Will Fanshawe have a new program

for 2015? It's still waiting approval.

Volume 47 Issue No. 4 September 22, 2014 theinterrobang.ca

## Free tasting for Gloria Melanson's Cinnamon Bun flavoured chips PAGE 3

Campus Security Services helped

create an app for staff and students.

# Students react to Trudeau

JANE MINIFIE INTERROBANG

On September 11, Justin Trudeau, leader of the Liberal Party of Canada, paid a visit to London to speak to the city's Chamber of Commerce, then stopping at Western University and Fanshawe College to present his ideas and answer the questions of students as well as the public.

With less than half of Canadians aged 18 to 24 estimated to have voted in the last election and with statistics showing Canada's election turnout is dropping, youth are being targeted to take interest in their country's politics. Trudeau made it clear throughout his presentation that the youth voters need to be taken into consideration when creating a campaign.

Fanshawe student Allie Powers firmly believes that we as youth should use our voice to make a difference.

"I think that it is so important that we learn about politics and know what's going on in our country," she said. "When [Trudeau] was talking about [destroying the environment and] borrowing resources from our grandchildren, he was completely right. It is our futures that all this is affecting so why wouldn't we be involved?"

Although Fanshawe student Christian Atkinson arrived halfway through the presentation, he was happy with what he heard.

"The points he made about the student lifestyle stood out to me and definitely swayed my vote to be in his favour as he would support me," Atkinson said.

Other students, like Alanjdra Dussard, found the presentation to be nothing special and walked away feeling as if Trudeau failed to provide them with a solid understanding of what exactly it was he wanted Canada to be.

"I don't feel like any of his answers to the questions were very specific," he said. "They all seemed very general – like he was just telling people what it was that they wanted to hear."

Trudeau has been leader of the Liberal Party since April 2013 and is proud to show that his team isn't simply made up of politicians.

Politics shouldn't be about who is driving the bus or who it drives over, but where the bus is going, he said. "The centre of politics should be service.

Trudeau made a pact to be different in his campaign and said that he would never put out a slanderous advertisement against his opponents. Continued on page 6



CREDIT: COURTESY OF PEPSICO CANADA

Long-time London resident, Gloria Melanson, entered Lay's "Do Us A Flavour" contest after seeing a commercial on TV. She's a self-proclaimed "kitchen person" and used a childhood memory of smelling her grandmother's cinnamon buns as inspiration for her finalist flavour entry. Melanson is now London's newest celebrity and gets recognized when she goes shopping.



The Tom Zombie Festival is just

around the corner, will you attend?

### Sweet Tweets of the Week

If you could have a poster of anyone up on your wall, who would it be?

#### **Lauren Schmenk**

@fanshawesu #falconposter cast of himym!

#### **Breanne Mackenzie**

@bree mackenzie #falconposter jason statham 10:52 AM - 16 Sep 2014

### karolina

@karolinakayy

I'd like to see Bradley Cooper above my bed #falconposter @fanshawesu

### **Amanda**

@Eh Manda @fanshawesu Chris Hemsworth #FalconPoster 11:38 AM - 16 Sep 2014

### Zach

@fanshawesu Daft Punk #falconposter 1:23 PM - 16 Sep 2014

@baileylowry @fanshawesu Luke Bryan <3 #falconposter 8:54 PM - 16 Sep 2014

### From Facebook:

**Corey Christine** Bruce Willis

**Allison Himann** 

Demi Lovato

**Arefeh Ghane** 

Kid Cudi!!

**Antonio Guzman Massy** Bill Murray

**Emilie Marie** 

**Taylor Swift** 

Next week's question: What is your avourite thing about the fall season?

#FSUInterrobang



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# Gramma's got this one in the bag

STEPHANIE LAI INTERROBANG

Lay's Potato Chips is at it again with its "Do Us A Flavour" contest, and this year one of its finalists is from London, Ont.

Gloria Melanson, a resident of 18 years, is a mother of four, grandmother of five and great-grandmother of one. She was brought up on the east coast and is a self-admitted "kitchen person."

contest while she was watching TV with her husband.

"There was a commercial, [and] my husband says, 'Why don't you enter that contest?" she said. "That was in the later weeks of February. I pretty much sent in entries almost every day for the next five weeks."

Cinnamon Bun may have been chosen as a finalist, but Melanson had not one, not two, but 1,001 other entries for Lay's to choose from.

"I kind of got a kick out of that." Of the 1,002 flavour entries she sent in, Melanson admitted that she actually did try the one that made

"At one point I was eating Lay's Lightly Salted ones, and I just come

into the kitchen, and I have a little jar that's already mixed cinnamon and sugar," she said. "I just sprinkled it over the regular chips ... and I tell [my husband], 'Try these!'"

"I didn't try every flavour out because that was 1,002 of them, but this was one I actually did try out."

When it came time for Melanson to finally try Lay's finished product, she was "amazed and overjoyed."

"I have to give Lay's 100 per cent Melanson found out about the credit, because I am totally ecstatic with how they ended up with the flavour," she said.

Melanson said that she did have a hand in what ingredients should go in the bag.

"The criteria of entering each and every one of the entries of flavours had to be fun and simple," she said. "Then you had to suggest some ingredients ... I suggested brown sugar, cinnamon and buttermilk."

Melanson is now a celebrity in town – she's still getting used to the attention she's getting.

"I'm getting more attention than I ever did in my life," she said. "If I go to the store people are recognizing me, which is kind of funny."

She also has a billboard on York

Street across the London Convention Centre.

Being a finalist has certainly changed her life.

"I've learned a lot about social media because social media is what's happening today," she said. "A lot of people my age – we're not very active or knowledgeable [about it]."

Melanson will be in front of the Oasis in the Student Centre with her daughter on September 24 and October 9 from 10 a.m. to 4:30 p.m. to share her chips with students.

Show your support for Melanson by hashtagging #votecinnamon across all social media outlets or texting 101010 and selecting 2 for Cinnamon Bun.

The long-time resident can be seen actively tweeting about her Cinnamon Bun chips on her handle @Gloria\_Melanson.

This was her inspiration for the contest: "Remember when you went to Gramma's house and it smelled so good? That was Gramma's famous cinnamon bun baking in the oven! Gramma's got this one in the bag."



You can vote for Gloria Melanson's Cinnamon Bun flavour everyday on social media using #VoteCinnamonBun or by texting VOTE to 101010. More details can be found online at: lays.ca/flavour



Liberal Party leader Justin Trudeau made his rounds in London and stopped by Fanshawe College to give a speech to staff and students.

### Trudeau attracts crowd in Forwell Hall

FRANCIS SIEBERT

Liberal Party of Canada leader Justin Trudeau was at Fanshawe College on September 11 to give a speech and answer questions from

While he avoided discussing concrete political issues, Trudeau focused on the upcoming federal election tentatively scheduled for October 2015.

He said he was building a team with a plan that is going to offer Canada a better government.

Trudeau said the problem with the world and politics today is that they are focused on short-term benefits - "on what to say to win the next election cycle, to stay in power for one more mandate."

He also made reference to environmental issues, saying how we manage our resources today has long-term and broad consequences felt around the world.

"Short-term thinking does not care for the long term," he said.

Trudeau said the reason people especially younger people – vote less is because "politics can be a tremendous source of cynicism these days.'

He pointed out that politicians were more focused on attacking their opponents "than on actually serving the country" and promised he would not be running attack ads during the election.

A Liberal government under Trudeau would establish a political frame that would develop answers and policies "in a lens that says, 'OK, these are our values, these are our priorities. This is what the science and research says, these are the best practices around the world. This is the goal we want to achieve with this policy.' And then actually leave it open for discussion."

He said doing so would help find the best way to achieve the goal all

Canadians share - "having a prosperous country with a sustainable environment that gives a real and fair chance for everyone to suc-

"This is what we all want," he said. "How to get there is the challenge that politics should be focused on. Where are the buses going, rather than who drives the bus over whom?"

Trudeau said the Canadian identity is based around shared values of "openness, respect, compassion, a willingness to work hard but a desire to be there for each other in times of trouble. A belief of justice, in equality, in opportunity."

Trudeau's stop at Fanshawe marked his third post-secondary institution stop in just two days and his third stop in London that day.

To listen to his speech along with the Q&A, head over to theinterro-



Campus Security Services released the Stay Safe Fanshawe app on Monday to facilitate safety measures.

# Stay safe with Stay Safe, Fanshawe

FRANCIS SIEBERT

Ouick - What's Fanshawe's Emergency Line number?

It's 519-452-4242. But you won't have to remember it.

Fanshawe's Campus Security

Services released a mobile phone app on Monday called Stay Safe Fanshawe. The app features a Twitter feed

of safety-related news concerning Fanshawe, on- and off-campus emergency contact numbers and interactive and PDF maps of campus.

The app also features a Personal Safety Toolbox that includes a flashlight app, an alarm, a feature that sends an "I'm OK!" message in case of emergency, as well as features to report suspicious activities on campus.

"If there is a building collapse on campus, [the 'I'm OK!' feature is] a message you can send out to a loved one and say that there's an incident that's occurred at Fanshawe College, but I'm alright," said Special Const. Brent Arseneault.

It also includes numbers for the Safe Walk and Work Alone services. Safe Walk is a Student Auxiliary service that escorts students, faculty and staff to anywhere on campus

Work Alone is a Campus Security Services service that students, faculty and staff can use when they're working alone after-hours. People who want to use the service can call Campus Security Services and have someone check on them periodically.

