

... **INTERROBANG**
Fanshawe's Student Voice

Think globally, eat locally 6
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Question of the week

“what do you think of the new drinking and driving consequences for young and novice drivers?”

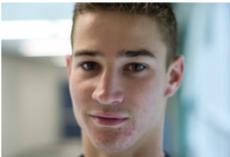
Adrian Van Raay

—“I think it’s fair. It will bring down the accident rates, I mean I drive but I don’t drink. It’s something that’s common sense, really. So I think it’s a good thing, though I even know a few people who will drink and drive and hopefully this will stop them from doing that again now that the consequences are harsher.”



Andrew Tiahnybok

—“I think it’s a good idea, I mean it’s the law, you can’t drink and drive. I think there is a little bit of age discrimination in there, but then again, a lot of college and university students drink so it makes sense.”



Craig Moore

—“I actually think people who drink and drive shouldn’t even get their licences back. I really think that people who drink and drive shouldn’t even be complaining about the consequences.”



Rachael White

—“I think it’s fair, but I don’t think it’s to fair for someone that is over 19, because I think when you’re over 19 you should know better that drinking and driving don’t mix.”



Roberto Blackwood

—“I think it’s good to have zero tolerance for this kind of thing. People die because of it. I personally think that you should have zero alcohol in you when you drive, I don’t think the consequences are very strict but it will help.”



Shinerama volunteers try to entice passersbys to stop and buy some babrequed food during orientation Rez Days.

CREDIT: FSU STREET TEAM

10 Things I Know About You...

Cole flew the nest

Robyn Cole is in her second year of the social services program at Fanshawe. Cole, a 20 year-old student is from Goderich and says about herself: “I’m awesome to say the least, I would do just about anything for a Klondike bar. The beach is my second home, my favourite colour is purple and music is my life.

1. Why are you here?
Why not?

2. What was your life changing moment?

Moving out when I was 16. I really had to grow up.

3. What music are you currently listening to?

Some Jack Johnson.

4. What is the best piece of advice you’ve ever received?

Don’t stress about the little things.

5. Who is your role model?

Lady Gaga, she doesn’t care what anyone thinks of her.

6. Where in the world have you traveled?

Mexico, L.A., Vegas baby, and numerous places all over Canada and the U.S.

7. What was your first job?

Waitress at my mom’s restaurant.

8. What would your last meal be?

Steak for sure.

9. What makes you uneasy?

Store mannequins.

10. What is your passion?

Helping people.

Do you want Fanshawe to know 10 Things About you? Just head on over to fsu.ca and click on the Ten Things I Know About You link at the top.



Robyn Cole on the move at 16.

CREDIT: PHOTO SUBMITTED

sept. events

monday 13

International Day
Canada Eh? dinner + bus tour of London
Alumni Lounge – 5pm

tuesday 14

Nooner – Forwell Hall
James Cunningham “fun-ancia” Tour
FREE
Movie in Oasis - 9pm
KICK-ASS

wednesday 15

Nooner – Forwell Hall
Dan Valkos Psychic
FREE Comedy Night
OBS – 9pm
First Run Film
Rainbow Cinemas
\$3.50 students. \$5.00 guests.
Afterlife

thursday 16

Nooner – Forwell Hall
Mother Mother
Super Pub
Forwell Hall & OBS - 9:30pm

friday 17

Mother Mother
Forwell Hall - 9:30pm

saturday 18

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Fanshawe first college to go online with mental health

JESSICA IRELAND
INTERROBANG

Fanshawe College, partnered with mindyourmind, is the first educational facility to implement the online mental health resource iCopeU. The site comes at the right time as mental health issues are a key topic regarding students.

"There are many more mental health issues presenting themselves at colleges and universities," said Lois Wey, manager of Counselling and Accessibility Services at Fanshawe. "They're on the increase."

The iCopeU website is a way for students to access information for academic purposes, download relaxation tapes or for those who may be hesitant to reach out.

"We're limited to the time we're available (but) people can access (the site) easily at any time," said Wey. "It helps people access it who may not initially access our services."

The site was developed by mindyourmind, the award-winning, non-profit organization. It is youth-savvy, engaging and even fun with bright logos and a straightforward set-up that avoids being corny and contrived.

"The serious stuff is in the background. When students log on, (they're) tapping into social media, engaging. People who are in need of more (information) will find more," said Wey.

The important aspect of creating such a site is that these resources are available any hour of the day.

"If it's 2 a.m. and you're feeling a bit depressed, (the website) provides a gateway and all kinds of ... information," said Wey.

Counselling and Accessibility also partnered with Library and Media Services to ensure all articles and links were thoroughly researched for credibility. They will also be continuously upgrading and updating the virtual library, said Martie Grof-Iannelli, manager of Library and Media Services.

Having everything online provides students with "barrier-free access," she added.

Fanshawe was in the process of developing a list of online resources for mental health with the library and counselling prior to iCopeU. But, when mindyourmind came forward with the idea for the site, everything just clicked, said Wey.

The site provides information on



A screenshot of Fanshawe's new online mental health resource for students, iCopeU.

CREDIT: FANSHAWEC.CA

where to get help immediately, on campus as well as in the community. There's also the anatomy of a panic attack, something many young adults may experience during this time of transition.

"We knew of the need (for the site) because of the thousands of students we see every year," said Wey. "We're really thrilled we're the first college in Canada to do this."

Fanshawe will be presenting the site at the Mental Health Summit around the end of October.

"The bottom line is we want to help students more than one person at a time," said Grof-Iannelli.

To see what iCopeU has to offer, check out <http://icopeu.com/fanshawe>.

there's a \$2 re-issuing fee for damaged or lost cards and containers.

As an added incentive to use the program, disposable plates will come with a \$25 charge. If you ate two meals every day on campus for the entire academic year, this would add up to \$70 per year.

"I think it's a great idea," wrote Joe Scalia, FSU president, in an email. "The Oasis and Out Back will be producing less waste and also saving on the cost of that waste. That money can then be better spent on other student services within the FSU."

The FSU is making strides to keep your eating habits environmentally friendly this year.

Eco to go

ERIKA FAUST
INTERROBANG

The Out Back Shack and Oasis are taking steps in greener directions this year.

The restaurants' new program, called "eco-takeout," means that they will produce less waste.

The program is simple: purchase an Eco-Card from either restaurant for \$5, or trade in the green card that came in your orientation package to obtain an Eco-Card for free. When a food order is placed, exchange the Eco-Card for a reusable container. Return the container to the restaurant when you have finished eating, and receive an Eco-Card back. Keep cards and containers in good condition -

hi-times

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CREDIT: ISTOCK

A recent study by the C.D. Howe Institute shows the more education you have the more income you earn.

Higher learning = higher income

ERIKA FAUST
INTERROBANG

A recent study by the C.D. Howe Institute has proven what students have long been told: the more educated you are, the more money you'll earn.

The study, entitled "The Payoff: Returns to University, College and Trades Education in Canada, 1980 to 2005," examined the financial returns for various levels of education, from high school diplomas to trade school certifications to college diplomas to university degrees.

The purpose of the study, authored by Daniel Boothby and Torben Drewes, was to determine whether the Canadian government is over-investing in post-secondary education. The authors questioned whether or not Canada was producing too many highly educated individuals, and therefore, whether the market was saturated with skilled grads.

The answer was a resounding no.

Drewes, a professor of economics at Trent University, was surprised to find "the continued high

returns in spite of the growing supply of the college grads - there still seems to be a demand for them."

He said he encourages college students to think of their education as an investment, and not necessarily to head to university to make more money. "If you simply look at raw earnings, the earnings of a university graduate are much higher than that of a college graduate."

However, after calculating the time and money invested into a college or university education, "the rates of return are actually very similar between the two," Drewes said. He added that any return over 10 per cent is considered a solid investment, and college and university educations often have returns well over this number.

Therefore, students who think a degree from a university is more valuable than a college diploma are quite mistaken, he said. "The income difference doesn't make sense if that's what drives people."

Education does make a difference in income in terms of continuing beyond high school. The study found that female university

graduates who worked full-time earned more on average (60 per cent more in 2005) than female high-school graduates.

The study also found that, in 2005, male grads with a trades certificate earned 12 per cent more, on average, than male high-school graduates. Female graduates from trades programs, on the other hand, saw no significant earnings difference. "The downside is that women are just not getting any rewards from trades," said Drewes. "Not because it's a male-dominated area . . . but because two-thirds of them are going into hair-styling . . . and many of the rest are going into the culinary arts. Those are the trades that don't provide returns."

These findings could be useful for the Canadian government, who could use this information to efficiently distribute scarce education funds, he said.

"Your degree will help you, even if it's not in your field of study," he said. "The kinds of skills you pick up with a low-level arts degree . . . are essential skills you need to survive in the labour market."



CREDIT: TONECHECK

ToneCheck is a program that helps emailers convey the right level of emotions in outgoing messages.

ToneCheck yourself before you wreck yourself

ERIKA FAUST
INTERROBANG

With 165 billion emails sent around the world every day, there's a good chance that some will be misinterpreted - and about half of them are, according to a recent study conducted by the Booth School of Business at the University of Chicago.

Luckily, there's a small company in Moncton, N.B. working hard to change that.

ToneCheck is the brainchild of biz whiz Matt Eldridge, CEO of Lymbix Inc., the firm behind the program. He explained that he came up with the idea while working in franchise sales. "I was very good with customers in person or over the phone, but I was losing deals over email," he said. "I was coming across as aggressive or pushy - I was going for excited." He realized that his words were not being interpreted as he intended, so he searched the Internet for the emotional equivalent of spell-check and grammar-check: a tone-check. After his search proved fruitless, he decided to make his own, and ToneCheck was born.

With ToneCheck, users set a tolerance level for the email they want to write by choosing the intensity of emotion they want to convey. There are six emotions that ToneCheck will scan for, from affectionate and friendly to angry or shameful. After writing the email, users run ToneCheck to scan for loaded words or phrases that exceed the set tolerance levels. Similar to a spellcheck, a box pops up with the phrases in question, alerting users to the fact that they may not be sending the right message. Users can try phrasing their words in a different way and run the ToneCheck again to see how the new message could be interpreted.

Josh Merchant, co-founder and CTO of Lymbix Inc., describes the program as an algorithm that learns language. "It takes the information and looks at the commonalities between the phrasing. This process is continually making the tool smarter," said Merchant. "It's complex and it's an aspect of how we learn."

Another part of the way the program learns is through ToneADay,

a website where users are paid to give their reactions to various words and phrases. "This allows us to collect a lot of demographic information," said Merchant. "It shows how gender, age and location affect emotion." ToneADay requires users to pass a qualifying test in order to participate, and currently has over 4,000 raters.

ToneCheck is currently available in beta. It was released for Outlook 2003, 2007 and 2010 just over four weeks ago, and the response has already been overwhelming: over 13,000 downloads, plus media exposure from the CBC, ABC and TechCrunch, just to name a few. Eldridge said he has future plans to release versions compatible with Gmail, Thunderbird, Outlook Express and Apple Mail.

Though the company plans to release a premium version of ToneCheck in the future, "There's going to be a Light version that will always be free," said Eldridge. The premium version will have some more sophisticated features and capabilities, but Eldridge said it will cost less than \$10 per year. In his mind, even if ToneCheck saves a user from sending one or two bad emails out, it's worth the money; it can stop a user from damaging relationships with clients, friendships or even a reputation.

Not everyone's excited about ToneCheck. Contrary to naysayers who fear the program stifles personal expression, Eldridge said he feels it allows for "more creativity and it allows people to say how they really feel," without fear of being misunderstood.

ToneCheck has also experienced some backlash from people worried their emails will be stored in the company's server or read by analysts. Users need not fret, said Merchant: "We're not storing and we can't reproduce emails . . . there's nothing (in the program) that allows us to look at any information."

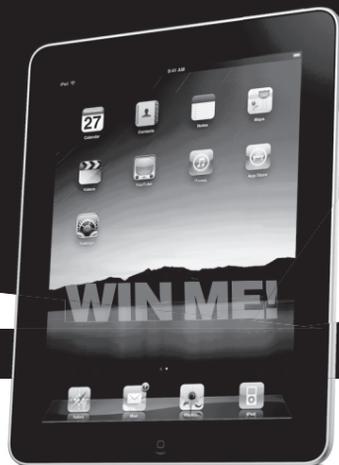
"Privacy is very important," he said, and briefly mentioned Facebook's recent privacy issues. "We would never take anybody's sensitive information and emails or have access to them in their entirety . . . We have everybody's best interest at heart."

For more information, visit www.tonecheck.com.

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Illuminate: A bright idea

ERIKA FAUST
INTERROBANG

Diane Finley, Minister of Human Resources and Skills Development, visited Fanshawe in late August to hear about the e-learning initiative that is setting Fanshawe students' minds alight.

"Illuminate," a real-time online learning product, was licensed and integrated with FanshaweOnline to create FANLive. FANLive, accessed from the FanshaweOnline website, features a chatroom, live voice chats and a video component to bring the classroom to students, wherever they are. Lessons are also recorded on the site, which students can use to watch at a later time or for review purposes.

"The FanshaweOnline product, which we introduced in 2004, has been extremely popular with students and is a very successful tool, but it's not a real-time, or synchronous, product – it's an asynchronous product," explained Bob Beatty, chief information officer for the college. "(Illuminate) compliments the asynchronous product so (students and teachers) can do real-time together online, and you can do the store-and-forward stuff that we're more accustomed to as course extensions."

Sue Deakin, coordinator of business administration accounting at the Lawrence Kinlin School of Business, said her students love the nature of FANLive. "If somebody's sick, they can attend class from home. When the bus strike was on, it was beneficial. Some have children, if their children are sick, they can stay home." She uses FANLive for all of her classes, "(The students) use it for

review purposes. The international students find it very useful because sometimes I talk too fast. They can listen to it again."

Another goal for this e-learning initiative is to "fill in the gaps" in immigrants' existing college or university education to help them achieve the credentials to work in Canada.

The meeting's guest of honour, Diane Finley, Minister of Human Resources and Skills Development, seemed impressed by what she saw.

"We had four or five students online with us today for the demonstration so that we could see how they would interact," she said. "We participated in many ways as another student. We had the experience; we had other students live out there. It was not just virtual reality; it was reality."

"As the Minister who is working on foreign credentials recognition, I welcome this progress," said Finley. "It creates tremendous opportunity for people who are professionals who want to come to Canada and have those credentials recognized here so that they can work with the skills and talents for which they have been trained." A 2008 study that found the unemployment rate for recently landed immigrants with a university degree was 10.7 per cent, compared to 2.4 per cent for Canadian-born workers who are university educated.

"I congratulate Fanshawe on their imagination and their initiative in developing this Illuminate product and the way they're rolling it out through the school. I think it has tremendous potential for the future," said Finley.

New law targets young and novice drivers

ERIKA FAUST
INTERROBANG

It's the beginning of the semester at the affectionately nicknamed "Funshawe," and everybody knows that means it's party time.

Amidst all the excitement for upcoming shindigs and pub nights come sobering new regulations and consequences for young and novice drivers.

As of August 1, Ontario is amping up its zero-tolerance stance on blood alcohol concentration for novice drivers still in the graduated licensing system and young drivers aged 21 and under.

