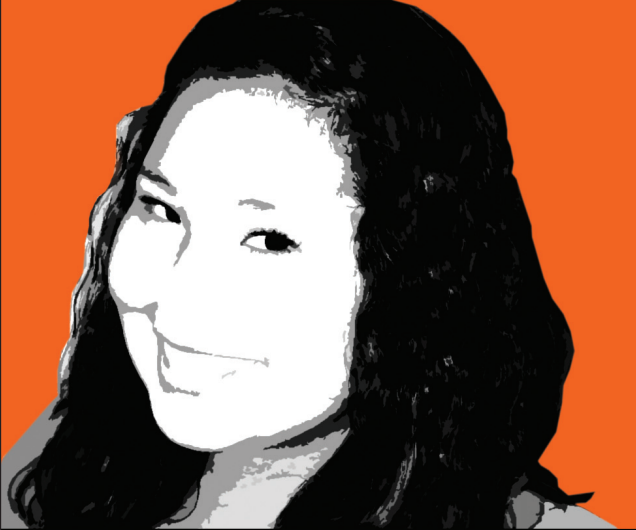


# INTERROBANG

Fanshawe's Student Voice

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Social Code on to stardom 15

Volume 43 Issue No. 7 October 4, 2010 [www.fsu.ca/interrobang/](http://www.fsu.ca/interrobang/)



**VOTE**  
October 5th  
and October 6th  
at [www.fanshaweonline.ca](http://www.fanshaweonline.ca)

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# Question of the week

Do you plan on voting in the SAC election? Why or why not?

**Matt Blain**

— “No, I don’t plan to vote. I don’t where to look for information on candidates and haven’t seen anything about it yet.”



**Nateo Mcfarland**

— “No, because I haven’t seen enough information on candidates. They need to have visual presentations in common areas to raise awareness.”



**Seesa Khachik**

— “No, they make fake promises and never follow through with anything said.”



**Ahmed Himmat**

— “Yes, generally because their intentions are usually in our best interest.”



**Shawn McGee**

— “Yes. I’m a second year student and the first year I feel like I should have been more involved.”



Matt Dacosta, Nick Belanger and Justin Marques take break at the back of Oasis before soccer practice. The trio are members of Fanshawe’s varsity soccer team. The three, like many of their teammates are first year players. As of press time the team is off to a 2-1-2 start.

CREDIT: ANDRE BAKER

## 10 Things I Know About You...

# Snyder an outdoor girl

Amanda Snyder is in her second year of recreation and leisure services. She is a fun outgoing girl that loves the outdoors!

1. Why are you here? Education.
2. What was your life changing moment?

3. What music are you currently listening to? Rihanna/Eminem - *Love The Way You Lie*.
4. What is the best piece of advice you’ve ever received? Don’t wish your life away.
5. Who is your role model? My mom.
6. Where in the world have you traveled? Just Ontario.
7. What was your first job? London police department, Y.I.P.
8. What would your last meal be? Homemade pizza.
9. What makes you uneasy? Exams.
10. What is your passion? Camping/outdoors.

Do you want Fanshawe to know 10 Things About you? Just head on over to [fsu.ca](http://fsu.ca) and click on the Ten Things I Know About You link at the top.



Nothing like homemade pizza for Amanda Snyder.

CREDIT: SUBMITTED

# oot. events

tuesday 5

Nooner - Forwell Hall  
Comedy  
Coffee House  
Oasis

wednesday 6

**SAC ELECTIONS**



FSU Volunteer Fair  
Nooner - Forwell Hall  
Deal or No Deal

Acoustic Open Mic  
OBS - 9pm

First Run Film  
Rainbow Cinemas

\$3.50 students.  
\$5.00 guests.

The Social Network



thursday 7

**SAC ELECTIONS**



Nooner - Forwell Hall  
Music

Stratford Festival Trip  
Kiss Me Kate

Go-sponsored Pub  
Forwell Hall - 9:30pm

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**KIOSK QUIZ**

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CREDIT: ERIKA FAUST

Fanshawe unveiled an incident command vehicle donated by London Police Services.

## Safety hits the road

ERIKA FAUST  
INTERROBANG

On September 24, London Police Service made an enormous donation to benefit students in Fanshawe's emergency management, paramedic, police foundations and emergency telecommunications programs, as well as the greater community: an incident command vehicle.

Originally a motorhome, the 1993 GMC Firan was completely refurbished into an emergency services vehicle for Fanshawe. It now includes 30 feet of desk space, two dispatch workstations, emergency lighting, a roof-mounted video camera, a siren and a public address system.

The vehicle is topped by a flashing green light. "That is a universal symbol of a command centre ... there will only be two such possible vehicles in the entire city of London and community that can legitimately flash that green light," said Howard Rundle, president of the college. "If you're ever out in the community and you see a flashing green light, you know that you're near a command vehicle. It could be London Police Service or Fanshawe College."

Chief of Police Brad Duncan and his team were impressed by all the work Fanshawe has put into the vehicle. "We came around the corner ... and were blown away. We knew what we presented to Fanshawe as a donation, and that doesn't look anything like what we sent here," he laughed. "It's incredible what (they) have done with the command centre, and it's refreshing to see that it's now being used for further purposes after we've used it for so many years."

London Police Services originally commissioned the motorhome in 1993. At the time, it cost \$200,000 to add electronic and communications gear to make it a fully functional mobile command centre.

"This vehicle has served us very, very well over the years," said Duncan. "It was regularly used at scenes of crime, community events

and for events where we had environmental issues or issues that affected a neighbourhood."

Rundle called the RV a tremendous gift. "Emergency preparedness and public safety education at Fanshawe are very important," he said. "Fanshawe College has had a longstanding relationship with London Police Service, and this gift to the college and our students is a strong demonstration of our shared commitment."

Students in the emergency services programs at Fanshawe have a unique opportunity to gain experience with the incident command vehicle, which is similar to vehicles used in municipal law enforcement and emergency medical services.

"It will be used for incident command training, radio communications training and remote computer access training," said Rundle. "During an emergency, however, the RV will be mobilized under the direction of our emergency response team, our emergency director and our emergency operations group."

Rundle remembered an emergency that took place on campus a few years earlier where the vehicle would have been very useful to have. A power digger inadvertently punctured a high-pressure gas line, located in the ground near an electrical conduit. The gas shot through the conduit and into the middle of the facility. The entire college – plus the 400 students living in residence – had to evacuate as quickly as possible. "London Police, London Fire Service was here, we all had to pitch in, not knowing what the other was doing," recalled Rundle. "Fortunately, nothing serious happened."

"My hope is that, by being prepared, we'll never have to use it again. The best way to prevent an emergency like that is to be completely prepared, and then it just doesn't happen," said Rundle. "If it does, though, we'll be much better prepared than we were the last time."



CREDIT: ERIKA FAUST

A look inside Fanshawe's incident command vehicle.

## Author in residence advises young writers

JESSICA IRELAND  
INTERROBANG

Canadian author Andre Alexis is the 2010 to 2011 James A. and Marjorie Spenceley/Canada Council for the Arts writer-in-residence for the University of Western Ontario's English department.

Alexis, who is a playwright, short story writer and novelist, is well-known for his first novel *Childhood*. It won the 1998 Amazon.ca/Books in Canada First Novel Award and was a co-winner of the Trillium Book Award in that same year. He is also host of CBC Radio's *Skylarking* and contributing editor to *This Magazine*.

As part of his residency at UWO, he holds office hours like a professor and serves as a sounding board for burgeoning young authors at UWO and Fanshawe College.

"As of now, I've been reading manuscripts, lecturing," said Alexis. He's also been involved in disciplines beyond English, including helping business students with their presentation skills.

He brings with him many years of experience to the position.

"All I am is someone who's done something for a long time. I've likely faced the situations you've been facing," he said.

One of his recommendations for young writers is to simply write often and listen to their peers.

"By writing lots and for a long time is how I got to be myself," he said. "I had people start out at the same time as me. Your contemporaries are your greatest resources. You see them struggle with the same things."

And while heeding the advice of



CREDIT: CBC.CA

Andre Alexis, this year's writer-in-residence at the University of Western Ontario, is also extending his services to Fanshawe.

your fellow writers is always advised, there's still something to be said for a formal writing education.

"Writing schools force you to write," he said.

Ultimately, those interested in writing should be focusing on self-awareness to develop their style.

"Get to where your writing reflects who and what you are," Alexis explained. "That's where the art resides, being aware of what you're doing."

He also advises that writers should be aware of any stylistic ticks they may have, as they might be detracting from the authenticity of their writing.

"If it's a habit, you should lose it to get to the essence of you," he said.

But there comes a time when writers move beyond criticisms and comments from peers and superiors, and establish their voice – ticks and all. Alexis used the example of playwright Tennessee

Williams whose prose was criticized as being florid – his "tick" – but it was the elaborate colour he added to this work that made it great.

Those who wish to have an audience with Alexis should come prepared, however. He warns he'll be most useful for those who have experience writing and, even better, are published.

"For me, I'm like driving a Cadillac (with) bells and whistles. If you don't know how to drive, you won't get much out of me," he explained. "It helps if you've done a lot of writing and want to go further, then we can talk more or less as equals."

"I'm about the life choice of being an artist."

If you want to set up an appointment with Alexis, please contact the UWO department of English's departmental secretary Vivian Foglton at [vlavers@uwo.ca](mailto:vlavers@uwo.ca) or 519-661-3403.

# hi-times

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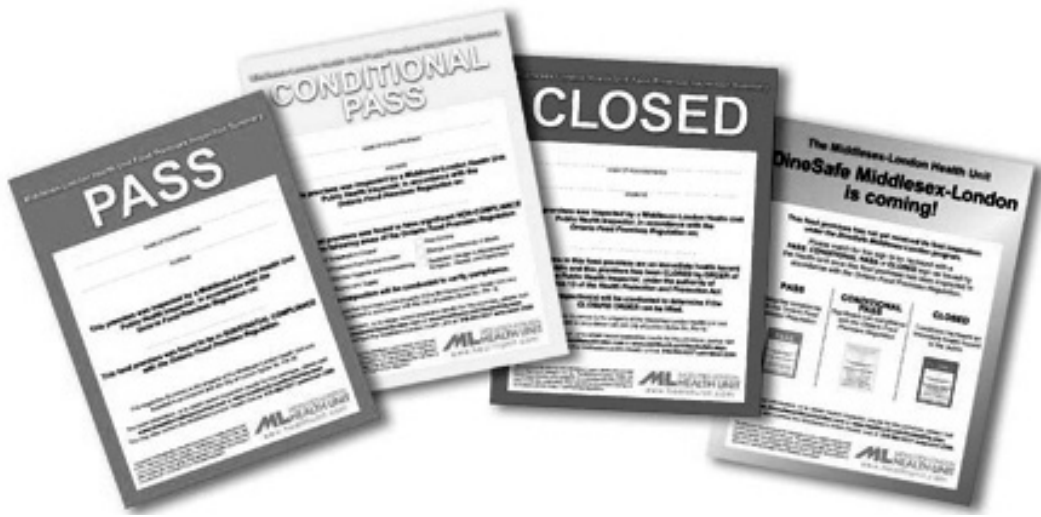
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CREDIT: MIDDLESEX-LONDON HEALTH UNIT

London eateries will be adorned with a notice letting patrons know if it has passed inspection.

## Double (DineSafe) rainbow all the way across the city What does this mean?

ERIKA FAUST  
INTERROBANG

London's eateries have been awash in rainbows since August. These colourful signs not only look pretty, they're going to help you dine a little safer.

The signs appeared as part of a new by-law, referred to as DineSafe, by the Middlesex-London Health Unit. They indicate that an eatery – the term encompasses restaurants, take-out places and variety stores – has not yet been inspected and received its official rating.

DineSafe inspections began October 1. When an eatery has been inspected, it will receive a new sign to display in a prominent place. A green sign indicates that the eatery has complied with the Ontario Food Premises

Regulations; a yellow sign indicates the eatery has significant non-compliance with the regulations; and a red sign indicates that a restaurant has been closed due to immediate health hazards to the public.

"The other component of the by-law is that we have a mandatory food handlers' certification component," explained David White, manager of environmental health for the Middlesex-London Health Unit. He is responsible for the food safety program. "We felt ... it will reduce foodborne illness if we have trained staff." This part of the by-law is slated to become mandatory in October of 2011.

White said the by-law is also aiming to increase public safety and awareness.

Another way to keep informed

about the food inspections of your favourite eateries is to go to the DineSafe website ([www.dinesafemiddlesexlondon.com](http://www.dinesafemiddlesexlondon.com)). It lists the number of critical and non-critical infractions of every establishment that serves food to the public for the past two years. The Enforcement Activities page "lists the restaurants that have either had a closure or a ticket issued by the public health inspector in the last three months," explained White.

White said the Health Unit team is pleased with how the program is being implemented. "I really think this is going to improve the safety standard ... and help the public make an informed decision."

For more information, visit [www.healthunit.com/foodsafety.aspx](http://www.healthunit.com/foodsafety.aspx).

## Fix up, look sharp

JESSICA IRELAND  
INTERROBANG

While a "grown-up" job may seem like it's in the distant future, there's no time like the present to re-tune your wardrobe in preparation for that transition.

Amy Casson, founder of Polished Image, an image, etiquette and communications consultation firm, and professor of marketing at the Lawrence Kinlin School of Business, says it's never too late to consider the look you're putting out there.

"It's not about conforming to a certain look. It's about knowing who you are ... (and) working with what you've got," she explained.

While dressing up in a suit and heels may not be appropriate for everyday wear at school – you do need to be comfortable sitting in those long lectures – consider putting in a little more effort for class presentations. It's a good way to work on that transition into the professional world.

It also gives you a chance to start building your professional wardrobe, said Casson. A suit works in most occupations and can be combined with sweater sets, different full-coverage camisoles, belts and more to change up the look.

But it's also important to think about the industry you're interested in, she added. For example, those working in fashion will be dressing differently than those working in finance. One place to start is to think about the company dress code, or follow the old adage

of dressing for the job you want, not the job you have.

If you're really having trouble figuring out how to make that transition from scholar to CEO, Casson may have a solution. Through her Polished Image site, she offers My Private Stylist. For \$79.99, users have access to around 664 styles tailored to their shape.

The site was originally created by an Australian company, but now offers Canadian prices. So instead of looking in the closet and feeling uninspired, those with access to the site can pick through tons of styles that look the best on them.

To join, you sign up and pay the one-time fee, and order your portfolio. After answering some questions, you get style ideas unique to your body type.

Casson assures that the clothing is current and updated every two years.

"It's a great graduation gift," she said.

However, going online isn't the only way to learn how to look more put-together. Casson offers consultations as well.

The reality is that looks matter. When people meet, 55 per cent of the opinion formed involves appearance, how you hold yourself, said Casson. "The appearance aspect is crucial."

But you don't necessarily have to be "drop-dead gorgeous," said Casson. "You can be put-together."

For more information on Polished Image and My Private Stylist, visit <http://polishedimage.ca>.

# Polished Image



## youth in Action

## Project mobilizes youth into activism

JESSICA IRELAND  
INTERROBANG

If you've got an idea to help your community, then the United Way has got a way for you to make it real.

The Youth in Action program gives people between 13 to 24 years old the chance to develop a plan that helps the community and provides the funds to get it going.

The project must fall under one of United Way's impact areas of poverty, mental health, beginnings and transitions and must focus on newcomers and youths.

The YIA program is all about finding solutions rather than spotting problems.

"We're good as a community at seeing what's wrong," said the United Way's community mobilizer, Jeff Preston. "We see poverty, we see it downtown, we know people are falling through the cracks. But we often feel helpless and often that's where people stop."

"This program provides them the opportunity ... to make a difference."

In addition, YIA also lets those involved learn project management and how to write a grant proposal, among the other details of starting


their own program.


YIA has been funding projects large and small for around eight to 10 years, said Preston. The projects can range from homework clubs, to starting a multicultural festival because racism was identified as a problem at one school. One girl noticed high schools never talked about mental health, so she organized the Dream Project. It was picked up by the Thames Valley District School Board and won a national Top 20 Under 20 award from Youth in Motion.

So the options are limitless as to what can be done in terms of projects, as long as they focus on bettering the community.

"We believe in the phrase (that) we want to create a community where everyone matters and we can't do it alone, but united we can," said Preston.

Applications are up on <http://uwlondon.on.ca>. There are two rounds of applications. The first deadline is November 5 (for more winter-focused projects) and the second is March 4, 2011 (for summer projects). At least 50 per cent of the team has to fit into the age stipulations.





## International Student Host Program

The International Student Host Program is designed to assist Fanshawe's International students adjust to life in Canada by partnering with a student host. It helps both students understand and appreciate different cultures.

It is a great opportunity to volunteer and be part of our global community at Fanshawe College.