Other features include London Transit Commission routes, schedules and Interactive CityMap, taxi phone numbers, and resources, such as Women's Safety Awareness, Safety Tips and Emergency Guidelines.

"There was a bit of a void," Arseneault said. "Today's technology and today's student - it's at their fingertips or so to speak. So we designed with the intent that that's the best way to communicate with our demographic."

The app was created after Campus Security Services learned about such services already existing at other campuses during a conference. It was developed by AppArmor.

The app is available for Android, iOS and BlackBerry.



Shane Hillman, a student in Fanshawe's 3D Animation and Character Design program works on an assignment in class.

### Hope for a new three-year game design program

STEPHANIE LAI INTERROBANG

Employees and students alike are anxiously waiting for news on approval for a highly anticipated game design program set to launch for September 2015.

Supervisor of the Centre for Digital and Performing Arts, Michelle Giroux, said the process started over a year ago, and the School of Contemporary Media is just waiting for the OK from the Ministry.

"There is a need [for the program], and we're addressing the need of the industry," she said. "This will be a better fit to educate students for the jobs going forward, and the fact that it's three years will help get them ready for the marketplace and the employers faster."

Before talk of the program began, instructor Chris Butts has been evolving the curriculum since he started teaching at the college.

"Before it was more of a filmbased study, and it was storyboarding," he said. "Now it's more studying things like the Unity game engine, project management and game design."

Butts, a graduate of Fanshawe's 3D Animation and Character Design program, said the proposed new program will equip future students with skills transferrable within different industries.

"[The program is] going to give students not just the experiences they need and the skillset they need to work in the video game industry, it's also going to start to give them skillsets they can use in other fields like film, medical and industrial visualization," he said.

The video game industry is grow- the most popular gen elective. ing, even in a city like ours.

ready here in London," Butts said. "They're all doing well, [and] they've all had their fair share of successes and will continue to do so. But there's also a small indie movement that's growing quickly."

"The more that we teach, the more that we prepare students to be

able to deal with the challenges that are going to face them in an industry like this, then it's only going to make things much better for London," he added.

Launching this program could help the college take large steps into becoming more of an arts school.

"Some of the people who will be teaching [in] the [program will] have long history and careers from the video game industry," Butts said.

He's still heavily involved in the industry, and it won't change if the program comes into fruition. The same could be said about instructors who will fall under that faculty

"The fact that this industry is so highly competitive and so quickly evolving that even if you're teaching constantly, you still want to be involved ... so you don't lose your

The program is sure to be a hit as for courses like Video Game Theory, the numbers are continually on

Instructor Robert Muhlbock pioneered the course almost when he first landed his teaching position.

"I was hired in 2007," he said. "About a year later they wanted to come up with a new gen ed [course]."

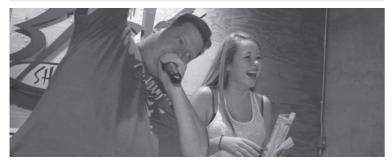
The college picked it up, and it's grown since.

When I started I think it literally was one section, and it's only expanded," said Muhlbock. "Now to my knowledge, this term alone there are three sections, and it's usually about six [or] seven a year."

"From what I've been told, it's

Giroux hopes for a final answer "There's several studios al- before Christmas or at the earliest, before prospective college students submit their applications.

"[We're] pushing and pushing to get an answer so that we can hit [when] the OCAS opens," she said. "So when a student goes in to apply [they'll] see all the options."



CREDIT: SARAH WATTS

The Out Back Shack was full to the brim with students who came out to participate in Sex Toy Bingo - an event during the FSU's Sexual Awareness



CREDIT: KRISTA KANKULA

London will be hosting its first vegan festival on October 25 at the Western Fair District.

### London sprouts new vegan food festival

FRANCIS SIEBERT INTERROBANG

The Forest City will host its first annual VegFest London vegan festival on October 25 at the Western

The festival will feature food and drink vendors, community groups and organizations, guest speakers and product and service vendors.

London's Veg Out vegan restaurant will also be doing a cooking

"VegFest London is going to be a one-day free festival for people to come check out the alternatives that are out there for people that maybe are interested in eating more plant-based or living a vegan lifestyle," said festival organizer Krista Kankula.

from similar festivals in Toronto and the Niagara region. She is the co-founder of Vegup London, a local vegetarian and vegan social

VegFest's guest speakers will include award-winning photojournalist and author of We Animals Jo-Anne McArthur, food bloggers Lauren Toyota and John Diemer of hotforfoodblog.com and motivational speaker Marty the Health

They will be discussing topics related to plant-based diets and their relevance to health and the environ-

"I think it's a great opportunity for Londoners to get out and try some new vegetarian dishes and maybe get some new ideas if people Kankula said she got the idea are thinking of going vegetarian or

vegan," said Veg Out founder Florine Morrison.

Vendors will include London's Organic Works Bakery and Tamarine by Quynh Nhi Southern Vietnamese Cuisine, Barrie's Rawlicious and Toronto's Sweets from the Earth, among others.

Community groups and organizations such as the Western Ontario Vegan Society and the London Food Co-operative and product and service vendors such as Live Food London and Know Thy Food will also be there.

The event will include free yoga. "I encourage people to come, check it out, have an open mind and just see what's out there," Kankula

For more information, visit vegfestlondon.com



# **ELECTION POLLING CLERKS NEEDED**

Tuesday, October 7<sup>th</sup>, 2014 from 9 am – 4 pm Wednesday, October 8th, 2014 from 9 am - 4 pm

Please bring a class schedule to the FSU Office in room SC2001, by September 24th at 3 pm

**HELP WANTED** 

### The next big thing: Battle lines drawn for federal election

With most teachers back in classrooms at the beginning of the month, only one group of public employees was yet to get back to work. The federal government came together in the House of Commons for the first meeting of the fall 2014 session on September 15.

After spending the precious few months Canadians generously call "summer" in their respective home provinces, Members of Parliament assembled in Ottawa dedicated to minimizing bad publicity between now and the federal election tentatively scheduled for

Prime Minister Stephen Harper and opposition leader Thomas Mulcair announced legislation they'll be introducing in the near future, but they have an uphill battle ahead to catch Liberal leader Justin Trudeau in the polls.

The federal Liberal Party was an unmitigated train-wreck from the time of Jean Chrétien over a decade ago until Trudeau arrived. An interim leader who couldn't win re-election and two successive candidates that never resonated with Canadians forced the Liberals to surrender the title of opposition party to Jack Layton's NDP.

On that note, Pierre Trudeau's son arrived on the scene. He brings youth and charisma to the floundering Liberal Party that was suffering from a distinct lack of both characteristics. Despite earnest attempts by Sun News to portray Trudeau as condoning terrorism and being anti-Semitic, he continues to lead in polls conducted in the major population centres of the country.

If the ascendancy of the Liberal Party is remarkable, it can hardly overshadow the political revolution began by the late former Leader of the Official Opposition, Layton. The innumerable eulogies dedicated to him after his passing celebrated his passion for inclusivity and his embodiment of the NDP's values.

It was under Layton's guidance that the NDP stormed the 2011 federal election, snatching up 103 seats compared to the mere 36 they'd held before. Public support for the party waned in the transition to the new leadership of Mulcair, who is proposing a federal minimum wage of \$15 per hour as his backfrom-summer headline. The minimum wage would only apply to federally regulated industries, which render it an inconsequential sideline that won't generate much debate or

The prime minister is opening the session of Parliament with bills that are intended to "reduce red-tape" and secure a free trade agreement with South Korea. Legislation and announcements of this nature tend to have the



CREDIT: STEPHANIE LAI

Harper's government has delivered on some things, but is that enough to stave off the Liberals?

wonderful dual effect of encouraging the financial markets and boring voters.

Harper's government certainly won't be campaigning on its environmental or ethical track record given the omnibus bills it's rammed through parliament during its majority. The CBC published an article in March that included excerpts from a speech delivered by a young Stephen Harper in 1995 when he inquired, "How can members represent their constituents on these various areas when they are forced to vote in a block on such legislation...?"

Almost two decades later, he's going to

face an electorate whose input he has spent his entire time in office ignoring. The Harper government has delivered on their economic and financial commitments but whether that will be enough to shelter them from the Liberal storm has yet to be seen.

### Thy is time so important? The value of hesitation:

CAZZY LEWCHUK THE OTHER PRESS

NEW WESTMINSTER — "Time is an abstract concept, created by carbon-based ing was a lot less important. Time was mealife forms to monitor their ongoing decay." -Thundercleese, a militant killbot

We're all guilty of being late at one point or another. Sometimes it's just being five minutes late to class; sometimes it's submitting a paper that was due a couple hours ago. In our society, time is extremely important. Literally everything we do revolves around a timed schedule, and the clock is always ticking. If the bus is supposed to leave at five, and it doesn't leave until 5:12, it can ruin someone's day.

But why is precise time such an important factor in our daily lives? Not very long ago - before watches or cell phones - precise timsured by the light in the sky and was worked out between interacting parties who needed it. Even today, in some countries, time is considered flexible. Agreeing to meet someone around noon could very well have them five, 10, or 20 minutes late, and it's not a big deal. This seems to work well for the locals, although it may frustrate visitors in the area. Why is time so important to our contemporary western society?

Obviously, being severely late isn't good for anyone. It keeps others waiting and it cuts into the time spent on the task. But far too often, rushing to make appointments leaves one tired, stressed, and pressured. How many times have you run to get to school or work so you could start on time, instead of being three or four minutes late? Inflexible policies are harmful to everyone. It suggests that saving five minutes is more important than getting somewhere effectively, stress-free, and even perhaps safely.

