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## FROM THE EDITOR

Hannah Theodore (she/her)

Dear readers,

Welcome to our first ever Tech Issue of Interrobang.

In the world of education, technology has become a key component when it comes to both learning and teaching. In recent years, the emergence of Artificial Intelligence (AI) and Virtual Reality (VR) have brought forth new challenges and opportunities for students and educators alike. Technology is so intertwined with our everyday lives that we hardly notice its presence, and that comes with both benefits and consequences.

Our Tech Issue explores both sides of that coin. Reporter Mauricio Prado looks at the ways in which VR is being incorporated at Fanshawe College and beyond, while Konstantinos Drossos explores why cloud storage is essential for student success in today's world. Reporter Justin Koehler takes us through a history of mobile phone design, and why profits and necessity have slowly eaten away at the stylistic creativity behind these devices.

There is no doubt that technology has made our lives easier. But as we look towards the future, it's imperative that we examine

the rapidly changing landscape of technology and how it has the power to impact our lives in potentially negative ways. The SAG-AFTRA/WGA strike taking place right now in Hollywood, for example, highlights the very real fears of creatives that their essential work could be handed off to AI in the name of profit by major media corporations.

We are approaching a pivotal moment in history where we will soon have to decide if the ease that technology offers us is worth the cost of creativity and human life. Be critical of these systems. Pay attention to who they really benefit. And most importantly, stay human.

Sincerely,

Letters to the Editor: fsuletters@fanshawec.ca



# Federal Minister Steven **Guilbeault visits Fanshawe**



**Mauricio Prado** (he/him) INTERROBANG

On Sept. 13, Federal Minister of Environment and Climate Change Steven Guilbeault visited Fanshawe College to tour and discuss with Plumbing and Electrician apprenticeship program students about climate change, energy transition initiatives and reducing greenhouse gases (GHG). The Minster's tour started alongside Fanshawe President Peter Devlin at the alleyway between the T and B Buildings and then moved to the Donald J. Smith School of Building Technology.

According to Devlin, Fanshawe College has been developing the Campus Energy Centre project to reduce the college's Greenhouse Gas (GHG) emissions. This project is expected to reduce the college's GHG emissions and impact on climate change significantly in support of Canada's Climate Action Plan.

Guilbeault said that thanks to increased GHG emissions, Canada has experienced extremely high temperatures, record wildfires and drastic weather due to climate change lately. He added that the only way to "make things right" is to let future generations of trade workers know where the future of sustainability is heading.

"What often gets lost in this topic is how vital the future generation is," Guilbeault said. "The future trade workers are the ones who will help us build the buildings and the electrical and piping systems of the future, which will make us more resilient to climate extremes like we saw last summer.'



Minster Steven Guilbeault visited Fanshawe to discuss climate change, energy transition initiatives, and reducing greenhouse gases with students in the Plumbing and Electrician apprenticeship program

buildings more energy efficient is one of the most cost-effective methods for lowering greenhouse gas happening at the federal level, what emissions and saving money for consumers and companies.

"The rate of global warming is presently higher than it has ever been. Weather patterns are shifting due to warming temperatures, disrupting the natural order," Guilbeault said.

Fanshawe Plumbing Apprenticeship program coordinator Greg Van Bakel said the Minister's visit was an excellent opportunity for the

He said that making Canada's students to see what is happening at a high government level.

> "Being able to understand what is the environment and what the future is going to hold for them is vital because that way they know what the industry would be looking for,"

> According to Statistics Canada, homes and buildings represent 13 per cent of Canada's total GHG emissions. Guilbeault stated that the buildings that are going to be built in the coming years will be

much more energy-efficient with a retrofitting system.

"Retrofitting should result in a more comfortable, healthier home with lower energy costs," Guilbeault said.

He stated that it "will not happen overnight" but that they are progressively replacing fossil fuels with clean technologies. He added that is why they need trained people who understand and can be part of and contribute to that transition.

"With the current buildings, we are planning to do small adjustments like

caulking windows, putting covers on plugs, covering water lines, and weatherstripping doors," Guilbeault said.

Guilbeault said that the end goal with current buildings is to remove outdated technology, such as the HVAC and lighting systems, and replace it with more effective technology.

"We are looking at hundreds of thousands of jobs in the coming years in this sector," Guilbeault said. "In terms of investment, job creation and projects, it will be a booming sector."

## London Police increase presence near campus with Project LEARN



**Mauricio** Prado (he/him)

On Sept. 1, the London Police Service (LPS) announced that it would increase police presence within and around the communities near Fanshawe College and Western University through their annual Project LEARN, Project LEARN, effective since Sept. 1, stands for Liquor Enforcement and Reduction of Noise, which is a solution to the local community's issues with students returning to the area at the start of each school year.

The project's main focuses are on "inconsiderate" gatherings, open fires, noise, garbage, and public urination. Residents of London may notice more police officers in the downtown area and the areas near Western University and Fanshawe College throughout the month of September.

Corporate Communications and Media Relations Officer for the sciously and responsibly.

LPS, Sandasha Bough, said that as part of their commitment to the tion dynamic has changed, we're not community, police are urging stu-seeing the same kinds of instances dents to celebrate responsibly and that we did frequently in 2007 or to treat others with courtesy and before," Bough said.

"The goal of this project is to provide public and property safety," Bough said. "Throughout the upcoming weeks, we will share safety messages on our social media platforms to serve as reminders to the public and students."

Bough stated that this project, implemented every September since 2007, has significantly reduced complaints throughout the month. She added that this project starts in September because it is when the universities and colleges start their academic years.

"During this time each year, we see and experience an increased number of people in London," Bough said. "Most of those people are students."

She said, "The keyword of this operation is responsibility," because students are free to celebrate and enjoy that stage in their lives con"Even though the student popula-

Bough stated that respect and understanding of what is suitable and inappropriate has evolved due to what they are doing, which has transitioned to future generations of

"They have duties and responsibilities to care for themselves and others as community citizens," Bough said.

According to Bough, members of the LPS Auxiliary Unit will be visiting neighbourhoods around Western University and Fanshawe College to educate and teach students about bylaws and crime prevention advice.

LPS Inspector Ryan Scrivens said they look forward to welcoming post-secondary students back to the city.

"We understand that the start of the school year is exciting," Scrivens said. "We want to ensure that students know how to keep themselves, their friends, and our community safe while still enjoying this forma-



CREDIT: ARTOLYMPIC

On Sept. 1, the London Police Service (LPS) announced that it would increase police presence with the launch of Project LEARN

Bought stated that education is a consideration for everyone in the critical component of this project, and they look forward to interacting with students to ensure they are aware of their responsibilities and obligations as London residents.

"LPS welcomes all students arriving for the start of sessions," Bough said. "Be good neighbours and show

neighbourhood."

Bough and Scrivens invited students to become aware of their campus' safety protocols and resources, drink responsibly, have fun while being safe, and not attend nuisance or unlawful street parties.

## How to prepare for Fanshawe's Career Opportunities Fair



Zoë **Alexandra** King (she/her) INTERROBANG

On Sept. 27, Fanshawe College will be hosting its Career Opportunities Fair from 10 a.m. to 2 p.m. in the Glen Johnston Athletic Centre. The J Gym in the Wellness and Fitness Centre will have over 150 companies offering employment opportunities in a variety of different industries. Students who are seeking job employment are encouraged to attend this event well-prepared for a successful day of networking

Prior to the event, there are a few preparative steps that can help you make an impactful connection. Brigitte MacKinnon, Fanshawe Career Services Relations Representative said students can access the Employment and Student Entrepreneurial Services like Career Services, Co-operative Education, Leap Junction and Community Employment Services to help prepare for the event.

The Career Services department can assist with building your resume, which should highlight your work experience, school experience, any highlights of qualifications, as well as anything else that is relative to your field of work. If you're a student who doesn't have a resume, if you need help with making it look professional, or if you simply just want a pair of experienced eyes to look over it, consider visiting Career Services.

If you're in a co-operative program, you will have an assigned co-op consultant who you can directly reach out to for help with your resume, cover letters, interview prep, and more.

One of the recommendations from MacKinnon included students printing "many" copies of their resume for the day of to give to the employers.

After you have your resume sorted, another preparative step is organizing your apparel for the day. Researching your target industry in advance can give you good insight on how to dress. Fanshawe also has a program in place to help you dress for success.

'Students that don't have access to business casual attire can use the Career Closet Services," MacKinnon said. "All they have to do is come into Career Services in D1063 and they can borrow clothing.

MacKinnon also mentioned that there will be a few racks of clothing at the fair itself that can be borrowed "right then and there."

The next thing that can be quite critical to the success of a student's networking activities is what's known as their elevator pitch.

"[This means] having some knowledge about how to network with employers and initiate conversations, as well as how to answer interview questions," MacKinnon said. "They will likely be asked on the spot interview questions or could be asked to attend an interview.'

Creating a script or having bullet points of what you think will increase your chances of obtaining a job with an employer can be a helpful tactic when it comes to your interactions at the fair.

When creating your script/bullet points, it's a good idea to research the companies that are attending the



CREDIT: FANSHAWE COLLEGE

Fanshawe will hold its annual fall Career Opportunities Fair on Sept. 27.

event to find out a little bit about who they are, the services they provide, and other useful information to do with them. Students can access a list of the employers that are attending by logging into their MyFanshawe to a page called Career Opportunities Fair.

The last tip for preparing for the fair would be making sure your LinkedIn page is updated and professional for employers to view. Your LinkedIn page can be linked on your resume. Another way students can promote their LinkedIn is by creating a digital QR code

that can be given to employers. Should students have issues doing this, the Careers Services department can help.