For further information contact:  
Hanin Tarazi  
International Host Facilitator  
519.452.4430 ext. 2994 [h\\_tarazi@fanshawe.ca](mailto:h_tarazi@fanshawe.ca)

International Department  
Room E2025 Fanshawe College  
1001 Fanshawe College Blvd.  
PO Box 7005 London, ON Canada N5Y 5R6



STUDENT ADMINISTRATIVE COUNCIL

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# VOTE

**October 5th and 6th**

**at [www.fanshaweonline.ca](http://www.fanshaweonline.ca)**

**For more info on candidates  
visit <http://www.fsu.ca/sac.asp>**

# SAC | STUDENT ADMINISTRATIVE COUNCIL CANDIDATES

## ART & DESIGN



### Frank Neufeld

Hey Fanshawe! I'm Frank Neufeld and hope to be your School of Art & Design Rep for the second year running.

As a third year graphic design student I enjoy leveraging my education to volunteer in my community and school. I'm a down to earth guy from a small town with big goals.

Like any student at Fanshawe I enjoy drinks with friends and having a good time. I also enjoy art, fitness, and travelling.

Last year I had a great time in the position promoting student union events and services, discussing issues and making sure the voices of students in the School of Design were heard.

If I get elected again I'll continue building on my experience and improving the quality of your time here at Fanshawe.

## HUMAN RESOURCES



### Elizabeth Wemigwans

What's up FANSHAWE STUDENTS!!!

I am Elizabeth Wemigwans I am an Aboriginal native student decent from Manitoulin Island although I did not grow up there. I was raised in Hamilton, Ontario for my childhood. I lived all around southern Ontario and settled down in a little town know as Brantford, Ontario and that is where I graduated at North park Colligate secondary high school.

I am this year's candidate for Human services division representative, I intend to get people's voices heard, and have your opinions counted. I will try making positive changes made within the College. I am very excited about our year.

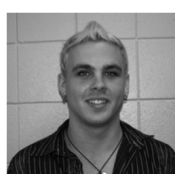
I am a full time student in Social Service Worker and last year I attended the Human Service Foundation program and I graduate in November. (Hurray)

I enjoyed coming to FANSHWE COLLEGE last year, I had a blast meeting new friends and learning new stuff. I hope for this year to come I can be a tremendous help to the student body with any questions and concerns.

I am also an active member in the First Nations Centre here in FANSHAWE COLLEGE I am a work study student at the First Nations Centre.

For the future I plan on going to University and graduating with a P.H.D in psychology and work with celebrities in Hollywood.

## BUSINESS



### Joshua Waller

An artist and a work of art, but still a businessman true at heart. I am running for S.A.C to represent the Lawrence Kinlin School of Business and all of the students in it.

As a makeup artist, model and student fresh out of high school with honours, I plan to add some flare to the business world.

Adding a little bit of colour to the often presumed black and white world of business is one of my main goals. Intelligence and sophistication, meet creativity!

As the division representative I would voice the opinions, thoughts and concerns of my fellow classmates and make sure change becomes a reality if it is needed.

For a musician, pianist and songwriter who never misses a beat, my time management skills are solid which will ensure that I am at every S.A.C meeting to be the voice of the students of the Lawrence Kinlin School of Business.

Vote Joshua Waller for S.A.C and you will see change. Ladies and gentlemen, good things are coming...



### Sam Slade

Hello fellow business students! I want to help you guys out when you have an issue, or a problem no matter how big or small I'll handle your business!

You're probably thinking, what are you going to get out of this if you vote for me?

The answer is simply, all of my time and efforts will be available to you any day, any time and you will always hear back from me with a solution to your problem.

If you want a great representative, just come out and vote!

## HEALTH SCIENCES



### Angie Gubbels

Overwhelming; That's the perfect word to describe how fresh starts begin for me.

For example, my first few days around Fanshawe were CRAZY! I was definitely one of those "lost with a school map in hand" kind of people.

However, now that I've been here for a few weeks, I've learned to let go of my map and instead I've started getting involved around the campus. Now I can confidently say – BRING IT ON FANSHAWE!

I originally grew up in Delaware (just outside of London), Ontario. Right after high school I moved to Brazil on a cultural youth exchange program.

Most people think that my year abroad was just a really long summer vacation. To be honest, it kind of was...but not at first!

When I first moved there it was overwhelming. I had left my school, my family, my friends, my language and even my cultural. Everything now was fresh and new! By being accepting to a new things and fresh ideas, I learned that life may seem overwhelming at times, but as you move forward and learn the feeling of overwhelming passes.

When I flew back from Brazil I pretty much unpacked and then repacked to move out west on a French program.

Switching to French was overwhelming at first, but ever since my experience in Brazil I was taking fresh starts head on.

After flying back to Ontario I moved to Manitoulin Island for the summer and then back to London to start my freshman year! After many fresh starts in my life, I have plenty of fresh ideas for this school year.

Get fresh ideas from a freshman.



### Chantel Huszar

Hello Fanshawe, My name is Chantel Huszar and I am a first year practical nursing student. Born and raised here in London, Ontario I attended Catholic Central High school.

Before coming to Fanshawe, I had the opportunity to study microbiology in Ottawa.

Some of my interests include dancing, running, designing/altering clothes and of course, spending time with friends and family. A few shows I enjoy watching are Six Feet Under, True Blood, Project Runway and Hell's Kitchen.

I am excited to be a student here at Fanshawe, and I'm looking forward to introduce a fresh prospective and enthusiasm to the Faculty of Health Science and Nursing.

One of the important qualities that make me a great candidate for the position is my ability to listen and communicate information effectively. I think it is imperative that the student body have a collective voice, not only to improve their quality of education and overall experience, but for the future success of the college and alumni.

Being a highly organized and dependable individual, I can ensure you that my duty to the faculty will not be pushed to the back burner.

Being open minded is essential in order to understand the concerns and comments of my fellow student, so I invite you all to stop me and share your opinions and ideas or to just say hi.

Thank you for your support.

## LANGUAGE & LIBERAL STUDIES



### Rebecca Caron

Hey Fanshawe! My name is Becci Caron. I am currently enrolled in the second year of General Arts and Science - Film Studies Major.

Next year I plan to study in the Advanced Film-making program here at Fanshawe.

I hail from the small town of Dresden, Ontario. Growing up in such a small town, I lacked film knowledge and experience.

After beginning the General Arts and Science program, I was opened to the elaborate yet amazing film industry.

Being a second year student, I have become very familiar with the program.

For this reason, and the mere fact that I am determined, helpful, personable, and an all around awesome girl/student; you should vote Becci Caron for the Office of Language and Liberal Studies Rep in this year's Student Administrative Council election!

## CONTEMPORARY MEDIA



### Edward Michael Minter

I'm a Twenty-Four year old second year in the Broadcasting Journalism. I traveled to Alberta before I enrolled to Fanshawe. I'm originally from Barrie, Ontario.

I have a lot of passion for this particular program, Contemporary Media and the school of Fanshawe as a whole. Just hope to funnel that energy into S.A.C to make contemporary media and Fanshawe a better place to earn your education.

I'm really dedicated to the program, but I love spending time with friends and my little brother who goes here as well.

I play a lot of sports such as Hockey, Basketball, Wakeboarding and Golf. Not often found in front of a T.V, really like to get out and check out live shows and events downtown and in and around the college.

**BUILDING TECHNOLOGY****Darren Isaack**

Hey Fanshawe! I hope you're having a great year, whether you're a first year or a returning student. I have always said getting involved in school activities is a great way to meet new friends,

help other students and make your year a great one. That's why this year I'm currently the Environmental club president and running for student administrative council.

Last year I was one of my program's class representatives and it was a great experience that inspired me to run for student administrative council this year.

I am a third semester Construction Engineering Technology (Management) student and know how difficult it can be for some students to find the time to balance both homework and fun, but if elected I promise that I will always make myself available for anyone who needs help time managing or even just some help managing their course load.

The Division of Building Technology deserves a strong leader who will work for and with the students and I am willing to be that leader. Good luck to the other division candidates; I look forward to having the opportunity to work with you.

I encourage all students to vote for your division representatives, as they are your voice in the Fanshawe student union.

**Jesse Stevens**

Hey, so my name is Jesse Stevens and I am campaigning to be on F.S.U. I am running to be the Building Technology Office Rep. A little about myself.

I am in fifth semester Architecture Technology. I've lived in London for 3 years now and have loved it. Originally I am from Creemore ON..... never heard of it? Most people have not either, it's in the Collingwood area.

As far as my time at Fanshawe, I have made some great memories. I've met so many great people, made friends for life and even a few enemies.

I think I would be a great candidate for the position for many reasons, too many to list. A few reasons would include I'm fun, easy to get along with and very outgoing.

I dedicate majority of my time to the school and my studies. I would greatly enjoy the position and would be the right guy. I would put more than enough time and effort to succeed.

VOTE JESSE STEVENS

**VP EXTERNAL****Bruce Macdonald**

Hello Fanshawe Students, my name is Bruce, I am a candidate for the office of V.P. External & Academic Affairs.

I am a mature student in my second year of a two year diploma program called (Police Foundations/ Law and Security Administration).

I come from a career in Television Broadcasting, that spanned some 15 years, all of it in London.

I have attended Fanshawe College previously (Television Broadcasting), it was a wonderful experience and being given a second chance to attend the College I feel that I really want to give back in some practical way.

The office of V.P. External & Academic Affairs seem to fit my personality well in so much as I enjoy working with people and would thoroughly enjoy finding solutions to problems (that seem to plague students). Scheduling seems to be an ongoing problem even wayyyyyy back when I first attended Fanshawe.

I promise to give you a hundred and ten % effort and if given the chance I will represent Fanshawe proudly.

Some of the ideas I will try to put forward are 1) Used books for sale-list of e-mails on home room page. , 2) A book of plan B's for possible eg. Bus strike or Teacher strike and this can be continually added to, year after year.

**Kendra Sauder**

Hi Fanshawe!! I'm Kendra Sauder and I'm your most promising candidate for the VP External position! Don't believe me?

I'm already a graduate of Fanshawe College (Hotel Management) and I'm back taking Gen Arts to (fingers crossed!) get into MIA! After being through Fanshawe College once, I can handle my course load much more efficiently so I'll be able to give it my all with this position.

I've been involved as a Residence Advisor going on two years now. I have been a good ambassador for the FSU in residence so I can definitely represent you well to the College and outside community as your VP External.

Living in residence, I'm a stone's throw away from FSU office so I'll never have trouble getting there when there's work to be done!

I've already had the chance to work with the FSU team this year at orientation events and with their Shinerama campaign, and I'm aware of the goals they are working towards this year. I'm fully aware of the job description as well so I'll be ready from day one.

Feel free to add me (Kendra Sauder) on FSU.ca as I would love to answer questions or hear any concerns! I will always be an advocate for the FSU, but would love to do it as your VP External, so on October 5th and 6th Vote Kendra Sauder for VP External!

*\*\* These bios were not edited by the Interrobang staff to preserve authenticity - What you see is what you get*

**SAC Nomination Division (school of...)****Art & Design**

Frank Neufeld

**Human Resources**

Elizabeth Wemigwans

**Business**

Rajkomar Kaliugarorcthe  
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Surveys will be administered Nov.8th - 26th, 2010

**Fanshawe College and the Student Union need 15 outgoing students to work part-time to administer surveys in classrooms**

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**Please apply before Monday, October 18th**

# The Venus Project comes to London

JESSICA IRELAND  
INTERROBANG

Imagine a world without money, with a resource-based economy and technology created for positive purposes and not war. That's what social engineer, industrial designer and creator of The Venus Project, 94-year-old Jacques Fresco, has been doing since the stock market crash of 1929.

"It was a time people united because banks failed and ... people lost faith in political office," said Fresco, on the phone from Montreal. He and his associate Roxanne Meadows have been on a seven-month speaking tour, which makes its way to London on October 9 at the London City Music Hall.

The Venus Project centers around a new "social design (that's) not communism, socialism or anything that's gone before," said Meadows. There's a focus on using science and technology to the benefit of people and society and using machines to "free people, not to downsize them," said Fresco.

The society would also have a resource-based economy where "everything is available without bartering," added Meadows.

The absence of politics and money from this vision is for good reason, according to Fresco and Meadows.

"The government really does not care about people," said Meadows. "It cares about wealth, power."

And money serves as an "interference factor," she added. "It creates elitism and greed ... As long as money is in the equation, you can sell drugs, buy off politicians..."

Essentially The Venus Project advocates equal opportunity for all.

"With our economy today we can create abundance all around the world, good medical care for everyone."

The project is based in Venus, Florida, on 21 and a half acres. Ten buildings house all of Meadows and Fresco's research on this new social design. They make models of what future cities would be like, host tours and have guests stay to learn more about their advocacy.

They have funded the entire project themselves. They did receive some donations from Peter Joseph's film *Zeitgeist, The Movie*, but that has since run out.

*Zeitgeist* is the activist portion of the project. The film marked the moment when these ideals were introduced globally, said Meadows. "Then it just took off like crazy." The film, which featured different theories on the parties responsible for 9/11 among other topics, garnered a lot of support for The Venus Project.

Meadows chalked up the interest in the film to society's need for something new.

"People are starving for some real answers in a different direction," she said.

But none of what the two are working towards can be achieved without others' support.

"People have to know about this direction," said Meadows. "There's a lot of studying to understand it. They have to be able to talk to others about it."

There would also have to be an uprooting of the current system.

"A resource-based economy cannot be implemented in a monetary-based system," she added.

However, there is some resistance from individuals as most don't want to "rock the boat" and need their current paychecks.

"It takes them losing their jobs and losing their houses to say, 'There's got to be another way,'" said Meadows.

Currently Meadows and Fresco are working on developing the first city, although Meadows couldn't disclose when it would be completed.

The idea would be to have access centres where citizens could get all the goods and services they would need. "When you have access to the necessities of life, (people) don't steal," said Fresco. They used the example of a camera centre where someone could sign out a camera if they wanted, and when they brought it back, could learn more about it. There would be no need to keep things, said Meadows. "Keeping things is a burden."

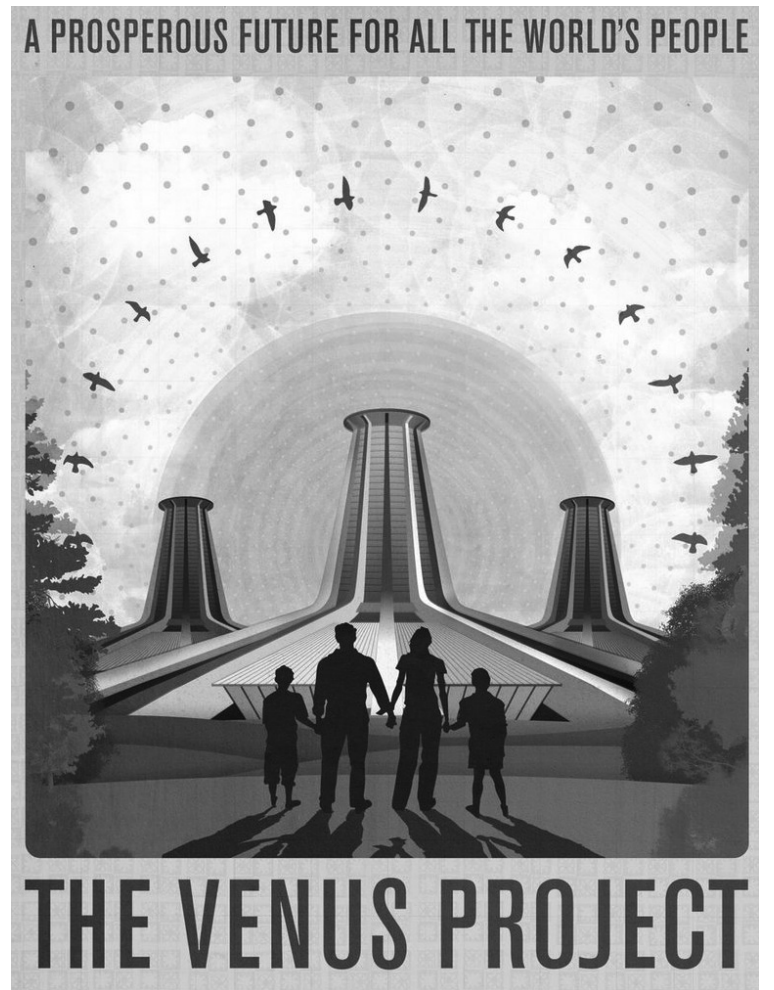
As the two tour 20 countries to present The Venus Project to different cities, they're out to educate the masses and, most importantly, find people to carry on the legacy Fresco created.

"Jacques and I have no money and no power and it's up to what people do," said Meadows. "It's up to a lot of people to understand it and carry it on or else it won't be done."

Fanshawe student, and member of the *Zeitgeist* Movement London chapter and Fanshawe club, Kevin Labonte is one of those individuals they're talking about.

He first became interested in The Venus Project after seeing the first *Zeitgeist* film, which initially made him skeptical. However, after watching the second film which offered solutions to societal problems, he joined the London group.

"When you got into the idea of sharing resources, it just kind of made sense," he said.



CREDIT: SMOKEQUANTITY

The Venus Project is a new social design created by social engineer and industrial designer Jacques Fresco.

But he also looks at The Venus Project more practically in that while the futuristic buildings and images of a city underwater could happen, the ideals behind the project are equally important.

