putting people into headlocks? Are we the killers and cops and mercenaries that abound in Afghanistan and Libya? Who are we to take the lives of others?

Are we the rednecks of the world? Are we

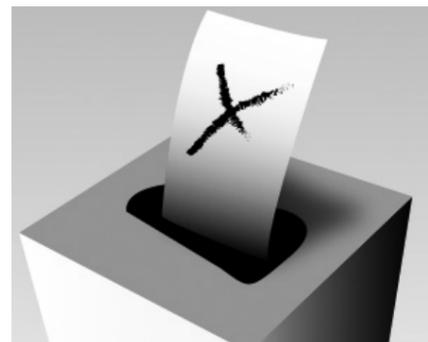
Spoiling the ballot: none of the above



TAKE THE POWER BACK
DARIUS MIRSHAHI
darius_mirshahi@hotmail.com

It's politricks time again! Politicians are scheming on how to get power in running the affairs of this state, and are out making promises, shaking hands and taking pictures. There are thousands of people out there working behind the scenes trying to sway the vote in different directions as well.

But while everyone is out there empowering our future rulers, I am working to dismantle their power-base and diminish its capacity to dictate our social relations. That's right: I'm campaigning for nobody. Nobody can represent all of our desires and needs. Nobody will give us freedom and self-determination. Nobody will stop the dominant culture from killing this planet. Nobody knows how to solve all the problems we face. Nobody could actually reform this horrific, rotten system. Vote for nobody! I really wonder how many people would vote if "nobody" was on the ballot. Most people already do that. Less than 50 per cent of eligible voters participated in the last election. If folks aren't motivated or inspired by any party or politician enough to walk over to a polling station and check a box, then that's an obvious sign of disenchantment and disengagement with the dominant political culture. It's a vote of "no confidence" in the system and in those who seek to run it. But everyone dismisses this act as being lazy, apathetic or, even worse, as giving silent consent. Whereas it's the complete opposite! VOTING is actually giving silent consent to the winner of the election to rule you because you have agreed that someone should rule the nation by voting for them and have thus placed your lot in the system with that ballot you put in the box. That said, I think that while simply boycotting the election is a positive thing, it would be way more impactful if that act were tied in to other actions, and an actual campaign for NOBODY! Since politics is on everyone's mind it is the perfect time to push people to think outside the (ballot) box and take action that actually makes a difference in their lives and communities. There should be signs and posters put up everywhere explaining



the alternatives of self-determination, mutual aid and community. We should use the opportunity to explain things to our families, friends, lovers and co-workers. We should go to the polls to spoil our ballots in dramatic ways. We should take action against this so-called democracy and break the spell of civil obedience that has plagued "Canadians" for too long. If you do decide to vote out of guilt or fear or just because you think it's strategic, just realize that everything else you do that day is more important politically. What you eat, how you move, your social relations with others, what you do to get by, the institutions you support, the culture you participate in and help create, your relationship to the land and even what you dream are all more important than if and how you vote. It's about time to get real about freedom and "democracy."

INTERROBANG

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Grand Finale: Let 'er rip! Prez's fond farewell



So you wanna be in a rock band?
Rose Perry
www.rosecoraperry.com

Inspiration, by its very nature, draws upon the influence of pre-existing factors: first comes an incident, person, place, concept or tangible item, then the emotion one attaches, and finally, the resulting artistic creation.

When it comes to "studied" art forms such as music, most practitioners originally enter the craft by learning/mastering the works of others before they begin to compose themselves. When the time for the latter endeavour comes around, the techniques and ideas of their idols with which they've become familiar inevitably end up entering into their own works – sometimes subtly, sometimes not so much. In other words, it goes without saying that every artist is influenced by someone.

All of this brings me to today's topic: that of "ripping off" the works of others. Following my longstanding tradition of ending each year with a controversial countdown, I've compiled a list of what I feel are some of the hands down WORST rip-offs in contemporary popular music history.

But before we get to the muckraking, I feel it's necessary to point out the definitions of "homaging" and "sampling" to clarify that I'm NOT referring to either of these practices. Rather, my list overviews songs which have blatantly ripped off the material (i.e.: the song melody) of someone else's in its near-identical or precisely identical form and attempted to pass it off as "original."

HOMAGING:

Definition: Intentional and CREDITED borrowing and incorporation of lyrical, melodious or riff fragments from songs of artists who have greatly inspired you into one or several of your own works.

Aim: To give recognition, credence, "props" and/or thanks

Example: Veruca Salt's bridge in *Save You* plays on the lyrics/melody/guitar work of Nirvana's *Negative Creep*

SAMPLING:

Definition: Typically involves looping a familiar/well-known rhythm/riff to act as the backing track for a new melody. May be intentional OR unintentional, credited OR uncredited. Primarily associated with rap and techno music.

Aim: Varies, may be similar to what is intended to be accomplished through homaging, an attempt to rework a song with one's own flavour (similar to doing a really different take on a cover tune like Chris Cornell's cover of M.J.'s *Billie Jean*) OR an attempt to earn an easy hit single by capitalizing on an already popular tune and merely adding new lyrics and/or a slightly new vocal line. The latter aim is the MOST common.

Example: Puff Daddy's *I'll Be Missing You* samples The Police's *I'll Be Watching You*

To play the devil's advocate temporarily, I should mention it's been argued that at this point in popular music history, virtually every tuneful/melodic chord pattern annoyingly catchy percussion rhythm, and instantly memorable vocal hook has been pretty much done to death. Given all of this, some suggest that "true originality" is no longer possible.

My theory is this: we have a limited number of major labels (and indie labels which are merely thinly veiled subsidiaries of majors) who run approximately 80 per cent of the mainstream music marketplace. Said labels have limited song writing teams working for the vast majority of their top-selling artists.

While on the surface, it appears there is a wide variety of different types of musicians and music styles being represented, when you have the same people pumping out tunes for everyone, it results in an extremely skewed creative playing table. It's not like this trend is all that new; for years during the beginnings of "rock 'n' roll," because of racial segregation and discriminatory legal and broadcast practises, white artists like Elvis got away scot-free ripping off the tunes of much more talented and rarely acknowledged African American players.

What is new, though, is the rate of rip-off crossover between supposedly distinct "genres" and the instant popularity of "artists" who'd be NOTHING if it weren't for clever marketing tactics which, again, merely rip-off what's already worked in the past.

So ... without further ado and in no particular order, I welcome you all to listen to these tracks side-by-side and see if you can hear the undisputable "coincidences" (and I use that term loosely):

1. The Alan Parsons Project's *Eye in the Sky* vs. Lady Antebellum's *Need You Now*

2. Bon Jovi's *Dead or Alive* vs. Aaron Lewis' *Country Boy*

3. Seal's *Kiss From a Rose* vs. Chad Kroeger's (feat. Joesy Scott) *Hero* (as noted originally by Shirley Manson from Garbage)

4. Madonna's *Express Yourself* vs. Lady Gaga's *Born This Way*

5. The Beatles' *Ob-La-Di, Ob-La-Da* vs. The Offspring's *Why Don't You Get a Job?* (pay particular attention to the choruses)

6. Rod Stewart's *Forever Young* vs. U2's *Still Haven't Found What I'm Looking For*

7. Tom Jones' *Delilah* vs. Fastball's *The Way*

8. The Chiffons' *He's So Fine* vs. George Harrison's *My Sweet Lord* (very famous lawsuit!)

9. Natalie Imbruglia's *Torn* vs. The Black Eyed Peas' *Where is the Love?*

10. Chuck Berry's *Sweet Little Sixteen* vs. The Beach Boys' *Surfin' USA* (The Beach Boys, at least, have admitted they are hugely influenced by Berry ... perhaps because several of their tunes have been accused of ripping his off)

11. Kelly Clarkson's *Behind These Hazel Eyes* vs. Fefe Dobson's *Stuttering* (no doubt they have the same songwriter)

12. Lillix's *It's About Time* vs. Avril Lavigne's *Complicated* (same note as for number 11)

13. Collective Soul's *The World I Know* vs. Christina Perri's *Jar of Hearts* (most apparent when listening to Sam Tsui's cover of Christina Perri's song as it's in the same key as the original Collective Soul tune)

14. Joe Satriani's *If I Could Fly* vs. Coldplay's *Viva La Vida* (Satriani did issue a lawsuit, and the case was dismissed. I suspect some sort of pay-off to keep quiet was involved)

15. Astrud Gilberto's (feat. Gil Evans) *Maria Quiet* vs. Deep Purple's *Smoke on the Water* (as the latter song contains one of the most well-known and widely regarded guitar opening riffs in rock history, this one will break your heart)

16. The Beatles' *Lady Madonna* vs. Sublime's *What I Got*

17. Metallica's *The Four Horsemen* vs. Megadeth's *Mechanix* (Dave Mustaine was in Metallica at one point, so it's not really that surprising. Metallica have been accused of ripping off Excel and Iron Maiden, among others, which has caused some to question how they exactly justified being so up in arms about people "stealing their material" via Napster if in fact their "original music" regularly "steals" from others ... but we won't go there)

18. Tom Petty's *Last Dance with Mary Jane* vs. The Red Hot Chili Peppers' *Dani California* (verses only)

19. The Rolling Stones' *Get Off of My Cloud* vs. The Rubinoos' *I Wanna be Your Boyfriend*

20. Muddy Waters' *You Need Love* vs. Led Zeppelin's *Whole Lotta Love* (the titles themselves are a pretty good giveaway)

21. Jethro Tull's *We Used to Know* vs. The Eagles' *Hotel California* (verses only)

Here's one hell of a whopper:

22. The Supremes' *You Can't Hurry Love* vs. The Doors' *Touch Me* vs. Iggy Pop's *Lust for Life* vs. Jet's *Are You Gonna be My Girl?*

And finally, the top rip-off artist awards go to Britney Spears (well, at least her songwriters) and John Fogerty for successfully ripping off THEMSELVES:

23. Britney Spears' *Hit Me Baby One More Time* vs. *Oops I Did it Again* (as popularized by the comedy troupe SuperGirly)

24. CCR's *Run Through the Jungle* (written by Fogerty) vs. John Fogerty's *The Old Man Down the Road* (at least Fogerty got sued for his really lame attempt)



FSU PRESIDENT
Joe Scalia
fsupres@fanshawec.ca

This is it, Fanshawe! It's been an amazing experience that has lasted for four years, and contained many memories I'll happily look back on for the rest of my life. I have a lot of people to thank and it's going to be hard to remember everybody, so apologies in advance if I forget anyone.

First and foremost I owe most of this to Rodney Sutton, the man who gave me my first opportunity to work for the FSU as a custodian. Thank you for being the first person here to believe in me. Also a big thanks to my good friend Rob Fraser who introduced me to Rod, and who also gave me a roof over my head in a time of need.

John Young was my second "boss" at the FSU and John Said was my third. They both believed in my abilities as a videographer and gave me the opportunity to hone my craft over two summers at Fanshawe. It was in that position that I worked so closely with the student leaders who inspired me to become one myself. Thanks for making this all possible.

The opportunity to serve as a student leader, as VP Finance and as President, would not have been possible without the people who voted for me, and the friends who supported my campaigns. Thank you for believing in me and trusting me with this responsibility.

A very special thanks to Jabari Cooper, the man whose shoes I filled one year ago. He was my friend, my mentor and my President. I looked up to him, learned a lot from him, and still do. I could not have been successful in this position without his help. I owe a lot to him and all of last year's executive team: McKay, Payne, Vero, Malcolm, Kyle and Coleshill. The tequila's on me next time.

I was incredibly fortunate to have a great executive team this year. Derek, Joe A., Payne, Vero and Kendra all showed me what's possible when you have a group who truly cares about making a difference. I

know they'll all look back and be proud of what we've done here. Our supports deserve just as many thanks. The office staff – James, Brandy, Janelle, Justin, Laya, Carol and Paul made it possible for us to organize ourselves and carry out the direction we wanted for our students. Pretty soon we will have to part ways, but you can be sure I'll be back to visit over the years.

Without the staff of the FSU, we'd never be at the level we are today as one of the biggest and best student associations in the country. Each and every one of you has contributed to an unforgettable student life experience for Fanshawe students. Thank you to everyone in each of our departments: hospitality, publications, entertainment, facilities and front office.

And of course this would not at all be possible if it were not for Fanshawe College.

