

Volume 46 Issue No. 8 October 14, 2013 www.fsu.ca/interrobang/



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@MichelleSpiter1

#fsupizza bacon

@Brunch_Toast

@fanshawesu Gotta love that classic
pepperoni and cheese! #fsupizza

@J_Reid05

@fanshawesu Pineapples

@Dylan_Cranstone

@fanshawesu #fsupizza Italian sau-
sage would definitely be my favorite

@ashgamble

@fanshawesu pineapple #fsupizza

@Eh_Manda

@fanshawesu Mushrooms! #fsupizza

@kurtzor

@fanshawesu Canadian Bacon!!!
#fsupizza

@Dhustlin17

@fanshawesu Pineapples!!! Yummy
#fsupizza

@3shack3

@fanshawesu meat #fsupizza

@theMattGerman

@fanshawesu pineapples!!! #fsupizza

@cinemaconn

@fanshawesu Best topping is
definitely Cornish Game Hen. The
gamier, the better! #fsupizza

**Next Week's
Question:**

What do you do to de-stress?

Tweet your answer to
@fanshawesu using #fsudestress

before **October 16th**
to be entered into a
draw for a **\$10 gift card**
to **Oasis and**
The Out Back Shack.

**sweet tweets
of the week**



CREDIT: STEPHANIE LAI

Andrew Campbell is served up a tasty lunch by a volunteer at the chili cookoff on October 3. The chili cookoff raised \$2,145.50 towards Fanshawe's goal of raising \$106,500 for the United Way.

10 Things I Know About You...

Fashionisto Falcon dreams big

Daniel Viveros Duarte is in his first year of Fashion Merchandising at Fanshawe. "I will have shot for the cover of Vogue Italy, worked with Beyoncé in some way and be a backup dancer before you can say you ever did anything," he said. "Don't forget to comment, like and subscribe!"

1. Why are you here?

To begin the process of obtaining the best career of my life.

2. What was your life-changing moment?

Grade 6, when I tried out for the step team.

3. What music are you currently listening to?

Beyoncé.

4. What is the best piece of advice you've ever received?

There are two rules for success: 1. Never reveal what you know. 2.

5. Who is your role model?

The Internet.

6. Where in the world have you travelled?

South and North America.

7. What was your first job?

Waiter at a Chinese restaurant.

8. What would your last meal be?

I just had an avocado, I guess.

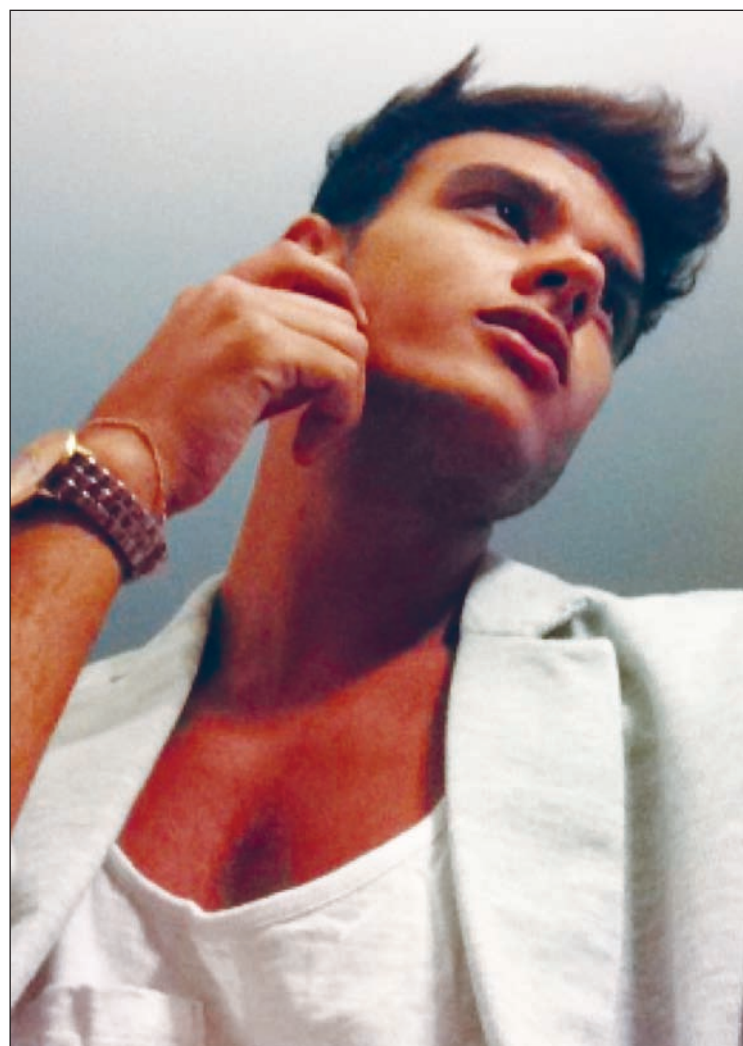
9. What makes you uneasy?

Idiotic decisions made by others.

10. What is your passion?

Happiness.

Do you want Fanshawe to know 10 Things About You? Just head on over to fsu.ca/interrobang and click on the 10 Things I Know About You link at the top.



CREDIT: SUBMITTED

Daniel Viveros Duarte is a really, really big fan of Beyoncé.

OCTOBER EVENTS

TICKETS AVAILABLE IN
ADVANCE AT THE BIZ BOOTH

MON. OCT. 14TH

THANKSGIVING DAY
COLLEGE IS CLOSED

TUES. OCT. 15TH

BACK BY
POPULAR DEMAND
STEVIE STARR
PROFESSIONAL REGURGITATOR
FORWELL HALL | NOON

WED. OCT. 16TH

**ACOUSTIC
OPEN MIC NIGHT**
SIGNUP STARTS | 8 PM
OBS | 9 PM | NO COVER

FIRST RUN FILM

MACHETE KILLS
\$4 STUDENTS | \$6 GUESTS

THURS. OCT. 17TH

**LIVE MUSIC
NOONER
PAT MALONEY**
FORWELL HALL | NOON

THURS. OCT. 17TH

**OKTOBERFEST
PUB**
\$3 ADVANCE | \$4 DOOR
OBS | 9:30 PM
19 + EVENT LIMITED ALL
AGES WITH FANSHAWE ID

FRI. OCT. 18TH

**NEW MUSIC
NIGHT**
KC ROBERTS AND THE
LIVE REVOLUTION,
MARCELLUS WALLACE
AND THE CREEKSIDE STRAYS
NO COVER | OBS | 9 PM

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CREDIT: STEPHANIE LAI

Out Back Shack kitchen manager Greg Scott beams with pride after taking home top honours at the October 3 chili cookoff, which kicked off Fanshawe's annual United Way fundraising campaign.

A fiery start to annual United Way campaign

ERIKA FAUST
INTERROBANG

Every year, Fanshawe College staff, faculty and students spend October to February raising funds for the United Way, and every year they start the campaign off the most delicious way they know how – with a chili cookoff.

This year's cookoff on October 3 saw three competitors dishing out their best beans: students from Fanshawe's Food and Nutrition program, employees from Chartwells and representatives from the Fanshawe Student Union. The entries were judged by the FSU's VP Athletics Chris Lethbridge, 2013 United Way campaign chair Larry Myny, and Gabe Freeman, a player on the London Lightning basketball team.

The FSU emerged victorious, with Greg Scott, kitchen manager of The Out Back Shack, as the mastermind behind the winning recipe.

"It feels good to have the trophy back in FSU hands," Scott grinned. He said he has plenty of experience cooking chili at home and has perfected his recipe over the years. "It paid off!"

His perfect chili recipe includes "beef, mushrooms [which were not included in the FSU recipe], lots of stewed tomatoes, tomato paste, tomato juice and the perfect blend of seasoning." The result is a

hearty, meaty chili with a bit of a kick.

All three competitors' chili dishes were available for staff, students and visitors to buy for a \$5 contribution to the United Way campaign, and the event raised \$2,141.50 for the cause. According to a press release sent out by Fanshawe, "One in five children in London lives in poverty. The purchase of one chili lunch for \$5 could help a United Way-funded agency provide a child living in poverty with a nutritious breakfast every morning for two weeks."

After the judging was completed, Fanshawe's campaign goal was announced. This year, the Fanshawe community aims to raise \$106,500 for United Way, which supports agencies that provide social services for people dealing with poverty, mental health, labour and other issues.

Cathie Auger, vice-president of Fanshawe's Student Services, acknowledged that this is an "ambitious" goal, but said she was confident it would be achieved.

Over the next few months, the Fanshawe community will be hosting a variety of fundraising events to reach this goal. In years past, these events have included silent auctions, bingo events, re-gifting sales and penny drives.

For more information about the United Way, visit unitedway.ca.

Downtown campus opening delayed to avoid disruption

STEPHANIE LAI
INTERROBANG

Fanshawe's downtown campus plans have been pushed back again, this time giving students the opportunity to start fresh in the new year.

Construction is just about finished, but final touches still need to be put in before students can fully make the move.

Elaine Gamble, senior manager of corporate communications at Fanshawe, said January was the best bet to prevent causing disruption in the middle of the semester.

"We're getting well into the term at this point," she said. "We're getting into midterms and we felt it would be really disruptive to move students down there."

The college originally had plans to open the campus mid-October, but to move students now would have been difficult.

"Everybody's settled in where they are now, and our plan had always been to take us right into the end of the term," said Gamble. "Our contingency plan that we put in place in August basically took care of all the scheduling, all the classrooms ... We don't have to do any more adjustments at this point."

The building renovation became more complex as time went on. "We're working in a really small space; around existing buildings downtown ... That really created a lot of complications, [such as] moving steel beams and construction equipment," Gamble said.

Progress was also halted during the World Figure Skating Championships in March. "That was a huge event for the city and

we acknowledge that," she said. "It was going to be really disruptive, so that put us back a little bit."

Amidst all this, Gamble said the College has done everything to minimize disruption. "But there's businesses around there, buses running on the street. There's only so much you can do."

Sure, people are settled in now, but for 3D Animation and Character Design students like Stephen Echavia, who took the downtown campus into consideration when looking for off-campus housing, the delay causes mixed feelings.

"My current apartment is just

one block south of the new building, and it would have been very convenient to be just a three-minute walk away from class," he said. "Travelling back and forth between downtown and the main campus isn't too bad; it takes about 15 to 20 minutes."

On the other hand, he said being on the main campus allows him to attend events and activities he might otherwise miss by spending all day at the new location.

Gamble did add that students moving to the building will be credited \$250 towards next term's tuition.

Does that buy you a textbook?



CREDIT: STEPHEN ECHAVIA

Instead of moving Fanshawe students mid semester to the Howard W. Rundle Building in downtown London, students will make the move beginning in January.




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Student services get centralized in F building

ERIKA FAUST
INTERROBANG

Last year, if you needed to access various student services, you'd end up running all over Fanshawe's campus, hiking to A building for peer tutoring and math help, then dashing to F building for counselling services and test-taking space.

This year, the Learning Centre has moved to F building, and the Test Centre and Accessibility Test Centre have been combined in one large new space. F building is now a "real hub of learning and learning support for students," according to Counselling and Accessibility Services manager Lois Wey.

The Learning Centre in F2001 – which offers services including a math drop-in centre, study skills assistance, ESL support and peer tutoring – now has more opportunity for interactivity between students through large whiteboards on the walls and computers for student use.

"We're excited about the newer amenities in some of the spaces," said Robert Kitchen, senior manager of Student Academic Success Services. "I think the facilities staff has done a great job of updating our [spaces]. We've had very positive comments from students."

The new 100-seat Test Centre in F2006 is "fabulous," according to Wey. "It gives us 40 computerized test spaces, 11 individual [sound-proof] rooms and 50 traditional testing seats for paper and pen tests."

The Test Centre now offers extended hours to better accommodate students' timetables: it's open from 8 a.m. to 9 p.m. Monday to Thursday, and from 8 a.m. to 4 p.m. on Fridays. "That probably triples the amount of time that's available, compared to the old Test Centre," Wey said.

In previous years, there were two testing spaces: the Accessibility Testing Centre, for students with disabilities, and the



CREDIT: STEPHANIE LAI

The Learning Centre (F2001) and Test Centre (F2006) hosted an open house on October 3 to show off their new facilities. VP of Student Services Cathie Auger cut the cake to commemorate the occasion.

Testing Centre, for other students. These have been combined into one space, which is open to all students. According to Jason Lazar, Test Centre coordinator, just fewer than 8,000 tests were written in the Accessibility Testing Centre and a little more than 5,400 were written in the Test Centre from September 2012 to April 2013. The new Test Centre will provide space for every single one of the more than 13,000 tests that are written each year at Fanshawe.

The move is centralizing student services, said Kitchen. "Hopefully there will be some synergies [that come with that]. We're now close

to the library, closer to Counselling and Accessibility Services. I think there will be a lot of opportunity for students to get a bunch of their needs met in fairly close proximity."

"We are very happy that we can provide this for our students," said Cathie Auger, vice-president of Fanshawe's Student Services. "It's really extending our learning services for students and bringing them all together so that a student can access much of what they need within this corridor. We're just thrilled to be able to have this facility."

SOAHAC joins Ontario in Wellbeing Week

ROSWELL GREENIAUS
INTERROBANG

In a cozy, carpeted room, I watched a wasp buzz over the heads of the few people still sitting during the stretch break. Chastity Jenner, the speaker on traditional medicine and the Ojibwa language, wrapped up her presentation with a prayer of thanks a few moments ago. The tight space, crowded with cushioned chairs and Aboriginal paraphernalia prepared for presentation, met the sunny outdoors through only a single opened window. A tiny fan circulated the warm air as guests chatted, some serving themselves the provided fruit and bottled water.

Tucked away on the second floor of a stately, old building, I bet you wouldn't guess that this gathering was history in the making. The Southwestern Ontario Aboriginal Health Access Centre (SOAHAC) was participating in Ontario's annual Community Health and Wellbeing Week for the first time.

For one week across Ontario each year, over 100 community-governed healthcare organizations, now including SOAHAC, detail the necessity of health and wellbeing through informative events. This year, the healthcare centres stressed the need for a more comprehensive healthcare environment – one that helps not just the individual, but the individual's family, and then the entire community. The focus this time around shifted from illnesses to general wellbeing, which involves the measures that precede and (hopefully) prevent illnesses entirely.

"Far too many people experience avoidable illnesses because Ontario is poorly equipped to address the most important determinants of health," a Wellbeing Week flyer reads, "such as access to good nutrition, housing, social supports, employment, income and education. These have a much bigger impact on health and wellbeing than what medical care alone can provide."

In accordance with this shift, SOAHAC delivered: dietitians spoke on traditional foods and healthy eating tips, there were tobacco tying workshops, and there was even an astounding weight loss journey presented by Jerome Kennedy. On top of all this, HIV screenings were available throughout the entire event.

Liz Akiwenzie, traditional healer and first speaker, emphasized the importance of holistic healing. She informed me of the traditional medicine wheel, whose coloured quadrants each depict a separate face of the individual: yellow for the spiritual aspect, red for the emotional, black for the physical, and white for the mental. By maintaining the wellbeing of not one but all of these aspects in harmony, the individual can be truly healed.

But don't let the colours of the wheel deceive you, for when it



Southwest Ontario Aboriginal Health Access Centre

comes to holistic healing, Akiwenzie assured me that "There is no colour." And it frustrates her that, despite its universal applications, the medicine wheel is swiftly disregarded by the Ontario health system: "It's something that the general public does not understand about Aboriginal wellness. And lots of Aboriginals don't understand, either." Bringing to mind glimpses of residential schools and the native culture that was viciously suffocated then, Akiwenzie remarked the system is once again stifling what deserves to be regarded as equal. The biggest challenge for SOAHAC – and probably why the organization has only this year joined Wellbeing Week – is that time and time again they must prove to the Ontario health system that their methods work.

"It's a unique service dedicated to unique needs," said Jennifer McLaren, event coordinator and registered dietitian. McLaren had been responsible for selecting the speakers, the location and time of the historical occasion. She believes that SOAHAC is an integral part to Wellbeing Week, as it especially uses holistic approaches in order to "see the person first." The event not only informs with medicinal teachings, but cultural lessons unique to SOAHAC. The Ojibwa language interwoven into the several presentations "promotes a stolen culture" while being a medicine in itself. The language, McLaren explained, is just as important to the healing process as the actual traditional medicines: "It's the language, the medicine, the culture – it's all connected for a really holistic process."

Unfortunately, the event ran over its expected time, and the medicine pouch workshop scheduled for the end of the day had to be rescheduled. But the participants were more than enthusiastic, and all happily volunteered to appear at the newly appointed time. In spite of the awkward placement that interferes with common work and school schedules, from noon to 4 p.m., McLaren observed that the demand for SOAHAC is growing. Other organizations have bigger spaces, and she plans to have the event relocated for next year.