"The idea of The Venus Project doesn't have to come to fruition," he said, adding that if society lives less materialistically and evolves in that direction, that progress is as

relevant as building elaborate cities.

"It's a change in values. You have something (to) work towards and present something better than what's currently used," he said. "It's a slow value change."

For more information on The Venus Project, visit <http://www.thevenusproject.com>.

## Local Business Profile

# Skate gear for grown-ups

ERIKA FAUST  
INTERROBANG

Think of Apocalypse as the brick-and-mortar version of a mullet – but instead of "business in the front, party in the back," it's more "fashion in the front, art in the back" and a party the whole way through.

Apocalypse is not your typical clothing store. For one thing, it's located on London's funky Talbot Street, also home to Commander Salamander, Frilly Lizard and From Mars. Apocalypse is a Mecca for grown-up skater kids who still want to make a fashion statement – minus the baggy, ripped jeans.

"It's all brands that are relevant to the skate culture, but it's more grown up skate stuff. Everything's cleaned up a little bit," said owner Bryan Ramsden, who kind of looks like a grown-up skater himself, wearing grey Dickies skate shorts and a backwards black hat. "It's a really unique mix of brands and products – something you won't find anywhere else in the city."

Apocalypse carries brands like Fenchurch, Lifetime Collective and OBEY Clothing. The store features more than just clothes – a huge display wall features Clae, Vans OTW and Tretorn shoes alongside WeSC headphones and more. The shop carries mostly

men's clothing, but is starting to expand more into the women's market as well.

Ramsden is not only the owner of Apocalypse – he's the sole employee. "(It's) me, myself and I! Owner, operator, janitor," he laughed. He's also curator to the gallery in the back of the shop.

"It's not a stuffy gallery space, it's kind of a chill environment, different than all the other places you typically find art," he explained. The gallery always features local artists, many who participate in monthly Art Fusion meetings. "I'm almost booked 18 months out now. It's awesome."

In October, Fanshawe student Andrew Mitchell will be showing his art in the gallery. "The work shown in Apocalypse truly defies explanation, and needs to be seen to be believed, but is a reflection of the brightest side of our culture," said Scott Mitchell, the artist's management. "The same can be said of the store itself, and that is why Andrew's work is such a perfect fit for the space."

You can check out some of Andrew's work at <http://tinyurl.com/andrewmart>. Apocalypse also features a Meet the Artist night, so you can come meet Mitchell himself on October 8 from 7 to 8 p.m. After 8, the party



CREDIT: ERIKA FAUST

Apocalypse, a local retail store on Richmond Row not only sells clothing, but is home to an art gallery as well.

heads over to Nite Owl next door for free food for all gallery-goers.

The shop has been a lot of hard work, but Ramsden said he couldn't be happier. "I've been in retail my entire life, and it's been a dream of mine to open my own shop. It happened, I love it. It's not

a job to me. I get to come and live my passion every day."

Check out the student handbook you received in September – it's got a coupon for 15 per cent off all regular-priced goods, excluding art. You can also show your student ID to get this sweet discount as

well.

**Check Apocalypse out on the web:**

Facebook: Apocalypse  
Twitter @FashionArtLife  
You can order all in-store items online at the store's website: [www.apocalypseshop.com](http://www.apocalypseshop.com)



# 5 QUESTIONS

## JOE AYOTTE — VP ENTERTAINMENT

JESSICA IRELAND INTERROBANG



### 1. IF YOU COULD SWITCH PLACES WITH ANYONE IN THE WORLD, WHO WOULD IT BE AND WHY?

“(Apple CEO) Steve Jobs because he gets to use some sweet stuff all the time.”



### 2. WHAT WAS THE LAST CD YOU LISTENED TO?

“A live recording of Two Crown King. It was cool. It was a recording they made here.”



### 3. WHAT IS YOUR BEST MEMORY AT FANSHAWE SO FAR?

“Fifteen hours in the MIA studio recording a tune, doing what I came here for.”



### 4. WHAT'S A SERVICE OR EVENT THE FSU DOES THAT NO ONE ELSE KNOWS ABOUT?

“The health care and dental plan — that it's done for the students by the FSU. Fanshawe doesn't do it.”



### 5. WHAT'S ONE THING WE SHOULD KNOW ABOUT YOU AND ONE THING WE SHOULDN'T KNOW?

“You can talk to me at any time and I want your input and opinion. One thing you shouldn't know — what goes on after events...”

## 360° News: national and international briefs

### NATIONAL NEWS



• A Superior Court judge has decriminalized prostitution in Ontario. Judge Susan Himel found that former laws meant to protect prostitutes actually put them in greater harm. This decision would give more protection to sex workers and treat them as regular business owners. However, the government is concerned about this decision and is considering an appeal.

• Canadian retailer Giant Tiger is in hot water over their back-to-school ads that marketed Playboy-branded undergarments to juniors. The stores have since removed the merchandise from their shelves, but not before receiving an onslaught of criticism from customers.

• Students are still without jobs, reported a recent Statistics Canada paper. The jobless rate for postsecondary students increased from six and a half per cent in 2007 to 2008, to nine per cent in the 2010 to 2011 academic year. However, the average wage remained the same as hourly pay increased from \$10.75 to \$11.80.

### INTERNATIONAL NEWS

• Though a devastating earthquake tore Haiti apart nearly nine months ago, over a million Haitians still live on the streets. Part of the reason for this is that the country does not have the funds to begin rebuilding: the \$1.15 billion promised in March by the U.S. has still not arrived. Though the States have sent over \$1.1 billion on post-quake relief, long-term funds are needed to begin reconstruction. The Associated Press pointed to bureaucracy, disorganization and lack of urgency as reasons why the money has yet to be sent. The U.S. isn't the only country that has yet to send funds: over 50 nations and organizations pledged a total of \$8.75 billion for reconstruction, but Haiti has only seen \$686 million thus far, reported the Associated Press.



• It took over 90 years, but Germany has finally repaid its debt from World War I. On October 3, the 20th anniversary of German reunification, a bond issued to repay the remaining debt of 70 million euro (\$94 millions US) matured. The Treaty of Versailles in 1919 was the peace settlement signed by Germany and the Allies, which put full financial responsibility on Germany for the war and the damage it caused.

— compiled by Jessica Ireland and Erika Faust

## Foliage gives students a living lab



College Knowledge  
Dayan Boyce  
Marketing and Corporate  
Communications

Did you know that Fanshawe's London campus gardens are cared for by students? This year, over 70 horticulture technician students will plant and prune the shrubs and flowers all around campus. And with more than 100,000 plants belonging to over 2,500 species, that's a big task!

What the horticulture students do, essentially, is create demonstration gardens, using the landscape of the entire campus to learn about the needs of different plants, and to show just what they're capable of. Some of the flora attracts butterflies, while some smells like tangy spices. Some – like the crocus that are just starting to show – flower in seasons opposite to most of their relatives (autumn vs. spring). Behind the M-H link, there are three Baldcypress trees native to southern Florida swamps.

Many of the plants are threatened or endangered. One tree – the Dawn Redwood, planted behind residence – was thought to be extinct because it was only found in fossils until 1942, when a living specimen was discovered in China; now our students care for one here in London. The world's most northerly Ben Franklin tree grows here too.

Horticulture technicians in training also build and maintain hard-scapes (like brick patios, sidewalks, and retaining walls) and they also care for Fanshawe's col-



CREDIT: AGATA LESNIK

Ants crawl over a flower bud in one of Fanshawe's campus gardens.

lection of indoor potted plants that you see in offices, halls, lounges, and cafeterias. Generally speaking, it's a win-win partnership: Fanshawe provides the materials and opportunity for hands-on learning, the students provide the labour, and everyone gets to see the beautiful blooms that decorate our lawns and sidewalks as a result.

While the students spend up to 80 per cent of their time (roughly 1,500 hours each year) getting their hands dirty outside of the classroom in the 100-acre "living lab" that is the Fanshawe campus, some of that work also takes place off-campus. At the A.M. (Mac) Cuddy gardens in Strathroy, which were donated to the college by the Cuddy family, the students maintain Ontario's largest Carolinian garden. Back at home, the students also spend time in the greenhouse, growing rare tree seedlings to be planted on the college grounds.

And don't forget about Fanshawe's first green roof, installed this summer by ... you guessed it: horticulture technician students (working here for their co-op). Located above D1063, where hundreds of sedum – a drought-resistant perennial ground cover – now occupy over 850 square feet of rooftop space, the green roof is one of only a handful of its kind in the city. Interested in seeing the new rooftop green space? You can get a look at it through the window glass in the second floor A-D link.

So, next time you walk past one of the gardens on campus, take a minute to appreciate the buds and blooms you see all around. You'll actually be admiring the projects some of our students work on as part of their education here at Fanshawe College ... and besides, it's always good to stop and smell the roses!

## What employers want – their views on resumes and cover letters



CAREER CORNER  
Susan Coyne  
Career Services  
Consultant  
Fanshawe Career Services

Job seekers need every advantage to compete in today's employment market. Often critical to a candidate's success is their resume and cover letter. In June 2007, a resume and cover letter questionnaire was sent to approximately 200 employers to ensure that the advice given to students and graduates is as current as possible. Employers were asked to respond to a variety of questions geared specifically to content and presentation of resumes and covering letters. Over 80 employer responses were received and they represent a broad range of business and industry.

The responses and comments are as follows:

### Resumes

#### Visual Appeal

##### Q1. What length?

Ninety per cent of employers prefer a two-page resume with only six per cent preferring one page.

Q2. What is the preferred method to receive resumes?

Eighty-three per cent responded that resumes are accepted by fax, while 96 per cent of employers currently accept resumes by email or online through their website.

### Content

##### Q1. Follow a chronological for-

mat?

Ninety-two per cent prefer a reverse chronological format. List your most recent education and experience first to make your resume easier to read and follow. The most recent experience is the most relevant to employers.

##### Q2. Include career objectives?

Seventy per cent of the respondents indicated a preference for career objectives in some manner. Often the career objective is the first thing an employer reads, so make sure it is related to the position applied to and state what you can do for the employer not just what you want in a position with them.

##### Q3. Include related courses?

Fifty-four per cent of employers like to see information listed which describes program content. This assists in establishing if you have the necessary background or specific skills for the position. And, as not all recruiters are familiar with the content of each program they will gain valuable insight into what you have studied. In particular, if you lack related work experience then listing your academic experience is key. Only list courses if you are applying for a position related to your field of study.

##### Q4. Should skills be included?

Ninety-four per cent of employers responded in favour of candidates identifying skills on their resume. Overall, 95 per cent favoured job specific skills and 84 per cent transferable skills. Be sure to list the skills that are known to

be a requirement for the position you are applying to. List specific examples of where and how you acquired your skills. Remember, transferable skills are subjective or intangible so back them up in terms of work, school or volunteer experience. Don't just make a list stating your fine qualities - be more specific! Include a summary or highlights section on the top of your resume and provide the reader with a snapshot of your related job specific skills, education and achievements.

##### Q5. Include hobbies and interests?

Sixty-one per cent responded in favour of including hobbies and interests with many comments indicating the need to be brief. This often provides information not apparent from your work history and amplifies character traits such as initiative, team and leadership skills. Career-related hobbies, volunteer positions and professional memberships seem to be of most interest to employers.

##### Q6. References?

Only 31 per cent of employers prefer to see references listed on the resume, 24 per cent said it doesn't matter and 45 per cent advised not to include them. Fewer and fewer employers are checking references prior to the interview. Generally, references are pursued only if a candidate shows promise during the interview and if the employer is considering an offer of employment.

Fifty per cent of these employers

still expect to see a statement indicating references available upon request. This shows a courtesy on behalf of the applicant and lets the reader know that references will be provided willingly. If you are invited to an interview you are expected to provide complete reference information (names and current phone numbers) and to advise your references that they will be contacted.

### General comments on resumes:

Quite clearly, employers want job seekers to itemize their relevant skills and abilities, and to target their resumes and cover letters specifically to each job applied for. You should use words and phrases associated to the position you are applying for as it makes the task of matching you to the position easier. Remember, your resume should be neat, clear, concise and easy to read in 30 seconds. Don't forget the importance of correct spelling, grammar and punctuation as both your resume and cover letter are examples of your written communication skills.

### Cover letters

Q1. Is a cover letter important in the application process?

Eighty-seven per cent of employers responded in favour of candidates including a cover letter. This is an opportunity to provide additional information on why you are right for the position. It may be the one chance to sell yourself!

Q2. What do you look for in a cover letter?

Ninety-nine per cent of employers look for correct spelling and grammar, 86 per cent want to read how your qualifications match the position applied for, while 77 per cent are interested in the format and layout, only 44 per cent are looking for originality in how the letter is written. A good cover letter should demonstrate your professionalism and provide insight into your language and writing skills.

### General comments on cover letters:

Cover letters should be one page in length and clearly identify what position you are seeking. Employers are looking for candidates who give a little extra effort so personally address your cover letter and explain how your skills and experience meet the requirements of the position.

Need help writing your resume or cover letter? Why not drop by the Career Services office located in Room D1063 for a copy of one of our job search booklets that contain helpful hints on creating your resume and conducting a positive job search. The Career Services staff are available to assist you on an individual basis. Visit the office in D1063 to arrange an appointment with the consultant responsible for your program or call 519 452-4294. For Fanshawe student job listings visit [www.fanshaweonline.ca](http://www.fanshaweonline.ca) or [www.fanshawec.ca/careerservices](http://www.fanshawec.ca/careerservices)

# The medieval knight in modern times



**B.A.L.L.S.**  
TIM HANDELMAN

The medieval knight's suit of armour was extremely expensive to produce. This armour was also a status symbol. The better the quality of the knight's suit of armour, the more important the knight. A knight's suit of armour was strong enough to protect the knight, but light enough to allow quick movement on the battlefield. Suits of armour are more than just metal suits! They evoke a certain medieval feeling - a romantic heroism. These suits of armour were made for function, but also for visual effect. These suits evolved and changed dramatically over the centuries from the middle ages to modern times. They also adopted new names that helped identify differing makers. Names such as: Ford, General Motors, Mercedes Benz and Dodge.

Medieval knights had a code of conduct that was called chivalry. This code changed over the centuries, but the major point was that the knight was bound to care for his lands and his people.

**Knights live by the following Code of Chivalry:**

**To protect the weak and defenseless** – to ensure that your harness is secure, to make use of specialty infant harnesses, to place the extra padding at the back of your head in an upright position, and to use inflatable cloth to protect you in the event of a sudden stop.

**To refrain from the wanton giving of offence** – except when you feel another knight has caused you offence, then you may



CREDIT: DIRP.COM

Medieval knights meet the modern world in a parade.

yell, grimace and extend your middle finger in their direction. Upon occasion you may stop abruptly mid-stride, thus throwing the offender off balance. In cases of grave disrespect, you may opt to defend your honour in the battlefield and propose a duel.

**To respect the honour of women** – modern knights are now often women, so this particular code is no longer in effect. In fact, you must now treat all other knights with disdain, irreverence and a general disregard for safety and respect. To distinguish yourself amongst the troops, you must dress up your armor with things that hang (fuzzy cubes and women's dainties), boxes of Kleenex, placards that stick to the back of your armour professing your beliefs and loyalties, and you must play loud sounds from

within to show all the other knights what you like, forcing them to do the same.

**Never to turn the back upon a foe** – one must move about as quickly as possible at all times. To not slow down for yellow warning signals, but to charge ahead with a boost of speed, to even pass through red signals at risk to one's self, and at the risk of other knights and commoners forced to tread upon the ground on their feet. One must not allow mere squires that ride upon two-wheeled contraptions to use the king's road without showing your dominance. You must crowd them to the edge of the road, cut in front of them as often as possible and exit your armour directly in front of their path. You must move from one path to another without indicating your intentions and strive to

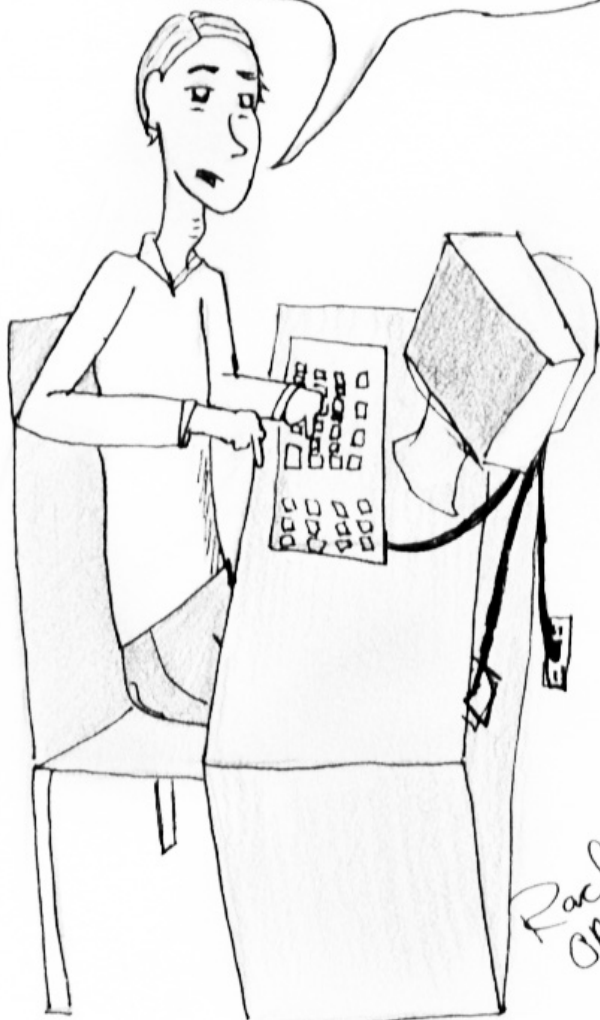
remove older and foreign knights from the king's road.