There is something special about this college, and I haven't been able to put my finger on it until quite recently. At college-wide events, there seems to be involvement from every level of every part of the college. Dr. Rundle and his team play an important part in leading this college, but what speaks to me the most are the staff that volunteer and take time out of their days to help. The biggest message this college tells its students and graduates is to give back to your community, and that message is so strong because it's being led by example through the good people at Fanshawe College. Those volunteers are the true leaders of this college.

I hope that people will look back and remember this year as one of positive change and direction for Fanshawe College and the FSU. We're growing into new parts of the city, acquiring new residences and expanding our facilities. We're looking at our practices and constantly evaluating how we can do better. I now understand why so many people stay and work at Fanshawe College; this place never gets boring.

It's been an honour and a privilege to serve as your president this year. Thank you for allowing me this opportunity and for showing me the potential of a community who cares about each other.

To each and every one of you: congratulations and continued success.

Joe

Student debt hurts entire economy

DENIS LUCHYSHYN
THE MARTLET

VICTORIA (CUP) — How many young adults between the ages of 18 and 23 do you know who have an extra \$50,000 kicking around in their bank accounts? As a young adult myself, I would say almost none.

But the problem isn't the lack of money; it's that this number represents the horrendous price tag on a post-secondary degree in Canada. In addition, more and more employers are closing their doors to people without post-secondary education. This leaves the average high school graduate with one option: Take out a student loan, become one of the millions to hold a bachelor's degree and then spend the better part of your adult life repaying your debt.

Education in Canada should be a right, not a lifetime debt sentence. We need to increase funding for post-secondary education now, because this growing debt affects everyone, not just those in school.

To understand the weight of this problem, you have to know where the \$50,000 goes. Half is spent on tuition, books and all sorts of other charges. For a single semester of approximately four months with a course load of five classes, a student is expected to shell out about \$3,000.

Who in their right mind would live at home with their parents and pass up on the once-in-a-lifetime opportunity of experiencing the "university life" we see on TV? So on top of the overpriced cost of education, let's add the expenses of housing and groceries that a freedom-seeking young adult encounters. With rent constantly going up, I was lucky to find a

clean home I share with a roommate. We each pay \$625 per month. Depending on where you live, a price like this for a two-bedroom basement suite is a bargain.

Add groceries at an average of \$200 per month and you're looking at living costs of approximately \$2,500 in rent and \$800 in food, totalling \$3,300 per semester.

So if mommy and daddy aren't rolling around in disposable income, the only solution is to take out a student loan. According to Statistics Canada, the percentage of students graduating with a student loan has risen from 49 per cent in 1995 to well over half at 57 per cent in 2005.

Consider how long this kind of loan will take to repay. At an average interest rate of 4.5 per cent, and payments of \$300 per month, a \$50,000 loan will take over 21 years to repay.

Is this financial burden the kind of future you want to bestow on your own kids — the same ones who will one day be paying your pension or deciding whether to place you in a retirement home or not? More importantly, these are the future consumers who will inherit the power over this country's economy. If they are crippled with debt, who is going to sustain the consumerist behaviour that is the underlying cause of the wealth we all enjoy as Canadian citizens?

Take action today and voice your opinion. Let politicians know that you want more funding for post-secondary education. Let's see a reduction in debt and school fees as well as an increase in grants and scholarships. This is not a cost; it is an investment in the present and the future for all.



CREDIT: FACEBOOK.COM/LAURENCAMPBELLMUSIC

Lauren Campbell & the Dusty Figurines just released a three-song EP.

The lovely Lauren Campbell

JAYMIN PROULX
INTERROBANG

"I don't want to be another journal entry/I'm looking for something just a little bit more/Maybe for this you'll think I'm crazy..."

~ Lauren Campbell, *Goodbye Daisy*

When Lauren Campbell writes, she writes honestly and without reservations. Her music glides effortlessly and as her lyrics to *Goodbye Daisy* suggest, she doesn't plan on staying still for very long.

How many times have you performed in London?

Since moving to London in September of 2008 for school (to take Music Industry Arts at Fanshawe) I've probably played about 20 shows, alone and accompanying others. During my first year, I didn't really play many shows. I was still working on writing songs and getting comfortable playing in front of an audience. I sang alongside a friend, singer-songwriter Mark Kulmala, at venues like the London Music Club and the Black Shire Pub and that helped ease my way into the London music scene.

Within the past year, I've been playing a lot more around the city at places like APK Live, Elite and Gigs. It's been a constant growing period and you're probably thinking that in two years, 20 shows is next to nothing, but thinking back to my first show in London and comparing it to the most recent show I've played, I feel like I've come a long, long way. It's been super great lately too because I've been playing with the band, we go by Lauren Campbell & The Dusty Figurines, and it takes performing

to a whole new level. Being in a group with three of the coolest cats I know (Adam Cannon on drums, Pete Moss on bass and James Fox on lead guitar) is unreal.

What do you like about performing here in the city?

Performing in London has been great so far! The audience is always really receptive and respectful and it's obviously really cool when people show up and sing along to the songs. A lot of the venues in London are really nice to play at too.

How can you describe your newly released EP, and could you tell me about the album?

The EP we're releasing as Lauren Campbell & The Dusty Figurines is a three-song EP. We recorded it at a local studio, EMAC Recording studios in January 2011. It was produced by Moe Berg (from Canadian band *The Pursuit of Happiness* and *AUX TV's Master Tracks*). The music is comparable to that of Sarah Harmer, Joel Plaskett and Fleetwood Mac. It's a little bit of rock, folk, pop and country all intertwined to hopefully create something refreshing to listen to. We had a lot of fun making the recording and we really hope it comes across to the listener. All of the songs on the EP were written during our time in the Music Industry Arts program.

Visit Campbell's Facebook page at facebook.com/LaurenCampbellMusic for a free song and other fun things. Check her out on Myspace at myspace.com/laurencampbellmusic. You can also follow her on Twitter @LaurenCampbellM or @DustyFigurines.

Clubs hosting unique event

JESSICA CONLON
SPECIAL TO INTERROBANG

Celebrate the end of the semester at the Off the Cuff Video Jam on Saturday, April 23 at the APK Live. This is a community experimental gig, where music will be stimulated by videos.

The acts will be all about improvisation - new, creative responses to the stimulus of one's immediate environment and inner feelings. This is the chance to witness the invention of new thought patterns, new lyrical structures and music. This invention cycle occurs most effectively when the practitioner has a thorough intuitive and technical understanding of the necessary skills and concerns within the improvised domain, and we

have lots of talented local musicians involved!

There will be an open jam session after the featured performances, so more talented musicians who would like to give it a whirl get the chance to play with people they have never played with before. Visual artists interested in creating some videos are more than welcome. This is a fundraiser for an arts ecofest that will take place in the summer called L.O.O.K., It's a Party! For more information on that event, check out lookit-saparty.ca

We are always looking for volunteers. If you are interested in participating in this Off the Cuff event, e-mail fanshawesocialjusticeclub@yahoo.ca

Mother Mother's musical alchemy

BOBBY FOLEY
INTERROBANG

Diversity is a concept as present in Canadian music as it is in our people, and thankfully, there is a lot to choose from when choosing music to accompany our day-to-day lives.

Few acts touring around the country are as compelling to listen to as B.C.'s Mother Mother. While many acts on the road lately stick to particular genres, Mother Mother is unique in melding many forms of music and texture together into a sound they're creating for themselves.

"I think the vision is pretty simple — just try to write good songs, and strong melodies," said Ryan Guldemon, the band's guitarist and lead vocalist. "Lyrics that you can represent honestly, on a nightly basis. Beyond that, we try not to get too heavy. We try to make those basic elements strong in each song."

If it seems like modesty, it's because it is; though Guldemon may not admit it, Mother Mother have been creating brilliant music since their start some five years ago in B.C.

That brilliance is evident on *Eureka*, their third and latest album, released March 15 on Last Gang Records. Clocking in just over 50 minutes long, *Eureka* is musical alchemy; the band — comprised of Guldemon (guitar, vocals), his sister Molly Guldemon (synthesizer, vocals), Jasmin Parkin (keys, vocals), Jeremy Page (bass, horns) and Ali Siadat (drums) — have taken the sum of their instruments and made some pure gold.

"I think there's an attitude that exists in all of our repertoire, lyrically especially," Guldemon explained, modestly addressing the album's content. "It's not some-



CREDIT: TODD M. DUYM

Mother Mother will be at the London Music Hall on April 13 in support of their latest release, *Eureka*.

what purposeful, but I think the lyrics and the message, if there is one, is to just shine a light on the insanity of mundanity. I don't really like to get too cerebral with the concepts."

Describing the music on *Eureka* is easier said than done; Mother Mother are best described as Canada's answer to the Talking Heads, with vocals reminiscent of Queen — the three singers are all quite gifted, and support each other while not being afraid of being powerful or taking chances.

"We are getting into a groove in which we know what works, and know what doesn't work a lot of the time," Guldemon said, when asked about the writing process behind the vocals.

"There's much trial and error with harmonies, and singing, and when it doesn't work, it really doesn't. And when it does, it's like

a gift that's been handed to you. But there's not a lot of middle ground with the process, it's either painful or very pleasing."

Mother Mother combine impressive vocal work with refreshingly original music, all the while keeping the sum of their parts from washing each other out — listening to *Eureka* is a simple exercise in hearing real people play real instruments. Combined with their high-energy performances, it's little wonder that the band has been converting listeners to their music over the course of three albums.

Speaking of albums, the band have posted a full stream of *Eureka* on the music page of their website at MotherMotherSite.com. Check it out in advance of their appearance at the London Music Hall on April 13 in support of *Eureka*. The show is all ages, and tickets are \$25.



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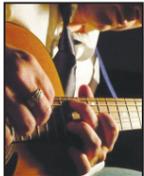
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Best places to find vinyl



BOBBYISMS
BOBBY FOLEY

I write about random things a lot. I write a lot about random things. And okay, I know that I always fill this space with insights or interviews to do with music, but the reason this particular column is random is that I've actually planned this one out in advance!

If this isn't your first time reading, you may know I collect vinyl. I love the medium, honestly, and I'm always very excited to share my finds. As such, the question I've been asked the most by Interrobang readers is where to get vinyl here in London.

Now, I know it's the end of the school year, but no matter whether you're staying in London or heading out of town, it's a great time to grow your collection... or perhaps a great time to get some vinyl for your collection before you travel back home to see it.

Any way you look at it, there are a lot of options in London for vinyl collectors. Listed below are my favourite few shops; I've recently visited all of them to give you the most accurate report I can, so if you choose to go, tell them that I sent you. But please, tell me right after so I can then rush over and introduce myself.

The Village Idiot — 519-434-9594

"And how's this troublemaker?" asked the man behind the counter, though I'm not sure I've ever met him. Good, I replied, telling him I hadn't been in the shop for quite some time. "I know," he answered. "I was beginning to think you didn't like me anymore."

Located at 133 Wortley Rd. in Wortley Village, a few minutes south of downtown London, The Village Idiot is a great shop, and the perfect example of a classic vinyl store — though there is a staggeringly large selection, it is (nearly) all used vinyl and mostly rock and jazz records.

On my most recent visit, I purchased Stevie Ray Vaughan's *Couldn't Stand The Weather* (\$10), the Blues Brothers' *Briefcase Full Of Blues* (\$10) and Transvision Vamp's *If Looks Could Kill 12*" (\$5).

City Lights Bookshop — 519-679-8420

Located at 356 Richmond St., just north of York St., you might walk past this place if it weren't for the hand-made sign beside the otherwise nearly invisible entrance. A staircase immediately leads you to the third floor, but the vinyl treasures you can find in the room at the top of the stairs is astounding.

This shop doesn't have a huge collection, but it is a good one. Though all of the vinyl here is used, most of it is in stellar condition, as though from someone's personal collection. Popular music from the 1970s and '80s is the general theme here, and if that fits your interest, I would recommend this shop before all others.

On my most recent visit, I purchased Stevie Ray Vaughan's *Texas Flood* (\$5) and Peter Gabriel's *So* (\$5).

Sunrise Records

Sunrise Records has three locations here in London, (and all of them have a section of vinyl that

you can browse through). Unlike those shops mentioned above, Sunrise carries only new releases on vinyl, and the average price is around \$18 to \$25 per album.

Also noteworthy is that Sunrise is the only music chain I've found that actually stocks vinyl — HMV are happy to look in a database and place an order for you, but they don't have any actual vinyl to browse through.