If you'd like to learn more about Wellbeing Week, go to CommunityHealthAndWellBeing.org for more information.

London Children's Museum dreaming big for the future

ERIKA FAUST
INTERROBANG

The London Children's Museum has been a pillar of the London community for nearly four decades. For the past 30 years, it has been located in the old Riverview School building at 21 Wharncliffe Rd. S., and now it's time to make a change.

The Museum is putting the building up for sale and is seeking a new space to call home.

The Riverview building has presented a number of challenges to the Museum. It was constructed in 1915, and the wear and tear on the building has resulted in increased maintenance costs. In addition, the flashy new large-scale exhibits don't fit through the doors or in the elevators, and so the Museum has been struggling to grow in its current location.

Amanda Conlon, the Museum's executive director, said the sale

and moving process will take between two and four years. Until then, the Museum's doors will be open and business will proceed as usual.

"We are on the verge of such excitement," exclaimed Carol Johnston, who founded the Children's Museum in 1975. "We couldn't be more excited or more pleased about what's ahead for us with [Conlon] at the helm."

As a new space is being sought, the Children's Museum is asking for stakeholders' input for what it should include. To gather input, Museum staff will host Dream Camps – community groups to discuss the future of the Museum – throughout the month of November. Conlon said the Museum team is hoping to "connect with as many people as we can in this process."

Ideas were already flowing at the announcement event on

October 1. The "Share your dream for the future" board featured many ideas submitted by attendees calling for accessible, collaborative, open spaces, and a Museum that offers "resources for community and education for all."

Go to londonchildrensmuseum.ca to learn more and to register for a Dream Camp session.

DREAM CAMP DATES

All Dream Camps will be held at the London Children's Museum
 Dream Camp for Donors: 1 to 2 p.m., November 5
 Dream Camp for Teachers: 4:30 to 5:30 p.m., November 5
 Dream Camp for Community Members: 5:30 to 6:30 p.m., November 7
 Dream Camp for Community Partners: 9:30 to 10:30 p.m., November 7
 Dream Camp for Parents & Children: 5:30 to 6:30 p.m., November 8
 Dream Camp for Parents & Children: 11:00 a.m. to 12:00 p.m., November 9

CORRECTION

A story on page 4 of Volume 46, Issue 7 dated October 7, 2013 of Interrobang entitled "Are you hurt? Call SERT" failed to mention that SERT is not the only team on campus that responds to calls for medical emergencies. Campus Security Services responds to all medical and non-medical emergencies 24/7. The online version of this story has been amended to reflect these facts. We regret the oversight.



CREDIT: STEPHANIE LAI

Patrick John Ambrogio (left) and Slavko Prtenjaca (right), of Creative Property Developments, are transforming the Horton Street Great West Beef steakhouse into a brand-new office space that will house digital design agency rtraction and ATMOS Marketing. Rtraction's Shawn Adamsson (centre) learned about the availability of the space via Twitter.

Local businesses beef up their office space

ERIKA FAUST
INTERROBANG

Two local high-tech companies are making a historic move, and it all started with a tweet.

On April 9, Shawn Adamsson, an owner of digital design company rtraction, tweeted: "We've started to look at new office space. To say that we're looking at non-traditional space would be a bit of an understatement."

As luck would have it, commercial real estate company CB Richard Ellis is located in the same Dufferin Street office building as rtraction. A representative came over to show Adamsson three properties, one of which was the old Great West Beef steakhouse on Horton Street.

Though Adamsson initially shrugged off the suggestion, the representative from CBRE insisted he come check out the building. "We came down and fell in love," Adamsson remembered.

The yellow-brick Great West Beef steakhouse has sat empty for the past six years, but the building has a ton of history behind it. Originally constructed in 1886, it is the last standing roundhouse – locomotive maintenance and repair shed – of the four that were located in this area.

Adamsson and the London Heritage Council are still filling in the gaps of the building's history. So far they have learned that it was first owned by the Michigan Central Roundhouse, who would sublet the space to other railways. The building was primarily used by the London and Port Stanley Railway. After that, it housed a refuse collection service and, later, a fruit company. As the Great West Beef steakhouse in the 1980s, '90s and early 2000s, it was one of the most popular restaurants in the city.

Now, with building owners Creative Property Developments and their sister company Creative Property Design Build Inc., the space will be revived. As a steakhouse, the building featured a false ceiling, raised floors and platforms throughout the space, making it only eight feet in height in some spots. "The outside of the building didn't match the inside," said Patrick John Ambrogio, vice-president of Creative Property Developments. "We looked at the outside of the building and said, 'Where did that go?'"

After some investigation, he and company president Slavko Prtenjaca discovered the ceilings were much higher and the floors were much lower than they appeared. Once it is taken back down to its bare bones, the space will be between 21 and 26 feet in height.

The building will then be transformed with "a steel and glass box in the middle of the space," according to Adamsson. Creative Property Design Build Inc. will strive to use local tradespeople for the project as much as possible.

Rtraction will be sharing the refreshed space with ATMOS Marketing, a company they've worked with in the past. "We complement one another," Adamsson said. "It will be a good, symbiotic relationship."

Rtraction has been located in a 3,500 square foot space in an office building for about 12 years. "The drywall and carpet thing, it's not a creative environment. This," Adamsson said, gesturing to the space, "is a creative environment." Adamsson is hoping to see the renovations completed in the first quarter of 2014.

Rtraction team members are excited about the move. "We're looking forward to being near a neighbourhood," Adamsson said. "What we're hoping to do is open the space to them off-hours. This can be not only an office but a community hub."

The area south of Horton Street – also known as SoHo – has seen a few rough years, Adamsson said. "In the last two to three years, with the help of guys like Patrick – good, solid developers in the area with a vision for the future – it's bouncing back. I think it's time for organizations like us and ATMOS and others to start investing in the area and turn it into something that's vibrant moving forward."

Adamsson is documenting the building's journey on the London Roundhouse Project blog. "It's to meld the past with the future, and to restore this beautiful building back as close as we can get it to where it started, and really, really respect the heritage that's involved here."

Check out londonroundhouse.com to read more about the history of the building and to follow along with the renovations.

Idling? Talk to the hand

STEPHANIE LAI
INTERROBANG

Hands are doing the talking and will hopefully bring car idling to a screeching halt.

Media campaign and initiative Idle Hands is working towards gaining more attention to car idling, particularly exemptions to current bylaws.

Meghan Jeffrey, campaign manager, explained it further. "What people don't know and what Idle Hands' mission is to raise awareness on the fact that a mass amount of exemptions exist in this bylaw."

These exemptions include fleet vehicles, city transport, police cars and delivery trucks.

Car idling is common practice, however the turn of a car key is the simplest of answers. "You waste more fuel by turning off your engine than by [keeping it on]. That's a myth 100 per cent," said Jeffrey.

She says the initiative is small, but can make an impact. "It will save thousands of litres of wasted fuel and tons of money."

The campaign features photos of peoples' hands, which Idle Hands will send to local politicians as a way to push for a change. "These people have a voice, and they're aware exemptions exist and they're aware that there are modern technologies in place to implement to vehicles."

The new technologies she's talking about are fuel-efficient cars, which turn off when a car comes to a complete stop. "Car manufacturers are making the advancements to install proper technology in their cars [so] that idling doesn't exist," she said. "[People] need to be aware that those exist."



CREDIT: STEPHANIE LAI

Doing your part to stop idling is as easy as turning your key. Idle Hands aims to raise awareness to exemptions to current idling bylaws.

The campaign is relatively new – three weeks since inception – but Jeffrey said the response has been nothing but positive, particularly in London.

"It's been interesting in London to see people who don't know about [idling] – they subconsciously turn off their engines [because] they know it's wasteful, they know it's bad for the environment."

It's also, perhaps, thanks to a convenience factor. "[People] think it's more convenient [to idle]. But the twist of a key is not that much of an issue; it just gets integrated into everyone's lives."

To start off, Jeffrey is reaching out to youth. "They are the ones who are going to be on social

media, they are the ones who are going to be active," she said. "They have a voice, and people are going to listen to them because they're the future."

Jeffrey and her team will be travelling across Ontario, reaching out to university and college students. "Young people are the future. They're going to be around for X [number] of years," she said. "They're going to be the ones to care for the environment and are going to get these bylaws changed."

To learn more, follow the campaign's Twitter handle @idlehandsONT as well as checking out its website, idlehandsonario.com to learn more.




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Politics poised to spoil Pan-Am Games

VICTOR DE JONG
INTERROBANG

The 2015 Pan-American Games is the largest sporting event to hit Canada since the 2010 Vancouver Olympics, and yet the current discussion is dominated by quibbling about the budget. In just two years, Toronto will be front and centre on the world stage as the Pan-Am Games come to Ontario's capital, and controversy isn't far behind.

The event occurs every four years and is a lead up to the Summer Olympic Games, but there have been multiple complaints raised about executives billing personal expenses to the overall budget of the games. The most publicized examples of this "gross" mis-spending have been travel and accommodation expenses, which are completely unremarkable in this context. The current wording of the policy allows executives to bill the fund for any expenses related to the business of the Pan-Am Games, and yet both opposition leader Tim Hudak and Toronto City Mayor Rob Ford have attacked the Liberals on the issue.

As the controversy continues, it's crucial to separate the issue into its two elements. The first is whether or not the executives for the Pan-Am Games broke the rules of what they were allowed to charge to their expense accounts. As of right now, the answer appears to be no. The travel, moving, and accommodation expenses all fall within appropriate spending.

The second issue is whether the policy that governs what can be billed is appropriate. Judging from the backlash, the answer is yes, however it would be both unfair and most likely illegal to seek reimbursement for expenses claimed prior to a revised policy, as Premier Kathleen Wynne has called for.

Beyond the questionable expenses, the pay structure of the 2015 Toronto executive team is also generating a lot of criticism. The Liberal government is fighting back against accusations of wasteful spending after it became public that the event planning executives are eligible for \$7 million in bonuses if the event is successfully on-time and under budget.

Critics of the bonus structure reveal their basic misunderstanding of business when questioning how organizers like the CEO of the Toronto Organizing Committee, Ian Troop, could be eligible to receive double his annual salary if the event goes off without a hitch. The compensation of individuals with specialized expertise like Troop is only partially based on the value of their work.

If Troop is the best man for the job, and there's no reason to believe otherwise, he must be paid enough that he won't be head hunted halfway through the process. In giving Troop an annual salary of \$390,000 the hiring committee had to add incentive in the form of a bonus, or risk losing him to an organization willing to pay more.

From a political perspective, this is an ideal opportunity to cast doubt on the Liberals' ability to lead, but if the end result is an event that leaves a bitter taste in everyone's mouth, there's no winner at these games.



A voice for the voiceless



ARTiculation
AMY VAN ES

"Say what you say plainly, and then take responsibility for it." – Ai Wei Wei

Ai Wei Wei, a contemporary artist rapidly growing in influence, has long been standing up for the underdog – the creative spirits who wish to speak, but are silenced by authority.

Freedom of expression is something that doesn't exist in many places around the world, chief among them Wei Wei's home country of China. Born in mid-century Beijing, Wei Wei was birthed with the taste of oppression bitter in his mouth. As he matured into an adult (something he believes is enough of a reason for one to take responsibility for their own morality), he chose to pursue a career in art. With strong ideas about the misdemeanour being conducted within the societal structure of China, he set out to provide something that was nearly non-existent: public social commentary.

A rustic, beautifully curved vase from the Han dynasty sits atop the mahogany desk. It commands a distinguished presence. Wherever it is, there is power. Ai Wei Wei picks it up and drops it, leaving it shattered on the ground.

The White House is perched atop the crisp, green grass of Pennsylvania Avenue. The American Dream sits behind the gates. Wei Wei photographs himself flipping it off.

An earthquake caused by the world's largest power station (Three Gorges Dam) kills thousands of schoolchildren. The government of China refuses to acknowledge the tragedy. Wei Wei spends a year compiling a list of the casualties' names and commemorates them at one of his shows.

As Wei Wei's audience grew and the ide-



CREDIT: AI WEI WEI

Ai Wei Wei's 1995 work "Dropping a Han Dynasty Urn."

ology of his artwork (and those who have followed in his iron footsteps) opened up the floodgates for civilians to speak their truths. There was a dull hum of creative revolution in the making, with Wei Wei at the helm of the ship. And then he disappeared.

Prior to 2010, it was widely accepted by his following that Wei Wei was nearly invincible to the powers that be in China. But when he was placed under house arrest for planning to peacefully protest the needless demolition of a building he recently designed, his followers took his place and held a party at the site. So when he went missing in 2011, and it was revealed that the government had captured him, only a louder cry was heard from his audience.

Ai Wei Wei had been working to defend people's right to freedom of expression his whole adult life. To encourage people to say what they want and to take responsibility for their lives. He had led by example, and was confronting what he knew to be inevitable – facing the dragon of oppression head-to-head. Only he wasn't alone. With his voice silenced, the impact he has had was evident

as people began to speak his message. The people whose voices he helped muster were now belting at the top of their lungs in defence of him. The Internet quickly became a battlefield. People took to social media outlets, storming Twitter and Facebook with messages pleading for his release. Numerous campaigns were started, including websites and petitions. People spoke about it, wrote about it, sang about it and a painted about it. And finally, after 81 days in captivity, he was released. A wave of exhalation swept the art world.

Ai Wei Wei is still unable to leave China, having had to surrender his passport. But his (and many of his contemporaries) echo is felt here in our critical thought and ability to express it in whatever medium we choose. The consequence of our bravery for ourselves is uncertain, but what we can be sure of is that when it reaches someone who needs to hear it, it is worth it.

To commemorate his dedication, Ai Wei Wei's exhibit 'According to What?' is at the Art Gallery of Ontario in Toronto until October 27. I highly, highly recommend it.

Would God vote?



NOTES FROM DAY SEVEN
MICHAEL VEENEMA
veenema.m@gmail.com

Journalists in Nova Scotia have been asking students if they plan to vote. That was last week. Since then there has been an election, and the leadership of the province has changed hands.

As students and others responded to the question of whether or not they planned to vote, I listened. I heard the range of answers that anyone asking the same question of Fanshawe students would hear. Some students expressed disappointment with government in general. Too many exaggerated promises not kept. Too many political leaders taking advantage of their perks. Others expressed a lot of faith in the political process and in democracy – that they will allow us to find a way forward through the problems society faces. But most felt that,

yes they would vote, even though they might do so without great enthusiasm. They had questions about the integrity of political parties and the effectiveness of government.

Probably most readers of this paper do engage the political process by voting. We greatly value our participation in democracy. But we vote with a wary eye. We vote because we have been taught either in public school, or through the process of becoming a Canadian citizen, that voting is key to the long-term success of the nation, our provinces, and our towns and cities. At the same time, we know very well that leaders, parties, and governments are flawed, and that they cannot give us everything we want.

I find it very interesting that the regions of the world where democracy has been most successful, Western Europe and North America, are also the regions where Protestant Christianity had been most successful. In regions where Catholic Christianity has had a great deal of influence, say in parts of Central and South America, democracy also has had a decent

run and continues to be valued.

Is there a link between religious faith and democracy? Another way of asking this question is, Is there a link between democracy and a society's picture of God?

Consider that where Protestant and Catholic Christianity is influential, people think of God as a community, one community of three persons: the Father, Son and Holy Spirit. At the same time, Christianity finds that human beings are created in the likeness, or image, of God. Therefore, we should not be surprised if the individuality of each human being, each person, has great value. And we should not be surprised if human beings want to live in community.

The Christian picture of God is then a kind of parallel to the concept of democracy where the vote of each person has value, and where we strive to live in community.

If a different notion about what God is like prevails in a society, will that society take a different shape? I am not an expert on the relationships between religions and society. However some very interesting questions



arise.

In societies such as those in the Middle East the dominant religions reject the idea of one God comprised of three persons. They embrace the radical, immaculate oneness of God. Does this concept of God make it harder for those societies to embrace democracy where both individuality and community are held in a balance?

In other societies the number of gods is very large and they do not all necessarily work together. Does that concept of the gods create a society where democracy can easily find a home?

In the Western world, atheism is enjoying popularity. This appears to leave us in a situation where the picture of a God who embodies both individuality and community is no longer accessible. It follows from that that the understanding that human beings are created to mirror both individuality and community also vanishes. Without those pictures informing our self-understanding, will democracy suffer? I believe it will. But with them democracy can continue as a foundational influence in this country and in the world.

When enough is enough

PRESTON LOBZUN
INTERROBANG

The London community is well aware of the change in atmosphere when September rolls around. The relatively average city night on Richmond Row becomes an overwhelming haven for students looking to enjoy their weekends and time off from school. Along with this additional crowd comes a whole slew of issues that has reporters of national outlets talking and residents of the city arguing about what to do about the student population.