One of the general tips that MacKinnon gave included students attending the Career Services workshops throughout the year to help with the many factors that influence an employer extending a job offer. Secondly, MacKinnon reminded students that even the companies that might not be in your targeted industry will still be worth speaking to. A company in an entirely different field may need the services that you can offer even if they aren't directly advertising that.

Something to keep in mind before attending the fair is that there is a registration system in place where students will need to show their student card to enter the gym.

This event can be extremely beneficial to anyone who is seeking employment. Whether full-time or part-time, having the opportunity to build connections should never be passed up on when looking to build up your network and meet employers.

## Take advantage of portable chargers on campus



**Gracia Espinosa** (she/her) INTERROBANG

In January, the global network of portable chargers arrived at Fanshawe College thanks to BRICK, a Swedish corporation launched in January 2020. Today, BRICK can be found worldwide, in Ireland, Morocco, this case, the company itself contacted Fanshawe College to install these mobile power bank stations.

"We started with the small power station with six slots at the FSU and library front desk. And then we expanded to a large station (BRICK Skyscraper) with 48 slots in Oasis, and we're looking to have more stations in other places of the college," said Fanshawe Student Union (FSU) President Stephin Sathya.

According to the BRICK website, the idea was born out of a student can rent a portable power noticing how dependent people Australia, and Peru. BRICK is also are on their phones. That's why continually adding new markets. In this start-up considers charging mobile phones when needed to be an essential service. According to a study conducted by BRICK,

Millennials (anyone born between 1981 and 1996) and Generation Z, known as Zoomers (anyone born between 1997 and 2013), are the heaviest users of smartphones, which predominantly includes students.

The main difference concerning public charging ports is that people must stay beside the plug until the cell phone charges. With BRICK, bank and return it later to the same station or another on campus. This way, the power bank will be available for someone else.

However, BRICK is for more than just your phone. Sathya explained that students can use them for other devices like tablets. The power banks have iPhone chargers, a mini-USB for Android and a USB-C charger.

The batteries are available 24 hours a day, seven days a week. If a student wants to use them, it is essential to follow these three steps. First, you need to scan the QR code found at each station. Next, you download the application and create an account. Lastly, the student chooses how long to use the portable battery and pays through the application.

The first 48 hours are free, and beyond that the cost is \$1 for 30 minutes and \$5 for a full day.

"Take it for two days before returning it without any charges.



CREDIT: GRACIA ESPINOSA

The worldwide network of BRICK portable chargers is at Fanshawe College, and the largest station is next to Oasis

So, if it's more than three days and you still need to replace it, they charge your credit card," added Sathya.

The application warns that if a user doesn't return the power bank at a station after five days, the user will receive a charge to their card of \$45.



## **Transit fares** to increase in 2024



CREDIT: GRACIA ESPINOSA

The London Transit Commission (LTC) is proposing an increase in funding which could



Gracia **Espinosa** (she/her) **INTERROBANG** 

It will soon become more costly to ride the bus in London.

The London Transit Commission (LTC) has said it will require more financial support from both the city and riders, estimating an increase of \$109.9 million in the current budget in order to maintain its current level

"Unfortunately, about 90 per cent of our budget is for the service on the road," said Kelly Paleczny, LTC General Manager. "The only way to reduce that budget is to reduce service. So, if we wanted to maintain the same level of service, there was no way of avoiding looking at both the fare increase and the increase we're asking for in the city. The major cost drivers in our budget, labour, fuel (45 per cent higher than the current multi-year budget), and general insurance (48 per cent higher during the current multi-year budget), have raised exponentially over the last few years.

The last time the LTC increased its fares was in 2020. According to the staff report from the LTC published on Sept. 25, 2019, the price of bus passes increased by 17 per cent, while cash fares increased by 9 per cent. So, the unlimited ride city pass went from \$81 to \$95, and the single cash fares for adults, seniors and students went from \$2.25 to \$3

"Twelve years passed before the fare increase in 2020. So, we went a long time without a fare increase. But inflation is something beyond our control. We must continue to present a balanced budget. This significant increase will last us through the next four-year budget cycle. But you know what? If inflation continues to go the way it has, there may be a need for another increase that at some point sooner than that four-year window," Paleczny said.

The increase proposed for January 2024 will be approximately between 18 and 20 per cent.

#### The new prices break down this way:

- Cash fare rises between \$3.50 (18 per cent) and \$3.75 (20 per cent) for adults
- Five-ticket strips for adults rise from \$13.25 (18 per cent) to \$13.50 (20 per cent)
- An unlimited monthly bus pass will jump to \$112.00 (18 per cent) or \$114.00 (20 per cent)
- Bus passes for post-secondary, youth and low-income earners will rise between \$72.00 (18 per cent) and \$73.00 (20 per cent)

The increase would not affect Fanshawe College students studying during the 2023-24 academic term, who have already paid for a city pass in their fees.

We have had a contract with the LTC since 2000. So, we negotiated an agreement specifically for the student pass; the city fares are entirely separate. So, whatever they charge for the city is completely different from that agreement," clarified Carol Balzer, Senior Director of Operations of Fanshawe Student Union (FSU).

But this could change going

'We must raise about \$3.5 million from a fare increase. So, we're returning to the commission at the end of September with recommendations concerning where those increases will be and which categories will impact," explained Paleczny.

## "Chaotic and slow:" Construction puts a strain on students' commutes



**Mauricio** Prado (he/him) **INTERROBANG** 

Construction season in London has reached a new peak with the closure of several downtown arteries and roads surrounding Fanshawe College and Western University. According to the City of London, the city is experiencing a record-breaking year for construction, with more than \$200 million worth of developments. Some projects include constructing new bike lanes, building the groundwork for rapid transit, repairing sidewalks, repaving roads, and improving the streets.

Fanshawe College Electronics and Embedded Systems Development student Cesar Rivera said the traffic around the city has been 'chaotic and slow.'

"Even though I have a car, I cannot get to most places on time because of the multiple closed roads and detours I have to take," Rivera said. "I do not live far away from college, but with the traffic, it feels

Rivera added that sometimes the side roads are crowded with traffic, other choice than to wait."

Fanshawe Student Union (FSU) president Stephin Sathya said that September is when Fanshawe College has its most significant student intake each year, and it is sad that all the construction projects are happening simultaneously.

"The transit system is difficult and confusing to understand as it normally is at the beginning," Sathya said. "New students must understand the traffic system and the detours and delays it represents."

Sathya added that he understands feeling lost with the routes because he faced the same issues when he was new to the country.

"I did not even know you had to check your bus stop number and things like that," Sathya said.

Fanshawe College Manufacturing Engineering Technician student Camila Lacayo said that she deals with crowded buses, traffic, delays and detours whenever she wants

"The majority of times, when I am using the bus, I am standing because there are no seats available, Lacayo said. "It is not a pleasant experience.'

She added that despite getting ready to attend classes early,

making him feel "stuck and with no she is always late due to the traffic

Sathya said that the FSU would meet with the London City Transit (LTC) Commission to discuss the issues students, in general, have been having with the transit system to know how they plan to respond to the demands and problems.

'We have heard multiple complaints, mainly about routes 25, 27 and 17," Sathya said.

Sathya said they demand to be listened to because students make a "considerable chunk" of the LTC finances.

'We are going to advocate strongly to get the information that we need and the help that we require from them," Sathya said. "They need to listen to us to help the students better because we have a deal with LTC to provide the bus pass at a subsidized rate.'

Sathya added that many of the proposed projects will be beneficial to students in the long run.

"They have proposed new stations and stops in the areas that most of our students are coming from, especially near the downtown area," Sathya said. "It will benefit all of us because it would be easier and faster to travel to other campuses."



CREDIT: MAURICIO PRADO

Construction season in London has reached a new peak with the closure of several downtown arteries and roads surrounding

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# Grief & Eugenics: An Ableist Horror Story, Part Three



Adam D. Kearney (he/they) CONTRIBUTION

This article is Part Three in a series of excerpts from Fanshawe grad Adam D. Kearney's essay, Grief & Eugenics: An Ableist **Horror Story.** 

Societies have long dealt with situations involving people with disability through a lens of negativity, as though it was a problem needing a final solution and ignoring the nuance and individual subtlety of disability. If you aren't Jesus and magically curing folks isn't an option then what do you do? Institutionalize, sterilize and exterminate in a practice known as Eugenics.

When individuals were not able to be cared for at home by family, institutions were set up to house people with disability en masse. Unfortunately, I am sure you can imagine the kinds of conditions folks were forced to live in. Things were not much better if someone lived at home with family; as they were essentially on house arrest and not allowed to socialize with the common public.

Punishment was thought to be appropriate for individuals with physical disability should they leave the house or escape the prison-like institutions in 1729 England. Eventually America got wise to this idea and in 1881 started passing what are now referred to as the Ugly Laws. These laws were specifically targeted at impoverished and/or disabled community members by either incarcerating or fining them for being in public. For example Chicago passed this into law:

"Any person who is diseased, maimed, mutilated, or in any way deformed, so as to be an unsightly or disgusting object, or an improper person to be allowed in or on the streets, highways, thoroughfares, or public places in the city, shall not therein or thereon expose himself or herself to public view, under the penalty of a fine of \$1 for each offense (Chicago City Code 1881)" (\$1 in 1881 is roughly \$30 in 2023).

Often the people who were arrested were then shipped off to poor houses or work farms, to ensure they remained segregated.