**To persevere to the end in any enterprise begun** - The modern knight must remember: this is your world, all heads of large commerce are there to support you. The slow and imminent destruction of the world is not your affair; in fact, it must be your goal. Strive to not allow others into your armour, thus allowing other knights to rise in the ranks and achieve their own armour.

**Conclusion**

The true armour of knighthood is on the inside, not the outside.

My Internet connection is down, looks like I have to go back to stalking people the old fashioned way.



## INTERROBANG

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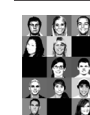
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The Interrobang is published weekly by the Fanshawe Student Union at 1001 Fanshawe College Blvd., London and distributed through the Fanshawe College community.

Letters to the editor are welcome. All letters are subject to editing and should be emailed. All letters must be accompanied by contact information. Letters can also be submitted online at www.fsu.ca/interrobang/ by following the Interrobang links.

## Party image slowly changing



**FSU PRESIDENT**  
 Joe Scalia  
 fsupres@fanshawec.ca

September is over, and with that, Project LEARN lessens its grip on the student neighborhoods around Fanshawe, Western and Richmond Row. I am hearing satisfaction from all sides involved with the project, except a few students who received some tickets for their unlawful actions. Some students feel targeted, and claim that isn't fair what the London Police Services are doing. But when their actions are based on events that have happened every year for the past five (maybe more) years, can you blame them for stepping up their game?

When September rolls around, they know what to expect, so they are out in full force ticketing students and staying on guard for anything that might happen. I'm hoping this year we can give them something new to expect, because as of yet, nothing has happened. This was the same last year though – nothing happened at this point in 2009. It was Halloween when a party spilled out into the streets of Fleming, lost control and had to be attended by London Police and Fire Services. This year, I am cautiously optimistic things will change. Students will not stop drinking and partying, but they will start doing so with a respect the city, police, and college haven't seen in awhile. I have

already seen evidence this has started, so let's keep it up.

The biggest threat to our winning streak is the out-of-control party. This happens for a number of reasons – public invitations on social networks, flyer advertisements and lack of control at the party. If you are hosting, keep in mind who it is you are inviting. Some invitees will go and advertise publicly for you, even if you don't ask them to.

Keep the parties inside or in the backyard. When police roll up to a house and drunk people are spilling out of the front door, they know the party has lost control. At this point they might intervene or they might wait patiently for somebody to step over the curb with a drink in hand. Either way, you have attracted the kind of attention no party likes to attract. And frankly, it's the kind of attention police don't like to deal with. I hear a lot of students asking, "Don't they have anything better to do?" and the answer is yes, they do have better things they could be doing, but unfortunately, they are getting calls about a party, so they have to respond.

Keep up the good work, Fanshawe. Let's make this the year that changes the way we are perceived within our community. Right now we're showing young people can give, and therefore receive, respect. This isn't something you're hearing just from me either. I have heard great compliments from the college and London Police Services as well. They thank me for a job well done, but really, I have nothing to do with it – the credit belongs to students like you.



CREDIT: THEROSS.ORG

Filmmaker Caveh Zahedi in his self-described "autobiographical hybridization" film *I Am a Sex Addict*. Here, he walks down a street trying to find just the right hooker. Canadian courts struck down previous prostitution laws that may see less women having to walk the streets.

## Sex trade just got safer



**TAKE THE POWER BACK**  
 DARIUS MIRSHAHI  
 darius\_mirshahi@hotmail.com

recent ruling by an Ontario Superior Court judge that struck down laws meant to curtail the sex trade on constitutional grounds, in that they violated charter rights of freedom of expression and security of the person.

The ruling doesn't take effect for 30 days, and the federal minister of justice is considering appealing the ruling, which would allow those in the sex trade to communicate freely with customers on the street, conduct business in their homes or brothels, and hire bodyguards and accountants without risking criminal charges of "living off the avails of prostitution."

The criminalization of sex work creates a far more dangerous work environment, resulting in many sex workers being raped, robbed, assaulted and even murdered. It is a model that empowers pimps and sex traffickers rather than the workers, and it can lead to far more coercive working conditions.

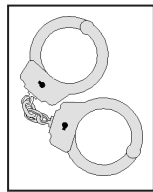
Although this ruling comes too late for the hundreds of sex workers who've been murdered and gone missing across Canada, it is finally a step in the right direction.

For a little over a year now, a volunteer-run support centre for sex workers, allies, and women in crisis has been active in London's Old East Village. Its name is SafeSpace, and it uses a model of empowerment to help sex workers operate with safety and dignity by offering harm reduction supplies such as STI educational resources, hygienic goods, food, clothing and information about available services in London.

Beyond simply providing resources for sex workers, SafeSpace has also focused on doing outreach to the community to de-stigmatize the issue, educating the public, and promoting the decriminalization of sex work.

Given its admirable efforts and principled position, it is no surprise that SafeSpace volunteers were among those who celebrated a

## Navigating pre-paid memberships



**LAW TALK**  
 Community Legal Services & Pro  
 Bono Students Canada (UWO)  
 519-661-3352

Have you ever signed up for a gym, modeling lessons, or dance classes? Lots of people get great deals by pre-paying up front, but when they want to cancel their memberships, they get hit with a refusal and not a lot of options.

Luckily, the Consumer Protection Act 2002 offers some protection for consumers facing problems with companies that offer services like gyms, martial arts, sport and dance classes, employment schemes and even dating services. The Act does not apply to non-profit or government organizations, private clubs operated by their members, or golf clubs.

Watch out for pressure tactics when signing up for any pre-paid service. You want to make sure you are getting quality for your money, so if a gym has poor equipment and facilities, it is probably not the place you want to be. When signing up with modeling agencies, make sure you know that you are dealing with a reputable company – those advertising in the classifieds probably are not the best in the industry. You should check out the Acting and Modeling Information Service ([www.amisonario.com](http://www.amisonario.com)) before signing up with an agency or agent. AMIS is a watchdog for the industry, with lots of information about common scams and ethical agent behaviour.

With every pre-paid agreement for services covered by the Act, for payments over \$50 there is a 10-day cooling-off period where you can cancel at any time, for whatever reason, with no penalties. This time period starts when you receive a copy of the contract or when all the services under the contract are available to you, whichever is later. So test out the goods you will be getting under the agreement and see if the contract is worth it for you. If you would like to cancel within the 10-day period, it is best to cancel in writing. If you do not receive an actual copy of the agreement, you have one year to write a letter saying you want out.

Also, initiation fees cannot be more than twice the annual membership fees, and you do not have to pay more than once.

The length of a membership cannot be longer than one year, and a club must give you the option of paying in monthly installments. This protects consumers from paying a massive lump sum to a company that might go bankrupt. However, keep in mind that a service provider can charge up to 25 per cent more if you choose to make monthly payments instead.

What if you cancel and they refuse to refund your money? The first step is to contact the business directly with a written complaint. Be sure to keep proof of the delivery of your complaint. This is important because the Ontario Ministry of Consumer Services wants to see that you tried on your own before helping you.

If you were careful to follow the guidelines for cancellation in the Act, and if they still refuse to pay after receiving your written complaint, you have the right to commence legal action to recover the full amount. Submit a letter of complaint to the Ministry of Consumer Services – they have broad powers to inquire about your situation and can make an order directing a person to comply with the Act if it is reasonable to believe that they have broken the rules of the Act.

Anyone who has been convicted of an offence under the Act can be liable for a fine up to \$50,000, up to two years' imprisonment, or both. A corporation can be fined up to \$250,000.

To contact the Ministry, you can go to [www.ontario.ca](http://www.ontario.ca) and click on Consumer Protection or call 416-326-8800 or 1-800-889-9768; TTY: 416-229-6086 or 1-877-666-6545.

*This column provides legal information only and is produced by the students of Community Legal Services and Pro Bono Students Canada (UWO). The information is accurate as of the date of publication. Laws change frequently so we caution readers from relying on this information if some time has passed since publication. If you need legal advice please contact a lawyer, community legal clinic or the Lawyer Referral Service at 1-900-565-4LRS. You can contact Community Legal Services to book an appointment to discuss your legal issue or mediation services. Fanshawe College students may also book an appointment to attend our outreach clinic at the college. Please call us at 519-661-3352 with any inquires or to book an appointment.*

## What?! Canada a candidate to be a fascist state

**Dear Editor,**

The latest article by Darius Mirshahi in the September 27 issue of Interrobang (*Canada a fascist state?*) calls for all true Canadians to respond in a tone that his dirt throwing on Canada deserves and calls for.

How can an immigrant like me call his new home (it does not matter whether I was born here or not) a potential fascist state?

I immigrated to Canada from the former Czechoslovakia, which was run by communists at that time. I know very well what dictatorship feels like.

Mirshahi's parents may have well escaped their own fascist or communist country. By now, they may be Canadian citizens. I wonder whether they know what kind of leftist, anarchist propaganda their son preaches and publishes in Fanshawe student's newspaper? The Interrobang, it seems to me, will print anything that comes across the editor's desk.

Mirshahi's far left outbursts are like a red flag that is being waved in front of a bull. Does he wonder why he is not getting any responses back (positive or negative) from students or staff? Is the silent majority scared or indifferent to his hate outbursts dismissing everything that Canada offers?

Mirshahi complains about the Canadian

government for building more prisons. Maybe the expanding prisons are a necessity to house all the criminals that are now roaming Canadian streets.

Omar Khadr, whom he lovingly calls a "child," is a member of a well known Toronto family that openly boasts about their personal relations with Osama bin Ladin. This so called "child" threw a hand grenade on an American soldier, killing him. In my opinion, let this "child" Khadr rot in U.S. jail. Canadian taxpayers should not be paying jail expenses for him.

I have followed for quite some time the escapades of Mirshahi. His support of blackhooded masked gangs protesting this past summer's G20. Maybe he was there too, jumping on police cruisers roofs and then setting them on fire. Recently, he was one of those graffiti artists producing their art on city of London utility boxes.

Only Mirshahi sees Canada "sliding down a slippery slope towards fascism." I suggest that he packs up his suitcase and goes back to whatever country he came from. He for sure does not want to reside in "fascist" Canada.

Peter S.



CREDIT: ANTHONY CHANG

The Broken Lyre at the Out Back Shack during New Music Night.

## Helpful social media - Read It Later

**BOBBY FOLEY**  
INTERROBANG

Read It Later (readitlaterlist.com) is the latest mobile bookmarking service to surface for Internet users that have a lot to read, but not a lot of time.

Launched in 2010 by Nate Weiner, Read It Later is a tool that collects your links in a simple, clean space for review at any time. It has a to-do style interface that can be used through its website by way of plug-ins for your preferred web browser, or by a mobile app available on every smartphone platform.

When you come across a website, article or curiosity on your computer or on your mobile phone, you simply choose to save it to your Read It Later account to view later. Additionally, you can sync your reading list automatically between your computer and your mobile device, and choose to read your articles even when you don't have Internet access.

### How it works

Read It Later records all of the relevant information about the article or website that you're reading (including the exact position of the page when you last looked at it) and stores them in a master list.

Access has been built in to many Twitter and newsreader apps, so

you likely already have access to it — check your favourite social or browsing apps, it may already be there.

### Why it's useful (or not)

Read It Later simplifies the process of gathering articles online and features them in the style of a to-do list — when you're finished with the article, check it off as read and it will be filed in the "read" portion of the application.

Browser plug-ins and mobile apps make it easy to incorporate into daily use. There is also a paid version of the service called Read It Later Digest that takes the random links you've saved and automatically sorts them into categories based on meta data that it finds on the link addresses themselves.

That said, you can manually edit each category with a series of keywords you'd like to use. Suppose you want your "music" category to include news and downloads. You can manually add the words "free," "download," "mp3" and more to ensure that any links with those words come up in that list.

Read It Later is a great way to save those articles and websites featuring relevant information to your studies, and all with the click of a single button in your browser or on your phone.

## A re-introduction's in order



**So you wanna be in a rock band?**  
Rose Perry  
www.rosecoraperry.com

Well, music industry, I thought you and I had had an amicable divorce, but it would seem that you've been rearing your ugly head once again, demanding more blood, sweat, and tears as your sick form of alimony. In other words, I thought I was done with you, and I most certainly thought I was done with my music industry advice column series. But, it would seem that now more than ever, my blatant honesty is required.

A lot has changed since the last time we've spoken. In fact, some may suggest that a reworking of this series' title is in order as I'm now an independent solo singer/songstress. But, don't let that fool you. I've been around the block for a good 10-plus years acting as my own manager, booking agent, publicist, licensor, entertainment lawyer, and, well, I guess I should also mention talent. I've played to sold-out crowds of 500,000 and have appeared as a special guest performer at some of the industry's biggest fetes, including Warped Tour, CMW, NXNE and MEANYfest NYC. I've been

recruited as an expert panellist in conjunction with both the Jack Richardson Music Awards and Metalworks Music Education series. Finally, I was elected by Canadian Musician Magazine to represent the quintessential indie artist's perspective in a three-month interview exposé with my opinions and insights considered just as valid as those of Greig Nori (Treble Charger/Sum41's Manager/DISband) and Steve Blair (Warner Music).

While there's no one, two, three, magical shazam recipe I can give you that will guarantee success, I am here to help you by pointing out the good, the bad and most certainly the ugly of this biz; accordingly, I welcome ANY topic suggestions you may have.

I'm NOT in the business of changing minds or crushing dreams, but I am in the business of providing you with the unapologetic and uncensored truth about how the Canadian indie music industry truly functions. For starters, there's no such thing as an overnight success.

So ... if all of this sounds like your particular brand of candy, I suggest you tune out your iPods, and tune in to what I have to say.

Premier article coming soon. Look for So You Wanna be in a Rock Band? every other week.

## Location-based craze: is it safe?



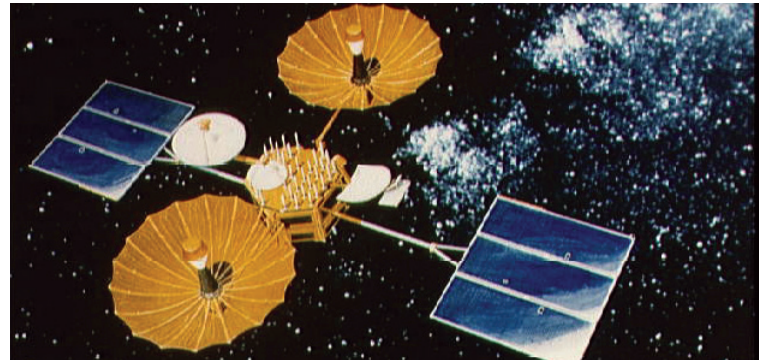
**TechFeed**  
Rachel Fee  
r\_fee@fanshaweonline.ca

Location-based social networking is nothing new by technology's standards. Loopd, founded in 2005, was one of the first of such services available, while Gowalla (2007) and Foursquare (2009) have excelled and brought popularity to the technology.

With more than a dozen alternatives available, almost any smartphone equipped with GPS can be used to let a service know where you're hanging out, and give you the ability to check-in to venues and leave tips, pictures, or other information for future visitors.

With the recent addition of Facebook Places, Facebook's half-billion users may prove to be just what the market needs in order to make checking-in as common as checking your texts.

But where does this information go? While it varies by service, information about your location is typically made available on a webpage dedicated to the venue (check-ins at a particular location), your profile (a list of your check-ins), and any additional services to which you choose to link — usually Facebook and Twitter. Within seconds, your whereabouts are listed in up to four locations, and sometimes more if you choose to share with additional applications. That's four ways for someone to find out where you go and exactly when you're there.



CREDIT: ABYSS.UOREGON.EDU

Broadcasting to the world where you are may not be the smartest thing.

Do these safety concerns mean that users should avoid the service altogether? Not necessarily. Location-based networking can prove useful for tracking your time, saving money, and more. However, users need to remember that the purpose of these applications is to publicize your agenda. Anyone with an Internet connection can find out where you've been and where you are within minutes of your arrival.

To avoid these security concerns and retain the benefits of the application, users may want to consider checking-in at departure rather than arrival. By the time someone sees you've checked-in to Timmies for your morning cappuccino, you're already on the road to work, and when a pesky acquaintance arrives to dinner uninvited, they're met by your dishes.

Users should also consider being selective as to when and where they check-in. Checking-in while travelling or running errands alone may pose a threat to personal safety when unwanted visitors realize Twitter provides a real-time broad-

cast of your every move. Even your social life can be protected — telling someone you're visiting grandma while you're actually downtown with classmates can be a quick way to end a friendship, and something that can be avoided by selective check-ins.