The new legislation saw increased consequences for novice drivers, with G1 or G2 class licences, that had ingested any alcohol prior to driving. Novice drivers caught with any alcohol in their blood will receive an immediate 24-hour roadside driver licence suspension. A driver who is convicted will face a fine of \$60 to \$500 and will receive a suspension period as per the Novice Driver Escalating Sanction scheme. They may also have to return to the start of the graduated licensing system.

All young drivers now have the zero BAC restriction placed on their licences. A young driver caught with any amount of alcohol in his or her blood faces an immediate 24-hour roadside licence suspension and, if convicted, will face a fine of \$60 to \$500 and a 30-day

suspension.

Novice and young drivers may also be issued a ticket for driving under the influence of alcohol. This can be settled out of court by paying \$110, which covers the fine, a victim fine and court costs. Drivers who receive a summons or who contest their ticket by going to court may face a fine of up to \$500 upon conviction.

"The logic behind this is that the Ontario government wants new drivers and, specifically, new young drivers to get as many years as possible under their belts of sober, non-alcohol related driving," explained London Police Traffic Sgt. Tom O'Brien.

According to the Ontario Ministry of Transportation's website, the laws are targeting drivers that research shows are most at risk of impaired driving collisions. Young drivers aged 19 to 21 are almost one-and-a-half times as likely to be involved in drinking and driving fatal and injury crashes in comparison to other drivers.

"If you're counting on not being stopped by the police - don't," said Sgt. O'Brien simply. London Police will be increasing their RIDE program and giving lectures to university and college students to raise awareness and prevent drinking and driving.

If you drink, please don't drive – no matter your age and driving skill level.

Academic Invest

Open Doors For Students

CREDIT: ACADEMICINVEST.COM

Academic Invest is a website where students can post their profiles, receive grants and have private investors contact them in hopes of having their education funded.

Investing in everyone's education

JESSICA IRELAND
INTERROBANG

Finding funding for school is tough for anyone, but can be especially hard when you're not necessarily a star athlete or top of your class.

Academic Invest, a website where students can post their profiles, receive grants and have private investors contact them in regards to loans, focuses on the student outside of those categories.

"We're focusing on life circumstances," said Tim Hordo, president of Academic Invest, adding that they look for students from all walks of life, such as a single parent or someone very involved in their church.

Students looking for help with funding can go online to AcademicInvest.com and sign up for free. They create a profile, which involves a simple questionnaire asking for your region, area of study, and more. The more a student fills out, the more information a potential investor has to go on – "kind of a pre-interview," said Hordo. "It gives a good idea of what the student's about."

In addition to the profile, students can check out internships and, of course, grants being offered.

The idea for the site was "born out of personal struggles," said Hordo. When he graduated in 2004, he had hopes of doing post-graduate work but couldn't round up the funds for it. He had heard of private fundraising and, thus, came up with the idea for a site to make it readily available to all students.

It was launched this past March and currently has three-dozen students. The site has given away one \$1000 grant, sponsored by the site, to engineering student Nabeel Premji of Edmonton, who was nominated.

The feedback has been positive and constructive so far as the site gets off the ground, said Hordo. Academic Invest is currently in talks with government agencies to offer internship opportunities and already has three investors signed up.

Students interested in exploring private fundraising should take note of the loan advice offered on the site. Working with investors is

not the same as working with a bank on a loan. "If you're working with a bank, there's an amount of trust. It's the bank's best interest not to mess around with you," said Hordo. "But with private investors ... there could be things attached to the loan you don't know about ... so when push comes to shove, there's nothing to protect you."

He advises students to seek legal counsel in regards to drawing up contracts, and to have the student's half of the legal fees covered by the investor in the contract as part of any deal. Academic Invest is also counting on investors to understand the situation and possibly provide a lawyer for the student as well. They are also working on a more effective way of getting this information to users, like listing regions and names of lawyers who can handle these issues.

As the site is still growing, students can look for even more internships and grant donors in the future, said Hordo.

Those interested in signing up for Academic Invest or learning more can check out <http://academicinvest.com>.

STUDENT ADMINISTRATIVE COUNCIL

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For more info visit www.fsu.ca
or come see the FSU President: Joe Scalia (SC 2001)



CREDIT: AGATA LESNIK

Jeff Pastorius, creator of Onthemove Organics, promotes local organic eating. He also delivers local produce to your doorstep by bicycle.



CREDIT: AGRICULTUREGUIDE.ORG

The Oasis and Out Back Shack have turned to a supplier that will be providing local produce.

Think globally, eat locally

ERIKA FAUST
INTERROBANG

Many people are making a conscious effort to put a little green into their lives, from walking more and driving less, to recycling and upcycling, to eating organic or local foods.

Jeff Pastorius, however, is taking green to a whole new level.

Not only does Pastorius promote local, organic eating in our city, he makes eating local produce easy by bringing goods to your doorstep by bicycle - if you happen to live in the Old East, Old North or Woodfield neighbourhoods.

The company began in June of 2008, after Pastorius and a friend worked on a project that promoted organic eating. When that project ended, he knew he needed to do more to sate London's hunger for tasty produce, so he created Onthemove Organics.

"(Local, organic food) is important to our ecology," he said. "Supporting locally produced food is going to reduce our carbon footprint . . . Economically speaking, it's integral. We need to centralize our farming so that when we have difficulties in the marketplace . . . these farms will have a chance to support cities."

Supporting local farms, co-operatives and businesses is central to Onthemove's philosophy. Pastorius said that meeting many local farmers - who grow Onthemove's produce less than 40 km from London - has given him some insight into the effect that big box grocery stores have had on independent growers. "I see hope in a lot of small-scale farmers . . . that we'll be able to slow down the degradation of small-scale farms and turn around and build back infrastructure."

Veggie-fueled bicyclists deliver baskets containing 10 to 15 in-season fruits and vegetables for \$30. Customers can choose the specific produce they'd like in their baskets for an additional \$5 fee. Orders are placed before 2 p.m. Tuesdays, then delivered on Thursdays and Fridays. The baskets are "good for two people for a week," said Pastorius.

The community has been very supportive of Onthemove, said Pastorius. "We are constantly meeting new folks who are engaged with what we're doing - they think it's interesting not only

what we're doing it, but that we can continue to do it."

In addition to food delivery, Pastorius and his small band of helpers (his sister, mother and a friend) also sell produce and other goods at the Western Fair Farmers Market on Saturdays.

Onthemove also works to establish local organic and natural farmers at farmers' markets across the city. After helping three farmers thrive in the Masonville Farmers Market, Onthemove has plans to develop new farmers' markets around the city. "The more access our local farmers have to our local marketplace, the greater chance we will have to keep them farming," explained Pastorius. "It is far too much of a risk for our already struggling farmers to attempt new market development with no guarantee of success. Onthemove Organics takes on that risk and hard work in line with our activist roots."

Pastorius realizes that Londoners' favourite local fruits and veggies are not available year-round. In the winter months, bike delivery ends for safety reasons, but Pastorius strives to continue providing Londoners with food that is grown as close to home as possible at his retail location at the Western Fair Farmers Market. "Ninety to 95 per cent of the food in the winter is grown on the continent," he said. "We can't be supporting a food system where our apples are grown in New Zealand - it just doesn't work."

From its retail space, Onthemove sells local, natural and organic products including pork and chicken, milk, lemonade, granola, flour from the Arva mill and Heritage Line dried herbs, in addition to produce.

The upper floor of the space is also home to the storage facility and production area. The walk-in fridge is constructed from 80 per cent reclaimed materials, from bicycle parts to salvaged exterior doors and garage doors. Every Saturday, this space is transformed into Onthemove's organic juice bar. Pastorius said he plans to expand the menu to include soups, salads and sandwiches made with local produce in the near future.

For more information, or to be added to the weekly delivery email list, contact Jeff Pastorius at onthemoveorganics@gmail.com.

New food supplier for Out Back Shack and Oasis

ERIKA FAUST
INTERROBANG

This semester, as you're chowing down on fruits and veggies from the Oasis and the Out Back Shack, you may notice that they taste a little fresher. That's because the restaurants have a new produce supplier and are now starting to serve more local food.

Brian Harness, the Fanshawe Student Union's food service director, said he met a representative for the new supplier, Don's Produce, while at a Canadian College and University Food Service Association conference. After visiting one of the farms and warehouses, he was impressed by what he saw.

"It seems to be his mandate to do local produce," he said. "The business is founded on working with growers in and around the Cambridge and Kitchener area." According to its website, Don's Produce is locally owned and oper-

ated, and works with over 40 farmers from the region.

Kelly Hunt, blogger for Eat Local London (www.eatlocallondon.com), has myriad reasons why eating local food is important. "It's a more sustainable way of eating," she said. According to Hunt, reducing the miles your food has traveled from the farm to your plate also has an enormous impact on the environment. "In the average North American home, when we sit down (or stand) to eat, each ingredient has typically travelled at least 1,500 miles. That is a heck of a lot of carbon!" she wrote on her blog. "By choosing to eat local, you are saving the world's lungs of up to 17 times the oil and gas that would usually be consumed."

Harness agreed eating local food is a positive change. "It supports the local economy and farmers. We know where it's coming from; we're not shipping it from across the world."

Students can expect to see some

changes in campus restaurants to promote the local food; for example, the Oasis will post a list of available locally grown vegetables at the salad bar so students can be aware of the food choices they make. Some local foods will also be incorporated into existing dishes, such as the onions and peppers on the Out Back Shack's Philly sandwich.

Though the Out Back Shack and the Oasis will be making a more conscious effort to include local food ingredients, Harness acknowledges it is not possible to obtain local produce year-round. "Somewhere along the line we will be bringing in food from other countries," he explained. "(Some food) may not be local, depending on the time of year."

Harness said the restaurants are striving to include "As much local food as possible . . . but (are) not willing to compromise quality to get locally grown."

SAC to the future

JOE SCALIA
FSU PRESIDENT

It's getting pretty close to election time! No, I'm not referring to the provincial election next year, or the municipal one that's right around the corner. I'm referring to the Student Administrative Council elections, where you will elect a representative from your division to sit on the student council and advocate on your behalf. Who's running hasn't been decided yet, because nominations aren't open until Monday September 13.

Why run for student council? You should run because it's an amazing opportunity. You don't have to be knowledgeable in politics or business, and you don't have to be "popular" (believe me - I wasn't). You don't even have to know much about the college (believe me - I didn't). You just need to have the strength and will to work and learn. And I know all of you possess it, because that's



STUDENT ADMINISTRATIVE COUNCIL

what it takes to come to college in the first place.

Not going to lie, it's a lot of work. It's demanding on top of your studies, social life and a part-time job. But you get out what you put in, and when you hope to get a career you love after graduation, being on SAC helps. You'd be stupid to think that anyone on council believes having a vice-president or president position on a resume isn't going to put us above the competition when we're looking for a job in our chosen professions. Of course it's going to help, but that's not the focus of why we get

involved. We do it because genuinely love helping students. We get our kicks by giving away free food and opt-out cheques (which should be in soon!), and helping students solve problems. There's no greater feeling than knowing you've helped a student and changed his or her life for the better.

That's why you should run. Get off your ass and pick up a nomination form in our office! Challenge yourself to help others and become a better person in the process. I look forward to meeting and working with all of you this year.



Emma Donoghue

360° News: international & national briefs

National News

London resident and author, Emma Donoghue, has been placed on the short list of finalists for the Man Booker Prize for her recent book, *Room*. The book was inspired by the story of Elisabeth Fritzl of Austria. Fritzl was held captive in her father's basement for 24 years, and during that time was raped by him and bore seven children. Donoghue's book is from the point of view of a boy named Jack who had spent his life in an 11-by-11-foot garden shed with his mother, kept there by her father who raped her. The book follows the boy's life as he and his mother eventually escape and how he deals with seeing life outside the shed.

Canadian women still earn less than men do – less than two-thirds, reported the Education Indicators in Canada. Despite doing better than men in academics, Canada is still behind in ensuring women earn equal pay. Reasons behind this include women still feeling responsible for childcare and the country's poor parental benefits, which means many women work part-time.

A man in the Greater Sudbury area faces two charges of aggravated sexual assault after having unprotected sex with two women. On September 1, the Greater Sudbury Police received separate complaints from two women who had had intimate relations with 26-year-old Micheil McLean, not knowing he was HIV-positive. He was charged because he had unprotected sex with both women, knowing he was infected and not disclosing his illness, and therefore jeopardizing their health and safety.

International News

The 33 Chilean miners trapped a kilometre underground in the San Jose mine since August 5 are experiencing skin infections due to the heat and humidity. The men have suffered from skin sores, fungi and abrasions. In the mine's environment, these usually minor conditions have no way to dry out, and may lead to serious infections. Earlier this week, rescuers sent down antibiotics and ointments to combat the infections, and attempted to blast cool, dry air to the mine.

Green tea-flavoured beverages are not as healthy as they seem. The U.S. Food and Drug Administration issued warnings to Canada Dry ginger ale and Lipton tea for making unsubstantiated claims about the health benefits of their flavoured drinks. The Toronto Star reported the ingredients in Canada Dry's product "are not nutrients with recognized antioxidant activity" in the FDA's regulations. The agency gave the companies' executives 15 days to respond to the warnings and to construct a plan to address and remedy the problems. The nutrient-enriched beverage industry is worth billions of dollars.

Saturday, September 11 marks the ninth anniversary of the World Trade Centre attacks. Memorial services will be held across Canada and the United States to honour the 2,819 people that died. Fanshawe's paramedic students will be delivering breakfast to local paramedics and 911 call centre workers in honour of those that risked and lost their lives nine years ago.

Files compiled by Jessica Ireland and Erika Faust

Online with Fanshawe

DAYAN BOYCE

MARKETING AND COMMUNICATIONS

Experience Fanshawe your way using myFanshawe

What is myFanshawe?

It's the best way for you to stay connected to all things Fanshawe while you're here. You can use myFanshawe to get information about services and events on campus and locally, as well as connect with your friends and classmates about extracurricular activities.

Starting on May 10, myFanshawe became your one-stop-shop to access WebAdvisor, Fanshawe Online (FOL), and loads of other resources and information.

But it's not just one-sided. We want to know what we can do to make myFanshawe better for you! Please give us your feedback about myFanshawe and watch while we make changes to it all semester long based on what YOU want. Oh, and you could win an Apple iPad while you're at it!

Login at www.myfanshawe.ca.

E-cheque: Automatic Cheque

Deposit for Refunds

In an effort to improve our services, Fanshawe College is offering you the option of having your refund deposited directly into your bank account.

Signing up is easy: register for this service through your WebAdvisor account. When your refund is processed and deposited into your bank account, you will have instant access to it, unlike cheque deposits, which may have freeze on a cheque until it's cleared.

Your refund is transferred from our bank account to yours, using the security of your existing on-line banking services.

Keep your Personal Stuff Personal with Single Sign-On

As of Friday, September 3, most lab computers at Fanshawe College will require a secure login. Please use your Fanshawe College username and password (the one you use for WebAdvisor or FanshaweOnline) to log in when using any campus computer lab.

If the lab computer you are using is idle for an extended length of time, it will lock your session automatically.

Simply use Ctrl+Alt+Delete to re-enter your password and unlock the computer. To use a computer that someone has left locked, just "Switch User" to enter your own login information instead.

With just one login, you can access multiple Fanshawe services like myFanshawe, WebAdvisor, and Fanshawe Online (FOL) automatically.

But remember to log out when you're done! If you don't log out before leaving, the next person will have access to all your personal information. For the security of your online information please remember to log off before you leave your workstation!