As a student myself, I feel for both sides as I now live here full-time and call London home. I believe that the issues brought up time and time again seem to have a greater depth to them than simple youth debauchery or hooliganism. While we look back on the dreaded embarrassments of the past, it's hard to say that we should brush it off as just a bunch of young people looking for trouble.

Common discussions brought up usually involve the issue of student behaviour in their areas of interest. Typically, students of both Western University and Fanshawe College spend their time in the Richmond Row bars between Oxford and Central Streets. They rarely venture past these bounds unless they have to go home. On other days, time is spent mostly on campus or potentially out at the nearest LCBO or

grocery store. People who live in London see the treatment of the city on weekend nights and then grow frustrated when said students leave after their eight-month stay and the local garbage collectors have to pick up the pieces.

The response of the city has been at times, heavy handed. During Western's Homecoming events at the end of September, as you probably already know, police handed out hundreds of dollars' worth of tickets, to the applause of some of these residents who take issue to the excessive noise during this massive event. But what is really escalating the tensions between these two groups and further criminalizing a common post-secondary lifestyle? There isn't one true answer.

My opinion on the matter is that students in the city simply don't have much to do. In a way, they encompass a completely separate population from the rest of London. They have their own areas that seem to be almost autonomous of how the rest of the city operates. Certain businesses completely rely on them as their main source of income and they dread the summer months when their customer base drops rapidly. With students, their area of interest is very slim. They have trouble connecting with this city and it's difficult to say whether this is sustainable or not. Various factors like unemploy-

ment and distance from home also contribute to their inevitable decision to leave when their education time is over, which leaves London as a crossroads city at best. It is a city where you meet people and grow as a person to go off and do better things elsewhere. In a way, this is a good thing. Very few places offer the opportunity that London does. On the other hand, London itself as a city has difficulty developing its own unique identity. As a musician who has played all around Canada, I see this very clearly in the local scene here.

London has a lot of potential. I've met some of the most amazing people here who I am going to be friends with (hopefully) for the rest of my life. If only the student body and local community could merge somehow and formulate a cohesive dialogue with each other, maybe the hostility will cease. Maybe someday we can see more local flair sprout instead of awful shopping malls and retail stores. It will take a lot of work, though, and it's definitely not something that can be undertaken by one person alone. This is a project that we all have to aspire to achieve together. Let's put aside the hostilities on both sides and work towards making this city a more comfortable experience. I think we all can say we deserve it.

Something in the water

JOHAN PADILLA
INTERROBANG

While massive radiation spreads into the ocean and corporations privatize water for profit, an even more alarming crime is being perpetrated against our population. If you've heard of water fluoridation and it doesn't make your blood boil, it's because you're still under the spell of the lies that were ingrained into society decades ago.

This atrocity has been justified with a simple reason: It prevents tooth decay. Dentists advocate for fluoride, praising its use and in the progress making it a norm in our society. Most of the world is aware of the dangers of water fluoridation; in fact only about 30 per cent of the planet accepts this stupidity. It's a shame that Canada blindly follows American standards. From GMOs to water fluoridation, this foolish acceptance of their society will have a resounding impact upon our own.

This lie has a rather disturbing history, and will leave the logical thinker truly concerned. It begins in America circa early

1900s: The Industrial Age. This was the time when big factories and smog clouds were the norm. Workers became exposed to many dangerous substances in their line of work, fluorine gas amongst the worst. By the '30s, the Aluminum industry was the biggest polluter of this toxic waste. The Aluminum Company of America, or ALCOA, was at the top. At the same time, the U.S. Public Health Services was under the direct jurisdiction of the Secretary of Treasury, Andrew W. Mellon. Coincidentally, Mellon was a founder and major stockholder of ALCOA. He was also the founder of the Mellon Institute, and Industry funded research institute that was responsible for providing industries with the "scientific data" to defend itself. It was this institute that put forth the idea of the effectiveness of fluoride in fighting tooth decay.

On January 25, 1945, the town of Grand Rapids, Michigan became the first town to publicly fluoridate their water supply. Brantford became the first city in Canada to do so the same year. London started proudly

fluoridating the water supply in the late '60s. Fluorosilicic acid is a byproduct from phosphate fertilizing, which is being added as a fluoridating agent to our water. A lot of this is being imported from phosphate fertilizing industries in countries like Mexico, China and Japan. We are literally buying toxic waste and putting it in our water with the pretext that it is beneficial to our dental health.

The spread of fluoride in our society is sickening. It isn't only in toothpaste and our water, it can also be found in food and most beverages. Dental fluorosis is a tooth staining condition that is affecting a growing number of our youth. Did I mention nursing water for infants contains extra fluoride?

The effects of fluoridated water on our health are pretty serious. It increases the aging process, increases the risk of cancer and tumour growth, causes genetic damage, interrupts DNA repair-enzyme activity, lowers IQ, weakens bones, inactivates 62 enzymes, increases arthritis and disrupts the immune system. It is a systematic poison.



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CREDIT: JESS BAUM

Cancer Bats bring their Bat Sabbath show to London on October 17.

Never Say Die! Bat Sabbath returns to London

BOBBYISMS
BOBBY FOLEY

I write about random things a lot. I write a lot about random things. But when it comes to the legacy of 1970s metal pioneers Black Sabbath, and in particular their early lead singer Ozzy Osbourne, the truth is often stranger than fiction.

Similarly, if you weren't familiar with Toronto-based hardcore punk band Cancer Bats and how they came to be associated with Black Sabbath, the connection might seem as mysterious as the figure on the cover of *Paranoid* from 1970.

Returning to London on October 17, Cancer Bats – comprised of vocalist Liam Cormier and Scott Middleton on guitar, Mike Peters on drums and Jaye Schwarzer on bass – are bringing with them the return of Bat Sabbath, their tribute to the English rock giants. The band will first perform a set from their catalogue of albums, including last year's explosive album *Dead Set on Living*, and close with a second set of Sabbath cover songs.

According to Cormier, the decision to take Bat Sabbath on tour was an organic one. "After we did those shows and as people saw them, word spread," he explained by phone, shortly after the band crossed into Michigan on a five-day sojourn through the U.S. en route to the West Coast.

"Tons more people were excited to have it in their town and to hear a different side of what we do," Cormier continued. "And we thought, 'We kind of have to do these shows out there – Vancouver, Winnipeg, Regina – all these spots where we have these notoriously awesome shows.'"

No ordinary tribute outfit, Bat Sabbath evolved by chance from an after-party gig on the last night of the 2011 Sonisphere Festival in the U.K. Organizers were looking for an act to play on the side stage following Slipknot's performance on the Apollo Stage, and Cancer Bats – having already performed

earlier in the day – agreed to step in.

The event was wildly successful, and led to the band embarking on a 12-date Canadian tour in the winter that included a stop in London at Rum Runners on December 15, 2011. The night held a place of importance on the tour, which served to bring full circle the process of making their most recent album *Dead Set on Living* – the dates at Sonisphere were the last for the band before beginning to record the album, and the winter tour helped to tide the band over from completing it in the fall until its release in April 2012.

This time around, the tour is intended to fire the band up creatively to begin writing sessions for their next album; the band has recently had a couple of months off and is looking forward to rising to the challenges of the tour, aiming to carry that momentum into new material.

In preparation, they've worked new songs from Sabbath's extensive catalogue into their repertoire. According to Cormier, the idea is to craft an unforgettable show for fans, an experience that can appeal to fans whether they had seen the tour in the past or not ... and all still the icing on the cake of a full Cancer Bats concert experience.

Speaking as a loyal fan, Cormier was unable to decide which song he'd be most excited to play for Sabbath themselves if the opportunity arose.

"Firstly, I think we'd all be terrified," Cormier laughed. "I feel like they'd be able to point out all the mistakes we were making. I don't think I could choose a song, though. I think we'd like to play them the whole set and let them choose their favourite."

He then recalled a night on tour on which an opening band had performed an entire set of Cancer Bats covers, similarly considering the good-natured tribute. "By the end I wound up singing 'Pneumonia Hawk' with them, I couldn't tell you if they made any mistakes."

For more on Cancer Bats or their current Bat Sabbath tour, visit them online at cancerbats.com or follow along on Twitter @cancerbats. This concert event returning to Rum Runners is akin to light-

ning striking London twice, so don't miss it. Advance tickets are \$17, available on ticketscene.ca until 3 p.m. on October 17 while supplies last.

And for more of the latest music news, views and concert previews, consider following this column on Twitter @fsu_bobbyisms. Some of the best folklore comes from the most humble beginnings, don't miss this opportunity to glimpse some history in the making. I'm out of words.

Funk comes to Fanshawe

JAYSON KOBLUN
INTERROBANG

Canadian performer KC Roberts has worked in the music industry for many years, yet it's the release of his band's fourth album that marks the introduction of KC Roberts and the Live Revolution into the world of funk.

"We approached the album [*Parkdale Funk 2: SIDES*] like it was one giant piece of art," said Roberts, who prefers KC. "Technically it's our fourth album, but our goal with the first three was to get us ready for *PF2S*, so I feel like now is our true beginning."

The eight-member band's music is a blend of rock and funk, laced with a little bit of defiance.

"Our logo is a lion. One thing you learn as an artist is that you're fighting an uphill battle to get anywhere in this business, and the lion represents a certain amount of defiance that you need to make it," said KC. "A reminder that we are here to make a point."

For the first time on a KCLR album, with the help of the band's trombone player, who is also a big band conductor, KCLR has included strings in its instrumental lineup.

"When you've got strings, drums and everything else, it all feels so much bigger than you," said KC. "Our collaborations hit a whole new level when we brought in the strings."

The name KC Roberts and the

Live Revolution comes from KC's desire for the band to live up to the hype that the name creates.

"We consider ourselves a band that inspires other like-minded musicians and don't want to make it easy for ourselves to make it," he said. "I've seen way more success in those who think of their own crazy shit and work their asses off to see it through than those who sell out."

The band is more interested in the way their music makes listeners feel than what expectations they may have of funk.

"We're a feel-good, bop-your-head-to-the-music kind of sound, and want to cheer everybody up," said KC.

Before KCLR, KC was busy jamming and performing cover shows with the band's current drummer, Chino de Villa, and has since been joined by Steve Dyte, Matt Fullbrook, Matt Giffin, Juan Carlos Medrano, Christian Overton and Jared Welsh. The band uses a wide range of instruments including trumpet, bass, keyboard, percussion, trombone, saxophone and now strings.

KCLR is a band that feeds off of the energy coming from the crowd and even with *PF2S* having hit stores on October 15 the band still prefers live performances and is looking forward to playing at Fanshawe College on October 18.

"If you want to get smashed in the face with funk, you'll love us," said KC.

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CREDIT: THE BLOCK

Local sketch comedy group The Block is hot

CONNOR DUNSTER
INTERROBANG

When you think about London, a comedy scene doesn't exactly come to mind. New York, L.A., Boston and even Toronto have a variety of comedic outlets, but London seems to be virtually off the radar.

Well, a new sketch comedy show has come to town and wants to change that image while tickling the funny bones of Londoners. I sat down and had a beer with the members of The Block – Adam Zess, Jamie Ian Badger, Forrest Rensby, Emily Forbes, Todd Georgeneau, Terry Staples, John Milne and Tanis Dean – to discuss the origins of the group and all things comedy.

How do you guys all know each other?

Adam Zess: "Most of us actually work at Rainbow Cinemas. I was one of the newer employees that came in and my personality quite changed after meeting these people. Between shows, we found we had a lot in common and got to talking about our love of movies, television and art, which made us all close friends."

How did the idea come up to start a sketch comedy group start?

Zess: "The idea actually started from a conversation at the concession stand at Rainbow Cinemas between myself and the other co-founder Jamie. We were both very frustrated artistically because we weren't doing anything and we

both went to school in both very art-based programs. The topic shifted to sketch comedy and we thought, 'Hey, we could do that! Why don't we start a group?' Most of us working there were writers who had a bunch of material already written, so we had an extensive catalogue of sketches at our disposal. We knew John had shot movies before so it just made sense to get him on board to be on the technical portion of things."

And how did it get brought to Rogers TV?

Zess: "I have a friend who works over at Rogers TV. I pitched the idea of a comedy show and she loved it. She definitely did us a favour and helped push the proposal to the higher-ups and got us a meeting. Since we are a third-party show, in which we require no budget, no funding, and shoot and edit everything ourselves, it helped the decision with Rogers to pick us up because we were basically doing all the legwork and giving them free programming in return for airtime."

What are some of your influences when you are writing?

John Milne: "For a skit like Carli's Cookies, I know a sweet girl who I thought it'd be awesome if really bad things would happen to her. That one was basically influenced by daily life like a lot of our sketches."

Emily Forbes: "Working at a movie theatre definitely helps that. So many characters come in that place!"

Zess: "Like that weird guy who tried to touch my face! I was at the concession stand and he said I looked like Harry Potter and got a little too close for comfort."

Todd Georgeneau: "This guy came out of a movie and said to me, 'Wow I really loved the 3D on that movie.' We don't have 3D."

How do you guys keep things fresh and funny, even after re-taking a scene a couple of times?

Milne: "I feel like I know what the scene needs. I'm always telling these guys if it doesn't sound funny after a couple of takes, switch it up. I'm a big fan of improving scenes and changing

what's on the original script to make it fresh."

Zess: "Really if it's not funny to us while we're shooting it, it's not going to be funny to the viewer while watching it. So trying to switch it up, go off script and make each other laugh definitely makes the experience very enjoyable."

What are the next steps for The Block?

Milne: "We are always looking for the next step. We want to move on and hopefully get picked up and reach a wider audience someday. Being on a national television station or Netflix would be our dream."

Zess: "Well, like I said, since we have no funding and no budget, we are trying to branch out and get any kind of sponsorship we can. Any businesses such as McCulloch's, Henry's or the P.A Shop that could give us a hand with costumes or equipment that would definitely keep the show going. We're not looking for much – any help you can give would be greatly appreciated and help us out tremendously."

Check out *The Block* Saturdays at 11 or Sundays at 11:30 p.m. on Rogers Television. A new episode airs every month.

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A hilarious book about a deadly case of mistaken identity



READING BETWEEN THE LINES
ESHAAN GUPTA
e.gupta@fanshaweonline.ca

Pest Control will NOT make you think or consider philosophical points or think differently about life, and never comes near being poignant or deep. So why read it? *Because it's pretty damn entertaining.*

Pest Control is through-and-through a screwball comedy, a comedy of errors, and a parody of New York City rolled into one tight “snug-as-a-bug-in-a-rug” book (I have a pun quota). The book is shamelessly full of classic character archetypes and stereotypes – down-on-their-luck but well-meaning dreamers, hitmen with calling cards, killers with a conscience, sleazy slum lords, Mafia dons, femme fatales – and the author knows how to make use of them successfully and hilariously.

Enter Bob Dillion (no relation to Mr. Tamborine Man himself), a down-on-his-luck entomologist-turned-bug-exterminator from New York, New York, with high-flying dreams of starting his own “all-natural” pest control business: breeding bugs to hunt other bugs. Bob is earnest, well-meaning, hard-working, and, as is typical,

has gotten nowhere ahead in life. Drunk on a particularly bad day, he answers an ad in a newspaper asking for an exterminator, promising an exorbitant reward, that, unbeknownst to him, is actually a request for an assassin from a bumbling French middleman. Of course, the story being one of comedic error, the target dies, not through an assassination, but in a case of impaired driving.

Bob Dillion, husband and loving father of one, is suddenly the world's deadliest assassin, and he doesn't even know it.