Avoid checking-in to venues which hint at extended absence from your home, such as hotels or hospitals. If a person wants a thorough list of people whose homes are currently unattended, they need only check the list of people recently arriving at a nearby hotel. This opens a whole new door for a variety of organized crimes.

Letting the world know where you live by setting a "home" venue publicizes your home address and should be avoided, though Gowalla and Foursquare claim this is acceptable and provide a "home" category to do just that.

So while getting your next midnight Big Mac free might be economically pleasing, you may want to think twice before you let the public in on your every move.

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# Lost Soul Stroll promises to creep

JESSICA IRELAND  
INTERROBANG

Ever heard of the Talbot Tot who was buried in downtown London?

Well, you will when you sign up for this year's Lost Soul Stroll, a six-year London Halloween tradition.

Presented by London Fringe for the past three years, the 90-minute walking tour of downtown gives a spooky inside look into the historical ghosts and characters of the city as they tell their true stories.

This year, director John Gerry is putting a new spin on things, said producer Alison Challis. The script has been re-written and new characters have been introduced along with old favourites. "Lots has changed since last year," she said. So those who are Lost Soul Stroll regulars will be pleasantly surprised.

The Stroll is less jumpy haunted house and more bone-chilling creepy and is not recommended for children under 12.

The show starts promptly at 8 p.m. at St. Paul's Cathedral. It runs in all weather, so it's important to dress accordingly.

Tickets are \$20 and should be reserved as soon as possible because the shows usually sell out fast, particularly getting closer to Halloween. You can order them by calling the Fringe at 519-434-0606



CREDIT: RICHARD GILMORE

Aimee O'Beirn playing Iron Annie in a past production. This character and more return this year with new characters for a spookier stroll.

or going online to <http://LostSoulStroll.com>. They sell up to 60 tickets per night to get an idea of how much space they allow for.

The show runs October 1, 2, 8, 9, 15, 16, 21, 22, 23, 26, 27, 28, 29

and 30. As for that Talbot Tot? Well, come out and learn the story straight from the baby's mouth. It's definitely one of the more creepier tales, said Challis.



CREDIT: MPJTW11.WIKISPACES.COM

People walk on past someone who needs help, slumped on the sidewalk.

## The bystander effect

AMANDA DEAKIN  
INTERROBANG

Have you ever been in a situation where you saw someone who you thought might need help, but you weren't 100 per cent sure? You chose to carry on with what you were doing, figuring if they did need help, someone else would help them. Many of us have been in situations like this, whether it was kids play-fighting roughly or hearing your neighbours in a verbal fight.

This is known as the bystander effect: in most cases, the larger the group is, the less likely the person needing help will get it. The bystander effect is not only present in unsure situations – such as not knowing if some kids are play-fighting or bullying – it can happen in the case of a real crime.

An example of the extreme negative effects of the bystander effect is the murder of Kitty Genovese in March of 1964. Genovese lived in an apartment complex in New York with many neighbours, and on her way into her building on March 13, she was brutally attacked and stabbed twice by her assailant. After Genovese called for help many times and drew the attention of her neighbours who were watching through their windows, the attacker fled and left her fatally injured. After 10 to 15 minutes, Genovese's attacker came back, stabbed her again repeatedly and raped her while she died. The attacks on Genovese lasted for more than 30 minutes.

Approximately 24 of Genovese's neighbours saw the attack; only after the attacker fled the last time did someone call the police.

People tend to not approach others who may be in need because they don't want to feel silly for thinking a person needs help if they don't. Sometimes it may even seem dangerous to get involved in violent situations.

There are ways we can get around these barriers: if you're not sure whether someone needs help or not, ask them for help. For example, you see a couple having an argument, and you think it might get violent – stop and ask them for directions. Communicating with people, even about something seemingly unrelated, will give you a better feel for the situation.

If the situation is more severe, like a group attack or a fight with weapons, call the police. Does it matter if someone else has already called? Isn't it better for the police to get four or five calls than none? If you're still unsure what to do, call a friend or family member and ask them for advice. They can help you feel more confident about your decision.

In the end, it's better to feel silly for trying to do the right thing than regret you did nothing.

Source: Wood, Samuel E., Wood, Ellen G., Wood, Eileen and Desmarias, Serge. *The World of Psychology*. Toronto: Pearson Education Company, 2008. Print.



CREDIT: CTV/CA

Fifteen-year-old Jordan Todosey is Degrassi's first transgender character. The season continues October 8.

## Degrassi debuts first trans character

JESSICA IRELAND  
INTERROBANG

In the world of Degrassi Community School, being a teenager can be rough, but imagine trying to navigate the world of adolescence while feeling like you've been given the wrong body.

Degrassi's newest character, Adam, encounters this as the first transgender character on the show.

Played by 15-year-old Jordan Todosey, previously seen on *Life with Derek*, Adam deals with being a transgender teen and normal teen issues, like just struggling to be himself, said writer Michael Grassi. Not every episode will focus on Adam being transgender. "He's just a part of the school," said Grassi, adding that Adam will be facing the same situations other characters do, like possibly some family drama and action in the love life department.

Todosey, who has always been attracted to interesting characters, did as much research as she could to prepare for the role, including watching *Boys Don't Cry* and YouTube videos by transgender teens. She also underwent physical changes, like cutting her hair. "That was a lot harder than I thought it'd be," she said.

To get into character, she tapes down her breasts and embraces the many layers of boy clothing. Throughout it all, her goal is about respect for the character. "I just want to keep playing Adam to the best of my ability without mocking him," she said.

She's also been pleased with feedback the character has gotten from the trans community. She often receives messages on her Twitter account from teens. "The character speaks to anyone who's an outcast."

On the Degrassi message boards, there's been an outpouring of support for the character. "People from the trans community are saying they went through the same thing," said Grassi.

The writers of Degrassi decided on approaching a trans character after reading about high schools across Canada and the United States having teens coming out sooner. Having a character like Adam shows kids "it's happening on TV now, shows those kids they're not alone," said Grassi.

It was also a great time to introduce the character with the new show format of over 40 episodes instead of 24.

As for when the show starts again this fall?

"I think the fans will have a lot to chew on once the season starts," said Grassi.

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# Social Code making their way towards rock stardom



**BOBBYISMS**  
BOBBY FOLEY

I write about random things a lot. I write a lot about random things. It's a funny thing — it seems with each month and year that goes by, the ways in which the Internet has affected the music industry are becoming more and more apparent.

While many changes have been obvious (like sales), many have sat quietly and gone unnoticed by the majority of the population — like the way an artist or band transitions from obscurity to their moment in the spotlight. If fame can traditionally be allotted to some proverbial 15 minutes of note, then surely with music it has become closer to a solid 90 seconds.

With the exception of a roster of legacy bands still touring and producing since their beginnings in decades past, there are almost no bands today that have come into prominence before the Internet boom.

One rare exception I've found is Alberta's Social Code, a band that got their start in 1999 as Fifth Season, formed by singer Travis

Nesbitt and bassist Logan Jacobs. The year 2003 saw them change their name to Social Code, sign to Interscope Records, and begin work on their debut, *A Year At The Movies*.

Leading up to that was a lot of hard work, however, the likes of which make the boys in Social Code an authority on how to make an entrance into the world of rock stardom. The band stopped into London in August, and I got a chance to speak to Nesbitt and guitarist Morgan Gies all about it.

"When we got our first deal, record companies actually signed you to develop you," Nesbitt told me outside the London Music Hall. "So they would sign you to a single-sheet contract saying, 'We're going to develop you, and we get first right of refusal on the first record that you guys do.' So what they do is they dump a little bit of cash into you, and then they send a producer up and you start to work together, and if you come up with something good, then they'll sign you."

This practice was long ago thrown out of the window, Nesbitt went on to say — one of a number of ways in which a band's development has changed.

"It's just getting smaller and smaller," he shrugged. "So now what bands are forced to do is

exactly what we did: be an independent label, go into your basement and record your own record. And develop yourselves, figure it out yourselves. So it's just different ... maybe it's better, maybe it's worse, it's just different."

"If Led Zeppelin was out now, they would never make it," said Gies. "I read somewhere it wasn't until their second or third record before [they became profitable]. If that had happened these days, they would have been dropped from their label, and that would have been it."

Ten years on, the boys admit touring has changed quite a bit, too.

"On this record, we wanted to do the right tours, so we didn't want to just go out and tour our faces off in Canada," Nesbitt began. "So for us, it's like, 'Look, if we're going to go out and tour, it better be the right tour.' That's the thing that we've figured out nowadays, is that 'no' is sometimes better than saying 'yes' to everything. It's kind of strange."

"The old us probably would've done Warped Tour for a couple of weeks and then jumped on with Theory Of A Deadman for a couple of weeks, and then flew over to the east coast and played a show with whoever, you know what I mean? It burns through money."



CREDIT: MYSPACE.COM/SOCIALCODE

Canadian band Social Code is busy touring in support of their latest release, *Rock 'N' Roll*. The band made a stop in London back in August.

"There's also being an independent, and having to think about the budgets and stuff like that," Gies pointed out. "When all the money you bring in has to go and pay itself back, it's really important that you're mindful."

That said, Social Code are currently playing a couple of gigs in Indonesia in support of their latest release, *Rock 'N' Roll*. To hear it,

head over to their website at [SocialCodemusic.com](http://SocialCodemusic.com) and watch their journey unfold on [Twitter.com/SocialCode](http://Twitter.com/SocialCode).

And be sure to check out the Music Recommendations thread on our FSU social network to see what the guys told me they've been listening to lately. I'm out of words.

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## D.O.A. brings their hardcore sound to London

T.K. DALLMAN  
INTERROBANG

Thirty years since their debut album, *Something Better Change*, Vancouver hardcore originators D.O.A. have been keeping things loud, fast and surprisingly original.

"You've got to come up with new ideas and keep people interested, and show that you've still got your brain working and you're not just going through the motions," said the band's frontman, political activist, writer and former Green Party candidate Joey "Shithead" Keithley, during a phone interview from his home out west. "Otherwise you become one of these revues, like when you see Crowbar and Prism and Trooper all playing, the classic rock type thing."

Keithley puts his money where his mouth is. Since 1980, the band has released 18 full-length albums (including one live album), countless 7" singles and they've contributed to several compilations. It's a huge catalogue of material to choose from, and their set list for the October 5 show at Call the Office is likely to run the gamut.

As Keithley said, "I have my favourites and that's generally what we play live. There are some songs I haven't listened to for a long time, and I put them back on and I'm like, 'Oh yeah, that's pretty good!' But I hadn't thought about that song for five, 10, 15

years."

Forgetting the songs altogether is another worry. "Some of them, I have to sit down with the record and I'm like, 'How does that go?'"

Luckily, retracing his steps usually isn't hard. Defined by the minimal use of chord structure, fast beats and words that are generally more shouted than sung, D.O.A.'s music is simplistic and primal with a political edge, also reasons for the band's status as a cult favourite amongst hardcore and punk fans.

In fact, D.O.A. played a significant role in the development of west coast hardcore music, even providing the genre's namesake with their sophomore release, *Hardcore '81*. Alongside bands like Black Flag and Minor Threat, they helped to pioneer the angrier branch of punk rock, incorporating heavier guitars and faster drum beats. D.O.A. also maintained a firm political agenda, writing songs about police brutality and rebelling against symbols of the conservative right wing, like Ronald Reagan.

"Some come (to D.O.A.'s concerts) to listen to the music because they like the groove or because they like the politics or because it's a party," said Keithley of the band's fans. "If you can get up there and inspire people and go as hard at it as you can, you get that back from the crowd and it's a thrill."

But for all its brashness, lack of poetics and beer-stained dance floors, hardcore punk rock like D.O.A. has more recently taken a turn toward the intellectual. A few years ago, Simon Fraser University in Vancouver, B.C. began a catalogue of old Canadian punk memorabilia, and with punk-turned-professors like Bad Religion's Greg Graffin, Keithley has come to see North America embrace punk's grittiness as more than a passing fad.

"Whether people realize it or not, within a small percentage of people involved, there was always an intellectual edge to (punk rock) and there were people who thought all this stuff through quite a bit, instead of coming from a reactive type background or acting that way (in response) to what society was doing. I think with punk rock, because it's an extraordinary fit of anti-establishment anarchy and that it was different than a lot of types of music, that's why ... it's getting its due."

With his newfound respectability, Keithley leapt into politics in 1996, running as a Green Party candidate in British Columbia's provincial elections. But after two long campaigns, he resigned to spend the greater part of his time working for Sudden Death Records (Keithley's own creation) and writing, playing and touring with D.O.A.



CREDIT: EXCLAIM.CA

D.O.A. is a hardcore punk band from Vancouver. Often referred to as the "founders" of hardcore punk, D.O.A. has always maintained an uncompromising anarchist, populist political stance and bring their brand of music to Call the Office on Tuesday, October 5.

After 30 years of it, he's still not bored.

"To me ... what separates D.O.A. from a lot of other bands is that there's a feeling of nostalgia with (our music), but in my mind, ... being progressive has stopped D.O.A. from becoming a nostalgia

act and there's a huge difference there."

So check out D.O.A. at Call the Office on Tuesday, October 5, and experience both the old and the new. Tickets are \$10 in advance, \$12 at the door.

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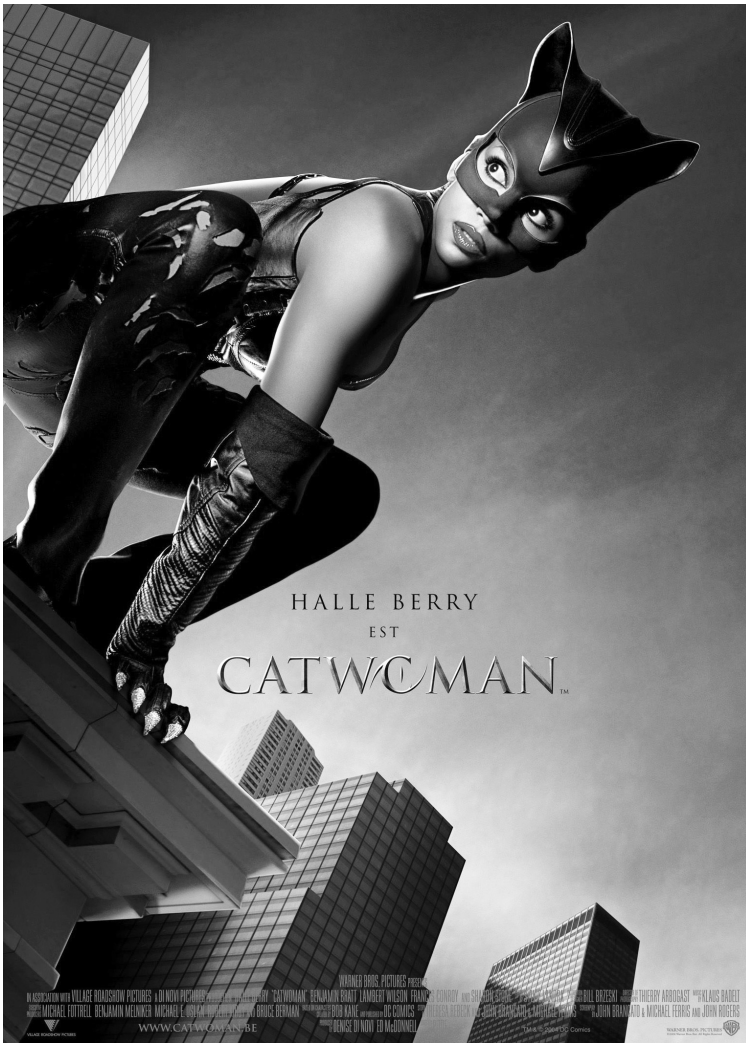
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CREDIT: MOVIEPOSTER.COM

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www.cinemaconn.com

### Catwoman (2004)



Fanshawe has cat scratch fever! The Fanshawe Student Union's new social network ([www.fsu.ca](http://www.fsu.ca)) allows students to connect and communicate on a wide variety of topics. And what is one of the most popular topics? Kitties. People are posting pictures of their own kittens and sharing their love of felines. A cat club has even been formed here on campus. Hell, you may even see some kittens sashaying down the halls soon enough. There may be pussycats galore on campus.

To capitalize on this popularity, I decided to take a look at the greatest feline character in pop culture (sorry, Garfield). She's flashier than The Flash, more superb than Superman, and she's got more prominent nipples than Batman. Catwoman has a storied history as a comic book character dating back to 1940, so it was with great excitement that I sat down recently to watch a film more than six decades in the making, the 2004 summer blockbuster *Catwoman*, starring Halle Berry.

In *Catwoman*, Halle Berry portrays Patience Phillips, a meek young graphic designer who works for a cosmetics company. Her life is turned upside down when she gets a chance to work on the company's hot new product, a cream that reverses the aging process. When Patience finds out that the cream has horrible disfiguring tendencies, she is hunted down and killed by the company's security.

But that is not the end of the story for Patience. She is brought back to life by the kiss of a mysterious cat. She is re-born with all of the abilities that a cat would possess, such as the ability to dunk a basketball and thwart criminals. So for those who thought that all cats could do all day was lay around and crap in boxes, you are sadly mistaken.