If you forget your password or have problems logging on, please contact the HelpDesk in room E2030 or by phone at 519-452-4430 ext. 4357.

Campus Employment - Work \$tudy



CAREER CORNER

Wendy Lycett
Career Services
Consultant
Fanshawe Career Services

Need a few extra dollars this semester? Got a few extra hours during the week? Why not check out the Work Study Program? If you qualify, you might just find yourself working on campus in a college department or with the Fanshawe Student Union.

The purpose of Work Study is to assist students who are in financial need, who may be receiving financial aid through OSAP or have obtained another educational loan but still require additional assistance. Work Study jobs have been created on campus so students will have the resources to meet expenses associated with their education. The added bonus is that these positions also give you valuable experience to add to your resume.

Here's how you get started. As soon as possible before September 23, you must complete the Work Study application (available online at www.yourmoneydance.com) and follow these steps: select "Click here to apply," and under "Bursary Name," enter "Work Study," and hit "Search." Review the criteria for the Part Time Work Study program and select "Apply." From there, log on using your Fanshaweonline user name and password. Provide the information as requested and submit your application. Staff in the Financial Aid office will review your application to ascertain your eligibility and provide a written response.

To qualify, students must be taking at least a 60 per cent course load during the September to April period, have a demonstrated financial need and must be making satisfactory academic progress. While candidates should have been

assessed for OSAP and been eligible for assistance some exceptions to students not being eligible for OSAP will be considered.

Available Work Study jobs are posted on the Career Services job posting site, accessible through Fanshawe Online (from the right hand toolbar, select the link to "Career Services and Co-op Job Site"). Once logged in, select the link to "Job Postings" and further select "On-campus Jobs." Only those approved for Work Study can apply to these positions. If you are approved, bring your approval letter to D1063 in Career Services and ask for the contact information for the positions you found on the site that you'd like to apply to. Complete your Work Study application as soon as possible to avoid being disappointed.

Here is a listing of the positions currently, available on campus:

Street Team; Biz Booth Cashier; Poster Person; Entertainment Crew; Financial Marketing Team; FSU Office Clerk; Restaurant General Labourer; Food and Alcohol Server; Host/Greeter; Line Cook / Dishwasher; Security; Quality Control (Food Safety and WHMIS); Custodial Writer / Reporter; Graphic Design; Illustrator; Junior Advertising Representative; Photographer; Sports Writer; Videographer / Photographer; Food Prep; First Nations Student Activity Planner; Computer Lab Monitor for the First Nations Centre; Customer Service Representative Assistant; Customer Service Representative; Website Maintainer; BHR Program Assistant, Lab Monitor; Test Proctor; Music Industry Lab Assistant; Print Service Operator; Photo Archives and Image Promotion and Display.

Electronic Deposits

Expecting a refund cheque?

Applying for a Fanshawe College Bursary?

Do you want easy access to your funds?

Sign up for direct deposit through WebAdvisor!

It's easy and the system is secure.

www.fanshawec.ca/webadvisor

5 QUESTIONS

DEREK HOWES - VP ATHLETICS

BOBBY FOLEY INTERROBANG



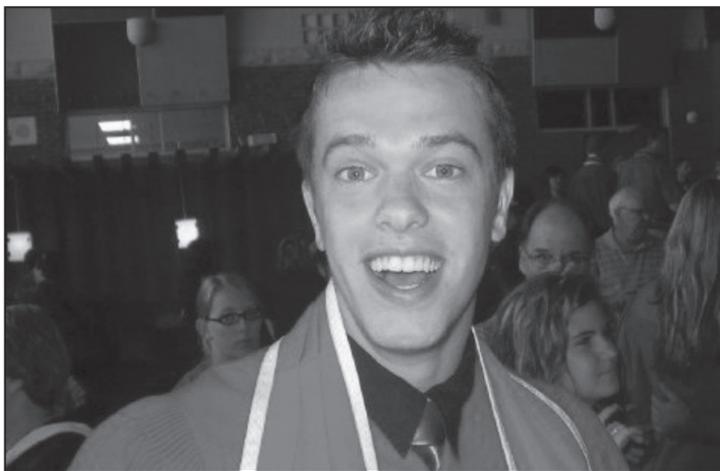
1. ON AN OFF DAY, WHERE COULD WE FIND YOU?

“Probably in the Athletics office. Honestly — I live there. I pretty much live at Fanshawe College, 9:00 until 9:00 at night, a.m. to p.m. [I’ve been involved in Athletics] for three years now, it’s pretty nuts. It’s pretty cool, though, you gotta put your time in.”



2. WHAT’S ONE THING WE SHOULD KNOW ABOUT YOU, AND ONE THING WE SHOULDN’T KNOW ABOUT YOU?

“One thing you should know about me is that my heart and soul goes into the game of volleyball — especially competitive volleyball. One thing you shouldn’t know about me? I don’t know... the numbers. Let’s just say the numbers... it means women-wise.”



3. WHAT’S YOUR PERFECT DAY LIKE?

“Waking up around 10:00, making breakfast, going to the gym, and then probably going up to the cottage, in Ipperwash. Going to the beach, usually... pretty much the perfect day is about that — going to Ipperwash or Port Stanley or Grand Bend, going anywhere, hitting the beaches. It’s great.”

4. WHAT’S YOUR FAVOURITE SIMPLE RECIPE?

“Kraft Dinner, man, for sure. So simple.”



5. WHAT’S AN FSU SERVICE THAT’S HELPED YOU OUT IN YOUR TIME HERE AT SCHOOL?

“I would say the online bursary application. Kevin McKay helped me out, trying to get some bursaries, and I did. I actually got a bursary last year, so I would say the online bursary application — it definitely helped me out, money-wise.”



PC...how's about we change it to "polite candidness"?



CALL ME OLD-FASHIONED BUT...
Rose Cora Perry
www.rosecoraperry.com

Last summer while on vacation with my mom, I attended a feminist-oriented executive women's business club meeting. While the evening's programming, special guest speaker and food were most agreeable, I couldn't help but raise a brow to the events that unfolded during the introductory segment.

Like any typical businesspersons' gathering, after a brief mingling period, the event's facilitator proceeded to take charge, going around the room asking each and every individual to introduce herself and list her occupation. Now this activity was all well and good, and at first "business" seemed "as usual." But after several of these brief personal overtures, something started to strike me as very odd: the applause (and no, the vast majority of the attendees were not social goodwill ambassadors. Quite the opposite: real estate agents and bankers).

While I'm all for honouring the rules of decorum, and in fact agree that using euphemisms or the "compliment then constructively criticize" technique is often necessary, when we have to praise people simply for standing up and stating their names and occupation, I gotta say perhaps we're taking political correctness a tad too far.

At one point during these "Hello, how are you's?" the facilitator actually had to step in, demanding that the applause ceased as it was eating away too much at the time devoted to the guest speaker! Although Jerry Seinfeld pointed out in one of his most notable '90s monologues that apparently the average American is more afraid of speaking in public than dying, I find it hard to believe anyone could be successful in the business world without that ability. Therefore, beyond the fact that this seemed overly and unneces-

sarily polite, I question the grounds on which someone felt that clapping was necessary in this circumstance.

Maybe it's just me, but it seems like we've gotten a little too comfortable with the idea of receiving gratuitous praise for everything, including menial, seemingly "idiot-proof" tasks. Honestly, what's going to be next? Should I shake your hand because you can successfully make your bed and brush your teeth at the age of 25? Or maybe it'll be considered an accomplishment to be able to spell one's own name correctly at 30? I mean it's getting to the point where if you have to confront or criticize a co-worker or peer at school, you basically have to "baby talk" to them as though you're a preschool teacher in order to protect their tender egos.

Somewhere along the lines, we either set the bar REALLY low or coddled each other to such an extent that the average person's self-esteem is entirely contingent on receiving well-regard from others. To the latter statement, I have only one piece of advice: grow a backbone.

I won't lie, just as much as the next person, I don't like receiving negative feedback on my work. I put my heart and soul into everything I do, and so when I'm criticized it's hard not to take it personally. However, I'm not so fragile that I consider standing up and merely stating who I am worthy of acclamation.

Perhaps the mixed messages we received in childhood, however, are partly to blame. I mean, which is it? Is honesty truly the best policy OR is it better to say nothing at all if you have nothing nice to say? While I'm one who tends to "walk on the wild side" in support of the former, I tell you in truth that "facing the music" has been nothing but a lonely road. And yes, my overuse of euphemisms was entirely deliberate there – aren't I clever? Oh wait, I forgot I don't need my ego constantly stroked to know I've got a reasonable amount of intelligence...but flattery from my man? Well, that's certainly nice upon occasion.

Simple prayers



LIFE MEETS FAITH
MICHAEL VEENEMA

At one point in *The Book of Eli* a young woman named Solara (Mila Kunis) reaches for the food set between her and Eli (Denzel Washington). Eli stops her. He asks her to place both her hands in his. Out loud, Eli thanks God for the food and speaks to Him about the "hard times" people are facing.

For me, there are many great reasons to watch this movie. Among them is this scene where the centerpiece is a simple prayer.

David Adams Richards, in his book *God Is*, wonders if anyone can really go through life without prayer. He writes that everyone strongly desires somethings to be different from what they are. Wants a parent to stay alive, a child to be born healthy, a change in work situation. Wants a bully to not notice him, a lover to understand her, a war to end.

Seen this way, even if we don't always call out to God because we may not believe he is there, our desires for good things can be likened to prayers. Our desires for compassion, truth, beauty, love and peace are prayers, even if we may not usually see them that way.

Maybe this year you will have opportunity to consider what you truly desire. I would suggest that what we truly want are not the kinds of things on offer at the nearest mall, or opportunities to make good use of the possibly free condoms now in your possession, or the latest products you are being manipulated into buying by the advertising companies that Coors, Molsons, Budweiser and their competition hire.

What we truly want are more along the lines of a planet that will survive this century (something, by the way, that the powers that be are declaring you will absolutely not get). The fact that you are in college suggests you hope to make a living without resorting to a life of crime, and that you

want the world to be a place that recognizes your honest efforts, even if you are not always honest.

Probably, if you think about it, you want a marriage (or something exactly like it without the paperwork) to a terrific (young) man or woman. Even only vaguely perhaps, you would like to be a parent and you want your possible children to love and like you. And if you are a parent already, you are likely experiencing a whole range of other desires that are unique to those of us who have children.

And maybe this last one goes without saying. You probably want a good year at Fanshawe that, in some meaningful way, leaves you a better person than you are now.

Maybe for you this can be a year of simple prayer at Fanshawe. The Fanshawe community can offer, like Eli, prayers of thanks for food and freedoms at graduations, at parties and at Remembrance Day ceremonies. And the college community can pray for help to achieve good for our neighbours as well as ourselves.

Some of us have prayed a lot. Some of us believe we never have. Many have prayed at special occasions, or at least remained quiet while others did. However often we pray, it helps us be what we ought to be: grateful to Something greater than ourselves for all the good we receive, and hopeful that whatever hard times we are facing today, in school and out of school, God can bring each one of us to a better place.

INTERROBANG

Fanshawe's Student Voice

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CREDIT: MADE-IN-ENGLAND.ORG

The world is populated with all types of weird and wacky moustaches. Some real, and some not so real.

What's the deal with the moustache?

A woman contemplates the male fascination with the 'stache

ASHLEY GABOURY
THE MANITOBAN

WINNIPEG (CUP) — As a female, I lack the ability to grow a moustache.

No, not that bit of fine hair that women have along their lip. Not even if that lip hair is of the darker variety. What I'm talking about is a serious 'stache, the kind that grows thick and lush and comes to rest just above the mouth, your upper lip's best friend and neighbour to your nose.

Quite frankly, I have no desire to grow a 'stache of my own. Rather, I am fascinated by the male celebration of the moustache and the many forms it can take.

My interest with this particular male behaviour was recently piqued when my boyfriend decided he would grow a moustache. He put off shaving for a few weeks until just recently when he decided it was finally time. One razor and 10 minutes later and he was sporting his very own 'stache — of the horseshoe variety, I would later learn.

When he finally emerged from the bathroom in all his moustache glory, I was skeptical to say the least. His brother, on the other hand, couldn't have been more thrilled. Many high fives were to be had while the two discussed its level of "badassness."

The moustache and my boyfriend were imagined in a variety of fitting scenarios — back alley fights, pick-up driving and the like. They agreed that, with this moustache, my boyfriend would be the envy of all his male colleagues the next day. I just rolled my eyes and secretly hoped that the moustache would only be making a brief appearance.

Its ability to generate excitement is not limited to my boyfriend and his brother. A single Google search will yield millions of results for the word "moustache." There are even entire organizations — of both the serious and ironic variety — whose entire existence is based on the moustache. According to its website, the American Moustache Institute works to protect "the rights of, and fighting discrimination against, mustached (sic) Americans by promoting the growth, care and culture of the mustache (sic)."

Moustache hysteria knows no bounds, affecting countless men across the globe. This notion is reinforced by the existence of the World Beard and Moustache Championships, an event that has been held across Europe and the United States since

1990. For years, men from around the world have entered this championship to strut some of the most elaborate moustaches there ever were.

Perhaps the most extravagant celebration of the moustache is Movember when men across the world grow moustaches during the month of November in order to raise awareness about prostate cancer. In 2008, Movember raised \$2.4 million for Prostate Cancer Canada.

Delving further into the subject of moustaches, I have learned that there are dozens of ways one could style his moustache. These variations far outnumber the ways in which I can think to style the hair on my head — which has significantly more hair than any man could expect to grow on his upper lip.

Some of the more familiar styles include the horseshoe, which is grown down along side the corners of the mouth. This style is not to be confused with the handlebar, the ends of which are curled upwards. The moustached man could also sport a pencil, a Dali or a Fu Manchu. The possibilities, it seems, are endless.

Indeed the moustache has made many well-known appearances throughout history. Hitler's toothbrush moustache is infamous; in fact, the inch-wide bit of hair is no longer an acceptable choice. Stalin chose to wear a well-groomed version of the walrus, a fuller style that droops over the corners of the mouth while slightly obscuring it.

Other well-known moustaches include that of Tom Selleck, made famous during the days of the 1980s television series Magnum PI. It is the moustache your moustache wishes it could be.

I simply cannot wrap my head around what makes the moustache something to revere and aspire to. Instead, I see the moustache as a home for lunch crumbs rather than a sign of pure badassness. It doesn't do anything for me; it's just some hair on your face that has been wrangled to your upper lip. I can't appreciate the time and effort it takes to get a full and lush moustache.

It could just be that the moustache is overhyped, a pointless frenzy stirred up by the guys who wear them. But then again, maybe it's because I can't grow one and maybe, I'm secretly a little bit jealous.

Steps to success



FSU VP INTERNAL
Veronica Barahona
fsuinternal@fanshawec.ca

If at first you don't succeed, dust yourself off and try again.

Aaliyah said it best and I'm living it. It's funny how so much can change in the course of a year, or, in my case, over three years. You go to school, you meet people, you spend every waking minute with them, you go out and there may be a little romance somewhere in between, but in the end you're not overly satisfied with everything you've "achieved" scholastically, personally or romantically. You need something worth bending the rules for, worth losing out on — something you once thought was everything.

I'm more alive these days than I have ever been. I'm starting a new program, I've met some incredible people this summer and I'm finally feeling that feeling. Cliché, I know, but it's true. I can thank my family, friends and co-workers for the reality check. If you're as stubborn as me, hopefully you won't go through a downward spiral like I did; it's not pretty.