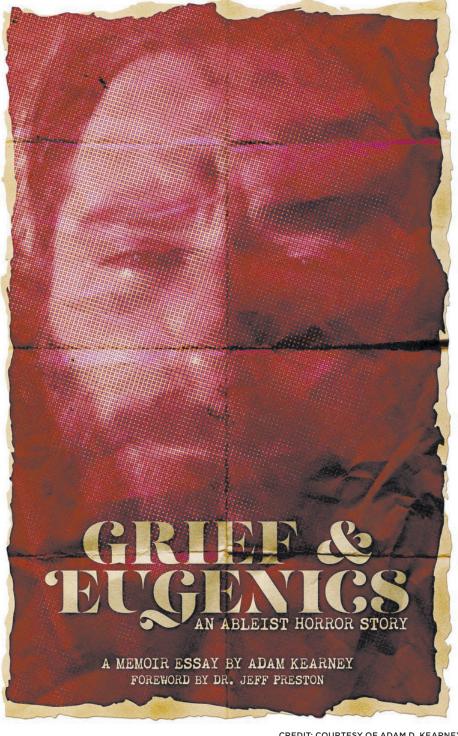
America quickly became the shining example to the world of how to manage populations that were deemed inferior. So much so that a young rising power in Germany looked to the lessons Uncle Sam had to offer to start writing their own legislation. In 1933, Nazi Germany passed the Law for the Prevention of Hereditarily Defective Offspring based on laws already written by the Eugenics Record Office in the United States of America. From this law it is estimated that 360,000 people with diagnosis ranging from schizophrenia to chronic alcoholism and other forms of social deviance were sterilized between 1933 and 1939. At which point the government passed Aktion T4 which authorized the involuntary euthanasia, or mercy killings as Goebbles would phrase it in his propaganda films, for people with physical and mental disability. Although largely undocumented, people with disability would be the first victims of mass murder by the Nazis. By the end of the war they would go on to kill an estimated 275,000 to 300,000 people with disability.

Though social revolutions have happened around the world (the Ugly Laws remained on the books until 1974 in America) to help give disabled folks rights, forced institutionalizations and sterilizations are still happening to this day. Just this past November, after 10 long years of fighting, a woman in Halifax was able to move out of a Long-Term Care facility and into her own community. If you are looking for a real horror story google what the "Ashley Treatment" is. It symbolizes the atrocities bodies with disability have had to endure to make non-disabled people more comfortable.

This is the inherited grief that people with disabilities carry with them as they move through their life, forever looking for an escape from systems that impose suffering upon them. Some folks find the courage to advocate for systemic change. Others try to find serenity in accepting the fates forced upon them. Myself, I took another path, which led me to discover a grief few people have experienced. My only hope is that by sharing my experience it may help other people, whether that be to connect, share, be seen, and/or heal.

To be continued...

This memoir essay was published as a zine in Jan. 2023. If you enjoy it and feel you would like to support the author, you can find a pay what you can PDF or purchase a physical copy at handcutcompany.com.



CREDIT: COURTESY OF ADAM D. KEARNEY

People with disabilities carry an inherited grief with them through their lives.

## The convenience of cloud gaming



**Konstantinos Drossos** (he/him) INTERROBANG

Since tech giants like Microsoft and Sony have released game streaming platforms to their customers, accessibility to gaming has never been better. Streaming offers many benefits both financially and efficiency-wise.

This technology has now given companies the ability to expand their services and offer them to a whole new demographic at a much cheaper rate. Now all people need to do is get ahold of either a Play Station 5 or Xbox controller and play rather than dropping an arm and a leg for a new console.

\$17/ month to use their service. Being that I'm a loyal Xbox gamer, I have missed out on the opportunity of playing Sony platform exclusive games. That is, until I got a three-month subscription for their cloud service. I was able to play many great titles like God of War and Ghost of Tsushima from my desktop at home.

As a PC gamer, I already have most of the space on my computer taken up by games I downloaded from Steam. I was able to stream the new Bethesda game Starfield with



CREDIT: TRAFFIC\_ANALYZER

Some of the subscriptions charge as much as Cloud gaming offers convenience to gamers when it comes to things like hardware and finances.

no performance issues, with some occasional lags due to a faulty internet connection.

Before joining the PC family, I was an Xbox One gamer. The new generation of consoles had been released and the prices for them were unreasonably expensive and the new games released were playable on the current generation. Xbox released Game Pass Ultimate which offered a select number of next and current generation games to play without having to

download them to my Xbox.

The first game I played was Forza Horizons, released only for the Xbox Series X/S consoles. For the first time, I was able to play games at a higher frame rate unlike the normal 30 frames per second lock that most games were limited to. It blew my mind that I was able to do that without having to go and spend a bunch of money on a new console.

The only downside for a service like this

is the issue of multiplayer games. Streaming games takes a huge toll on the bandwidth of your internet and the same applies to many multiplayer games. When simultaneously playing both at the same time, it tends to collapse on itself and ruin the enjoyment for players.

For the future, companies should look further into making these services more sustainable when running these heavy-duty games that eat up so much data.





Zoë Alexandra King (she/her) **INTERROBANG** 

In typical Virgo rising style, finding apps that can help me clear the clutter in my studies has always been important to me. In my high school years, apps like Evernote that incorporated technology in student's curriculums were becoming popular. I started using Evernote when I was 15, and since then I've kept all my education notes in a digital format. I've found that keeping my notes in an organized way encouraged me to read the content and helped me to understand the course material better than writing in a physical notebook.

If you're looking to step up your A-game with your notes this semester these are the apps that I recommend using:

#### 1. Google Drive

If you have a Gmail account, you have access to apps such as Google Photos, Google Docs, Google Sheets, and many more. I've found Google Drive extremely helpful for my time not only in school but also in the workplace. The great thing about Google Docs is how easy it is to share between yourself and other people. Using Google Docs is the absolute best for any type of group work you have. In my opinion, Google Drive is not only a great cloud service, but also a great way to connect work with other people. This is one of my favourite digital applications to use for school and work.

#### 2. Pulse

I started using Pulse during my first semester at Fanshawe. I have this app downloaded on my phone which is perfect for receiving announcements from professors as soon as they are posted. Additionally, your FanshaweOnline (FOL) calendar is connected to Pulse, so if any deadlines are approaching, the app will notify you. Usually, I plan my school week in advance, which allows me to have time to prepare for any assignments or quizzes. However, it is certainly a handy tool to keep me in check should I have missed something in my preparations.

#### 3. Notion

This is an app that I started using at the beginning of summer. I have Notion on my phone and my laptop so that I can access information quickly and easily. Notion has many free templates to choose from, which I personally love! It's great because it has templates for school, but I also used a template to plan a trip abroad. Another great feature of Notion is that you can share access with other my bosses so that they can have a view of last three years of college.

what my weekly tasks look like and add to it as well. The notes templates are supreme! One of my favourite templates that I always find myself grabbing at is their Example Brainstorm template under the Docs Templates. I've found this super handy when it comes to in-class activities.

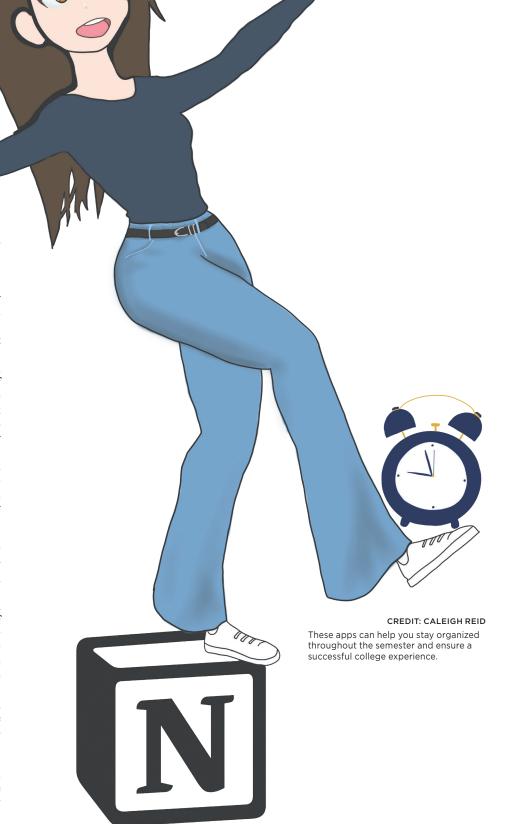
#### 4. Readanywhere/Textbook Apps

Having textbook apps on my phone has been a lifesaver and generally it's just super convenient. When exam season arrives, it's safe to say that reading a chapter of a textbook before attending a class can seem next to impossible when you're preparing for finals or working a part-time job. There have been times in the past where I've found myself reading a chapter on my phone while on the bus to school. Additionally, revising textbook notes on your phone would be much easier to do before an exam as opposed to taking your computer out or an actual physical textbook. Readanywhere is an app that is connected to McGraw Hill, which was one of my textbooks. However, most of the time when you buy a digital book, instructions about apps for phones will be provided.

#### 5. Notability

For those who have an iPad, Notability might be your next best friend. Notability is recognized as one of the best-selling paid note-taking apps on the app store. While Notability can be used on a Mac, iPad, iPhone, and Windows device, in my opinion the use of Notability note templates on iPads is really what they are known for. This is simply because with an iPad you can use the Apple Pencil on Notability as it's super compatible with its Highly Responsive Ink.

These are some of the apps that I've used in the past (and will probably continue to use in the future) that I think can help students to succeed in organizing their notes for school and even in the workplace. If you're struggling to organize your notes in a structured manner, I highly recommend checking out the people. Personally, I have shared pages with above apps, they have been a big part of my





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# How cloud storage is helping students excel



## Konstantinos Drossos (he/him) | Interrobang

loud storage and workspaces have revolutionized the way students complete work. Cloud storage offers alternative and efficient methods to students by letting them access their files wherever or whenever by simply being connected to the Internet with the added benefit of not being limited to one machine.