At White Oaks Mall (519-649-4493), Sunrise has a vinyl section you could easily get lost in for a half an hour. The selection is very diverse, and they have vinyl available that really speaks to collectors of new music; as far as locations in London for new releases on vinyl, Sunrise at White Oaks mall is the place to go.

On my most recent visit, I purchased Brand New's *Daisy* and John Mayer's *Battle Studies*.

At Masonville Place (519-661-0942), however, the vinyl selection at Sunrise seems wildly different; though their selection is as large as White Oaks, for some reason at this mall, the titles you can choose from are more indie than popular. You might really dig this place — if you're closer to here than White Oaks, all the more power to you.

On my most recent visit, I purchased Bright Eyes' *The People's Key* and John Mayer's *Continuum*.

Sunrise also has a location downtown, at 209 Dundas St. (519-642-2257), very close to Clarence Street. This location has a selection that nearly rivals White Oaks for variety and appeal, but the average cost here is considerably higher — many of the same records as the other stores are here marked on average from \$22 to \$30 per album.

Though a bit more expensive, this downtown location offers a great selection in a very convenient area of London. Definitely worth it if you're looking for new vinyl but don't make a lot of trips to the malls.

On my most recent visit, I purchased Bob Marley and the Wailers' greatest hits record, *Legend*.

Grooves — 519-640-6714

Located at 353 Clarence St. across from Citi Plaza downtown, Grooves has all your needs covered. New and used vinyl have distinct sections in the shop, while the latter — some four times larger than the former — is so expansive and complete, it contains entire decades' worth of artists and their work. And used vinyl will likely only cost you \$5 or \$6 dollars.

Despite its vast selection, Grooves is the one shop I haven't bought any vinyl in, and it's simply because I can't make up my mind on anything while I'm in there. Even simply looking through old records is overwhelming, because there are so many great ones to choose from, like Van Halen, Steely Dan, Depeche Mode and way more.

That's about it. Congratulations on another school year done, everyone, and thanks for reading. I hope you have a great summer, be safe. Then be a little reckless. But safely.

If you're on the Twitter and interested in keeping up on music news and downloads, check out @FSU_Bobbyisms. I'm sharing all that stuff there just because I like to, no reason why you shouldn't benefit from it. And keep in touch, too. That would be awesome ... but no pressure. I'm out of words.

Outback Camping plans exciting lineup for May 24 weekend

JAYMIN PROULX
INTERROBANG

Have you begun planning your summer? How about your long weekend in May? Or even your July Canada Day, August Civic holiday, or (God forbid), your Labour Day weekend just shy of beginning school again this fall?

Don't fret. Outback Camping, located in Port Burwell, has a thrilling summer booked for all your holidays this summer. And if you enjoy the outdoors, love to camp and enjoy rock music, the first long weekend of the summer is guaranteed to leave some lasting memories and a camera full of photos.

From May 20 to 23, Outback is hosting a concert featuring 2010 Best New Band Juno Award nominees: The Arkells, The Salads, the Mudmen, San Sebastian, Dinosaur Bones and The Balance.

"We wanted to stay true to our customers by offering the top-end talent they've come to expect at the campground, but we also wanted to expand our market to give an opportunity for the local community to not only get involved ... but possibly benefit. With this year's programming, we think we've done that," said Outback Campground owner Mike Timmermans.

Outback Campground is located at 6679 Woodworth Road in Port Burwell, Ontario on 12 and a half acres. There are 60 campsites (25 serviced with water and electricity and 10 with sewers), public washrooms, showers, a pool and volley-



CREDIT: DUSTIN RABIN

The Arkells, the 2010 "New Group of the Year" Juno Award winners will be performing Saturday, May 21 at the Outback Campground in Port Burwell, Ontario.

ball and basketball courts. There is also a Tiki Club at the back of the campground where the after-party will be held May 24 weekend. Merchandise tables for the event, food vendors and a possible appearance by Tucker and Taz of FM96 are worth bringing your friends, tents or trailers, and a BYOB cooler full of your favourite beverages — no glass, please.

Outback Campground also features 40' by 20' pool, pool tables and foosball. There is a beach just minutes away, with canoeing, kayaking, jet skiing, stock car racing, hiking, fishing, boating, dirt biking and mountain biking also close by.

"We ran a similar event last year at this time," exclaimed Timmermans. "We've evolved (from 800 guests), and we're aim-

ing for 1,500 people this time (on the May long weekend). FM96 is a media sponsor. Cost is \$80 in advance or \$90 at the door. That price includes three nights and three days of camping, your campsite and entrance to the games. There will also be an inflatable obstacle course to round out the event."

July 1 weekend talent is unconfirmed, but Civic weekend is a Mardi Gras-themed event from July 29 to August 1. September long weekend, a closure to summer, will be country music concert with bands to be announced.

For more information, visit partycampground.com or check it out on Facebook. You can also email Mike mike@outbackcamping.ca

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Elaborate collaborations worth a listen

JAYMIN PROULX
INTERROBANG



When a CD arrives in your hands with a multitude of collaborations, you know you are about to be treated with something that's unexpected and pleasing. Enter Canadian hip-hop artist Factor (yes, the same partner with Gregory Pepper in Common Grackle) and 13 other artists who give credit to Factor's grandfather of years past: hence the title *Lawson Graham*.

The album begins with a heavy rainstorm pattering against a windowpane. The second song segues to harmonious singing, with background vocals by Pepper. Change is a theme in the third song, and the lyrics "the more things change, the more they stay the same," ring philosophically to the ear. And as Brian Banks of musicvice.com commented: "Kirby Dominant steps up to the mic to tell us to nut up or shut up with the message, 'The moral to the fable is, you need to bring something to the table.'"

It's nice to hear a hip-hop album without a lot of ego and anger – make that an album with a lot of smooth delivery. Factor brings 18



songs together with 13 of them including guest artists (the 15th song *Went Away* features Moka Only of Swollen Members). This album is worth getting just to get a glimpse of a talented and well-versed artist. Each song is a little bit different from the next, yet the entire album comes together as a clean-cut package with rhythm, poetry and excellent craftsmanship.

Need some life lessons? Pick up this album and listen to some meaningful lyrics and insightfulness. Chances are, this album will be hitting the hip-hop charts soon and staying there for a while.

For more on Factor, visit his myspace.com/factorg or fakefour-inc.com.

BOBBY FOLEY
INTERROBANG

You know how you can hear a song and like it instantly? There's a science to it, no doubt, but simply put, the music breaks down a certain barrier in your mind, that wall around your musical tastes and preferences and gets to the heart of you, makes you sing, dance or jump.

Many songs will make you bounce quicker than others, because they get inside you quicker. Others can take a while; it can be difficult to be a reviewer at times, because music is not unlike any other art form, deserving of attention and experience. You should let a record sink in to you, instead of looking for a connection.

Along comes We Are Enfant Terrible, an electro-pop group from Lille, France. They are Clo Floret (vocals, keyboards), Thomas Fourny (guitars, keys, vocals, Nintendo) and Cyril Debarge (drums, 8-bit music), and released their debut album *Explicit Pictures* on Last Gang Records on April 5.

Marrying a form of European synth-pop with samples from 8-bit video games, We Are Enfant Terrible create a sound that goes beyond traditional genres of chiptune or dub music to create something interesting and unusual.

But it's that marriage of sounds that makes the record such an



CREDIT: WE ARE ENFANT TERRIBLE

We Are Enfant Terrible recently released their debut album *Explicit Pictures*.

experience to listen to, because if you've played many video games, there's an air of nostalgia to the music, the phantom of a memory that doesn't exist, the ghost of a video game that never existed.

Explicit Pictures is unique here in Canada by 2011 standards, and will most definitely draw some attention to itself in coming weeks. It's next to impossible to listen to it while remaining still in your seat; from the opening seconds of *Make You Laugh*, the music compels you to move.

The synth-pop factor is sharp, tight cymbal and hat work moving your shoulders with the beat, while the chiptune groove goes to work on your hips, a musical puppeteer that intends to watch you dance. Floret's vocals are especially sexy on *Filthy Love*, the first single from the record. It continues with *Lobster Quadrille*, the first proverbial boss fight you encounter on

your journey.

The record continues on its textured path to *Flesh 'n' Blood Kids*, a dance track so good that I imagine Jamiroquai dancing to it. Like so many other songs on the album, it will make you want to forget everything you've got going on and dance.

Top five songs: *Flesh 'n' Blood Kids*, *So Fine*, *Lobster Quadrille*, *A Song To You*, *Because Of The Bees*

Twenty per cent that I would cut (two songs): *Shangai*, *Wild Child*

For more information on We Are Enfant Terrible, or their debut record *Explicit Pictures* available in stores and online, visit WeAreEnfantTerrible.com or follow them on Twitter @waet. The band is embarking on a European tour this week, but you can look to them to return to Canada, likely sooner than later.



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London is Shore in for a good time

KIRSTEN ROSENKRANTZ
INTERROBANG

Pauly Shore is an iconic figure from the '90s, and anyone who has seen his films has been left with an endless list of funny one-liners. On April 15 he is coming to the London Music Hall, and I must admit, I'm counting down the days.

I have very fond memories from my childhood of watching Pauly Shore movies with my big brother, you know, *Encino Man*, *Bio-Dome* and *Son-In-Law*. With his upcoming show in London, I had the extremely exciting opportunity to speak with him, and here's what he had to say.

What can people expect from your stand-up?

Well, it's Pauly Shore, so I guess you can expect Pauly Shore, if you even know who that guy is. You're not gonna expect something other than that. Outrageousness, fun, over the top, spontaneous, a little raunchy, a little dirty, having a good time; kinda stripped-down Pauly. It's definitely a sense of the Weasel, you know, the old stuff, but it's not really that anymore, even though that's kinda who I was for a while. But it's just fun, spontaneous.

Do you tend to tailor your shows depending on where you're going,

or do you just do what you do no matter where you are?

Both, I think it's a good question. You wanna definitely adapt to where you're surroundings are, but funny is funny, you know? You can use the same material in Canada, America, Australia, South Africa; you just sometimes have to fuck with the references. But at the end of day, as long as you're relating to the audience, I think they'll understand.

If you had to pick, would you pick stand-up or making movies?

Probably stand-up.

In terms of your movies, what's more fun for you, acting in the movies, or writing, directing, producing and starring in them?

Well, when you're writing and doing everything it's a lot more work so the payoff is a lot bigger and the financial upside isn't that great, because the one thing they give you is creative freedom, but they don't give you a financial – it's not that interesting financially. When you're just starring and you're showing up it's like, 'Here's this amount of money and here's this amount of time,' you know, 'Do your stuff and get the hell out of here,' but you don't have as much say. I like doing both. When I do my own stuff it's just a lot more work.

Where do you get the ideas for the movies that you write?

That's a good question. I think I'm inspired by what it is I'm feeling as opposed to going, 'Okay, now I have to da-da-da-da.' For instance, when I went to Africa to film *Adopted* it wasn't like I thought 'Oh, I'm gonna do *Adopted*, now I'm gonna go to Africa,' it was like, I'm going to Africa cause I had to perform down there, 'Shit, I should do a movie,' and then I started thinking about it.

I know you have a few new projects coming up; can you tell me a bit about those?

The Shorez is a concept I came up with one afternoon when I was on the treadmill and I was watching the E! channel. They're doing a show called *Leave it to Lamas*, which was a reality show about Lorenzo Lamas where he's with his family, and I just think how ridiculous it is that people who are kind of icons get their own shows about their families, like the Osbornes and Gene Simmons. I thought, wouldn't it be funny if I had a fake family, exactly like these shows, but I don't have a girlfriend or kids or any of that shit. It's like *Borat* but for a reality show.

People probably come up to you

all the time quoting Encino Man and Bio-Dome. I'm wondering if that's still fun for you.

It depends. It's almost like a UFC fighter. If I've been out on the road for a while, then after a while it gets the best of me and I get burned. Next week should be fine. I'll have gone back to L.A. where people don't come up to me and do that, they don't really approach me even though they know who I am, because it's kind of like an unwritten law out here: don't approach people who are on TV. It's kind of like my private time. Being in this business is like politics: you have to appease your audience because they're the ones who got you where they got you. It's like Barack Obama touring across America for two years; he probably didn't enjoy it, but he knew at the end of the day it's part of the job. There's a time and a place for everything, you've gotta flip it around on yourself and ask yourself would you want people coming up to you at certain times of the day and you've gotta say 'yes' and 'no.'

Do you have anything else you want to say about your tour?