It's a cliché, but we often forget to stop and smell the roses. Especially true for students, we're constantly bombarded by schedules, commitments, and work. Although time management is important, shaving everything down to the minute can sometimes do more harm than good, especially for extra-motivated people.

Give the benefit of the doubt next time you're in a situation where someone is late. If possible, don't let yourself be bothered when you get somewhere slightly later than intended. The day will go on like it always does, and all you can do is use your remaining time the best you can.

Bill Watterson's character, Calvin, once said: "We're so busy watching out for what's ahead of us that we don't take time to enjoy where we are." A six-year-old boy whose best friend is a stuffed tiger knows what's up – why don't we?



**Publications Manager John Said** jsaid@fanshawec.ca • 519.453.3720 ext. 224

Creative Director Darby Mousseau dmousseau@fanshawec.ca • 519.453.3720 ext. 229

**Layout Designer Candis Bross** c\_bross@fanshawec.ca • 519.453.3720 ext. 288

**Editor Stephanie Lai** 

s\_lai6@fanshawec.ca • 519.453.3720 ext. 247

Staff Reporter Francis Siebert fanshawec.ca • 519.453.3720 ext. 291

**Advertising Mark Ritchie** m\_ritchie3@fanshawec.ca • 519.453.3720 ext. 230

Web Facilitator Allen Gaynor agaynor@fanshawec.ca • 519.453.3720 ext. 250

Letters to the Editor fsuletters@fanshawec.ca

**Graphic Design Contributors:** Candis Bross, Matt Van Lieshout

Photographers:

Alan Bushell, Stephanie Lai, Francis Siebert, Sarah Watts

Contributors:

Victor De Jong, Nauman Farooq, Kori Frederick, Pam-Marie Guzzo, Bobby Foley, Allen Gaynor, Eshaan Gupta, Ally Jol, Preston Lobzun, Joel Luxford, Jane Minifie, Hai Ha Nguyer Jerrold Rundle, Marty Thompson, Amy Van Es, Andrew Vidler, Joshua R. Waller

Comics:

Dustin Adrian, Laura Billson, Robert Catherwood, Eshann Gupta, Chris Miszczak, Francis Siebert, Andres Silva

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> FSU Publications Office SC1012 theinterrobang.ca



# Approaching suicide prevention from another angle

KATRINA TRASI

VANCOUVER — Last month, the world was shocked by actor and comedian Robin Williams' suicide. Soon after his death, a public discussion on ways to prevent suicide was opened, and it is certainly no coincidence that the World Health Organization (WHO) issued its first global report on suicide prevention last week.

The WHO's report suggests that suicide can be prevented by improving the social conditions of the poor and middle class, by removing the exaggeration of suicide from the media, and by identifying and managing those with mental illness and addiction.

Unfortunately, the report focuses heavily on improving standards of living for lower income people, rather than on the importance of treating people with mental illness. In addition, it merely skims over the importance of the media's role in suicide prevention through creating awareness of aid resources.

These two preventative measures most definitely take priority over global living conditions, as they offer direct solutions that work on both local and international scales.

Firstly, the correlation between mental illness and suicide is an important factor, which should be considered as more of a priority in preventing self-murder. A study in the Oxford Journal of Medicine concluded that 90 per cent of United States suicide victims were diagnosed with a psychiatric disorder, and that the best preventive method against suicide is to effectively treat those with mental illness.

Furthermore, the media's representations of suicide are important to consider, as studies show the issue can be directly linked with technology. We are constantly bombarded by suicide sensationalized through social media, in news outlets, and in television shows.

Some social media innovators, however, have begun to take advantage of media to combat this issue. The WHO should recognize these preventive attempts, and seriously take into consideration a further expansion of these technological efforts.

In 2011, Facebook partnered with the Na-



CREDIT: ZOE/THE PEAK

Smartphones have programs in place to help in suicidal situations. Apple's Siri is programmed to call the National Suicide Prevention Lifeline if prompted to.

tional Suicide Prevention Lifeline and the Substance Abuse and Mental Health Services Administration (SAMHSA), to allow status updates that express thoughts of suicide. Facebook could then send these users a message, providing them with a Lifeline number and a direct link to an online crisis counsellor.

Furthermore, the popular iPhone feature

Siri can also be used to seek help for those with thoughts of suicide. Siri is programmed to call the National Suicide Prevention Lifeline when a user says something that indicates thoughts of suicide.

All in all, while improving the standards of living for low income families may help prevent suicide, it is not a priority because it is a large-scale measure; one that would take lots of time and resources to carry out. Instead, the WHO should look at more accessible solutions that involve the improvement of mental health care, and the media's projections of suicide to the public. This will ensure that people get the help they need right away.

# 'Moment of clarity' or inspiration out of nowhere



ARTiculation AMY VAN ES

My sketchbook and pencil are my lifelong companions. Like some people sleep with their phone, I sleep with my Moleskin notebook and charcoal readily available on my nightstand. I carry a bag big enough for them to travel with me wherever I go. I fill it with grocery lists and clippings and business cards and homework.

But sometimes, when a moment I can only describe as extraordinary hits, it sweeps over me like Hokusai's great wave, and I fumble for my pencil before it makes its way through my body and leaves me.

You know what I'm talking about.

The adrenaline that some might get from jumping out of an airplane or driving really fast, we get from putting pencil to paper, watching the lead smooth over the textured surface. This feeling, this "elusive creative genius," as writer Elizabeth Gilbert calls it, feels otherworldly, outside of yourself and your control.

Last year I wrote about Chuck Close and his famous quote "inspiration is for amateurs; the rest of us just show up and get to work." And he certainly did, completing staggering hyperrealistic portraits despite his disability (spinal artery collapse, initially leaving him paralyzed from the neck down). But every artist has his/her own process, and there are some other industry heavy-hitters that would argue otherwise.

Gilbert gave a TEDtalk in 2009 about creative genius or inspiration and where it

comes from.

She cited that in Ancient Greece and Rome, people thought that creativity was a spirit that came to humans from some unknowable source and worked through us.

"They believed that a genius was this, sort of magical divine entity, who was believed to literally live in the walls of an artist's studio, kind of like Dobby the house elf [from *Harry Potter*], and who would come out and sort of invisibly assist the artist with their work and would shape the outcome of that work."

This idea of divinity striking an artist continued throughout time, perhaps occasionally as a way of taking the responsibility off of themselves (we all know the lazy artist who hasn't felt inspired to paint anything for months), but more often, to pay reverence to that je ne sais quoi.

Automatism, an artistic movement, was developed in the '40s as a way of drawing out that inspiration. Andre Breton and Paul-Emile Borduas developed the method as a way to express the subconscious and free the hand of "rational control," allowing emotions and skills to be accessed that would otherwise be repressed.

It took anchor and has been used by many artists since then.

Even Apple developed a program to facilitate automatic writing where the display only shows one word at a time as the writer types his/her piece.

Although some artists like Close believe that inspiration is for chumps. There is absolutely no doubt that this feeling, this weird wave, does swell. Hard work and practice is necessary in between, but there is no better feeling than grabbing the pencil and letting it wash over you.

# Trudeau's visit sparks mixed feelings with Fanshawe students

JANE MINIFIE

### **Continued from cover**

He made the promise that while they focused on him, he'd be focused on Canadians.

Throughout his presentation, Trudeau showed his love for Canada, saying he hopes to make Canada connected as a whole.

With the next election tentatively scheduled for October 2015, the leaders of all

the parties are making visits throughout the country, securing as many votes as they can in the next year. Prime Minister Stephen Harper was at the college in May to make an announcement about internships while opposition leader Thomas Mulcair has yet to make a stop in London.

More information on Justin Trudeau's campaign as well as the Liberal Party of Canada can be found at liberal.ca.



### Beauty Boy's makeup must-haves



**BEAUTY BOY** JOSHUA R. WALLER

Every woman (or man) has those certain products she/he can't live without, whether it is a favourite colour of eye shadow or the only lipstick she will wear. Sometimes we get so stuck in our ways that we don't venture off and try new

Here are some of my makeup must-haves that may inspire you to try something different.

My first makeup must-have is Dior's Lip Glow. It is a nourishing lip balm that will not only moisturize and protect your lips; it will also enhance their natural colour, giving your lips that healthy glow. This is the perfect product for people who don't like wearing lipstick but still want to have a bit of colour on their lips or for those who just want something quick and easy for every day wear. Dior Lip Glow also works brilliantly as a base for lipstick and lip gloss.

the NARS Orgasm blush. If you have never heard of this blush, you must try it on at least one time, as it is one of the most iconic blushes. Why you ask? It is a beautiful blend of peach and pink with a golden shimmer that actually looks good on every skin complexion. If you don't believe me, go try it on yourself and you will not be disappointed. Orgasm gives your skin that perfect healthy glow when worn alone or it can be layered to achieve a deeper, sexier look.

Marcelle's translucent, loose Face Powder is an affordable musthave for every single woman and man. Not only is it a Canadian product, it suits every skin type as well. It can be worn alone to even out your skin tone or can be worn on top of your favourite foundation to set it without creating a powdery look. Its beautiful, silky texture works on every complexion and helps absorb excess oil to prolong the wear of your foundation.