Since the release of services like Google Drive and OneDrive, doing work has never felt easier. Gone are the days of worrying about faulty USB sticks or hard drives. Physical hard drives may offer things like larger storage space, but cloud services offer yearly subscription prices that end up being half the price of an actual device.

Many students at Fanshawe have utilized cloud storage to help them have a more personalized workflow that matches their schedule.

For Alberto Silva, cloud storage plays an important part in his day to day life as a student.

"For me it is very important because all my data files, my assignments, all my studies, I keep leaning on the storage on the clouds for example, so I believe that it has huge importance for everyone on the campus as well," Silva said.

Before coming to Brazil, Silva used to
work in data centres. Having some
background knowledge on how
cloud storage worked helped him in
understanding their internal structures.

Nepam Singh, a business finance student, discussed how cloud storage helps keep him organized and expressed the advantage it gives him to upload files from his cloud straight into his submissions on Fanshawe Online (FOL).

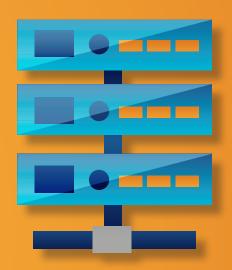
"I can put my submission and everything on the cloud on my computer at my home and I can use those same files to submit from the cloud, so it is really helpful for my submissions in college," Singh said.

With collaborative projects, cloud programs make it easy for students to work on assignments all at once which allows them to be on the same page with their peers. Brooklyn Gilmore mentioned the accessibility it's given her when working on collective assignments for her classes.

"Working from anywhere you're able to share docs and stuff on a lot of them, so group projects, it makes it really easy," Gilmore said.

Despite its many benefits, Fanshawe does not currently offer any kind of cloud storage for students. Gilmore said she believes students shouldn't have to pay

for more storage and that because cloud services are being used for school work, more storage should be offered at no extra cost.



"We are already paying for school so it should come with it," Gilmore said.

Google has reported that over one billion users utilize their service. All the data that gets uploaded is stored in massive warehouses called server farms, which serves as the storage placement. These massive warehouses have complex ventilation units that filter out the excess heat so that the computers can overload. Server farms tend to reach crazy temperatures, ranging from 104-122 degrees which is warm enough for a planet to sustain human life.

Cloud storage has allowed us to bring our work with us wherever we go and has eased the constant worry of looking for extra space. For students, cloud storage is an essential tool that offers much-needed flexibility for completing assignments or sharing them with classmates and making group work easier to manage remotely. Whether you are in a business or art course, cloud storage can accommodate large file sizes allowing to leave your physical backpack or hard drive at home and go to school without hassle.



11:15

# Professional vs. personal social media presence

#### Zoë Alexandra King (she/her) | Interrobang

ver the years, social media has evolved from its initial purpose of personal enjoyment and entertainment to a tool that is used in almost every professional space. The creation of digital marketing has been sculpted to reach a person or businesses' specific target market by simply using analytics to source information. All this to say, it is important for students to understand the social media shift from either personal to professional, or a combination of both.

It can be difficult to understand how to navigate a social media presence when you want to incorporate your professional life with your personal.

According to the Social Media Communication Officer at Fanshawe College, Sarah Wells, these are some of the questions you can ask yourself:

**(1** 

How much are you going to share in a professional capacity versus what you're going to share in a personal capacity that can lead to safety concerns, employment concerns?

(2)

Are you aware of who's following you and why they are following you?

(3)

What information are you comfortable sharing?

(4)

How do you want to position yourself in a professional capacity? Is that the same as your personal? If you're an avid social media user, whether it be for personal use or professional use, you've likely come across a series of different types of accounts. Some people choose to have a private social media account that is shared with only a selected amount of people, whilst also having a separate professional account that is made public to appear as their social media presence. This option is best for people who aren't comfortable with sharing their personal life with everyone but still need to have a professional presence for themselves. On the other hand, for those who work in industries that go hand-in-hand with their personal life, it may make more sense for them to combine their accounts.

An agent from eXp Realty, Holly Green, shared that there are certain platforms/pages that she keeps on private and others that she keeps professional with some relatable personal content.

"I do find that there are a lot of businesses that merge the two and post a little bit of personal and a little bit of business," Green said.

Some platforms have been introduced as a professional tool such as LinkedIn or Facebook's Meta for Business. That said, it doesn't mean that other platforms such as TikTok and Instagram can't be used in a professional aspect.

Green acknowledged that her Instagram account is a blend of professional with personal, and because of that, she has to be mindful of what she posts onto that account.

"I try and keep it politics-free as much as I can. I try and make it opinion based unless I have fact-based advice, and I definitely try and keep it fairly neutral," Green said.

One of the ways in which using a blended personal and professional social media account has helped Green in her career is because of the relatable and more "human" aspect that this brings.

"I run into people all the time at different events and it's like they really know me," Green said.

Whilst having separate accounts might sound like the safer option for some, students should be mindful of the challenges that come with doing that.

According to Fanshawe Student Union (FSU) President, Stephin Sathya, when he created a separate Instagram account for professional use, it was difficult to transfer his following from his personal account to the professional one.

"I tried to shift all of my friends over to the professional account, but it didn't have the same appeal," Sathya said.

Additionally, Sathya acknowledged that he made the move to combine his two accounts to gain more reach and because of the analytics tool on Instagram, he was able to see the positive impact in this.

Social media is a very diverse tool that has become a part of our daily lives. When it comes to distinguishing your personal and professional accounts as well as platform privacy settings, it's important to take note of your company policies in this regard, what benefit you will gain from a professional account and lastly who your niche target is.

Consider your steps creating an online presence carefully so that it enhances your career path in a way that you are comfortable with.



# BALANCING SCHOOL, WORK AND GAMING WHILE IN COLLEGE



Alex Allan (he/him) | Interrobang

It can be overwhelming for students only to focus on school work when they've just started their college journey. Although there are many other ways to take breaks from assignments or studying, video games are one way to take your mind off of school.

According to a study from Reviewlution, around 64 per cent of Canadians play video games on a regular basis. Most colleges nowadays even have places for students to play video games in between classes or have the opportunity to join Esport teams. With technology drastically changing year to year, video games have been a way to escape reality for a bit

Students here at Fanshawe said that they enjoy having a place where they can go to game because it can help manage their school work. They have also been more intuitive to stay on a schedule to finish school work so they can go play video games. Fanshawe Ultimate Esports League (FUEL) captain from *Overwatch* Albert Butros, also known as their gamer tag LightNReset, said they manage their time between school with gaming.

"I create a list of all my classes and tasks I need to get done throughout the week, I don't waste time during class so I understand the content to my full ability. It means when I get home I don't waste any time getting to my school work, I will take five-minute breaks to refresh my memory once every 30 minutes or so. Then I can play for the rest of the night and do other training with my teammates and help them improve," LightNReset said.

The balance can be a struggle for other college students though. Some assignments, projects and study sessions can be quite stressful. Since video games don't require a lot of effort, it is an easy way to cling onto a certain game to distract yourself from the other stress that might be daunting to think about. Even though video games might be used to distract yourself from stressful work, Veronica Visla, also known by her gamer tag TheOddRadish, believes that gaming has helped towards her school work but it also can be tough.

"After I finish gaming, I still need to take a break afterwards before I jump into schoolwork, since I'm in the video game design program I actually critique the games I'm playing so it's hard to jump back into school work after that," TheOddRaddish said.

Even though video games are used to escape reality for a bit and get your mind off of other tasks at hand, it also has benefits while in school. One of those is that it teaches teamwork and this can be quite handy when students are having to work together on projects and in group settings.

"It has helped a lot with team building, I've noticed when I'm in class I will talk more to my classmates the next day if I was up a bit later gaming with friends online and I feel that it's more of a safer environment for myself when I'm in class," TheOddRadish said.

It will be interesting to see how video games will keep adapting into our day to day lives. From *Valorant* or even *Candy Crush* on your phone, games are a way to relieve some stress from our busy lives.





# THE VIRTUAL REALITY ERA HAS COME TO FANSHAWE

Mauricio Prado (he/him) | Interrobang

A decade ago, virtual reality (VR) was just an idea some dreamed of; it was only seen in movies. Nowadays, interacting with artificial three-dimensional sensory visuals has become a reality. It is not uncommon to see videos on the internet of people using VR to have fun, play video games and stream.

The reality is that using VR to have fun is just one of its many uses. As technology advances, new ways of implementing it in daily life have arisen. Several learning institutions are seeing it as a new learning tool that can be used to teach in a more immersive way. One of those learning institutions is Fanshawe, but how can programs benefit from it?

Lili Sun, a Fanshawe respiratory therapy student who has previously used VR in her program, said that it improved her soft, interview, people, and conflict resolution skills.

"I feel that it combines education with a bit of fun," said Sun. "So, people are more engaged in learning because they are having a good time."

The healthcare industry has become a big adopter of VR technology. A Harvard Business Review study found that VR training improved participants' overall surgical performance by 230 per cent compared with traditional methods.

"I managed difficult situations without endangering patients," said Sun. "The best part is that everything is recorded, and I received feedback right away from the software on how I was doing and what I can improve on."

She said that with VR, people can have a hospital experience while still in school without waiting years for their practice.

Kathy Butler, coordinator of the School of Tourism, Hospitality

and Culinary Arts at Fanshawe, said they use VR to help students with communication and customer service skills.

"VR has assisted us in improving hard skills in students, such as knife skills in the culinary arts, which is amazing because no one can get hurt in an accident," said Butler. "I have received good feedback from students; they absolutely love it."

Butler said they are exploring to see what they can do to make a more authentic and immersive experience feel more natural.

"I teach hotel operations, and VR allows my students to improve their skills without having a fear of making a mistake at the front desk of an actual hotel," said Butler. "You can check in and check out customers in VR instead of having to roleplay in the classroom."