I love Canada. I just got off a tour over in Manitoba and it was great. People were really responsive and I'm very fortunate that



CREDIT: MOVIESET.COM

Comedy icon Pauly Shore will be performing at the London Music Hall on April 15.

people like me up there. It's pretty cool; I'm pretty lucky ... I wouldn't say everyone does, but there's a lot of people that come out to see my show.

Tickets for the show are \$25 and are available at ticketscene.ca or at the door. For more information about the show, visit londonmusicahall.com or Pauly Shore's website, paulyshore.com.



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Big laughs hit London Fanshawe grad's doc wins prestigious award

ERIKA FAUST
INTERROBANG

The third annual Big Comedy Go-To festival is bringing giggles, chortles, snorts and belly laughs to the city.

The festival features fantastic sketch, improv, stand-up, musical comedy, monologue and comic theatre from local and international talent.

The shows take place over the two weekends from April 14 to 23. "It's jam-packed," said Jayson McDonald, the creator of the festival, who will also be performing in it. "The first weekend is primarily local. We have some local mainstays: we have The NO Show, a comedy cabaret, to launch the festival; we've got The Boneyard Man's 100th episode; and we've got a sketch double-bill with Good Game and Vacation Land."

"The idea is to generate some buzz and give people something that they're familiar with to really get people excited for the second weekend, which is when I'll bring in all the national and international acts. It's lots of fun."

McDonald said there is a lot to look forward to over the two weekends. The evening of April 22 is sure to be sidesplitting: that's when the Improv Cage Match takes place. "We take all performers out of their various groups and people who have been in their own shows through the festival, we mix them all up and throw them randomly into groups together. We do improv challenges over the course of the evening and

the audience votes out each group until only one remains. It's kind of like *Survivor* meets *Whose Line Is It Anyway?*"

The festival will end on a hilariously high note on the evening of April 23. "We have the big one: our stand-up and monologue night," McDonald estimated that he had 12 or 13 comedians coming in from across Canada and the States. "It's at the Black Shire Pub and it sells out every year – get tickets early for that one. That's always a riot."

There will be lots of laughs in the festival, and there is one performance McDonald is especially close to. "I'm very excited about The Boneyard Man's 100th episode," he said. He has been writing and performing *The Boneyard Man* – a hilarious spoof of 1930s and '40s "radio noir" programs – for 13 years. "That's my child, all grown up. That's going to be good fun."

McDonald purposely scheduled the festival so that it is possible to catch every act. Show prices vary: \$10, \$15 or pay-what-you-can admission. Advanced tickets for every show are on sale now at the Arts Project (203 Dundas St.). For those hardcore comedy fans, festival passes are available for \$50 at the Arts Project, which will get you into every show. Be sure to arrive early to every performance, as festival passes and advanced tickets cannot be used to secure seating.

For a complete list of performers, to view the festival schedule and plan out your weekends or to learn more, visit bigcomedygoto.wetpaint.com.

ERIKA FAUST
INTERROBANG

If I Should Fall is a documentary that tells the story of 22-year-old Canadian trooper Marc Diab, of the Royal Canadian Dragoons. In March 2009, he was two weeks away from the end of his tour in Afghanistan when an improvised explosive device struck his vehicle and killed him.

Brendon Culliton, a Fanshawe broadcast journalism and digital post-production graduate, along with his father, Paul, put together the documentary with the help of Diab's family and fellow troopers.

"The film tells a story of Marc Diab's life and death, and how he got involved with the military. It tells the story through the people who knew him, and his own personal footage," explained Brendon. "It is a very unique story (because) his family moved to Canada from war-torn Lebanon ... He saw the suffering that the people went through in Afghanistan as similar to what people went through in Lebanon."

If I Should Fall uses Marc's story to tell a bigger story. "It's not just about Marc, it really is about all the Canadian soldiers, and about Canadian culture," Brendon explained.

On April 3, the film won an Award of Excellence in the Documentary division of the 2011 Canada International Film Festival in Vancouver, B.C.

The ceremony was small, but Brendon said it was a great experience. "It was really cool just because it was a room full of upcoming filmmakers. A lot of people were just really grateful to be there, because in many circum-



CREDIT: IFISHOULDFALL.COM

Fanshawe grad Brendon Culliton won an award for *If I Should Fall*, a documentary about the life and death of Canadian soldier Marc Diab, at the Canada International Film Festival on April 3.

stances, like myself, I'm still early in my career. To receive recognition like this really helps," he said.

"I don't take it as 'my award,'" he continued. "I see the recognition the film is receiving as recognizing the importance of the content of the film itself, the importance of the Canadian soldiers and the family."

"It was a very courageous thing for the troopers to tell the story," said Paul. "It was also a sign of how much the story meant to them, that they were able to bare their souls ... We want people to understand what has happened, and what these young men gave up."

"I think, in general, Canadian public is interested in hearing what our soldiers go through, even though it's not something we see too often on the news," Brendon added. "The film itself gives the

audience a chance to take part in listening to the soldiers' story. It means a lot for (the soldiers) if they realize that there's a good amount of Canadians who have heard their story and understand what they're going through."

At the end of April, Paul and Brendon plan to submit *If I Should Fall* to the Toronto International Film Festival, which takes place in September. From there, the team plans to distribute the film to high schools across the country, as the film has been well received in the schools that have shown it, said Paul.

"If the movie gains the profile that we hope it will, it will be a highly recognized story of the Afghan war," he added.

For more information, visit ifishouldfall.com.

The sweetest fling



Love, Lust & Lies
Patricia Cifani
asklovelustlies@gmail.com

Summer is almost here, and for most of you that means no more school – you're ready to have some fun. Summer is the best time to be single; lots of couples break up right before summer just because they know there is no better time to be unattached. All the possibilities lay in these four months of freedom.

So many people settle down right away and marry their first love, but where is the fun in that? I don't think anyone has really lived until they live life on their own and experience different kinds of relationships, and the summer is the perfect time to do this.

I have kissed a lot of frogs in my life so I can honestly say that I know what's out there. No one likes to kiss a frog but at least I am out there and not afraid to experience new things. I can say when I am in a relationship I will never regret the chances I didn't take and the experiences I never had. I would only hope everyone can say the same, and if not, I think you should do something to change that.

The summertime is a great time to experience the dating world. The main thing is you have to get out there. If you're staying in your house every night with your cat watching re-runs of *Friends* and wondering why you're alone, it's because you're not out there. So it's time to grab a volleyball and beach towel and try doing things that surround you with people.

Here are a few great ways or

places to meet people this summer:

Joining a team is a fantastic way to spend your summer and to meet new people. It could be anything from a baseball to an ultimate Frisbee team. Not only do you meet new people, it's also convenient to have a fling with someone on your team. Who says the fun has to stop once the game is over? I strongly suggest that you don't hang out before a game – both of you become useless to your team if you have no more energy.

Who doesn't love **sitting on a patio** on a hot summer day with a beer and friends or going to **the bar** on a nice summer night? Not many people, that's for sure, so you know that you have a great chance of meeting someone there. Most people are skeptical about meeting someone at the bar, but one of the best guys I ever dated I met at the bar in the summer. Just remember, this is a summer fling; it doesn't have to be perfect. You're not looking for Mr. Right; you're just looking for Mr. Right Now.

On the beach you are able to scout out that hottie you have always fantasized about because the beach doesn't leave much to the imagination. This might sound a little shallow, but I think everyone should experience a summer fling with some eye candy. Having a good time with the tanned half-naked guy or girl in a bikini on the beach can have some benefits.

Being single in the summer can give you an opportunity to explore different things and find out what you like and don't like. Don't be afraid to try new things.

Have a great summer and don't forget to have fun and live a little.

Sucker Punch is nothing you haven't already seen



REEL VIEWS
Alison Gaze
a_gaze@fanshaweonline.ca

Sucker Punch (2011)



If the over-stylized *Sky Captain and the World of Tomorrow* and the classic drama *One Flew Over the Cuckoo's Nest* had a film child, *Sucker Punch* would be it.

The film's plot is fairly straightforward: a young girl upset by her mother's death and motivated by revenge for her murdered sister attempts to kill her abusive stepfather. He in turn institutionalizes her and pays a large sum under the table to a hospital orderly to arrange for the girl to be lobotomized.

Baby Doll, as she is called, learns she has only five days until her impending surgery and escapes into multiple fabricated worlds to escape the pain of her life. The first is a brothel wherein Baby Doll is taught to dance for gentlemen,

among other things. It is in this world that Baby Doll meets her companions, all other girls from the institution: Sweet Pea, Rocket, Amber and Blondie. While dancing, Baby Doll escapes into an even deeper level of her imagination into a world where she must fight for her life and complete a quest to find five items (map, key, fire, knife and the fifth thing is a mystery) that will enable her to escape the institution and lobotomy in the real world.

The cast is full of female talent, some giving stronger performances than others. Baby Doll is played by Emily Browning, who often appears in horror and science fiction flicks. Browning gives an action-packed performance, but her emotional performance is more whiny than anything.

Sweet Pea is brought to life by relatively unknown Aussie actress Abbie Cornish, who is forgettable in every scene.

Indie favourite Jena Malone takes on the role of Rocket, but has given much better performances in

other works.

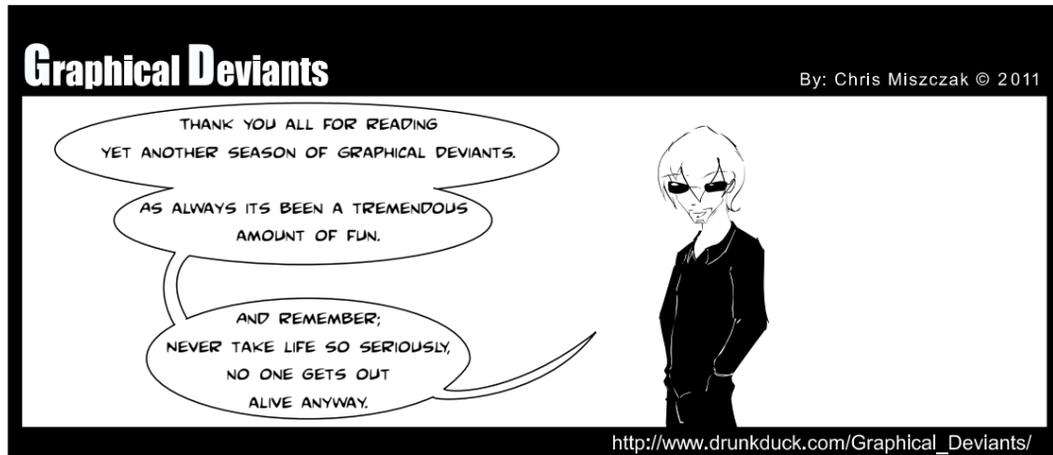
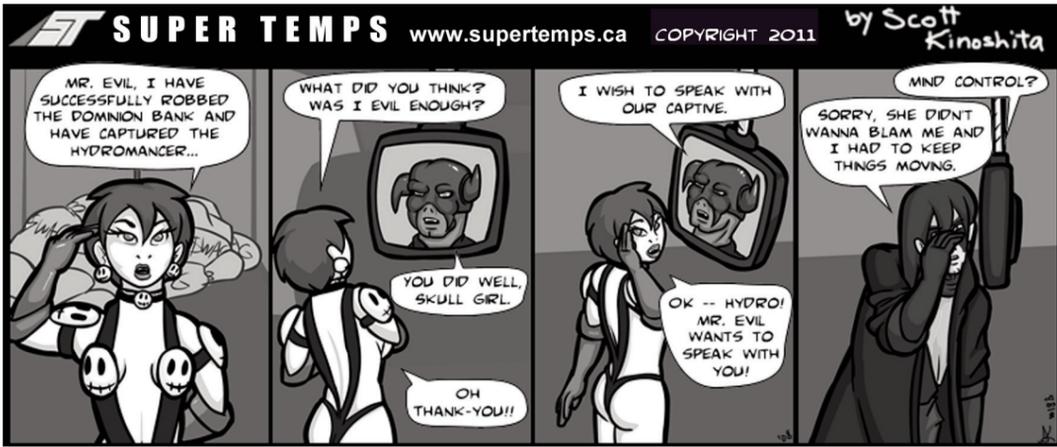
Vanessa Hudgens and Jamie Chung play Blondie and Amber respectively, neither particularly stands out in any way.

The female psychologist/dance teacher is played by the talented Carla Gugino, and the orderly/brothel owner, Blue, comes in the form of Oscar Isaac.