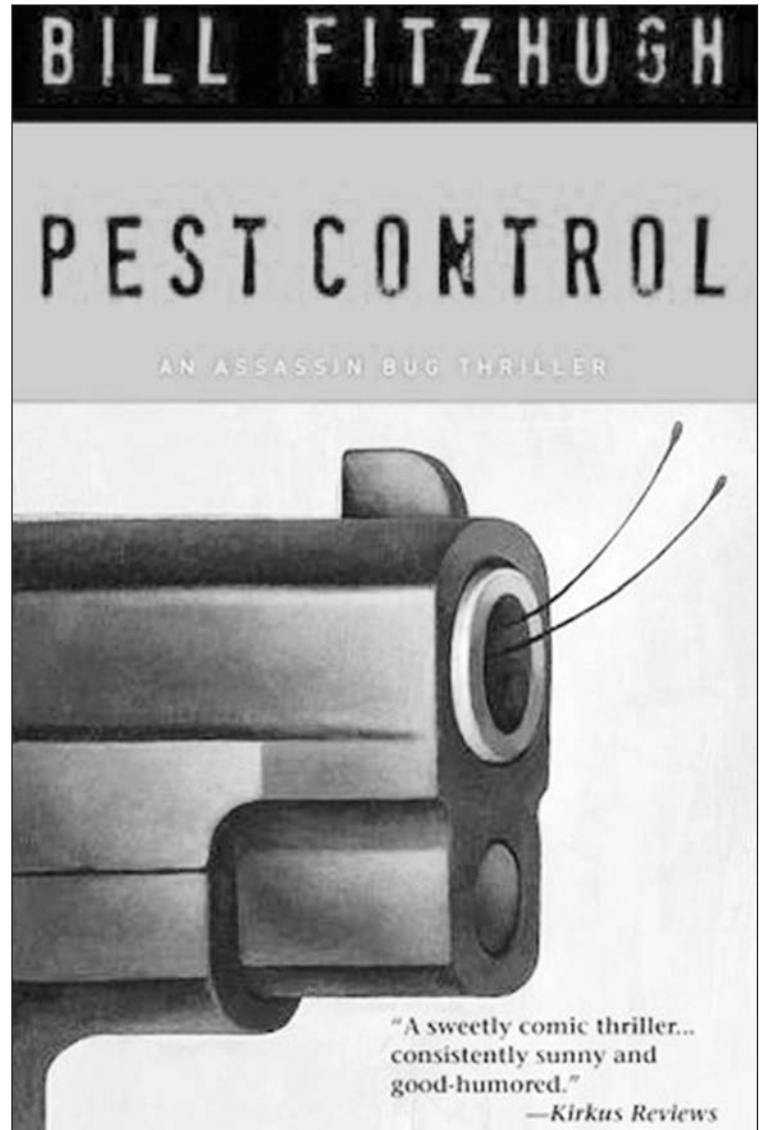
This sudden development, of course, makes a lot of (dangerous) people unhappy or excited to see a new player in the field. Be it the various top assassins of the world (some of whom include, but aren't limited to, cross-dressing midgets, and lanky Nigerians), seeking out to snuff new competition; bumbling, double-talking CIA agents with dreams of best-selling memoirs; or, largely, Klaus, the world's number one hitman carrying the largest baggage of emotional issues and odd morality a person of his field should never have. Every one of these characters is bizarrely hung-up, and thankfully, get just the right amount of screen time to really keep the death ball rolling. It's less *North by Northwest* and more *It's A Mad, Mad, Mad, Mad World*, except the MacGuffin is a loser from Queens with a price on

his head.

The city of New York itself is a character of sorts in this book. It plays an exaggerated, over-the-top parody of itself, riddled with every Big Apple cliché you've ever heard, ranging from Mafia wiseguys openly patrolling the streets of Little Italy to crazed homeless men riding the subway, exemplifying the Kitty Genovese-esque apathy of the average citizen. And as a character, New York is just as passive and uncaring for Bob, being more or less a backdrop for him to get lost in and eventually take advantage of (you'll see what I mean if you, well, read the book). It seems odd to praise an element that's soaked in stereotype, but in *Pest Control's* case, New York's corniness is written with a degree of self-awareness. It knows what it's famous for, and knows full well how to take advantage of what its eight million citizens gave it.

Oh, and you'll actually learn a thing or two about bugs (and insects, and arachnids – the distinctions are important) from reading *Pest Control*. It'll give you all of the above in a big, gross-out, darkly humoured dose.

Reading Between The Lines explores books that you may have missed out on that are worth your while. If you have a book to suggest, email Eshaan at e.gupta@fanshaweonline.ca.



The fruits of *Half-Life*



GAMING THE SYSTEM
ESHAAN GUPTA
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The *Half-Life* series has been MIA since 2007, with the fifth (and likely final) game to end the story arc, *Half-Life 3*, having become nothing more than a running joke six years in the making, it's time to take a look back (or, in other words, roll over and cry over the lack of *Half-Life 3*) at what this revolutionary gaming franchise has given us outside of the games themselves.

Gmod

Easily the most famous and popular *Half-Life 2* modification, *Gmod* requires no introduction to most fans of the series. But for those living under a rock and/or of casual interest, allow me to explain; *Gmod*, or, *Garry's Mod*, is essentially a sandbox modification of *Half-Life 2's* assets and physics engine. What does that mean? Just about anything you make of it, really. Load up any level from *Half-Life 2* (or download various user-created maps), pose the many dramatically written characters from the critically acclaimed series in a litany of ridiculous or vulgar poses, spawn as many baddies and aliens as your computer (or the game engine) can handle for a massive battle, or, if you feel more creative, build all kinds of vehicles and quirky contraptions using the various machinery at your disposal. It's a timesink comparable to that of *Minecraft*, and probably just as fun, if not more.

Concerned: The Half-Life and Death of Gordon Frohman

Sadly, this entry to the list, a

webcomic created by Christopher Livingston using the aforementioned *Gmod* to pose *Half-Life 2's* characters, has been forgotten ever since its end in 2006; a shame too, because *Concerned* is probably one of the funniest comics you'll ever read. In true *Life of Brian* fashion, *Concerned* features its bumbling protagonist Gordon Frohman being constantly mistaken for *Half-Life's* hero, setting the story up for the game's various scenarios and events through his various mishaps. The fourth-wall-breaking jokes, ranging from whom exactly wrote letters to the telecast of oppressive puppet-dictator Dr. Breen (hint: it's Gordon) to a deconstruction of first-person-shooter mechanics, are numerous and all freakin' hilarious. While the comic's effectiveness hinges on you having finished *Half-Life 2*, *Concerned* itself will take about an afternoon to clear through, and is time well wasted.

Mod Franchises

Condensed into one entry simply for a lack of room, the original *Half-Life's* long-time popularity lay in not only in its awesome gameplay and story, but largely around its ease of customizability. There are a lot of mods for this 16-year-old game, and even more still in development. While some have been commended for their infinite playability (*Sven Coop*) and others for their amazing technical achievements with the aging game engine (the terrifying *Cry of Fear's* advanced real-time lighting), a few have actually broken the barrier from fan developments to full-on professional video games. It's easy to forget *Counter-Strike* franchise's humble beginnings as a mod for *Half-Life*, and we wouldn't have the trading



CREDIT: CONCERNED WEBCOMIC

Concerned is a webcomic that uses *Gmod* to put *Half-Life* characters in hilarious situations.

simulator/occasional first-person shooter *Team Fortress 2* for the same reason. Check out the lesser-known but equally fun *Natural Selection*, and its standalone PC-sequel *Natural Selection II* for some tactical alien vs. marine action.

BONUS: *Half-Life 2: Raising the Bar*

A making-of that chronicles the development of the entire *Half-Life* series at the time of the book's publication (2004), *Raising the Bar* features some incredibly cool concept art and information on beta features that were removed from the final releases of the various *Half-Life* games. Unfortunately, the book's out-of-print status has

made it highly sought-after, and with its price going over a \$100 makes this a collectible for true *Half-Life* fans. If you're unable (or unwilling) to shell out the chunk of change required in requisitioning this book, a quick Google search will yield high-quality (but legally grey!) scans across the Internet for your enjoyment.



She came in like a wrecking ball (and Lorde was the building)

ROSSELL GREENIAUS
INTERROBANG

I think it's safe to say that people like Lorde. Cunning lyrics over sparing electro beats prove deadly, especially when paired with her sultry voice and promising age of almost-17. Whether it's through her suddenly omnipresent single, "Royals," or her recently released album *Pure Heroine*, people enjoy Lorde, enough to push her to the top of the Canadian iTunes Album charts—

Oh, what is—?

She came in like a wreeeecking ball!

Miley Cyrus knocked Lorde off of her pointedly-not-upper-class throne last week with the release of *Bangerz* (Deluxe Version) on October 8. Moreover, her non-potty-mouth rendition trailed not too far behind, along with the normal version.

So, does this wrecking ball (I refuse to call her "twerker"; that's ancient, and still using that moniker is creepy at this point, old men!) blindly destroy, or is she indirectly paving the way for something new?

The album opens with "Adore You," Cyrus singing about "holy matrimony", and all things that awkwardly no longer apply to her life. (She and Hemsworth are no más, in case you've been busy with actually important things beyond the celebrity doldrums.) The

chilled pace rolls on through "We Can't Stop," though you've probably heard it already. In terms of production, it's minimalist electronica. Lyrically? It's not lyrical, really. A party anthem. The I'm-Top-Party-Girl assertions speed up with the next track, where Britney Spears joins in, for the same purpose the rest of the featuring artists join in later on...

I'll let you know when I figure out what that purpose is. Cyrus handles the tracks perfectly well on her own and, when the features do appear every two or three songs, I'd argue that they detract more than they add.

The album continues along in a dualistic manner, constantly varying between two personalities. (Hannah Montana joke, anyone?) In terms of production: humming, slow tempos and upbeat bangerz, as it were; in terms of lyrics: partying, partying to crying, crying.

What's most intriguing about the whole effort is the production style, which, except for an anomalous 14th track on the deluxe version, truly unifies *Bangerz* and makes it feel like a genuine, honest album. Half Western film, half GameBoy Colour, *Bangerz* could possibly be the progenitor of a new genre. Lana Del Rey, but not so Americana and forced vintage. Lorde, but nowhere near as lyrical and minimal. Perhaps Skylar Grey's *Don't Look Down* meets

Lights' *Siberia*.

Even though Cyrus herself had no part in the production of the songs and only (dubiously) co-wrote all but two, she manages to present *Bangerz* as a united force. A united force inwardly polarized between partying, and searching the ground for pieces of shattered love – whether to stomp on or salvage them is a matter unique to each song.

Despite the jarring lyrical juxtaposition, it's consistent. She doesn't wander any further than those two poles of partying and ruining screwed-up love affairs, so you needn't expect much going into the album for a first time. Actually, it's best not to expect anything. Let it confuse you. The strange country-hip-hop-electronic shouldn't work, but it does – and, boy, does it work well when coupled with Cyrus' vocals. It seems she's gunning for the position of "Best Ex-Disney Singer" with *Bangerz*, harmonizing with bazooka-powered vocals in the background of main melodies. Big enough to, dare I say it, rival her ex-Disney sister, Demi Lovato.

But unlike Demi's eponymous and tepid electro-dubstep-pop album, nothing in *Bangerz* feels contrived, feels like its sole purpose is to be played on the radio over and over, a (lack of) quality that *DEMI* certainly brandishes. It's all believable. Once you've



settled into the rhythmic rotations of the album by "Wrecking Ball," track six, nothing will surprise you. Except, of course, the truly magical, soaring notes that you definitely will not be expecting in the later ballads.

All in all, it's well-produced. Great mixing, fascinating productions (if you're a lover of genre-blenders like myself) and surprisingly great vocals. The lyrical content is far from groundbreaking, but Cyrus was hardly aiming for

Lorde's seat, even if she did inadvertently eject her. *Bangerz* is loud, emotional, breathless. I never thought I'd say this, but Miley Cyrus has come out with a good, solid album. It refuses to settle down – again, except for that weird 14th track – and constantly delivers; it feels good. Be sure to check out "Wrecking Ball," "Drive," and "FU" (featuring, unnecessarily, French Montana).

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ENTERTAINMENT WITHOUT breaking the piggy bank

Andrew Vidler | INTERROBANG



There can be no doubt that college can mentally and financially stress out students. After paying off tuition and textbooks – in addition to the expenses that come along with lodging, food and other bills – it can be hard to find a few dollars for the one thing that all students hold in high value: entertainment. While outings such as nightclubs and concerts have always been the stereotypical activities of the college student night life, these sorts of nights can easily eat up \$100 or more. Thankfully, there are plenty of activities in London that can easily provide plenty of entertainment for a reasonable cost, not to mention a few old-school options that can be given a twist.



Hitting the lanes, eating a slice of 'za and sipping on a beer can be a great way for a group of friends to eat, drink, and put their Wii Bowling skills to the test in the real world. While adding together a few games, food, and a pitcher of beer seems like it would be a costly night out, students can stretch out a \$20 bill surprisingly far if they go out at the right time and place.

A short bus trip from campus, students can find Palasad (777 Adelaide St.), a combination bowling alley and pizza parlour that offers multiple opportunities for a cheap night out. Heading there on a Monday night offers up the double promotion of half-priced pizza, coupled with games of bowling for just \$1, allowing you to fund your games with some spare laundry change.

If you're one of those high rollers, Toonie Tuesday may be more up your alley, offering glow bowling, pool and delicious, delicious beer all for the nice round cost of \$2 each. This cost, coupled with a retro soundtrack and a 19-plus rule after 7 p.m., makes it a popular night with the college crowd. Go to palasad.com for more information.



Ranking just behind suits and women in the life of Barney Stinson, the favourite sport of How I Met Your Mother's most awesome bro can also offer London students a night out without breaking the bank. While a regular 15-minute battle will cost \$8.50, Laser Quest (49 Carling St.) downtown offers a set of deals and events throughout the year, giving you the chance to wage war against your friends and still have some ammunition left in your wallet.

Going on a Thursday or a Friday evening grants you access to a double-length match (half an hour) for just \$11, or three matches for \$19, allowing you and a group to stretch out an hour or so reliving your childhood and making 'pew pew' sounds while you shoot each other.

In addition, every couple of months the location will run an all-night match (10 p.m. to 2 a.m.) for \$30 – check out laserquest.com for details and dates.



Whether you're on a date or just hanging with friends, heading to the movies has always been a perfect way to kill a few hours any night of the week. Unfortunately, with the rise of high-definition and 3D movies, a trip to the movies costs much more than it did five years ago, and that's not counting the approximately one billion per cent markup cost that theatres apply to a bag of popcorn and a soda.

Luckily, there are quite a few options that students can choose from when they want to head to the movies but have moths flying out of their wallets. The most obvious time to go, regardless of your preference of theatre, is a Tuesday night, which seems to be the official cheap night of the movie industry. Major chains like Cineplex and its various offshoots offer rates under \$5, causing other cinemas to lower their prices accordingly, leaving it as most people's first choice when heading to see a film. The downside to this, however, especially when seeing a fairly new movie, is that the crowds are easily twice the size of an average evening out, leaving moviegoers to deal with long lines and crowded lobbies and being forced to show up a good hour before showtime if they hope to get a seat.

Fanshawe students have access to another cheap night courtesy of Rainbow Cinemas, located in Citi Plaza downtown, which offers a \$4.00 ticket to students (\$6 for guests) to a selected new release movie on a Wednesday night. This offer ensures that students can easily see any of the top releases within a couple weeks of them coming out, without having to deal with crowds and crazy ticket prices. Check out the FSU Events Calendar (available at the Biz Booth in SC building) or fsu.ca/events for a list of upcoming First Run Film nights.

Re-finishing your bulletin board



TURN BORING SPACES BEAUTIFUL
BRITTANY ROACH

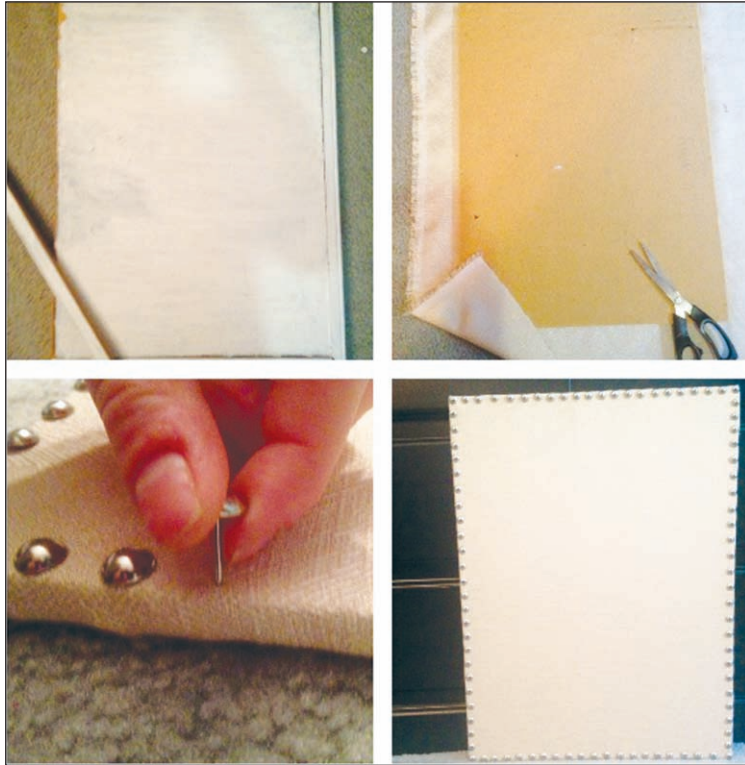
If you're anything like me, you don't believe in tossing something out unless you've tried your very best to make it beautiful and looking new again.

I've had my bulletin board for years, and before that it was my great grandmother's... and let me tell you, after the board was passed down to me, it has seen many different styles. It had gotten to the point where I've refinished it so many times, it has started to show its true age. I was determined to make this bulletin board look brand spanking new again and I did just that in the most money-friendly way!