Tania Killian, manager of the Simulation Laboratory at Fanshawe, stated that she does not see a program that would not benefit from VR.

"The welding and interior design programs were the first two programs that started using VR. The results and positive feedback we have gotten have been overwhelmingly good," said Killian. "We do not like our students to go into dangerous or hostile environments without practice, but with VR, they can get the same experience without the danger."

According to Research and Markets, the global virtual reality in education market grew from \$8.67 billion in 2022 to \$11.95 billion in 2023. By 2027, it is expected to grow to \$46.14 billion.

Killian said that teachers are excited as well. Since it is a new way of teaching, she is having sessions with the teachers to get them comfortable with the equipment.

"We, in college, are trying to approach this new technology from all areas, not only for educational purposes but for fun stuff too. Students services are going to get a couple of headsets for students to rent in the library whenever they want and have fun with them," said Killian.

She said they would do pilot testing during the semester, along with body swaps and new pods across campus.

"If you are using the right technology for the right reason, new opportunities and horizons will arise," said Killian.



# Needs vs. wants: When mobile phones became boring



**Justin** Koehler (he/him) INTERROBANG

Remember Lethal Weapon, The Matrix, Tomorrow Never Dies, and Charlie's Angels?

While many look at that list and see a number of various action movies, some will remember the unique phones featured in each, all from a time when the mobile landscape was still changing and evolving. Back in the 1980s to the 2000s, when mobile phones were still a "want" rather than a "need," these devices were still figuring out what they wanted to be.

With that, companies were experimenting with new and innovative ideas, making the chunks of technology in our hands more fun and unique.

The Motorola Razr, Nokia's 3310, the Ericsson T28, the LG Chocolate, all are products of a time when phones were not only identifiable, but also were actively adapting the space they were in.

Compare that with today, looking at the 15th generation of iPhones and Samsung's Galaxy S23; just two examples of companies often making similar products from one generation to another with only marginal upgrades.

Some people look at the recent crop of modern smartphones and see companies prioritizing profits lined design.

as the main reason for the unexciting direction phones have taken.

'The smartphone world has been shepherded by the twin forces of software and economic pragmatism into an endless sea of slightly varied rectangles," said Technology Writer and Mobile Expert Michael Fisher, who has been integrated in the mobile space since being a contributing editor for Pocketnow since 2012.

While Fisher cited software and the current economic landscape as primary factors, some believe that phones really became boring when they shifted from being a "want" in society to a "need."

While phones were once solely used for socializing and general communication, phones are now one of the primary tools used for scheduling, educating, communicating, dating, and nearly all avenues of people's daily lives.

It's nearly impossible not to need a smartphone for work, for school, or for staying socially active, with mobile phones now becoming an integral part of our lives.

With how often people are accessing and using their phones, it means efficiency and simplicity have become two of the top contributors to phone use and sales.

This means that the fun has been taken out in favour of stream-



CREDIT: CALEIGH REID

The design of mobile phones has become bland over time as necessity has slowly outweighed style.

"Don't get me wrong, I still love my smartphones, but you've got to admit for the past few years the design language of the whole category has gotten pretty stale."

While many people miss the fun days of varied designs, unique colours, and mechanical differences from one phone to the next, those days may not be too far off from returning with the return of folding phones.

"If you look at the experimentation and the risks being taken in that space, you get a taste of what it was like to buy your phones in the first decade of the 21st century,"

Already we've seen the standard flip style such as 2019s new Motorola Razr, the folding tablet style such as the Google Pixel Fold, the tri-folding large style of Samsung's upcoming tri-fold Galaxy Fold, and more.

On top of that, various developments in the bending screens, tightening hinges, and more are being released with each new variant.

While phones will eventually again return to a time of boring simplicity, it's a sight for sore eyes to see another mobile boom may be on the horizon.

## **Grand Theatre names new Artistic Director**



**Gracia Espinosa** (she/her) INTERROBANG

Rachel Peake is a director and playwright for theatre and opera and is now taking on the role of London Grand Theatre's Artistic Director. Peake assumes the role starting on Oct. 2, and said she is excited to begin working and living in London.

"I like the idea of living in a town that is big enough to have a lot of the amenities and the things that you love about being in a big city but also feels small enough that you can get to know it and that the work that we do can have an impact," said Peake.

Peake has spent the last few years working as associate Artistic Director of the Arts Club Theatre Company in Vancouver, Canada's largest urban theatre company. In January, Peake received the Ovation Award for Best Direction for Something Rotten!

Peake spoke highly of the theatre community in London.

"There's a great theatre community that surrounds London," she said. "So, I will be a part of that and work with the artists from here. It's stimulating to bring my knowledge and experience to this new environment. It's a beautiful theatre." Regarding attracting a younger audience to the theatre, the new Artistic Director explained that they are studying the possibility of offering shows at more affordable prices for students, especially those who come from abroad. At the same time, they



CREDIT: GRACIA ESPINOSA

The new Artistic Director for London's Grand Theatre (pictured) will take up her position starting Oct. 2.

are also thinking about creative *ELF* in the last Christmas show, who activities to motivate them to go to the theatre because, for Peake, the most crucial thing is to make it clear that everyone has a place in the Grand Theatre.

'Our youth and school-age programming will help create lifelong theatregoers. So, those who attended

went to see Charlie and the Chocolate Factory this year, and those who are involved in the high school project or come to any of these shows will be the future attendees of our theatre," Peake explained.

Peake already has thoughts about next season.

"I have an extensive history in new play development, so I'll bring that experience to the COMPASS.

The COMPASS program brings theatrical or musical works to the stage based on local stories from the London region. The Artistic Director of London's Grand Theatre in 2016, Dennis Garnhum, oversaw this idea.

Lastly, Peake spoke to the Grand's iconic status among Londoners.

"It is inspiring that everyone in London, regardless of their socioeconomic status, cultural history, or whatever type of community they belong to, sees the Grand Theatre as their home and feels that the doors are open and welcome here."





How beneficial is your Fitbit for improving your health and wellness?

CREDIT: ASIAVISION

## Revolutionizing with wearable tech

**Eseoghene** Mary Akpojivi INTERROBANG

In the age of digital innovation, the world of fashion is no longer confined to fabrics and designs alone. It has expanded into the realm of technology, with wearables that offer both style and functionality. From wristbands that monitor your sleep patterns to athletic shoes that double as fitness trackers, and even watches that serve as miniature computers, wearable tech is transforming the way we interact with our clothing and accessories.

In today's health-conscious society, fitness tracking wristbands have gained immense popularity which has become an integral part of many people's daily routines. These devices, exemplified by brands like Fitbit and Garmin, have become essential tools for individuals aiming to maintain an active lifestyle. Fitbit boasts a wide range of fitness trackers that monitor steps, sleep quality, heart rate, and more.

Sleep is also a vital component of overall well-being. Wearable wristbands have revolutionized the way we understand our sleep habits. They use advanced sensors to track sleep cycles, providing insights that help users improve their sleep quality overtime. According to a smartphone. This trend has reshaped report by Statista, the global wearable fitness technology industry was valued at \$30.4 billion in 2020, highlighting the widespread adoption of these devices.

Athletic shoes have also gone high-tech with the integration of fitness monitoring capabilities. Leading sportswear companies like Under Armour and Nike have embraced the wearable tech trend. Smart shoes are equipped with sensors and connectivity features that collect data on your stride, cadence, and foot pressure. This data assists athletes and fitness enthusiasts and can help reduce the risk of injury. Smart shoes provide real-time feedback to users through smartphone apps, enabling them to make immediate adjustments to improve their athletic performance.

Lucas Fernandino, fitness coordinator at Fanshawe College said these devices can be useful for those looking for feedback on their fitness.

'If you use the Apple Watch, it has a lot of features for strength training, CrossFit, training for running, for rowing, indoor rowing, outdoor rowing, running...walking," Fernandino said.

The wristwatch, meanwhile, has evolved from a timekeeping device into a powerful mini-computer. Brands like Apple, Samsung, and Garmin offer a wide range of smartwatches that not only tell time but also allow users to make calls, send messages, track fitness, and access a plethora of applications. Smartwatches have become essential tools for maintaining connectivity without the need for a separate the way we communicate and stay informed. In 2020, Apple reported selling over 30 million units of its Apple Watch, emphasizing the growing demand for smartwatches.

Fernandino said that Apple Watch's feature to track your heart rate is incredibly helpful for those looking to manage their health and wellness.

'There's a sensor under the watch that gives feedback and monitor's your heart rate," he said. "It is more connected to your body, they provide feedback on your stability, better ways to move weights a little bit more smoothly, it is more of internal feedback.

Fernandino said that the watch can also offer ideas for your athletic activities like, training, running, and the time you're doing the exercise. It can count your distance and guide you on your exercise behaviour and the number of calories you should be burning doing this exercise.

Fernandino warned however that this technology can sometimes lead to individuals feeling over-confident, which can occasionally lead to injury.

#### The future of wearables

One of the most exciting developments in wearable technology is the emergence of smart glasses. Companies like Google with Project Glass and Microsoft with HoloLens are pioneering the development of glasses that overlay digital information into the real world. These devices can function as hands-free computers, GPS navigation tools, and even augmented reality gaming platforms.

As technology continues to advance, the wearable market is expected to grow exponentially. Innovations like flexible displays, improved battery life, and enhanced sensors will further enhance the capabilities of these devices. Additionally, ethical and privacy concerns surrounding the collection and use of personal data by wearables will continue to be issues of concerns for discussion and regulation.