With these amazing new abilities and a black skin-tight suit that leaves little to the imagination, Patience becomes Catwoman. From there she goes on the prowl, trying to find out why she was murdered and seeking vengeance upon those responsible.

Berry is a delight as Patience/Catwoman. She plays the role with just the right amount of campiness. Berry won the Best Actress Oscar three years earlier for her role in *Monster's Ball*, an honour that should have been bestowed upon her once again for this film. Between her performance in this film, and her previous work as Storm in the *X-Men* films, she has proven to be quite the heroine. With all due respect to the likes of Adam West, Christopher Reeves and Hugh Jackman, nobody portrays a superhero like Ms. Halle Berry.

So ignore everything you have ever read about *Catwoman*... well, except for the previous few paragraphs of this article. It is one of the most underrated films of all time. I would go as far as to say that it is a purr-fect movie. In fact, I would say that is one of the most cat-ifying film experiences I have ever engaged in. These cat puns doing anything for you? In all seriousness, I do hope that the old expression about cats having nine lives is true, so that the public can be treated to eight long overdue sequels. My feelings about *Catwoman* can be summed up in one word – meow!

## Greed proves to be good



REEL VIEWS  
Alison Gaze  
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### Wall Street: Money Never Sleeps (2010)



Oliver Stone has made the words of his own Gordon Gekko come to fruition with the release of his follow up to the 1987 hit *Wall Street*. In 2010's *Wall Street: Money Never Sleeps*, Stone takes the audience to the elite world of Wall Street again.

*Wall Street: Money Never Sleeps* is a continuation of Gekko's sordid tale of ambition and money; however, this time a new generation becomes involved in Gekko's world of lies and deceit. After spending eight years in jail for a slew of charges including insider trading, Gekko is released to find himself broke and alone, and turns his efforts to reuniting with his estranged daughter. Gekko is aided by Jake Moore, a Wall Street trader engaged to Gekko's daughter, Winnie. Reconciliation proves to be no small feat for Gekko as Winnie has become bitter and angry, blaming her father for the death of her brother, Rudy. The seemingly reformed Gekko offers advice to Jake about the truth of Wall Street and the hidden agendas of his fellow traders. Aside from Gekko's tale, *Money Never Sleeps* focuses on relationships: Jake and his mentors, his mother, his fiancée



CREDIT: 20TH CENTURY FOX

Ex-con Gordon Gekko (Michael Douglas, left) enters into an agreement with young trader Jake Moore (Shia LaBeouf) in Oliver Stone's *Wall Street: Money Never Sleeps*.

and his idolatry towards Gekko himself.

More than just a fictitious melodrama, *Money Never Sleeps* chronicles the financial crisis of 2008. Scenes of pure chaos on the floor of the New York Stock Exchange give insight into the scale of panic felt by traders during the record-breaking days of financial loss on the markets. Compounding this effect on the viewer is the sub-plot of Louis Zabel, a big time player in the markets, whose story is the epitome of the chilling consequences of the cutthroat world of Wall Street.

Much of *Money Never Sleeps'* strength comes from the cast. Michael Douglas reprises his role as Gordon Gekko and plays him in such a way that no one can ever truly be sure of what his intentions are. It is this moral ambiguity that makes Gekko a character that is enjoyable to watch repeatedly. Shia LaBeouf joins Douglas as

Jake Moore. LaBeouf creates within Jake an evolution of character from bright-eyed, bushy-tailed trader with integrity, to a deceitful man whose bottom line is money. LaBeouf's counterpart is Carey Mulligan as the liberal, down-to-earth Winnie Gekko, the polar opposite from her father. Frank Langella plays the tragic Louis Zabel, and his adversary Bretton James is played villainously by the versatile Josh Brolin. The cast is rounded out by Susan Sarandon as Jake's mother, and an unsurprising but thoroughly entertaining appearance by Charlie Sheen as Bud Fox.

By all accounts, *Wall Street: Money Never Sleeps* is a successful successor to the 1987 original, and while it has some strong romantic melodrama overtones, and a few awkwardly placed sight gags, it is both entertaining and enlightening from beginning to end.

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## Changing the Canadian designer perception



ALYSSA PAGEOT  
FASHION WRITER  
alyssapageot@hotmail.com

If you follow along in the fashion world, you'll know that New York Fashion Week has come and gone, London is over, and now we're finished Milan and on to Paris. I've seen so many different cultures, influences and lots of exceptional qualities represented by each country. However, while trying to follow along with international designers and labels in school, we are being avidly encouraged to get involved and educated with the Canadian fashion industry as well.

Some complaints were heard; many people think Canada has nothing to offer other than DSquared or the winners of Project Runway. I cannot stress enough how important it is, as someone involved in the fashion world, to support local designers. Find out more than just the brand names sold at stores in the mall and read about up-and-coming designers; they are the future of our industry.

One name I have been hearing a lot lately is Clayton Evans – the founder of Montreal-based Complex Geometries. I chose to research the brand on a whim for a project for school, thinking it would be a challenge since it was unknown to me, and I wondered if I would even like the content.

I was blown away when I visited the website and saw just how tasteful the pieces were. The first connection I made was that the clothes had a Japanese influence to them, very Yohji Yamamoto – one of my favourite designers. Evans is a



CREDIT: STYLEBYME.NET

A piece from Canadian fashion designer Clayton Evans and his label Complex Geometries from spring/summer 2010.

designer with a definite goal in mind: change the industry, change ideals and "proper" ways of wearing clothes and when. Not only are most of his clothes unisex; almost every piece can be worn a few different ways. The vision behind his work is uncompromised and truly admirable because although it may seem like simple work to the naked eye; those who understand the importance of fabric and drape will

really appreciate the magnificent nature of the garments.

The dark, witchy inspiration is my favourite part about the clothes; I would love to take an autumn stroll in a cemetery wearing one of Evans' coats, or perhaps I'd belong on a Yorkshire moor, a la Wuthering Heights.

The pieces are just fabulous for the fall season: warm, spacious, free-flowing and all in shades of

grey. The monotonous and repetition are nothing to scoff at, nor do they lack imagination or inspiration; the concepts are so much deeper than pieces created simply for the effect of eye candy, they are extremely well thought out and timeless. His work is sold online and at very few stores in Toronto, Montreal and New York. The pieces are worth the hunt and the money (they're not ridiculously overpriced) as

they are quite well made with luxurious long-lasting cotton jersey knits. I'm itching to get my hands on something from Complex Geometries and I have a good feeling that Clayton Evans is going to be a name to remember and recognize, hopefully working to change the ridiculous stigma that Canada knows nothing about fashion.

## Congratulations, Aimee Brothman! You're no longer a beauty snob



AIMEE BROTHMAN  
FASHION WRITER

I don't know about you, but I have never been a big believer in entering contests. Instead of a long-awaited "You're a winner!" phone call, the result is usually nothing more than annoying and constant emails from the company you entered the contest with.

Knowing this, I still am tempted by the alluring thought of winning a trip or a shopping spree, or most recently, the chance to become a juror. Yes, you read that right: I entered a contest to willingly be called to jury duty. I eagerly entered my personal information and hoped for the best as this was not just any old jury duty; this was the chance to be a juror for the Elle Canada 2011 Beauty Awards. Along with basic information like my address, the questionnaire tested my knowledge and love of beauty loot by asking me to answer in essay-style format about mascaras and moisturizers. As a previous beauty intern and long-time product junkie, gushing about my favourite primer was a piece of cake.

After sending off my applica-

tion last August, I had nearly forgotten about the whole thing until about a month ago when I received the elusive winning e-mail – I was selected to be a juror! Duties included receiving a package full of beauty loot, following each product's directions and then signing on to Elle Canada's Beauty Awards site to rate and write up on my findings.

Dreams of Dior and hopes of Hermès immediately flooded my mind and I envisioned a package overflowing with luxurious goodies just waiting to earn prime space on my already crowded vanity. Imagine my surprise when after opening the rather large and heavy box, I found an array of products wrapped up in Elle-printed Mylar concealing the brand and type of product! Some lotions were instantly recognizable, such as Aveeno moisturizer with its cream bottle and olive green pump. Makeup palettes and face washes were not as easy to identify, however, so I did what any other curious girl would do: I tediously peeled and picked at the sticky Mylar wrapping until the name that was so precisely concealed was staring right back at me. Being the designer snob that I am, I was hugely disappointed to find names like Marcelle and Cover Girl instead of Burberry or Tom Ford.

Dedicated to the task at hand, I

had to commit to my now dreaded jury duty. How would my spoiled skin react to St. Ives lotion after exclusively being treated to Biotherm? And Annabelle eye-shadow?! Not even in my colour-curious pre-teen experimental days would I venture this far from luxury brands. Reluctantly, I logged on to the Elle Canada juror's website and read each product's instructions.

Although yes, some of the drugstore choices definitely did not make the cut and could not compare to the slew of goods my pampered skin is used to, I shocked myself by loving some of the goods. Cover Girl & Olay Simply Ageless Cream Blush made the cut. It has a super creamy texture, blends well and its natural, peachy finish and long-lasting wear seriously impressed me. Another winner? Gold Bond Ultimate Restoring Skin Therapy Lotion with Q10. This lotion smells amazing, went on smoothly, sunk in quickly and kept my skin soft all day. What more could you ask for in a body lotion? Now that I found some cheap thrills I love, I may have some more dough to splurge on a designer piece of clothing instead of makeup.



CREDIT: NICHEWHITE.FILES.WORDPRESS.COM

Cover Girl & Olay Simply Ageless Cream Blush is better than you'd think.



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CREDIT: ELLE.COM

Modelling Dior's fall makeup.

## Modern makeup goes back to the '50s for fall



CHRISTINA KUBIW  
KALASHNIK  
FASHION WRITER

Ladies, ladies, ladies!

The '50s look is still in, and we're seeing a modern woman's makeup intertwine itself with the classic '50s housewife look. To truly look your finest, make sure you've crossed each of these off your beauty must-have list.

1. Brow pencil: One of the biggest beauty essentials that goes un-bought! For some unknown reason women do not spend their time shaping and enhancing their brows. As of right now high-arched, neatly defined brows are in. To achieve such a brow, make sure when shaping that the arch is just past the pupil of your eye. Use a pencil that is two to three shades deeper than your hair colour to achieve a strong "popping effect." While on the topic of brows, do me a favour, do not over-pluck. This is far too common a mistake women make. The brow is the frame of the eye, so if it is thin and hook-shaped, it's not truly framing your eye. They're simply drawing more attention to themselves and pulling away from the eyes.

2. Lip stain: The lip stain saw the height of its popularity two seasons ago and while we *thought* it was shriveling away, it now seems to be making a comeback. However, this time around, no coral or bright pink shades necessary. The talk of the town this runway season was rich maroons and dark rosés. Colours that reflect plump and healthy lips were popular on the runway. So go on, buy a colour that makes lips look so luscious nobody will

be able to resist kissing them.

3. Bronze shadow: I find that bronze shadow gets hated upon more than it should. Believe it or not, it is definitely a fall beauty essential. The great thing with a bronze shadow is it doesn't contain bright undertones. Its pigments are rich and closely related to the pigments in all skin tones. Yes, all skin tones! Weird, huh? Bronze is a colour with primarily yellows and browns. Every bronze shadow has a different ratio of the two colours; however, they are both present. Make sure you're getting the right colour pigment proportion. It's possible for it to be worn on olive skin tones, deep skin tones, and more. Even the fair-skinned can rock this look, just make sure not too overdo it. No need to apply it like Mimi from *The Drew Carrey Show*.

4. A suitable compact: The look of the '50s housewife is not one that should be accompanied by cake makeup. Let us see the real colour of your skin – whatever it may be; it's about a natural look. Don't apply an entire compact of bronzer to your face if you're pale; it's too much. And don't try to lighten your skin tone if you have a darker complexion. Beauty is about enhancing what we have, not changing it because we don't like it. However, there will always be a bronzer fiend, so for the girl who refuses to put it down, I would like to introduce you to the friendly alternative known as peach blush. It will still give you a sun-kissed glow without making you look like you're from *Jersey Shore*.

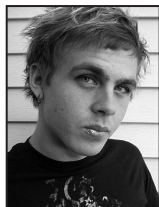
Note: This season the look on the runway for skin has been matte, so carry blotting sheets or dust on a translucent powder to eliminate shine.



CREDIT: SCFORM.COM

If you shave daily, you know that it can take a considerable toll on the skin. There are a number of things you can do to lessen the irritation caused by shaving.

## The irritation of shaving



ZOOT  
JOSHUA R. WALLER  
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As the colder season starts rolling in, so does the dry weather which means your skin needs to be taken care of. Most men do not have a skincare regime, nor do they protect their skin at all. Men's face and neck areas are more susceptible to dry skin and irritation since they shave and tend to use shaving creams containing alcohol which just further dries the skin. According to an American Academy of Dermatology's poll, about 78 per cent of men said shaving irritates their skin. There are many products available to help keep the skin moisturized and protected throughout the colder seasons.

Avène is a line of skincare products for those who suffer from sensitive skin; they use minimal ingredients and avoid the use of harsh chemicals that can ruin the skin after long term use. Their shaving products are all alcohol free, hypoallergenic and have an anti-irritating element added to them to avoid razor burn and break outs. After shaving, it is recommended you use their cold cream moisturizer, to help protect, soothe and hydrate the skin. These products can be found at Shoppers Drug Mart and range from \$15 to \$20.

Vichy also has a specific line designed to fit the needs of men's skin concerns called Vichy Homme. Their purifying shaving foam is thick in texture to protect the skin from razor burns and is also hypoallergenic. However, this product also does contain a small percentage of alcohol and fragrance, so it is definitely not recommended for anyone with sensitive skin. Their Normactiv Cg purifying hydrating fluid is the perfect moisturizer to be applied after shaving as it supplies the skin with

eight-hour hydration. These products also range from \$15 to \$35 and can be purchased online or at a drugstore.

La Roche-Posay is another brand that has a line of products for men whose skin becomes irritated after shaving. Their shaving gel, XY Homme Shaving Gel: Micro-exfoliating Emollient, is concentrated with softening agents to bring hairs to the surface to prevent ingrown hairs and irritation. This ultra-dense product is soap-free and anti-bacterial. It not only provides a clean shave, but also exfoliates the skin at the same time. Their anti-redness balm can be applied after shaving to soothe the skin and also helps create a stronger barrier against the ele-

ments. This product also contains ingredients that heal minor cuts from shaving as well as strengthening the blood vessels to reduce the appearance of redness.

With all the advancements in technology, there are many products that can actually help cure skin problems and irritation. Even though the colder seasons are coming, and the weather may be becoming a lot rougher on our skin, there are many products now available to help keep the skin healthy and protected. With a proper skincare regime and proper shaving cream, the deathly cold of fall and winter don't stand a chance against your properly treated skin.