Shiseido's High Beam White Luminzing Satin Face Colour is a product that is a must-have for all makeup lovers. The best thing The next makeup must-have is about this product is that it can be



CREDIT: THENOTICE.NET Marcelle's Face Powder is an affordable, Canadian must have!

used in many different ways. It can be lightly dusted all over the face to create a matte glow or can be used as a natural highlight on the height of your cheek bones, bridge of the nose, bow of your lip and your brow bone. This product can also be mixed with blushes to lighten their tone or to seamlessly blend them.

This list could go on and on, but these are some of my favourites that you may not have known existed. I hope these have inspired you to go and try some new products and maybe even add a few new items to



As Above/So Below leaves much to be desired for the avid movie goer, but for fans of the horror genre, there are only a handful of jump scares.

### Abandon all hope, ye who watch this movie

PAM-MARIE GUZZO

As Above/So Below is the newest instalment in the people-go-places-they-shouldn't-and-then-badthings-happen horror genre, following in the footsteps of movies like The Chernobyl Diaries and The Descent.

The premise differs slightly where instead of wandering around exploring foolishly like so many of the protagonists in this genre, the main character, Scarlett, played by Perdita Weeks, has talked a reluctant group of followers into helping her search for the fabled Philosopher's Stone.

In this horror version of The Da Vinci Code, the group destroys priceless artefacts and solves riddles that lead them deeper and deeper into the catacombs under Paris.

The setting of the movie is a bit disappointing, despite a great deal of promise. The characters spend a small amount of time exploring the true catacombs - (one character even points out that all of the interesting rooms are in another direction) - and instead we are treated to a great number of rock walls and awkward close-ups of body parts.

The "found footage" film style in general tends to be problematic with the shaking camera occasionally causing nausea, and in As Above/So Below it becomes especially frustrating as it greatly limits what you see on screen.

There are multiple scenes where the characters are freaking out because something happened, but all the audience sees are more rocks and feet.

Without going too much further

into the plot, there is one point about Scarlett that was particularly infuriating. This is a character that somehow managed to attain multiple PhDs by the time she was 25. She still believes in alchemy and the Philosopher's Stone despite being highly educated, yet laughs off warnings of danger as being silly urban legends.

This highly inconsistent character that also left her main love interest (played by Ben Feldman) to rot in a Turkish prison at some point in the past, is hard to feel invested in. Horror movies tend to work better when a viewer cares about the characters, but the only one developed enough to matter is revealed as being selfish and unlovable.

That said, there are a couple of things As Above/So Below does well.

There are some very interesting allusions to Judeo-Christian mythology, including the words that are supposedly written above the gates of hell. The pacing of the movie, after a pointless and culturally insensitive detour in Iran, is actually pretty great, avoiding the long lulls of walking that often happen in this type of movie. There are also a few strangely comedic scenes near the film's climax that, so long as you haven't been taking the movie too seriously, definitely add to the entertainment value.

If you're looking to be genuinely scared, there isn't much aside from a couple of jump scares and some creepy music. However, if you're looking to be mildly entertained and have something to make fun of over drinks afterward, As Above/So Below has a great deal to offer.

# Updating your denim this fall



THE SHOPPING BAG HAI HA NGUYEN hhnguyen.77@gmail.com

Denim is here to stay and regardless of what's going on in fashion, denim is changed, ripped, dyed and restyled to survive the fast pace of trends.

The silhouettes of denim have changed over the years. Remember bell bottoms?

But denim still takes inspiration from the past; skinny and ultra highrise jeans have all been re-adapted with added stretch to accommodate our current tastes. It is a staple in every wardrobe and everyone has owned a pair of jeans at one point, and sometimes they need an update.

Putting your own rips in jeans is now back in style, in fact the more distressed the better. Rolled up ieans to wear with boots or heels are styles that have been made popular by fashion bloggers and the users of Pinterest and Instagram.

Denim is one of those pieces in your wardrobe that is really casual but can look fabulous, even dressy, when styled correctly.

This outfit explores how denim can be dressy and casual at the same time while keeping the outfit

Ripped denim is a great start and the key to picking a great pair of jeans is the fit. Not just how much spandex is in it is important but where it sits on your body. If it is not sitting right, the band could make it uncomfortable for you when sitting down and moving around. Pick a rise that is comfortable for you, for layering purposes, low rise works great because then you can tuck shirts under or wear them over comfortably, but you choose.

A plain fitted tank top always works great if you're planning to accessorize and have your pieces be the main focus. Then a red flannel shirt adds even more character to the outfit.

To take the outfit from hipster to fashion blogger on Pinterest, roll up



This fall season is about updating a classic – the jean. Ripped or not, it's always something to add to your wardrobe.

your denim slightly and pair with a over YouTube, Instragram and sothick heeled ankle boot.

Details on the boots work well and they keep the outfit looking fresh, though all these pieces have been around forever.

Of course accessories are a great addition in keep the whole outfit interesting. A thick gold solid-looking chain and a body chain are some small updates you can add. These are some ideas on out to update things that you may already have in your closet.

Fashion and beauty have always gone hand in hand, but now more than ever. With makeup gurus all

cial media, it is that much easier to learn how to recreate your desired

To dress up this denim look and keep it fresh, a strong cat eye and bold red lipstick makes a statement. Bayalage ombre is the subtle sister of traditional ombre. It updates this the classic makeup look and against the red flannel it looks amazing. It plays up the casual-get-dressy aspect of the ripped jeans.

Mix and match inspired by fashion and beauty bloggers have kept denim looking fresh, trendy and desirable every season.



CREDIT: SARAH WATTS

The Out Back Shack was full to the brim with students who came out to participate in Sex Toy Bingo – an event during the FSU's Sexual Awareness

# Local band Single Mothers comes home

JERROLD RUNDLE INTERROBANG

Hailing from the Forest City, punk quartet Single Mothers will return September 26 to Call The Office as part of its North American promotional tour for its debut fulllength album Negative Qualities.

Guitarist Micheal Peterson was available to talk about the new album, new lineup and renewed vigour for the band to succeed.

"I think the band was pretty volatile for a little while, it was just like generally unstable," Peterson said about the band's storied past. "Somebody comes into the band, you get to know them, you're touring with them, you're creating with them, and then the next minute, they're gone and it's just like, alright – you kind of have to just take a laissez-faire attitude."

A group that has seen a dozen members come and go, its schlepping is beginning to pay off.

"Everyone from London has been extremely welcoming and supportive of us so, it feels pretty good," Peterson said.

"[Coming back to London is] interesting for sure, I mean it's definitely a different vibe than when we first started out," he said. "Having been a band from London, it sorta feels cool looking from an outside perspective.'

The upcoming show is the band's first in London since news of Negative Qualities came out, which debuts internationally on October 7.

"Releasing a full length [album is] intimidating but also extremely exciting," Peterson said about the album. "I think that it's been a long time coming."



CREDIT: KINGSBARCADE.COM

Single Mothers, a band formed in the Forest City, will be returning to its roots at Call The Office on September 26.

cycled through a lot of members ... and get something out there that's a complete work."

Though with members spread across Ontario, the band won't - or can't - forget where it started.

"We're sort of a band that prides "We put in a lot of hard work, and itself on who we are and where we undergone as many transformations

came from, like especially with to make this thing happen, so it's Drew [Thomson]'s lyrics there will nice to finally have a solid line open always been that aspect of London that's deep rooted in his writing."

> A city you can escape, but still ends up defining you.

Familiar songs like "Ketamine" and "Overdose" (the latter, originally a Daytrotter recording) have like the band itself.

"We came back to everything... starting making the record proper with this line up, those were just the ones that stuck as being I think somewhat representative of the journey that the band's been on since the conception," said Peterson. "We got those songs to a place where we were pretty happy with them so we

wanted to include a proper version and share that with people."

Also on the bill are I Smell Blood, Solids, and Wasted Potential. Call The Office is located at the corner of 216 York St. and Clarence. The all-ages show starts at 9 p.m. on September 26 with tickets \$10 at the door and online at tinyurl.com/

# Vhy road trip stories are so captivating

**CASSY OBERNDORF** THE PEAK

VANCOUVER — I have yet to encounter anyone who doesn't like a good old-fashioned road trip. That's the truly amazing thing about them: there are so many different kinds of vacations and people tend to differ in opinion about all of them – whether it's better to go to the beach or the forest or the mountains – but one thing we can always seem to agree on is that the best way to get anywhere is to load up a car with your favourite people, some good music and junk food and just hit the road.

It's amazing that people still choose to drive places when they could just as easily fly, but there is something so much more interesting about driving through the Rocky Mountains for six hours than just flying over them in one. There is something alluring about forging your own path and enjoying the ride. Road trips make every vacation so much more worthwhile because the journey is just as important as the destination, if not more.

English poetry classes teach about the pastoral ideal, the idea of getting away from it all and returning to the outdoors, and I think that the artistic obsession with road trips is an extension of this. Books such as Kerouac's On The Road romanticize the idea of just getting up and going, allowing the open road to take you away from everyday life. Kerouac's characters are driven to escape from their mundane lives in search of something more exciting

and fulfilling, and the journey to get to this imagined destination is an integral part of the story.

Movies like Into the Wild and The Secret Life of Walter Mitty are able to capture our attention with characters who strive to find that serenity that comes with forging amazing paths for themselves. On top of it all, there is always such a huge focus on the scenery, the amazing breathtaking views that you can find if you just drive an hour or two out of town.

We all want an escape from the everyday parts of our lives, and not everyone can afford to hop on a plane and go away for months at a time, or just move and start all over. Road trips are accessible: you can make a trip down the coast for only a weekend, and it can be something exciting if you make it about the trip itself versus the arrival at your

Always make time for stops at the side of the road for goat farms and pie shops, lakes and deer herds, and for every eccentric thing that catches your interest. Road trips are a lot like art: we search out meaning from them and we use them as an escape or as a way to find a story, be it our own or imagined.