The fusion of fashion and technology has given rise to new era of wearables that seamlessly blend style with functionality. Whether its wristbands tracking our health, athletic shoes enhancing our performance, smartwatches connecting us to the digital world, or smart glasses augmenting our reality, these innovations are reshaping the way we live, work, and play. As technology continues to evolve, wearable tech is likely to become an even more integral part of our daily lives, blurring the lines between fashion and function.

## **London Latinos** share thoughts on Hispanic **Heritage Month**



Gracia **Espinosa** (she/her) INTERROBANG

National Hispanic Heritage Month is commemorated annually from Sept. 15 until Oct. 15. It recognizes the contribution and influence of Latinos in the history and culture of the United States and around the world

Latinos are also a fundamental part of the community in London.

"I'm from Bogotá, [Colombia], so when I was working on my process of immigration, my agency said that London was famous because it was affordable for international students," said Monica Pabon, Residence Services Lead of Campus Living Centres. "I felt lucky because when I arrived here, one of my professors told me this city had a second nickname, Londombia."

According to the 2021 Census on Statistics Canada, 3,735 Colombians reside in London. That's the highest Latin American community in London, but it's not the only one.

"I noticed that we have a lot of Brazilian and Colombian groups," said the president of the Latino Culture Club at Fanshawe College, Roumaine Aparecida Dos Santos. Santos was born in San Paulo Brazil.

Santos said he wanted to create the group to bring together Latinos from different communities.

"We didn't have a group for Latinos covering all the countries, and we are similar. So, I thought it would

be nice to find a way to get everyone together and feel welcome, especially for those who come without

David Prado is a student who arrived in London a few months ago to start a Web Development and Internet program at Fanshawe College. Prado said the hardest thing about living in Canada is the language barrier and being away from his family.

"For me, the worst thing is going to the supermarket because there are always different names in English. And live alone, of course. Stay away from the family," Prado explained.

Latinos don't just speak Spanish. People from Suriname speak Dutch, in Brazil, the official language is Portuguese, and in Guyana, it is English.

David Rayo worked as a professor of English at Fanshawe College from 2008 to 2013, and he returned to the institution this year. Rayo is bilingual, and he was 12 years old when he moved to London in 1988. He is also a musician and launched in December 2022 with other local Latino artists of the city Latin Roots of London. He was able to use Spanish to connect with fellow Spanish-speakers.

"Being able to sing in Spanish and see people's reactions, how they listen to the songs that, you know, are in another language. It's incredible to hear the responses and comments from the audience," said Rayo.

These four people are a small representation of the Latin community



CREDIT: GRACIA ESPINOSA

David Rayo (pictured) shares why National Hispanic Heritage Month (Sept. 15-Oct. 15)



Have any questions or comments about Fanshawe's Mission, Vision, Values or board policies?

Tel: 519.452.4458 BOG.student@FanshaweC.ca

Tyler Harcourt

Student Representative to The Board of Governors

## Fanshawe graduate, artist presents first solo art exhibition



**Mauricio Prado** (he/him) INTERROBANG

From Sept. 9 to Oct. 7, Fanshawe graduate, and former Interrobang illustrator Ian Indiano is presenting his first solo art exhibition at Good Sport Studio. The exhibition is open to the public on Saturdays from 12 p.m. to 4 p.m.

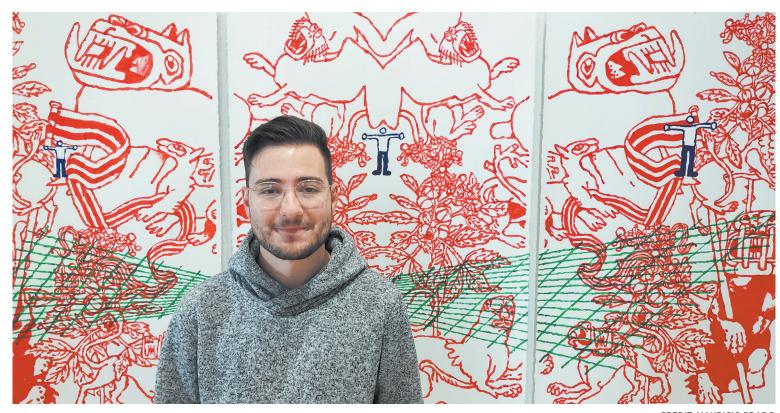
ONE, includes a collection of drawings and paintings that "playfully explore themes such as belonging, roots, and growth." Indiano's artistic process for this exhibition was based on a method of free association, discovering concepts, gestures, images, and ideas, starting from the word "one."

Born in Franca, São Paulo, Brazil, Indiano has worked in various creative fields, including design studios, galleries, and cultural initiatives.

"I have always been passionate about drawings and art ever since I was a little kid," Indiano said. "It was an adventure when I decided to pursue my career in another country, but I knew I was capable."

Indiano said he feels rewarded with this opportunity, but it also leads him to seek out more rewarding experiences in his art.

"It is gratifying in a very particular way that probably only the artists would understand," Indiano said. "Nothing makes me happier than putting stuff on the walls and watching people look and appreciate."



From Sept. 9 to Oct. 7, Fanshawe graduate and artist Ian Indiano is presenting his first solo art exhibition at Good Sport.

He said that drawing has always been the best and easiest way for him to communicate. He added that his friends were consistently impressed by his

"Many friends started noticing my talent, so I just started drawing more frequently. Then I slowly started getting better and more confident about my drawings," Indiano said. "People praising what you do and inspiring you is very influential when you start developing your personality."

drawings when he was in high school.

Indiano said that not everything is good and enjoyable, as every time he does a new artwork, there are insecurities he must overcome.

When you put a lot of effort and time into a piece of art, there is always the insecurity and fear about how people would react," Indiano said. "Every artist deals with that in some way. I do pretty well with it, and most artists do."

He advised every student who wants to pursue a career in the arts in Canada not to give up because Canada greatly benefits from immigrants working in the arts and culture industry.

"We are creators; we create great stuff," Indiano said. "For Canada, that is great because it is where all the different cultures come together to create art."

He said that all his advice is based on his experience and what he has done that has worked for him. Indiano added that his gallery

represents his most important pieces and work.

"In my gallery, people can find weird drawings and funny little paintings that hopefully connect and resonate with them," Indiano said.

He said that a career in the arts is a long-term process that requires dedication and effort.

"People can learn my journey, processes and techniques through my drawings," Indiano said.









CREDIT: KAITLYN HOOPER

Students attend Sexual Health Trivia with host Samantha Bitty in Oasis at Fanshawe's London Campus on Sept. 12

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- 10. "The Cat Came Back" singer Penner
- 14. The / of km/h
- 15. Hit home?
- 16. Sing the praises of, with "about"
- 17. "Disco" guy on "The Simpsons"
- 18. Cheap and easy to come by
- 20. Black and white pod member
- 22. Size for a broad foot
- 23. Bacon-frying sound
- 24. Ship's first sailing
- 27. It might come between neighbours
- 28. They, to Thierry
- 29. Feathered neckwear
- 32. "It was me"
- 34. With 34-Down, decline to participate
- 35. Young blokes
- 36. With 38-Across, art style found in 18-, 24, 45 and 54- Across
- 37. "So \_\_\_\_ me"
- 38. See 36-Across
- 39. Middle keys, on pianos
- 40. "Gilligan's Island" abode
- 41. Fixed, as an election
- 42. Sound of 23-Across
- 43. Trashy writing
- 44. "The Great One" before "The Trade"
- 45. Like French's Ketchup or Dare Maple Leaf Creme Cookies
- 49. 7-Up, in old ads, with "the"
- 52. \_\_\_\_ Na Na
- 53. Key with two sharps: Abbr.
- 54. Devil-child of "The Omen" films
- 57. My, in Milano
- 58. "No ifs, \_\_\_\_ or buts"
- 59. Tristan's love, in a Wagner opera
- 60. Be a poser?

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12

- 61. Dome-shaped Asian home
- 62. Family member named Spot, say
- 63. Canadian Club whiskey, e.g.

DEF

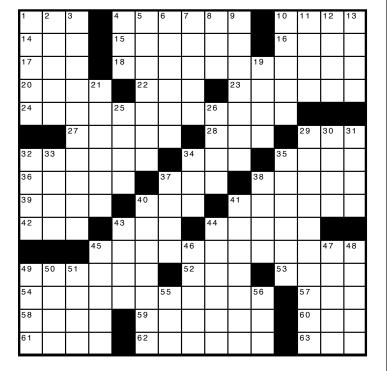
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#### **CROSSWORD**

"Out of Order" by Barb Olson



#### **DOWN**

- 1. \_\_\_\_ salts (bath additive)
- 2. Aquarium fish
- 3. They ward off vampires, supposedly
- 4. Goat's gripe
- 5. Fervent passion
- 6. Weep at a wake
- 7. Old copy machine, with graph
- 8. St. crosser
- 9. "Healthy" potato chip sprinkling
- 10. Stopped dead in one's tracks
- 11. Give a hard time to
- 12. Knievel, who holds the record for surviving the most bones broken in a lifetime
- 13. First Nation of Canada's north
- 19. Ribbing insults
- 21. Belonging to the singer of "Hello" (2015)
- 25. Recorded in a ledger: Abbr.
- 26. "Crikey!"
- 29. This are an examples
- 30. "Garfield" drooler
- 31. "Take \_\_\_\_ song and make it better" (Beatles lyric)

**CRYPTOGRAM** 

K L M N O P Q R S

3 19 12 17 20 13 18 13 5 25

- 32. Dodge rivals
- 33. Driver's turns that are "pulled"
- 34. See 34-Across "Out of Order" by Barb Olson
- 35. "The \_\_\_\_ of Sleepy Hollow"
- 37. Apartment building overseer, for short
- 38. Mrs. Mulroney
- 40. Swigged from the flask
- 41. Actor Montalbán, of "Fantasy Island"
- 43. Visibly ill, in a way
- 44. Waiting, after hearing "Your call is important to us"
- 45. Like a towelette
- 46. "\_\_\_\_ the Sheriff" (Bob Marley)
- 47. Petal puller's flower
- 48. "It's not \_\_\_\_" ("I'm serious")
- 49. Son of Saddam
- 50. Half of Mork's sign-off
- 51. Capt.'s colleague

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55. Deadly fly, when doubled 56. - on a battery: Abbr.