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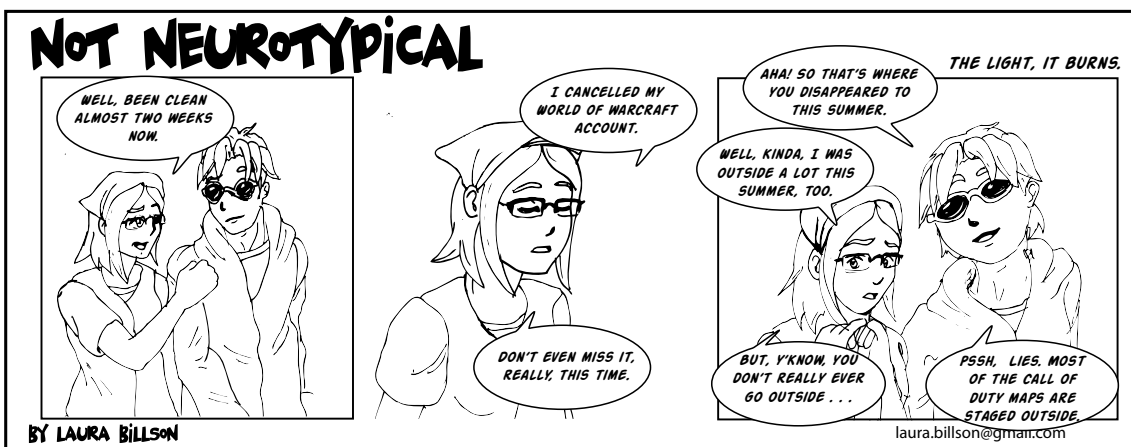
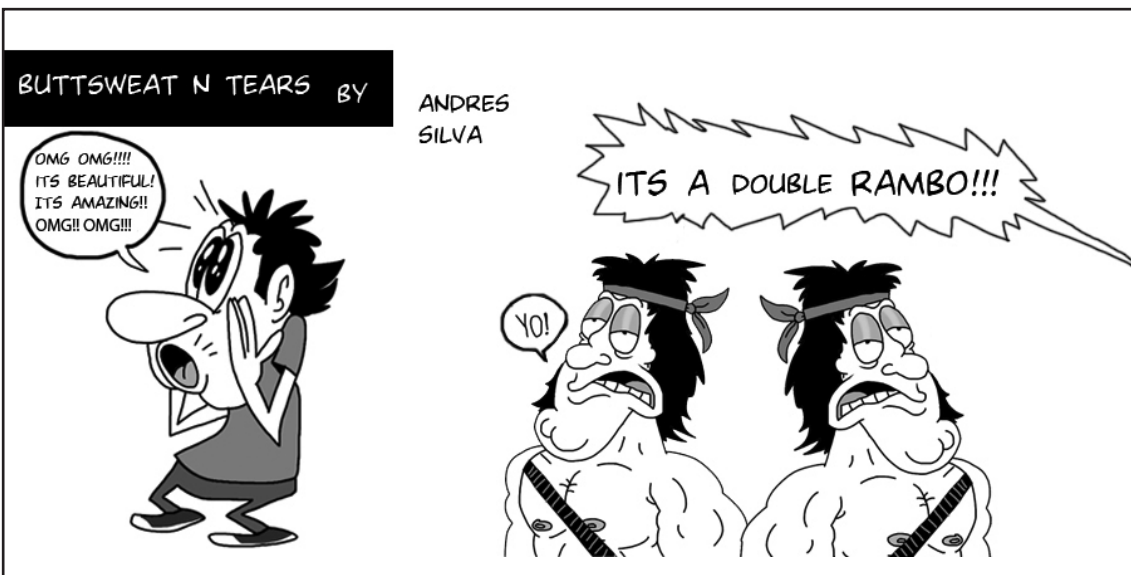
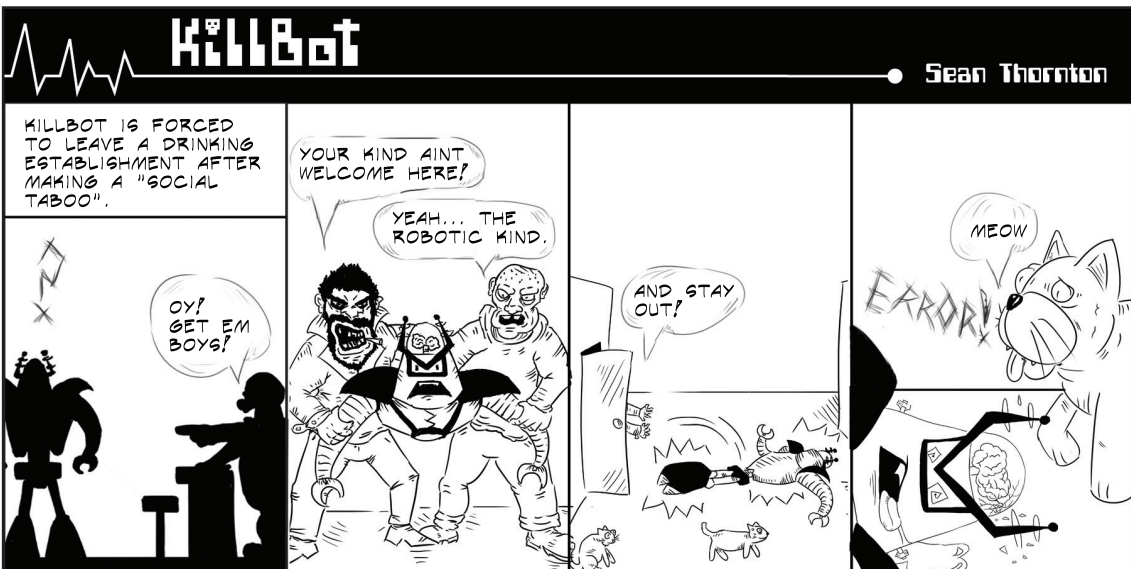
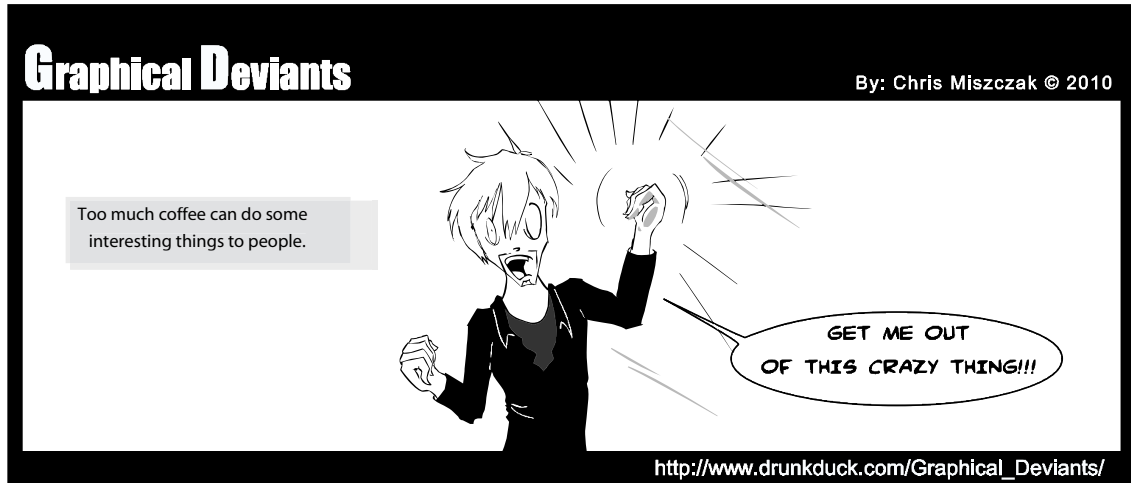
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# zodiac stargazer HOROSCOPE

## Aries (March 21 - April 19)

Your body may be the battleground for your mental excesses. Release your pent-up stress with exercise or a massage, and stop internalizing everything so much. Consider ways to reduce the clutter in your life.

## Taurus (April 20 - May 20)

You have that rare ability to say the right thing at the right time. Complete strangers are easily impressed, as well they should be. Let your self-assurance carry you forward in a blaze of light.

## Gemini (May 21 - June 20)

You can't find concerns more basic than health, home, and family. Slows your busy pace down to one of maintenance and introspection. You're far more interested in cures than in Band-Aids.

## Cancer (June 21 - July 22)

Your bright light cuts through the darkness. Your precision and organization inspire others to follow your lead. Natural products are a better buy than their chemically derived imitations.

## Leo (July 23 - August 22)

Predictions can influence your current reality without overriding it. Others will listen when you address them in a serious tone of voice. Be cautious, and save yourself a fortune in time, money, and worry.

## Virgo (August 23 - Sept. 22)

If others aren't prepared to give you what you deserve, reach out and take it yourself. Mercury fills your life with clarity and volatility. Celebrate your genius, even if you have to do it alone.

## Libra (Sept. 23 - Oct. 22)

Wild ideas threaten to push you off course. Your mind is capable of so much, including the overstepping of its own boundaries. Get a second, trusted opinion before doing anything rash.

## Scorpio (Oct. 23 - Nov. 21)

This is a time for repaying generosity that has been shown to you. The favours exchanged in a true friendship are never a burden. An action is as much fun as the results it produces.

## Sagittarius (Nov. 22 - Dec. 21)

You may be in danger of over committing yourself. Consider your existing workload before accepting any new projects. Time and financial budgets are meaningless without an energy budget.

## Capricorn (Dec. 22 - Jan. 19)

Leave the long range planning for someone else and set your sights on the details of here and now. Work through complex puzzles with great delight. Accept an incoming call - you never know who it might be.

## Aquarius (Jan. 20 - Feb. 18)

Written agreements can still be changed before everyone signs them. It never hurts to ask questions. One simple clarification might save you from making the mistake of a lifetime.

## Pisces (Feb. 18 - March 20)

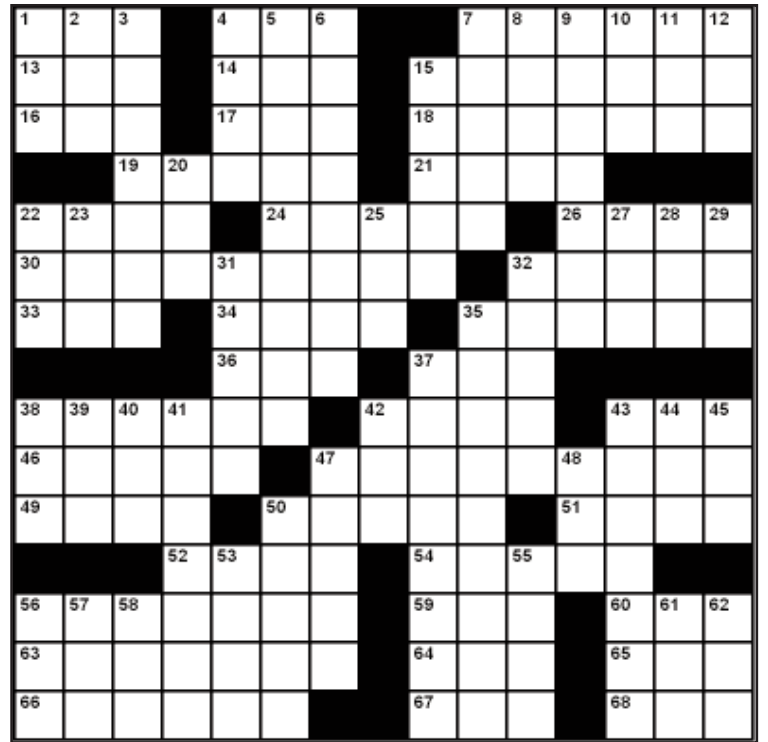
This is a time for action. Feelings are everything right now. The facts are secondary. Don't waste time dancing around the edge when you could be diving into the middle.

## Across

- Mouth part
- Greek letter
- Fails to maintain a standard
- Foot extension
- Jungfrau, for one
- Predict
- Debt collector
- Afternoon and evening hours (abbr.)
- Obvious
- Visitor
- Heavy metal
- Lily
- Endorses vigorously
- Oil
- Strong ribbed worsted fabrics
- Characterized by corruption
- Long period of time
- Crude shelters
- Sequential
- Beast of burden
- Crimson
- Feasible
- Deceased
- Enemy
- Large boat used by Inuit
- General slaughters of people
- Clothing
- Imitate
- Meditate on
- Egg
- Fathers (informal)
- Erstwhile last car of a train
- News agency (abbr.)
- Pull hard
- Used block letters
- At all times (poetically)
- Greek letter
- Made tight
- Concord, e.g. (abbr.)
- Society girl (informal)

## Down

- Type of company (abbr.)
- Promissory note
- Flightless seabird
- Package sealer
- Dwelling for the poor founded by charity



- Those who have risen suddenly to prominence
- Has great affection for
- Opera solo
- Travelling salesman
- Compass direction
- Poetic nightfall
- Fixed in one position
- Cuts down a tree
- Baseball game official (informal)
- Feeling of respect combined with fear
- Greek letter
- Driver's licenses, i.e. (abbr.)
- One (comb. form)
- Sheep's cry
- Building addition
- Teacher's writing tool
- Sri Lankan aboriginal
- Views from the bridge, perhaps
- Remainders
- Small cavity in a rock lined with tiny crystals
- Little Teapot (2 words)
- Ventilate
- Monkeys
- Barrier for water
- Put icing on a cake
- Over (poetically)
- Vane direction
- Played charades
- Financial records keeper (abbr.)
- Pondered
- Cast a ballot
- Soil
- Army rank (abbr.)
- "What \_\_\_ you doing?"
- Large receptacle
- Shoshone aboriginal
- Chatter

Solution on page 22

# QUIRKY FACTS

- Fidel Castro was once a star baseball player for the University of Havana in the 1940's.
- Hannibal, who was a soldier, had only one eye after getting a disease while attacking Rome.
- In 1876, Maria Spelterina was the first woman to ever cross Niagara Falls on a high wire.
- In October 1973, Swedish sweet maker Roland Ohisson of Falkenberg was buried in a coffin made of nothing but chocolate.
- Leonardo da Vinci was dyslexic, and he often wrote backwards.
- Marie Curie, the Nobel prize winning scientist who discovered radium, died of radiation poisoning.
- Mary Hart, the co-anchor of Entertainment Tonight, has each of her legs insured for one million dollars.
- Mass murderer Charles Manson recorded an album titled *Lie*.
- Oprah Winfrey was the first black woman to anchor a newscast in Nashville at WTVF-TV.
- The famous Casanova (Giacomo Casanova) was a librarian for many years before he died.
- The first American astronaut in space was Alan B. Shepard Jr.
- The parents of Albert Einstein were worried that he was mentally slow because it took him a long time to learn how to speak.
- Carolyn Shoemaker, famous astronomer, has discovered 32 comets and approximately 300 asteroids.
- Cleopatra married two of her brothers.
- Emilio Marco Palma was the first person born in Antarctica in 1978.
- Bill Gates began programming computers at age 13.
- The first cheerleaders in the U.S. were men.
- Behram, an Indian thug, holds the record for most murders by a single individual. He strangled 931 people between 1790-1840 with a piece of yellow and white cloth, called a ruhmal. The most murders by a woman are 612, by Countess Erzsebet Bathory of Hungary.
- Houdini's real name was Ehrich Weiss.
- Little Miss Muffet was a girl from the 16th century whose name was really Patience.

## Sudoku Puzzle

		9		1				3
			7			4		
5								9
		4		9	8	6		
9	3				5		4	
	8	1	4			7		
	9							5
		7			6			
3				7		6		

puzzle rating: very hard

Fill in the grid so that every row, every column and every 3x3 grid contains the digits 1 through 9. That means no number is repeated in any column, row or box. Solution can be found on page 22.

## Word Search

G A U T I Y L L U G N R E F I  
 O B W K P J B G H B K G V H N  
 O M F O R E S T X R M S U Z W  
 D H N U V K C E Z U K A V J X  
 K V R X A H W G D S H J D B R  
 W I M Y Z T J A B T I O B T I  
 G A B L U E X K W D L P O N Y  
 B U V B G N I Z J P Z M J T N  
 H P J A F A M W H K A H Z M E  
 I T V N K L W I M J N F R E E  
 H N U G S P N L B V I G A J R  
 W Y B R M O C D V P Z R C K G  
 F E R U T A N B I F T M B W G  
 I P J K G P H M N H J Y O A K  
 A W R C R O C O D I L E P L W

## Environmentally conscience

(Words in parentheses not in puzzle)

- |                    |                      |                      |
|--------------------|----------------------|----------------------|
| Blue (Planet)      | (Forever) Green      | (Living With) Ed     |
| (Captain) Planet   | Free (Willy)         | Nature               |
| Crocodile (Hunter) | (The Greatest) Good  | (Once Upon a) Forest |
| Dolphin (Cove)     | Hoot                 | (Planet) Earth       |
| FernGully          | (Inconvenient) Truth | Wild (Kingdom)       |

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## KIOSK QUIZ ANSWER

FROM SEPT. 27

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## Comeback Kid typical screamo

JAYMIN PROULX  
INTERROBANG



What's standard of hardcore music, or "screamo" as most underground music enthusiasts will tell you, is the loudness, the passion, and the intensity that musicians put forth in a live concert or during a production recording. Listeners are guaranteed a venting session to headbang, fist pump and yell, but unfortunately, to tune into the poetry of the lyrics is non-negotiable. Hardcore music is a difficult genre to critique, and unless you really love the scene, the overpowering noise of the guitar, bass, drums or vocals makes it hard to get to hear the lyrics while you are sitting down relaxing with a bottle of beer.

That's not to say their lyrics aren't good: on the fourth song *Because of All*, Comeback Kid poignantly state while thinking about what he should have said to a girl, "...give it some time. Mulling it over / Pulling down the shades until the nerves recover / You wanna know what's really bothering me? / I'm not passive aggressive, but I had to leave." What's good to note is that Comeback Kid wrote their own lyrics and worked with engineer/producer, Eric Ratz (known for works with Billy Talent and Cancer Bats), so there was a clear direction of a sound to familiarize themselves.

*Symptoms + Cures* is the title of the Winnipeg-born band's latest album. The band was formed in 2002 by Andrew Neufeld (vocals) and Jeremy Hiebert (guitarist), who were both members of the band Figure Four (currently on break). They were joined by Kyle Profetta (drums), Casey Hjelmer (guitar) and Mathew Keil (bass). Their initial popularity was mainly due to word of mouth in the hardcore scene. This sixth album happens to acknowledge former Pittsburgh Penguins NHL hockey player Mario Lemieux, returning to the ice. But unfortunately, Comeback Kid slides into the grey genre of screaming, unintelligible lyrical noise and seemingly endless cynicism.

What would have been ideal for Comeback Kid would be a wider range of music on their CD. Many hardcore bands slide towards slower melodies (think now defunct 2003 hardcore band Glassjaw or present day System of a Down), with softer riffs and more harmony. Screaming is great for a few songs, but if the whole album is intense, hard and powerful, it gets dull by the end and lumps itself with all other hardcore bands.

If you are sold on hardcore music, then add this CD to your collection. But if you are experimenting with sounds and prefer to have a more relaxing background sound, I would pass.

## Local music gets play on MIA students' podcast

JESSICA IRELAND  
INTERROBANG

MIA Chatter is a new podcast to hit the Internet, hosted by second-year music industry arts students Andrew van der Voort, Justin Shorey and Justin Helle.