Before you start any re-finishing project, you must have a vision for what you want your old piece to transform into. I got my inspiration from a fabric headboard that I'd seen in a décor magazine. Other great places you could look for inspiration and ideas are craft blogs and Pinterest!

And now to get started! My bulletin board had a wooden frame that has seen better days, so my first step was to carefully take it off without damaging the cork. Already I had noticed the shape of the board has changed significantly!

My next mission was to find fabric to cover my board. Since my board was painted many times over the years, I determined using fabric rather than paint would give it the perfect facelift to make my board



CREDIT: BRITTANY ROACH

look new again. I went to Fabricland and rummaged through the clearance section and found a great deal on a beautiful fabric! I recommend getting an upholstery fabric for your bulletin board because it is more durable and will not show the pushpin holes.

Once you have found the perfect fabric, the next step is to cut out a piece big enough to wrap around your board to the rear side of it. After this step is complete, staple the fabric to the back. Make sure your staples are going through the fabric and into the cork – you don't want your fabric to fall off! You can also put in some flat top pushpins for some extra support.

I decided to finish my bulletin board with adding a little glam to the outside of the board. This idea came from the fabric headboard I saw in the décor magazine; it had furniture pins along the frame of the board. I purchased my furniture pins from Canadian Tire. When it came time to place my furniture pins on my board, I just eyeballed the spacing.

Refinishing anything old is easy once you have a vision, and it can even be completely budget-friendly. The final result will always leave you with a one-of-a-kind piece to show off. Enjoy making your own custom cork board!



CREDIT: HAI HA NGUYEN

From day to night



THE SHOPPING BAG
HAI HA NGUYEN
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Ever have those hectic days where you're at work and you have to head out afterwards for a dinner or night out but have no time to go home and change into a new outfit? I think we all have those days, but it helps when you have a few key pieces in your wardrobe that can easily transition from day to night.

With that being said, not everything that you would wear out would be appropriate for work (I think everyone knows this by now), but there are many work pieces on the market that are trendy, modest and can still look incredible with a few little changes in details. When it comes to choosing these key pieces, your first instinct is probably right. If you pick up a garment and you're already stumped on what else to wear it with or how you will be able to incorporate this piece into your wardrobe and there are too many details that could compromise the versatility of the garment, you will probably have difficulty with it.

In this featured outfit, the key pieces are a striped blouse, black pleather shorts and bold jewellery with animal detailing. The blouse is a convertible V-neck three quarter sleeve blouse that can be unbuttoned to reveal a lower neckline. The blouse is draped into a bubble hem that can complement many different figures and different styling looks. The drapey silhouette and fabric of the blouse is contrasted by the smooth texture of a pair of pleather shorts. A dense and

intertwined braided gold chain is worn to complement the bold stripes of the shirt and also to add more interest to the neckline. The outfit, accompanied with a vintage inspired pair of earrings, the black staining effect on the surface show the button-like details. On the wrist is a black and gold jaguar statement bracelet encrusted with rhinestones inspired by the houses of Versace and Cartier. A structured black pleather clutch to match up with the shorts with a gold stripe detailing the front of the clutch is the perfect addition to the outfit – stylish and functional.

1. Striped Blouse: This versatile convertible blouse transitions the day look into the night look seamlessly. (Dynamite, \$39.95)

2. Earrings and Necklace: The simple patterned texture resembling buttons add an interesting detail to the braided chain necklace (Aldo Accessories, Earrings: \$8, Necklace: \$20)

3. Jaguar Bracelet: This thick gold and black bracelet, inspired by Cartier meets Versace, exudes a fierce, animalistic and luxurious details (Aldo Accessories, \$25)

4. Black Structured Clutch: Simple, classic and easy, this clutch completes the day to night functions (Aldo Accessories, \$35)

The key to a successful day to night ensemble is to pick a piece that fits into many other pieces in your wardrobe, works well with accessories and is convertible!

Hai Ha Nguyen loves to discover the new trends in street fashion, accessories and styling. Follow her on Instagram at [instagram.com/misshaihanguyen](https://www.instagram.com/misshaihanguyen) for the trendiest pieces this season! If you have a suggestion or feedback for her column, send her an email at hhnguyen.77@gmail.com.

Priming your facial canvas



BEAUTY BOY
JOSHUA R. WALLER
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Primers are one of those cosmetics that have a split vote as to whether they are worth it or not. Those who use primers would never do their makeup without using it where as some people just think of it as an extra, annoying step to their routine. Even though it may be an added step to your makeup routine, it could be a very beneficial one.

Makeup primers became very apparent in the '90s and have gained much popularity in today's cosmetic industry. Modern primers are nowhere near as basic as they used to be; some are colour correcting and some actually have treatments in them. Where primers used to be the barrier between your skin care and makeup, they now can actually enhance your skin care as well as your makeup. Many brands today wouldn't even imagine not having a primer as part of their line.

There are so many primers nowadays, it's hard to pick out the best one, so I have narrowed it down to one of the best brands when it comes to picking a primer: Smashbox Cosmetics.

Primers are one of Smashbox's star products; they have a total of 11 face primers, many of which



CREDIT: SMASHBOX

have won numerous awards. Eleven primers may seem daunting, but it is quite easy to decipher which one is best for you. They have three basic primers that are perfect for pretty much everyone, which help smooth out your foundation and make it last longer as well. They have their original formula, a light version (perfect for oilier skin) and then one with an SPF 20 (always beneficial).

Smashbox also has colour-correcting primers, which not only do what a regular primer does, but also help correct any pigmentation concerns. Their Luminizing Foundation Primer has a bit of a sheen and helps give a healthy overall glow to the complexion (perfect for the upcoming winter season). The Balance primer is lavender in colour and helps brighten up dull complexions as well as help diminish the appearance of dark spots. The Blend primer is apricot in colour and evens out skin discolouration especially areas with a darker pigmentation. The Adjust primer is green in colour and works miracles on any redness to the skin (without making you look like Shrek).

Smashbox also has specialty or treatment primers which actually

benefit the skin in the long run. The Hydrating primer has an extract derived from desert plants that helps nourish the skin, even in harsh climates. It is super lightweight, oil-free and will reduce any flakiness that your foundation may be causing. The Targeted Line and Pore primer is a bit different from the rest of the primers because you only want to apply it to certain areas of the face (usually nose, forehead, and cheeks) as it completely blurs out pores and lines, giving you an airbrush finish.

The last two primers help treat your skin in the long run. More Than Primer Dark Spot Correcting helps reduce the appearance of dark spots and helps get rid of acne marks, giving a more radiant complexion while still having the benefits of a makeup primer. Blemish Control Primer (their newest primer) has 2 per cent salicylic acid, which helps actually treat acne, and since it's so lightweight it won't clog your pores!

If you're still skeptical on the idea of a primer, go get a makeup artist to do half your makeup with a primer and the other side without and your views on primers will more than likely change!





CREDIT: STEPHANIE LAI

Out Back Shack server Nikki Smith (left) and operations manager Gary Deline (right) pose with General Business student Brinley Phillips, who won a big-screen TV, an iPod dock and a mini fridge from The Out Back Shack on campus. Students received a ballot into the draw for these prizes every time they ordered a Molson/Coors product at The Out Back Shack, and the winner was announced at Trivia Night at The Out Back Shack on October 2. "I'm pretty excited," Phillips said with a huge smile. When asked whether he had to consume a lot of beer to "earn" these prizes, he replied, "No comment."



CREDIT: FSU STREET TEAM

Hip Hop act A-Fos took the stage at the Out Back Shack during New Music Night on October 4.



CREDIT: FSU STREET TEAM

DJ Elektrosex had the right mix during DJ Warz at the Out Back Shack, winning the competition. DJ Elektrosex will be spinning the tunes at a future Out Back Shack pub night.

The craziest party on earth

ANN JOLLIFFE
INTERROBANG

Thailand. You probably know it as a country of beautiful beaches, crystal clear water and delicious pad Thai. Little did you know this is also a country that knows how to throw an awesome party.

Over the past 25 years, Thailand has transformed from a little-known exotic location to a 20-something's dream destination. One of the main attractions for young travellers flocking to Thailand is the epic Full Moon Party.

Every month brings a full moon, no matter where you are in the world. However, it's celebrated much better in Thailand. As the big yellow moon starts making its appearance over the Thai island of Koh Phangan, thousands of travellers and locals start creeping out with it. There can be anywhere from 10,000 to 30,000 people getting ready to greet the moon on Haad Rin Beach.

Upon paying your small entrance fee (nothing is free anymore, sad but true), finding a cheap drink is all that's on people's minds. Gone are the days of being restricted to drinking out of a boring old glass, here it's all about the buckets. That's right – sand buckets. For less than \$10, you get a mickey of smooth Thai rum, a Coke and what looks like a medicine bottle of Redbull. Mix it all together and you are one step closer to experiencing a true Full Moon Party.

As you make your way through the small town towards the beach, you pass stores selling neon shorts and shirts, the staple outfit for a Full Moon Party. If you aren't already donning the official uniform, then now is the time. Don't forget the neon body paint, as it enhances the look. Now you are ready for the neon warzone.

The smells of the salty ocean air mixed with street vendor foods are almost as intoxicating as the bucket you are about to take down. Now, it's beach time. Stepping onto Haad Rin Beach is a sight to behold; neon lights, pounding music and thousands of people ready to have the night of their lives.

The multiple bars, anywhere



CREDIT: ANN JOLLIFFE

The flaming jump rope is one of many spectacular attractions during Thailand's monthly Full Moon Party.

from 10 to 15, all offer a different attraction. Whether it's a different style of music, a flaming jump rope or an oil slide that tickles your fancy, the beach has it all. As the moon gets brighter in the sky, the party only gets bigger and better. After hours of dancing on picnic

tables like a maniac, exhaustion begins to set in. Trying to locate that missing flip-flop is all that separates you from collapsing into the greatest slumber of your life. As you make your way to bed, the sun begins to rise making that full moon disappear for another month.

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CREDIT: SUBMITTED

Robert Kirkman's series *The Walking Dead* celebrated its 10th anniversary on October 8.

10 years and still *Walking*



G33K LYFE
ANDREW VIDLER

Ten years ago, comic book writer Robert Kirkman released a 22-page black-and-white volume, chronicling the confusion of one man as he awoke from a coma to find that the world around him had drastically changed and his family and friends had all disappeared, replaced by a world of zombies.

While this sounds like the plot of the majority of zombie stories, Kirkman's *The Walking Dead* has managed to set itself apart in a medium that seems to be overcrowded in recent years. With successful video game series *Dead Rising* and *Left 4 Dead* selling millions of copies in the latter 2000s, and films such as *28 Days Later* (I know, not exactly zombies!) and the *Dawn of the Dead* remake of 2004 igniting the genre to a popularity to a whole new generation, the comics could have easily become lost among the many other similar stories.

The Walking Dead primarily follows the story of small town sheriff Rick Grimes as he awakens from a coma and discovers that a zombie virus has taken over the area, and immediately sets out to find his wife Lori and young son Carl. As he eventually makes his way to Atlanta and finds them, as well as a band of survivors, Rick and his companions must find a way to survive in the new world, combating both the living and the dead.

It is this focus on character that has set the series apart from the other zombies, as Kirkman has created very realistic human characters, turning the comic series into a sort of modern-day *Lord of the Flies*, a character study on how low

humanity is capable of sinking for the purposes of survival. In its decade of publication, the series has seen over 100 named characters come and go as the pressures of survival begin to affect the protagonists in different ways, drastically changing their personalities and not always for the better.

While boasting one of the strongest continuing stories in comics, *The Walking Dead*, or any comic for that matter, would not have been able to reach the level of success that it has without a strong artist bringing the world to life and drawing the reader in, and Kirkman's partner Charlie Adlard (who replaced original artist Tony Moore after issue #7) has succeeded in that regard, no small feat when today's comic books are often an explosion of colour.

Adlard's work, and the context of the story however, mean that the artwork in *The Walking Dead* is violent, and almost disturbingly detailed, with zombies ripping out throats, people being shot at close range and even beloved characters being beaten to death, the world that has been created is one that is sometimes all too real. The two driving forces behind one of modern entertainment's most successful stories however have stubbornly remained faithful to their vision, which will hit its most frenzied time yet. The fourth season of the television adaptation recently premiered, and in November a new comic storyline entitled *All Out War* will kick off, and will see an issue released every two weeks as opposed to monthly.

Robert Kirkman's imagination seems to have no end to the terrible situations that he is able to put his survivors through, and time will tell if *The Walking Dead* will be able to continue on its storyline for another decade, but for long-time fans and new readers alike, it is certainly a journey worth taking.



CREDIT: FSU STREET TEAM

Trivia Night in The Out Back Shack on October 2 attracted over 10 teams of four in a battle of wits.

Got blood? Think donation

SAMANTHA GALATI
FITNESS AND HEALTH PROMOTION STUDENT

Most people are familiar with the idea of giving blood, but there are barriers and misconceptions that discourage people from donating. The fact is that everyone has approximately five litres of the blood in their body, which is more than enough to donate to those whose lives rely on donations.

Donating blood is a reciprocal process; it is beneficial for the receiver who needs blood but surprisingly is also beneficial for the donor.

"Approximately every minute of every day someone in Canada needs blood," according to Canadian Blood Services' most updated stats.

A common condition that requires blood transfusions is cancer; every year, millions more people are diagnosed. Many of these patients will need blood daily throughout chemotherapy treatments, according to American Nation Red Cross.

Donating and Your Health Benefits

Donors can benefit from the donation process because it can help them to lose weight, improve iron levels and decrease risk of heart disease, according to Emma Robertson in an article for Mail Online.

For individuals trying to lose weight, donating blood will burn an extra 650 calories for every 500 mL that is donated. Additionally, in the following 48 hours after donation, the body uses energy to replenish the blood.

Robertson contends, "Individuals that have donated blood bi-annually have had lower incidence of cancer and mortality than those who didn't because donating blood lowers their iron levels."

In fact, donating blood can lower risk of heart disease. "Researchers found in a sample size of 2,682 men in Finland, those who donated blood a minimum of once a year had an 88 per cent lower risk of heart attacks than those who did not donate," according to Lizette Borrelli in Medical Daily.

Volunteering to give to others who are in need impacts people positively, some donors have stated the feelings of being a hero because they have willingly saved a life. Donating blood would have an especially positive impact on the donor because it is a way of giving that will guaranteed to improve the health of another.

Weaken the Barriers

A common barrier to donation is "I am too busy to donate." Donating only takes one hour of your day. Blood donor clinics can work around your schedule and you can book appointment for when you are available.

A second barrier is that possible donors are worried about their own blood levels. Simple education can clear up hazy ideas about blood loss. Healthy individuals who weigh over 112 lbs can have up to 12 pints in their body. Donors are able to donate every eight weeks without issues.

Saving a life is as easy as donating blood. One donation can save up to three lives, and one person can donate their blood up to six times a year, improving the quality of life for as many as 18 people, according to Canadian Blood Services.

People are often deterred from donations due to misconceptions and common barriers. With a little information to clear any vague ideas about the donation process and impacts, everyone can feel confident that

You can book appointments online to the closest donor clinic near

you at www.donatenow.blood.ca or calling 1-888-236-6283. Fanshawe College has the Canadian Blood Services attend the school for your convenience. The next clinic will be held on October 22 from 11 a.m. to 4 p.m. in the FSU Alumni Lounge on the second floor of SC building.

DEBUNKING DONATING MYTHS

One myth is that the donor may have low iron and their health will be at risk if they attempt to give blood. The reality is that a donor's blood is checked before each donation. If and when iron levels are low, the volunteer will be asked by the nurse to donate on a different day. Low iron levels are normally short-term. If an individual is low in iron, the clinic will provide them with a list of foods that they can consume to boost their iron levels.

Another myth is that if you have smoked tobacco products or use marijuana occasionally they are not eligible to donate. The truth is as long as you are not under the influence at the time of donation, it will not pollute the donation. Illegal drugs are only a factor if you have accepted drugs for sex, ingested cocaine or if you have injected a drug with a needle.

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Best Worst Movie (2009)



We are right in the thick of Halloween season – kids are deciding what costume to wear, radio stations are playing “Ghostbusters” more than they usually do, and stores are beginning to put out their Christmas decorations. And I have gotten into the spirit of the season by reviewing scary films all month long. Be sure to follow the hashtag #cinemaconnoisseurfromtheinterrobangatfanshawecollegepresents-theoctober-2013halloweenspook-tacularmoviefestfeaturingsomereallyscaryfilms for all the details.

This week I will be taking a look at a film that takes a look at a film. Last year I had the pleasure of watching a landmark motion picture called *Troll 2*. If you want to read my review of it, visit fsu.ca/interrobang and type *Troll 2* into the search box. For some unfathomable reason, only one result will be displayed. This publication desperately needs a *Troll 2* beat reporter.