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**BOXPLOT** 

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SOURCES	SCATTER	PROCESSING	GRAPHS
SOFTWARE	CLUSTERS	DATA	
PREDICTIVE	MINING	CAUSALITY	
HYPOTHESES	AESTHETIC	FUNCTIONALITY	

#### **SUDOKU**

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	6			7				
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Puzzle rating: Medium

Fill in the grid so that every row, every column and every 3x3 grid contains the digits 1 through 9. That means no number is repeated in any column, row or box.

## **PUZZLE SOLUTIONS**

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"Our technology forces us to live mythically." — Marshall McLuhan

## FREE INTERROBANG

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**NEW ISSUE ON STANDS** Bi-Weekly







## Digital Artx Club HEY! HAVE YOU HEARD OF PIGITAL ARTX CLUB AT FANSHAWE?

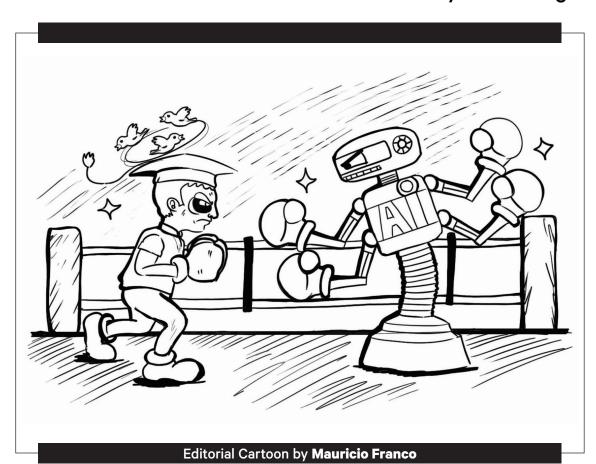






### Freshman Fifteen





# toroscopes

#### Aries

Branch out, try something different, get social, and have fun on the weekends. Explore your options, look for cost-efficient entertainment and pastimes. A challenge you encounter isn't a roadblock; it's a motivation to learn and enrich your life. Don't ignore the possibilities. Timeliness and detail will encourage better connections to people going places. Don't let indulgence and temptation throw you off course. Make unique plans with someone you love and it will promote a healthy relationship. Love and romance are on the rise.

#### awws

Give yourself a push and act instead of pondering over the possibilities and don't overthink a situation. Avoid excessive behaviour and overspending on entertainment. Don't wait until it's too late to make a move. Venture out and see what's available and affordable. Don't hesitate; size up your situation and act. Materialize your thoughts, and the feedback you receive will put your mind at ease and give you the momentum to finish what you start. Stick close to home and settle into your space. Get rid of stuff you no longer need and breathe easy.

#### (zemini

Live life your way. If you choose to watch, you'll regret not participating. A social event will reunite you with someone special. Choose to decline whether someone asks for too much or tempts you with indulgent behaviour. Be careful what you wish for. Emotional troubles will surface if you or someone else doesn't fulfill a promise. Truth and integrity will make a difference in the way things pan out. Put your energy where it counts and you'll reach your destination with a smile and a feeling of accomplishment. Love is in the stars and on the rise.

#### ("ancer

An articulate account of how you feel and what you want will help encourage lifestyle improvements. Someone you think is trustworthy will disappoint you. Words and promises that don't manifest into action aren't worth much. A direct approach is your best bet. Put yourself in the driver's seat and do what makes you happy. Implement changes that position you for opportunities and personal and financial gains. Talks will lead to progress if you are willing to listen to reason and make concessions where necessary. Don't take the bait. Someone will be eager to ruin your plans or cause emotional chaos.

#### Leo

Keep busy and take care of unfinished business. Consider making your lifestyle more minimalist without feeling deprived. Pampering will lift your spirits. How you look will influence your performance, but don't overspend on products that promise the impossible. The best results will come from physical activity that gets your juices flowing. How you live and spend your hardearned cash will determine how happy and content you feel. Get involved and make a difference. If you don't participate, you don't have a say. A romantic encounter will pump you up.

#### ()/irgo

Call on those you can count on for help, honesty, and stimulating conversations and it will change your perspective regarding what's possible. Refuse to let anyone talk you into something you don't want to do or to spend on some-thing you cannot afford. Make choices that suit your needs and budget, and don't feel you have to make excuses. Be true to yourself and bypass the hassle. Stop labouring over what to do and proceed with your plans. A persistent move forward will impress onlookers. Learn from regrets and forge ahead with enthusiasm and belief in yourself. Love and romance are favoured.

An emotional situation can make or break the outcome of a problem you face. Touch base with people who put a smile on your face and spark your imagination and something good will transpire. A chance to improve yourself or a relationship that means the world to you looks promising if you don't overspend. Put more thought into health issues. A wrong move will set you back but doing research and some of the work yourself will make you look like a genius and a winner. A passionate approach to life will benefit your ego and bring you closer to someone special.

#### Scorpio

Change what no longer suits your needs and you'll feel relieved. A disciplined attitude at home will make it easy to adopt a minimalist mindset. Don't feel the need to make excuses for others. Be frank regarding your thoughts and feelings. Positive change begins with you. You'll get the backup you need to finish things on time. Your input and dedication to a cause or someone you care about will make a difference and help you achieve your desired lifestyle. Put more energy into fitness and a healthy diet and lifestyle and the results will help ward off emotional and financial complications.

#### Sagittarius

Monitor your money, possessions, and who you get too close to. You are best to keep your secrets to yourself to avoid interference. Stop worrying about what others do or say and focus on personal growth and self-improvement. An energetic approach to your responsibilities will keep you out of trouble and on the path to advancement. Someone will feed you the wrong information or withhold facts that can influence your subsequent actions. Think and do for yourself and protect your reputation. No pain, no gain. Get into a healthy routine and reap the rewards of doing what's best for you.

#### Capricorn

Refuse to let anger and anxiety take over. Structure your week to ensure you finish your to-do list and clear your head of any negativity you harbour. Cap your entertainment budget to help curb your appetite for indulgent behaviour. Be smart regarding money and health. You'll get your second wind and everything will begin to turn in your favour. Invest in yourself, your home, and your future. Don't fear taking the road less traveled if it ticks off all the boxes on your list. An emotional conversation is best to avoid. Channel your energy into personal growth or learning. Make love, not war.

#### Aguarius

An innovative approach to catching up with personal business will pay off. Refuse to let anyone interfere with your schedule or how you want to do things. You'll be drawn to events and people that aren't in your best interest. Think twice before you sign up. Keep tabs on what's happening around you but don't participate in something that benefits others more than it can help you. A change in the way you or someone else feels is apparent. Move on, and something better will come along. Review agreements, consider your options, and revise how you want things to unfold regarding shared expenses.

#### Wisces.

Express yourself innovatively and you'll draw attention and the help you need to turn your thoughts into a reality. Attend an event that offers valuable connections. Keep tabs on financial transactions. Con-Keep tabs on financial ridisactions. Consider how you handle your cash. Keep your eye on the job market but don't quit one job before you have another contract. Hard work will pay off but that doesn't mean you can let down your guard or be excessive. Find a way to get ahead and surround yourself with trustworthy people. Don't take liberties with relationships. An incident can leave you crushed if you give into temptation.

## Fuel starts fall season off strong



Alex Allan (he/him) INTERROBANG

Most try-outs for Fuel Esports games wrapped up around Sept.15. A few other try-outs might be held but most teams are getting ready to announce their rosters. The Call of Duty (CoD) team had their first league match on Sept. 13 with an outstanding first season win. More teams will be starting up with league matches in the upcoming weeks.

#### Here's what we know so far: Call of Duty (CoD)

The Fuel CoD team faced Southeast Missouri State University in the National Association of Collegiate Esports open premiere division. This league has some stronger teams they will face up against. Mattaos "Bosfrost" Bos believes they will do well because of the squad they have.

"The game against Missouri was an amazing way to start the season with absolute domination knowing we haven't played together much,'

Bos said that with some scrimmages throughout this semester, they will become even stronger as a team. Games are played in a best three out of five match-up and Fuel walked away with a solid 3-0 win against Missouri.

The Fuel CoD Varsity line up is: Bonk, Bosfrost, KMC and Sus for the 2023 fall semester.

#### Rocket League (RL)

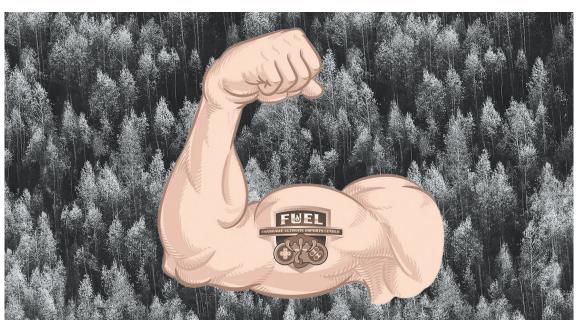
Try-outs for RL started in the first couple weeks of September. RL Captain Ralph "Leopard" Constantin said that things have been looking good so far. No rosters have been confirmed yet but they are moving to a closed try-out session to finalize selections. Constantin said that there are three really good players to keep an eye out for this upcoming season: newcomers, Nero who is supersonic legend and Chez, who is grand champion two in the RL rankings. They will also have a returning player from two years ago, Sistane who is in the grand champion three for rankings.