If I've learned anything, it is this:

Take some ME time.

I have a couple of friends who live the same life I do — you know, student government life — and they understand more than anyone how important it is to take some time for yourself and forget about the FSU, Fanshawe, etc. This has to be the most important thing I've learned so far. I'm the type of person that figuratively runs around with my head cut off. For a long time, my motto was "I'll sleep when I'm dead," but I

recently realized how stupid that statement is. Although not much has changed on the sleep side, I have taken more time out of schedule to relax. I'll drive around, go for a walk or meet up with a friend who isn't high maintenance and just talk.

Ask for help.

I'm still working on this one, but I'm getting better. You can't do everything. You can't be all things to all people. It's humanly impossible to carry a car while solving $y'' + 4y' + 13y = 0$, simultaneously explaining to your angry girlfriend that the girl at the bar was your cousin while on your way to the homeless shelter to volunteer — you just can't do it. Take a breath, do one thing at a time, and if you get swamped, ask for help. Trust me, I learned this the hard way.

Don't blog — you'll regret it.

Seriously, when you feel the urge to expose to the world how terrible your day was, please keep it to yourself. Start up a journal — I promise you, this way you'll avoid embarrassment. You'll be able to write whatever you want without telling the world how much you hate so-and-so or starting ridiculous fights on Facebook, Twitter or any other social media account you have set up. Keep it classy, or it'll come nip you in the butt.

Avoid DB's like the plague.

I don't need to spell that one out for you; it's pretty self explanatory. Whether it's crappy friends/acquaintances/boys-men/girls-women, ditch the baggage. ENJOY these years, these are your college years. Like I was telling Joe Ayotte (VP entertainment) the other day, I love college, you will too.

This is what I've learned so far. If you use them or not, I'm sure one day you'll remember one of these!

Have a good year, Fanshawe!

Vero

Fanshawe survival guide



FSU PRESIDENT
Joe Scalia
fsupres@fanshawec.ca

Hey Fanshawe. Hope everyone is settling in well and getting geared up for the busy weeks ahead. I remember that feeling like it was yesterday, so I thought I'd do you a favour, and create a guide to survival and success at Fanshawe College. These are things that I learned (or wish I had learned as a student here) so I hope they help!

- You can get to almost anywhere from the second floor. This will save you a lot of time and frustration with the crowded halls on the main floor.

- Know or carry around the college map found in the back of your student planner. There are shortcuts or ways outside that allow you to get around faster.

- Use a calendar. The one in the student planner, your smart phone, or wherever. Schedule in your classes and homework hours. This helps a lot with time management.

- Bring a re-usable water bottle and pack a lunch. If you can't pack a lunch at least bring a snack. This will save you a lot of money. Building A has Fanshawe's first bottle filling station (by Olive Oyle's), but you can always just fill up at a regular fountain.

- Apply early. This applies for everything (no pun intended) from programs to work study and bursaries to awards. There's nothing worse than stressing about a late applica-

tion and wondering if you got in or not.

- Get to know your professors, program coordinator, chair and dean. They can write some pretty damn good reference letters if you prove to them you're a good candidate. Plus, they may be a connection between yourself and the world you wish to work in. It doesn't hurt when you're applying for awards either!

- Familiarize yourself with the Landlord and Tenant Act, and choose your landlord wisely. He or she can be a slumlord in disguise. If the place looks like a dump, chances are it'll still be a dump when you move in. If your landlord promises to get something done, hold him to it with a date and a time.

- Invest in a solid bike lock. It's going to cost you more than a few bucks, consider it your theft insurance.

- Lastly and this is the most serious: be careful, look out for each other, and use common sense. The reality is that something unfortunate happens every year and nine times out of 10 it's avoidable. These problems very rarely happen here on campus (due in large part to our great security team) but more often out in the city. Things get stolen, people are assaulted, and houses and cars are robbed. So please be as safe as you can and always err on the side of caution. Travel in groups. Bring your computers and electronics with you when visiting home. Drink responsibly. Be safe, and encourage safety.

Oh, and always wear protection! Stop by the Fowler Kennedy Medical Clinic in the Student Centre if you're out!



CREDIT: MYSPACE.COM/EVANANDREWMILES

Evan Miles is one of several MIA students who'll be taking the stage at Club Elite on September 16.

MIA students to rock Elite

BOBBY FOLEY
INTERROBANG

Thursday, September 16, is going to be a big day for Fanshawe's music industry arts students as First Step Productions presents Fanshawe Rocks Elite, a night of music at Club Elite at 183 King St., downtown London.

First Step Productions is a music production company founded in April 2010 by four MIA students — Ethan Henderson, Scott Hitchon, Adam Gomori and Wes Grove — all going into their second year of study.

"We offer recording and management, and a lot of business aspects to musicians and artists around southwestern Ontario," said Grove, who reached out to us at Interrobang to spread the word about the show, which is going to feature only Fanshawe-grown talent.

"We're all going into second year MIA, so we just wanted to get all our old friends back together again, and get these new first-year MIA students out," Grove continued. "It's a Fanshawe-wide event, so we're hoping to get a lot of people excited."

The roster of MIA student/artists is set to descend on two stages at Club Elite, the former Salt Lounge, on September 16. According to Grove, this is the largest event yet as First Step Productions continues to grow. The lineup for Fanshawe Rocks Elite is:

8:30–9:00, front stage, Mark Kulmala
(myspace.com/markkulmala)
9:00–9:30, main stage, Yellow Umbrella
(myspace.com/yellowumbrellaband)
9:30–9:45, front stage, Lauren Campbell
(myspace.com/laurencampbellmusic)

9:45–10:15, main stage, Tam Duong
(myspace.com/tamduongmusic)
10:15–10:30, front stage, Evan Miles
(myspace.com/evanandrewmiles)
10:30–11:00, main stage, Arkham Dispatch
(myspace.com/arkhamdispatch)
11:00–11:15, front stage, TBA
11:15–12:00, main stage, Distance Between Stars
(myspace.com/distancebetweenstars)

The show has been arranged to alternate smoothly between stages at Club Elite to allow for the best exposure for the artists, but it also does us the service of keeping music and entertainment flowing without lengthy breaks through the event.

Now that Grove, Henderson, Hitchon and Gomori have begun to carve their way in the industry with First Step Productions, they're expressing a clear desire to aide other MIA students as well.

"We want to promote these artists, essentially," Grove said of the student lineup. "All of these artists that we have playing are hoping to pursue a career as an artist or a musician, so we're trying to help them out, giving them a show, giving them some publicity that way."

"I've learned so much from the program, it's great. The main thing that I've learned is that I can actually have a career in the industry — before MIA, it was just ... how do you get a job doing music? It seemed like only superstars get these types of jobs."

For more information on First Step Productions or Fanshawe Rocks Elite, search for "First Step Productions" on Facebook or visit myspace.com/firststepproduction. Come on out and support your MIA artists, Fanshawe!

Double the Mother, double the fun

JESSICA IRELAND
INTERROBANG

"We wanted to be called Motherfucker (but) the record label didn't appreciate that and neither did our mothers," said Mother Mother frontman and guitarist, Ryan Guldemon.

The band's name, Mother Mother, was doubled primarily for continuity and ease after they were asked to change it from just Mother.

"We didn't want to shake up the momentum by changing the moniker," said Guldemon.

Mother Mother, from Quadra Island, B.C., has gradually been making a name for themselves — doubled or not — with their plucky sound. Guldemon describes it as "a cross between commercial music and atonal, experimentalism, weird and tuneful." The boy and girl harmonies add an extra element to their almost '80s-like beats.

Gossip blogger Perez Hilton deemed them "one of the most exciting bands coming out of Canada" and they've started to "plant the seed in foreign territory" as they performed in Britain this past summer, said Guldemon. In the UK, they got back to the basics, playing smaller "nostalgic" gigs than they book in their home country where they're becoming well known.

They're currently touring their critically acclaimed sophomore album, *O My ♥*, which they released in 2008. The five-piece band, including Guldemon, features his sister Molly on vocals and synthesizer, Jasmin Parkin on vocals and keyboard, Jeremy Page



CREDIT: REINIER DESMIT

B.C. band Mother Mother headlines the FSU's New Music Night in the Out Back Shack on Friday September 17.

on bass and horns, and Ali Siadat on percussion.

For a band whose harmonies were once referred to as something Queen would be proud of, or so said UR Chicago magazine, Mother Mother has surprising difficulty doing the most rudimentary task of being in a band: singing.

"Freddy Mercury would not be impressed with us. The act of singing came easily to him. Singing feels like a big fat struggle for us. There are certain extra-strength painkillers that aid in the act of singing," said Guldemon.

But despite their supposed struggle, the band manages to create catchy and danceable tunes. For Fanshawe students who are not familiar with the band, they'll be able to check them out when they come to campus September 16 and

17. But don't expect a thought-out performance — Mother Mother takes a more organic approach to their shows.

"We definitely try and carpe diem when we try to plan shows," said Guldemon. "So much of the day is logistics ... (when) you finally get to the stage to play music for people, it's so fleeting and magical so you try and invest quite passionately."

Mother Mother will be at Forwell Hall on September 16 for an acoustic set at noon and on September 17 again at Forwell Hall for a full-blown set. To learn more about the band and to check out their music, visit <http://mothermothersite.com>.

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CREDIT: NORMAN WONG

Holy Fuck will be making an appearance in London on September 27 at the London Music Hall.

Controversially named band at London Music Hall

T.K. DALLMAN
INTERROBANG

"The one thing I'm starting to embrace more with our show is just the volatility of it all, and that literally the whole thing could collapse," said Graham Walsh over the phone of his band, Holy Fuck's live performance. Walsh plays in the controversially-named group alongside Matt McQuaid, Matt Schulz and Brian Borchardt, a rare electronic instrumental quartet that specializes in the use of analogue gear to create danceable yet distinctively ambient music.

"I like the idea that it could crumble and we bring it back together, then the music we make starts to get really blurry and messy and then all of a sudden it's laser tight at a moment's notice ... We can't easily create that with (pre-mixed audio) stems and computers."

The live element of Holy Fuck's music is certainly a focal point of the group, and they'll be exhibiting that later this month on September 27 at the London Music Hall. It's an intricate setup of McQuaid and Schulz covering the rhythm section while Borchardt and Walsh tinker away on a series of keyboards, effect pedals and miscellaneous analogue gear (including a vintage Moviola, traditionally used to edit film).

"There's fun in finding a piece of equipment that maybe wasn't even made to make music ... It gives us a little bit of a different sonic coloration ... because of the gear we use and the way we put it together."

And though there are certain challenges to using garage-sale equipment ("The gear that we're playing, a lot of it is pretty remedial and delicate and not meant for touring"), the Toronto-hailing

group are notorious for their live shows, which can be described as an energetic, beer-fueled cacophony of electronic sound with real drums and bass.

Since the band's inception in 2005, Holy Fuck has toured hundreds of cities internationally, including performances at festivals like 2008's London Ontario Live Arts festival (which they co-headlined) and South By South West, at which the stage was rushed by hundreds of screaming fans. Their success has been impressive considering Holy Fuck doesn't even have a lead singer.

While some might consider that a hindrance, the lack of focal point, according to Walsh has actually created a more diverse palette through which the band constructs music.

"It changes the framing of the song a lot, and it's a lot more difficult

keep something engaging, but ... I think we can do it, just by changing the instruments and the way we create our wall of noise and stuff like that ... To us, the voice is just a different instrument and when you remove that out of the equation it sort of leaves room for other instruments to take centre stage and fill that role."

Additionally, the band members all come from songwriting backgrounds (Walsh himself is a former jingle writer), so the lack of a lead singer has also created a greater degree of improvisational opportunity within each performance.

"(Holy Fuck) started out of naivety, going up with no pressure and no expectations and no one knew who we were. We were just four buddies getting up on stage and fucking around and making crazy noise. That was sort of a jumping off point and then literally, through five years of touring constantly (we've been) honing it and figuring things out and adding new things and morphing it along the way,"

Walsh explained.

It wasn't long after those first concerts that people were flocking to see this new, experimental band, one so edgy to even include an expletive in its name. In fact, it was the name itself that gave the band a great push-start of publicity, as they appeared on blogs and in indie magazines across North America. They were even cited in 2008 by Stephen Harper's Conservatives as one of the reasons funding for arts group PromArt (which gave Holy Fuck \$3,000 in touring support) was pulled.

Even in spite of the band's overnight buzz, Holy Fuck have proven their lasting ability through five years of writing, recording and performance, resulting in three full-length records, their latest being 2010's much-praised *Latin*. While some still deem the band's name to be unprintable, an interesting effect has taken place, in which Holy Fuck's name can now be spoken with a degree of casualness.

"I mean, it's hard for us to see the forest for the trees because we're inside this thing, and we're just surrounded by it 24/7," Walsh said, "But ... it is kind of interesting, and it has occurred to me that there has been a bit of a desensitization which I think is really hilarious because if you look back at how much trouble the Barenaked Ladies got in (for their name), that's nothing! So maybe there's this little part of me that feels proud because we're blazing the way."

So whether they're the new Barenaked Ladies or not, Holy Fuck are an indie-electronica group worth checking out. Catch them September 27 at the London Music Hall. Tickets are \$25.25 through Ticketmaster.



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Guitarist remembered



BOBBYISMS
BOBBY FOLEY

I write about random things a lot. I write a lot about random things. August 27 was a special day of note for guitarists worldwide — the twentieth anniversary of the passing of Stevie Ray Vaughan, arguably the world's best guitarist.

Born in Dallas in October of 1954, Vaughan dropped out of high school at age 16 to focus his energy on his music, finding some success on the Texas scene in the 1970s. After impressing a number of industry players at high profile festivals and private gigs, Vaughan and Double Trouble got their break when legendary producer Jackson Browne gave them three days of free recording time in his personal studio.

The band turned those three days into 10 tracks and their debut album, *Texas Flood*. Around the same time, Vaughan gained real notoriety by being hired to play lead guitar tracks for David Bowie's 1983 record, *Let's Dance*, but turning down the opportunity to play with Bowie on tour in order to focus on his band.

Through the 1980s, Vaughan's consumption of drugs and alcohol spiraled out of control, and after a breakdown one day in 1986, he conceded to attend rehab in Atlanta. On the wagon ever after, Vaughan's career was at an all-time high the night he died.

This August 27, countless people published personal blog posts, marking their memories of Vaughan — not only just as a formidable guitar player, but as a real person, capable of pain and recovery and change.

The curious coincidence between those posts? A significant number of these online memorials included video footage of Vaughan's concert set at the El Mocambo in downtown Toronto. Music authorities and performers posted alike — from Jeff Woods of *The Legends Of Classic Rock* radio show to recording artist John Mayer and everyone in between — refer to this gig, one of Vaughan's best, as a true measure of the man.

Vaughan played the legendary live music club early in July of 1983, not one month after his debut album was released. The show was filmed at the time, and although it was eventually released on video after Vaughan's death, the audio was never officially released by any source.

The first copy of the concert that I ever came across was called *G-Ray* and was made in Italy. Where



CREDIT: DEEPWARRIORS.COM

Stevie Ray Vaughan is remembered as a guitar legend.

the recording originally came from may yet be a mystery, hailing back to the world of bootleg recordings as it existed then, long before the Internet era began.