The low-budget movie, which surprisingly featured no trolls (and

very few professional actors), managed to overcome those obstacles to become one of the most beloved films of all time. It took a long and winding road to get there, however.

The documentary *Best Worst Movie* introduces us to the wonderful cast of characters who came together to produce the terrifying piece of art. We first meet George Hardy, a dentist from Alabama with no acting experience, who was given the lead role in *Troll 2*. I know whenever I visit my dentist, and he is going on and on about flossing and plaque, I totally zone out what he is saying and think to myself, “Why is this guy not starring in a buddy cop film with Mark Wahlberg?”

Hardy is absolutely beloved by the residents of the small town he lives in, most of whom have no idea about his glamorous past working on the set of *Troll 2*. Things change, however, when the movie starts to be treated with the respect it deserves. We learn that the film has inspired a cult-like following, with conventions being held and theatre showings of the film being sold out all around the world.

Hardy embraces his newfound fame, and begins jet setting around the globe, meeting his worshipping fans. Joining him for the ride is Michael Paul Stephenson, who starred in the film as a child, and is the director of this documentary. We also meet Claudio Fragasso,

the director of *Troll 2*, who spoke very little English at the time, resulting in some communication issues that some say plagued the film. I say they made it better. Last but not least, we are also introduced to Don Packard, who filmed his scenes for *Troll 2* while he was on a day pass from the insane asylum where he was being treated for schizophrenia.

After a while in the spotlight, Hardy begins to yearn for the simple life he used to enjoy. While sitting at a vendor table at a horror convention in England, Hardy, disturbed by the clientele remarks, “There’s a lot of gingivitis in this room.” I’m sure other big name actors like George Clooney are envious of Hardy. I’m sure Clooney would love to be able to give up the long hours on the set, and long nights bedding starlets for the opportunity to scrub the coffee stains out of people’s teeth.

Troll 2 deserves to be revered the way that other films such as *The Wizard of Oz*, *Star Wars* and *The Godfather* are. Hopefully this documentary will go a long way to making that goal a realization. I don’t quite get the title *Best Worst Movie*, clearly that is a typo and should have been caught somewhere along the way. Fortunately the film itself features much greater attention to detail. *Best Worst Movie* is a terrific film that will have your squirming one moment, and laughing uncontrollably the next.



Should I stay or should I go?



CHAT WITH NAT
NATALIE QUINLAN
chatwithnat.fsu@gmail.com

Dear Nat,

I recently got out of a five-year relationship with (who I thought was) the girl of my dreams. For whatever reason, things didn’t work out as planned and we ended up breaking up and going our separate ways. Since then, I’ve been lucky enough to find – what I think is – love again. You would think this would be great, but here’s the dilemma: I still think about my ex on a regular basis. Since meeting this new girl, my ex has slowly begun to message me and come back into my life and now I’m really torn between the two. What do I do? Stay with the girl that’s giving me a new and exciting second shot at love or go back to the girl that I envisioned myself one day marrying?

Torn Between Two

Dear Torn Between Two,
It’s funny how time apart from

an old flame can really put things back into perspective, isn’t it? However, as comforting as it may feel to have your ex come back into your life, you’ve got to handle your new love interest with care.

Before making any decisions, make a list for yourself (whether it’s a tangible one or not) of all the reasons you and your ex didn’t work out in the first place. By doing this, you’ll be able to reevaluate the situation between you two and possibly realize that things weren’t actually as blissful as they now seem.

Now, go back to that list and make a second one of your new love interest. (It’s only fair that you give both an equal chance beside the other.) How does each list look? If one seems drastically better than the other, then you’ve got your answer. If both seem fairly even, then you’ve still got a dilemma.

If the latter is the case, the best answer is to just give it time. Be patient with yourself and both of them before jumping back into anything serious. It’s healthy for anyone, at some point in their life,

to experience the “whoah”s and woes of being single. It’ll also make you appreciate a great relationship once you decide to get back into one.

All in all, don’t put a deadline on yourself to decide between the two if you’re unsure about either person at this time. Maybe your new love interest is just a flash in the pan, or maybe your ex is simply looking for companionship and isn’t actually looking to start things up again. These are things you don’t know yet, but will slowly come to the surface with time. Hasty decisions will often produce hasty results and consequently turn out to be even more challenging sort out later. So give it time, be casually friendly (but not flirty) with both, and see where it all takes you.

If you’ve got a query for Quinlan, shoot her an email at chatwithnat.fsu@gmail.com. All published questions will be entered into monthly random draws to win a \$10 FSU coupon for Oasis and Out Back Shack.



Beyond the cover letter: Important job search correspondence



CAREER CORNER
Wendy Lycett
Career Services
Consultant
Fanshawe Career Services

In addition to the cover letter that accompanies a resume, there are several other kinds of letters used in correspondence with prospective employers. Every written communication you have with an employer is one more opportunity for you to demonstrate your motivation, communication skills and professionalism. The following are tips on content for several of these types of letters:

Thank-you letter: Everybody likes to be thanked. This is a letter you should send immediately after each job, field placement or informational interview. A few minutes of your time to thank an employer can reap huge rewards for your future career. This is a short and direct letter expressing your appreciation for their time, information and any feedback they provided. It is also an opportunity for you to once more express your enthusiasm for the position. Make sure that you write and send a thank-you letter as soon as you get home from the interview. Do not send a cute card; type the letter and print it on high-quality letter-size paper.

Letters of withdrawal or refusal: If you are no longer interested in continuing your candidacy for a job within a particular com-



CREDIT: STOCK IMAGES

It is important to follow up sending in your resume with other types of letters that will help keep the lines of communication open.

pany, or you have accepted employment with another company, it is polite to send a withdrawal letter. Specify what position you had applied for and tell them your decision, your reasons to withdraw, and express appreciation for their consideration and time to this point. If you are refusing a job offer, the process is the same but reassure them that you gave it serious consideration. Remember, you may not be interested in a particular position right now, but you do want to keep the goodwill of this employer for the future.

Acceptance letter: When writing a letter accepting a job offer, state the job title and confirm details about the job offer (salary, hours, duties, start date and time). Express your appreciation for the offer and your eagerness to start work.

All of the above should be positive, to-the-point business letters and should be carefully typed and presented, preferably on the same paper you used for your resume and cover letter.

Need assistance with your job search or writing a resume and covering letter? Drop by the Career Services office in D1063. The Career Services staff are available to assist you on an individual basis. Visit the office in D1063 to arrange an appointment with the consultant responsible for your program or call 519-452-4294. To access job listings for Fanshawe students and graduates, visit www.fanshaweonline.ca or www.fanshawec.ca/careerservices. Follow us on Facebook [facebook.com/FanshaweCS](https://www.facebook.com/FanshaweCS), Twitter [@FanshaweCS](https://twitter.com/FanshaweCS) and Pinterest [pinterest.com/FanshaweCS](https://www.pinterest.com/FanshaweCS).

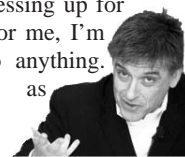
BEST IN LATE NIGHT COMIC RELIEF

THE LATE LATE SHOW with Craig Ferguson

It's Nobel Prize week. Today's prize was for medicine. Winning the Nobel Prize immediately transforms you from being an unknown scientist into a household name. Isn't that right, 2012 winners John Gurdon and Shinya Yamanaka?

Newton's concept of gravity is not considered a law because it's based only on observable data. In the scientific community, the whole concept of gravity is considered just a "theory" — like evolution, or the honest politician.

A new survey says one in three adults will be dressing up for Halloween. As for me, I'm not going to do anything. I'm going as Congress.



CONAN with Conan O'Brien

The new *Grand Theft Auto* video game has already made more money than every book sold in the last year. That explains why today J.K. Rowling announced a new book, *Harry Potter Hanging on to a Car Hood*.

In Ohio a drunk man with a 666 tattoo on his forehead was arrested for urinating inside a burrito shop. Ladies, you can find him on Match.com.

The Los Angeles district attorney has decided not to press charges against Justin Bieber for spitting on his neighbour because it was the neighbour's word against Bieber's. The D.A. said, "Frankly, I don't know who to believe."



LATE NIGHT with Jimmy Fallon

Joe Biden had to cancel his appearance at a Democratic fundraiser tonight because of the government shutdown. It got awkward when they announced that Biden wasn't coming and raised twice as much money.

A new study found that American workers lack the problem-solving skills that workers in other countries have. When American workers heard about the study they said, "What should we do?"

A new survey found that only 46 per cent of Americans have actually read a book in the past year. Which gets even worse when you hear it was just the instruction manual for *Grand Theft Auto 5*.



THE TONIGHT SHOW with Jay Leno

According to Pew Research, immigration is on the rise in this country. As you know, immigrants come here to do the jobs Americans don't want to do — like running the government.

The big TV rumour is that the TLC network is about to cancel the show *Toddlers & Tiaras* — finally a shutdown we can all get behind.

In Philadelphia, a historic tavern — a tavern that was frequented by our Founding Fathers — has closed because of the shutdown. It opened in 1773. In fact, this iconic watering hole was once the scene of a legendary brawl between Benjamin Franklin and John McCain.



JIMMY KIMMEL LIVE with Jimmy Kimmel

The Winter Olympics are four months away from today but the Olympic torch is already being run. After the official lighting ceremony in Greece, the torch arrived in Russia this weekend and it ran into a little snag. The wind blew it out. That would never have happened if they had used the new Olympic e-torch.

We are at a standstill with the government shutdown. It is costing \$300 million a day. That is a full *Ironman* sequel per day.

Nonessential government services have been put on hold. Flight safety inspectors furloughed. National monuments closed. The Grand Canyon is closed — they filled it with spackle.



THE LATE SHOW with David Letterman

CBS has announced that I'm renewing my contract. Here's what it came down to — after talking about it, my family decided they wanted to spend less time with me.

Starbucks is offering something called the duffin. It's a combination of a donut and a muffin. Who says America has lost its exceptionalism?

Financial purists and monetary purists are upset because Ben Franklin, who has long been on the hundred-dollar bill, has been replaced by Ben Affleck.

You know who was on the *Today* show singing and twerking and hopping around and stuff? Miley Cyrus. The rumour is that Miley is pregnant. So that means now she's twerking for two.



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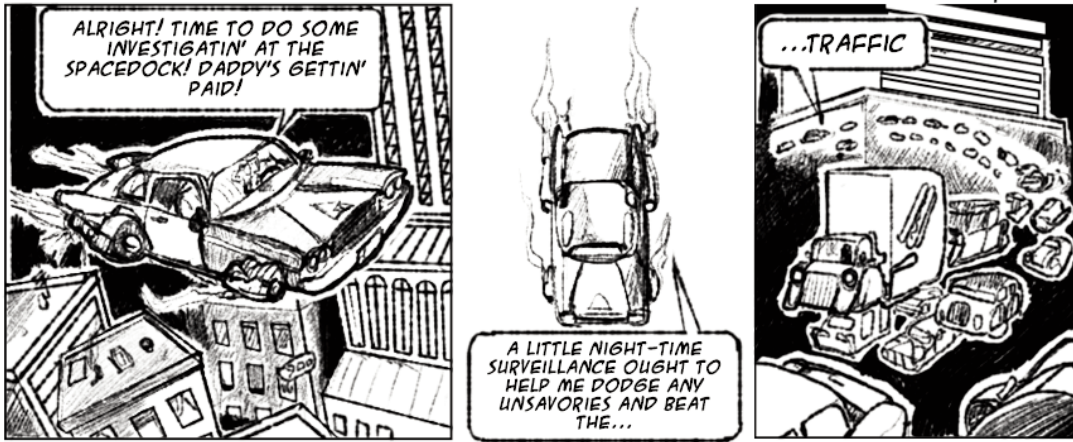
\$400 in prizes visit HalloweenContest.ca

Third and Dundas St., London

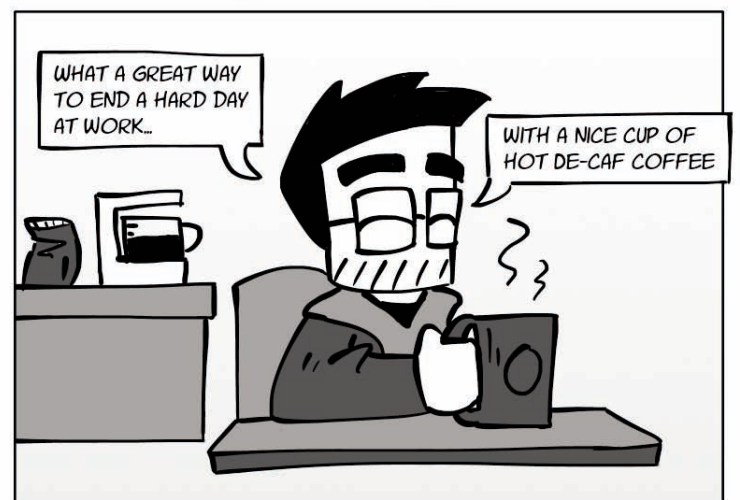
STEVIE STARR
The Human Regurgitator

Tuesday October 15th
Forwell Hall @ Noon
Free

Detective Special



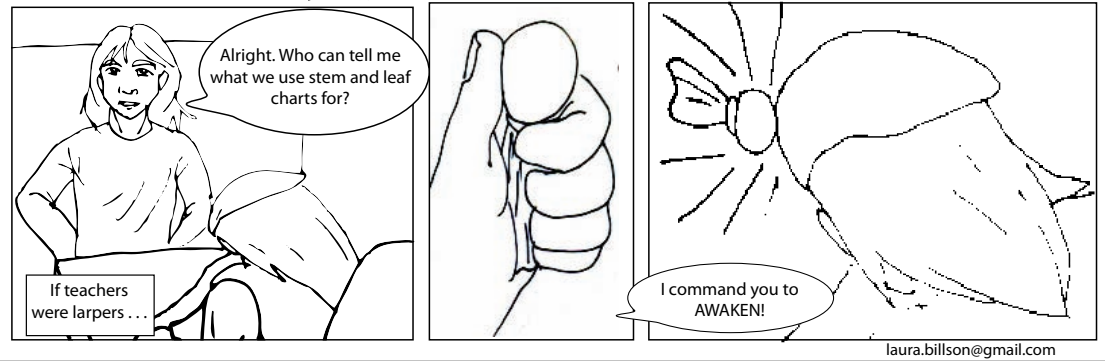
Mouthless "REST YOUR SLEEPY HEAD"



CHARLES COLLING 2013

COLLINGMARK@GMAIL.COM

NOT NEUROTYPICAL



Spell Packets: Almost as fun as Nerf Guns

laura.billson@gmail.com

observationalomalies

FRESHMAN YEAR



www.observationalomalies.com

SENIOR YEAR



A comic by Christopher Mischak © 2013

Butt sweat n Tears by Andres Silva



NERDS

COMPLAINS ABOUT WORLD HUNGER



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Aries (March 21 - April 19)

Your favourite game is begging to be played professionally. Others are so impressed that they might not even bother to compete. Capitalize on your speed and strength.

Taurus (April 20 - May 20)

Enjoy the process of learning as much as the incoming knowledge itself. You're awakened to the possibilities of colour. Satisfaction comes easily and is deeply felt.

Gemini (May 21 - June 20)

Publicity is your best friend these days. When you engage in an experiment, you're reasonably sure of the results. Feedback is equally valid from the mouths of partners or strangers.

Cancer (June 21 - July 22)

Take comfort in systems that are here for your protection. Present yourself in ways that others will find acceptable. Cancer may be a Water Sign, but this is the wrong moment to make waves.

Leo (July 23 - August 22)

You have all of the advantages with none of the responsibilities. Fate serves you the perfect learning experience on a silver platter. This week's enlightenment is sure to come in handy soon.

Virgo (August 23 - Sept. 22)

Suspicion has you jumping to conclusions like a circus acrobat. Do your best to put paranoia into perspective, or you run the risk of burning bridges. You're in complete control of your attitude.

Libra (Sept. 23 - Oct. 22)

It would be easy enough to work from home, but you should probably meet face-to-face. Small personal cues remind each partner or rival of the other's humanity. Satisfaction may be a matter of compromise.

Scorpio (Oct. 23 - Nov. 21)

The week brings business as usual, but this time around, your perceptions are very different. Help someone who could use a little more attention. Your personal problems would be out of place in this situation.

Sagittarius (Nov. 22 - Dec. 21)

Make good use of your time. Demonstrate what seems obvious to you so that others will get a clear picture, too. You're the perfect leader of those who want to be led.

Capricorn (Dec. 22 - Jan. 19)

Who says that you're restricted to only two options? Think your way out of any box that your so-called betters can build for you. When it comes to necessities, yours are clearly the most important.

Aquarius (Jan. 20 - Feb. 18)

Continue through your week with power and a plan. Being overly dramatic serves your purposes well. The people who think that you're serious will do just about anything that you ask.