The podcast, which is three weeks in the making, stemmed from their interest in and knowledge of the local music scene.

"We have access to a large community of musicians who are not promoted to people who could make a difference," said Shorey.

"Self-promotion is great, but when other people promote you – it looks better for everyone," added van der Voort.

Each episode of MIA Chatter, offered free on MySpace, sets out to educate listeners on music they've never heard before. The show usually opens with a performance from the featured artist followed by an interview. Their most recent guest was artist James Vineyard.

The podcast also aims to discuss the industry – especially as the majority of their listeners are their fellow classmates.

"It seems like people are really getting excited by it, and we can get more selective about our guests," said Shorey. The show is actually booked with artists until late October.

The group records from their home where they set up a small



CREDIT: JOHN HARRY

From left, Justin Helle, Justin Shorey and Andrew van der Voort host MIA Chatter, a new podcast show on MySpace.

studio. Given that they aren't radio students, they've faced some challenges in recording like learning not to talk in circles, said Helle. They've also had to watch their "um's" and "yeah's," added Shorey, after hearing criticism from his mom when she listened to one of their earlier shows.

Their goal with the podcast is to expand their catalogue and eventually get a space on iTunes where they'd continue to offer episodes for free. They'd also love to get professional critiques and comments on the music industry from MIA staff, said van der Voort.

Eventually, they hope the rest of

London gets in on MIA Chatter, he said. They're putting out a call to local artists to get in touch if they want to be featured on the program.

They're also looking for more listeners to give feedback, discussion topics and pose questions for the hosts to answer in future episodes.

For those who want to hear more about MIA Chatter, tune into their MySpace page at [www.myspace.com/miachatter](http://www.myspace.com/miachatter). Got an idea for their show? Shoot them an email at [miachatter@gmail.com](mailto:miachatter@gmail.com).

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## Training your back muscles



**FUN AND FITNESS**  
RICK MELO  
melo\_rick@hotmail.com

When it comes to weight training for specific body parts, many will agree that training their backs is the most challenging. Weight training legs is often challenging considering the amount of energy we expend on heavy leg presses and squats. However, our giant back muscles provide an entirely different obstacle in terms of achieving desired results. Let's discuss some of the common issues and possible tips to get the best out of your back days.

*What's so difficult about training my back muscles?*

First off, we are all different in the way we respond to particular workouts. Some people have no issues with certain movements and workouts, while others struggle to achieve similar results even though they are doing the exact same thing. Training your back generally involves pulling motions such as rowing exercises. The main issue most people face is that their biceps, forearms or both tire out before their backs even begin to feel the workout!

*That is exactly what happens to me! Why is this?*

These exercises involve both the biceps and large back muscles. Since our biceps muscles are much smaller than our back muscles, it's inevitable that they produce less force and fatigue much quicker! These muscle groups work in a chain-like fashion and any chain is only as strong as its weakest link.



CREDIT: MUSCLEGAINTRUTH.US

When it comes to building muscles, one area that most find challenging is the back.

*So how do I fix this problem?*

The first thing anyone needs to do is find a suitable weight for each of their back workouts. One of the biggest errors people make is using far too much weight for their sets. If the weight you are using is too heavy, your biceps will fatigue extremely fast and you can forget about your back. Find a weight that allows your back to be making the movements for you as opposed to your biceps struggling to pull the weight. Really focus on activating your back muscles throughout the entire range of motion. Another tip that helps for certain back exercises, such as rows and pull-ups, is the following: use a grip in which your thumbs are not wrapped around the bar/handles but rather rested beside your index fingers (call it an over-finger grip if you will). This helps

your arms and biceps to act more like anchors and forces your back muscles to do more of the work.

*Are there any particular exercises I can do?*

One of the best things to ensure you really target your back is trying out some pre-exhaustion exercises. This involves doing an isolation exercise such as pull-overs and going right into a compound exercise such as pull-downs without any rest between each exercise. This causes a pre-exhaustion of your back muscles and ensures that your back muscles fatigue before your biceps do when you perform the pull-downs. It is somewhat difficult to explain in a brief article, but feel free to stop by the gym for a visual explanation. In the meantime, get BACK to work.



CREDIT: ANTHONY CHANG

Fanshawe's Milos Janikic in action against Conestoga at Fanshawe Stadium. The game ended in a 0-0 tie.

## Former Falcon suspended for drug use at championships

ERIKA FAUST  
INTERROBANG

Random drug tests are a normal part of athletics, from professional leagues to school sports.

That's why so many people are surprised that Brandon Cato, a former forward for the Falcons men's basketball team, was caught with cannabis in his system during a random drug test at the Canadian Colleges Athletic Association championships earlier this year.

Cannabinoids are classified as "specified substances" on the World Anti-Doping Agency Prohibited List, and are banned in competition. Under the rules of the Canadian Centre for Ethics in Sport's anti-doping program, punishments for a first violation involving a specified substance can range from a reprimand to a two-year suspension from the game.

Cato received a one-month suspension after testing positive at the championships in Calgary on March 20. His suspension runs from September 1 to 30. Cato was unavailable for comment.

This is Fanshawe's first doping offence.

Student-athletes are well educated in the national and provincial rules and regulations regarding drug use, according to Eric Collins, athletic program officer at Fanshawe. "We have a very intense education program, seminars, pamphlets, training through both the Canadian Colleges Athletic Association and the Ontario Colleges Athletic Association.

"(Athletes) are tested all through the year," he said. "This is also part of the education process for these student athletes and the coaches themselves. They can be tested at any time. They can be tested at home, during practice, at tournaments, at championships – there really is no limitation as to when a

test can occur."

Since Cato is no longer enrolled at Fanshawe, the school is not able to punish him under the school's code of conduct. However, "as a student at that particular time, we still look at it as a code of conduct issue," said Bob Clark, one of Fanshawe's campus security supervisors.

Clark explained that if Cato were to return to Fanshawe as a student, he would be subject to Fanshawe's regulations regarding drug use. "In most cases, it's a security officer that deals with (drug offences). They'd give him a violation notice, which is a minor offence under the student code of conduct."

Clark said the terms and length of a punishment for a drug offence depend on the type and amount of drug the student is caught with. "It's like the court system here in Canada: depending on what you have in your possession, it depends on the severity how the courts look at it."

"It's very disappointing, especially given the education programs that we have in place," said Collins. "A priority is given at this college to clean, fair play."

"I think although most people within the sporting community will see this as a relatively minor infraction and a relatively minor suspension, this is something as a department we are taking seriously. We're going to ramp up our already intense education programs for all of our student athletes, our staff and our coaches."

Joe Scalia, president of the Fanshawe Student Union, said the situation was unfortunate. "When you are an athlete, you are subject to the CCAA guidelines and as a representative for the college, you're subject to the expectations put forth by the college."

Athletic director Mike Lindsay was unavailable for comment.

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CREDIT: COURTNEY STEVENS

Fanshawe's Liliane Sparkes, Deb Buhlers, Erika Haude-Pearce led the pack at Fanshawe Conservation Area. Buhlers, Sparkes and Haude-Pearce finished one, two and three to sweep the podium for Fanshawe. The team finished first overall.

## Falcons cross country team continues to dominate

ANDREW EVANS  
INTERROBANG

Last weekend, the Fanshawe Falcons hosted their annual cross country invitational at the Fanshawe Conservation Area. The hosts were once again able to put forth a strong performance in what has started to become an expectation in another outstanding season for the Fanshawe runners.

In women's action, it was a solid one-two-three finish for Fanshawe as Deb Buhlers, Liliane Sparkes and Erika Haude-Pearce all crossed the finish line within one minute of each other to dominate the woman's 5km race. Also contributing to the Fanshawe Falcon's women's team victory was strong performances by Tineke Dejong and Nicole Kay.

For the Fanshawe men's team, it was Daniel Bright, Bumvet Tenure, Sean Coleshill, Josh Lumani and Jerry Hill, all placing

in the top 20, to help Fanshawe win the overall men's title in the 8km race. Also turning in a strong performance for Fanshawe was Brian Keely.

Last weekend's invitational was a good tune up for Fanshawe's cross country teams as they continue their season in preparation of next month's Ontario Colleges Athletic Association championships being held at the Fanshawe Conservation Area. If the recent results for both teams are any kind indication of what this season holds for the teams, expect another strong finish from the Fanshawe Falcons.

Next up, the cross country teams will be at the Fleming Invitational, followed by preparation for the St. Clair invitational at St. Clair college in Windsor, before returning to London and making final preparations for the OCAA Championships on October 30.



CREDIT: COURTNEY STEVENS

Fanshawe cross country head coach John Loney shares a moment with Daniel Bright. The men finished first at the Fanshawe Invitational.



CREDIT: ANTHONY CHANG

Fanshawe's Lia Barkauskas netted one of two goals in a 2-0 win over Niagara. Fanshawe has a 4-0-1 record.

## GET IN THE GAME

### FALCON VARSITY ATHLETICS

#### UPCOMING HOME GAMES FOR FANSHAWE FALCONS:

Women's Soccer – Fanshawe vs Sheridan  
4:30 pm on Tuesday, October 5

Men's Soccer – Fanshawe vs Sheridan  
4:30 pm on Wednesday, October 6

Men's Basketball Exhibition  
Fanshawe vs Laurier 7:00 pm on Wednesday, October 6

#### INTRAMURAL REGISTRATION DEADLINES

Women's Volleyball – Mon. Oct.4th

Men's Volleyball – Mon. Oct.4th

Men's Ice Hockey – Wed. Oct.6th

#### OPEN RECREATION

Open to all Fanshawe students and residents. This program operates FUN through active games. Every Sunday, Tuesday and Thursday 10pm – 12am, Gym 3 Signup at Athletics, J1034  
Daytime hours available. See athletics for more info.

#### INTER-COLLEGE AND UNIVERSITY COMPETITION

Co-ed Dodgeball @ Humber – Fri. Nov.5th

Co-ed Indoor Soccer @ Humber – Fri. Nov.12th

Men's Ice Hockey @ Sheridan – Thurs. Nov.11th

Co-ed Beach Volleyball @ George Brown – Thurs. Nov.18th

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CREDIT: NAUMAN FAROOQ

The Tesla packs a nice punch for a car that is 100 per cent electronic.

## Tesla provides a jolt



**MOTORING**  
NAUMAN FAROOQ  
naumanf1@yahoo.com

Many of you may not have heard of Tesla, but trust me, this company will become a household name.

Elon Musk, creator of PayPal, started the company. Though Musk can afford just about any car on the planet, he wanted to own a car company that produces only zero-emission vehicles.

The company started operations in 2003 and started showing prototypes by 2005. Over the next few years, much research and development was done and a global dealer network was set up. Now, Tesla has dealers in over 25 countries.

Their dealership in Toronto started doing business late last year, and the first customer cars started trickling out earlier this year. So far, just over 30 cars have been delivered in Canada – not bad for a new car company that still doesn't have a proper showroom, and the base model has a price of \$125,000.

So it's not cheap to get into a full-sized electric car, but is it worth it?

To find out, I asked the Tesla staff to book me into a car for a day. They booked me into their latest model the Roadster Sport 2.5, and like the original Roadster model, this one also is based off the Lotus Elise. While almost all body panels are different, you cannot hide this car's roots by giving it new clothes.

The Elise platform has its plus and minuses. On the plus side, it is a very rigid, lightweight and compact platform, certainly the best chassis in the business to use for a sports car. On the minus side, you get high door sills which makes getting in and out a bit of a challenge, especially if the roof is on.

As you climb into the minimal adjustable seats, you will find the steering wheel is not adjustable. In short: you either fit in this car, or you don't.

It is strange at first when you start this car, because there is no whirring from the starter motor or any exhaust sound. You simply press "D" on the centre console (it has a push-button gear selector) and start driving.

I noticed that the non-power-assisted steering is quite heavy at slow speeds, so it's not ideal for making a three-point turn in. Thankfully, the steering weight

eases up at driving speed, and boy, does this thing ever get up to speed. This has to be one of the quickest cars I have ever driven. Since it has an electric motor, it doesn't have to wait to build up torque; the moment you press the throttle, the car takes off. Since it also has a single speed gearbox, it doesn't have to choose the right gear for the speed for acceleration, either. This car is always ready to sling-shot you forward.

Its motivation comes from a 375 volt AC induction air-cooled electric motor, which produces 288 hp and 295 lb/ft of torque. With a curb weight of just 2,723 lbs, you get a car that can accelerate from 0-100 km/h in 3.9 seconds with a limited top speed of 200 km/h.

Since the Tesla is based on the Lotus chassis, this car is nimble and very predictable. While at the track it won't handle like an Elise due to its extra weight, on the road you won't feel it lacking. In fact, thanks to its revised damper settings, the Tesla has a better ride than its Lotus cousin.

The Tesla is an entertaining car to drive, but it is not without faults. First, you need space near an electrical outlet when you park it, because you will need to charge it. This can take up to eight hours. Tesla claims you can go nearly 394 km on a full

charge, though in reality a range of 300 km can be expected. The second downside is that you will need to have another car, because of our winters. Of course, playthings are never supposed to be practical. Plus, if you can afford a Tesla, you can probably afford to have another car.

The biggest downside is the price for two reasons. First, my test car with all available options picked, stickered at \$175,000. That is a lot of money for a car with few creature comforts. Second, the Lotus Elise starts at \$60,000. You can buy a lot of gas with the money you saved, but that would be missing the point.

The Tesla is expensive because it is the first all-electric car. A lot of money has been spent developing this car, and since this is not a mass-produced vehicle, the per-unit cost is high.

Am I convinced? Absolutely. If I could afford a Tesla, I would buy one. While I would miss the exhaust music produced by exotic sports cars, I could get used to the unique whirring sound of the electric motor as you speed away.

The Tesla is not for everybody, but if you want a full-size electric toy car, and can afford it, then you should certainly get yourself one. You can thank me later.

## Old meets young at Meadowlands



**NFL CZAR**  
JUSTIN VANDERZWAN

As we cross the quarter-pole of the NFL season, there have been many surprises. Whether it is the hot start of teams like Kansas City and Chicago, or inconsistent play from teams like Minnesota and Dallas, it has been a very entertaining season thus far.

For my game of the week, I am going to take a look at the ageless wonder Brett Favre, as he takes his current team (Minnesota Vikings) to New York to take on the team he played for in 2008, the New York Jets. Despite some shoddy play in the passing game, the Vikes will come out of their bye week with a 1-2 record. Running back Adrian Peterson has started to pick up steam and that will certainly help the Vikes down the stretch.

The Jets come in after three inter-division games in a row, and will certainly be ready for this matchup. They will look to show Favre that they made the right choice in drafting quarterback Mark Sanchez and letting Favre go. If they aren't burnt out from the back-to-back road games, they should keep this one fairly close.

### Key Matchups

1. Brett Favre vs. Mark Sanchez: When the Jets drafted Mark Sanchez, Favre was still on the roster, but semi-retired. They took a shot with the young guy, and it has started to pay dividends this season. Sanchez has looked like a completely different quarterback from a season ago. On the other hand, so has Favre. So far this year, he hasn't been nearly as effective as he was in 2009. His six interceptions almost equal his total from all of last year (seven), and he has clearly missed number

one wide receiver Sidney Rice.

2. Jared Allen vs. D'Brickshaw Ferguson: As I have noted many times before, Allen continues to be a beast rushing the passer. If the Jets want to keep their young QB upright, they will need a great game from former first round pick Ferguson. He has improved each year since coming into the league, and has done a good job protecting Sanchez's blind side.

3. LaDainian Tomlinson vs. Shonne Greene: This battle is certainly heating up as well. L.T. looks like his old self, and it is taking away from Greene's workload. If this continues, expect to see Greene get fairly frustrated with his playing time. Apparently he is learning a lot from the future hall-of-famer, but after a while he will certainly want to regain the bulk of the touches.

### The Rundown

This is a tough one to call, seeing as we don't really know what to expect out of the Vikings. Without Rice, they have been a disaster in the passing game. They missed out on trading for Chargers holdout Vincent Jackson, so they will have to deal with what they have.

If the Jets can hold Adrian Peterson under 100 yards, their day will certainly be easier. They have stifled the run for the most part this season. I usually would take the Vikings in this position, but with the game being in New York, and with Favre's problems this year, I expect the Jets to win. Put them down for a 24-17 victory.

For next week, we have a solid lineup of games, and I will take a closer look at the three worth watching.

For more from the NFL Czar, check out his blog at [jvzsblog.blogspot.com](http://jvzsblog.blogspot.com)

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# ON campus

students enjoying campus life

CREDIT: ANDRE BAKER AND ANTHONY CHANG

Claudia Kosciuk takes a break to enjoy a good Interrobang read.



"The fashion class" mugs for the camera outside of M building.



The Out Back Shack was packed in for sex toy bingo.



Laura and Kayla enjoy a snack while waiting for their next class.



Yazmin and Rola in between classes outside in D courtyard.



Eric, Melissa and Lindsay, set up their Fanshawe TV camera in front of the college bookstore.

# TIGHT & BRIGHT PUB

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wednesday oct. 6



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