Of course, every great story needs a great soundtrack. One of the best parts about road trips is choosing your musical accompaniment. It's key to pick the best music and to sing along as loudly as you like, and be sure to add in embarrassing dance moves that you know those passing cars will see.



CREDIT: DAVINA GRAHAM

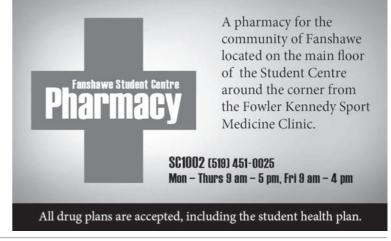
John Welsh's new EP release, On the Road, is sure to be the perfect soundtrack to your next adventure.

There is something so fitting about the acoustic sounds of easyto-sing-along-to music that makes kilometres of highway between stops melt away. I have some of my own personal favourite go-to road trip sounds, and I'm sure you do to, but if you are looking to expand your playlist, give John Welsh's new EP, On the Road, a listen.

He's a BC local who wrote all his songs while travelling the world, from New Zealand to Newfoundland, and all the way back home again. His music is upbeat, catchy, and super easy to sing along to while cruising down the highway on your next adventure.

If you're ever looking for a break maybe classes are getting a bit overwhelming or your job just kind of sucks – try taking a day or two to go somewhere different. You don't just get up and drive somewhere. If you don't have a car, I'm sure a friend who does would be up for an adventure, and if worst comes

need to have a specific destination; to worst, you can rent a car. There's nothing stopping you but yourself, so get out there, get on the road, and don't forget your iPod.



# Teenage Kicks triumph with Spoils Of Youth



BOBBY FOLEY

I write about random things a lot. I write a lot about random things. As a storyteller, however, I'm drawn time and time again to music – unforgettable memories are made every day in music, like Arkells' recent performance to 100,000 people in downtown Hamilton, crammed together on James Street North for Supercrawl. Or perhaps like the band's frosh gig here in 2010, playing in the rain to hundreds of Fanshawe students in the SUB Courtyard.

Even if you aren't the biggest fan of music in general, you may have noticed its inextricable link with adventure. Music plays the supporting role on road trips, at afterparties and in epic movie scenes because of its ability to encapsulate a moment into a memory. Long after the buzzing in your ears has passed, the thrill of the experience is a melody away.

A true rock and roll underdog story, Teenage Kicks has endured growing pains and industry obstacles alike to release their debut LP *Spoils Of Youth*, a record full of stories of survival and personal mantras of strength. The band is bringing its show to London on September 26, headlining #TheLateShow at Rum Runners with London acts The Weathered and Big Lonely and Yu-

kon Territory's The Naysayers.

Currently made up of brothers Peter and Jeff van Helvoort, the band has seen a number of lineup changes over the years – let's say more than the Foo Fighters, fewer than Spinal Tap – but hasn't deviated from its rock and roll vision. Over the course of two EPs, an exclusive Singles Club of free downloads for email subscribers and an explosive debut full-length, the band has delivered moving, exciting music and shows no signs of slowing down.

Released in April, the band's latest record *Spoils Of Youth* is an enduring hit that documents a long journey to realization, one that begins long before yet hinges crucially on a largely unusable album made in West Hollywood early in 2013.

Studio bias played an unfortunate hand in the early stages of the album, and when the band returned to Canada after five weeks of recording the guys found they had an album that didn't sound up to their standards on any but those studio speakers.

Attempts to remix or remaster the album came and went but the source material didn't stand well to being edited in such a way, so the need to re-record became clear.

"We were basically making revisions on these one-hour walk-throughs, which is not a lot of time to mix a song," frontman Peter van Helvoort said. "We were making re-



CREDIT: CHRIS PAYNE

The band Teenage Kicks will visit the Forest City on September 26 to perform at Rum Runners.

visions on something that probably wasn't finished in the first place ... by the time we were talking to the third or fourth person to remix one song, we said [to Rezolute Music] 'if you don't just let us make the record again ourselves, we're probably not going to be a band anymore."

Determined to see the record through, the band booked three days at Metalworks Studios in Mississauga, van Helvoort would produce and engineer and Gus Van Go signed on to mix in Brooklyn. But those three days were a challenge unto themselves, spent relearning music and trying to preserve their space from another artist in the studio over the summer.

"When we came in on the last

day, someone had pressed a bunch of buttons and messed up all our knobs," van Helvoort said. "We had to recall everything from cell phone photos, and after we had I was recording something and started hearing water dripping ... that was during the flood last year, and soon the ceiling of Metalworks just started pouring water."

The result might not be the exact record they set out to make when they excitedly arranged their trip to California, but it is a remarkable rock album that is pure of heart and dripping with integrity and plaintive truth. And in spite of everything that's happened, the brothers are approaching the future with a positive perspective.

"It's water under the bridge now," he said. "It's like, if I want to play music, I need to get my shit together and know that there are worse things happening to other people in the world, it could be a lot worse."

For more on Teenage Kicks and its current tour, visit the band online at teenagekicksrock.com or follow on Twitter and Instagram @teenagekicksto. The brothers' show with The Weathered, Big Lonely and The Naysayers begins at 9 p.m. and admission is only \$5 and is 19-plus.

For more of the latest music news, album streams and concert previews, follow this column on Twitter @fsu\_bobbyisms. Support your local music scene, I'm out of your local music scene, I'm out of



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COMMUNITECH





a hreathing

The people responsible for turning this blue sack into a living, breathing tiger are in deep trouble.

# Life After Pi: An inside look at an industry in trouble



REEL LIFE ESHAAN GUPTA e\_gupta@fanshaweonline.ca

What do your favourite summer blockbusters of the past few summers have in common? Chances are, they've got some heavy visual effects work behind them. Even in films that aren't big-budget sci-fi opus magnums, VFX comes into play with needs such as digital set extension, prop creation, and, probably most famously, creature animation.

Yes, whether you liked it or not, *Life of Pi* was a landmark film in the area of visual effects, thanks to its hyperrealistic animation of the tiger Richard Parker, Pi's eponymous lifeboat castaway companion. Yet, despite the acclaim (from critics and the amount it made at the box office), the studio behind the film's visual richness, Rhythm and Hues, went bankrupt shortly after.

Studio head Bill Westenhofer attempted to shed light on the troubled VFX industry during his Oscar acceptance speech but was cut short by a deliberate mic mute. The outrage that followed was also peppered by the question: What happened?

Life of Pi was a film with an astronomical budget of \$120 million, and an even more massive box office haul of over \$600 million. Yet, Rhythm and Hues didn't see a dime of that gross. The broken platform on which the industry is run is ex-

plained and examined upon in *Life After Pi*, a documentary created in the aftermath of the "Go Green" demonstration, where VFX professionals changed their Facebook profile to Chromakey Green in solidarity in raising awareness about their plight.

Life After Pi isn't just talk of money matters and the damaging business model that every special effects house operates under; it also features one-on-one interviews with the animators and technicians who brought all our favourite movies to life instead of leaving them shots of blue cloth and white tracking balls. While the film definitely doesn't skimp out on the details on why the industry is the way it is, you'll also see the enthusiasm and passion of the professionals. These just aren't people who use computer magic to make movies happen; they're dedicated artists who use technology only as tools to achieve visually what we could only dream of once

It's a documentary that's informative and also quite angering. We as consumers of mainstream film are often dismissive of digital effects as simply part of the movie, mere "CG" made by "computers." The reality of course is entirely different one we shouldn't take for granted.

Life After Pi is free to watch on YouTube, and only takes 30 minutes of your time. It could be one of the most important documentaries on modern filmmaking you will ever see.



CREDIT: SARAH WATTS

The Out Back Shack was full to the brim with students who came out to participate in Sex Toy Bingo – an event during the FSU's Sexual Awareness



CREDIT: SCREEN CAPTURE/TIME

Emma Sulkowicz is protesting Columbia University's mishandling of her rape by carrying around a dorm room

# Performance art protests Columbia's mishandling of a sexual assault

BRITTANY MACDONALD
THE OTHER PRESS

NEW WESTMINSTER — After allegedly being sexually assaulted two years ago, a student of New York's Columbia University, Emma Sulkowicz, has decided to fight back against her campus' lack of action.

A visual arts major, Sulkowicz has dedicated her final thesis to a performance piece in which she will carry around a dorm room mattress everywhere she goes. The mattress is meant to be a physical representation of the emotional weight she carries with her, after she was raped by a fellow classmate during her sophomore year. To make the weight of the mattress even more akin to the emotional weight and trauma of the assault, Sulkowicz has rules to the piece: she cannot ask for help in carrying the mattress, but she may

accept help if it is offered.

In a filmed interview with the Columbia Daily Spectator, student newspaper for the campus, Sulkowicz said, "For me, I was raped in my own dorm bed. Since then, it has basically become fraught for me, and I feel like I've carried the weight of what happened there with me everywhere since then."

Several months after the assault, Columbia University held a hearing in which Sulkowicz was forced to recount the intimate details of the assault, and even draw a diagram in order to explain to the university administrators how an assault such as hers happens. Despite the fact that two additional female students claimed that the same student assaulted them as well, the student received no known punishment and was allowed to remain at the university.

Sulkowicz and the two other women believe that the university's own authorities are at fault for their poor record keeping, in which names were changed in the earlier reports in order to protect the identity of those involved. The use of aliases later lead to confusion when the cases were actually brought before the university administrators.