The highlight of the casting for me was John Hamm as the doctor who's set to perform the lobotomy as well as the heinous "High Roller" in the brothel. Hamm is a true presence on screen, and the five or so minutes that he graces the screen with are by far the most enjoyable of the film.

Over-stylized doesn't begin to describe the amount of post-production CGI that went into *Sucker Punch*, and it seems to distract from the storyline and acting. With a soundtrack that is cranked all the way up, your ears will be hurting by the time you leave the theatre.

If you've seen *Cuckoo's Nest*, you cannot expect a different outcome from this film, and unless you are looking for a CGI display, this flick is not worth your time or money.



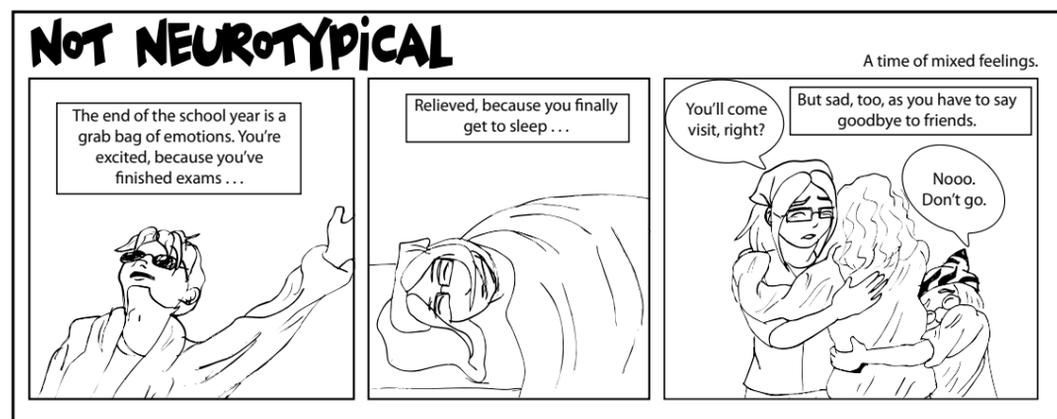
BUS STOP



Sudoku Puzzle

				7		4
7				4		
1		2		8	3	
	6	7		2		9
	1		6		4	3
	2			9		5 1
			5	7		6 3
				3		
	5		8			
						9

puzzle rating: medium
 Fill in the grid so that every row, every column and every 3x3 grid contains the digits 1 through 9. That means no number is repeated in any column, row or box. Solution can be found on page 18.



zodiac stargazer HOROSCOPE

Aries (March 21 - April 19)

All those physical kinks and spasms manifest disturbing metaphors in the usual order of things. Exercise your body to exorcise its demons. Instead of punching the wall, vault over it.

Taurus (April 20 - May 20)

Employ your brain as it was intended to be used. A frequently overlooked choice leads to massive improvement. Sometimes your biggest win comes through enabling a person who deserves your help.

Gemini (May 21 - June 20)

Rely on brevity and silence to keep you out of trouble. The moon could force a few highly inappropriate words through unsealed lips. Write your thoughts down if you absolutely must express them.

Cancer (June 21 - July 22)

You spell it out in big, bright letters, but some people still refuse to read the writing on the wall. Many little installments of dollars and cents add up to a tidy sum. Embrace those who are willing to grow with you.

Leo (July 23 - August 22)

You know how and when to use your authority. Leo is eager to find the right people with whom to share his or her power. Despite your hurry to get on with other things, be careful about rushing through an important decision.

Virgo (August 23 - Sept. 22)

You're quick, smart, accurate and neat. It seems as if there are no more frontiers to conquer. Keep trying, though. Persistence will pay a huge dividend.

Libra (Sept. 23 - Oct. 22)

Fame and glory stay with you. Foster a reputation that will help you further down the road. Come back to an old starting point. The world won't take care of you until you can prove your self-sufficiency.

Scorpio (Oct. 23 - Nov. 21)

Crush the resistance kindly and by degrees, as if you're doing it a favour. Your style and history win you new friends by word of mouth. Many know that you have secrets, but few know what they are.

Sagittarius (Nov. 22 - Dec. 21)

You deserve more respect than this. Maybe it's about the preferences of your superiors rather than anything that you're doing. Wait days before taking drastic action. The stars may have something good in store.

Capricorn (Dec. 22 - Jan. 19)

By checking fail-safe plans and alarm systems, you decrease your likely need for them. Romance is clear-eyed and strong, with many aspirations and no illusions. The best news comes from unofficial sources.

Aquarius (Jan. 20 - Feb. 18)

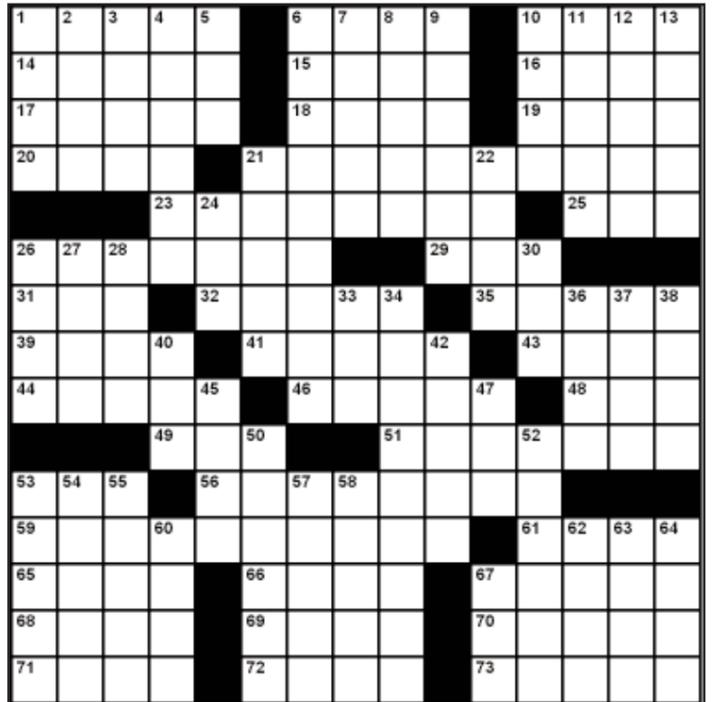
Say what you mean, and hope that others will do the same. The moon dams your free flowing stream of thought with hard conclusions. Keep an eye out for those who might slip through your defenses.

Pisces (Feb. 18 - March 20)

Be clear in any successful relationship. Guesswork detaches you when you should be engaged. There's only so much that you can plan before you have to start living the experience.

Across

- Arrangement
- Greek mythological god of war
- Long poem
- Shut
- Ridicule
- Large luxurious car (informal)
- Poplar tree
- Bargain
- Jump
- City in W. Saudi Arabia
- Fruit
- Not proved
- Bro's counterpart
- Obscure
- Arid
- Kangaroo (informal)
- Woman whose husband has died
- Bog
- Soon
- Parts of churches
- Largest of the Three Bears
- Reduction in intensity (informal)
- Island in the central Mediterranean Sea
- Abbey dweller
- Pencil end
- Hanging limply
- Morse code E
- Squid
- Hockey arenas (2 words)
- Formal "your"
- Insignificant
- Muslim chief
- Thick carpets
- Formerly a lira, for one
- River port in Normandy, France
- Cavities
- Bridge
- Formerly
- Come in
- Down
- Depart quickly
- Born Free feline
- Large antelope
- Beneficial
- Writer's implement
- The only married couple to fly together in space were Jan Davis and Mark Lee, who flew aboard the Endeavor space shuttle from Sept 12-20, 1992.
- The planet Venus spins opposite to the other planets in the solar system.
- The reason why the Canadian Arctic is called the "Land of the Midnight Sun" is because during the summer many communities have light 24 hours of the day. Many people have to cover their windows with tin foil to keep the light out when they sleep.
- The sun shrinks five feet every hour.
- The tallest tree recorded is located in Humboldt Redwoods State Park, California. It is a coast redwood and has been measured at 117 metres high.
- The word "America" comes from the European explorer Amerigo Vespucci.
- The word comet comes from the Greek word kometes meaning long hair and referring to the tail.
- The word Thailand means "land of the free."
- The word tulip comes from the Turkish word for turban.
- The world's highest capital is La Paz, which is the capital of Bolivia. The capital is located about 12,000 feet above sea level.
- The world's highest tide is in the Bay of Fundy located in Nova Scotia, Canada.
- The world's worst earthquake occurred in the Eastern Mediterranean in July 1201, killing over one million people that were predominately in Egypt and Syria.
- Toronto was the first city in the world with a computerized traffic signal system.



- Capital of the Netherlands
- Lions' sounds
- Brilliant display
- Made oblique
- Women's magazine
- Wharfs
- Designating a high-quality Japanese porcelain
- Imitates
- Blemish
- Apartment ad abbreviation
- Unused
- Mountain range in N. Russia
- Not any
- Marsh bird
- Talk incessantly
- Eggs
- Based on good intentions
- Hindu queen
- Rotated quickly
- Place on a wall (as a picture)
- Pecan, for one
- Porticos in ancient Greek architecture
- Unit of type size
- Month (abbr.)
- London, England's Buckingham
- Constricting snake
- Coins
- Frost over (2 words)
- ___ cotta (unglazed earthenware)
- Kind of beer
- Has a pain
- Bullfighter's assistant
- Stop
- S-shaped line
- Former world superpower
- Feminine pronoun

Solution on page 18

Word Search



Starring Holly Hunter

(Words in parentheses not in puzzle)

- | | | |
|------------------|---------------------|-------------------|
| (The) Big White | (The) Firm | Once (Around) |
| Broadcast (News) | (The) Incredibles | (The) Piano |
| Copycat | (Little) Black Book | Raising (Arizona) |
| Crash | (Living Out) Loud | Saving (Grace) |
| Crazy (in Love) | Nine (Lives) | Thirteen |

QUIRKY FACTS

- The deepest mine in the world is the East Rand mine, which goes to a depth of about 3,585 metres.
- The deepest point on the Earth's surface is in the Pacific Ocean located in the Marianas trench. This point is called the "Challenger Deep" and is 35,818 feet deep.
- The driest place on earth is Calama, in the Atacama Desert in Chile.
- The highest point in France is Mont Blanc, located in the Alps.
- The largest coral reef in the world is the Great Barrier Reef located in Australia. The reef is approximately 2023 kilometers long.
- The largest volcano known is on Mars: Olympus Mons, 370 miles wide and 79,000 feet high, is almost three times higher than Mount Everest.
- The longest freshwater shoreline in the world is located in the state of Michigan.
- The meaning of Siberia is "sleeping land."
- The oil that is found in poison ivy is called "urushiol."

Fill in the missing letters in the Jumble below

S U V I V

A R K H A M N

N A H Y L E

S C R U S

Now rearrange the letters you filled in to spell the name of

An actor in a drama series:

Jumble answers on page 18

ENTER TO WIN A

FREE COFFEE AND A DONUT

KIOSK QUIZ ANSWER

FROM APR. 4

Get shopping discounts after graduation with your Alumni 'PERKS' card.

Have a great summer – see you next year!

PRIZES SPONSORED BY CHARTWELLS.

BEST IN LATE NIGHT COMIC RELIEF

THE TONIGHT SHOW with Jay Leno

Southwest Airlines said that the hole that ripped through the fuselage of one of their airplanes was not terrorism-related. Thank goodness! It was just maintenance neglect.

Authorities in Mali arrested four people after an aircraft loaded with 10 tons of cocaine crashed. Charlie Sheen called it "the worst air disaster in history."

McDonald's announced that it will hire 15,000 people. That's when you know things are bad — when McDonald's needs reinforcements.

Fox News' Geraldo Rivera was caught in the middle of a firefight between pro- and anti-government forces in Libya. He was lucky to get out alive because both sides were trying to shoot him.



THE LATE LATE SHOW with Craig Ferguson

Apparently, Katie Couric will leave CBS. There's no word on her replacement yet, though I think I'd fit nicely into her chair. I already fit nicely into her outfits.

President Obama announced his re-election campaign, though it's not really a surprise. He did all the things that make it official: He filed the paperwork, redesigned his website, and printed another fake birth certificate.

Scientists say the ozone layer over the Arctic has shrunk a record 40 percent. It's the biggest hole in the sky that's not on a Southwest plane.

To avoid identity theft, I keep my information somewhere that no one will find it: on the CBS website.



LATE NIGHT with Jimmy Fallon

Researchers in Canada have created an injection that works as a long-term solution for cat allergies. I think that's known as "putting your cat to sleep."