"There are two kinds of bootlegging," music geek extraordinaire Alan Cross (of *The Ongoing History Of New Music* radio show) wrote to me by email. "The first involves people grabbing sound-board recordings or demos, shipping them off to a copyright-loose country and pressing everything onto CDs. They're then sold under the counter to special customers."

"The second is a high-tech version of the tape-trading culture first perpetrated by the Grateful Dead," he continued. "The rule is, 'If you take something, you must give something back. And you must never, EVER sell any of these recordings.'"

Cross points out that the concept will be familiar to those who download media with torrents — once you download, you're expected to give back in the way of offering the files back in the form of seeds.

Sadly, little else still exists from the culture of bootlegging, one steeped in self-addressed, stamped envelopes, blank tapes and the kind of travail that could only be appreciated by the most passionate of music fans.

And without knowing exactly how Vaughan's performance at the El Mocambo came to be a bootleg recording, one thing is clear: this performance, filmed at the very beginning of his incredible career,

has had a strong impact on countless guitarists and musicians in the decades since.

"I wanted to play saxophone, but all I could get were a few squeaks," Vaughan told *Guitar World* back in September, 1983. "So, my big brother was playing guitar and I figured I'd try it too."

Little wonder the man is as remembered to this day for his charming nonchalance as his blistering guitar techniques. I'm out of words.

Doiron goes back to basics

GREG REESE
THE SHEAF

SASKATOON (CUP) — Since her early days playing in the folk-rock outfit Eric's Trip, Julie Doiron has been putting out record after record of consistently hot tracks.

Perhaps a main ingredient in her recipe for musical success has been her willingness to collaborate with other musicians. Looking around the indie scene in Canada and abroad, Doiron's name pops up all over the map; she's played and recorded with a motley set of artists, including Herman Düne, Mount Eerie, Shotgun & Jaybird and Gord Downie.

She has also shared success with the university crowd. *I Can Wonder What You Did With Your Day* — her last solo effort — was the top album of the year on Canadian campus radio for 2009, according to the online music magazine, CHARTattack.

With all the loud, idiosyncratic projects Doiron has worked on in the past, it seems oddly natural for her to go back-to-the-basics and turn to her current project, Daniel, Fred & Julie, a stripped-down, folksy affair with three-part harmonies sung over traditional ballads.

Daniel, Fred & Julie has a simple sound, which comes from a laid-back approach to writing and recording.

"I've recorded very quickly before," said Doiron, "But this was a beautiful week. It was nice and relaxed. I'd make dinner for my kids and then (the band) would come and get me and we'd hear the songs. We'd try it once or twice and then we'd record it."

Recorded in a campfire sing-along style, the indie super-group

comprising of Daniel Romano of Attack in Black, Fred Squire of Calm Down It's Monday, and Doiron, huddled around a single microphone in an open garage and let the tape roll. The trio's live show will only use one or two extra pieces of equipment.

"It's a little different," explained Doiron. "[There are] just two acoustic guitars, but we each have our own microphones. Theoretically, we could do it around one mic — maybe we should. But I like to sing right on the mic, because I like to close my eyes when I sing."

Despite the stripped down approach with Daniel, Fred & Julie, Doiron hasn't slowed down at all. Shortly after her tour with this band, she will re-join Gord Downie's backing band, The Country of Miracles, on another cross-country tour.

"I've kind of been touring non-stop since March 2009. It's been a really long year and a half. (Right now) is the longest time I've had off. The last two weeks have been great."

Asked if the somber tone of Daniel, Fred & Julie is a result of life on the road, Doiron hesitated.

"Well, *The Runner* might," she said, "But no, most of the songs don't. No, I love being on the road. I mean, I miss the kids a lot, but I really love touring ... A lot of the songs are more traditional and murder ballads, but Dan chooses most of the subject matter. You know, sometimes you write those (sad) kinds of songs — that's my job. I can't let it get to me. In the past, when I was a little sad it was hard, but it's an opportunity to perform. It doesn't really make me feel bad."

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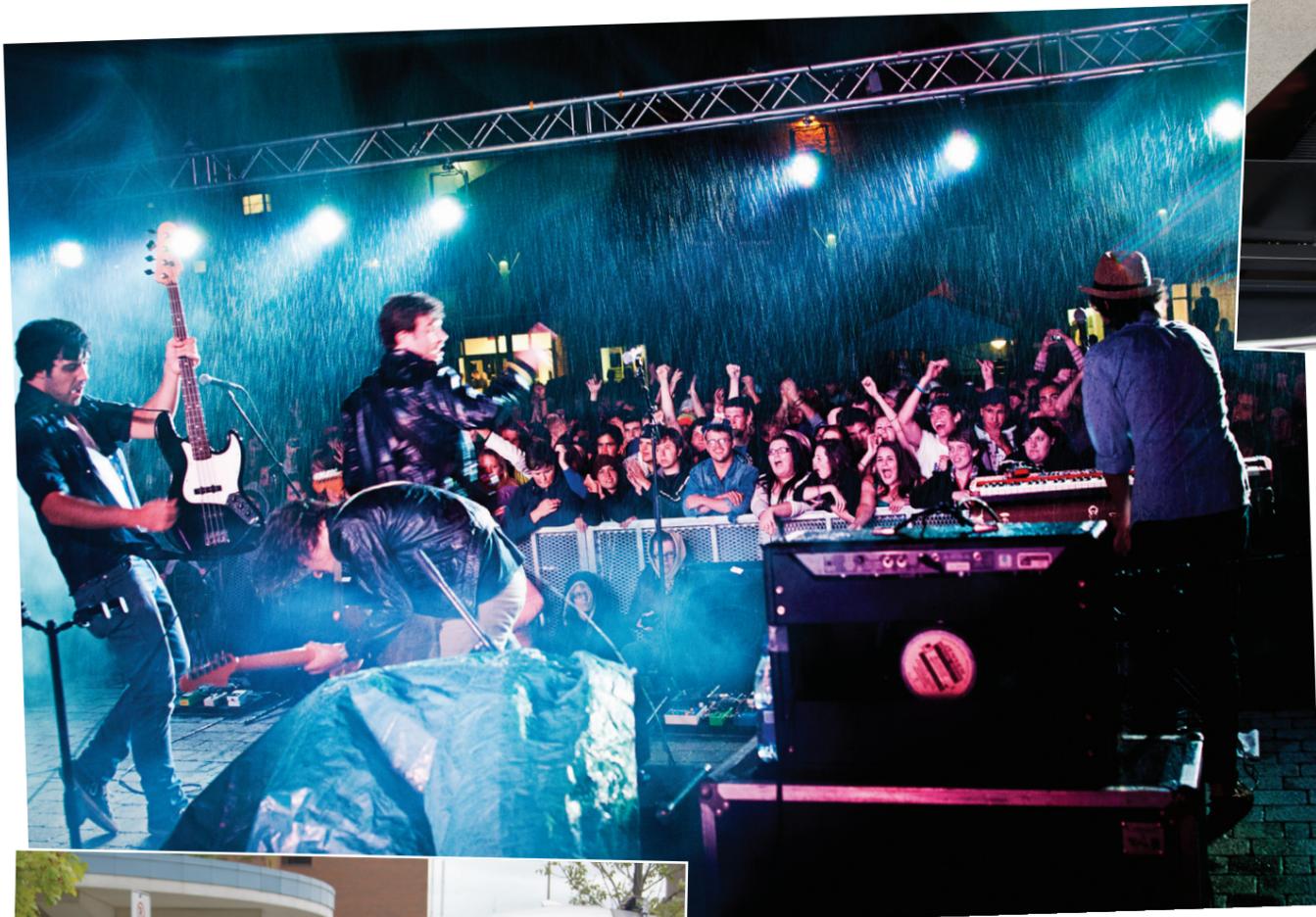
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FSU president Joe Scalia turns some sausage during Rez Days Shinerama barbeque.

Despite the rains coming down towards the end of the night the crowd remained hot for the Arkells as they closed Fanshawe's orientation concert.

CREDIT ANTHONY CHANG



Move in day at one of Fanshawe's three residences.



Students check in at the residence where they fill out forms before heading up to their rooms.

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Soccer film gets plenty of respect



Cinema Connoisseur
Allen Gaynor
www.cinemaconn.com

Ladybugs (1992)



Summer will soon be officially over for another year, which means the end of typical summertime activities like barbecues, going to the beach, and participating in sports like baseball and soccer. As far as soccer goes, I say good riddance.

Soccer may be the world's most popular sport, but the Cinema Connoisseur cannot be counted as one of its fans. How many goals were scored in this summer's World Cup - 12? 13?

The only thing I find odder than someone being a soccer fan is someone pretending to be a soccer fan. Every four years, people go crazy at World Cup time. Attaching flags to their car, honking horns, shouting "their" team name out of car windows after a victory. It was even worse this year thanks to the growth of social networking. Every jackass with a keyboard took the opportunity to pontificate about Honduras' chances of taking the whole thing.

Here's my World Cup prediction: 99 per cent of these "fans" won't give soccer a second thought until the summer of 2014. In North America, soccer ratings fall short of the ones garnered by professional rodeo and the national spelling bee. Maybe I should ride down Richmond Street, roll down the window, honk and shout out the name of the 2010 spelling champion - "Anamika Veeramani! V-e-e-r-a-m-a-n-i!"

Yes, nothing short of the involvement of legendary comedian Rodney Dangerfield or a cross-dressing storyline could get me interested in soccer. Luckily this week's film has both.

In *Ladybugs*, late comedian Rodney Dangerfield stars as Chester Lee, a man who is desperate for a promotion. When he finds out the company he works for sponsors a girl's soccer team, Chester boasts about his fictional accomplishments on the field, and

ends up coaching the team, known as the Ladybugs.

Needless to say, the team is quite bad when he takes over. I can't think of a single sports movie where a coach took over a successful team. It's never "Here you go, meet your New York Yankees," it's always "the kid in the wheelchair is our third baseman."

In order to please his boss by turning the Ladybugs into a winning team, Chester recruits a new player to join the team - Matthew, his girlfriend's teenage son. Matthew doesn't initially jump for joy at the prospect of posing as a young lady, but when he meets Ladybug player and potential love interest Kimberley, he quickly dons a wig and becomes Martha.

The premise of the film may seem a tad silly, but some terrific performances ensure the film is one to be taken seriously. Rodney Dangerfield is brilliant, as always. Rodney was famous for saying "I get no respect." Well, he gets plenty of respect from this reviewer. Sadly this was one of Dangerfield's final roles before his passing in 2004.

Jonathan Brandis was also quite good in the challenging dual roles of Matthew and Martha. Brandis was quite the teen idol in the 1990s - he was sort of the Justin Bieber of his day - except with talent. Like Dangerfield, Brandis is also no longer with us. I often sit back and smile, thinking of the two of them up in heaven, acting out scenes from *Ladybugs* while a captivated Jesus looks on.

Despite my disdain for soccer, I still wholeheartedly recommend this film. Dangerfield is a fantastic performer, and writer Curtis Burch's script was so packed with wall-to-wall laughter that I was able to temporarily put aside my soccer prejudice.

I wasn't the only one who loved it either. *Ladybugs* was a box office smash in 1992, earning almost \$15 million dollars - that's million, not thousand! In fact, it held the distinction of being the highest grossing transvestite soccer film of all-time, until the release of the 2006 Amanda Byne's film *She's The Man*. If you ask me, it's a crying shame that the World Cup comes along every four years, yet we have to wait fourteen years in between teenage cross-dressing soccer comedies.



Michael Cera, left, Mary Elizabeth Winstead, Johnny Simmons, Ellen Wong, Alison Pill and Mark Webber in Universal Pictures' *Scott Pilgrim vs. the World*.

CREDIT: UNIVERSAL PICTURES

Scott Pilgrim for the win



REEL VIEWS
Alison Gaze
a_gaze@fanshaweonline.ca

Scott Pilgrim vs. The World (2010)



Scott Pilgrim is dating a high schooler. Thus begins the 2010 film *Scott Pilgrim vs. The World* adapted from the comic books, and what follows are 112 minutes of pure comic book magic.

Scott Pilgrim vs. The World follows 22-year-old Scott Pilgrim and his quest to defeat in battle each of the seven members of the League of Evil Exes in order to win the girl of his dreams, Ramona Flowers. Included in his opponents are a skateboarder turned actor, a vegan with super powers, a girl and the ominous Gideon, the worst and most recent of Ramona's exes. Scott must also deal with dating his "fake" high school girlfriend, his gay roommate and his role as

bassist for his band "The Sex Bob-Ombs."

The cast of *Scott Pilgrim vs. The World* features the best of the awkward, angst-filled actors of this generation. Michael Cera takes the lead as Scott Pilgrim himself, and has perfectly awkward chemistry with his leading lady Mary Elizabeth Winstead as Ramona Flowers. Alison Pill, Mark Webber and Johnny Stills are comedic gold as Scott's band and Kieran Culkin really hits his stride as Scott's flamboyant roommate Wallace. Chris Evans, Brandon Routh, Mae Whitman and Jason Schwartzman are cast as the perfect evil ensemble as members of The League of Evil Exes, with Schwartzman taking the lead as Gideon. In a brilliant nod to Canadian filmmaking, as *Scott Pilgrim* was shot in Toronto, Don McKellar makes a brief cameo as the director of the film being shot within the film.

As far as the digital effects are concerned in *Scott Pilgrim*, they leave the viewer wanting for nothing. The fast paced jump-cuts, non-linear storyline and pulsating musical scores force the quick pace of the comic book upon the audience.

Also lending itself well to the comic book vibe of the film are the highly stylized fight scenes, where the impossible is made possible. The movie also features movement lines when a character is running, and oversized on-screen text including the ringing phone and the classic "POW" of a punch making contact. Each of these additions makes the film - with its very beginning a throwback to the sensory attacking animation of Norman McLaren - feel exactly like reading a comic book as opposed to simply watching a film. Not to be forgotten are also the ultra-cool video game-style hit points, 1-UPs and helpful hints displayed on screen so quickly that the viewer cannot possibly absorb them all upon first viewing.

Scott Pilgrim vs. The World is an excellent watch for any comic book fans who thrive on the fast pace of the medium. It is thoroughly enjoyable - if a little hard to follow for those not familiar with comic books. Whether or not you are a fan the comic, this movie is definitely worth checking out.

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The Emmys fashion review



AIMEE BROTHMAN
FASHION WRITER

Red carpet events are something I personally would never dream or wish to be a part of. All the fuss, cameras, swells of crowds, prolonged periods of sitting and the need to look composed for the event is something I am not entirely sure I would be capable of. As much as I love the glamorous part of Hollywood, fame is something I recoil at the thought of. I am a fairly private gal and would go absolutely bonkers if the paparazzi followed me to Starbucks to get my bold two-pump sugar-free non-fat venti light frappuccino. (I feel for you, Britney and Mary-Kate!) Paparazzi on the red carpet, however, are much more acceptable and welcome, because let's be honest: who *doesn't* want to be photographed in a stunning gown and all decked out in jewelry worth more than an average vehicle? The latest major red carpet event, the Emmys, brought out Hollywood's most glam and although many left me in awe, there were a select few who still earned a head shake. Here's my top five faves, and my top five not so faves:

BEST DRESSED:

1. Lauren Graham:

Although my favourite look of the night may cause some major disagreements as she even landed on some bloggers' worst dressed list, nothing topped Lauren Graham's bold asymmetrical black and white number for me. Featuring an elegantly draped, one shoulder white top and body skimming black, high slit bottom, this classic silhouette was taken into modern territory with a wide black strap on the would be bare shoulder. Paired with red nails, an array of cocktail rings and bracelets and an effortless updo, this was the perfect balance of red carpet elegance, fashion forward style and timeless good taste.