Sulkowicjz has decided that her performance will only end either if her alleged attacker is expelled, or when she graduates. She claims in the interview with the Columbia Daily Spectator that the loss of her "anonymity" has been the hardest part.

At this point, Sulkowicjz is one of many who have dealt with mishandled sexual assault cases at Columbia University: 23 students have filed complaints with the university.

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ONE STUDENT AT A TIME





CREDIT: ALBERTO BOGO VIA THINKSTOCK

Napping could be beneficial before or after a study session, but what is the optimal length?

# To nap or not to nap

**KORI FREDERICK** 

As the school year begins to get busy with tests and assignments, you may find yourself struggling to stay awake during the day. The thought of taking a nap may become more and more tempting as the weeks go on.

This may be because you are draining yourself with schoolwork or just because napping is a better alternative to actually getting your work done. The main reason to take a nap may be different for everyone, but is that nap actually going to be beneficial and boost your productivity when you wake up?

Information gathered by CHP Canada has shown that there are benefits and downfalls to the different kinds of naps.

**The power nap** – This kind of nap typically lasts only about 10 to 20 minutes. If you're looking for a quick boost of energy in the day, this is what you are going to want to go for. It allows your body to take a break and recharge without going into a deep sleep.

**The 30-minute nap** – This nap may seem like a good amount of time to rest, however, it's long enough that your body reaches the power nap stage for an energy boost, but it is not long enough to fully reach the best restorative purposes of a nap. You may find that after this nap you feel groggy or almost hungover. This is clearly not the nap you are going to want to have before entering back into study mode.

The 60-minute nap – This nap is long enough to help reboot your brain, however, you are likely go-

ing to have the groggy feeling when you wake up from this one too. This nap is ideal for when you have just finished a huge study session and you want the information you just learned to really sink in. It is going to improve your memory, but it will not be a good nap if you are hoping to study again after it.

**The 90-minute nap** – This is ideal for feeling fully refreshed. During this nap you will reach a deep sleep, which lets your body fully rest before you wake up. If you are starting to feel overwhelmed and stressed about school work, this is going to be the ideal nap. It helps improve your emotional state and stress levels. When you wake up from this length of you will no longer feel like you are in a groggy state. You will wake up feeling refreshed and ready to get back to

When you are deciding if you should nap or not, don't only consider the amount of time, but also where and when you are going to have this nap.

The most ideal time for a nap is going to be in the middle of the day so as to not disrupt your nighttime sleep schedule. If you are looking to avoid a deep sleep, to avoid the groggy feeling, your best bet is to sleep in a somewhat upright position. This could be a couch, at your desk or even just on the bus.

Recent Fanshawe College graduate Katie Cornelius shared her wise words about napping, "When you are still in school, take every opportunity to nap and enjoy it," she said. "Because once you start working, taking a mid-day nap is no longer an option."

# Is the iWatch for you?

ANGELA ESPINOZA THE OTHER PRESS

NEW WESTMINSTER — On September 9, Apple revealed an entirely new project called the "smartwatch." The idea of the smartwatch is simple: it is essentially a smartphone one can wear on their wrist.

The smartwatch, or Apple Watch, is the latest advancement in digital technology that can be worn by the user, as opposed to being held. Like Google Glass, the smartwatch acts as a peripheral you can use and wear as you go. The Apple Watch's face, or what Apple refers to as the "digital crown," is that of a touchscreen, from which the wearer can access anything from Facebook to bank accounts – or simply check the time.

As this is the first model of the Apple Watch, there are some concerns to keep in mind before purchasing. For one, the wearer must stores by early 2015.

also own an iPhone no older than the iPhone 5 series in order to use the Apple Watch. In addition, while there are adjustable options for straps, the watch device itself is, according to CBC, large for those with smaller wrists. Then there is the cost to consider, which currently stands at roughly \$350 for the starting price. Finally, as Recode reported in an interview with Apple spokesperson Nat Kerris, "We anticipate that people will charge nightly which is why we designed an innovative charging solution that combines our MagSafe technology and inductive charging." In other words, the Apple Watch will likely need to be charged once a day.

The Apple Watch is nevertheless one of the most unique additions to "digiwear" since Google Glass. Apple Watch is anticipated to be in

# Hobnob with the walking dead

**FRANCIS SIEBERT** 

Fans of The Walking Dead TV show won't have to wait until the new season première for some zombie scare - St. Thomas will be holding its annual Tom Zombie Festival

The main event of this year's festival will be The Terminus Tour, a tour through a haunted Elgin County Railway Museum, inspired by the season four finale of The Walk-

"Zombies have been popular in our culture for decades," said Bryan Bakker, the festival's creator. "Also what's very popular is the emergence of effects makeup and cosplay ... and the festival really taps into that."

Judges will also be picking a new zombie to carry the Curse of Tom

The story goes that when trapper David Ramsey found the Trimeric Bell hidden in a First Nations burial ground around the Port Stanley area, he used it to put a curse on Colonel Thomas Talbot.

This was at the turn of the nineteenth century, and Ramsey was angry with Talbot for refuting his land claim.

When Talbot heard about Ramsey casting a spell on him, the legend goes, he tried to kill Ramsey.

Except, Ramsey wouldn't die. It is said that years later, Talbot and his bride tried to organize a treaty between St. Thomas locals and First Nations. He would've then been attacked and buried alive in St. Thomas, just deep enough so he could hear his assailants torture his bride. Other stories say both Talbot and his bride were buried alive in the town or that Talbot was



The Tom Zombie Festival will touch ground on September 27 in St. Thomas to celebrate all things zombie.

held captive, being forced to watch the assailants burn his bride alive.

It is then that the curse was set in motion, and that strange things have happened around St. Thomas ever since.

Last year, the town began holding its annual St. Thomas Tom Zombie Festival with the goal of finding a new host to carry the curse.

Contestants for the curse go on stage and try to scare the judges with their makeup and costumes.

"It's really like a reverse beauty pageant," Bakker said.

Last year's Tom Zombie will lead the Zombie Walk from the Railway Museum to City Hall, where the Transition Ceremony will be held.

The new Tom Zombie will then lead the walk back to the museum.

The festival will also feature actor Vincent M. Ward, who played Oscar in season three of The Walking Dead, a beer tent, food vendors and music.

But the festival is also about teaching people the history of the

"The reality is, we really do have a rich cultural and historical fabric in this area that we hope to use to tell some great stories," Bakker said.

The event will be held at the Elgin County Railway Museum on September 27 from 12 p.m. to 10



### Miner Issues **ESHAAN GUPTA** HEY, SO, UH, ROOKIE HERE YOUR NEEDS A BIT O' FRESH AIR .. (NOPE. LOWER ... FRESH ... AIR? DOWN... BELOW ... SORRY, ULLMAN INSISTED THAT EVERYONE STAY ON POST GEFORE FIRST LUNCH. WE COULD JUST CRAWL THROUGH BETWEEN THOSE GIANT LEGS OF YOURS, YOU DO REALIZE THAT?









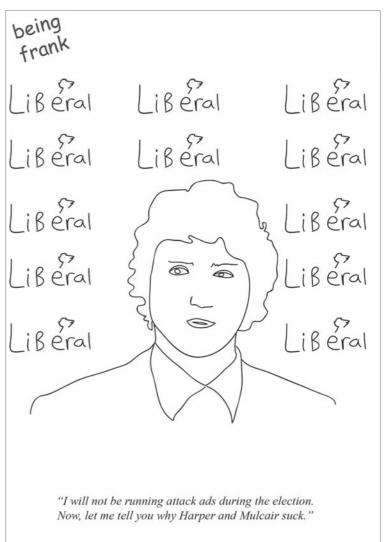




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### NERDS







### Aries (March 21 - April 19)

No one can resist your fiery charm. People flock to you instinctually. Take care to shower an equal amount of affection on each of your admirers or petty jealousies will erupt.

#### Taurus (April 20 - May 20)

The forces of right and reason silence irrational distractions. Dominant personalities are tempered by their partners in a healthy relationship. Understand another point of view even if you're not going to adopt it.

#### Gemini (May 21 - June 20)

You find ways to power you past forces that usually slow you down. Integrate all of the necessary elements. True growth never happens in a vacuum.

### Cancer (June 21 - July 22)

Don't feel pressure to rush. The tortoise beat the hare because he made slow and steady progress. The destination isn't as much fun without a solid journey.

### Leo (July 23 - August 22)

Leo spends the next few days among their favourite people. Your standards are high, but everyone seems to meet them. There's no need for leadership when all players are equal.

### Virgo (August 23 - Sept. 22)

If others insist on annoying you, keep your distance. You're not responsible for their foul mood, but you can control how you react to it. Delight in your own company.

1. Around 300 feet uphill from

the highest water level reached by

the 2011 Tōhoku tsunami sits a cen-

turies-old stone marker that warns:

"Do not build your homes below

2. Rather than using mechanical

mowers, Google regularly employs

a flock of 200 goats to naturally

this point!"

Libra (Sept. 23 - Oct. 22)

Tend to your most special relationships. If you act in a selfless manner, your actions will have a surprisingly large impact. You can 18. Happy facial expression make more of a difference than you 19. Think (over)

### Scorpio (Oct. 23 - Nov. 21)

Style becomes a trap if it's substituted for strategy. You can't know what works best for someone else, even if you think you do. Judge others by the results they produce, not by how they get there.