To avoid high electricity bills, Mayor Bloomberg wants New Yorkers to use their air conditioning less this summer. That's not "cool."

A 92-year-old woman in Hawaii became the oldest person in the world to finish a marathon. At least, that's what they told her.

Many gamers are asking for refunds on the new Nintendo 3DS because it causes headaches and dizziness. It was pretty scary — some gamers became so disoriented, they accidentally wandered outside.



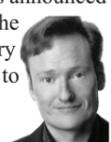
CONAN with Conan O'Brien

Former first lady Laura Bush said in an interview that she and George W. Bush do everything together. Then she said she had to go because "SpongeBob" was on.

Officials at BP have filed for permits to drill for oil again in the Gulf of Mexico. They say the oil is easier to find than ever because it's mostly on top of the water.

Medical marijuana users are now lobbying for the right to carry firearms. Because no one is a better shot than a stoned old man with glaucoma.

The CEO of Starbucks announced his intention to expand the coffee shop into a grocery business. I can't wait to buy a \$4 tomato.



JIMMY KIMMEL LIVE with Jimmy Kimmel

Charlie Sheen's live show bombed so badly in Detroit that President Obama gave him a \$4 billion bailout.

There's a \$376 million semi-secret construction project happening at the White House, and it's rumored that a tunnel is being built underneath. That's a lot of work for President Obama to get away from his mother-in-law. Let the man have a cigarette.

They found the missing cobra from the Bronx Zoo. It was right between a filing cabinet and a dead zookeeper.

Now there's a contest to name the cobra. They should have named it before, so that when it got lost, they could have just called it.



CLASSIFIEDS

Office hours Monday to Friday 9am - 4:30pm. Classified deadline is every Wednesday by 12pm. email: fsuclassifieds@fanshawec.ca

TO PLACE YOUR AD IN THIS SECTION, PLEASE CALL SARA AT 519.453.3720 ext. 230

HELP WANTED

HELP WANTED: Gymworld Gymnastics is looking for a few keen individuals who have interest/experience in teaching gymnastics to children. Our programs range from Tots to Teens. Excellent pay, flexible hours available. Northwest London location. Call 519-474-4960.

WANTED

COUPLE NEEDS YOU: Couple seeking young woman to donate some of her eggs in order that we can have a family. If you can help, please contact pat@soft-infertility.com

WE NEED YOU! Couple seeks egg donor. You are active, vibrant, caring; generous and willing to help another in any way. Giving the miracle of life would be the utmost gift known. Please respond in strictest confidence to: pat@soft-infertility.com.

Are you looking to GROW? National Energy Corp. is one of the fastest growing companies on the Toronto Stock Exchange. Now hiring energetic, career-minded students for London, Kitchener and Toronto divisions! F/T summer positions with career and management potential. Full Training Provided. Call 519 850 9476 or 1-866-843-9947 to book an interview!

WANTED - COMPUTER TRAINING: I am a senior looking for a student to provide training on how to use my Note Book. I live East of Clarke Rd. on Hamilton Rd., and will pay \$15.00 / hr. for 2 hrs/day either once, twice or 3 times a week, any time that suits. Training can take place at my home or yours. Call Bill R-519-453-4177 or C-519-661-9869 or email at billiesue@execulink.com.

ANNOUNCEMENTS

UNBOUND FASHION SHOW 2011: Mark your calendars fashion lovers! Once again, students in their final year of the Fashion Design Program are ready to sign-off in style at their annual UNBOUND fashion show. These dedicated students will debut their final collections at this high profile event which features a meet and greet with industry profession-

als and a dazzling runway show. Students participating in the show will be evaluated by a jury of leaders in the Canadian fashion industry, including the acclaimed fashion designer David Dixon. Be a part of the show that is guaranteed to wow and impress over 300 guests. Saturday, April 9, 2011 at Museum London Doors open at 7 pm; show commences at 8 pm. Tickets are \$45 and can be purchased through the Grand Theatre Box Office by telephone (519-672-8800), online (www.grandtheatre.com) or in person at the box office. For more information visit www.fanshawec.ca/unbound.

FINANCIAL READINESS SESSIONS Need assistance applying for OSAP, completing a bursary application, planning and budgeting or just have some general questions about Financial Aid? Drop in to one of our weekly "FINANCIAL READINESS" session held every Tuesday at 9 - 11 a.m. in A2036 until April 12. Bring your social insurance number and

financial documents to begin your OSAP application online. Financial Readiness sessions are available on a drop-in basis. Students can join us for the entire session or however long is required for their questions and inquiries. OSAP applications for the 2011/12 school year are available!

LOOKING FOR A PLACE TO STUDY? The Library will be open 24/7 for Fanshawe students during Exam Weeks. 24/7 Library access is from 8:00 a.m. Friday, April 5th to 9:45 p.m. Thursday, April 21st. Extended hours include access to the print collections and photocopyers.

Bring your Fanshawe ID! The Library Student Research Lab hours won't change — it's already open 24/7!**HAVE DINNER AT SAFFRON'S AND SUPPORT "FIGHT LIKE A GIRL"** - Fight Like a Girl is comprised of women from London, Stratford and Toronto. We come together as sisters, daughters, cousins and girlfriends to Fight Like

a Girl and knock out cancer! Join us for a three course gourmet meal at Saffron's of Fanshawe College on April 15. Bring your husband, plan a girl's night out, grab your parents, sisters, brothers and don't miss out on this yummy experience! Cocktails at 6 p.m., Dinner at 7 p.m. Cash Bar. Tickets are \$40 and include taxes and gratuities. Email Colleen at cgmurree@sympatico.ca to buy your ticket. Tickets are limited!!

SERVICES

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Jumble Answers: Survivor, Mark Harmon, Noah Wyle, Scrubs
Answer: Rob Morrow

				7		4	
7			4				
1	2		8	3			
	6	7		2		9	
	1		6		4	3	
	2			9		5	1
			5	7		6	3
				3			9
5		8					

S	E	T	U	P	A	R	E	S	E	P	I	C
C	L	O	S	E	M	O	C	K	L	I	M	O
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T	A	I	F	S	T	R	A	W	B	E	R	R
U	N	C	L	E	A	R	D	R	I	E	S	
R	O	O	W	I	D	O	W	M	A	R	S	H
A	N	O	N	N	A	V	E	S	P	A	P	A
L	E	T	U	P	M	A	L	T	A	N	U	N
D	I	T	C	A	L	A	M	A	R	I	E	S
I	C	E	P	A	L	A	C	E	S	T	H	O
M	E	R	E	A	G	H	A	S	H	A	G	S
E	U	R	O	C	A	E	N	H	O	L	E	S
S	P	A	N	E	R	S	T	E	N	T	E	R



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Get your application on-line at www.sbcentre.ca (click on Youth)

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CREDIT: REFINERY29.COM

Loeffler Randall's SS11 shoe collection takes the number one spot for this season's must-haves.

What you need to know before heading into summer



CHRISTINA KUBIW
KALASHNIK
FASHION WRITER

Summer is fast approaching, and although it may not feel like it, it will soon be here. Seeing as this will be the last issue before summertime, I feel as though I need to load you up with information.

I hope that, armed with this article, you will feel as though you have what you need to kick summer in the fashion ass.

I will provide you with a short summer shopping list, and trends to look out for. Whatever your personal style is, the mini-guide I am about to provide you with can be transformed into something that you can use in terms of your own personal style.

Preppy: Shirdresses and classic button-up sundresses with on-trend colours and prints. Feminine and '50s flare, delicate bow ties and careful use of cardigans.

Flowing and carefree: A hippie-based trend, using inspirations such as loose-fitting tops in light fabrics. Tastefully tie-dyed and layering babydoll tops. Loose-fitting pants and worn shorts, sandals and headbands, bracelets and woven and braided accessories.

Boyish and boxy: Bringing it to menswear, small hints of this inspiration appear in this season. Buckles and cardigans, hats, blazers and bulky accents make appearances to downplay the intensity of this season's femininity.

Bright and tropical: Floral colours seen in bathing suits and dresses. Balancing these colours and prints within your wardrobe, not getting carried away with the excitement of the weather that makes them suitable to be worn.

This summer's must-have shopping list:

Flats, wedges and lace-ups

Looking back on all of my articles, I've never ceased to stress the importance of footwear.

People never realize how it can make or break an outfit. This summer, vibrant footwear will be the cherry on top of the sundae. Purples, oranges and metallics are going to take front row along with wedges and chunky heels. Summer is light and airy, it's a season that's easy to maneuver, and it's carefree. Have some great walking heels on hand and consider a pair of bright plum pumps or strappy silver wedges for nighttime. There are definitely plenty of styles to fill your closet.

Menswear

Yes indeed, menswear is back for spring. Keep those boxy blazers and fedoras from last spring. Consider long cardigans as a great and effortless dress cover-up. Belt it, wrap it or brooch it. Use accessories to dress your outfit up; they're a great tool to draw attention to places you want people to notice. A brooch on your chest will lead eyes in that direction; a belt in a contrasting colour will draw someone's eye to your shapely waist. Menswear CAN be feminine; it's all about finding balance between the two.

Bikini very careful

One thing that is most certainly important for summer is none other than the dreaded bikini. So awful to shop for, let's get real. Some cuts make your butt look big, others make your butt disappear, bandeaus either make your boobs fall out or hide them completely. What I can tell you about this summer is that cutouts are in and slash-outs are out. Those tacky pink one-pieces with over-cut sides that show off your love handles – they've got to go NOW. Tacky, trashy and completely cheap-looking. Opt for a sexy bandeau with a zip front and interchangeable bottoms that coordinate well with your other tops. Interchanging will save you money and will allow you to have most fun with the part of the body you want to get noticed. Bathing suits are bad if you approach them in such a way, have fun and remember YOU are beautiful.

Have a great summer!

Styling the eyes key accessory



ZOOT
JOSHUA R. WALLER
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As summer is right around the corner, it's time to bring out all the summer apparel, sunscreen and flip-flops. On top of all the necessities, the most important and differentiating addition to your summer wardrobe is sunglasses.

Buying any random pair of sunglasses from the dollar store is more detrimental than not wearing any sunglasses at all. Not only are sunglasses fashionable, they are, of course, good for protection against the sun. When picking out shades, there are a few guidelines to follow.

The main thing to consider (and is most often overlooked) is the shape of your face. Picking out an uncomplimentary pair of sunglasses can really look odd or distort your actual face shape. The following face shapes coordinate with the style of glasses:

The Oval Face is the easiest shape to work with since it has balanced proportions. Pretty much any frame-shape works, but the optimal look would be a frame that is as wide as the broadest part of the face.

The Square Face requires sunglasses with a narrow frame and has more width than depth so it widens the eye area of the face.

The Oblong Face is very long, slim and has straight cheek lines. To offset the narrow face, pick sunglasses that have a deep frame with some kind of ornamentation.

The Round Face needs sunglasses that will thin out the face. To do this, choose ones that have clear bridges (to widen the eyes)



CREDIT: TELEGRAPH.CO.UK

Teashade sunglasses made famous by the legendary John Lennon.

and narrow frames (to lengthen the face).

The Triangular Face has a broad forehead and narrow chin which, again, means you need a pair of sunglasses that will be fitting. Thin-rimmed sunglasses that don't sit too high on the face are the best choice for this face shape.

After deciding which sunglasses are going to look the best with your face shape, it's also key to keep in mind of the trends of 2011. Teashade sunglasses (made famous by John Lennon) are probably the most extreme shades we will see in summer 2011 and may be too extreme for most men's looks, but they are definitely a con-

versation piece. Wayfarers (James Dean's signature glasses) are going to be the hottest pair of sunglasses this summer and compliment pretty much any face shape. Last but not least, aviators are again the trend for the summer, except this year designers are starting to play around with different colours of glass to create a more artistic look.

This summer, try something new; whether it be a new cologne, new pair of sunglasses or a new fling, just try something different. You only live once, and always remember that fashion and style are never set in stone; there are simply guidelines for you to twist and mix in any way you wish.