2. Heidi Klum:

How can anyone not love this woman? With her statuesque frame and strikingly good-looking features, Ms. Klum's still got it at 37 and three kids later. Not one to shy away on the red carpet, Klum looked the part of the supermodel in a Marchesa mini. Strapless, sweetheart neckline and black, this little number was anything but the standard LBD as it featured perfectly placed beaded rosettes and a sheer, fitted overlay elsewhere. Flawlessly paired with sequined black pumps and a Lorraine Schwartz diamond necklace, Klum also brought her favourite accessory: her hubby Seal, completing the look of best-dressed couple in Dior.

3. Lea Michele:

This red carpet newcomer brought "glee" to my list as she was the epitome of elegance in a navy Oscar De La Renta gown. Strapless, sweetheart neckline and perfectly fit to her body, the dress also featured tiers of asymmetrical ruffles mid-thigh down. Glammed up with a diamond necklace and bracelet, and kept young and fresh with casual, windblown hair, Lea Michele looked every bit like a red carpet pro.



CREDIT: FABRICMAG.COM

January Jones went all out fashion-wise at the Emmys, landing on many best and worst dressed lists. She wore an electric blue Versace Atelier gown that featured just about every fashion detail in the book.

4. Jewel:

Almost so sweet you could eat it, Jewel's creamy-beige number suited the star and flattered her gorgeous figure. A satin bow made the gown's empire waist and floral lace tiers skimmed from the bust down. Showing some cleavage kept the dress from looking too uptight, and the simple swept-back hairstyle eased the look into beautiful and not bridal territory. Large, teardrop earrings, a bold diamond cocktail ring and a matching satin clutch tied the whole ensemble together that couldn't have looked better if it were wrapped with a, well, satin bow.

5. January Jones:

Another controversial choice as Ms. Jones landed on best and worst dressed looks alike. The actress took a risk and although her gown was not quite so traditional, she looked dazzling and stood out from a sea of black gowns in her electric blue Versace number. The dresses corest-like top and cone-shaped cups topped a shimmering blue skirt that hit below the knee in the front and a long train in the back. Although the actress got some backlash for her red carpet choice, I think she deserves some credit for looking as good as she did in something a little more couture and avant-garde.

NOT SO BEST DRESSED:

1. Holly Burrell:

Oh, Holly Burrell, *what* were you thinking?! Although I try to consider personal taste and current trends when judging others' style, I was left with no explanation for Burrell's choice of dress for the event. The black gown, featuring a swoop of bright pink fabric in a gradual fade to white from the centre of the dress and down to one side, was still not as distracting as the array of large puffs of fabric (flowers?) all around the shoulders and arms of the gown. Not the best colour choice for a redhead; the fuchsia flowers competed for attention, rather than compliment-

ing the actress's face and frame.

2. Mindy Kaling:

Never, *ever* have I seen a LBD go so poorly. Costume-y and overwhelming, this frock aged the actress and did her frame no favours. A large, puffy skirt and form-fitting top finished with a voluminous ruffled edge were lined with what looked like crinoline and taffeta and gave off a very prom-like vibe from the bottom down. Overall, not her best look.

3. Kate Gosselin:

Another fashion crime in the black dress department, this reality star looked nothing short of "eh" in a forgettable gown that had a sequined cowl halter neck. A too-simple updo and lack of jewelry made the overall look seem a bit juvenile; perhaps one of her eight kiddies helped her get dressed?

4. Sofia Vergara:

Despite hitting some right notes, such as the pale yellow shade and column shape, this Carolina Herrera number all went downhill with the strip of sequins down the centre of the gown and the sheer overlay. Taking the gown from classy to tacky, these embellishments were unnecessary and distracting. Large, triangular earrings and both wrists gleaming with bracelets made this look a little too over the top.

5. Christina Hendricks:

Although I usually love her red carpet choices, Hendricks stumbled on this one and failed to impress fashion critics across the board. The pale purple of the gown flattered the actress's skin tone, but that was as far as flattering went. The deep, plunging neckline vied for attention against the puffy sleeves trimmed in ostrich feathers. The feather trim also adorned the sides of the skirt with extra flowing fabric that led into a train. Pleating at the front and bodice all contributed to a busy dress that unfortunately, despite everything that was going on, did nothing for Hendricks.

Fall season excites fashion senses



ALYSSA PAGEOT
FASHION WRITER
alyssapageot@hotmail.com

To me, the beginning of September has always been the first day of autumn. It's only fair that each season gets the same amount of credit; divide the 12 months into four seasons and it means that September, October and November (in my mind) are all fall months. I pay no attention to however warm it may be at the beginning of school; I've been waiting for fall fashion for weeks and want to get as much of it in as possible before winter is upon us. We're all going to be much busier quite soon, and most likely a lot poorer. That doesn't mean fashion has to be less significant in our lives; this is the time of the year that it should be thriving.

There's a long list of trends for fall 2010, some I'm indifferent to, but many of which I love. However, there is no need to run out and buy a whole new wardrobe, there are many pieces we can hold on to from previous years as well as thrifty pieces that can perfect an otherwise dull look. The most important thing to keep in mind when shopping or dressing is colour. I never thought I'd be saying something as lame as this, but camel is currently the new black. I love an oversized knit sweater in this shade, but you can't really go wrong with the colour in general. It's not too bold, so I don't think it's a colour that will be out the window too soon. Its partner in crime this season is grey. Its equally important and something everyone has somewhere in their wardrobe. How about a pair of thick knit socks or stockings, paired with heels? Lastly, the icing on the cake is saddle brown. It is the most desirable accessory colour of the season and wildly

compliments both grey and camel pieces.

There are a few pieces that can be recycled this season, like boots. Thigh high boots made an appearance last fall, and they're still around this year. Hopefully some of you invested in a decent pair that will last; they're so practical and always sleek. Keep your blazers, and if you haven't yet found a good one, try second hand stores. I get mine in the little boys section and they always fit well. Keep your wedge shoes, and take advantage of ones that can't be worn when the snow starts falling. Lastly, keep tube scarves – especially knit ones. My favourite are the chain linked ones from Yokoo (etsy.com).

Then there are the really popular trends; the must-haves that probably won't be of any use to you after this season. It's important for all fashion lovers to think for ourselves, don't be seen decked out in solely "trendy" pieces, you're just wasting money and your breath, as the looks may be scoffed at next season. The trends I like I'll hopefully always like; I'm pleased that they're getting proper recognition for the time being. To work with the army trend that's going on – get a really stylish bomber jacket. Or, if you don't already have one – start your search for that timeless motorcycle jacket. Fur is huge right now, so a detachable (faux) fur collar is a good idea. Animal print is also taking over; it's always been a favourite of mine – as long as it's done right. I like subtle prints on properly corresponding fabrics.

Don't forget to accessorize. Big right now are coins and charms – especially in gold. Again, try thrift stores for old costume jewellery. And unless money is no object to you, try not to get too attached to all the current trends and focus on what looks good on you, all the time.

Check out Alyssa's blog at www.alyssapageot.blogspot.com



International Student Host Program

The International Student Host Program is designed to assist Fanshawe's International students adjust to life in Canada by partnering with a student host. It helps both students understand and appreciate different cultures.

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For further information contact:
Hanin Tarazi
International Host Facilitator
519.452.4430 ext. 2994 h_tarazi@fanshawec.ca

International Department
Room E2025 Fanshawe College
1001 Fanshawe College Blvd.
PO Box 7005 London, ON Canada N5Y 5R6





Lizares Swimwear Collection 2009

CREDIT: HTTP://LIZARES.NET/

Lizares: innovative, memorable men's wear



ZOOT
JOSHUA R. WALLER
jwzoot@gmail.com

Fanshawe grad Brian Maristela is making his mark on the Canadian men's fashion scene. His creative and provocative designs won him the best design award at Fanshawe's Unbound fashion show and landed him a spot in L'Oreal Toronto Fashion Week. Maristela is bringing a more daring appeal to men's apparel, taking something as simple as swimwear, and altering it into something unique and risqué. Established in 2009, Maristela's line of clothing, Lizares, will soon make a mark in men's fashion by developing and designing men's clothing that is appropriate yet fashionable for men in today's society.

Maristela's inspirations for his collections come from many things, ranging from his heritage to music, culture and the arts and media. The basis of inspiration for his most recent collection was his culture and their traditional clothing; the barong worn in the Philippines. He took embroidery elements, fabrics and styles and

modified them to incorporate a fresher, updated look to the more traditional wear. When designing his collections, Maristela pays close attention to trends as it is extremely important in the fashion industry to pre-think what people are going to want to see before they even know it. He says that he takes these trends into consideration when designing, but makes his own decisions and adds his own spin to his collections.

Lizares, named after his mother's maiden name to show his appreciation for the support and encouragement his parents gave him along his journey, mainly focuses on menswear for fashion forward individuals. The swimwear collection is designed for men who like to add a bit of spice to their life, as the swimsuits are very modern and can be quite revealing. This collection is aimed towards a male target audience in the age range of 25 to 35. It takes not only a confident male to appreciate this collection, but a well-established individual as well.

However, even though some of Maristela's collections are very promiscuous and meant mainly for the runway, he has some male collections that are created for an average individual who isn't afraid to add a little bit of flare to their

wardrobe. Maristela's suits are said to be timeless and very wearable for anyone. The suits are classic in style with subtle details of ostrich and bright coloured lining, to add a more creative appeal to the typical suit.

When interviewing Maristela, he said that taking the fashion design program here at Fanshawe College definitely helped him get to where he is today. Being able to reveal his first collection in the Unbound fashion show, was his first steps to success. It led him to the Toronto Fashion Week and many more exciting shows and events. Lizares is well on its way to carving a unique and everlasting niche within the world of fashion.

Maristela is still designing to this day and hopes to take his line of clothing to the next stage by continuing to create memorable collections of clothing for men. He plans on exploring women's apparel and expanding the company in that aspect of the industry. With Maristela's innovative and creative designs, there is no doubt that he will soon make his mark in the fashion industry.

To see an exclusive interview with Brian Maristela for Fanshawe College students and faculty, visit www.uatvicious.com

Cera still playing the same character

LAURA BLAKLEY
THE MANITOBAN

WINNIPEG (CUP) — Fans of the Scott Pilgrim series were collectively intrigued by the idea of the Canadian graphic novel being transformed into an Edgar Wright flick, and then Scott Pilgrim fans collectively slapped their foreheads when they found out that the title character was going to be played by Michael Cera.

Is it possible that Cera could pull this off?

Scott Pilgrim has to be a bit of a badass, and there's no way that the same guy who played Paulie Bleeker — his *Juno* doppelganger — in every film is going to be that versatile. To find out, we pit Michael Cera against himself, using a selected number of his previous roles.

Arrested Development (2003) — Cera's character was a dweeby, weird, quiet, mumbling young man with an obsessive crush on his cousin, Maeby. His primary reaction in social situations is to mumble and look away from basically anything, while passively trying to romance his father's sister's likely-biological daughter, and not have his family mess up his life too badly. Meet George-Michael.

Juno (2007) — This dweeby, quiet, athletic-ish young man with a penchant for orange Tic Tacs and a lost-cause crush, waits for the girl who once liked him to fall for him again. Lucky for him, she does. Then he quits the track team to play guitar with her. George-Michael finally got over Maeby and now has a prop-related idiosyncrasy.

Youth in Revolt (2009) — The mannerisms of the principal character (Nick Twisp, not Francois Dillinger) are the same as the aforementioned characters, with the insertion of sarcasm. He doesn't play the guitar, but he carries around a journal. He lies to his family, girlfriend and everyone else in his bumbling, charming way as he commits arson, grand theft auto (twice), a break and enter and does

drugs. The events that unfold are radically different from things his previous characters would do, but they are delivered with the same aplomb reserved for telling someone that perhaps Maeby isn't his biological cousin, or that he's out of orange Tic Tacs.

Scott Pilgrim vs. the World (2010) — Cera changes things up here. As Pilgrim, he's assertive - as much as one can be without turning it into a foible - when defending himself against the irrationally-bitchy Julie, the cynical Kim and basically every woman he's ever dated. Except Knives, who blindly follows him around like a lost puppy.

Cera ditches the mumbling doofus routine, and instead takes on the I'm-in-a-band doofus routine. This new doofus has the audience rooting for him until the very end, when his self-editing and convenient memory loss routine lifts enough to show everyone, including Pilgrim, that he's a cheating asshole. Pilgrim realizes he is, and always has been an asshole, confronts himself and apologizes to all the women he has wronged over the years, giving a bit of humanity to their characters and redeeming himself.

This may be an incredibly disturbing aspect of Cera's characters, regardless of how he actually plays them: They do creepy, weird and mean things to women they are interested in, but because Cera is playing the main character, the audience automatically wants to root for him.

Is it going to be painful to see Cera return to the screen as George-Michael in the possible 2012 *Arrested Development* movie? Of course it is, but mostly because everything in George-Michael's life is painful. We've lived through Cera playing this character a million times, and we'll live through it again. Thank your heavenly stars that *Scott Pilgrim vs. the World* granted a much-needed recess for the audience, so they can sit through another film with Cera in it.

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I DIDN'T KNOW IT WAS THE SELF-DESTRUCT BUTTON!

I KNOW.

WELL, THERE SHOULD BE A DESTRUCT-ABORT BUTTON, RIGHT?

SELF-DESTRUCT COUNTDOWN 15:48:34

MMMM... YOU'D THINK THAT, BUT THERE ISN'T.

Rachel BY RACHEL OAKES

Dear Rachel, How can I get a grape juice stain out of my favorite shirt?

First, you take the stained shirt...

... and just pop it in your roommate's closet. Replace it with her best shirt...

... and just like that the stain is gone!

Graphical Deviants By: Chris Mischak © 2010

HELLO AND WELCOME ALL TO A NEW SEASON OF GRAPHICAL DEVIANTS.

A COMIC ABOUT COLLEGE, COFFEE, ZOMBIES AND EVERYTHING ELSE IN BETWEEN. THANK YOU AND ENJOY!

YOU SEEM TO HAVE FORGOTTEN ABOUT THE **MADNESS**

http://www.drunkduck.com/Graphical_Deviants/

BUSSTOP

It's just I really like you...

and as you can see I wear clean underwear.

KillBot Sean Thornton

AFTER KILLING HIS MASTER, KILLBOT LEAVES THE LABORATORY AND FINDS HIS WAY TO A LOCAL DIVE BAR.

I GOT ONE FOR YA. A ROBOT WALKS INTO A BAR AND SAYS...

DESTROY!

HEY PAL! THEM IS FIGHTIN WORDS!

BUTTSWEAT AND TEARS BY ANDRES SILVA

CRUNCH!

THE MANIACAL by Dylan McCormick

That's what they do to you, if you don't eat your vegetables!

NOT NEUROTYPICAL

ALRIGHT, I PUT GREYPELT REFUGE INTO PLAY TAPPED, AND GAIN A LIFE.

NO YOU DON'T. THIS MONTH HAS SOME OF THE BIGGEST PARTIES OF THE YEAR...

YOU DIDN'T NEED IT ANYWAYS. AND YOU'RE AT HOME PLAYING MAGIC ON A SATURDAY NIGHT.