### Sagittarius (Nov. 22 - Dec. 21)

Simple pleasures turn gloriously hot. Everything becomes a sensual experience. Excess doesn't feel like quite enough. Dive headfirst into an adventure of the soul.

### Capricorn (Dec. 22 - Jan. 19)

You have a hard time keeping secrets. Capricorn may not be any more talkative than usual, but others are especially perceptive. Be honest with the people who know you best.

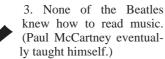
### Aquarius (Jan. 20 - Feb. 18)

Favourable events unfold in record time. You lust after the real 51. Bottom of the barrel thing, and have no patience for anything less. Luckily for you, most of those nearby want you to be happy.

### Pisces (Feb. 18 - March 20)

Stereotype and caricature are disturbing when they prove accurate. Your instincts are sharper than usual. Don't believe any stories that are simply too strange to be true.

mow and fertilise the lawns.



4. A 'geep' is a very rare goatsheep hybrid or chimera.

5. John F. Kennedy rejected his presidential salary of \$100,000 a year and donated it to charity instead.

6. The most push-ups ever performed in one day was 46,001 by Charles Servizio.

7. A study had men report their own penis size, and the average was found to be 6.1-6.5 inches. A subsequent clinical study actually

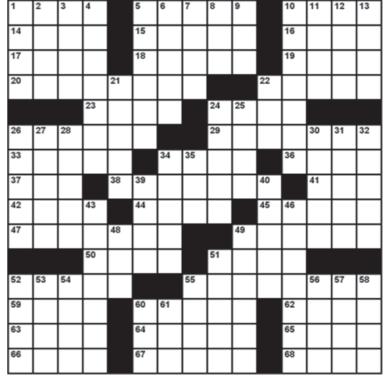
#### Across

- 1. Headline from recent Interrobang issue: "News you may \_\_\_ missed"
- 5. Sail supports
- 10. Advocate
- 14. 1984 World Series MVP Trammell
- 15. "Goodnight" girl of song
- 16. Short fiber of cotton
- 17. "Get!"

- 20. Fur-lined outer garments
- 22. Headline from recent Interrobang issue: "Campus Master Plan vour help'
- 23. Competed
- 24. City in NE Sweden
- 26. Irritate or annoy
- 29. Of recent origin
- 33. Throw with violence
- 34. Give a title to
- 36. "Bye!"
- 37. Headline from recent Interrobang issue: "Look \_\_\_ clubs the easy way; on an app"
- 38. Come (from)
- 41. Pull
- 42. Formerly
- 44. "Terrible" czar
- 45. Fold
- 47. Exhausting routine (2 words)
- 49. Shack
- 50. \_\_\_-Altaic languages
- 52. Digger
- 55. Headline from recent Interro-
- bang issue: "\_\_\_ poet shortlisted for CBC prize"
- 59. Headline from recent Interrobang issue: "College support staff
- get \_\_\_ hike in tentative agreement" 60. Pleats
- 62. Notion
- 63. Small forest buffalo

measured penises, and found the average size to be 5.1-5.7 inches.

- 8. Hippos secrete a red-pink fluid, dubbed "blood sweat", which acts as a skin moisturizer, water repellent, sunscreen, and antibiotic.
- 9. Jim Cummings, the voice of Winnie the Pooh, called kids at hospitals to chat with them in character. 10. Women are more attracted to
- men with a stronger sense of humour because they interpret it to signify intelligence and honesty. 11. There's a city named 'Lick-
- ing' and a town named 'Butts' in the state of Missouri. 12. Until the 1960s, men with
- long hair were not allowed to enter Disneyland.
- 13. The firefly is not actually a fly, but a beetle.
- 14. Each of the main characters in Spongebob Squarepants was inspired by one of the seven deadly
- 15. Milt, known as a delicacy around the world, is actually fish
- 16. Sloths can swim three times faster than they can move on land. They can also hold their breath for up to 40 minutes.
- 17. In 1959, the USPS attempted to deliver mail via cruise missile and successfully shipped 3,000 pieces of mail from Virginia to Florida in 22 minutes.
- 18. In the wake of Goat Simulator's popularity, 'Rock Simulator 2014' was developed and released. Gameplay simulates life as a rock.
- 19. Students at MIT developed a wristband that can regulate your "thermal comfort", which could possibly eliminate the need for central heating and cooling.
- 20. In Czech Republic, women are entitled to up to four years of paid maternity leave, increasing to seven years if the child is disabled.
- (Jean) Chrétien 21. Researchers say that lining (Joe) Clark the toilet seat with paper is pretty (John) Diefenbaker much pointless



- 64. German river
- 65. Home, informally
- 66. Burmese city
- 67. Impulses
- 68. Headline from recent Interrobang issue: "Fanshawe finally \_

#### the dough" Down

- 1. Musical instrument
- 2. On the safe side, at sea
- 3. South African river 4. Animate
- 5. Headline from recent Interrobang issue: "News you may have \_\_\_\_ 6. Equipped for war
- 7. Tres y tres
- 8. Explosive 9. View
- 10. Took out of one's mind
- 11. Don Juan, e.g. 12. Embellish
- 13. Building additions
- 21. Burn 22. Headline from recent Interrobang issue: "\_\_\_ FANtastic student
- card" 24. Deprive of courage
- 25. Headline from recent Interro-London Calling"
- 26. Headline from recent Interrobang issue: "Fanshawe to \_\_\_\_ three new bachelor degrees"
- 27. Regional plants

(R. B.) Bennett

(Robert) Borden

- 28. Headline from recent Interrobang issue: "London's \_\_\_ Dundas Street Festival"
- 30. Consumed
- 31. Brown ermine
- 32. Took responsibility for
- 34. Central point
- 35. Collection of miscellaneous information
- 39. Flexible mineral
- 40. Fencing equipment 43. Headline from recent Interro-
- bang issue: "Flash questions with Justin \_\_\_' 46. Severe scolding
- 48. Headline from recent Interrobang issue: "\_\_\_ you in the know and getting tested?'
- 49. Parts of glasses
- 51. Big dipper
- 52. Cashless deal
- 53. French door part
- 54. All excited 55. Banner
- 56. "Song of the South" song syllables
- 57. \_\_\_ Bank, Israel
- 58. Consumes
- bang issue: "Fanshawe, \_\_\_ Your 60. Headline from recent Interrobang issue: "Meet your 2014 \_\_\_\_ Executives'
  - 61. Propel, in a way

Solution on page 14

### Word Search

E N N ET N HR K S L U R R Ε EIMACDONALDPP LWPPZAACTRAG S 0 R U Ε S R Q R В Ε Ζ Ε Τ S R D U K R Τ Ν Α J

### **Canadian Prime Ministers**

(Words in parentheses not in puzzle)

(Stephen) Harper (Wilfri) Laurier (Paul) Martin (John A.) Macdonald (Alexander) Mackenzie

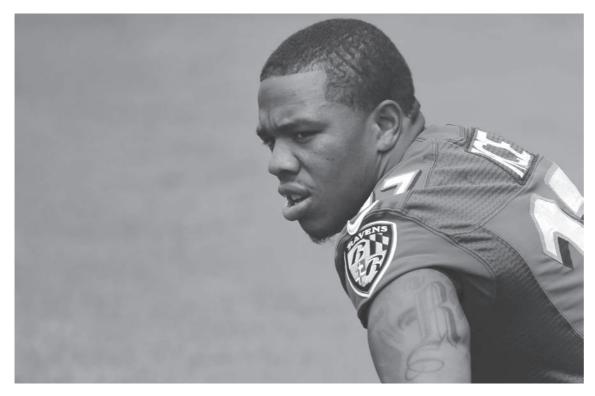
(W. L. Mackenzie) King (Brian) Mulroney (Lester B.) Pearson (Louis) St. Laurent (Pierre) Trudeau

### Sudoku Puzzle

6			5	1				
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	1							
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				8	5			7

puzzle rating: very hard

Fill in the grid so that every row, every column and every 3x3 grid contains the digits 1 through 9. That means no number is repeated in any column, row or box. Solution can be found on page 14



Running back for the Baltimore Ravens Ray Rice is only one of many caught in domestic abuse scandals. What is

# What's next for the NFL?

JOEL LUXFORD INTERROBANG

What has happened to the NFL? With news breaking of yet another domestic violence case involving a high profile player, the National Football League and its position on domestic violence has reached a crossroad.

Commissioner of the NFL, Roger Goodell, has some interesting decisions to be made in the next couple weeks that will set a tone for the NFL's stance on domestic abuse.

As of now Ray Rice, the star running back for the Baltimore Ravens. has been suspended indefinitely on charges of domestic abuse after a video surfaced of him dragging his unconscious girlfriend from an elevator after a fight.

Earlier this summer Goodell had his stance on domestic violence challenged by the media after the initial news of Rice broke. Originally Goodell had suspended Rice for two games, but after much backlash for that decision Goodell instituted a new domestic violence policy for the NFL.

The policy included stiffer penalties: a six-game suspension for a first offense and a lifetime ban for a second. A lifetime ban can be appealed for reinstatement after one year. It was only after a video depicting Rice's actions surfaced did the suspension get extended.

Rice isn't the only star player getting media attention recently for violence. Adrian Peterson, famed running back of the Minnesota Vikings, has also drawn allegations of child abuse after allegedly striking his four-year-old son with a tree branch.

Earlier this summer Carolina Panthers defensive lineman Greg Hardy was convicted of domestic violence and sentenced to 18 months of probation. All these incidents occurred less than a year after Aaron Hernandez, former tight end of the New England Patriots, was accused of three murders for which he is still facing sentencing.