HUMBER

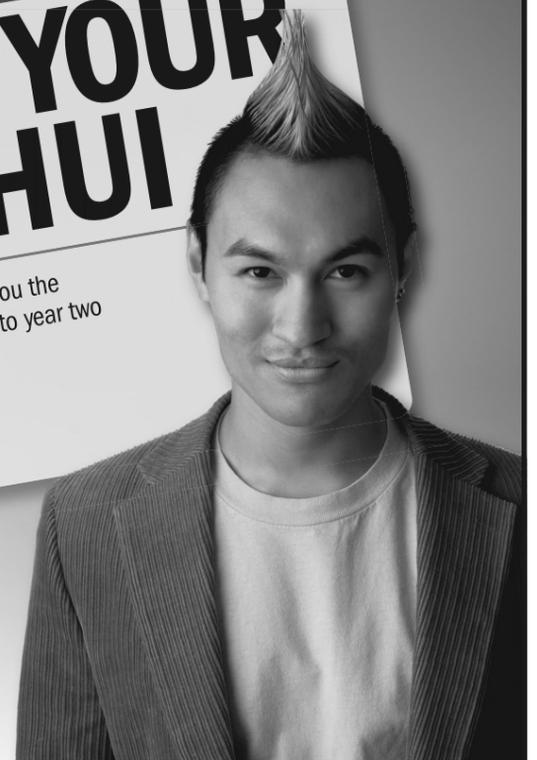
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Food for thought

Guide to fresh, local summer food

MARK FACCHIN & JESSICA WILKIE
INTERROBANG

The snow has finally melted and with that, we find ourselves looking at the best time of year to get fresh, local produce. We are lucky here in Ontario that between May and October we have access to a wide variety of fruits and vegetables grown here.

In this article, we will outline each month to let you know what's in season, but first we'll talk about the benefits of choosing locally-sourced produce.

You may have heard of the "hundred mile diet," but if you haven't, the concept behind it is fairly simple: eating foods only produced from within one hundred miles of where you live. This is beneficial because it reduces the distance your food has to travel in order to get to your plate.

When eating, many people forget or lose perspective on where their food comes from because they are so removed from the process. Buying local is one way to get a better understanding of where and how your food is produced.

In addition, buying local supports our farmers. When you buy direct from the farmer, they are able to keep most of the profits rather than paying a distributor to sell their food. Finally, you know the food you're buying is fresh and often organic.

Here is a basic rundown of the growing seasons in Ontario. We have listed each item under the month that it becomes available. Most seasons run at least two months:

May:

Asparagus, Radishes, Spinach, Strawberries

June:

Green Beans, Bok Choy, Broccoli, Cauliflower, Cucumber, Lettuce, Green Onions, Snow Peas, Green Peas, Cherries

July:

Celery, Corn, Bell Peppers, Tomatoes, Zucchini, Apricots, Blueberries, Gooseberries, Peaches, Plums, Raspberries, Watermelons

August:

Grapes, Apples, Eggplant, Artichokes, Pears

This list is obviously not exhaustive, but it contains many of the most popular fruits and vegetables. Check out the Foodland Ontario website (foodland.gov.on.ca) for more detailed information.

You have a few options when it comes to purchasing farm fresh produce. Many farms sell their products on-site, but most likely you will go to a farmer's market. There are numerous farmer's markets in and around London (Trails End, Gibraltar Weekend Market, London Farmer's Market at Masonville Place), but if you are leaving to go home for the summer somewhere else in Ontario, then we would highly recommend checking out the Farmers' Markets Ontario website at farmersmarket-sontario.com. The site lists various farmers' markets across Ontario, including locations and hours of operation.

If you want further information about Ontario produce in general, visit foodland.gov.on.ca. This site features profiles on the various types of produce grown in Ontario, detailed availability information



CREDIT: TONY VANCOUVER

Fresh, local produce will become plentiful in the coming months.

and even recipes that use Ontario produce. All of these resources will help you incorporate more local produce into your diet in a manner that is convenient and simple.

Finally, just a quick note: it has been a wonderful experience writing Food for Thought this year.

Mark and I learned a lot and we hope you all learned something too. Good luck on exams and have a great summer. Happy eating!

Got questions, comments or suggestions? Feel free to e-mail us at foodforthoughtfc@gmail.com

Day One won't be their last

KIRSTEN ROSENKRANTZ
INTERROBANG

Local band Metro4 is starting their Canadian tour right here in London by having their album release party on April 23 at Rum Runners at The London Music Hall.

Their second album, *Day One*, was released on April 1. This album follows their successful first album that had them opening for bands such as the Stone Temple Pilots, Our Lady Peace, The Trews and Sloan, and playing at festivals like Sarnia Bayfest.

On this album they had the opportunity to work with Juno-winning mixing engineer Dan Brodbeck, and after some changes in their line-up, Metro4 feels they have finally found their chemistry.

The band is made up of Daniel Di Febo on guitar, Ryan Kriz on percussion, Danny Dube on bass and

Jason Mercer on vocals and guitar. This self-described alternative band has a unique sound that is reminiscent of bands such as Keane and the Goo Goo Dolls. Their latest release is catchy and sure to have you singing along.

"It's definitely a distinct sound. A lot of people who have heard our music say there's a kind of European influence to it, but you can't really pinpoint what that is," said Mercer. "It's not just straightforward rock."

Listen for their first single from the album, *Going Under*, on radios very soon, and check them out at The London Music Hall on April 23, with guests The Dyadics and DJs Illmatic and MG.

For more information about Metro4, visit their website at metro4.ca or check out their Myspace at myspace.com/metro4.

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CREDIT: STEPHWIESE.REDBUBBLE.COM

Follow a proven fitness program to get that perfect beach body.

Fitness programs that work



HEALTHY FIT
MPHATSO MLOTHA
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Day after day, minute after minute, we are bombarded with infomercials that convince us that their fitness products will solve our physical insecurities.

What most of us don't realize is that we are constantly buying our way into nothing.

Such products have been labelled as "gimmicks" that soak up our money faster than their actual use. These products can be supplements, tablets, shakes, creams or beverages.

Products aside, there are some fitness programs that are worth their cost. There's a general rule of thumb to everything we do: *when you push hard and believe, you will succeed*. Therefore, technically speaking, any program can work with the right attitude.

There is no universal fitness program that works for everyone. Factors like your gender, weight, height, diet and medical conditions must be considered when determining whether a program is the right one for you.

Also, for those who suffer from various medical conditions, it is always wise to pay a visit to the physician first, just to be on the safe side. For instance, if you have back pains, accessing a program that's founded on weightlifting is not recommended. On the other hand, if you have problems with your joints, it is recommended that you try very low-impact cardiovascular training.

Your doctor may also refer you to health specialists or dieticians with nutritional advice to match your workout program and goals.

There are indeed fitness programs that actually work. This is based on the number of satisfied customers who have joined the program, used its workouts and met or surpassed their goal.

A U.S.-based company called Beachbody has created the nation's most popular in-home fitness and weight loss solutions. It is a collection of fitness programs that constitute a variety of exercises and workout plans. People use and concurrently refer Beachbody programs to friends or family because of its realistic approach. They state, "If you work consistently, you will get great results." And that's telling it like it is.

One of Beachbody's fitness programs that is changing the lives of many is P90X, featuring professional personal trainer Tony. Out of 2,969 reviews, this fitness program was rated 4.8 out of 5. It features a 90-day workout plan where, according to the Beachbody website, "All you need is a set of dumbbells or resistance bands, a pull-up bar and about an hour a day. No gym membership required."

Shaun T, a professional fitness and personal trainer, ups the notch with his 60-day total body conditioning Intensity program. "Each workout keeps you constantly challenged as you alternate between aerobic and anaerobic intervals performed at your MAX. The result: burn up to 1,000 calories in an hour," according to insanity60.com.

The reason why people tend to use these programs is that they simply work. They give successful tips and strategies for exercises that work best and they can even help with nutrition advice.

Beachbody does not use endorsed advertising to sell their products; testimonials and results from real customers do that for them. The word is genuine, and if you think the program is not working as it is should, Beachbody offers a money-back guarantee.

Beachbody fitness programs have revolutionized home-based fitness workout by constantly and thoroughly testing each method before exercised. Maximize your chances of getting fit at home.

Rock Bottom moment for Cena



THE HEEL TURN
SCOTT STRINGLE
stringle78@gmail.com

If you mixed the Super Bowl, World Series and the Stanley Cup playoffs all together, you'd get the biggest show of the year, Wrestlemania 27, which took place April 3 at the Georgia Dome.

In the first match of the night Alberto Del Rio faced off against the heavyweight champ Edge, a title shot which Del Rio had earned by winning the Royal Rumble. All the build-up the Mexican Aristocrat had gotten over the last couple months was for nothing though, as Edge retained the strap by nailing Del Rio with his patented spear. Afterwards, Edge and Christian added insult to injury by vandalizing Del Rio's new Rolls Royce.

Dashing Cody Rhodes, who is wearing a face mask due to a "disfigurement," had a good match with Rey Mysterio. Rhodes kicked out of a 619 and went on to hit Mysterio with a knee brace for the win. Mysterio usually always has a special costume for Wrestlemania, and this year it was Captain America.

The thrown-together team of Kane, Big Show, Santino and Kofi Kingston defeated The Corre in under five minutes. Now they have Kane imitating Santino's trumpet celebration, which could not make him look any less intimidating.

CM Punk came very close to defeating his bitter enemy Randy Orton. Orton's leg was damaged previously by Punk, and this was a weakness that he preyed upon. Punk got a little too cocky, though, and Orton hit him with an RKO as Punk was jumping off the top rope.



CREDIT: WWE

The Rock delivers John Cena his Wrestlemania moment with a Rock Bottom, setting up a match for next year's Wrestlemania.

Jerry Lawler and Michael Cole, who are both commentators, actually squared off in the ring, with Stone Cold Steve Austin as special referee. Unsurprisingly, Lawler beat Cole rather easily. Lawler and Austin celebrated with some beers, and Booker T thought he'd join the party. Austin did not appreciate the interruption and nailed Booker with a Stunner. The anonymous GM then informed them that he was awarding the win to Cole due to Austin's "poor officiating."

The Undertaker's Wrestlemania streak was never in more jeopardy than now, as he fought Triple H in one of the best matches of the night. Both superstars had amazing entrances, with Triple H using Metallica's *For Whom The Bell Tolls* as he came out to the ramp wearing a crown and cape, surrounded by warriors carrying shields. Triple H had said previously that he would die trying to end the streak, and try he did, hitting the Dead Man with several pedigrees and even a Tombstone

Piledriver, which Undertaker amazingly kicked out of. In the end, Taker locked Triple H into the Hell's Gate submission move, which is basically a Triangle Choke. Triple H held on for over a minute but had no choice but to tap out, leaving Undertaker's streak intact at 19-0.

John Morrison, Trish Stratus and Snooki took on Laycool and Dolph Ziggler in a relatively quick match. Snooki actually surprised everybody by using some backflips and handsprings to pin Michelle McCool. Who knew she had a bit of athletic ability?

In the main event John Cena challenged the WWE champion The Miz. The match ended in a double count-out at first, with both men being down outside the ring. The Rock came out and said that since he was the host, the match would continue with no disqualifications. Of course he used this opportunity to hit Cena with a Rock Bottom, thereby allowing The Miz to retain the WWE title.

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London's first airsoft range opens

KIRSTEN ROSENKRANTZ
INTERROBANG

Forest City Surplus has opened London's first airsoft range after noticing a growing interest in the sport. Airsoft is a sport that uses replica firearms to shoot smaller diameter plastic pellets out of spring-, battery- or gas-powered guns. The sport originated in Japan in the 1980s, where guns are banned for civilian use, and has since spread globally.

"When we first started carrying airsoft three years ago, we were flooded with anxious airsoft customers," said Tim Hodges, marketing manager at Forest City Surplus.

"We have been expanding the number of guns we carry to 37 varieties," said Jamie Finnemore, Forest City Surplus' airsoft expert. "We carry the classic look-a-likes like the AK-47 and the infamous 1920s Tommy gun." Forest City Surplus now carries the largest selection of airsoft guns in Southwestern Ontario.