#### Rainbow Six Siege (R6)

Try-outs happened on Sept. 6 for R6. Captain and manager James "Purzaa" Perez said that there is potential for the Academy team to bring home a trophy this fall semester.

"We're looking for a team that bonds and has great chemistry. No matter what skills each player has, there's always time to build up a certain aspect of their gameplay," Perez said.

Overall Perez said that the tryouts went well, and the new players are looking very promising to the team. Roster announcements will be coming soon potentially in an upcoming video from Fuel.



CREDIT: ALEX ALLAN

Fuel kicks the 2023 fall season off with a great win and more games are soon to come in the next couple weeks.

#### **Overwatch**

The roster for Overwatch has been finalized after try-outs were held over the first couple weeks of September. Albert "LightNReset" Butros has been coordinating the try-outs.

Here is the Varsity team line up: Sorked, The Door, Ethan, Art3mis and Jessica

"Art3mis is our new main support who has insane aim, she's masters in rankings and is definitely a player to keep an eye on while watching,' Butros said.

#### Valorant

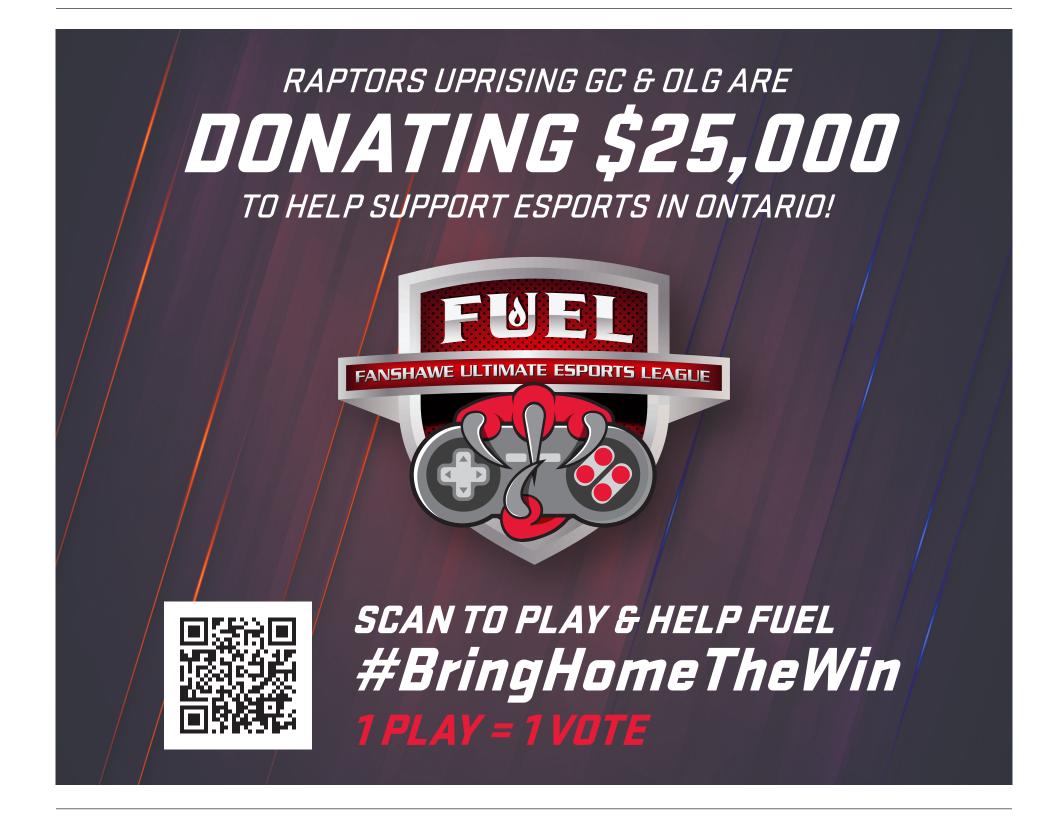
Try-outs are finished and teams have been finalized. Valorant manager and Fuel content creator Adam "Boyc3" Boyce is feeling confident about the teams this upcoming season.

"We have the Varsity and Academy rosters now in order and we will not have a rising roster this semester," Boyce said. "Both teams have good potential and I think Academy has potential to reach equal ground with the main roster.'

Boyce wants to keep the roster announcements a secret until everything is confirmed. He did give an insider that they will have three entirely new players joining and multiple promotions happening.

More updates are soon to come when more teams start off their first league matches. League of Legends held try-outs on Sept. 8 but no teams have been confirmed yet. Apex also finished up with try-outs around Sept.11 after giving all the players a fair chance to join the roster.

Make sure to join the Fuel Discord to keep up with the latest Esports announcements.



#### **BI-WEEKLY STANDINGS**



#### Women's Softball

**OCAA West Division Standings** 

Team	GP	W	L	PTS
DURHAM	8	8	0	16
ST. CLAIR	8	8	0	16
HUMBER	8	7	1	14
MOHAWK	8	3	5	6
LAMBTON	6	3	3	6
SENECA	6	2	4	4
FANSHAWE	8	1	7	2
CONESTOGA	8	1	7	2
SHERIDAN	8	1	7	2

#### **Men's Baseball**

**OCAA West Division Standings** 

Team	GP	W	L	PTS
DURHAM	6	6	0	12
ST. CLAIR	5	5	0	10
HUMBER	7	5	2	10
LAMBTON	4	4	0	8
GEORGE BROWN	6	4	2	8
CENTENNIAL	7	3	4	6
SHERIDAN	8	2	6	4
SENECA	5	1	4	2
SAULT	8	1	7	2
FANSHAWE	8	1	7	2

#### **Women's Soccer**

**OCAA West Division Standings** 

Team	GP	W	ı	Т	PTS
REDEEMER	3	2	0	1	7
HUMBER	3	2	0	1	7
ST. CLAIR	2	2	0	0	6
MOHAWK	3	2	1	0	6
CONESTOGA	3	2	1	0	6
SHERIDAN	3	1	2	0	3
NIAGARA	3	1	2		3
	-	'	_	0	
FANSHAWE	4		3	0	3
LAMBTON	4	0	4	0	0

#### Men's Soccer

**OCAA West Division Standings** 

Team	GP	W	L	Т	PTS
CONESTOGA	3	3	0	0	9
SHERIDAN	3	2	1	0	6
FANSHAWE	3	1	0	2	5
HUMBER	3	1	0	2	5
ST. CLAIR	2	1	0	1	4
MOHAWK	3	1	1	1	4
REDEEMER	3	1	2	0	3
LAMBTON	3	0	3	0	0
NIAGARA	3	0	3	0	0

Printed standings are reflective of September 20, 2023.

Visit www.ocaa.com to keep up-to-date on all OCAA stats.

# Falcons' baseball starts slow, team looks inward for improvements



Justin Koehler (he/him)

**INTERROBANG** 

The Fanshawe Falcons' men's baseball team started the season off with a 1-7 record, losing their first seven games of the season in a row.

This is quite a change from last year, which saw the team win five of their first six games to get the season going.

"We're coming off a 10-9 loss in a bronze level game at the championships. We were one inning away from going to the gold medal game last year. In the last eight years we've played, we've had a team medal in seven of those years," said men's baseball Head Coach Brian Harvey.

"We're a pretty successful program, we just need to find a bit more focus and build up a bit more hard work going forward as a group."

In their eight games to begin the season, their hardest defeats have consisted of a 21-11 loss to the George Brown Huskies as well as an 18-1 loss to the Durham Lords.

With high scoring losses like this, teams and coaching staff find themselves looking inward, with Harvey saying that losses are often better teachers than wins.

"I think what it does is it makes you become a little bit more aware of what specifically now we need to work on going forward,"

"It makes us as a coaching staff a little more focused and aware of some of the things we need to work on, some of the specific areas that



CREDIT: FANSHAWE FALCONS

A slow start has the men's baseball team looking inward after a 1-7 start to the season. (Pictured: Falcons first and third baseman, Jamie Chopping-Lawlor.)

need improvement sooner rather than later to build up our success early."

That being said, Harvey and his team have already begun the work of addressing some of their main contributors, with the amount of runs they're giving up being the centre of attention.

"I would say our pitching right now is an area where we're trying to be a little more focused than other areas," Harvey said.

"I think defensively and offensively we are able to hold teams and be able to score runs. When you're able to score eight runs in a game, you should be winning.'

Along with pitching, Harvey said the team has another issue, but one that also shows the inner determination of the team and their capacity to easily turn these losses into wins.

"We never scored first, we were always playing from behind," he said. "But every time we were behind, we always scored runs in the sixth and the seventh innings, so our

guys have it in them. We just have to find a way to start a little bit on the better side.'

While seeing their late-game runs is a bright sign, another positive side of the team are their morale boosters in the dugout.

Keeping spirits high to allow some potential late-game heroics.

"I think our returning players are a key component of that spot, making sure that everyone starts dealing as a team and starts working together as a large team, especially after a couple losses," Harvey said.

"I'd say our captains have done a very good job of making sure our guys are committing, getting to practice, making sure they're coming to team events. More importantly, making sure the guys are on the same page on the diamond."

With plenty of the season still ahead, the Falcons are looking to turn things around, now equipped with the lessons learned to push them back into the win column.





















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## How do you manage stress?

You could be featured in our upcoming Mental Health Issue!

**SUBMISSION DEADLINE IS SEPT. 29** 





HAVE AN OPINION? **SUBMIT YOUR STORY!** 

theinterrobang.ca/submit-letter