Needless to say, the NFL has a major public relations issue on their hands. How they choose to deal with these new concerns will not only be a blueprint for the next generation of players but an example for today's youth.

As of now, football is arguably the most popular sport in North America. Many of the players in the NFL are idolized and adored. Whether or not the NFL knows it, the organization needs to set out a course of action that justly deals with these issues because failure to do so will not only hurt their image

but national awareness and public perception of domestic violence in general. The commissioner needs to set precedence that criminal activity among personnel is not only unacceptable but morally reprehensible.

Perhaps the NFL needs to take a stance on domestic violence similar to the one Major League Baseball has taken on gambling. Just over 35 years ago Cincinnati slugger Pete Rose was placed indefinitely on baseball's ineligible list, which has disqualified his ability to be voted into the MLB Hall of Fame. Although controversial, at least baseball has taken a firm stance on the subject compared to the one football has taken towards violence to date.

Rose was made an example of and as such, his punishment has likely deterred many players from considering similar actions. If the NFL can come up with a similar solution to its issues with domestic violence, perhaps it will inspire a change in not only its players' behaviours but society at large.

If you or a loved one is experiencing domestic violence there is help. The London Police Service has set up a website that compiles a list of agencies you can contact. For more information, check out tinyurl.com/helpstoptheviolence.



Look-wise it's not bad. But Kia's 2014 Soul lacks, well... soul.

### Kia Soul is lacking something

NAUMAN FAROOQ INTERROBANG

How shall I put this... the 2014 Kia Soul lacks soul. It moves you like it will get you from A to B – but it doesn't move you emotionally. This is not the kind of vehicle that will pull you out of bed early on a Sunday morning, begging you to go on a drive.

The first generation Kia Soul debuted in 2008, and it was a bit of a hit thanks to its funky styling. It also outsold its main rival, the Nissan cube, because the Soul had a decent conventional automatic. while the cube had one of the worst iterations of a CVT gearbox ever fitted to a car.

The Soul also had funky, flashing speakers, which turned your car into a nightclub.

All these things, along with the fact it was somewhat decent to drive, helped the Soul.

I don't know if it was Kia's thinking or feedback from their customers, but the Korean auto manufacturer felt that the Soul needed to mature a bit. Some of that maturity is welcome, however, like the car's styling. It still looks funky and cool but it also has a whiff of elegance

I like details like how its tailgate blends into its rear lights and the fact that its roof can be specified in different colours.

I also like the new interior. It is spacious, moderately comfortable and now has a very decent infotainment system.

So far so good.

It remains fine if you're using the vehicle for mostly city driving. It rides bumps fairly well, has a good turning circle and offers good vis-

ibility all around. However, I do wish it were more frugal.

My tester, which had the 2.0-litre, four-cylinder motor consumed 9.1 litres/100km. It's not awful, but I expected better.

For those interested in specs, this motor produces 164 hp and 151 lbft of torque. A base, 1.6-litre motor with 130 hp and 118 lb-ft of torque is also available. While the base motor can be had with either a sixspeed manual or a six-speed automatic gearbox, the 2.0 SX model only gets the latter transmission. It is a smooth gearbox, so no complaints there.

The complaints start pretty much as soon as you hit the highway.

This is not a well insulated car. There is a lot of tire noise, lots of road noise and the car just feels stressed at highway speeds. On my weekly long drive, I got home feeling drained.

Since I felt the same way when I returned the vehicle the following week, my view of its performance on the highway was confirmed.

I actually think the older generation Soul was better in this respect. This aspect of the new Soul was enough to put me off.

What about the price? It starts off fine. The base model could be yours for \$16,995. My well-equipped SX tester, however, was worth \$27,395 (destination and excise tax not included) and I think that is a lot of money for this vehicle.

Like all Kias, the 2014 Soul is well made, it will be reliable and it has a great warranty - all of which are a good reason to buy one. However, if you do a lot of highway driving, you should look elsewhere.







ed to a hotdog BBQ to kick off the school year.



CREDIT: ALAN BUSHELL Staff and students at the Centre for Digital and Performing Arts were treat-

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# Putting the 'bad' in schmorts? Another MLS team in limbo

**NATALIE SERAFINI** THE OTHER PRESS

Bye-bye birdie, hello badminton. It's a classic back-and-forth seen both in backyards and in sanctioned competitions. Badminton can be played one-on-one or in teams of two, requires a certain amount of skill and energy, and its place in the Olympics means that most don't question its validity as a sport. The game's volley with the ever-airy birdie can get a bit leisurely though, as returns of the birdie get increasingly light 'n' easy. The traditional racquet sport also harkens to old-fashioned images of ladies in hoop skirts almost as much as it does to lightning-fast athletes in their prime. So, does this Olympic pastime have validity as a sport, or is it a schmort at heart?

Badminton is played with racquets, a net, and a birdie - that's about it. The opponents determine who will serve and who will receive, with the starter serving diagonally over the net to the receiver. From there the players can volley the birdie wherever they'd like, sending one another careening back and forth across the court. When one side lands the birdie in a score, they get to serve the next round, and play continues. Traditionally, a match is made up of three games, with each game ending at 21 points, unless a close call forces scoring up to whoever scores the 30th point. The player who wins the best of three games wins the match.

Badminton is extremely accessible, as it really only requires some dollar-store racquets and a half-decent birdie; consequently, this game gets a reputation as a leisurely pastime at beaches, barbecues, and



CREDIT: JIEOPHOTO VIA THINKSTOCK

Is it really that bad? The verdict is in on whether badminton is a sport.

what with kids cavorting about in ton against patrons, while dressed something that lacks the regulation of organized sport. Many games find themselves touting the title of recreation rather than sport as a result of their popularization in less-athletic realms. The prestige as the game of champions gets diluted as it becomes a loose romp, to be casually enjoyed: "Is anyone keeping score?" "Who cares, it's just a game."

Badminton also emerges from a time of old-fashioned decorum, meaning that one can easily draw upon images of ladies in hoop-skirts givin' it all they can muster - and they can't muster much, what with tripping over inconvenient and unathletic attire. Badminton was made to be played by people who can participate despite cumbersome attire, where other games require that one is as aerodynamic as possible. I used to work at a historical mubackyards galore. Badminton is seum, and one of my duties in the consequently seen as less of a sport, summer would be to play badmin-

in full-1920's garb. Trust me, the game doesn't demand a particularly sporting uniform.

Nonetheless, it's important to acknowledge that professional badminton players can become astoundingly skilled and quick. They dash across the court to dive in and whack the birdie over the net, or spike it into the face of their opponent. This requires a certain amount of athletic talent, which your average Joe cannot profess to possess.

Badminton has also maintained its status as an Olympic event, despite the fact that - if the players aren't giving it their all, as in the case of a match fix at the London 2012 games - badminton is deathly boring to watch. When they are hitting that birdie with all that they've got, the game gains a redeeming competitive edge - and that's what sports are made of.

Verdict: sport



MARTY THOMPSON @martythompson

With the end of another Major League Soccer season comes another agonizing chapter in the life of Chivas USA. With no more than 5,000 people appearing to home matches, Chivas is on its way out of this league.

According to reports released this week, the league-owned club will likely fold this season - leaving the league with an even 20 teams (with New York City FC and Orlando joining the fray). Chivas has truly fallen from grace, in an ever-changing soccer landscape in North America.

The team Chivas (Spanish for goats) was brought into the league back in 2004, as a franchise catered to the large Mexican population in Los Angeles. In fact, the club's namesake is taken from the Mexican giants of Club Deportivo Guadalajara, to which Chivas is a subsidiary of.

Back then, the ethnic population was seen as an untapped resource to the many who were looking to grow the professional side of soccer in this part of the world. C.D. Guadalajara's owner was looking to enter MLS, and the league was more than a willing partner.

Those early years were very successful for Chivas. They finished atop the Western Conference, made the playoffs four out of five seasons and kept well above the league attendance average. Back then Chivas and the LA Galaxy - who both played out of the Home Depot Centre - were two of the more successful clubs in the league. Then David Beckham came to Los Angeles.

Now, I'm not saying Beckham's

involvement with the Galaxy was a reason for the slow demise of Chivas, but it certainly did not help.

Over the next few seasons, LA became the best team in the league, Seattle Sounders came into the league swinging and the Western Conference became incredibly tough. This saw Chivas sink to the bottom of the conference. For the past four years, the team has not finished anything higher than last place. Constant on-the-field troubles have put the team down a rocky path that leads it to the brink of extinction.

Obviously attendance is not the most important thing when it comes to a club's financial status, but it certainly tells a tale. From 2010 to 2014, the average attendance dropped from 14,000 to 4,000 leaving the club in dire straights.

Unfortunately, their own management hasn't really helped them either. In 2012, Jorge Vergara - who was majority owner of both C.D. Guadalajara and Chivas - bought out the rest of the investors in Chivas USA, assuming complete control of the club. In just a few months, the majority of American or non-Mexican players on the first team started to dwindle.

During this fire sale, two non-Latino youth coaches filed a discrimination lawsuit against the club after Vergara allegedly told his staff he would fire anyone who didn't speak Spanish. MLS bought the club from Vergara this past offseason, in the hopes of finding an owner who would rebrand Chivas and keep it in Los Angeles.

But after a full season, it doesn't look like that is going to happen. There are countless reports linking the league with new expansion cities, leaving Chivas in limbo. It was an experiment, perhaps even a gimmick that marked the end of an era for MLS.