Pisces (Feb. 18 - March 20)

Invest what you can afford to lose, but hope for winning numbers. You have as much right as anyone else to participate in this experiment. Don't underestimate yourself right now.

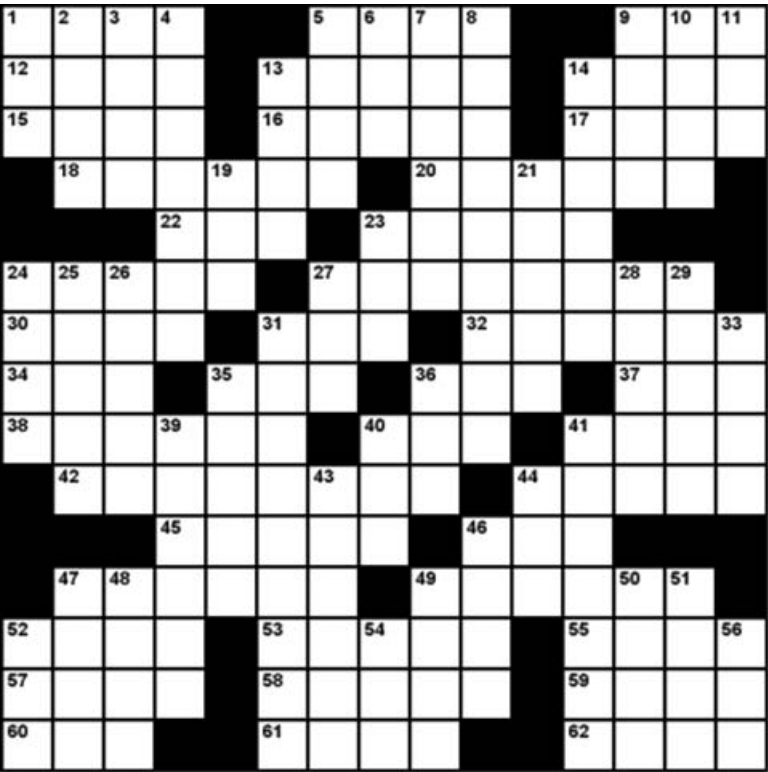
Across

- 1. As well as
- 5. Colorado's neighbour
- 9. Who can come to the theme of this puzzle: Children ages ____ (see 56 Down)
- 12. Certain military divisions (abbr.)
- 13. Caribbean island
- 14. Formal "your"
- 15. Horn's sound
- 16. Ring solemnly
- 17. Father's sister
- 18. New Zealand Polynesians
- 20. Auk relatives
- 22. Small unsweetened bread roll
- 23. Seat without back or arms
- 24. Master of ceremonies
- 27. Window in a ship
- 30. Bring up children
- 31. Vessel
- 32. Mistakes
- 34. Theological degree
- 35. Longing (informal)
- 36. Parrot
- 37. Life history (informal)
- 38. Wooden platter for serving food

- 40. Poetic nightfall
- 41. City in China
- 42. Voting for
- 44. ____ will be given to children attending theme of this puzzle
- 45. Price to attend theme of this puzzle: \$3.00 per ____
- 46. Ignited
- 47. Spirit
- 49. Having a deep, rough voice
- 52. Blood vessel network
- 53. Very (musically)
- 55. "____ ain't a word"
- 57. Soon
- 58. Stiff, sharp pointed projection on a plant
- 59. Farm implement
- 60. Theme of this puzzle features a guest entertainer and ____ activities

America newsletter is called Last Month's Newsletter.

- 9. Men who kiss their wives in the morning live five years longer than those who don't.
- 10. There is a town in Pennsylvania named Intercourse.
- 11. A poll has found that computer nerds make the best lovers, with 82 per cent of IT geeks claiming they put their partner's pleasure above their own.
- 12. Outside of the bedroom, the most common place for adults in the U.S. to have sex is the car.
- 13. Twenty nine per cent of women spend more time shopping for shoes than they do looking for a life long mate.
- 14. Over 1,000 birds a year die from smashing into windows.
- 15. According to statistics, Australian women are most likely to have sex on the first date.
- 16. To "testify" was based on men in the Roman court swearing to a statement made by swearing on their testicles.
- 17. Thirty per cent of Chinese adults live with their parents.
- 18. Kampang School in north-eastern Thailand is the first school to open a toilet for transvestite pupils.
- 19. The Yo-Yo originated as a weapon in the Philippine Islands during the sixteenth century.
- 20. The U.S. has more bagpipe bands than Scotland does.
- 21. The U.S. Government spent \$277,000 on pickle research in 1993.
- 22. The Nobel Peace Prize medal depicts three naked men with their hands on each others shoulders.
- 23. The inventor of the Waffle Iron did not like waffles.
- 24. The average person spends three years of his or her life on a toilet.



- 61. Compass point
- 62. Mediocre
- Down
- 1. Creative work
- 2. Come into sight dimly
- 3. Portico in ancient Greek architecture
- 4. Date of the theme of this puzzle: ____ 26, 2013
- 5. Large decorative vases
- 6. Day of the week (abbr.)
- 7. Surgically remove body tissue
- 8. Theme of this puzzle: Children's ____ Party
- 9. Dull, heavy sound
- 10. Long periods of time
- 11. Pecan, for one
- 13. Related by blood
- 14. Make customized clothes
- 19. Repent of
- 21. Dried coconut
- 23. Bro's counterpart
- 24. Formerly
- 25. Approximately 39.4 inches
- 26. Sahara animal
- 27. Covered vehicle
- 28. Common Spring bird
- 29. Group of three
- 31. Air out a room
- 33. Prominent electronics manufacturer
- 35. Light sailing vessel
- 36. Small barrel
- 39. Bivalve mollusc
- 40. Theme of this puzzle will ____ at 3 P.M.
- 41. Subordinate rulers
- 43. City in SW Nigeria
- 44. U.S. spy organization (abbr.)
- 46. Cut of beef
- 47. Restaurant food listing
- 48. Type of collar
- 49. Male European red deer
- 50. Rural tower
- 51. Adam's grandson
- 52. British flying group (abbr.)
- 54. Distress call
- 56. Who can come to the theme of this puzzle: Children ages ____ to ____ (see 9 Across)

Solution on page 22

QUIRKY FACTS

- 1. There is a museum in Spain that shows 2 T.Rex skeletons having sex.
- 2. There is a village in Ireland called Muff, and they have their own diving club.
- 3. Most people who read the

word 'yawning' will yawn!

- 4. The Guinness Book of Records was originally published by Guinness Breweries as a reference for settling bar arguments.
- 5. McDonald's did away with its spoon-shaped coffee stirrers because people were using them as cocaine spoons.
- 6. There's a Hello Kitty-themed hospital in Taiwan.
- 7. The longest Monopoly game in a bathtub lasted 99 hours!
- 8. The Procrastinators' Club of

Sudoku Puzzle

	3		9				6	
				3			5	
	9			5		1		
8	6	7				3		
		3		4		8		
		9				2	7	6
		6		9			3	
	1			8				
	7			3			2	

puzzle rating: medium

Fill in the grid so that every row, every column and every 3x3 grid contains the digits 1 through 9. That means no number is repeated in any column, row or box. Solution can be found on page 22.

Word Search

M C C A R T H Y S U D P R W U
E Q D R A F T P A T Y T O A Q
B U R N E S R E H T O M S R S
E Q T Y R I O T S H J N G N O
A N U Q U M C L Z C R D E J W
T O P W T D S K N S P M Q S P
L S E F L T S I K G O K C O R
E N R K U E I N V W S F L W H
S H D X C E D G Y I H I M A Y
F O L I B F O J J Y T G B D X
Y J L K G L W E S I P C E C M
F A S H I O N M C A Z N A J P
H D B C H W N S C V N R E Z L
W T R U X L S T S E T O R P W
H I P P I E S H K O D A K J G

"1968 With Tom Brokaw"
(Words in parentheses not in puzzle)

- Activism (Lyndon) Johnson Rock (stars)
- Alice's (Restaurant) (Robert F.) Kennedy (Rolling) Stones
- (Anti-war) protests (Martin Luther) King Smothers (Brothers)
- (Counter-)culture Politics (Tom) Wolfe
- Fashion Riots Women's (rights)

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Colleges closing in on university track and field

CHRIS LETHBRIDGE
INTERROBANG

College athletes are not expected to compete with top university athletes in any sport. A lot of people think that the talent of the Ontario Colleges Athletic Association cannot even be compared to the Ontario University Athletics association. There was no one better for the job of proving these people wrong than defending OCAA cross country champion Clint Smith, who placed fourth at the Vic Matthews Open on September 28.

The race took place in Guelph and hosted some of the best university runners in the country. Not much was expected out of Smith and the Falcons. "I went in thinking top 20 would be good," said Smith. "But I told my roommate [and teammate] Josh if I found myself in the top 10 I was not going to get scared because of the names around me. A lot of people would get nervous in the last two kilometres, but I figured if I was up there, I was going to go for it."

The course was not the same as the Fanshawe team is used to, the difference being a distance of

10km compared to just eight. "I had only run two 10km races and I was completely solo from start to finish, so I had never been tested at the distance." Smith, who already has three wins this season, said the course being broken down into four 2.5km loops was helpful. "By the fourth loop, you already know what is coming at you around every bend, the only thing different about the last one is the uphill finish, but you know it is coming, so the course worked well in my favour for my first 10km attempt at cross country."

This race was not just any university race, it is one of the most highly respected and it meant a lot to Fanshawe to be there. "The big thing was it was in Guelph, and Guelph is the strongest program in cross country. For us to go there it was a big jump, you could say, for the guys running it took a lot of courage to line up against those guys." Smith said he believes attending these races is necessary for colleges if they want to continue to earn respect. "I figure if you never experience that, then you never have the experience to grow

college athletics to what it could be and that is to the level that the Canadian Interuniversity Sport is at now."

Although this is the only university race on Fanshawe's schedule this year, the team's top runner wants and expects them to attend more in the future. "I definitely want to see more of it. This being probably my last year here, I won't be able to participate in it, but in the future I want to see Fanshawe's name everywhere else. If we have Fanshawe runners consistently placing in the top 20 at meets such as the Vic Matthews, then people are going to realize that they can get just as good here as they could at a university."

The Falcons continued their undefeated OCAA season at the Humber Invitational on October 5. Smith took home his third individual gold and got a look at the course that will host the national championships on November 9. The team is pursuing their fifth straight provincial championship this season, along with their third national title in the past four years.



CREDIT: SKYSPORTS

Southampton captain Adam Lallana celebrates the goal that sees his team sitting in fourth place.

How it stands seven rounds in



PREMIER LEAGUE
PONDERINGS
ANDREW VIDLER

Just under a fifth of the 2013/14 Premier League season has been played, and many of the league's players are heading off to all corners of the globe to represent their home nations in the final round of qualifying for next summer's World Cup in Brazil. With a lull in league action this week, the time has come to take a look at how the English Premier League is shaping up in the early stages.

With a number of surprising upsets having already set the early season predictions wrong, this year's competitions is shaping up to be one of the most exciting and unpredictable in recent memory. While it is by far too early to assume that the final table will look anything like it does at this point, fans and media alike could never have predicted how well – or how poorly – some of England's best 20 teams are doing this season.

Sitting level at the top of the table with 16 points each are Arsenal and Liverpool, two of the nation's historically most successful teams, but both have faced harder times in recent seasons. For the last four seasons, Liverpool have finished below the top four places that used to qualify them for the Champion's League, Europe's most prestigious club tournament, while Arsenal is looking to end a highly publicized eight-year trophy drought. With both teams unable to match the virtually unlimited financial resources of Manchester City or Chelsea, each manager had to make intelligent yet ambitious transfer moves in the off season, enabling the bright start to the season that each club has made.

On the topic of the two richest clubs in the league, and many bookmakers' favourites for the title, Chelsea is sitting in third, two points behind the pacesetters on 14, while Manchester City is in fifth place, a further point behind. While many of the supporters of these clubs may have been expecting their overpowered squads to have made flawless starts to the seasons, the factor of a new manager at the helm (despite Chelsea's Jose Mourinho being at the club

for a second tenure) cannot be overlooked, as a group of players take time to adjust to a new style of play. City's Manuel Pellegrini in particular is learning that no game in this league is easy, having lost matches at the homes of the weaker-on-paper teams Aston Villa and league newcomers Cardiff City, yet there are signs of each club beginning to settle, and there is no reason to believe that they will not both be challenging for the title come next May.

The effect a change of management has perhaps never been more evident than it is at defending champions Manchester United, who are facing their first season since 1986 without legendary manager Sir Alex Ferguson. While David Moyes, Ferguson's hand-picked successor has inherited a team that won last year's title by an 11-point margin, the club is facing its worst start in 24 years, sitting six points off the pace in ninth place, and playing nothing like the team that was running away with the championship less than six months ago. Some sections of the support have already begun to voice their dissent with the appointment of Moyes, citing his lack of experience managing a high level club that is competing in the Champions League, yet with the board of directors seemingly vowing to support him in recent interviews; it looks as if he will be there for the long run.

Underneath Manchester United, a mere three points (the amount awarded for a win) separates them from the last place in the relegation zone, leaving the 10 bottom half positions a mess of teams that are all more than capable of getting a positive result against one of the others. However, one team that would generally be in this crowd, Southampton, is flying high above their expectations, sitting just behind Chelsea on goal difference, with four wins out of seven. A number of surprise signings have gelled together well, turning the second season team into a dangerous-looking outfit that was able to end Liverpool's 100 per cent start to the season, providing an exciting story to watch as the season unfolds.

With 31 rounds still left to play, the Premier League table will look very different in May, but the early foundations have been set, and it is up to the clubs to build on what they have already created.



CREDIT: QMI AGENCY

The London Lightning of the National Basketball League of Canada have opened training camp with an eye to winning a third consecutive championship.

Bolting back onto the court



LIGHTNING
WATCH
MARTY THOMPSON
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The London Lightning have kicked off their training camp with lots of options for an already quality side that has won back-to-back National Basketball League of Canada championships. Coach Michael Ray Richardson has had his work cut out for him, selecting 12 players out of the 22 players invited to camp. However, he does have some familiarity on his side.

The best part of the roster is the returning players. One of the most difficult things about building a roster in this league is keeping players around for longer than a year. London kept five: Antwi Atuahene Elvin Mims, Tim Ellis, Adrian Moss and Marvin Phillips

all started at least one game. Ellis will be playing in his third straight season with London, a feat that is unheard of in this league.

The two-time NBL champions will be looking to improve two things: rebounding and defence amongst guards.

On the boards they have 2011 MVP Gabe Freeman back to London after a stint in the Philippines. He was key for London in their first year rebounding, leading the league in rebounds per game (12.2) and defensive rebounds per game (9.2). They also have Phillips back for a full season. He is an absolute beast, destroying guys inches taller than him thanks to his wingspan and athleticism.

Now, when it comes to the defensive guards, there might be some shortage there. They have lost DeAnthony Bowden to the front office as an assistant GM. He

was a good veteran guard who always put defence first. When it comes to returnees, Canadian Atuahene was a very good defensive guard who was close to cracking the lineup last year, so he can build on that reputation and hopefully see a starting gig come November.

It's a big camp, but it is also a long one. They will hold a more formal 'black versus gold' preseason intra-squad game on October 15, but other than that, it is closed camp almost every day at the YMCA until November. With this level of preparation, the club could top their previous record of 11 straight wins to open the season.

Marty Thompson is the play-by-play voice of the London Lightning for their livestream, SportsLive24.net. This is just one of a four part set, previewing the upcoming season.

Rival Watch: Western Conference

VICTOR KAISAR
INTERROBANG

In previous columns, we've established how complete a team the London Knights are capable of putting together for this 2013/14 OHL season. As two-time defending champions and Memorial Cup representatives from the Ontario Hockey League, the Knights have, to be frank about it, a bounty on their heads.

So what are the other 19 teams aiming for? To dethrone the perennial OHL powerhouse.

Plymouth Whalers GM and head coach Mike Vellucci famously referred to the Knights as the "New York Yankees of the OHL" last season. But in looking at other teams around the league, it's not going to be an easy ride for London, on their way to hosting the Memorial Cup in May next year.

Here's looking at teams that could make noise in the Western Conference.

Guelph Storm

One of London's bigger challenges this season. The Storm made the playoffs last season as the fifth-best team last year, and like London, returns most of that team once again.

Among those players is leading scorer Scott Komashuk, along with forwards Jason Dickinson and Brock McGinn. Potential 2014 first rounder Robbie Fabbri will also be monitored, as he's expected to put up stellar numbers in his draft season.

On the blue line, they're led by team captain Matt Finn, who when fit, is one of the OHL's best defencemen. He'll have the likes of Zac Leslie and Ben Harpur, both NHL draft picks, alongside him, meaning the Storm should be stubborn in front of net.