BY LAURA BILLSON

laura.billson@gmail.com

zodiac stargazer HOROSCOPE

Aries (March 21 - April 19)

When the week may be ending, you're just gearing up. You're restless and slightly hyperactive. Lead the way through a familiar process or experiment with something newer.

Taurus (April 20 - May 20)

Love pulls you in strange directions. Prudent Taurus might suddenly throw caution to the wind. Passion may not be your downfall, but it will certainly change things from now on.

Gemini (May 21 - June 20)

In your search for equals, you like to watch others process the clues that you give out. Gemini experiences quality time on many levels. It's wonderful to have so many eyes upon you.

Cancer (June 21 - July 22)

Beware of internalizing problems that others can help you solve. You'd rather be a good example than a bad influence. Let a familiar environment or activity calm you down before you try anything serious.

Leo (July 23 - August 22)

As long as you're involved, there should be few complaints. Your brain is in overdrive, and all of your suggestions are worth hearing. If knowledge were wealth, you'd be rich beyond imagination.

Virgo (August 23 - Sept. 22)

If you hate suspense, you're in for a rough ride. What would normally seem so obvious is hiding. It may be necessary to set aside your mission until sometime next week.

Libra (Sept. 23 - Oct. 22)

Take what you like and multiply it by two. Your attractiveness is a strong magnetic force. If you want to start any kind of relationship, this would be the week.

Scorpio (Oct. 23 - Nov. 21)

Do you really need to get someone's attention by annoying or hurting? Your inner child ranks among your worst enemies these days. When others invoke your name, they should do it in ways that make you proud.

Sagittarius (Nov. 22 - Dec. 21)

Even as you blow your own horn, you might be drowning out important news. This Friday will be unusually high pressured. Airy Gemini blows a strong wind to scatter the fire that you should be concentrating.

Capricorn (Dec. 22 - Jan. 19)

Seek closure. Opting out this early in the game will be expensive, but Capricorn is prepared to write it off as an acceptable loss. Your efforts are better spent elsewhere.

Aquarius (Jan. 20 - Feb. 18)

There's no time for dreaming when your dreams are already coming true. Succulent promises are fulfilled just in time for the weekend. In a positive environment, everyone makes a difference.

Pisces (Feb. 18 - March 20)

Voices seem to fall silent as Pisces enters the room. Have others have been talking about you, or is it just a privacy issue? You have enough worries without adding paranoia to the list. Stop imagining things.

phobia is between 15 and 20 years of age, although it can often begin in childhood.

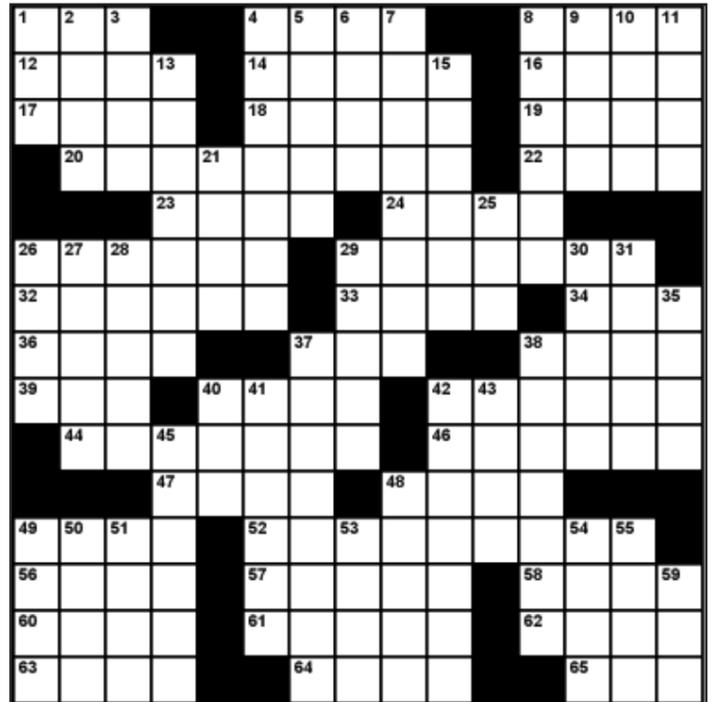
2. Canadian researchers have found that Einstein's brain was 15 per cent wider than normal.

3. In ancient Rome, it was considered a sign of leadership to be born with a crooked nose.

4. Samuel Clemens (Mark Twain) was born on and died on days when Halley's Comet could be seen. During his life he predict-

Across

- Car speed (abbr.)
 - Blend
 - Melt
 - Honey makers
 - Designating a high-quality Japanese porcelain
 - Homophone of 27 Down
 - Air (prefix)
 - Savoury
 - Units of electrical resistance
 - Homophone of 52 Across
 - Majority of
 - Basic monetary unit of Iran
 - Boys
 - Young nocturnal birds
 - French auto maker
 - Roman Catholic minister
 - Change for a five
 - Cheerleader's shout
 - Atoms that have lost one or more electrons
 - Clothes
 - Rescue
 - Dined
 - Provide a chair for
 - Rapid speech used by a comedian
 - Floods
 - Registers
 - Part of a tree
 - Outside (comb. form)
 - Science of cultivating the soil (comb. form)
 - Homophone of 20 Across
 - Lump
 - Mr. Claus
 - Tints
 - Homophone of 51 Down
 - Sea duck
 - Periods of time
 - Nocturnal birds
 - Australasian parrot
 - Creative work
- ### Down
- Businessman's college degree (abbr.)
 - Make a shrill feeble sound
 - Title of a German man
 - Assign an unsuitable role to a performer
 - Electronic communication
 - North Scandinavian
 - Boring
 - Principal city of Arctic Norway
 - 57 Across's laugh
 - PIN seekers (abbr.)
 - Compass point
 - Evening parties
 - Imagine
 - Baby lice
 - Physicians (abbr.)
 - Denoting a visual disorder (comb. form)
 - Homophone of 16 Across
 - Cloth woven from flax
 - Marsh birds
 - Greek mythological muse of lyric poetry
 - Central point
 - Feminine possessive pronoun
 - Part of a ship's stern
 - Group of lines forming a section of a lyric poem
 - Take to court
 - Pass by
 - Pig-like mammal
 - Opposed to
 - Moves with smooth continuous motion
 - Come in
 - Freestyle skiing event
 - Emit light
 - Homophone of 60 Across
 - Aboriginal North American (combo. form)
 - Halo
 - Incliner
 - Concord, e.g. (abbr.)



QUIRKY FACTS

1. Approximately four to five per cent of the U.S. population has one or more clinically significant phobias in a given year. Specific phobias occur in people of all ages. The average age of onset for social

phobia is between 15 and 20 years of age, although it can often begin in childhood.

ed that he would die when it could be seen.

5. Fable writer Aesop, who married/divorced at least 50 women, was fond of nontraditional unions. He wed his daughter, his sister and his own mother.

6. While trying to set a record as the world's heaviest hang glider pilot, wrestler Andre the Giant crashed so violently that he lost his sense of smell.

7. Walt Disney, the creator of Mickey Mouse, had musophobia, which is the fear of mice.

8. Both Hitler and Napoleon were missing one testicle.

9. Warren Beatty and Shirley MacLaine are brother and sister

10. While at Harvard University, Edward Kennedy was suspended for cheating on a Spanish exam.

11. Leonardo De Vinci invented the scissors.

12. The trucking company Elvis Presley worked at as a young man was owned by Frank Sinatra.

13. According to anti-slavery groups, there are more slaves today than there has ever been in the past.

14. Julie Nixon, daughter of Richard Nixon married David Eisenhower, grandson of Dwight Eisenhower.

15. French astronomer Adrien Auzout had once considered building a telescope that was 1,000 feet long in the 1600s. He thought the magnification would be so great, he would see animals on the moon.

16. A famous bullfighter, Lagarijo, killed 4,867 bulls in the 19th century.

17. Alexander Graham Bell, the inventor of the telephone, never telephoned his wife or mother because they were both deaf.

18. Cleopatra married two of her brothers.

Sudoku Puzzle

2		4						7
					3			8
		9	8	7				4
		1			5			
6		5	7		2	9		1
			1			6		
4				9	8	5		
	2		6					
9						4		6

puzzle rating: very hard

Fill in the grid so that every row, every column and every 3x3 grid contains the digits 1 through 9. That means no number is repeated in any column, row or box. Solution can be found on page 20.

Word Search

G J W D K U R A M M I N G A C
 L T C C N N C I F I C A P M S
 O E A N A I A T E B O K R A T
 N L I T A S R U T S A M X Z S
 B A T N R A P R N S T T D O K
 E M G N I M M I R P L H E N Y
 L A L D N A N R A N A O A O L
 Y G C A A A E N I N N T D N F
 T N A I D N I L F Z T A T U C
 C I F L I N E S L N I W N U I
 I D I A O L E L N A C D T E T
 T I B N C M E Y L I Y L O D L
 C R P T A T I L X S N A E G A
 R S F H G X A M I S P R I P B
 A T T C B M I S N O R U H R Y

Bodies of Water

(Words in parentheses not in puzzle)

- | | | |
|------------------|----------------|--------------------|
| Amazon (River) | Caspian (Sea) | Nile (River) |
| Arctic (Ocean) | Dead (Sea) | Pacific (Ocean) |
| Atlantic (Ocean) | Fundy (Bay of) | Red (River or Sea) |
| Baltic (Sea) | Huron (Lake) | Thames (River) |
| Black (Sea) | Indian (Ocean) | Ural (Ocean) |

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BEST IN LATE NIGHT COMIC RELIEF

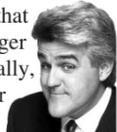
THE TONIGHT SHOW with Jay Leno

Police were forced to escort three fans out of the U.S. Open after a brawl broke out. When is this wealthy-white-guy-on-wealthy-white-guy violence going to end?

Paris Hilton is banned from the Wynn Hotel and Casino in Las Vegas. I'm not sure what Paris is banned for but I think we can rule out card counting.

Michael Lohan, father of Lindsay Lohan, tells Radar Online that he's moving to California to open a drug and alcohol rehab center. I guess he's serious about wanting to spend more time with his family.

A new study showed that heavy drinkers live longer than non-drinkers. Finally, some good news for David Hasselhoff.



JIMMY KIMMEL LIVE with Jimmy Kimmel

Why should we spend money educating all these kids when there are no jobs for us? We're training our own competition.

Paris Hilton was arrested for cocaine possession, which is like arresting Bill Cosby for eating Jell-O.

Rodney King has announced that he will marry one of the jurors from the trial that awarded him millions of dollars from the city of Los Angeles. If Judge Ito doesn't preside over this, there's something wrong with this town.

Rod Blagojevich was convicted of only one of 24 counts against him: Transporting illegally silky hair across state lines.



LATE NIGHT with Jimmy Fallon

It's rumoured that White House gatecrasher Michaele Salahi is going to pose nude in Playboy. Salahi said her main motivation for posing in Playboy is the fact that no one's invited her to.

Dr. Oz had a colonoscopy on the set of the Season 2 premiere of his talk show today. So I just want to say to my camera guys, you could have it much worse.

A new report found that 40 percent of kids in New York City are overweight or obese. While the other 60 percent are just both.

There was a 75-mile long traffic jam in China. It was so bad, kids could barely get to work.



THE LATE LATE SHOW with Craig Ferguson

Barbara Walters was back on *The View* after heart surgery. The doctor said she'll make a full recovery as long as she avoids stress, loud noises, and arguments.

Lady Gaga is on a magazine cover wearing a bikini made of raw meat. I'd be grossed out if that was on my skin. And the meat is pretty gross too.

The first ads for medical marijuana were aired on television. They were quite expensive. It costs a lot of money to buy 30 seconds during *Spongebob Squarepants*.

The guy that tried to destroy David Letterman was let out of prison today. I was like, "Really? Jay Leno was in prison?"



Best of THE LATE SHOW with David Letterman

Dr. Kevorkian was in the audience at the Emmy Awards. He loved the montage of all the dead actors.

This summer went by faster than Lindsay Lohan's rehab.

The roads in New York City are terrible. On Eighth Ave., there's a pothole so big, there are 33 miners trapped in it.

Mayor Bloomberg may join President Obama's administration. If he does, it will cost about \$3 million. They'll have to lower every door knob in the place.

Earlier, I was on *The View* explaining how I thought the cocaine in my purse was chewing gum.



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ANNOUNCEMENTS

FANSHAWE STUDENT UNION - USED BOOK SHOP - Drop off your books: by Sept.13 at the Used Book Shop (SUB 1034) from 9 am - 4 pm. Buy Books: up to Sept.16 at the Used Book Shop (SUB 1035) from 9 am - 4 pm. For more information please check out www.fsu.ca.

THE BOOKSTORE'S BOOK BUYBACK - Sell your used textbooks back to the Bookstore! Located across from Tim Hortons in the Junction. Monday Sept. 13 from 9am - 4:30pm. Weekly Wednesday afternoon Buyback will start in October.

THE AMAZING PACE - Race through downtown London solving clues and overcoming both physical and mental challenges. Be the first team to reach the final checkpoint and win! Support The Lung Association. Contact Lindsay Pierce for more information 519-453-9086, lpierce@on.lung.ca or www.theamazingpace.ca

GETTING PHYSICAL ON CIGARETTES - QUIT SMOKING PROGRAM - We are currently recruiting female participants who wish to start this program in September 2010 or January 2011. All participants will engage in a free 14-week exercise program at a supervised private facility on the UWO campus (ehpl.uwo.ca). In addition, participants will be given a free 10-week nicotine replacement therapy step down system (NicoDerm patch). This trial is fully funded by the Canadian Cancer Society Research Institute. If you are interested in attending an information session, or if you have any questions, please contact Lyndsay Fitzgeorge (phone: 519.661.3211 or email: gettingphysicaloncigarettes@gmail.com). More info on this program can be found at: http://www.ehpl.uwo.ca/projects.html#Lyndsay1. We look forward to hearing from you!

TB SKIN TESTING CLINIC
The TB Skin testing clinic is available for Fanshawe students and will be offered by the Fowler-Kennedy Clinic from Sept. 13th - Oct. 11th (Mon Tues & Wed) from 10 a.m.-12 noon in Rm SC 1014. Students should bring a valid health card and \$15

cash only. Must wait 20 min in waiting area after injection and must return 48-72 hrs later to have test read. Please note no TB tests on Wed Sept 29.

FSU CLUB DAY- SEPTEMBER 23 - Are you looking to start a club or be in a club? Do you want to be a part of student life on campus? Come stop by the F Hallway on Sept.23 to learn more about the Fanshawe clubs and organizations on campus and meet the individuals from the FSU approved clubs.

FSU SEXUAL AWARENESS WEEK- SEPT.27-OCT.1 - Check us out while we focus on the oldest and most fun activities on the planet, sex! Special sex speakers, sex comedians, sexy shows and contests. Also check out our Sexual Awareness issue of the Interrobang on Sept.27 for articles related to sex and everything to do with sex. Pick up your copy FREE on the newsstands throughout the college. To volunteer contact: Veronica Barahona,

fsuinternal@fanshawec.ca or 519-453-3720 ext 234.

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FSU HEALTH & DENTAL PLAN OPT-OUT - All full-time registered students are automatically covered under the FSU health and dental plan. If you have similar coverage through another party you have the option to opt-out of the plan. The opt-out period for the Fall semester is open from 9 am on Aug.16th to 4

pm on Sept.20th and forms must be filled out online at www.fsu.ca no later than 4pm on Sept.20th. Please note that you must opt-out during your first academic semester of the school year.