"With students getting stressed out preparing for exams, we expect to see Fanshawe students in firing airsoft guns to relieve stress," said Hodges. Swing by the Forest City Surplus firing range to blow a

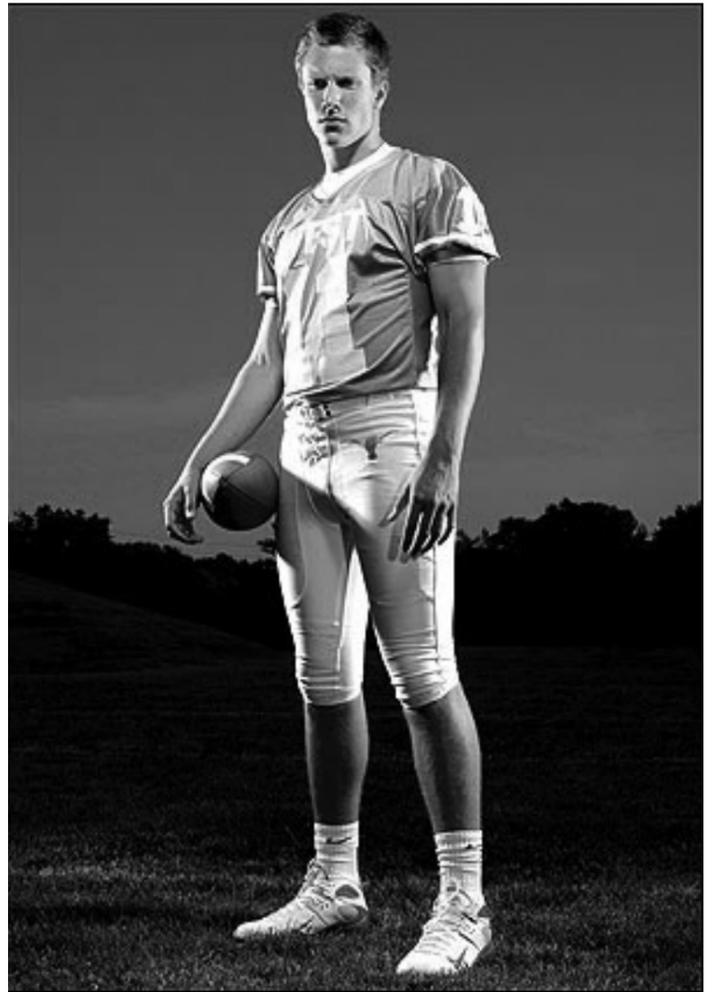
little steam.

Visit Forest City Surplus at 1712 Dundas St. or at fcsurplus.com for more information about their airsoft products and firing range.



CREDIT: FOREST CITY SURPLUS

Left to right: Airsoft expert Josh Good firing an airsoft Tommy gun, store manager Bryan Wildman and airsoft expert Jamie Finnemore firing an airsoft AK-47.



CREDIT: AP

Will the Carolina Panthers make Blaine Gabbert the number one pick, or will that honour go to another player?

Wishing you a fun and fit summer



FUN AND FITNESS
RICK MELO
melo_rick@hotmail.com

It's hard to believe that we've already reached the end of the school year. It sounds cliché, but each year definitely goes by faster and faster. I won't keep you guys long since it's crunch time and you're all frantically finishing up last-minute assignments and preparing for exams. But before I sign off, I'd like to leave all of you with some food for thought.

Don't fall into the "summer rock star" lifestyle. This is your warning. Take a good look back at your

2010/2011 school year. Now try to recollect your eating habits, your exercise habits and your partying habits. Let's face it, for the most part, especially first year students, most of you get an A+ for falling off the health wagon. Now amplify that in the summer when there are tons of cold drinks to be had on those hot, sunny days. It's easy to get caught partying non-stop throughout the summer, yet that basketball net in your driveway doesn't see a lick of action.

Summertime is the best time to party and bike/rollerblade/s w i m / w a l k / j o g / r u n / p l a y sports/dance/skinny-dip followed by running from police. I think you guys get my point - summer is a great time to get fit as well!

Make a conscious effort to remember that the summer season should be the best opportunity of the year for all aspects of your lives. Work hard to party harder. For some of you, it's your first year of college and you'll be returning in no time. For others, you'll be graduating and moving on with the rest of your lives. Either way, it's been my pleasure to have had the opportunity to write for you. I look forward to doing it all over again next year. I wish the best to everyone who'll be moving on. As for those of you returning with your summer tans and dyed hair-dos, don't forget to bring your best physiques and healthiest minds!

Elantra small but mighty



MOTORING
NAUMAN FAROOQ
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Last week we looked at the Hyundai Sonata Turbo, a nice car that could have been even nicer. This week we are going to look at its smaller sibling, the new Elantra sedan.

Like the old Sonata, I was a huge fan of the last generation Elantra sedan. It was smooth and comfortable and offered great fuel economy. It even looked fairly good. In my mind, it was one of the best cars you could buy for under \$20,000.

The new Elantra can also be had for under \$20,000. But where the last model looked good, the new model is stunning.

There is not a single straight line on this car. It has more curves than Kim Kardashian, and when you park one next to the new Sonata, it puts its bigger brother to shame. The Elantra is a much nicer design from every angle, and the good news doesn't stop here.

Step inside and you'll be greeted by one of the nicest interiors in its class. All the major controls are

well laid out in an easy, accessible section on the dashboard. The stereo was fine, and the fit and finish was better than I was expecting. Good so far, then.

Some of the complaints I had about the Sonata are also found here. It feels like this new Elantra is also not as quiet as the old model (cost-cutting in sound deadening perhaps), and while the seats seemed fine, they are not exactly the best in the business - they're not even the best in its class.

That said, there is plenty of room for front and rear seat passengers, and if you are picking someone up from the airport, you'll be happy to know that the trunk can swallow a whole lot of luggage. The trunk space can expand thanks to rear folding seats. I do wish, though, that Hyundai had not attached the trunk lid to old-fashioned C-hinges. They look cheap (because they are) and also intrude into luggage space.

Still, overall I'd say the car is doing fine.

What about the driving feel? Well it is good, if not spectacular. The 1.8-litre, four-cylinder engine is smooth and develops a reasonable 148-hp and 131 lb/ft of torque. That motor drives the front wheels and can be mated to either a six-speed manual gearbox or a

six-speed automatic. My test car came with the automatic gearbox. This autobox is extremely smooth and its shift times are quick. So from a powertrain point of view, the new Elantra is good.

Fuel economy could have been better, though. I averaged 10.3-litres/100km during my week of city and highway driving. The figure is not bad, but cars like the Toyota Corolla and the Honda Civic can manage better numbers.

From a handling point of view, the Elantra is very impressive. You can chuck this car into corners and find it shows minimal body roll. It does understeer like all other front-wheel drive sedans, but it's better than some of its key rivals.

So how would I sum up the new Elantra? It is a very nice car for its segment and will certainly impress most of its buyers. I just think that Hyundai actually made the Elantra better than the Sonata by mistake, and that is good news for anyone considering buying a new Hyundai. Sure, the Elantra might not have the power or the powertrain options the Sonata provides, but for everyday running around, it is the better car.

Prices for the 2011 Elantra start at \$15,849.

Mock drafting the top 10



NFL CZAR
JUSTIN VANDERZWAN

This is one of the best times of the year. Not only is school almost done, but the NFL draft is right around the corner. I realize everyone and their uncle does a mock draft these days, but I'm the NFL Czar! How could I not?

1. Carolina Panthers select... Blaine Gabbert, quarterback from the University of Missouri. After plenty of speculation, the Panthers will go for the franchise QB. I don't think Gabbert is the best player available, but the Panthers will grab him based on the success of rookie QBs the past few years.

2. Denver Broncos select... Marcel Dareus, defensive tackle from the University of Alabama. The Broncos have a ton of needs, that's why they pick this early, but they go with the best available here. Dareus is a unique talent, and will dominate the line of scrimmage for years to come.

3. Buffalo Bills select... Cam Newton, QB from Auburn. The Bills need a playmaker, and Newton is just that. I think they will continue to play Ryan Fitzpatrick this year, but go to Newton in the future.

4. Cincinnati Bengals select... A.J. Green, wide receiver from Georgia. Carson Palmer or no Carson Palmer, the Bengals need a new playmaker. With Chad Ochocinco/Johnson getting up in years, the Bengals have to look to the future.

5. Arizona Cardinals select... Von Miller, linebacker from Texas A&M. The Cardinals need a QB, there is no doubting that, but with the top two off the board, they go with Miller. The best pass rusher in the draft, Miller will bring a new

dimension to the defence.

6. Cleveland Browns select... Da'Quan Bowers, defensive end from Clemson. Another team that could go QB if one falls, but Bowers is an absolute beast who will become an impact playmaker on defence. They could also take Alabama WR Julio Jones, but I think they go with Bowers.

7. San Francisco 49ers select... Patrick Peterson, cornerback from Louisiana State University. The Niners have other needs, but Peterson may be the best player in the draft. Paired with Nate Clements, the 49ers may have the best secondary in the NFL.

8. Tennessee Titans select... Nick Fairley, DT from Auburn. At one point, Fairley was expected to go a lot higher than this, but he had a rough NFL Combine. He is a monster on the line, and could be even better than Dareus if he commits himself.

9. Dallas Cowboys select... J.J. Watt, DE from Wisconsin. I think the Cowboys will likely trade down from this pick, but if they stay, they should take Watt. It may be a reach, but Watt is very versatile, and would fit into the Cowboys three-four defence right away.

10. Washington Redskins select... Julio Jones, WR from Alabama. The Redskins are a mess, and need to have a good draft to get back on track. Jones is a dynamic star, who would become a big-play threat for years to come.

Unfortunately, I only have enough space to mock the top 10. There are plenty of mock drafts on the web, and I encourage you to check them out. Be sure to enjoy the NFL draft in a couple weeks, with round one taking place on Thursday, April 28. Hopefully, the NFL will not be locked out, and we can get back to watching football.

ON campus

students enjoying campus life

PHOTO CREDIT: ANDRE BAKER



Paramedic students work on stretcher technique in campus stairwells.



Alex Kamps shows off some of the stock in the Student Sharing Shop.



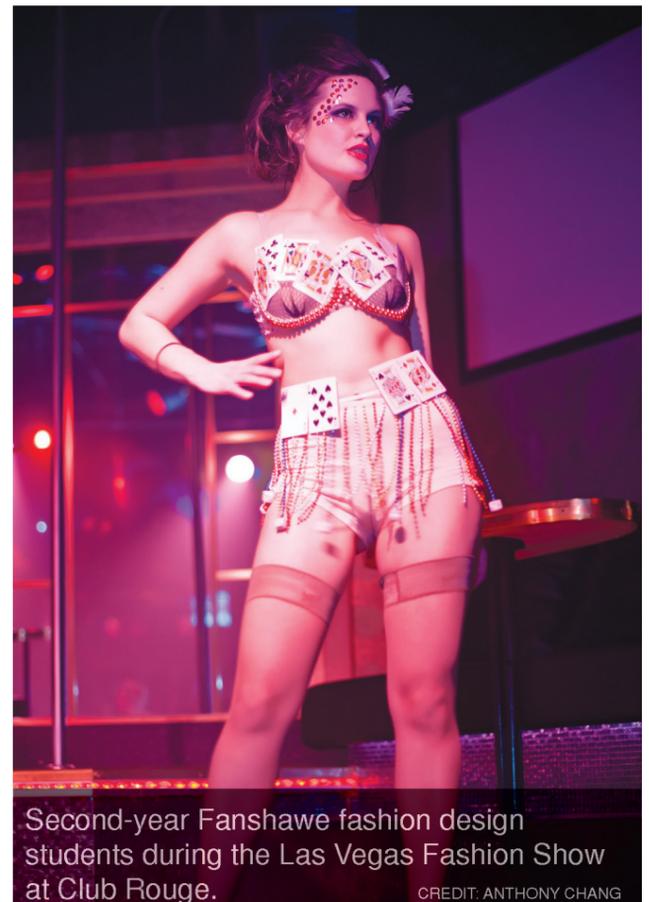
Amanda and Nicole work the halls during a barbeque for hotel management program.



Students in music production class work on their mixing.



The First Nations Centre celebrates student success at the annual Year End Social Gathering.



Second-year Fanshawe fashion design students during the Las Vegas Fashion Show at Club Rouge.

CREDIT: ANTHONY CHANG

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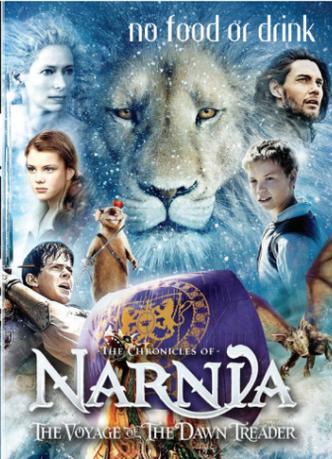
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SKRATCH BASTID

9:30 PM DOORS
 FORWELL HALL
 \$4 ADVANCE
 \$5 AT THE DOOR

tickets available at the Biz Booth

**AT THE
YEAR
END
BASH!**