The Storm's challenge comes in goal. Experienced netminder

Garret Sparks isn't returning, meaning Justin Nichols and rookie Matthew Mancina will have their work cut out for them.

London did dismantle this Guelph side 7-2 on October 5, but that was after Guelph handed London their first defeat of the season on September 29.

Erie Otters

Look no further than Connor McDavid.

The Erie phenom is entering his second OHL season, after being granted exceptional status by the OHL. The Otters have struggled in recent years, even faced rumours about the team being moved away from Pennsylvania.

But this year, there is hope.

Don't expect the Otters to jump from last place in the West to first this season. That would be nothing short of a miracle. The Otters look like a team that will be able to challenge for a decent playoff berth, following two seasons of heartbreak.

Joining McDavid upfront is last season's leading scorer Connor Brown as well as Stephen Harper, Dane Fox and Jake Evans, who aim to prove that the Otters aren't just the "Connor McDavid Show."

Another big acquisition for Erie was Andre Burakovsky, who was the fourth overall pick in this year's Import Draft. The big Austrian was taken in the first round of the 2014 NHL Draft by the Washington Capitals. Joining him will be rookie Dylan Strome, who could bring some instant offence on this young, gifted team.

Defensively, Erie looks solid too. They're led by Adam Pelech, who could make Team Canada's World Junior Team this year. Former London Knight Troy Donnay brings a wealth of experience with him and will be instrumental in steadying the ship.

In goal, Oscar Dansk is the defi-



CREDIT: SPORTSNET

Erie Otters phenom Connor McDavid.

nite starter, despite coming off a poor season. He's a solid netminder, one of the few import goalies left in the league. With some support from his defensive corps, Dansk will bounce back.

Saginaw Spirit

The Spirit is another team who've been on the rebuild for a number of years. They've lost to the London Knights in successive playoffs, but that's not without putting up some resistance.

Jake Paterson, who's poised to be the best netminder in the league this year, will be the team's focal point this season. He's entering his fourth OHL season, was recently signed by the Detroit Red Wings and is a lock to make Canada's World Junior Team in the winter.

Did I mention he's also able to steal a few games on his own?

Offensively, the team will be missing Garrett Ross, who's no longer eligible to play in the OHL. However, Jimmy Lodge stepped

up last season, after Vincent Trocheck was traded to Plymouth. Expect him to do the same this year. Last season's leading scorer Eric Locke returned for his overage season, giving this Spirit side some hope.

Saginaw did add numerous OHL veterans to bolster their roster, both in terms of skill and size. Forwards Cody Payne (Plymouth), Kristoff Kontos (Mississauga) and defensemen Sean Callaghan (Ottawa) and Justin Sefton (London) all moved to The Spirit this offseason.

Last season The Spirit finished eighth in the Western Conference. With some of their moves in the offseason, look for them to climb to a slightly better seeding this time around.

Other Teams to Keep an Eye Out For

Kitchener Rangers: Lost their top five scorers from last year, along with top netminder John Gibson. Additionally GM and head

coach Steve Spott to the Toronto Marlies. Usually Kitchener has bounced back from setbacks aplenty, but this one might be just out of reach. Expect them to make playoffs, though.

Owen Sound Attack: Went all in on Cody Ceci last season, but he's now with the Ottawa Senators organization in the pro ranks. The OHL's stingiest defence last season, allowing just 165 goals, but a large part of that was due to goalie Jordan Binnington, who's playing pro hockey this year. Expect fourth year veteran Brandon Hope to step up in net, but should he falter, the Attack's goalie depth isn't the greatest just yet. They're celebrating the franchise's 25th anniversary this season; even installed a new PA and Video Control Booth at the Harry Lumley Bayshore Community Centre, but on-ice celebrations might be a little slimmer than last season.

Mazda3 gives bang for your buck



MOTORING
NAUMAN FAROOQ
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The Mazda3 is kind of a big deal for its maker. This model has sold over 3.5 million units globally and currently constitutes roughly half of all its sales in Canada, and despite losing ground in the last year to some of its rivals, it still remained a strong seller for Mazda.

Part of the reason it had a less than stellar year was because the current model had been around for a long time, and some people were losing interest.

To regain buyers' attention, Mazda launched a brand-new 2014 model of the Mazda3, but is it noticeably better than the one it replaces?

I was invited to Vancouver, B.C. to drive this latest model and see what it has to offer.

From the outside, not much appears to have changed. Every single panel is new, but the silhouette remains very familiar. Mazda seems to have taken a conservative approach to the exterior styling. I think it looks good, just wish it had

more of the Shinari concept car's lines. As per the last model, both the sedan and hatchback body styles are still offered.

Open the door and the interior is radically different. Everything is new, from the dials to the centre console to the infotainment system. Mazda's new infotainment system might have taken inspiration from BMW and Mercedes-Benz units, but the execution is fantastic. This new device, which allows you to work with the car's navigation system, stereo system, Bluetooth setup and various other features is easy and intuitive to use. It allows you to interact with the screen via a command knob or touchscreen.

The better the toys get, the more option boxes you tick. For the first time ever, you can now get a heads-up display system for your Mazda3. It features a retractable pane of glass that flips up automatically when you start the car and shows you vitals like your speed. As a long-time fan of heads-up display systems, I applaud Mazda for doing such a wonderful job of developing its own.

Apart from the design and toys, there is plenty of space in the front, rear and trunk. Special considera-

tion was given to the design of the driver's seat, which gives you lots of support. Despite the Mazda3 being a compact car, you'll be fine travelling long distances in it (and considering Canada is huge, a good seat is recommended).

On long drives, you are likely to experience fatigue, so be assured that the car is looking out for you. Mazda's new i-ActivSense system will detect if the car ahead has suddenly slowed down or that you are catching up too quickly, and will not only alert you, but also prepares the brakes for a sudden application. The Mazda3 now also features lane departure warning system, along with blind spot alert, so in short, this is a very clever little car.

It is efficient, too. According to Mazda, its new 2.0-litre, four-cylinder motor will consume just 6.7 litres/100km in the city, and 4.7 litres/100km on the highway. That is very good, but don't expect this motor to get you anywhere fast. While it may develop 155 hp and 150 lb/ft of torque, the ratios in its six-speed gearbox (in both manual and automatic trim) are quite tall. This aids in fuel economy, but at many times, the car felt frustratingly slow. You really have to stir the



CREDIT: NAUMAN FAROOQ

The Mazda3 offers good value for the money you spend on it.

gears to get anywhere quickly.

If you do want to cover distances quickly, it's best than that you pick the GT version of the Mazda3. This version has a 2.5-litre motor that produces 184 hp and 185 lb/ft of torque. This motor currently only comes with a six-speed automatic gearbox, but that's okay, because this autobox can really shift gears quickly and is fun to use, especially when you're playing with its steering wheel mounted pedal shifters.

Sure, this motor consumes more fuel, rated at 7.0 litres in the city and 5.0 litres/100km on the highway, but at least you'll enjoy your time on the road with this motor.

The Mazda3 has always been a

good handling car, and I'm happy to say, it is still the best in its class. Ride comfort is excellent, but I do wish there was some more sound-proofing, as there is a bit more road noise than I like, but not enough to put anyone off.

If you are shopping for a new compact car, the 2014 Mazda3 deserves to be on your list. Prices start at \$15,995 for the GX trim sedan, the hatchback is \$1,000 more. The GT version (my personal pick) starts at \$25,855.

I think Mazda has done enough to ensure that the Mazda3 will remain its top seller. I just hope it has a MazdaSpeed version in its future model lineup also.

Bye-bye, regular season

CHRIS LETHBRIDGE
INTERROBANG

Fanshawe's men's and women's soccer teams finished in second place in the Ontario Colleges Athletic Association West Division standings, meaning they will receive first-round byes and advance to the quarter-finals.

The men's team finished 6-1-1 and is currently riding a five-game win streak. The Falcons' biggest win of the year came on October 2 when they defeated Sheridan 1-0

on the road. Leading scorers in the regular season were second-year forward Kingsley Ezenneya (Lagos, Nigeria) and fifth-year forward Milos Janikic (Toronto) with four goals each. Fanshawe will play their quarter-final game at home on October 19 at 2 p.m. They will face the winner of the first-round matchup between Seneca (5-2-1) and St. Lawrence (3-3-2).

The women's team holds a 5-1-2 record coming into the playoffs, with their only loss coming against

Sheridan by a score of 2-0 on October 1. The team's leading scorer this season is fourth-year forward Katie Parker (Strathroy), with five goals. The Falcons will play their quarter-final game at home on October 19 at 12 p.m. They will face the winner of St. Lawrence (7-2-0) and La Cite (3-4-2). The team is ranked 13th in the country and is looking for their fifth straight OCAA medal.



CREDIT: STEPHEN ECHAVIA

Fanshawe midfielder Alex Chesney helped lead the Falcons to a pair of wins by potting goals against Mohawk and then against St. Clair. The two wins helped Fanshawe secure second place in the West division and a home playoff game on Saturday, October 19 at noon.



CREDIT: STEPHEN ECHAVIA

Fanshawe's Matt Tymoczko pressures a Mohawk defender during the Falcons' 3-2 victory. The win helped Fanshawe secure a second-place finish in the West division and a bye in the first round of the playoffs. The Falcons will host a playoff game on Saturday, October 19 at 2 p.m.

Falcons bump, set and spike to victory

STEPHANIE LAI
INTERROBANG

Both men's and women's volleyball teams at Fanshawe played their way to victory on home court at the 11th annual Overkill Kick Off Tournament, of which the women are two-time returning champions.

The teams bested five other colleges at the two-day long tournament. The women only gave up the first set in two matches.

Women's coach Mark Peckham was pleased with how the female Falcons played. "We moved the lineup around," he said. "Everyone got to see action at some point, and [I] was very impressed with team play."

Peckham credited the early success to dedication on and off the court. "We've had a really strong pre-season ... putting a lot of time into practice and in the weight room ... I think the results are starting to show."

"Our passing has been much better than last year," he added.

Entering the tournament as two-time returning champions was a bit of a stressor, though. "I think some

of the girls were feeling it this year, as returning champions," said Peckham. "Pressure's a good thing; playing under it."

Winning the tournament could be an indicator of success to come, but Peckham said he thinks it's still too early to tell.

"We have plenty to improve on, but I think the girls are hungry and willing to do what it takes to move us forward," he said.

But it's a good feeling winning at a tournament hosted at home. "Any time you can win an event on your home court is always positive," Peckham said. "I think the girls are really excited to win the gold and I think it helps us build on momentum moving forward."

Suffice to say that the bar's been raised.

"One of the expectations every year is to medal at the OCAA (Ontario Colleges Athletic Association), and this year is no different, even though we have six new players," he said.

What Peckham is looking forward to is playing Humber at home. "That's a big test for us to see where our training is and how

we stack up. [Humber is] a seven-time OCAA champion."

With the men, there's also no telling how indicative the tournament is of the rest of the season. Matt Stewart, libero for the Falcons, had to sub in as setter for the tournament. "We've got a lot more building to do," he said. "We're still messing up with the lineup, just to see what our strongest lineup will be."

That's not to say that it won't be a good season, however.

"We're looking fairly tight as a team; we're looking to have a really good year," said Stewart. "I'd like to think we're up there as one of the favourites of the competition."

So come out to cheer on your fellow Falcons.

"We have [players] who are proud to represent Fanshawe. I think it's a good product that we put on the floor," said Peckham. "If nothing else, we have free popcorn."

The women take on Humber on the Fanshawe home court on October 25 at 6 p.m. The men take the court at 8 p.m.

5	3	8	9	7	1	4	6	2
6	4	1	8	3	2	9	5	7
7	9	2	6	5	4	1	8	3
8	6	7	5	2	9	3	1	4
1	2	3	7	4	6	8	9	5
4	5	9	3	1	8	2	7	6
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3	1	5	2	8	7	6	4	9
9	7	4	1	6	3	5	2	8

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CREDIT: NATHAN DENETTE/ THE CANADIAN PRESS

David Lee celebrates the Argonauts' Grey Cup victory against the Calgary Stampeders with a teammate. The championship was the team's 16th and Lee's first (ever) championship win.

London 'underdog' turned Argos defenseman

STEPHANIE LAI
INTERROBANG

CFL team Toronto Argonauts won its 16th Grey Cup championship last November; it was the first championship win for defenceman David Lee. His star is on the rise and will probably shine for years to come.

I didn't report on the win, nor did I have the opportunity to profile David last year. But a fateful connection I have with him (I was classmates with his wife in grade school), allowed for this to happen.

I spoke with David and his wife Elizabeth (née Mainse) on the phone about his past, his present and his future.

David, a London native, has been playing football since high school, but before that he was handling a different kind of football on the field.

"My dad, he actually played semi-pro soccer, had me playing soccer and I played that for years," he said. "I started to figure out, closer to Grade 9, that when I got bigger I was getting yellow cards all the time."

"I loved to run people over."

He ended up switching sports and began playing football at the start of high school. Only one problem.

"Hitting people – I'd done it a little bit in hockey and soccer and I enjoyed it, but these football guys were a lot bigger than the people I was hitting before," he said.

It wasn't love at first play; in fact he was terrified at first.

At the end of his high school career, he chose to play another four years for the Western Mustangs, because of its proximity to home and "good coaching staff."

Towards the end of the season in his fourth year, David started to gain attention from CFL scouts, resulting in an invite to the CFL combines.

"I talked to a bunch of teams, talked to the Argonauts quite a bit. I was actually hoping to get picked up in the CFL draft but I didn't get drafted," he said.

A disappointment he found hard to deal with.

"It was tough because a lot of my identity was tied up in that ... it allowed me to re-centre myself and identify myself in my faith in Jesus [Christ] first. It really set me up to deal with all the ups and downs and the CFL because I know that when it comes down to it, my whole life isn't tied up in football."

In fact, when he didn't get drafted, he took a landscaping job to make money for his impending marriage to sweetheart Elizabeth.

"I was actually mowing a lawn when I got a phone call from my dad," he recalled. "He tells me, 'Jim Barker, the general manager of the Toronto Argonauts, just called and he wants you to call him back.'"

He compared the experience with a story of two men who built their houses – one on sand, and the other on a rock:

"If you're building [your life] on something that isn't solid like football, when it shifts, everything that you build on that platform falls down. If you start to build things on the Lord, everything that you build on there is going to be there forever and your identity can't be shaken."

"[Not getting drafted] was one of the best things that ever happened to me," he said. "It really centred me and really rooted [me] before I went on this journey."

David doesn't think much has changed since winning the Grey Cup. However, he did bring up a funny tidbit about his football career.

"I kind of thought I was a bit of a

jinx, because in high school, every year we got to the finals and lost. We got to the finals several times in college and we lost."

Needless to say he was nervous about the championship. "We're probably going to get here and lose, that's what I've done my whole life. To actually be able to win it and kind of break that [jinx] I think was really special for me," he said.

"To be able to win it, to have my parents and my wife come to the field and hand them the Grey Cup, and know that my name is going to be engraved on this thing forever is such a good feeling. It was a 'dream come true' moment."

Football isn't going to be in David's life blueprint forever, though. "You never know in the CFL. Sometimes you show up and guys are gone. There's no job security when it comes to the CFL," he said. "If I can play, I'm going to keep playing unless the Lord tells me otherwise."

The 23-year-old has other aspirations on his plate.

"One of the things I'd really love to do is start up a business in Africa, and instead of pulling the profits out of the country, reinvesting the profits back in the country and using it as an outreach tool," he explained.

In fact, the footballer and his wife will be taking a trip to Uganda in the new year to lay down the foundation for this dream.

"Instead of random NGOs serving the needs of nations like handing out food ... [we're hoping to] see the church reaching out and being able to meet those humanitarian needs and the evangelistic needs."

But while he plays football, David will continue forming his African plans and maybe pursue an MBA at some point, with hopes of attaining a Chartered Accountant designation.

He's actually often thought of as the underdog, or so his wife says.

"At first he didn't get drafted [by the CFL] but then got picked up by the Toronto Argonauts. He got put on the practice roster for the first two weeks, so he had to work his way to prove who he was, and then he made it," Elizabeth said. "Even this year, he had to earn his spot as one of the starting defencemen, and [on September 14] he had the best game of his CFL career [where] he got one of the game-winning sacks."

Despite all this, humble David hasn't had an "I made it moment" yet.

"I know I can still get better, I know I can still contribute in a bigger way," he said. "I feel like I'm always learning and trying to take that next step. I think by no means I've gotten to the place where I'm like, 'I made it.'"

For David, his supporters are what helped him become a professional athlete.

"There's going to be people that are going to encourage you, and there's going to be people who are going to tell you that you can't do it. I would say don't listen to the people who tell you can't do it, and feed off those people who encourage you."



CREDIT: SUPPLIED BY ELIZABETH LEE

David and wife Elizabeth hold the Cup together after the win.

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