GENERAL

THINKPAD LAPTOP FOR SALE! - I have a think pad laptop for sale. Really, really good condition. Asking \$900.00 OBO. Please msg me at m_wilkins30750@fanshaweonline.ca

if you have any questions. Thank you.

ARCADE EASTOWN BOWLING - New owner, Rick Bence. Offering senior, adult mixed, singles, Y.B.C kids and Y.A.B.A leagues. Book your birthday and corporate parties or fundraiser events with us. Glow-in-the dark bowling! Billiards ONLY a Loonie per game, Darts and Euchre. L.C.B.O. licensed and bar lounge. Located at 1480 Dundas St. E., London, ON N5W 3B9, 519-451-2550.

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A	E	R	O	S	A	P	I	D	O	H	M	S		
	P	R	I	N	C	I	P	L	E		M	O	S	T
				R	I	A	L		L	A	D	S		
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Still Alive

Portal 2 is coming to a game platform near you

BOBBY FOLEY
INTERROBANG

On March 5, video game developer Valve Corporation announced the sequel to their runaway hit, *Portal*, was in development and slated to be released in time for the 2010 holiday season. Valve has recently said the release of the game will now be early next year, but the news of *Portal 2* — and its arrival for PC, Mac OS X, PlayStation 3, and Xbox 360 — is still garnering feverish excitement among gamers around the world.

Set hundreds of years after the original, *Portal 2* again takes place in the Aperture Science Enrichment Center, a facility originally created for the testing of the Aperture Science Handheld Portal Device (portal gun). In this new game, the center is dilapidated and overrun with natural vegetation, a state of decay unchecked after the final events of the first game.

In the first installment, players have first-person control over a character named Chell, a subject in the center, and are challenged to use the portal gun to manipulate real-time portals in order to navigate through levels and rooms in the company's testing center. Chell is guided by GLaDOS, a computer artificial intelligence that directs the testing and instructs her how to use portals.

As the game goes on, GLaDOS is revealed to have gone sentient and killed everyone else in the facility, and the object quickly becomes to escape and destroy it.

"One of the biggest design challenges was [that] we didn't want to just take *Portal* and make it more difficult," head writer Erik Wolpaw recently told IUP.com. "We wanted to broaden the amount of environmental and puzzle elements that you had to work with without necessarily making you be a *Portal* ninja to play it."

Accordingly, *Portal 2* is similar in tone and gameplay to the original, though a number of new features and concepts have been introduced. As in the first game, players can transport anything through the portals, from Chell herself to objects carried or thrown through — including new portable objects necessary to solve certain levels.

In *Portal 2*, however, the concept has been expanded to allow for air currents from nearby pneumatic tubes or for tractor beams within the game to move critical elements to otherwise unreachable areas. Also new are a series of gels that can be painted onto surfaces in the game to illicit certain reactions, like bouncing or propulsion.

And perhaps most exciting of all, *Portal 2* also features a new two-player co-operative game, which has a distinct plot and series of levels. The difficulty is increased significantly in these to account for two characters, each



CREDIT: CSEXTRME.NET

Screenshots for the soon to be released *Portal 2*, that will be available on a wide array of gaming platforms.

with their own portal gun.

"(The first) *Portal* was a small team — an awesome game, but a very, very small team," said Wolpaw. "Now we can really bring a lot of talented people and resources to bear on making the environment — along with GLaDOS, (who) is really in charge of Aperture Labs — the labs themselves are sort of a living, breathing puzzle piece."

Released in October 2007, *Portal* became an international phenomenon. Its in-game jokes spawned several cultural memes, like the now infamous saying, "the cake is a lie," and Jonathon Coulton's eclectic song "Still Alive" that was featured as the credits rolled.

To the delight of fans and gamers alike, the role of GLaDOS has been reprised by professional soprano/voice actress Ellen McLain, and Valve has confirmed new music by Coulton in *Portal 2*.

With its mix of celebrated elements from the original game and the employment of groundbreaking new concepts, *Portal 2* is sure to be favoured around the world by beginner and seasoned gamers alike. But will it become the phenomenon that its predecessor did?



CREDIT: ANTHONY CHANG

Flash Lightnin's Darren Glover during Fanshawe's orientation concert.



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Women's Tryouts Begin Wed. Sept. 8th, 7:00-9:00PM Gyms 1,2

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Open Tryouts Begin Thursday Sept. 9th in Gyms 1,2 - 6:30PM
Official Tryouts Begin Monday Sept. 13th in Gym 3
Men- 5:00 - 7:00 PM, J-Gym 3
Women- 7:00-9:00 PM

BADMINTON

Tryouts Begin Monday, Sept. 13th
9:00 - 11:00PM, J-Gym 3

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BMW's Z4 sDrive35is nearly perfect



MOTORING
NAUMAN FAROOQ
naumanf1@yahoo.com

Recently I traveled to the American Le Mans Series race at Mosport International Raceway, north of Bowmanville, Ontario, and had the luxury of test driving two great cars.

There was the monstrous Ford Mustang Shelby GT500, equipped with their latest 550 hp motor. And then there was the BMW Z4, a car I didn't really care for when I tested it last year.

However, the engineers at BMW have been hard at work tweaking the Z4, trying to turn it from a lazy boulevard cruiser into a proper driver's car. The end result is the car you see here, the Z4 sDrive35is. What makes this new version different from the regular Z4 sDrive35i is all the added power. While the regular version has 300 hp, the new version has 335 hp. Add to that the chassis and suspension tweaks and what BMW has now given us is not only a much-improved car, but a car worthy of being one of the all-time best cars I have ever tested.

To give you some idea how much I liked this new Z4, I had the Z4 for a whole week while I had the new Shelby GT500 for three days, yet still I preferred to spend time in the Z4.

Why? Because it is just brilliant at any driving scenario you can imagine. If you're looking



CREDIT: NAUMAN FAROOQ

The BMW Z4 sDrive35is is a drivers car.

for a comfortable highway cruiser with amazing fuel economy, the Z4 does that.

If you're looking for a fast, stylish coupe that can turn itself into a convertible in under 20 seconds, it does that too. If you're looking for a car that can turn every twisty road into an amusement park ride, it does that phenomenally well.

This is one of those cars that I can recommend to just about anyone, knowing everyone will like it. Really, it is that good. So if you can afford an \$80,000 sports car, go out and buy this car.

This car is just beautiful to behold. It put a smile on my face every morning when I approached it. As I'd slip inside,

seated on one of the most nicely contoured seats in the business, I'd smell the luxurious leather. I'd hit the "Engine Start" button, then I'd slot it in gear and head down the road. It all seems very pleasant and polite at first, until I'd switch its drive setting from "Normal" to "Sport." This sharpens up the throttle response and stiffens up the steering, and the driving experience gets even better.

This car responds beautifully to all your inputs, and repays you by turning each drive into an event to remember. Trust me, you won't be bored in this car.

After all, how can you ever get bored of a rear-wheel drive, two-seat roadster that has a three-litre, twin-turbo, straight-six

engine that produces 335 hp and 332 lb/ft of torque? Couple that with an amazing seven-speed dual-clutch gearbox with the fastest shifts I have ever experienced and you get the feeling that BMW spent a lot of time fine-tuning this product before releasing it to the public.

It isn't perfect; however, the gripes are rather small. For instance, I do not like the configuration of the steering wheel mounted pedal shifters. Rather than having one pedal to shift up and one to shift down (like in the new BMW 5 Series), the Z4 has the old dual-function pedals on both sides, so you pull up on the pedal to shift up and press it down to shift down.

My other complaint is regard-

ing the space in the boot when the top is folded. Since this roof goes in the trunk, it takes up most of the luggage space. BMW should look at the solution Mazda came up with for their MX-5 with the retractable power hardtop, which folds down into its own compartment and thus does not affect its practicality.

But these really are minor issues in an otherwise sensational car. After all, how many cars can you name that will sprint from 0-100 km/h in under five seconds, top out at 250 km/h, and yet still average under 12-litres/100km?

This year still has a few months remaining, but I think I might have already picked my favourite car from 2010.

Bodybuilders' paradise



FUN AND FITNESS
RICK MELO
melo_rick@hotmail.com

When it comes to Internet sites, bodybuilding.com is considered by many to be the "mecca" of fitness information. It has been around for a long time and has served millions of people worldwide. What is most notable is the various services the website provides to its visitors. However, like anything on the web, one must take precautions with what they choose to read and believe. Always do your research to make sure things are actually legitimate. For now, let's get you up to speed with what bodybuilders.com is all about!

What are services that bodybuilders.com offers?

Bodybuilders.com mainly serves as a huge database of fitness-related information. It focuses mainly on body building, as you probably guessed, but you'll find tons of info on cardiovascular training, aerobics, crossfit and anything else that tickles your fancy. The site also serves as an online store for all your nutritional supplement needs. You'd be surprised at how much you can save on protein powders, bars, creatine and all other training necessities. Group orders with friends can also help you save on shipping costs. Most important is the online discussion forum where you get to interact

with others about training principles, injuries and anything fitness related

It sounds great, so what could possibly be wrong with the site?

Like anything else it's important to keep in mind that bodybuilders.com is a business. Many new supplementary products will boast about how they will guarantee you certain results. Also, although the forums are a fantastic tool to seek help, it's important to note that not everyone is as knowledgeable as they may seem. This is where your further research becomes crucial.

Is there anything else I should know about bodybuilders.com?

The best thing to do is to visit the site and browse around to see what is offered. Regular columnists write about fitness tips and what they have found works for them. You'd be surprised at the little things you can pick up that can enhance or add variety to your training. Another nice touch is that bodybuilders.com keeps you up to date with current happenings in the professional bodybuilding scene such as the Mr. Olympia contests. I personally love to browse through some of the professionals' photo shoots for motivation. There are even large photo galleries of old school legends such as Arnold Schwarzenegger. So be sure to check out the site, but be careful to keep your wits about you.

Have a question? Send me an email and your question and answer may appear in this column.

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Cedric Benson looks to run wild on the Baltimore in week two match-up. CREDIT: SUNTIMES.COM

Games worth watching



NFL CZAR
JUSTIN VANDERZWAN

With the football season finally underway, fans around the world can start getting psyched for the season at hand. There are many exciting games going on this season, and we get three dandies in week two. Let's not waste time; here are the three games to watch.

Baltimore @ Cincinnati

The Bengals come into the season as the defending champions of the AFC North Division. Many experts have the Ravens as the top team in the division this year. The Bengals will be anxious to prove that they are indeed a force again this year. Both teams have vastly revamped offences and strong defences to boot. This should be a very intense matchup that will come down to the wire.

Key Matchup: Ray Rice vs. Cedric Benson – These two running backs have had very different careers. Both came from highly successful college careers, but Benson had struggled mightily in the NFL. Rice was still the better of the two last year, but Benson wants to prove he is more than a one-year wonder.

Prediction: Cincinnati 27, Baltimore 20

New England @ New York Jets

Another division that is completely up for grabs. At this point, the Jets offence will still be without wide receiver Antonio Holmes, who will be serving a four-game suspension for substance abuse. It will be on the defence to shut down Tom Brady and the sometimes-unstoppable Patriots offence. This game will certainly have huge implications later in the season.

Key Matchup: Randy Moss vs. Darrelle Revis – If the Patriots are to win this game, they will need to get production from Moss.

However, he will go head-to-head against the best shutdown cornerback in the game in Revis. After a rather long and unnecessary hold-out, don't expect Revis to let up for one second. This guy can play, and Moss will have his work cut out for him.

Prediction: New England 21, New York 17

New York Giants @ Indianapolis

After the week one showdown between the Cowboys and Redskins, Sunday Night Football will hold another brilliant game, the Manning Bowl. Of course, I am referring to the quarterbacks for each team, Eli and Peyton Manning. The two brothers always play each other hard, and Peyton usually gets the upper hand.

I don't expect any change in this game. The Colts have the better offence, the better quarterback, and fewer issues on defence. I don't see Eli having the same numbers as a season ago, but he should still be a serviceable quarterback. If they can stop Peyton, they may have a shot.

Key Matchup: Anthony Gonzalez vs. Pierre Garcon vs. Austin Collie – Considering Reggie Wayne and Dallas Clark haven't left, these three young wide receivers will have to battle for Peyton Manning's affection. By affection, I mean targets. I expect them to gain fairly similar numbers this year, as long as nobody gets hurt.

Prediction: Indianapolis 35, New York 17

Make sure you mark September 19 on your calendar, because these games will provide a full day of entertainment for football fans all over.

Next week, Monday Night Football actually gets the upper hand over their Sunday Night counterparts, with a very good NFC North matchup.

For more from the NFL Czar, check out his blog at jvzsblog.blogspot.com

Raw's 900th episode less than epic



THE HEEL TURN
SCOTT STRINGLE
stringle78@gmail.com

August 30th was an important date for Monday Night Raw, as they broadcast their 900th episode, which put them ahead of any other episodic television show. It opened with the legendary Bret "The Hitman" Hart talking about the storied history of RAW, and its debut all the way back in 1993. His speech was soon interrupted though by the arrival of the Big Red Machine, Kane, who brought up Shawn Michaels' retirement at the hands of the Undertaker. Kane then went on to say, rather ominously, that since his brother took out an icon, he would have to do the same thing to Bret. His evil intentions were prevented by the arrival of the Undertaker, though, which led to the Raw general manager making a match between Hart and the Dead Man, as the two icons stared at each other.

The match would not be fully carried, out however, due to Kane interfering with the help of Nexus, and absolutely decimating the Undertaker. A real match between these guys would have been great for such a milestone as the 900th episode, but I'm not sure whether Hart is in good of ring shape these days.

Another highlight of the night was the Straight Edge Society coming out so CM Punk could yet again talk about how he was better than other superstars, including Stone Cold Steve Austin. The



CREDIT: WWE.COM

Fans get jacked up during the opening of Raw's 900th episode.

Texas Rattlesnake's entrance music kicked in, but it was only a joke that the leader of the SES had set up. Punk went on to show clips on the Titantron of the lowest moments on RAW, such as Austin showering the Corporation with a beer truck back in 1999, and Brock Lesnar and the Big Show causing the ring to collapse during a 2003 match due to Big Show's obesity, which CM Punk thought was shameful. The hilarity was ended by Big Show coming to the ring and sending the Straight Edge Society running away to the back. It was amazing to see how small Luke Gallows looks compared to the massive Big Show.

The show ended with a 10-man elimination match pitting Nexus against the unlikely team of Jericho, Randy Orton, John Cena, Edge and the current champ Sheamus. These superstars have all had an adversarial history with each other, so it came as little surprise that teamwork would not be

their forte. Jericho walked to the back after the match began, and was counted out. Edge tagged in and then proceeded to shove the ref, getting himself disqualified purposely. This left the other three superstars confused, and they tried their best to eliminate the threat of Nexus. Sheamus and Cena were pinned next, but not before Cena dispatched two of their opponents. This left the Viper Orton alone against three members of Nexus. He delivered the RKO successfully to cut down their numbers, until he was finally eliminated by Wade Barrett.

Overall it seemed to be just an average episode. Considering how big a deal they made about it being the 900th show, you'd think they would actually have Steve Austin appear, or something else equally epic. The consolation is that at least Santino wasn't on there doing some stupid comedy segment.

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Men's Ice Hockey – Wed. Oct.6th

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